

MEDICAL REPORT

Date :- 30.03.2023

NAME

GYANA RANJAN MOHAPATRA

MEDICAL INFORMATION

Height:- 169cm

Age:- 55Yrs

Weight:- 90gm

Sex:- Male

Blood Pressure:- 125/80mmhg

Pulse:-78/min

Body Mass Index(BMI)

31.5

Physical Fitness certificate

This is to certify that Mr. GYANA RANJAN MOHAPATRA, aged 55 yrs, reports is Normal and I have found him FIT.

Dr.M.K.HOTA
M.B.S.
REGD No.6993

Signature _____

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Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health

GYANA RANJAN MOHAPATRA
MALE

ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

ID: 234 CASE :
AGE: 55 Y M D K9

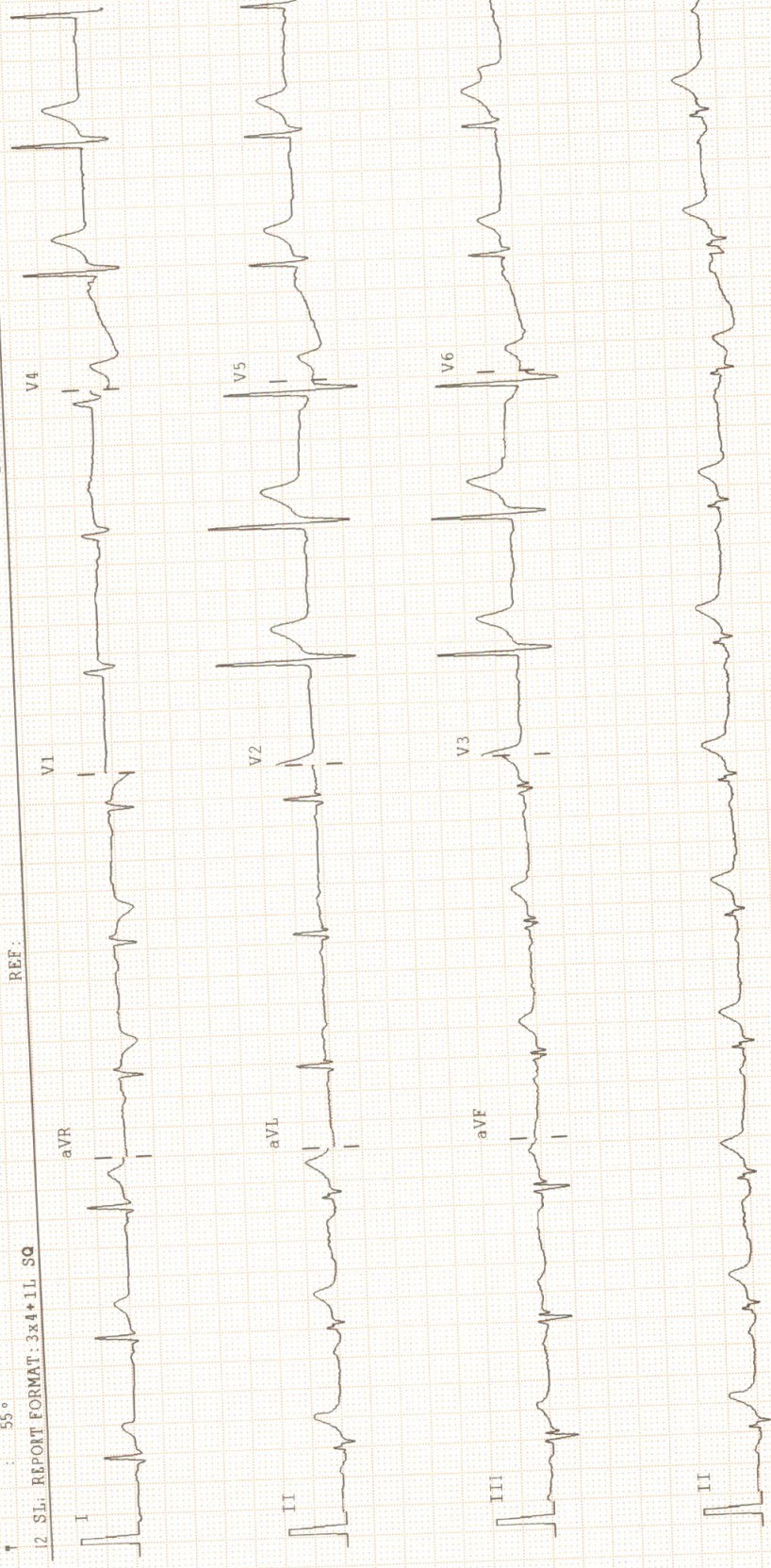
SINUS RHYTHM
RATE : 69 bpm
P-R : 864 ms
P-R : 154 ms
QRS : 88 ms
QT : 358 ms
QTc : 374 ms

-- AXIS --
PR : 59°
QRS : -09°
T : 55°
NORMAL EGG

2 SL. REPORT FORMAT: 3x4+1L SQ

Dr.

REF.





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Regd. No. : 1834

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NAME:- GYANA RANJAN MOHAPATRA
AGE:-55YRS
Patient ID:-3

REFERRAL:-MEDI WHEEL
DATE:-30.03.2023
SEX:-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan
Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

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Patient Name : MR. GYANA RANJAN MOHAPATRA
Age / Gender : 55 years / Male
Patient ID : 15760

Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:24 PM
Sample ID : 
18128


Test Description	Value(s)	Reference Range	Unit
Glucose, Random (RBS)			
Glucose Random Method : Hexokinase	96.85	70.00 - 140.00	mg/dL
Blood Group ABO & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		
ESR, Erythrocyte Sedimentation Rate			
ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren	10	0 - 15	mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT


Lab technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST


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Age / Gender : 55 years / Male
Patient ID : 15760

Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:21 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	13.01	10 - 50	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.79	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	5.72	3.4 - 7.0	mg/dL

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Age / Gender : 55 years / Male
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Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:24 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.0	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.10	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.5	42 - 52	%
Mean Cell Volume (MCV)	83.33	78 - 100	fL
Mean Cell Haemoglobin (MCH)	25.49	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	30.59	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.2	11.5 - 14.0	%
Total Leucocytes (WBC) Count	6000	4000-10000	cell/cu.mm
Neutrophils	52	40 - 80	%
Lymphocytes	43	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	180	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	12.7	7.2 - 11.7	fL
PCT	0.23	0.2 - 0.5	%
PDW	19.2	9.0 - 17.0	%

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Patient Name : MR. GYANA RANJAN MOHAPATRA

Age / Gender : 55 years / Male

Patient ID : 15760

Referral : MEDI WHEEL

Collection Time : 30/03/2023, 11:23 AM

Reporting Time : 30/03/2023, 07:24 PM

Sample ID :



18128

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.81	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.14	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.67	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	11.24	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	13.52	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	7.25	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	69.14	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.10	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.48	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.62	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.71	1.2 - 2.2	

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Age / Gender : 55 years / Male
Patient ID : 15760


Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:37 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	257.20	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	280.41	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	64.3	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	136.82	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	56.08	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.13	2.5 - 3.5	

Note:
8-10 hours fasting sample is required.

