

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. SRIVASTAVA SHIVANGI
EC NO.	182762
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	GHAZIABAD,DASNA
BIRTHDATE	20-06-1996
PROPOSED DATE OF HEALTH CHECKUP	11-06-2022
BOOKING REFERENCE NO.	22J182762100019468E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **31-05-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Health Check up Booking Request(bobE12368),Package Code(PKG10000241),Beneficiary Code(48244)

Mediwheel <customercare@policywheel.com>

30/05/2022 5:46 PM

To: Insurance Ghaziabad <insurance.ghaziabad@manipalhospitals.com>

Cc: Mediwheel CC <customercare@mediwheel.in>;Mediwheel CC <mediwheelwellness@gmail.com>

You don't often get email from customercare@policywheel.com. [Learn why this is important](#)

011-41195959

Email:wellness@mediwheel.in

Dear Manipal Hospitals,  
City : Ghaziabad . Location : . Lancroft Golf Links Apartment,

We have received the following request for Health Check up from

**Name** : MS. SRIVASTAVA SHIVANGI  
**Age** : 24  
**Gender** : Female  
**Member Relations** : Employee  
**Package Name** : Metro Full Body Health Checkup Female Below 40  
**Package Code** : PKG10000241  
**User Location** : Uttar Pradesh,GHAZIABAD,201001  
**Contact Details** : 9818174536  
**Booking Date** : 30-05-2022  
**Appointment Date** : 11-06-2022

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MS. SRIVASTAVA SHIVANGI	24	Female	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Metro Full Body Health Checkup Female Below 40 - Includes (37 )Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin



भारत सरकार  
Government of India



Shivangi Srivastava

DOB: 20/06/1996  
FEMALE



5281 2563 2616

मेरा आधार, मेरी पहचान

*Shivangi*  
9818174536



बैंक ऑफ बड़ोदा  
Bank of Baroda



नाम: SHIVANGI SRIVASTAVA  
Name:

कर्मचारी कुट क्र. 182762  
E. C. No.

*Shivangi*



*Shivangi*

जारीकर्ता प्राधिकारी, सद्य रूप में प्र-III, नई दिल्ली  
Issuing Authority AGM, DRM, DMR-III, N.D.

धारक के हस्ताक्षर  
Signature of Holder

*9878174536*



## TMT INVESTIGATION REPORT

Patient Name : Ms. SHIVANGI SRIVASTAVA	Location : Ghaziabad
Age/Sex : 26Year(s)/Female	Visit No : V0000000001-GHZB
MRN No : GHZB-0000174489	Order Date : 11/6/2022
Ref. Doctor : HCP	Report Date : 11/6/2022

<b>Protocol</b> : Bruce	<b>MPHR</b> : 195BPM
<b>Duration of exercise</b> : 6min 06sec	<b>85% of MPHR</b> : 165BPM
<b>Reason for termination</b> : THR achieved	<b>Peak HR Achieved</b> : 169BPM
<b>Blood Pressure (mmHg)</b> : Baseline BP : 120/80mmHg	<b>% Target HR</b> : 86%
Peak BP : 134/86mmHg	<b>METS</b> : 7.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	110	120/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	146	130/80	Nil	No ST changes seen	Nil
STAGE 2	3:00	169	136/86	Nil	No ST changes seen	Nil
STAGE 3	0:06	169	136/86	Nil	No ST changes seen	Nil
RECOVERY	3:08	92	124/84	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise & recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**MD, DM (CARDIOLOGY),FACC  
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY),MNAMS  
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD  
Cardiology Registrar**Manipal Hospital, Ghaziabad**

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

**Manipal Health Enterprises Private Limited**

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017





HCMCT

## ManipalHospitals

LIFE'S ON



Name : MISS SHIVANGI SRIVASTAVA Age : 25 Yr(s) Sex :Female  
Registration No : MH010165891 RefHosp No : ghzb-0000174489 Lab No : 32220604004  
Patient Episode : R03000038591 Collection Date : 11 Jun 2022 20:41  
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 12 Jun 2022 12:39  
Receiving Date : 11 Jun 2022 20:57

