



TEST REPORT

Reg. No : 2301102243
Name : SHILPA
Age/Sex : 33 Years / Female
Ref. By :
Client : MEDIWHEEL WELLNESS

Reg. Date : 28-Jan-2023
Collected On : 28-Jan-2023 08:19
Approved On : 28-Jan-2023 10:18
Printed On : 30-Jan-2023 08:41

| Parameter | Result | Unit | Reference Interval |
|-----------|--------|------|--------------------|
|-----------|--------|------|--------------------|

COMPLETE BLOOD COUNT (CBC)

SPECIMEN: EDTA BLOOD

| | | | |
|------------------|-------------|-------------|--------------|
| Hemoglobin | 12.9 | g/dL | 12.0 - 15.0 |
| RBC Count | 4.96 | million/cmm | 3.8 - 4.8 |
| Hematocrit (PCV) | 40.6 | % | 40 - 54 |
| MCH | 26.0 | Pg | 27 - 32 |
| MCV | 81.9 | fL | 83 - 101 |
| MCHC | 31.8 | % | 31.5 - 34.5 |
| RDW | 13.8 | % | 11.5 - 14.5 |
| WBC Count | 6670 | /cmm | 4000 - 11000 |

DIFFERENTIAL WBC COUNT (Flow cytometry)

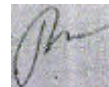
| | | | |
|---------------------------------|-----------|------|-----------------|
| Neutrophils (%) | 49 | % | 38 - 70 |
| Lymphocytes (%) | 41 | % | 20 - 40 |
| Monocytes (%) | 06 | % | 2 - 8 |
| Eosinophils (%) | 04 | % | 0 - 6 |
| Basophils (%) | 00 | % | 0 - 2 |
| Neutrophils | 3268 | /cmm | |
| Lymphocytes | 2735 | /cmm | |
| Monocytes | 400 | /cmm | |
| Eosinophils | 267 | /cmm | |
| Basophils | 0 | /cmm | |
| Platelet Count (Flow cytometry) | 305000 | /cmm | 150000 - 450000 |
| MPV | 8.7 | fL | 7.5 - 11.5 |

ERYTHROCYTE SEDIMENTATION RATE

| | | | |
|--------------------|----|-------|--------|
| ESR (After 1 hour) | 18 | mm/hr | 0 - 21 |
|--------------------|----|-------|--------|

Modified Westergren Method

----- End Of Report -----





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|-----------|--------|------|--------------------|

PLASMA GLUCOSE

| | | | |
|---|------|-------|----------|
| Fasting Blood Sugar (FBS) <i>Hexokinase Method</i> | 77.2 | mg/dL | 70 - 110 |
|---|------|-------|----------|

| | | | |
|--|-------|-------|----------|
| Post Prandial Blood Sugar (PPBS) <i>Hexokinase Method</i> | 112.1 | mg/dL | 70 - 140 |
|--|-------|-------|----------|

Criteria for the diagnosis of diabetes 1. HbA1c \geq 6.5 *
Or
2. Fasting plasma glucose $>$ 126 gm/dL. Fasting is defined as no caloric intake at least for 8 hrs.
Or
3. Two hour plasma glucose \geq 200mg/dL during an oral glucose tolerance test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water.
Or
4. In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose \geq 200 mg/dL.
*In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by repeat testing.
American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011;34;S11.

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|------------------|---------------|-------------|---------------------------|
|------------------|---------------|-------------|---------------------------|

KIDNEY FUNCTION TEST

| | | | |
|---|------|-------|-----------|
| UREA <i>(Urease & glutamate dehydrogenase)</i> | 37.6 | mg/dL | 10 - 50 |
| Creatinine <i>(Jaffe method)</i> | 0.74 | mg/dL | 0.5 - 1.2 |
| Uric Acid <i>(Enzymatic colorimetric)</i> | 3.7 | mg/dL | 2.5 - 7.0 |

----- End Of Report -----



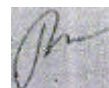
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| LIVER FUNCTION TEST WITH GGT | | | |
| Total Bilirubin <i>Colorimetric diazo method</i> | 0.34 | mg/dL | 0.20 - 1.0 |
| Conjugated Bilirubin <i>Sulph acid dpl/caff-benz</i> | 0.18 | mg/dL | 0.0 - 0.3 |
| Unconjugated Bilirubin <i>Sulph acid dpl/caff-benz</i> | 0.16 | mg/dL | 0.0 - 1.1 |
| SGOT <i>(Enzymatic)</i> | 28.5 | U/L | 0 - 31 |
| SGPT <i>(Enzymatic)</i> | 34.7 | U/L | 0 - 31 |
| GGT <i>(Enzymatic colorimetric)</i> | 13.0 | U/L | 7 - 32 |
| Alakaline Phosphatase <i>(Colorimetric standardized method)</i> | 98.9 | U/L | 42 - 141 |
| <u>Protien with ratio</u> | | | |
| Total Protein <i>(Colorimetric standardized method)</i> | 6.7 | g/dL | 6.5 - 8.7 |
| Albumin <i>(Colorimetric standardized method)</i> | 3.7 | mg/dL | 3.5 - 4.94 |
| Globulin <i>Calculated</i> | 3.00 | g/dL | 2.3 - 3.5 |
| A/G Ratio <i>Calculated</i> | 1.23 | | 0.8 - 2.0 |

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| LIPID PROFILE | | | |
| Cholesterol <i>(Enzymatic colorimetric)</i> | 155.0 | mg/dL | Desirable : < 200.0 Borderline High : 200-239 High : > 240.0 |
| Triglyceride <i>(Enzymatic colorimetric)</i> | 51.0 | mg/dL | Normal : < 150.0 Borderline : 150-199 High : 200-499 Very High : > 500.0 |
| VLDL <i>Calculated</i> | 10.20 | mg/dL | 15 - 35 |
| LDL CHOLESTEROL | 105.60 | mg/dL | Optimal : < 100.0 Near / above optimal : 100-129 Borderline High : 130-159 High : 160-189 Very High : >190.0 |
| HDL Cholesterol <i>Homogeneous enzymatic colorimetric</i> | 39.2 | mg/dL | 30 - 85 |
| Cholesterol /HDL Ratio <i>Calculated</i> | 3.95 | | 0 - 5.0 |
| LDL / HDL RATIO <i>Calculated</i> | 2.69 | | 0 - 3.5 |



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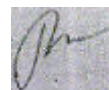
| Parameter | Result | Unit | Reference Interval |
|-----------|--------|------|--------------------|
|-----------|--------|------|--------------------|

NEW ATP III GUIDELINES (MAY 2001), MODIFICATION OF NCEP<?xml:namespace prefix = "o" ns = "urn:schemas-microsoft-com:office:office" />