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Patient Name : MR. GYANA RANJAN MOHAPATRA
Age / Gender : 55 years / Male
Patient ID : 15760

Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:27 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.14	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.26	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.48	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

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Age / Gender : 55 years / Male
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Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:29 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
HbA1c, Glycosylated Hemoglobin			
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.11		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	99.96	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:29 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

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Lab technician 


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Age / Gender : 55 years / Male
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Referral : MEDI WHEEL
Collection Time : 30/03/2023, 11:23 AM
Reporting Time : 30/03/2023, 01:20 PM
Sample ID : 
18128

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

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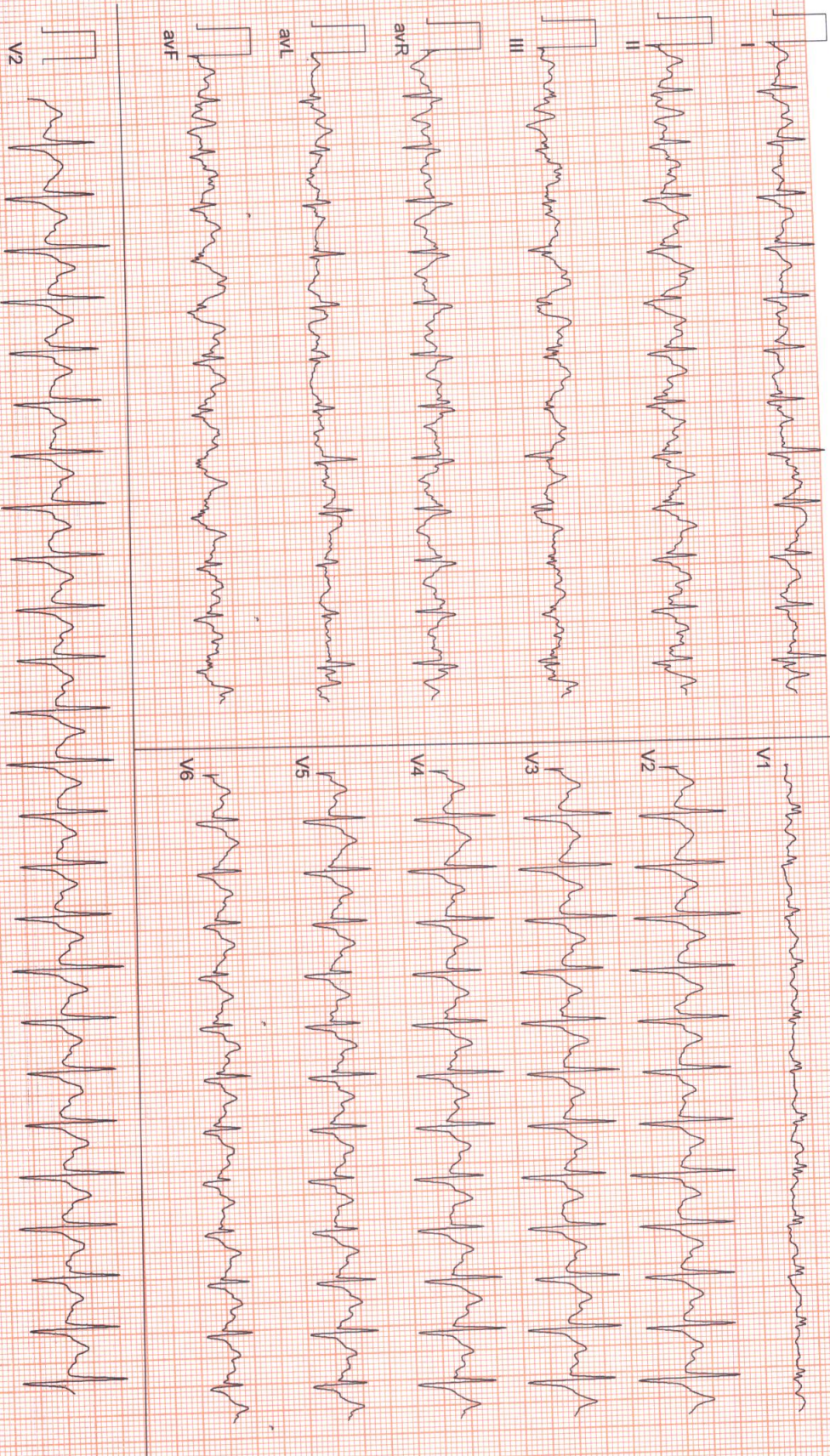
Wishing Good Health

Page 1 of 1



Date: 30 - 03 - 2023 01:09:17 PM METs : 1.2 HR : 151 Target HR : 92% of 165 BP : 126/84