### BIOCHEMISTRY

#### THYROID PROFILE, Serum

			Non Pregnant Adult
T3 - Triiodothyronine (ECLIA)	1.28	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.15	mcg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.450	µIU/mL	[0.340-4.250]
Pregnancy TSH:1st Trimester:	0.6 - 3.4	micIU/mL	
Pregnancy TSH:2nd Trimester:	0.37 - 3.6	micIU/mL	
Pregnancy TSH:3rd Trimester:	0.38 - 4.04	micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and at a minimum between 6-10 pm. Factors such as change of seasons, hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125. PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Dr. Neelam Singal  
CONSULTANT BIOCHEMISTRY



Human Care Medical Charitable Trust

NABH Accredited Hospital H-2019-0640/09/06/2019-08/06/2022  
NABL Accredited Hospital MC/3228/04/09/2019-03/09/2021  
Awarded Emergency Excellence Services E-2019-0026/27/07/2019-26/07/2021

Awarded Nursing Excellence Services N-2019-0113/27/07/2019-26/07/2021

Awarded Clean & Green Hospital IND18.6278/05/12/2018- 04/12/2019

Phone: +91 11 4967 4967 | [www.manipalhospitals.com](http://www.manipalhospitals.com) | [www.hcmct.in](http://www.hcmct.in)

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Home sample collection: +91 74 2876 9482 Pharmacy Home Delivery: +91 84 4848 6472



HCMCT

## Manipal Hospitals

LIFE'S ON



Name : MISS SHIVANGI SRIVASTAVA  
Registration No : MH010165891 RefHosp No. : ghzb-0000174489  
Patient Episode : R03000038591  
Referred By : MANIPAL HOSPITALS GHAZIABAD  
Receiving Date : 11 Jun 2022 20:57

Age : 25 Yr(s) Sex :Female  
Lab No : 32220604004  
Collection Date : 11 Jun 2022 20:41  
Reporting Date : 12 Jun 2022 12:39

### BIOCHEMISTRY

Specimen: EDTA

Glycosylated Hemoglobin

HbA1c (Glycosylated Hemoglobin)

5.5

As per American Diabetes Association (ADA)  
% [4.0-6.5] HbA1c in %  
Non diabetic adults >= 18years <5.7  
Prediabetes (At Risk) 5.7-6.4  
Diagnosing Diabetes >= 6.5

Methodology Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG) 111 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

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-----END OF REPORT-----

*Neelam Singal*

Dr. Neelam Singal  
CONSULTANT BIOCHEMISTRY



LABORATORY REPORT

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174-189	Visit No	V0000000001-GHZB		
Lab No	G000319274	Collected On	11/06/2022 11:01AM	Received On	11/06/2022 11:04AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:49PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, FASTING (F) (Serum Fasting)	97 mg/dl		70 - 110 mg/dl	
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..... END OF REPORT .....

Processed by :- DEEPTI KUMARI

*Dr. Charu Agarwal*  
Registration No: 419422

**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist



LABORATORY REPORT

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174489	Visit No	V0000000001-GHZB		
Lab No	G000319322	Collected On	11/06/2022 3:24PM	Received On	11/06/2022 3:24PM
Referred By	Deepak Verma	Reported On	11/06/2022 4:39PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	110 mg/dl		80 -140 mg/dl	
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..... END OF REPORT .....

