

HEALTH CHECKUP REPORT

Patient Name: MR. RAHUL ALOK

DATE: 31/10/2022

Age/Gender: 35/M

Reg. No: 387707

Package: MEDIWHEEL

COMPLAINTS (IF ANY):

- Shortness of breath
- Pain in bil foot
- Swelling of joint of fingers

HISTORY OF HEALTH STATUS: No

PRESENT MEDICATIONS: No

HYPERSENSITIVITY TO ANY DRUG: No

PERSONAL HISTORY:

- Bowel : Regular
- Micturition : Normal
- Sleep : Adequate
- Appetite : Adequate

Diet : Veg
Habits : No
Physical Activity/Exercise: Walking

HISTORY OF ILLNESS (WITH PAST MEDICATIONS): No

FAMILY HISTORY:

- Mother – IHD
- Father – hypertension

VITAL SIGNS:

- Height : 168.5cms
- Weight : 81 Kgs

Pulse : 58/min.
B.P: 142/96mmHg

FOR OFFICE USE ONLY

PHYSICIAN CONSULTATION:

1) Recommendations

- Healthy life style

(Dr. Amit patel)

OPHTHALMO CONSULTATION:

RE

LE

Best corrected visual acuity

6/6

6/6

Please take regular medicine as prescribed by the Doctor. (If given)

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Dr. Amit H. Patel

MD (Chest), DTCD

Consultant Pulmonologist

(Specialist in Respiratory Diseases, Fiberoptic Bronchoscopy,
Critical Pulmonary Medicine & Sleep Disorders)

Reg. No. : G-8980

For Emergency: +91-9824310150

Email : amit.patel@cimshospital.org

Name : Rahul Alok
Age : 35 yrs Weight: 82 kg
Past History :

16/16/18 till now not taking any treatment

History of Addiction :

two Covid - August - 2020
Occasional Alcohol

3/11/22

Occupation :

Bank of Baroda

Ach

SRD

Family History :

NAD

• Daily Exercise for
45 minutes

Sis Dr Amit Patel

No any symptoms

No Anxiety attacks

T₂ P - 62 km BP - 142/96 mmHg

2c - clear

WS + size 2AD

FOR OPD CONSULTATION ONLY



Reg. No : CIMS/A/2022/387707	VisitNo : HC/311022/44 [HCV]
Patient Name : MR. RAHUL ALOK	Age(Y-M-D)/Sex : 35 Y 0 M 23 D. / Male
Referring Doctor : Dr. CIMS DOCTOR	Doctor :
Ward/Room :	Bed :

ORD/311022/769 Lab No : 2022161414 LSN : 930088 (Whole Blood) Sample Quality : Normal
 Collection Time : 31/10/2022 10:53:08 Arrival : 31/10/2022 11:59:39 Validation Time : 31/10/2022 12:56:08PM

	Result	Unit	Reference Range
CBC With ESR			
TOTAL COUNT			
Hemoglobin <i>(SLS Hemoglobin Detection method)</i>	16.2	g/dl	13.5 - 18.0 g/dl
Total RBC Count <i>(Hydro Dynamic Focusing Method)</i>	4.89	mill/Cmm	4.7 - 6.0 mill/Cmm
HCT <i>(Hydro Dynamic Focusing Method)</i>	46.5	%	42 - 52 %
Total WBC Count <i>(Flow Cytometry)</i>	6110	/Cmm	4000 - 10500 /Cmm
Platelet Count <i>(Hydro Dynamic Focusing Method)</i>	247000	/Cmm	150000 - 450000 /Cmm

DIFFERENTIAL COUNT (by Flow Cytometry)

Polymorphs	63	%	40 - 70 %
Lymphocytes	28	%	22 - 45 %
Eosinophils	01	%	01 - 04 %
Monocytes	08	%	01 - 06 %
Basophils	00	%	00 - 01 %
Immature Granulocytes	00	%	0 - 2 %
Smear Study			

RBCs are Normochromic & Normocytic.
 Platelets are adequate in number.
 Malarial Parasites are not seen.
 No Premature cells are seen.