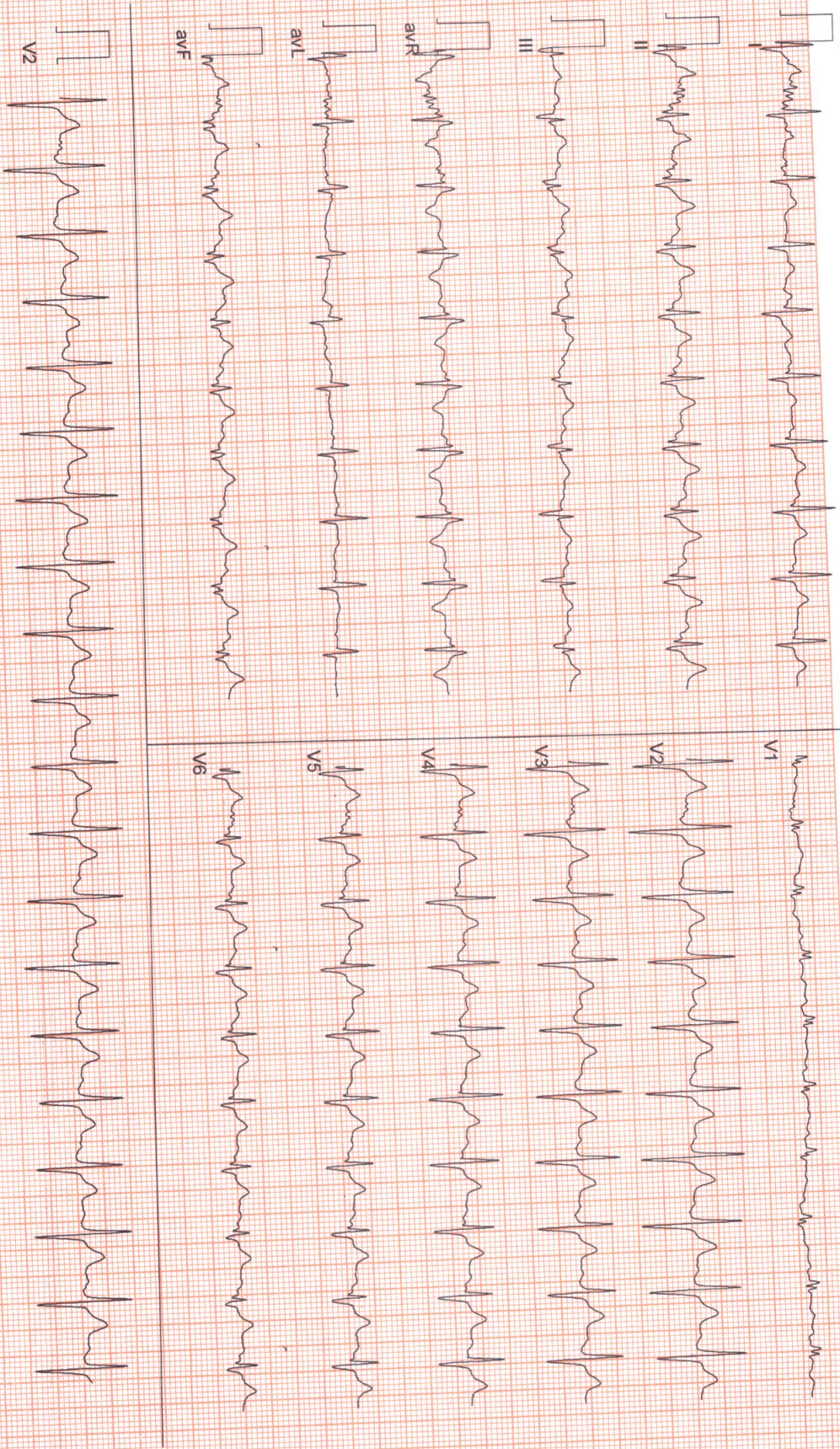
ExTime : 07:17 1.1 mph 0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Noch On/ HF 0.05 Hz/LF 35 Hz





Date: 30 - 03 - 2023 01:09:17 PM METS : 1.0 HR : 115 Target HR : 70% of 165 BP : 124/83

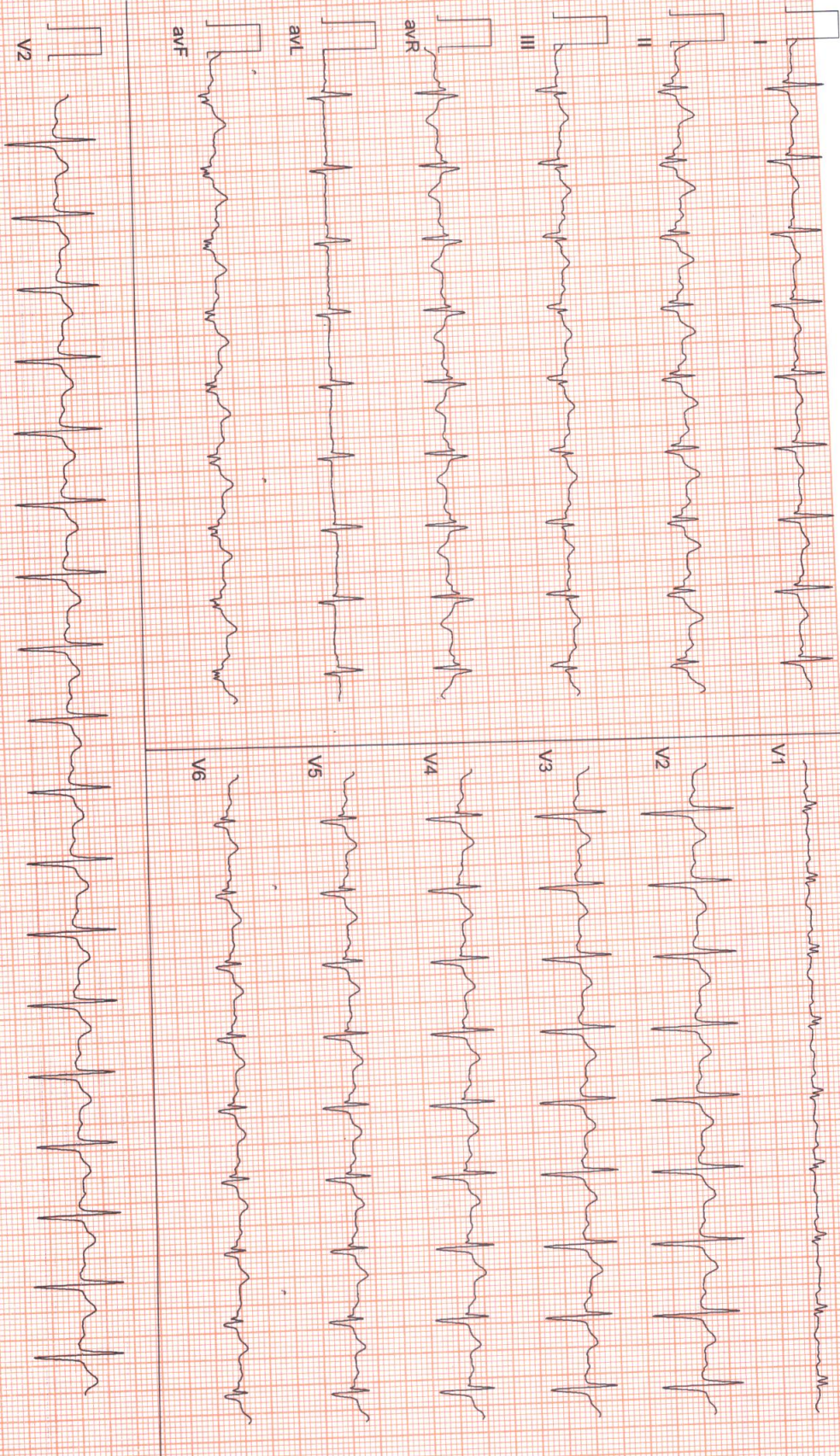
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Date: 30 - 03 - 2023 01:09:17 PM METs : 1.0 HR : 108 Target HR : 65% of 165 BP : 123/82

