

Dr. Vimmi Goel  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC 2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

Mediawheel



810 - Ambarwati  
**KIMS-KINGSWAY**  
HOSPITALS

Name: Mrs. Sapna Deosthale Date: 20/11/24

Age: 31 Y Sex: MF Weight: 65.0 kg Height: 148.8 Inc BMI: 29.3

BP: 120/64 mmHg Pulse: 95/M bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 99%

LMP - 13/11/24

Dr. Mugdha Jungar (Gill)  
MBBS, MS (DNB (OBG)), FMAS  
Sr. Consultant Obstetrics & Gynaecology  
High Risk Pregnancy Expert & Laparoscopic Surgeon  
Reg. No: 2020128915

Name: Sapna Deshpande  
Age: 31 yrs Sex: MF Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ mc BMI: \_\_\_\_\_

Date: 20/11/24

Ms. Sanya  
P/L - 5 1/2 yrs or less  
Hypothyroidism  
12.5 yrs

(LMP - 13/11/24)  
P/A soft & mobile

P5 - prep taken

81 VIT @

the  
freq = prep smears

Shree

Name: Mrs. Sapna Deoshale Date: 20/11/24

Age: 31 yrs Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ Inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Allergy: \_\_\_\_\_

Routine dental checkup.

PMH:- Thyroid.

O/E:- Stains +  
Calculus +

Advice:- Complete oral prophylaxis.

!  
Dr. Megha N.

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>SAPNA DEOSTHALE</b> 31Y(S) 0M(S) 00(S)F MRNP2425078485 9325469578 MARRIED	<b>CONSULT DATE</b> 20-11-2024 <b>CONSULT ID</b> OPC:2425092154 <b>CONSULT TYPE</b> WALK IN <b>VISIT TYPE</b> NORMAL <b>TRANSACTION TYPE</b>	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
- °F - /min - %RA - /10 - cms

Weight : BMI :  
- kgs -

**CHIEF COMPLAINTS**

ROUTINE EY CHECK UP

**NOTES**

GLASS PRESCRIPTION :-  
DISTANCE VISION

**EYE**      **SPH** **CYL** **AXIS** **VISION**

**RIGHT EYE**      00   00   00   6/6

**LEFT EYE**      00   00   00   6/6

**NEAR ADDITION**

**RIGHT EYE**      00   NS

**LEFT EYE**      00   NS

**REMARK-**



Dr. Ashish Prakashchandra Kamble  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :20-11-2024 14:18:29



MC-6773

**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:44 am	<b>Report Date</b> : 20-Nov-24 11:57 am

**HAEMOGRAM**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
Haemoglobin	Blood	12.9	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		40.1	36.0 - 46.0 %	Calculated
RBC Count		4.64	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		86	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.3	31.5 - 35.0 g/l	Calculated
RDW		<b>15.7</b>	11.5 - 14.0 %	Calculated
Platelet count		292	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		6100	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	<b>45.8</b>	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	<b>44.3</b>	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	7.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	2793.8	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count	2702.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	170.8	20 - 500 /cumm	Calculated
Absolute Monocyte Count	433.1	200 - 1000 /cumm	Calculated
Absolute Basophil Count	0	0 - 100 /cumm	Calculated



MC-6773



**KIMS-KINGSWAY  
HOSPITALS**

**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:44 am	<b>Report Date</b> : 20-Nov-24 11:57 am

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference Method</b>
<b>PERIPHERAL SMEAR</b>			
RBC		Normochromic	
WBC		Normocytic	
Platelets		As above	
ESR		Adequate	
		13	0 - 20 mm/hr
		*** End Of Report ***	Automated Westergren's Method

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100511

Test results related only to the item tested.