LDL CHOLESTEROL
CHOLESTEROL
HDL CHOLESTEROL
TRIGLYCERIDES
Optimal<100
Desirable<200
Low<40
Normal<150
Near Optimal 100-129
Border Line 200-239
High >60
Border High 150-199
Borderline 130-159
High >240
-
High 200-499
High 160-189
-
-
-

- LDL Cholesterol level is primary goal for treatment and varies with risk category and assesment
 - For LDL Cholesterol level Please consider direct LDL value
- Risk assessment from HDL and Triglyceride has been revised. Also LDL goals have changed.
- Detail test interpreation available from the lab
 - All tests are done according to NCEP guidelines and with FDA approved kits.
 - LDL Cholesterol level is primary goal for treatment and varies with risk category and assesment
- # For test performed on specimens received or collected from non-KSHIPRA locations, it is presumed that the specimen belongs to the patient named or identified as labeled on the container/test request and such verification has been carried out at the point generation of the said specimen by the sender.
KSHIPRA will be responsible Only for the analytical part of test carried out. All other responsibility will be of referring Laboratory.
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THYROID FUNCTION TEST

| | | | |
|---|---------------|--------|-------------|
| T3 (Triiodothyronine) <i>Chemiluminescence</i> | 1.30 | ng/mL | 0.87 - 1.78 |
| T4 (Thyroxine) <i>Chemiluminescence</i> | 6.55 | µg/dL | 5.89 - 14.9 |
| TSH (ultra sensitive) <i>Chemiluminescence</i> | 14.597 | µIU/ml | 0.34 - 5.6 |

SUMMARY The hypophyseal release of TSH (thyrotropic hormone) is the central regulating mechanism for the biological action of thyroid hormones. TSH is a very sensitive and specific parameter for assessing thyroid function and is particularly suitable for early detection or exclusion of disorders in the central regulating circuit between the hypothalamus, pituitary and thyroid. **LIMITATION** Presence of autoantibodies may cause unexpected high value of TSH

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HEMOGLOBIN A1 C ESTIMATION

Specimen: Blood EDTA

| | | | |
|---|--------|---------------|--|
| Hb A1C <i>Boronate Affinity with Fluorescent Quenching</i> | 5.8 | % of Total Hb | Poor Control : > 7.0 % Good Control : 6.2-7.0 % Non-diabetic Level : 4.3-6.2 % |
| Mean Blood Glucose <i>Calculated</i> | 129.18 | mg/dL | |

Degree of Glucose Control Normal Range:

Poor Control >7.0% *

Good Control 6.0 - 7.0 %**Non-diabetic level < 6.0 %

* High risk of developing long term complication such as retinopathy, nephropathy, neuropathy, cardiopathy, etc.

* Some danger of hypoglycemic reaction in Type I diabetics.

* Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1c levels in this area.

EXPLANATION :-

*Total haemoglobin A1 c is continuously synthesised in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.

*The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.

*The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.

*It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

*Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c(HbF) or differences in their glycation from that of HbA(HbS)

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URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION

Quantity : 20 cc
Colour : Pale Yellow
Appearance : Clear

CHEMICAL EXAMINATION (BY REFLECTANCE PHOTOMETRIC METHOD)

| | | |
|----------------------------------|-------|--------------|
| pH | 6.0 | 5.0 - 8.0 |
| Sp. Gravity | 1.005 | 1.002 - 1.03 |
| Protein | Nil | |
| Glucose | Nil | |
| Ketone Bodies | Nil | |
| Urine Bile salt and Bile Pigment | Nil | |
| Urine Bilirubin | Nil | |
| Nitrite | Nil | |
| Leucocytes | Nil | |
| Blood | Nil | |

MICROSCOPIC EXAMINATION (MANUAL BY MCIROSCOPY)

| | |
|--------------------------|----------------|
| Leucocytes (Pus Cells) | 1 - 2/hpf |
| Erythrocytes (Red Cells) | Occasional/hpf |
| Epithelial Cells | 1-2/hpf |
| Amorphous Material | Nil |
| Casts | Nil |
| Crystals | Nil |
| Bacteria | Nil |
| Monilia | Nil |

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Parameter

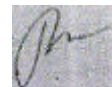
Result

BLOOD GROUP & RH

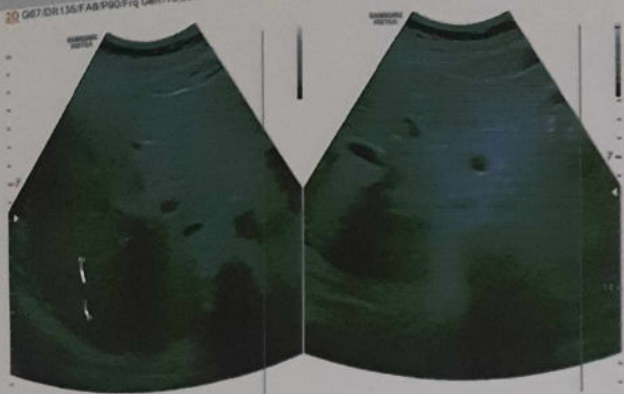
Specimen: EDTA and Serum; Method: Haemagglutination

ABO : 'O'
Rh (D) : Positive

----- End Of Report -----



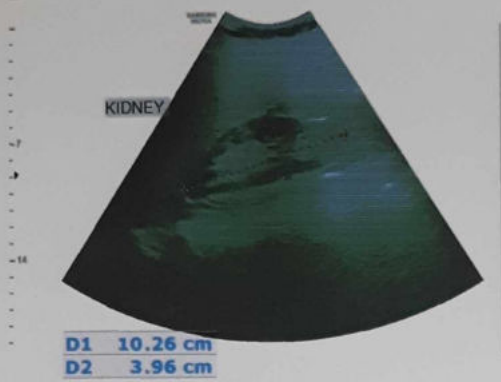
HS70A 28-01-2023-0011 KSHIPRA LABS UDAIPUR MI 1.4 28-01-2023
SHILPA CA1-7A / Abdomen / FR 22Hz TIs 0.1 11:17:24 AM
G67-DR135-FAB-P90-Frq Gen./18.0cm



HS70A 28-01-2023-0011 KSHIPRA LABS UDAIPUR MI 1.4 28-01-2023
SHILPA CA1-7A / Abdomen / FR 22Hz TIs 0.1 11:17:36 AM
G66-DR135-FAB-P90-Frq Gen./18.0cm



