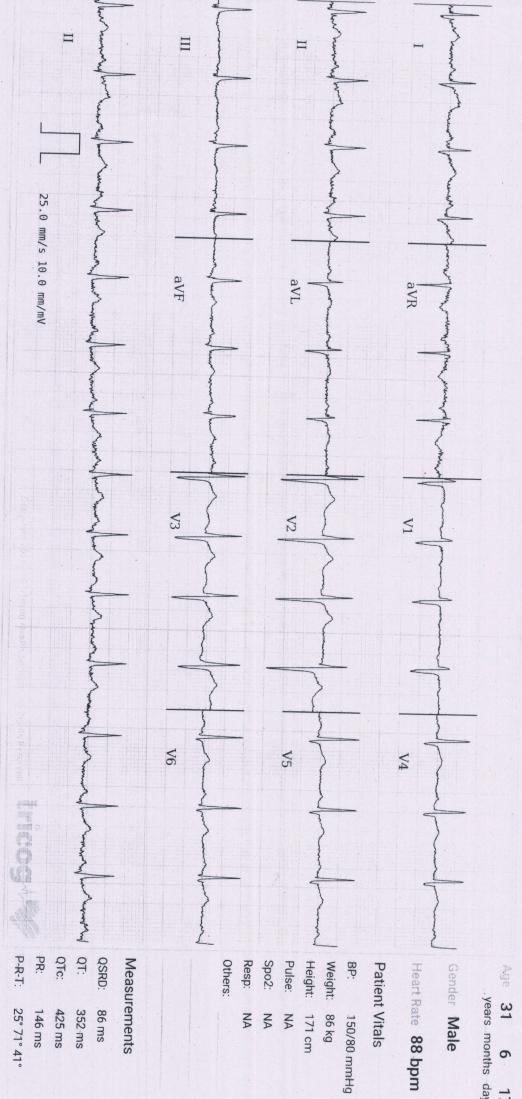


SUBURBAN DIAGNOSTICS - VASHI

Patient Name: SHAHU SAHEBRAO BAVISKAR Date and Time: 13th Nov 21 2:18 PM

Patient ID: 2131735525



NA NA 171 cm

150/80 mmHg

ECG Within Normal Limits: Sinus Rhythm, Normal Axis. Please correlate clinically.

REPORTED BY

M.D (General Medicine) Dr. Anand N Motwani Reg No 39329 M.M.C



Date:- 13)11 2

Name: Mr Shahy Balliskers

CID: 231735525 Sex/Age: M/3/48

EYE CHECK UP

Chief complaints:

Nil

Systemic Diseases:

Past history:

NII

Unaided Vision:

Aided Vision:

Refraction:

(Right Eye)

(Left Eve)

Sph Cyl Axis Vn Sph Cyl Axis Distance 610			,	, , , , , ,					
618	Vn	Axis	СуІ	Sph	Vn	Axis	СуІ	Sph	
	110				619	-			Distance
Near	26			120	26			. 1 30 532	Near

Colour Vision: Normal / Abnormal

Remark:

umwan DR. ANAND N. MOTWANI M.D. (GENERAL MEDICINE) Reg. No. 39329 (M.M.C)

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CID

: 2131735525

Name

:Mr SHAHU SAHEBRAO

BAVISKAR

Age / Sex

:31 Years/Male

Ref. Dr

Reg.Location :Vashi Main Centre



Reg. Date :13-Nov-2021 / 14:05

Report Date :13-Nov-2021 / 19:05

Printed

:13-Nov-2021 / 19:05

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

----End of Report----

mile

Dr Jamila Johar Fani MD Radiologist Reg No 2018/01/0007 Consultant Radiologist



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CID# : **2131735525** SID# : 177801695362