BLOOD INDICES (by Calculated Method)

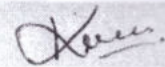
M.C.V	95.1	fl	78 - 100 fl
M.C.H	33.1	pg	27 - 31 pg
M.C.H.C.	34.8	gm/dl	32 - 36 gm/dl
RDW-CV	14.1	%	11.5 - 14.0 %

ESR (Red Cell Aggregation)

After One Hour	6	mm	0 - 10 mm
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Blood Group Rh
ABO

"O"



Dr. Kazumi Gondalia
M.D. (Path)
Consultant Pathologist
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Dr. Manisha Shah
 MD (Path & Bact)
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 Reg. No. : G-15496

Dr. Jitendra Nayak
 MD (Path)
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 Reg. No. : G-14786



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Rh POSITIVE

HbA1c (Glycosylated Haemoglobin)

TEST

HbA1c (Glyco Hb) <i>(Immuno Turbidimetric)</i>	5.46	%	4.8-5.9% Normal 5.9-7.0% Good diabetic control 7.0-10.0% Fair diabetic control >10.0% Poor diabetic control
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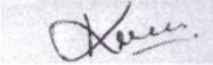
Mean Plasma Glucose	117	mg/dL	80 - 140 mg/dL
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*** END OF REPORT ***

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ORD/311022/769 Lab No : 2022161415 LSN : 930088 (SERUM) Sample Quality : Normal
 Collection Time : 31/10/2022 10:53:08 Arrival : 31/10/2022 11:59:39 Validation Time : 31/10/2022 2:54:44PM

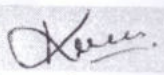
Liver Function Test

	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
Alkaline Phosphatase <i>(PNPP, AMP Buffer Method, Colorimetric)</i>	126.5	U/L	40 - 129 U/L
Billirubin			
Total Billirubin <i>(Diazospecial Iazonium Iron with Blank)</i>	0.92	mg/dL	0.0 - 1.0 mg/dL
Direct Billirubin <i>(Diazo, Evelyn Malloy) with Blank)</i>	0.33	mg/dL	0.0 - 0.2 mg/dL
Indirect Billirubin <i>(Calculated from Total and Direct Billirubin)</i>	0.59	mg/dL	0.0 - 0.8 mg/dL
SGPT (ALT) <i>(IFCC without pyridoxal phosphate)</i>	36.9	U/L	0 - 41 U/L
SGOT (AST) <i>(IFCC without pyridoxal 5 phosphate)</i>	24.3	U/L	0 - 40 U/L
Total Protein			
Total Proteins <i>(Biuret Method)</i>	7.9	gm/dl	6.4 - 8.3 gm/dl
Albumin <i>(Bromocresol Green Colorimetric)</i>	4.62	gm/dl	3.97 - 4.95 gm/dl
Globulin	3.28	gm/dl	2.2 - 3.5 gm/dl
A/G Ratio	1.41		0.9 - 2.1

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Ward/Room :	Bed :

ORD/311022/769 Lab No : 2022161644 LSN : 930088 (SERUM) Sample Quality : Normal
 Collection Time : 31/10/2022 15:53:30 Arrival : 31/10/2022 15:53:31 Validation Time : 31/10/2022 5:21:34PM

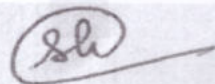
	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
P.P. Glucose (Hexokinase)	130.8	mg/dL	70 - 140 mg/dL
P.P. Urine Glucose	Nil		

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Dr. Shreya Patel
MD(Path)
Consultant Pathologist



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Referring Doctor : Dr. CIMS DOCTOR	Doctor :
Ward/Room :	Bed :

ORD/311022/769 Lab No : 2022161415 LSN : 930088 (SERUM) Sample Quality : Normal
 Collection Time : 31/10/2022 10:53:08 Arrival : 31/10/2022 11:59:39 Validation Time : 31/10/2022 2:54:43PM

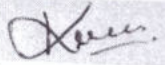
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	Result	Unit	Reference Range
Creatinine <i>(Buffered Jaffe Reaction Kinetic Compensated)</i>	0.73	mg/dL	0.7 - 1.2 mg/dL
Estimated GFR	159.82	mL/min/1.73m2	59 - 137 mL/min/1.73m2
Fasting Glucose <i>(Hexokinase)</i>	101.9	mg/dL	70 - 100 mg/dL
Thyroid Function Test			
TOTAL T3 (T3) * <i>(Electrochemiluminescence Assay)</i>	1.18	ng/ml	0.846 - 2.02 ng/ml
TOTAL T4 (T4) * <i>(Electrochemiluminescence Assay)</i>	9.07	µgm/dl	5.13 - 14.06 µgm/dl
TSH <i>(Electrochemiluminescence Assay)</i>	2.4	µIU/ml	0.27- 4.20 µIU/ml
Uric Acid <i>(Uricase Colorimetric Enzymatic)</i>	7.90	mg/dL	3.4 - 7.0 mg/dL