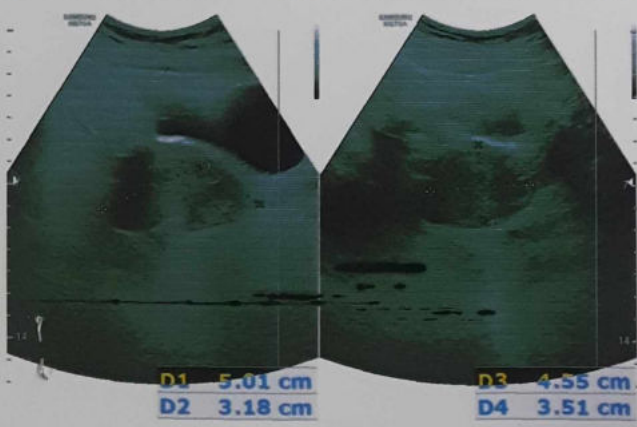
HS70A 28-01-2023-0011 KSHIPRA LABS UDAIPUR MI 1.4 28-01-2023
SHILPA CA1-7A / Abdomen / FR 22Hz TIs 0.1 11:17:53 AM
G76-DR135-FAB-P90-Frq Gen./18.0cm



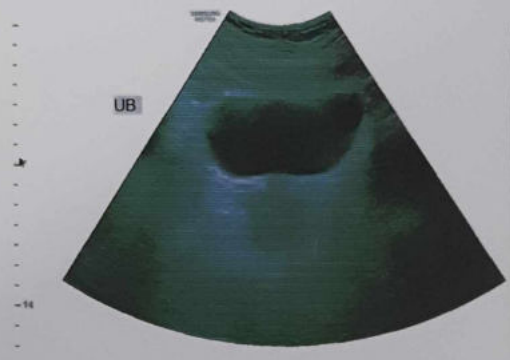
HS70A 28-01-2023-0011 KSHIPRA LABS UDAIPUR MI 1.4 28-01-2023
SHILPA CA1-7A / Abdomen / FR 22Hz TIs 0.1 11:18:11 AM
G76-DR135-FAB-P90-Frq Gen./18.0cm

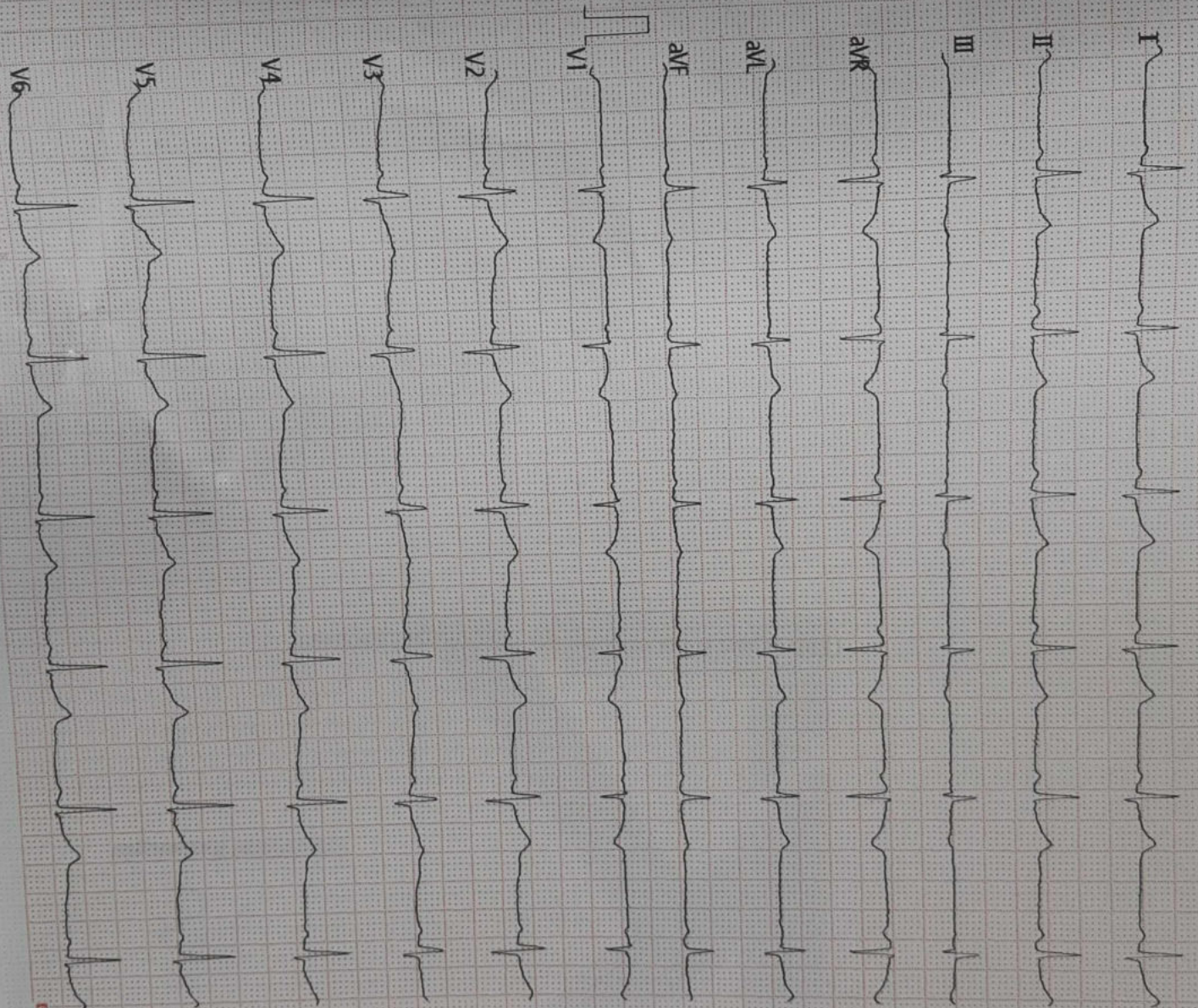


HS70A 28-01-2023-0011 KSHIPRA LABS UDAIPUR MI 1.4 28-01-2023
SHILPA CA1-7A / Abdomen / FR 25Hz TIs 0.1 12:05:33 PM
G64-DR135-FAB-P90-Frq Gen./18.0cm



HS70A 28-01-2023-0011 KSHIPRA LABS UDAIPUR MI 1.4 28-01-2023
SHILPA CA1-7A / Abdomen / FR 25Hz TIs 0.1 12:05:38 PM
G64-DR135-FAB-P90-Frq Gen./18.0cm





Vent. Rate(BPM) : 59

<ECG Analysis Result>

PR Int. (ms) : 140

801 Sinus Bradycardia

P/QRS/T Int. (ms) : 92 89 223

*** Borderline Abnormal ECG ***

QT/QTc Int. (ms) : 445 445

P/QRS/T Axis(Deg) : 23 56 22

RV1/SV5 Amp. (mV) : 0.05 0.10

RV5/SV1 Amp. (mV) : 0.95 0.38

V2.33 Technician :

Note : Unconfirmed Report Need to Review

ST LEVEL(mV)

| I | II | III | aVR | aVL | aVF |
|-------|-------|-------|-------|-------|-------|
| +0.01 | +0.01 | +0.00 | -0.01 | +0.00 | +0.00 |
| V1 | V2 | V3 | V4 | V5 | V6 |
| +0.00 | +0.03 | +0.01 | +0.00 | +0.00 | +0.01 |

| | | | | | |
|-----------|---|--------------------|------|---|------------|
| Name | : | Shilpa | Age | : | 33Yrs. / F |
| Thanks To | : | Midiwheel wellness | Date | : | 28/01/2023 |

X-RAY CHEST (PA VIEW)

Both lung fields appear normal.