Name : MR.SHAHU SAHEBRAO BAVISKAR Registered : 13-Nov-2021 / 10:58

Age / Gender : 31 Years/Male Collected : 13-Nov-2021 / 10:58

Ref. Dr :- Reported : 19-Nov-2021 / 10:37

Reg.Location : Vashi (Main Centre) Printed : 20-Nov-2021 / 16:16

PHYSICAL EXAMINATION REPORT

History and Complaints: Asymptomatic for RHC

EXAMINATION FINDINGS:

Height (cms): 171 Weight (kg): 86

Temp (0c):NormalSkin:NormalBlood Pressure (mm/hg):150/80Nails:Normal

Pulse: 84/min Lymph Node: Not Palpable / Not Tender

Systems

Cardiovascular: Normal
Respiratory: Normal
Genitourinary: Normal
GI System: Normal
CNS: Normal

IMPRESSION: AS ABOVE AVAILABLE REPORTS NOTED

ADVICE: To consult family physician with all the reports.

CONSULT DIABETOLOGIST

DIET/LIFESTYLE MANAGEMENT, PLENTY OF ORAL FLUIDS, FAT FREE FOODS, ABSTAIN FROM ALCOHOL IF ANY, GRADUAL AND MEDICALLY SUPERVISED WIEHGT LOSS OF 12-13 KG WEIGHT LOSS, MONITOR FASTING LIPID PROFILE AND LIVER ENZYMES AND URINE ROUTINE TEST AND CONSULT FAMILY PHYSICIAN.

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CID# : **2131735525** SID# : 177801695362

Name : MR.SHAHU SAHEBRAO BAVISKAR Registered : 13-Nov-2021 / 10:58

Age / Gender : 31 Years/Male Collected : 13-Nov-2021 / 10:58

Ref. Dr : - Reported : 19-Nov-2021 / 10:37

Reg.Location : Vashi (Main Centre) Printed : 20-Nov-2021 / 16:16

CHIEF COMPLAINTS:

1)	Hypertension:	No
----	---------------	----

2) IHD No

3) Arrhythmia No

4) Diabetes Mellitus No

5) Tuberculosis No

6) **Asthama** No

7) Pulmonary Disease No

8) Thyroid/ Endocrine disorders No

9) Nervous disorders No

10) **GI system** No

11) **Genital urinary disorder** No

12) Rheumatic joint diseases or symptoms No

13) Blood disease or disorder No

14) Cancer/lump growth/cyst No

15) Congenital disease No

16) Surgeries No

PERSONAL HISTORY:

Alcohol
 Smoking
 Diet
 Medication
 No
 Mo
 No
 Mo

*** End Of Report ***

Dr.SHEPHALI BODKHE MBBS

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Name : MR.SHAHU SAHEBRAO BAVISKAR

Age / Gender : 31 Years / Male

Consulting Dr. : -

Reg. Location: Vashi (Main Centre)



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Collected : 13-Nov-2021 / 11:07

Reported :13-Nov-2021 / 15:03

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

	CBC (Complete Bloo	<u>d Count), Blood</u>	
<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	15.5	13.0-17.0 g/dL	Spectrophotometric
RBC	5.66	4.5-5.5 mil/cmm	Elect. Impedance
PCV	48.7	40-50 %	Measured
MCV	86	80-100 fl	Calculated
MCH	27.4	27-32 pg	Calculated
MCHC	31.8	31.5-34.5 g/dL	Calculated
RDW	13.0	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6320	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABS	OLUTE COUNTS		
Lymphocytes	28.1	20-40 %	
Absolute Lymphocytes	1775.9	1000-3000 /cmm	Calculated
Monocytes	7.9	2-10 %	
Absolute Monocytes	499.3	200-1000 /cmm	Calculated
Neutrophils	61.7	40-80 %	
Absolute Neutrophils	3899.4	2000-7000 /cmm	Calculated
Eosinophils	1.8	1-6 %	
Absolute Eosinophils	113.8	20-500 /cmm	Calculated
Basophils	0.5	0.1-2 %	
Absolute Basophils	31.6	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Platelet Count	237000	150000-400000 /cmm	Elect. Impedance
MPV	9.3	6-11 fl	Calculated
PDW	17.0	11-18 %	Calculated