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Patient Name : MR. RAHUL ALOK	Age(Y-M-D)/Sex : 35 Y 0 M 23 D. / Male
Referring Doctor : Dr. CIMS DOCTOR	Doctor :
Ward/Room :	Bed :
ORD/311022/769 Lab No : 2022161416 LSN : 930088 (SERUM)	Sample Quality : Normal
Collection Time : 31/10/2022 10:53:08 Arrival : 31/10/2022 11:59:39	Validation Time : 31/10/2022 3:05:56PM

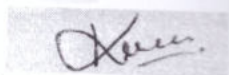
	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
BUN * (Ureas with UV)	14.6	mg/dL	6 - 20 mg/dL

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Patient Name : MR. RAHUL ALOK	Age(Y-M-D)/Sex : 35 Y 0 M 23 D. / Male
Referring Doctor : Dr. CIMS DOCTOR	Doctor :
Ward/Room :	Bed :

ORD/311022/769 Lab No : 2022161522 LSN : 930088 (Urine) Sample Quality : Normal
 Collection Time : 31/10/2022 13:24:49 Arrival : 31/10/2022 13:24:49 Validation Time: 31/10/2022 2:35:31PM

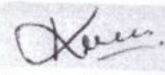
	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
Urine R & M			
PHYSICAL EXAMINATION			
Quantity	20 cc		
Colour	Pale Yellow		
Transparency	Slight Turbid		
Reaction (QDS-10 Strip)	6.0		
Sp. Gravity (QDS-10 Strip)	1.015		1.005 - 1.035 .
CHEMICAL EXAMINATION			
U. Albumin (QDS-10 Strip/Manual)	Nil		
U. Glucose (QDS-10 Strip/Manual)	Nil		
U. Acetone (QDS-10 Strip/Manual)	Absent		
BS/BP (QDS-10 Strip/Manual)	Absent		
MICROSCOPIC EXAMINATION			
Pus Cell	8-10	/H.P.F.	/H.P.F.
Red Blood Cell	Nil	/H.P.F.	/H.P.F.
Epithelial Cell	1-2	/H.P.F.	/H.P.F.
Cast	Not Seen		
Crystals	Not Seen		
Amorphous	Absent		
Monilia	Absent		

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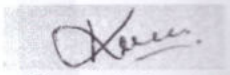
Reg. No	: CIMS/A/2022/387707	VisitNo :	: HC/311022/44 [HCV]
Patient Name	: MR. RAHUL ALOK	Age(Y-M-D)/Sex	: 35 Y 0 M 23 D. / Male
Referring Doctor	: Dr. CIMS DOCTOR	Doctor	:
Ward/Room	:	Bed	:

ORD/311022/769 Lab No : 2022161415 LSN : 930088 (SERUM) Sample Quality : Normal
 Collection : 31/10/2022 10:53:08AM Arrival: 31/10/2022 12:01:46 Validation Time 31/10/2022 12:53:13

<u>Lipid Profile (With Direct LDL)</u>	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
Cholesterol <i>(Enzymatic/Colorimetric, Cholesterol Oxidas, Esterase, Peroxidase Gen.2)</i>	: 167.4	mg/dL	Less than 160 mg/dl Excellent Less than 200 mg/dl Desirable 200-239 mg/dl Borderline High 240 mg/dl & over High
Triglyceride <i>(Enzymetic Colorimetric without Glycerol Blank without Serum Blank)</i>	: 116.3	mg/dL	Less than 150 mg/dl Normal 150 - 199 mg/dl Borderline High 200-499 mg/dl High 500 mg/dl or greater Very High
HDL Cholesterol <i>(Direct Mearuse Homogenous Technique Modified Enzymatic Colorimetric Gen. 3)</i>	: 33.2	mg/dL	Less than 40 mg/dl Low 60 mg/dl or above Excellent
L D L Cholesterol (DIRECT) <i>(Homogenous Enzymatic colorimetric Assay)</i>	: 112.1	mg/dL	Less than 80 mg/dl Excellent Less than 100 mg/dl Optimal 100 - 129 mg/dl Near or above optimal 130 - 159 mg/dl Borderline High 160 - 189 mg/dl High 190 mg/dl & above Very High
VLDL Cholesterol <i>(Calculated)</i>	: 23.26	mg/dL	15 - 30 mg%
Cholesterol/HDL Ratio <i>(Calculated)</i>	: 5.04		Normal upto 4.5
LDL/HDL Ratio <i>(Calculated)</i>	: 3.38		Less than 3.5