No e/o Koch's lesion or consolidation seen.

Both CP angles appear clear.

Both domes of diaphragm appear normal.

Heart size and aorta are within normal limits.

Bony thorax under vision appears normal.

Both hila appear normal.



Consultant Radiologist

(This report is not valid for any Medico-legal purpose)

2-B, Ground Floor, Court Choraha, Main Road Tehsil Ke Samne, Udaipur 313001 (Raj.)

Mob. : 7229961115, 7229970005, 7229901188

(24 x 7 Customer Service) Email : Kshipralabsudaipur@gmail.com



Summary

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR
230110140/SHILPA 33 Yrs/Male 0 Kg/0 Cms
Date: 28-Jan-2023 12:53:27 AM

Ref. By :

Protocol : BRUCE

Objective :

| Stage | StageTime (Min:Sec) | PhaseTime (Min:Sec) | Speed (mph) | Grade (%) | METS | H.R. (bpm) | B.P. (mmHg) | R.P.P. x100 | PVC | Comments |
|----------|------------------------|------------------------|----------------|--------------|------|---------------|----------------|----------------|-----|----------|
| Supine | | | | | 1.0 | 113 | 120/80 | 135 | - | |
| Standing | | | | | 1.0 | 103 | 120/80 | 123 | - | |
| ExStart | | | | | 1.0 | 102 | 120/80 | 122 | - | |
| Stage 1 | 3:00 | 3:01 | 1.7 | 10.0 | 4.7 | 126 | 130/84 | 163 | - | |
| PeakEx | 2:00 | 5:01 | 2.5 | 12.0 | 6.3 | 144 | 140/88 | 201 | - | |
| Recovery | 1:00 | | 0.0 | 0.0 | 1.0 | 113 | 140/88 | 158 | - | |
| Recovery | 3:00 | | 0.0 | 0.0 | 1.0 | 89 | 130/80 | 115 | - | |
| Recovery | 5:00 | | 0.0 | 0.0 | 1.0 | 88 | 130/80 | 114 | - | |
| Recovery | | | | | 0.0 | 0 | ---/--- | 0 | - | |

Medication :

History :

Test End Reason : Test Complete, Fatigue, Heart Rate Achieved

Findings :

The patient exercised according to BRUCE for 5:1, achieving a work level of Max METS:6.3. Resting heart rate initially 113 bpm, rose to a max. heart rate of 144 bpm which represents 77% of maximum age predicted heart rate. Resting blood pressure 120/80 mmhg, rose to a maximum blood pressure of 140/88 mmhg. The exercise stress test was stopped due to Test Complete, Fatigue, Heart Rate Achieved

Parameters :

Exercise Time :05:01
Max HR Attained :144 bpm 77% of Max Predictable HR 187
Max BP : 140/88(mmHg)
Max Workload attained :6.3(Fair Effort Tolerance)

Advice/Comments:

*Inconclusive.
Rest no ST-T changes seen.*



12 Lead + Comparison

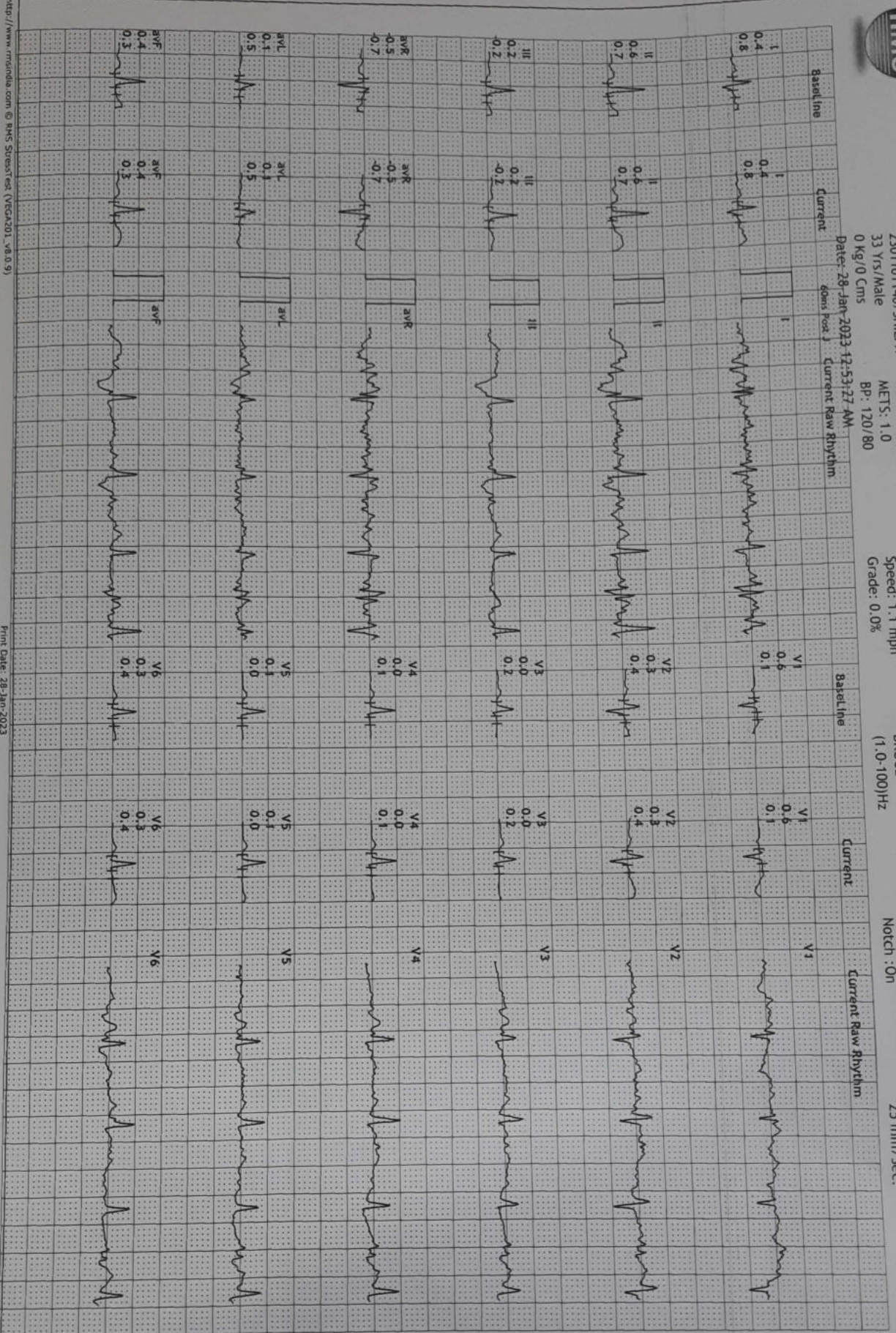
2301101140/SHELLPA
33 Yrs./Male
0 Kg/10 Cms
Date: 28-Jan-2023 12:53:27 AM
6ms Post J Current Raw Rhythm