EXTime : 07:17 0.0 mph/0.0 % 25 mm/Sec. 1.0 cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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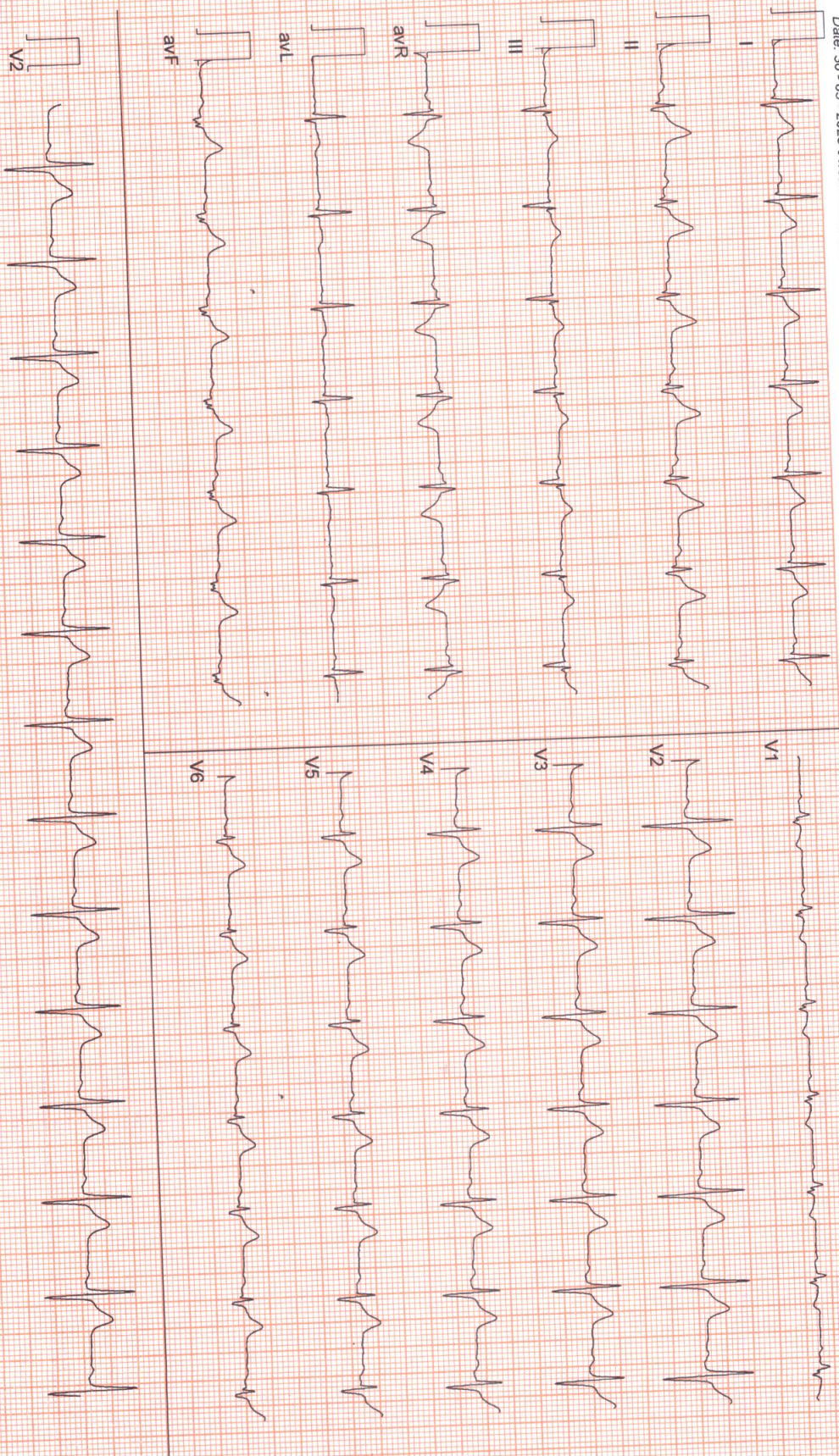
SAHIDNAGAR, BHUBANESWAR
531 / GYANA RANJAN MOHAPATRA / 55 Yrs / Male / 169 Cm / 90 Kg

6 x 2 + Rhythm
BRUCE:Supine(0:25)



Date: 30 - 03 - 2023 01:09:17 PM METs : 1.0 HR : 83 Target HR : 50% of 165 BP : 125/80

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(AD)_GEM2_16201125_(R)_Allengiers

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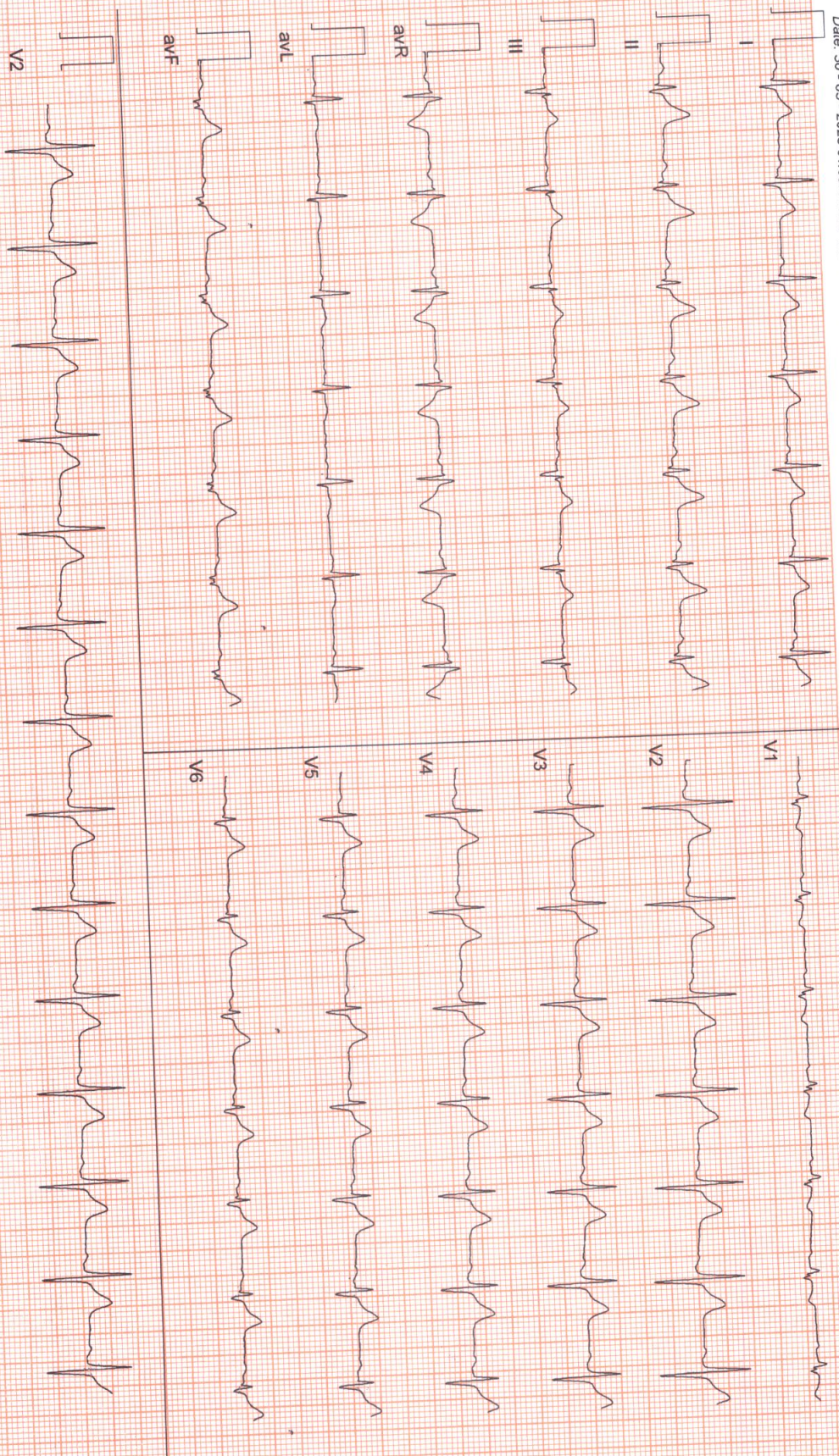
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531 / GYANA RANJAN MOHAPATRA / 55 Yrs / Male / 169 Cm / 90 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:17)