Remarks :

*** END OF REPORT ***



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FOR ECHO / TMT REPORTS ONLY

ECHO Report

Dt : 31/10/2022

Patient Details

Patient ID 320319
Name Mr. RAHUL ALOK
Age 35 Years
Gender Male
Blood Group
Referral Doctor

ECHO Identification Detail

Doctor Incharge Dr. ANISH CHANDARANA

Clinical Status Of Patient

ECHO Code JP

- Finding Description**
1. Normal sized LA, LV, RA, RV.
 2. Adequate LV systolic function, LVEF: 50-55%.
 3. No significant RWMA.
 4. Grade-I diastolic dysfunction.
 5. All cardiac valves are structurally normal.
 6. Mild MR, Trivial TR, Trivial PR, No AR.
 7. No PAH, RVSP: 34 mmHg.
 8. IAS/IVS: Intact.
 9. No clot/vegetation/pericardial effusion.

Dr. ANISH CHANDARANA



31-10-2022 14:18:01
ID: 696

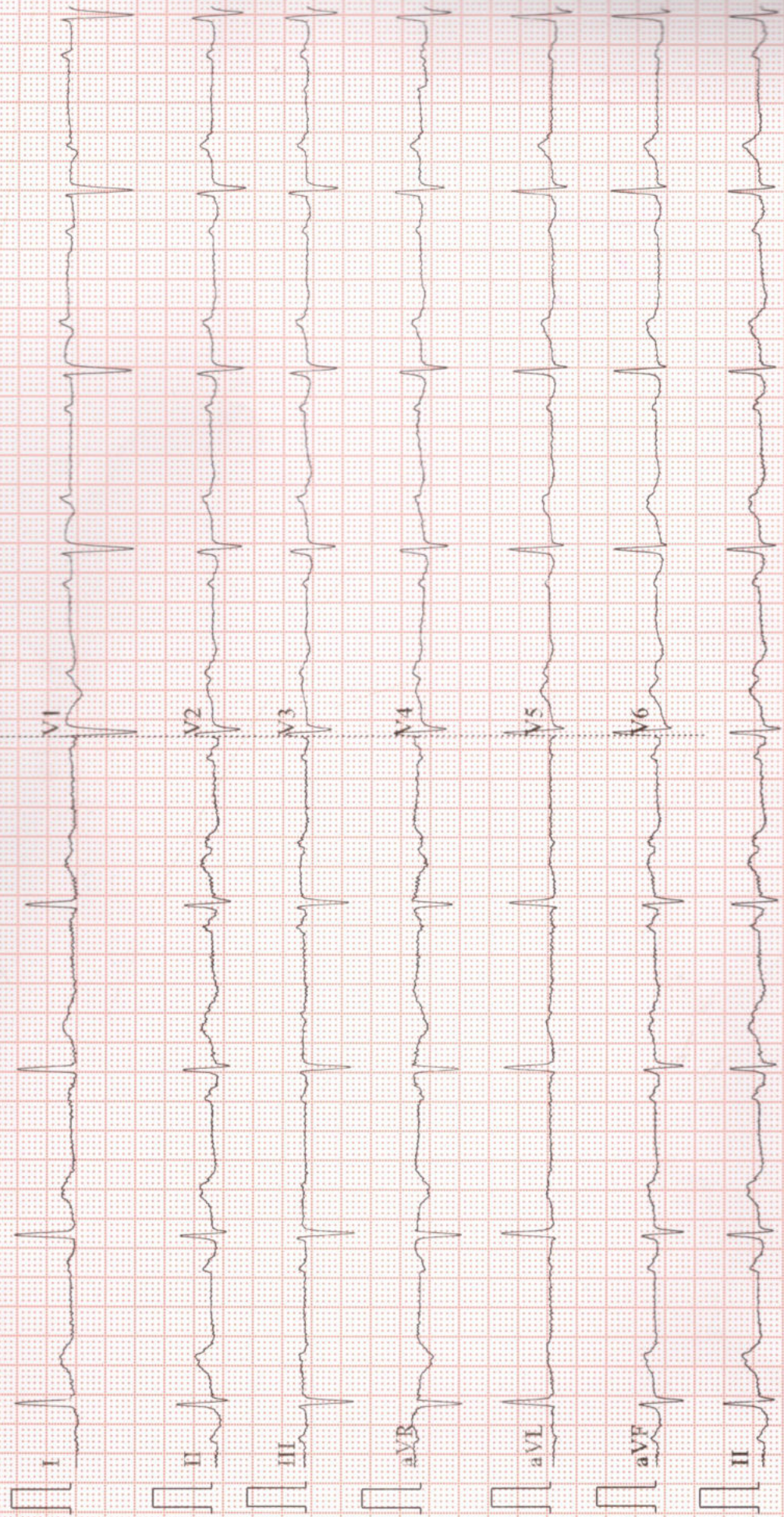
Years

HR : 50 bpm
P : 189 ms
PR : 261 ms
QRS : 98 ms
QT/QTc : 482/442 ms
P/QRS/T : 51/-7/44 °
RV5:SV1 : 0.743/1.065 mV

Diagnosis Information:

Name : MR. RAHUL ALOK
Reg No : CIMS/A/2022/387707
DoB / Sex : 08/10/1987 / Male

Report Confirmed by:



Patient's Name : RAHUL ALOK	Age, Sex : 35Y/M
Reg. No. (IP/OP): HC-387707	Date : 31/10/2022
Referred By Dr. : CIMS	

Plain Skiagram of Chest PA Standing View:
(Serial No-6427)

Bilateral hilar and perihilar pulmonary vascular prominence noted.

No evidence of collapse or consolidation in either lung field.
No evidence of pleural effusion or pneumothorax is seen on either side.

Mediastinal shadow appears normal.

Moderate cardiomegaly noted. Adv.: 2D-ECHO.

Domes of diaphragm appear normal.
Bones under view appears normal.

For clinical / 2D Echo correlation.

KS

DR KIRTAN SHAH M.D. RADIOLOGIST CONS. RADIOLOGIST	DR DEEPA SHAH M.D., D.M.R.E CONS. RADIOLOGIST	DR UMA MEHTA D.M.R.D. F.R.C.R CONS. RADIOLOGIST	DR NIMISH SHARMA D.M.R.D. (D.N.B.) CONS. RADIOLOGIST	DR RAVINA CHAUHAN M.D. RADIOLOGIST CONS. RADIOLOGIST	DR YASH PATEL M.D., D.N.B. CONS. RADIOLOGIST	DR SUNALI DESAI MD, DNB, DM, FRCR CONS. RADIOLOGIST NEURORADIOLOGIST