HR: 116 bpm
METS: 1.0
BP: 120/80
MPHR: 62% of 187
Speed: 1.1 mph
Grade: 0.0%

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

Raw ECG
BRUCE
(1.0-100)Hz
Ex Time 00:50
BLC: On
Notch: On

SUPINE
10.0 mm/mV
25 mm/Sec.





12 Lead + Comparison

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

2301101140/SHILPA
33 Yrs/Male
0 Kg/0 Cms
Date: 28-Jan-2023 12:53:27 AM
Edms Keat J Current Raw Rhythm

HR: 102 bpm
METS: 1.0
BP: 120/80

MPHR: 54% of 187
Speed: 1.1 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz
Ex Time 00:58
BLC : On
Notch : On

STANDING
10.0 mm/mV
25 mm/Sec.





12 Lead + Comparison

2301101140/SHILPA
33 Yrs/Male
0 Kg/0 Cms
Date: 28-Jan-2023 13:53:27 AM

HR: 102 bpm
METS: 1.0
BP: 120/80

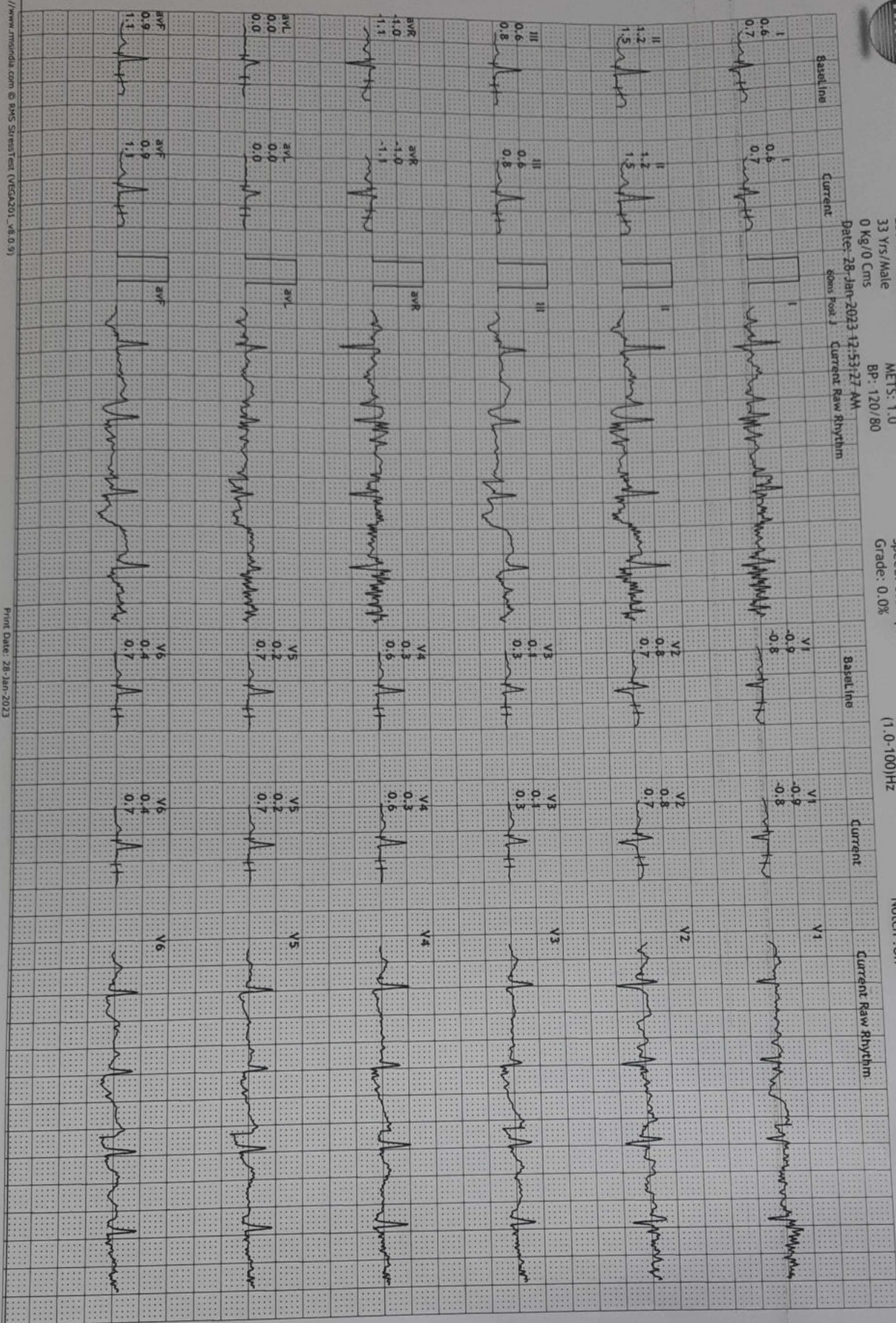
MPHR: 54% of 187
Speed: 0.0 mph
Grade: 0.0%

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

Raw ECG
BRUCE
(1.0-100)Hz

ExTime 00:00
BLC : On
Notch : On

ExStt
10.0 mm/mV
25 mm/Sec.





12 Lead + Comparison

2301101140/SHILPA
33 Yrs/Male
0 Kg/0 Cms

HR: 126 bpm
METS: 4.7
BP: 130/84

MPHR: 67% of 187
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC : On
Notch : On

Stage 1 (03:00)
10.0 mm/mV
25 mm/Sec.