Date: 30 - 03 - 2023 01:09:17 PM METs : 1.0 HR : 83 Target HR : 50% of 165 BP : 125/80

Ex Time : 00:00 0.0 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

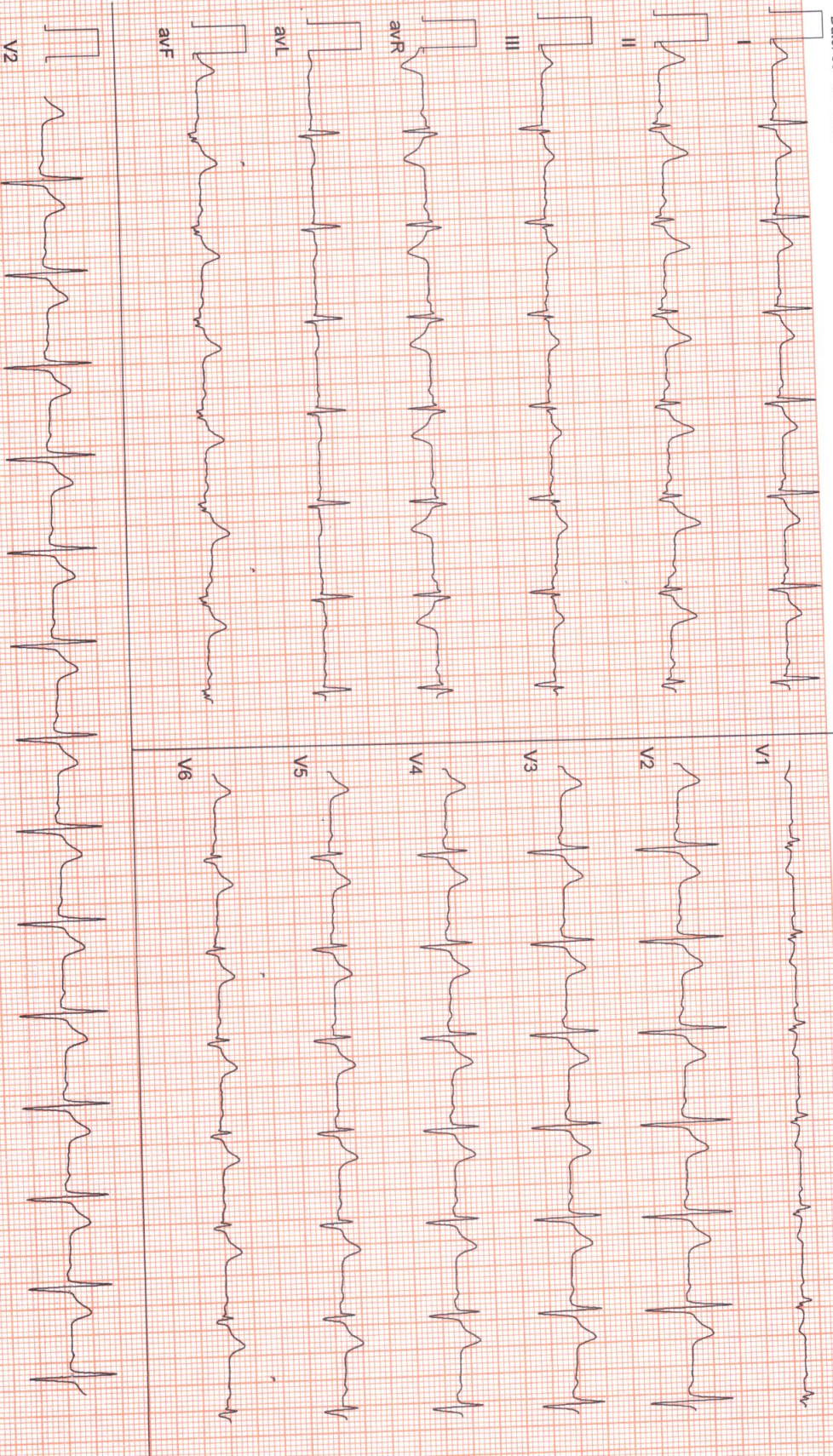


(ADX_GEM2 16201125)(R)Allergers



Date: 30-03-2023 01:09:17 PM METs: 1.0 HR: 85 Target HR: 52% of 165 BP: 125/80

EXTime: 00:00 0.0 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



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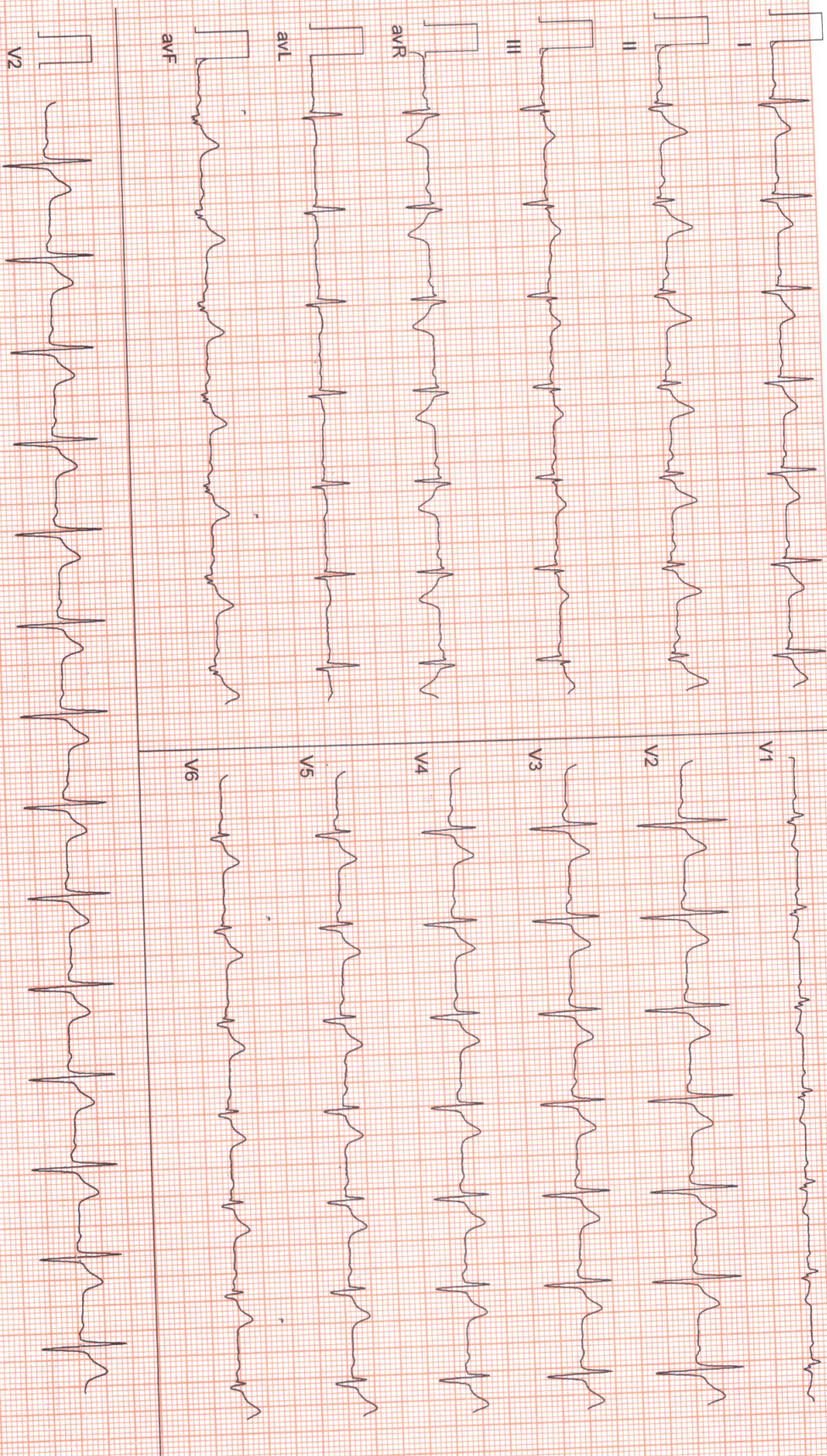