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**  
**CONSULTANT**



MC-8773



**KIMBS-KINGWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:43 am	<b>Report Date</b> : 20-Nov-24 11:38 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	102	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
HbA1c		5.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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CONSULTANT



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**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SAPNA DEOSTHALE  
**Age / Gender** : 31 Y(s)/Female  
**Bill No/ UMR No** : BIL2425065511/MRNP2425028485  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:44 am  
**Report Date** : 20-Nov-24 11:47 am

**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	220	Enzymatic(CHE/CHO/POD)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		160	
LDL Cholesterol Direct		< 150 mg/dl	
VLDL Cholesterol		48	
Tot Chol/HDL Ratio		> 50 mg/dl	
		154.04	
		32	
		< 100 mg/dl	
		< 30 mg/dl	
		5	
		3 - 5	

Initiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	<160
No additional major risk or one additional major risk factor	>190, optional at 160-189	<190

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11100026

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MC-6773



**KIMS-KINGSWAY  
HOSPITALS**

**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:44 am	<b>Report Date</b> : 20-Nov-24 11:38 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.39	0.2 - 1.3 mg/dl	Bromocresol green Dye Binding
Direct Bilirubin		0.15	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.24	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		81	38 - 126 U/L	
SGPT/ALT		15	13 - 45 U/L	
SGOT/AST		19	13 - 35 U/L	
Serum Total Protein		7.35	6.3 - 8.2 gm/dl	
Albumin Serum		4.36	3.5 - 5.0 gm/dl	
Globulin		2.99	2.0 - 4.0 gm/dl	
A/G Ratio		1.5		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**KIMS-KINGSWAY  
HOSPITALS**

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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:44 am	<b>Report Date</b> : 20-Nov-24 12:25 pm

**THYROID PROFILE**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
T3	Serum	1.36	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.24	0.80 - 1.70 ng/dl	
TSH		2.84	0.50 - 4.80 uIU/ml	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100026

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**

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MC-8773



**KIMS-KINGSWAY  
HOSPITALS**

**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age /Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:44 am	<b>Report Date</b> : 20-Nov-24 11:38 am

**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	17	15.0 - 36.0 mg/dl	
Creatinine		<b>0.4</b>	0.52 - 1.04 mg/dl	
GFR		135.6	>90 mL/min/1.73m square.	
Sodium		139	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.28	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11100026

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**

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MC-6773

**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b> : 31 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425065511/MRNP2425028485	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 11:20 am	<b>Report Date</b> : 20-Nov-24 12:45 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	30 ml		
Colour,		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.015	1.005 - 1.025	Ion concentration
Reaction (pH)		8.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	
Sugar		Negative	Negative	protein error of pH indicator
Ketone Bodies		Negative	Negative	GOD/POD
Urobilinogen		Normal	Normal	Legal's est Principle
Bilirubin		Negative	Negative	Ehrlich's Reaction
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		0-1	0 - 4 /hpf	Diazonium
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11100997

Test results related only to the item tested.

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**SPANV Medisearch Lifesciences Private Limited  
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MC-4773

KIMS-KINGSWAY  
HOSPITALSKIMS-KINGSWAY  
HOSPITALS

## CLINICAL DIAGNOSTIC LABORATORY

## DEPARTMENT OF PATHOLOGY

<b>Patient Name</b>	Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b>	31 Yrs/Female
<b>Bill No./ UMR No</b>	80L24250655 / L/MRMP2425028485	<b>Referred By</b>	Dr. Vinayk Goel MBBS, MD
<b>Received On</b>	20-Nov-24 11:20 am	<b>Report Date</b>	20-Nov-24 12:45 pm

## USP (URINE SUGAR FASTING)

Parameter	Specimen	Result/Value	Biological Reference	Method
Urine Glucose	Urine	Negative		STRIP

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* if necessary, Please Discuss

verified by : L. L. D. D. D.