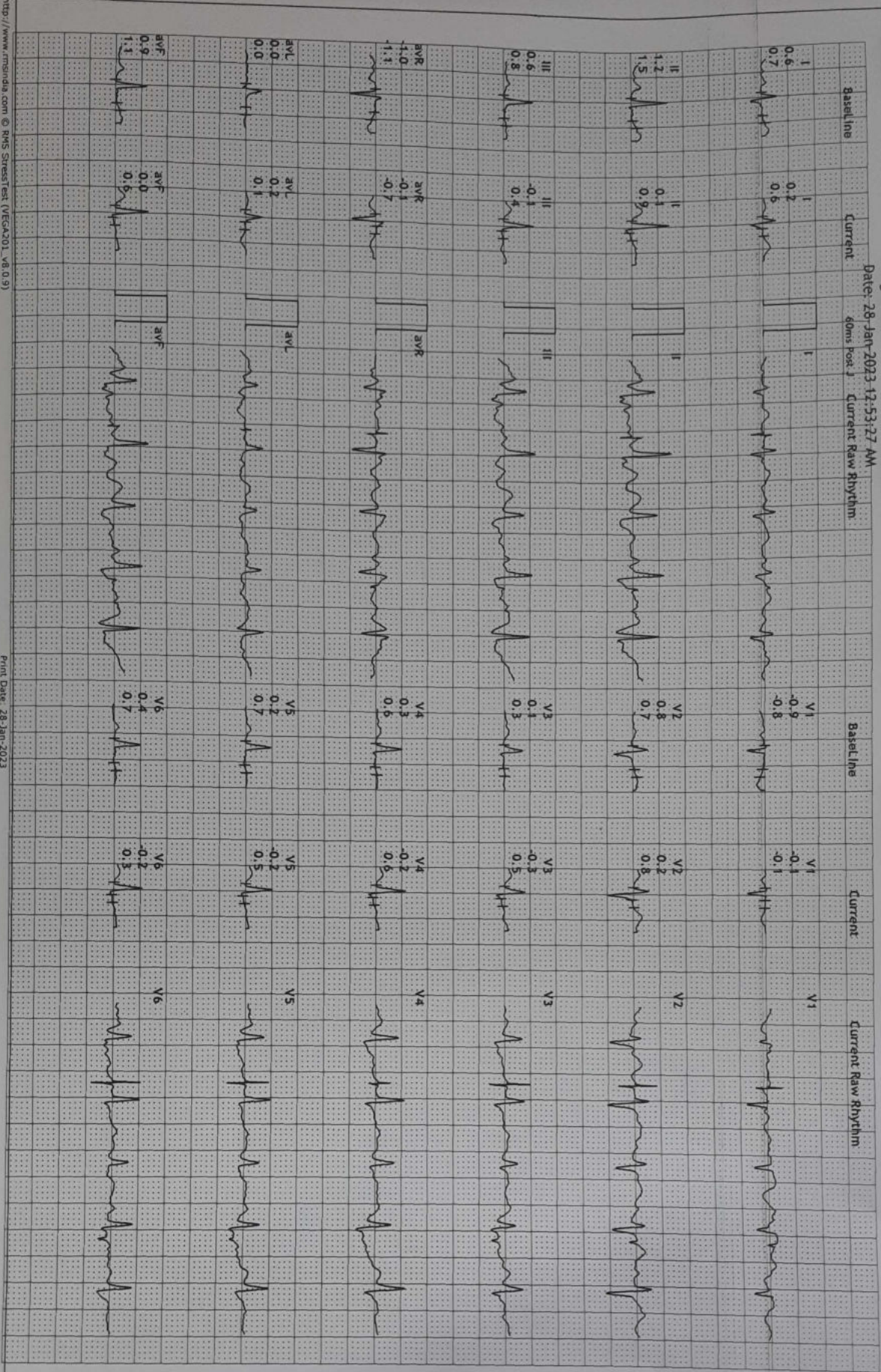
KSHIPRA SCANS & LABS
ZB COURT CHOURAHA UDAIPUR

Date: 28-Jan-2023 13:53:27 AM
60ms box 1

Current Raw Rhythm

Current Raw Rhythm

Current Raw Rhythm





12 Lead + Comparison

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

2301101140/SHILPA
33 Yrs/Male
0 Kg/0 Cms
Date: 28-Jan-2023 12:53:27 AM
40ms Post J