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531 / GYANA RANJAN MOHAPATRA / 55 Yrs / Male / 169 Cm / 90 Kg

6 x 2 + Rhythm
ExStart



Date: 30 - 03 - 2023 01:09:17 PM METS : 1.0 HR : 84 Target HR : 51% of 165 BP : 125/80

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Notch On/HF 0.05 HZ/LF 35 Hz

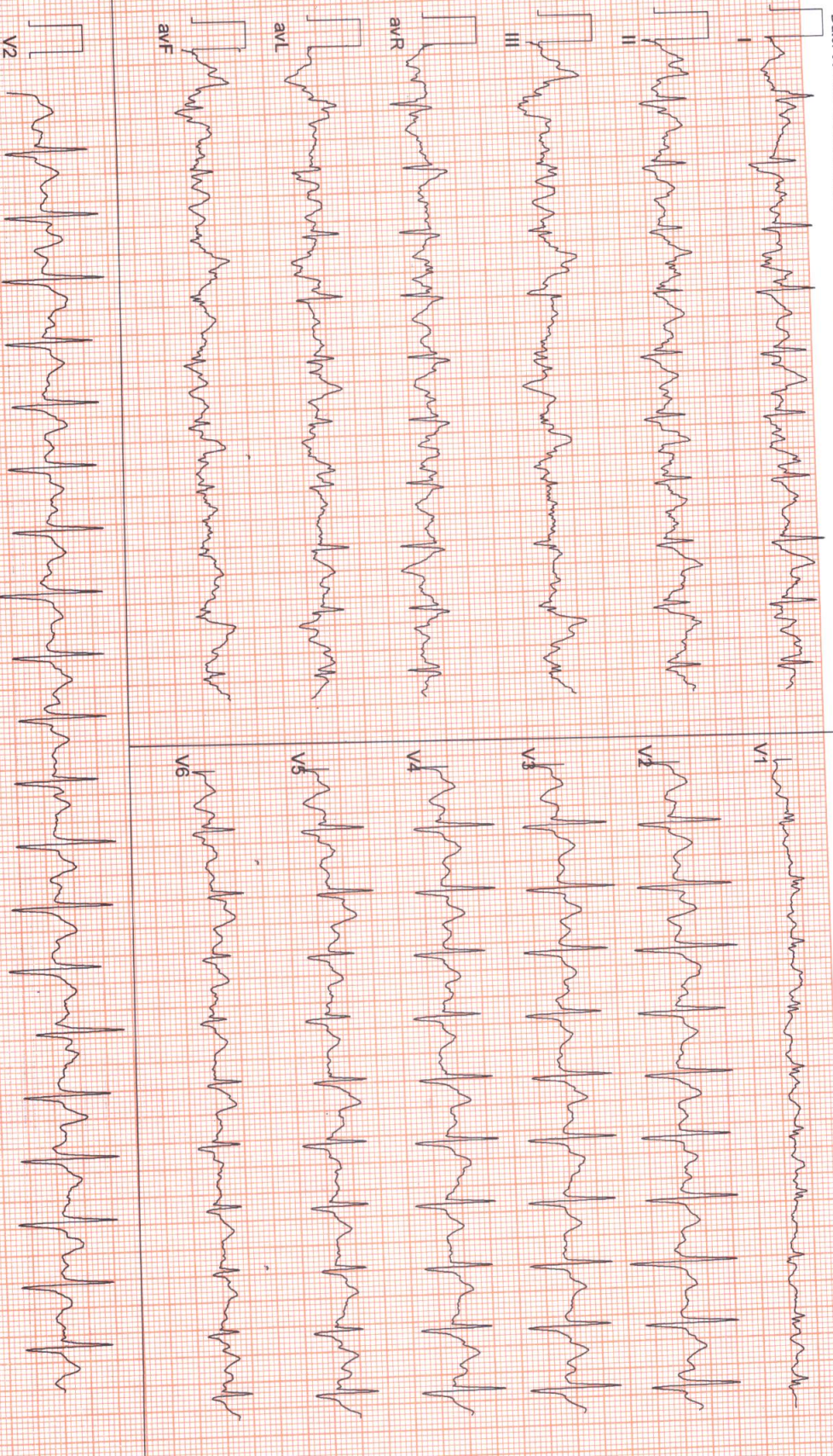


(ADX_GEM216201125)(R)Allengers



Date: 30 - 03 - 2023 01:09:17 PM METs : 4.7 HR : 124 Target HR : 75% of 165 BP : 125/82