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Note: This is only a radiological impression and not the final diagnosis. All diagnostic modalities have their own limitations.
Therefore radiological modality report should be interpreted in correlation with clinical and pathological findings.

FOR RADIOLOGY REPORTS ONLY

Patient's Name : RAHUL ALOK
Reg. No. (IP/OP): HC-387707
Referred By Dr. : CIMS

Age, Sex : 35Y/M
Date : 31/10/2022

USG OF ABDOMEN & PELVIS

LIVER: Liver shows bright echotexture and is normal in size. S/O Fatty liver (Grade-I). No evidence of focal SOL or dilatation of IHBR seen. Porta hepatis appear normal.

GALLBLADDER: Gallbladder appeared normal. No calculus or mass lesion seen.

PANCREAS: Visualised pancreas appeared normal in size and echotexture. No focal lesion, mass or pancreatitis.

SPLEEN: Spleen appears normal in size and echotexture.

PARAAORTIC REGION: Aorta grossly appeared normal. No paraaortic lymphnodes seen.

KIDNEYS: Both kidneys appear normal in size, shape and in position. Cortex and collecting system of both kidneys appeared normal. No evidence of calculus or obstructive uropathy on either side. Right kidney: 113x56mm. Left kidney: 98x54mm.

URINARY BLADDER: Bladder appeared normal. No calculus or mass lesion is seen.

PROSTATE: Prostate appears normal in size and echotexture.

No evidence of free fluid or collection is seen in peritoneal spaces. Normal small bowel peristalsis noted.

COMMENTS: Appearance suggests

➤ Fatty liver (Grade-I)

Kindly correlate clinically.

DR KIRTAN SHAH M.D. RADIODIAG. CONS. RADIOLOGIST
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DR UMA MEHTA D.M.R.D. F.R.C.R CONS. RADIOLOGIST
DR NIMISH SHARMA D.M.R.D. (D.N.B.) CONS. RADIOLOGIST
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