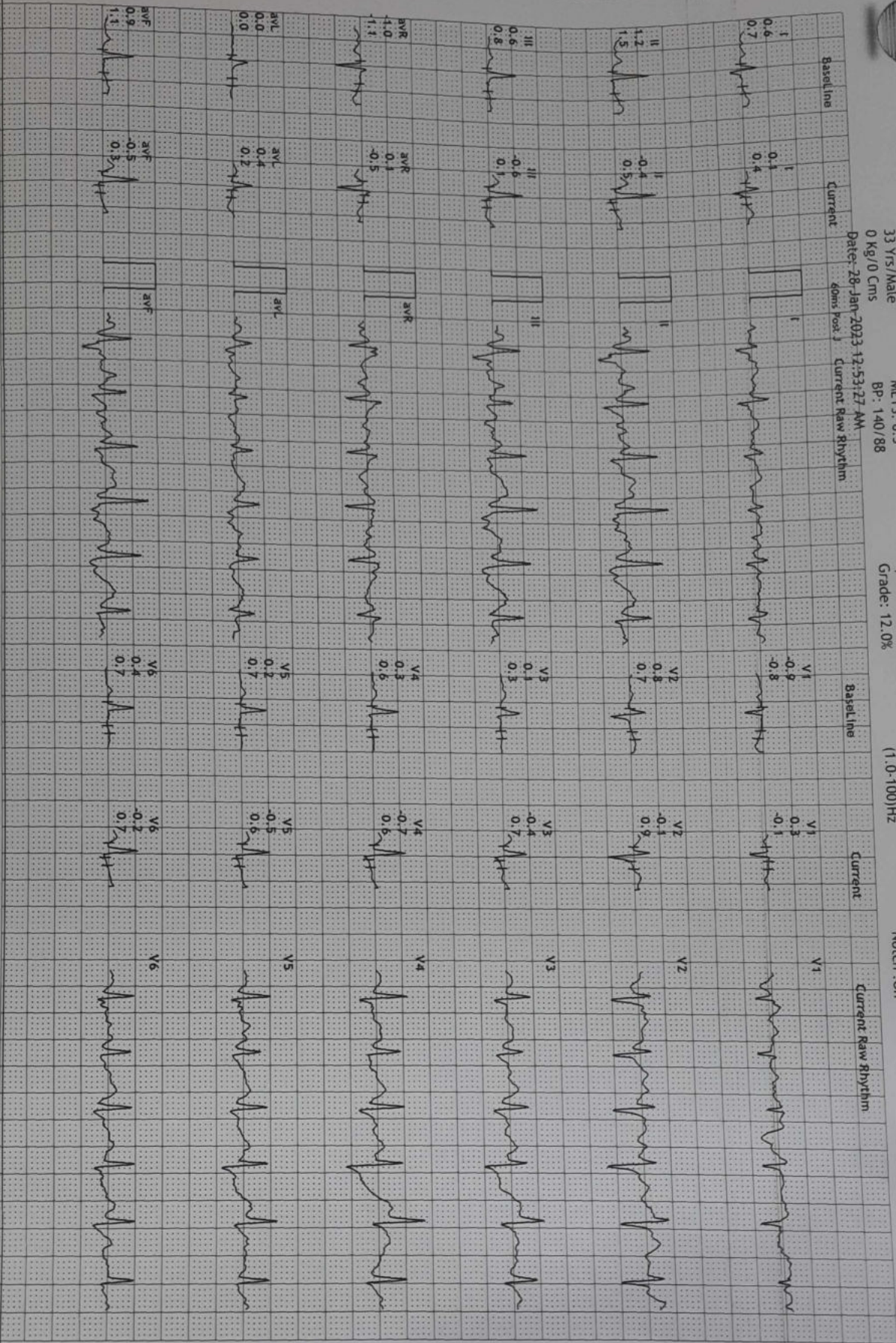
HR: 144 bpm
MCETS: 6.3
BP: 140/88

MPHR: 77% of 187
Speed: 2.5 mph
Grade: 12.0%

Raw ECG
BRUCE
(1.0-100)HZ

Ex Time 05:00
BLC : 0n
Notch : 0n

PeakEx
10.0 mm/mV
25 mm/Sec.





12 Lead + Comparison

2301101140/SHILPA
33 Yrs/Male
0 Kg/0 Cms

HR: 94 bpm
METs: 1.0
BP: 130/80

MPHR: 50% of 187
Speed: 0.0 mph
Grade: 0.0%

Ex Time 05:00
BLC : On
Notch : On

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

Recovery : (02:00)
10.0 mm/mV
25 mm/Sec.

Date: 28-Jan-2023 12:53:27 AM
60ms Pex J Current Raw Rhythm

Basel line

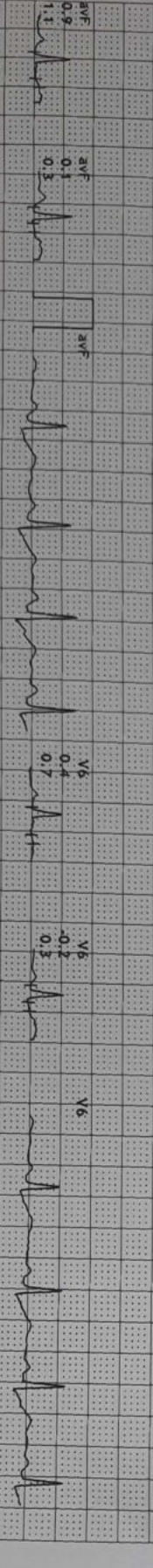
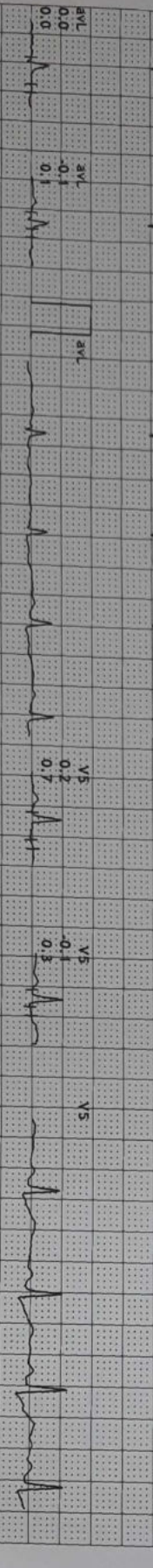
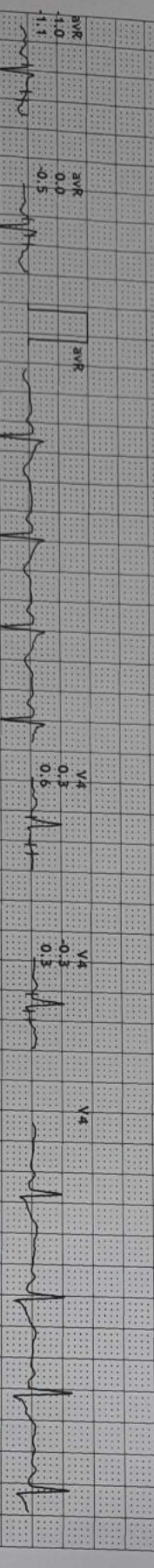
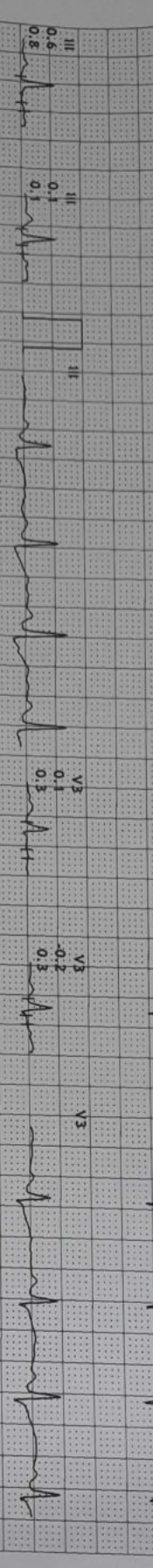
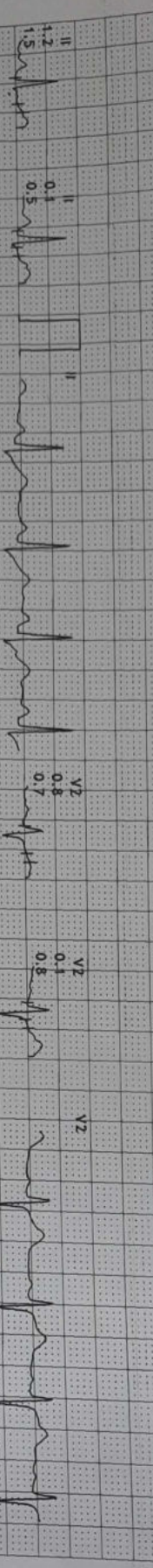
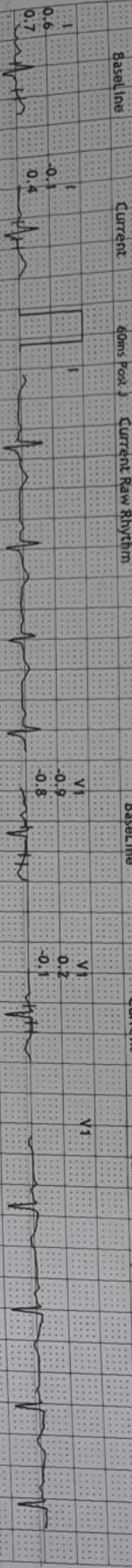
Current