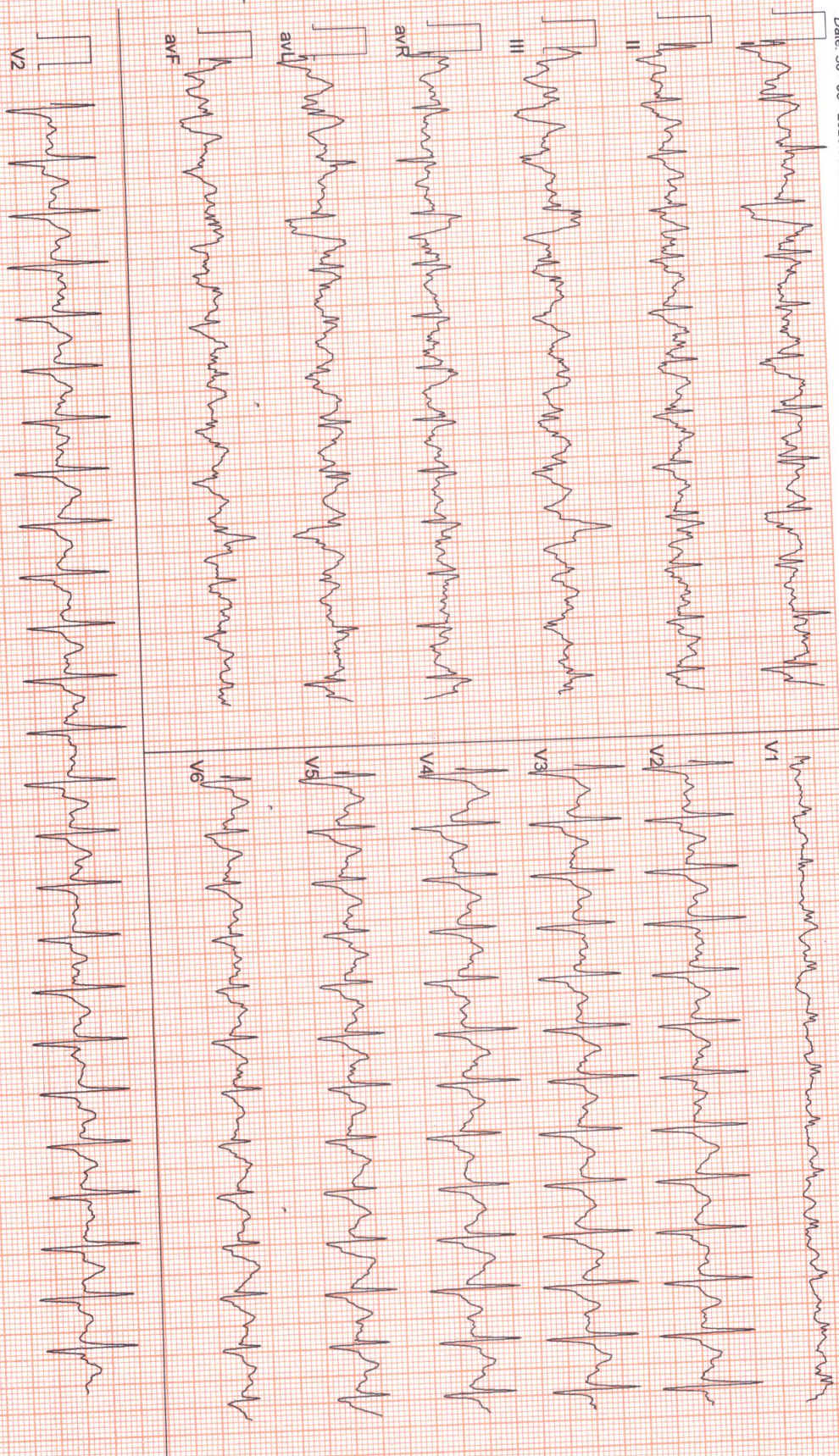
EXTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 30 - 03 - 2023 01:09:17 PM METS : 7.1 HR : 150 Target HR : 91% of 165 BP : 127/84

ExTime : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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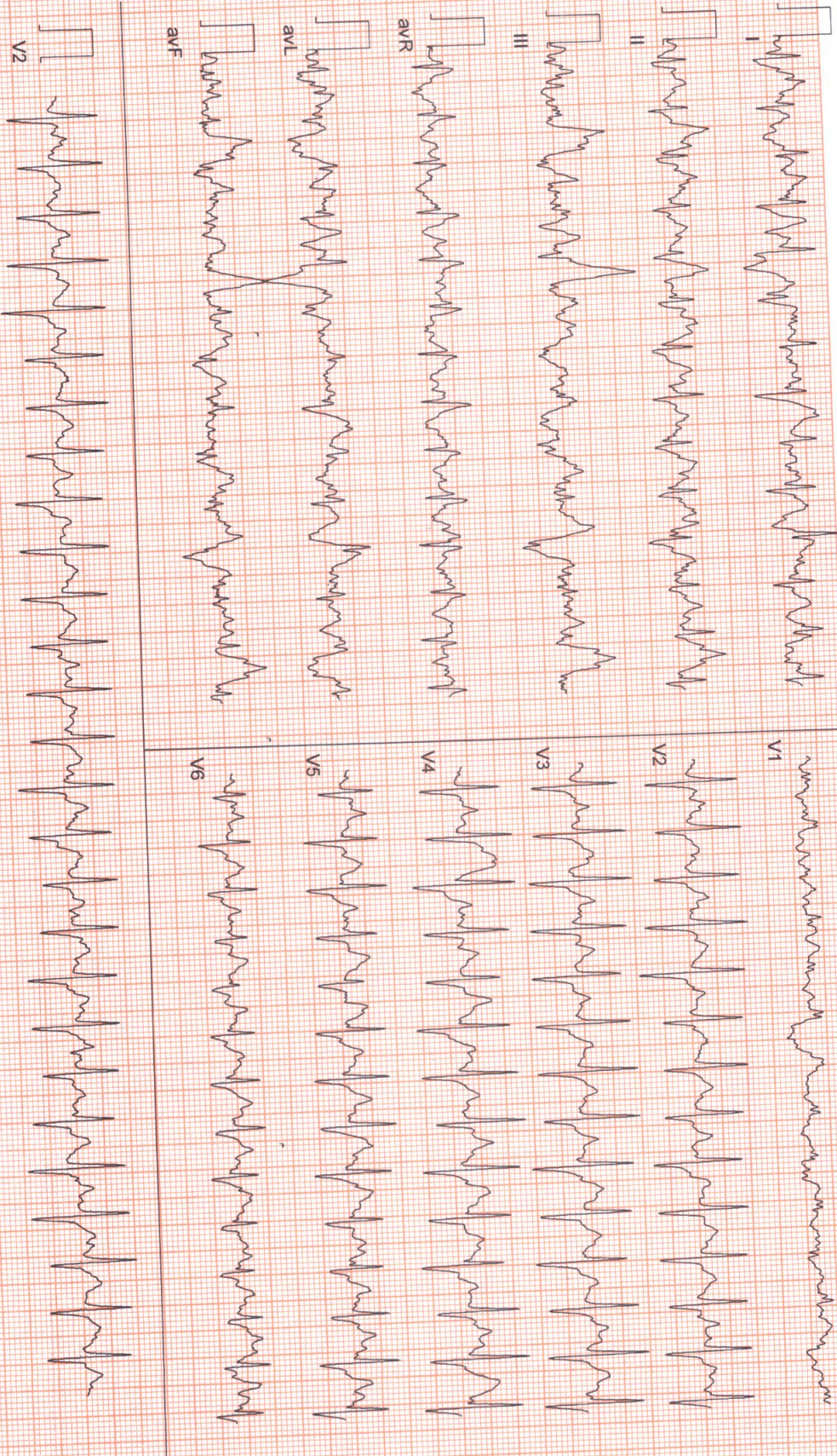
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531 / GYANA RANJAN MOHAPATRA / 55 Yrs / Male / 169 Cm / 90 Kg

