

Name : Mr. ARINDAM GHOSH (38 /M)

Date : 25/10/2022

Address : 60/1H,SAHID SUNIL SEN SARANI,PS-DUM DUM, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001504937

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH159660



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

### Present known illness

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:08/06/2019



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

Vision - normal; Glasses - no

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- allergic rash

### Weight

- stable



### Past medical history

Jaundice

- at childhood



### Surgical history

Surgical history

- Nil



### Personal history

Marital status

- Married

No. of children

- 1

Diet

- Non Vegetarian

Alcohol

- consumes alcohol occasionally

Smoking

- No

Chews tobacco

- No

Physical activity

- Moderate

- gym

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## Family history

Father - has expired  
- COPD  
Mother - alive  
Brothers - 2  
Sisters - 1  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height - 170  
Weight - 77  
BMI - 26.64  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 8  
Rhythm - Regular  
Systolic(mm of Hg) - 116  
Diastolic(mm of Hg) - 84  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

Printed By : SHARMISTHA MALLIK

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.2 *	g/dl	●	13.0-17.0
RBC COUNT	4.10 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	37.9 *	%	●	41-53
MCV	92.5	fl	●	83-101
MCH	29.8	pg	●	27-32
MCHC	32.3	%	●	31.5-34.5
RDW	14.2 *	%	●	11.8-14.0
WBC Count	6400	/cu mm	●	4000-10000
Platelet Count	1.72	lacs/cu mm	●	1.5-4.0
Neutrophils	52	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	NEGATIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	10-40
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	48 *	U/L	●	53-128
AST (SGOT) - SERUM	21	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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CHOLESTEROL - SERUM 178 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 18 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 0.9 mg/dL ● 0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 6.8 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 2.7 g/dL ● 1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 25 U/L ● 7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 0.9 ng/ml ● 0.8-2  
TOTAL T4: THYROXINE - SERUM 6.8 µg/dL ● 5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 94 mg/dL ● 70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 64 mg/dL ● 0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 85 mg/dL ● 70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 2.9 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.8 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 4.3 mg/dL ● 3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 52 mg/dL ● 30-70  
LDL CHOLESTEROL -SERUM 108 mg/dL ● Optimal: <100

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 9.8 mg/dL ● 7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

### ECG

SINUS RHYTHM WITH SHORT PR.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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