Current Raw Rhythm

Basel line

Current

Current Raw Rhythm





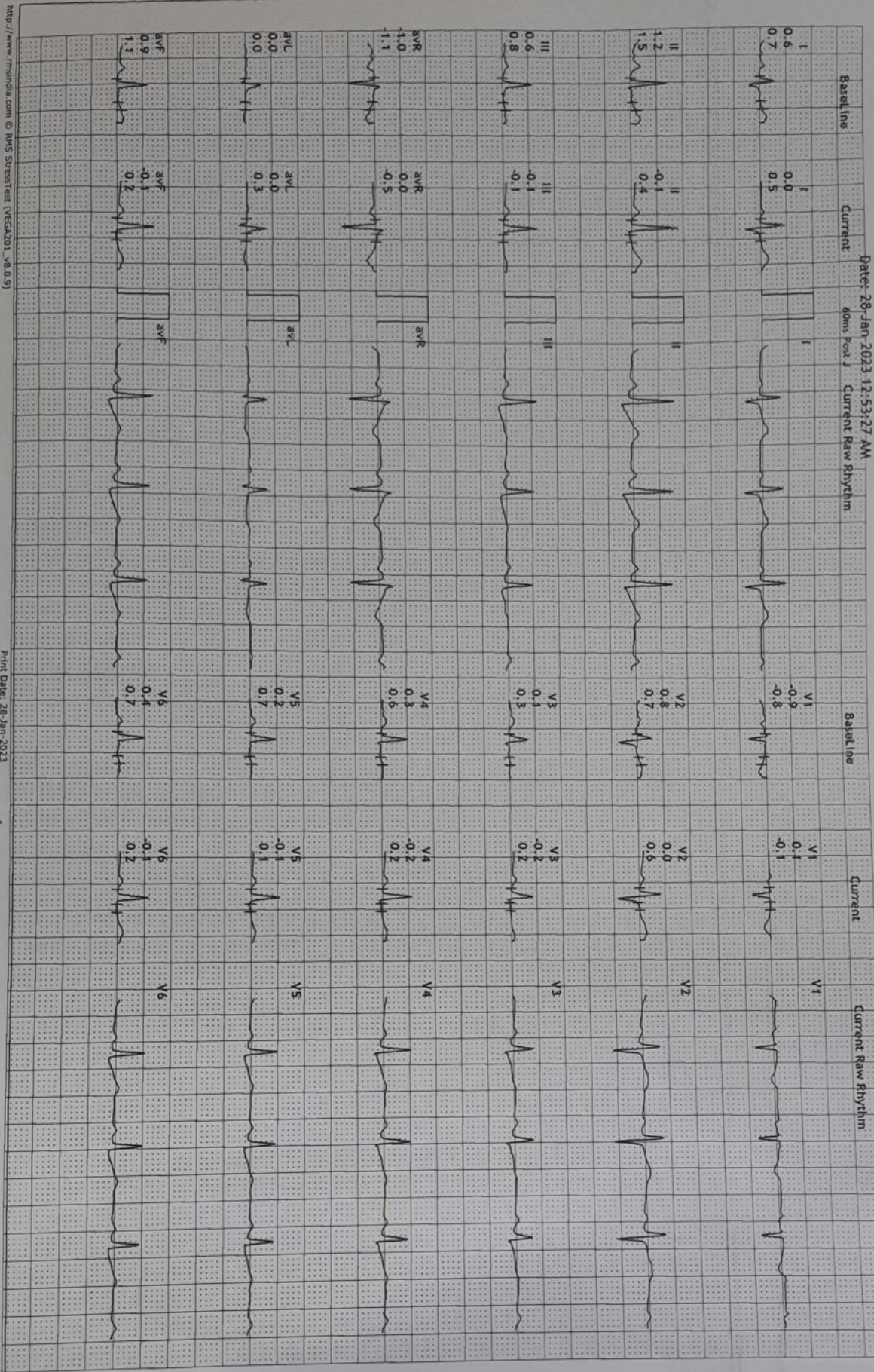
12 Lead + Comparison

2301101140/SHILPA
33 Yrs/Male
0 Kg/0 Cms
Date: 28-Jan-2023 12:53:27 AM

HR: 84 bpm
METs: 1.0
BP: 130/80
MPHR: 44% of 187
Speed: 0.0 mph
Grade: 0.0%

2B COURT CHOURAHA UDAIPUR
Raw ECG
BRUCE
(1.0-100)Hz
Ex Time 05:00
BLC: On
Notch: On

Recovery : (04:00)
10.0 mm/mV
25 mm/Sec.



| | | | |
|-----------|----------------------|------|--------------|
| Name | : Shilpa | Age | : 33Yrs. / F |
| Thanks To | : Midiwheel wellness | Date | : 28/01/2023 |

ULTRASOUND STUDY OF WHOLE ABDOMEN

LIVER:

Liver is normal in size, shape & echotexture. No focal mass lesion is seen. Intra hepatic biliary radicles are normal. Portal vein is normal in caliber.

GALL BLADDER :

Gall bladder is well distended. The wall thickness appears normal. No evidence of calculus or mass lesion is seen. C.B.D. appears normal.

PANCREAS :

Pancreas is normal in size, shape & echotexture. No focal mass lesion is seen.

SPLEEN :

Spleen is normal in size, shape & echotexture. No focal mass lesion is seen.

BOTH KIDNEYS :

Both kidneys are normal in size, shape & echotexture. Renal parenchyma appears normal. No evidence of hydronephrosis, calculus or cortical scarring is seen in either kidney.

Right kidney measures : 10.2 x 3.9 cms.

Left kidney measures : 10.2 x 4.7 cms.

URINARY BLADDER :

Urinary bladder is well distended and appears normal in contour. The wall thickness appears normal.

UTERUS :

Uterus is retroverted, normal in size, shape and echotexture. It measures 8.1 x 4.5 x 3.5 cms. Endometrial appears normal and measures 5mm.

BOTH OVARIES :

Both ovaries are normal in size, shape and echotexture.

No obvious abdominal lymphadenopathy is seen.

No free fluid is seen in peritoneal cavity.

OPINION:

- No significant abnormality is seen.

Dr Ravi Soni
MD (Radio-Diagnosis)
Consultant Radiologist

(This report is not valid for any Medico-legal purpose)

ENCL:- PCPNDT Registration Certificate is printed on the back side of this report.

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