RBC MORPHOLOGY

Hypochromia	-
Microcytosis	-
Macrocytosis	-

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Name : MR.SHAHU SAHEBRAO BAVISKAR

Age / Gender : 31 Years / Male

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:13-Nov-2021 / 11:07

:13-Nov-2021 / 14:51

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY -

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 4 2-15 mm at 1 hr. Westergren

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East
*** End Of Report ***



Dr.TEJASWINI DHOTE M.D. (PATH) Pathologist

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Name : MR.SHAHU SAHEBRAO BAVISKAR

Age / Gender : 31 Years / Male

Consulting Dr. : -

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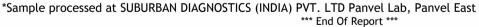
Reported

:13-Nov-2021 / 11:07

:13-Nov-2021 / 16:03

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	99.0	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	100.9	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.48	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.2	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.28	0.1-1.0 mg/dl	Calculated
SGOT (AST), Serum	26.3	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	55.9	5-45 U/L	NADH (w/o P-5-P)
ALKALINE PHOSPHATASE, Serum	122.8	40-130 U/L	Colorimetric
BLOOD UREA, Serum	22.6	12.8-42.8 mg/dl	Kinetic
BUN, Serum	10.6	6-20 mg/dl	Calculated
CREATININE, Serum	0.84	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	113	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	6.1	3.5-7.2 mg/dl	Enzymatic





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CID : 2131735525

Name : MR.SHAHU SAHEBRAO BAVISKAR

:31 Years / Male Age / Gender

Consulting Dr. Collected : 13-Nov-2021 / 11:07

Reported Reg. Location : Vashi (Main Centre)

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HPLC

:13-Nov-2021 / 19:00

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD

Glycosylated Hemoglobin 6.0 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Estimated Average Glucose 125.5 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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M. Jain **Dr.MILLU JAIN** M.D.(PATH) **Pathologist**

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CID : 2131735525

Name : MR.SHAHU SAHEBRAO BAVISKAR

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.5)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.020	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	50	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION	<u>N</u>		
Leukocytes(Pus cells)/hpf	2-4	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	

Red Blood Cells / npt Absent 0-2/hpt

Epithelial Cells / hpf 1-2

Casts Absent Absent Crystals **Absent Absent** Amorphous debris **Absent** Absent

Bacteria / hpf 18-20 Less than 20/hpf



Dr.TEJASWINI DHOTE M.D. (PATH) **Pathologist**

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Name : MR.SHAHU SAHEBRAO BAVISKAR

Age / Gender : 31 Years / Male

Consulting Dr. : - Collected : 13-Nov-2021 / 11:07

Reg. Location: Vashi (Main Centre)

Reported: 13-Nov-2021 / 18:58

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

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<u>PARAMETER</u> <u>RESULTS</u>

ABO GROUP 0

Rh TYPING POSITIVE

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Note: This sample is not tested for Bombay blood group.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

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*** End Of Report ***







M. Juin
Dr.MILLU JAIN
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Pathologist

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CID : 2131735525

Name : MR.SHAHU SAHEBRAO BAVISKAR

:31 Years / Male Age / Gender

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Reported :13-Nov-2021 / 16:08 Reg. Location : Vashi (Main Centre)



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	174.9	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	96.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	33.2	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	141.7	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/d High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated l
LDL CHOLESTEROL, Serum	123.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Colorimetric
VLDL CHOLESTEROL, Serum	18.7	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.3	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.7	0-3.5 Ratio	Calculated

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Name : MR.SHAHU SAHEBRAO BAVISKAR

Age / Gender : 31 Years / Male

Consulting Dr. : - Collected : 13-Nov-2021 / 11:07

Reg. Location: Vashi (Main Centre)

Reported: 13-Nov-2021 / 15:12

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	5.2	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	13.9	11.5-22.7 pmol/L	ECLIA
sensitiveTSH, Serum	2.52	0.35-5.5 microIU/ml	ECLIA

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3/T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

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