6 x 2 + Rhythm
PeakEx



Date: 30 - 03 - 2023 01:09:17 PM METS : 8.4 HR : 163 Target HR : 99% of 165 BP : 127/84

ExTime : 07:17 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/InV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

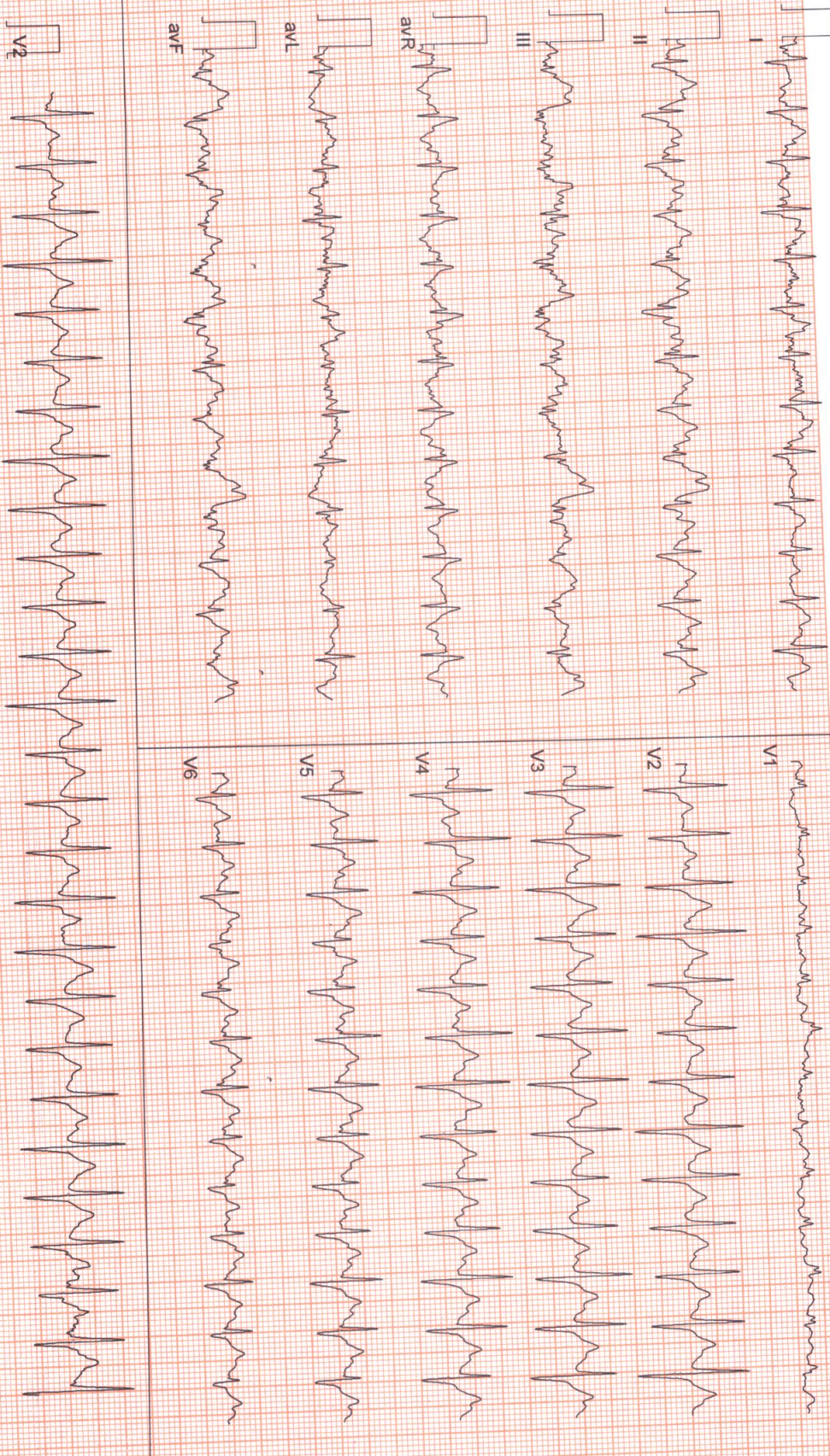


(ADX_GEM216201125)(R)Allergers



Date: 30 - 03 - 2023 01:09:17 PM METS : 4.2 HR : 159 Target HR : 96% of 165 BP : 127/84

EXTime : 07:17 1.1 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:25	0:25	00.0	00.0	01.0	083	50 %	125/80	103	00	
Standing	00:42	0:17	00.0	00.0	01.0	083	50 %	125/80	103	00	
HV	00:59	0:17	00.0	00.0	01.0	085	52 %	125/80	106	00	
ExStart	01:14	0:15	00.0	00.0	01.0	084	51 %	125/80	105	00	
BRUCE Stage 1	04:14	3:00	01.7	10.0	04.7	124	75 %	125/82	155	00	
BRUCE Stage 2	07:14	3:00	02.5	12.0	07.1	150	91 %	127/84	190	00	
PeakeX	08:31	1:17	03.4	14.0	08.4	163	99 %	127/84	207	00	
Recovery	09:01	0:30	01.1	00.0	04.2	159	96 %	127/84	201	00	
Recovery	09:31	1:00	01.1	00.0	01.2	151	92 %	126/84	190	00	
Recovery	11:31	3:00	00.0	00.0	01.0	115	70 %	124/83	142	00	
Recovery	13:37	5:06	00.0	00.0	01.0	108	65 %	123/82	132	00	

FINDINGS :

Exercise Time : 07:17
 Max HR Attained : 163 bpm 99% of Target 165
 Max BP Attained : 127/84
 Max Workload Attained : 8.4 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

Dr. M. A. HOTA
 M.B.B.S.
 REGD No. 5993