Processed by :- SHAHID SAIFI

MCY-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

**LABORATORY REPORT**

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174489	Visit No	V0000000001-GHZB		
Lab No	G000319299	Collected On	11/06/2022 12:58PM	Received On	11/06/2022 1:11PM
Referred By	Deepak Verma	Reported On	11/06/2022 4:34PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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**URINE EXAMINATION, ROUTINE (Urine)**

**PHYSICAL EXAMINATION**

Colour	Pale Yellow
Appearance	Clear
pH	6.0
Specific gravity	1.005

**CHEMICAL EXAMINATION**

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

**MICROSCOPIC EXAMINATION**

Leukocytes	1-2 /HPF
Erythrocytes	NIL
Epithelial Cells	1-2 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

..... END OF REPORT .....

Processed by :- DEEPTI KUMARI

MCI-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

Report Printed On: 13/6/2022 10:07AM

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LABORATORY REPORT

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174489	Visit No	V0000000001 GHZB		
Lab No	G000319275	Collected On	11/06/2022 11:01AM	Received On	11/06/2022 11:01AM
Referred By	Deepak Verma	Reported On	11/06/2022 5:23PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
<b>BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)</b>			
BLOOD GROUPING	"A"		
RH TYPING	POSITIVE		

..... END OF REPORT .....

Processed by :- SHAHID SAIFI

*MCT-39093*  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST



## LABORATORY REPORT

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174489	Visit No	V0000000001-GHZB		
Lab No	G000319275	Collected On	11/06/2022 11:01AM	Received On	11/06/2022 11:01AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:49PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
ESR (WESTERGREIN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	20 mm/1st hour		0 - 20 mm/Hr
HEMOGLOBIN, HB	10.5 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	31.5 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	20.0 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	63.3 fl		77 - 97 fl
PLATELET COUNT	256 x10 <sup>3</sup> cells/ Cumm		150x10 <sup>3</sup> - 400x10 <sup>3</sup> cells/cumm
RED BLOOD CELLS, RBC COUNT	5.26 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	17.5 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	8.69 x10 <sup>3</sup> cells/ Cumm		4x10 <sup>3</sup> - 11x10 <sup>3</sup> cells/cumm
HEMATOCRIT (HCT)	33.3 %		34 -45%
BASOPHILS	00 %		
EOSINOPHILS	04 %		2 -7 %
LYMPHOCYTES	33 %		17 - 45 %
MONOCYTES	06 %		4 -13%
NEUTROPHILS	57 %		40 - 80%

..... END OF REPORT .....

Processed by :- DEEPTI KUMARI

**DR CHARU AGARWAL**  
 CONSULTANT PATHOLOGIST  
 Pathologist

Report Printed On: 13/6/2022 10:08AM

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## LABORATORY REPORT

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174489	Visit No	V0000000001-GHZB		
Lab No	G000319275	Collected On	11/06/2022 11:01AM	Received On	11/06/2022 11:04AM
Referred By	Deepak verma	Reported On	11/06/2022 12:49PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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### KIDNEY FUNCTION TESTS (Serum)

UREA	18.6 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.99 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	6.8 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	137.7 mmol/L		136 - 144 mmol/L	
POTASSIUM, SERUM	4.07 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	106.1 mmol/L		101 - 111 mmol/L	

### LIPID PROFILE (Serum)

CHOLESTEROL, TOTAL	163 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	115 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	37 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	103 mg/dl		0 - 120 mg/dl	
Cholesterol, VLDL	23 mg/dl		0 - 35 mg/dl	

### LIVER FUNCTION TESTS (Serum)

BILIRUBIN, TOTAL	1.06 mg/dl		0.3 - 1.2 mg/dl	
BILIRUBIN, DIRECT	0.16 mg/dl		0 - 0.3 mg/dl	

Report Printed On: 13/6/2022 10:08AM

## LABORATORY REPORT

Name	SHIVANGI SRIVASTAVA	Age	25y 11m 22d	Gender	FEMALE
MRN	GHZB-0000174489	Visit No	V0000000001-GHZB		
Lab No	G000319275	Collected On	11/06/2022 11:01AM	Received On	11/06/2022 11:04AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:49PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.90		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.3 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	3.99 g/dl			
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.21		1:1 - 2.5:1	
GLOBULIN, SERUM	3.3			
SGPT	20 IU/L		14 - 54 IU/L	
SGOT	23 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	24 IU/L		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	67 IU/L		32 - 91 IU/L	

..... END OF REPORT .....

Processed by : DEEPTI KUMARI

  
 DR CHARU AGARWAL  
 CONSULTANT PATHOLOGIST  
 Pathologist

Report Printed On: 13/6/2022 10:08AM

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## RADIOLOGY REPORT

Name	SHIVANGI SRIVASTAVA	Modality	US
Patient ID	GHZB-0000174489	Accession No	1105136
Gender/Age	F / 25Y 11M 22D	Scan Date	11-06-2022 12:46:11
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 13:15:36



Dr. Monica Shekhawat, MBBS,DNB,  
Consultant Radiologist,Reg No MCI 11 10887



## RADIOLOGY REPORT

<b>Name</b>	SHIVANGI SRIVASTAVA	<b>Modality</b>	US
<b>Patient ID</b>	GHZB-0000174489	<b>Accession No</b>	1105136
<b>Gender/Age</b>	F / 25Y 11M 22D	<b>Scan Date</b>	11-06-2022 12:46:11
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	11-06-2022 13:15:36

### USG ABDOMEN & PELVIS

#### FINDINGS

LIVER: Liver is normal in size (measures 130 mm), shape and echotexture. Rest normal.  
 SPLEEN: Spleen is normal in size (measures 87 mm), shape and echotexture. Rest normal.  
 PORTAL VEIN: Appears normal in size and measures 7.5 mm.  
 COMMON BILE DUCT: Appears normal in size and measures 2.6 mm.  
 IVC, HEPATIC VEINS: Normal.  
 BILIARY SYSTEM: Normal.  
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Phrygian cap is seen (normal variant). Rest normal.  
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.  
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.  
 Right Kidney: measures 92 x 32 mm.  
 Left Kidney: measures 93 x 41 mm.  
 PELVI-CALYCEAL SYSTEMS: Compact.  
 NODES: Not enlarged.  
 FLUID: Nil significant.  
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
 UTERUS: Uterus is anteverted, normal in size (measures 85 x 49 x 33 mm), shape and echotexture.  
 Endometrial thickness measures 6.6 mm. Cervix appears normal.  
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.  
 Right ovary measures 32 x 30 x 13 mm with volume 6.5 cc.  
 Left ovary measures 38 x 37 x 17 mm with volume 12.2 cc.  
 BOWEL: Visualized bowel loops appear normal.

#### IMPRESSION

-No significant abnormality noted.

Recommend clinical correlation.



## RADIOLOGY REPORT

Name	SHIVANGI SRIVASTAVA	Modality	DX
Patient ID	GHZB-0000174489	Accession No	1105135
Gender/Age	F / 25Y 11M 22D	Scan Date	11-06-2022 11:18:02
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 14:40:11

## XR- CHEST PA VIEW


**FINDINGS:**

LUNGS: Normal.  
 TRACHEA: Normal.  
 CARINA: Normal.  
 RIGHT AND LEFT MAIN BRONCHI: Normal.  
 PLEURA: Normal.  
 HEART: Normal.  
 RIGHT HEART BORDER: Normal.  
 LEFT HEART BORDER: Normal.  
 PULMONARY BAY: Normal.  
 PULMONARY HILA: Normal.  
 AORTA: Normal.  
 THORACIC SPINE: Normal.  
 OTHER VISUALIZED BONES: Normal.  
 VISUALIZED SOFT TISSUES: Normal.  
 DIAPHRAGM: Normal.  
 VISUALIZED ABDOMEN: Normal.

**IMPRESSION**

**No significant abnormality noted.**

Recommend clinical correlation .



Dr. Monica Shekhawat, MBBS, DNB,  
 Consultant Radiologist, Reg No MCI 11 10887