Test results related only to the item tested

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Dr. GAURI NANDAK, MBBS, MD

CONSULTANT PATHOLOGIST

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**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b>	Mrs. SAPNA DEOSTHALE	<b>Age / Gender</b>	33 Year/Female
<b>Bill No./ ICD No</b>	BL242700051 L798NF24270028407	<b>Referred By</b>	Dr. Vinaya Gopal MBBS, MD
<b>Received Dt</b>	20 Nov 24 10:44 am	<b>Report Date</b>	20 Nov 24 12:11 pm

**BLOOD GROUPING AND RH**

Parameter	Specimen	Results	
<b>BLOOD GROUP</b>	EDTA Whole Blood & Plasma Serum	A	Gel Card Method
<b>Rh (D) Typing</b>		Positive (+ve)	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation - If necessary, Please consult

Verified By : (Signature)

Your results related only to the test ordered

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**Dr. Sumanta Ghosh, MBBS, MD (Pathology)**  
CONSULTANT

SHANU Healthcare Laboratories Private Limited  
44, Parkview Ghuman, Kingcross Nagar 440 001  
Rajasthan, India Phone +91 711 67891000

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	LAPNA SHROTRALE	STUDY DATE	28-11-2024 12:06:45
AGE/SEX	31Y/F	HOSPITAL NO	MBNPS425828485
ACCESSION NO	BEJ43N64551118	MODALITY	DS
REPORTED ON	28-11-2024 13:54	REFERRED BY	Dr Vinod Patel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear

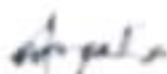
Heart and Aorta are normal

Both hilar shadows appear normal

Diaphragm domes and C7 angles are clear

Bony cage is normal

**IMPRESSION** - No pleuro-parenchymal abnormalities seen.



**DR NAVTEN PURGALIA**  
MBBS, MD (DIPNLS)  
SENIOR CONSULTANT RADIOLOGIST

PATIENT NAME:	SAPNA DEOSTHALE	AGE /SEX:	31 YRS/FEMALE
UMR NO:	MRNP2425028485	BILL NO:	BIL2425065511-2
REF BY	DR VIMMI GOEL	DATE:	20/NOV/2024

**USG WHOLE ABDOMEN**

LIVER is normal in size, shape but shows mild increase in echotexture.  
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures 10.5 x 4.6 and left kidney measures 11.0 x 4.3 cm.  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 7.4 x 3.1 x 4.2 cm.  
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET - 4mm.  
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- Mild fatty infiltration in liver
- No other significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



**DR NAVEEN PUGALIA**  
MBBS, MD [076125]  
SENIOR CONSULTANT RADIOLOGIST



Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Sapna, Deosthale  
Patient ID: 028485  
Height:  
Weight:  
Study Date: 20.11.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 14.08.1993  
Age: 31yrs  
Gender: Female  
Race: Indian  
Referring Physician: Mediwheel HCL  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

--

### Medical History:

NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:35	0.00	0.00	104	120/80	
	STANDING	00:01	0.00	0.00	104		
	WARM-UP	00:10	1.00	0.00	105		
EXERCISE	STAGE 1	03:00	1.70	10.00	137	120/80	
	STAGE 2	03:00	2.50	12.00	155	130/80	
	STAGE 3	00:45	3.40	14.00	171		
RECOVERY		01:00	0.00	0.00	127		
		02:00	0.00	0.00	115	130/80	
		00:22	0.00	0.00			

The patient exercised according to the BRUCE for 6:44 min:s, achieving a work level of Max. METS: 9.20. The resting heart rate of 95 bpm rose to a maximal heart rate of 171 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

  
Dr. VIMMI GOEL  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg. No. 2014/01/0113

31 Years

MRS SAPNA DEOSTHALE  
Female

20-Nov-24 11:26:54 AM  
KIMS-KINGDOM HOSPITALS

PHC DEPT.

Rate 91 Sinus rhythm..... Normal P axis, V-rate 50-99  
 PR 114 Borderline short PR interval..... PR int <120ms  
 QRS 82 Borderline T abnormalities, anterior leads..... T flat or neg, V2-V4  
 QT 368  
 QTc 453

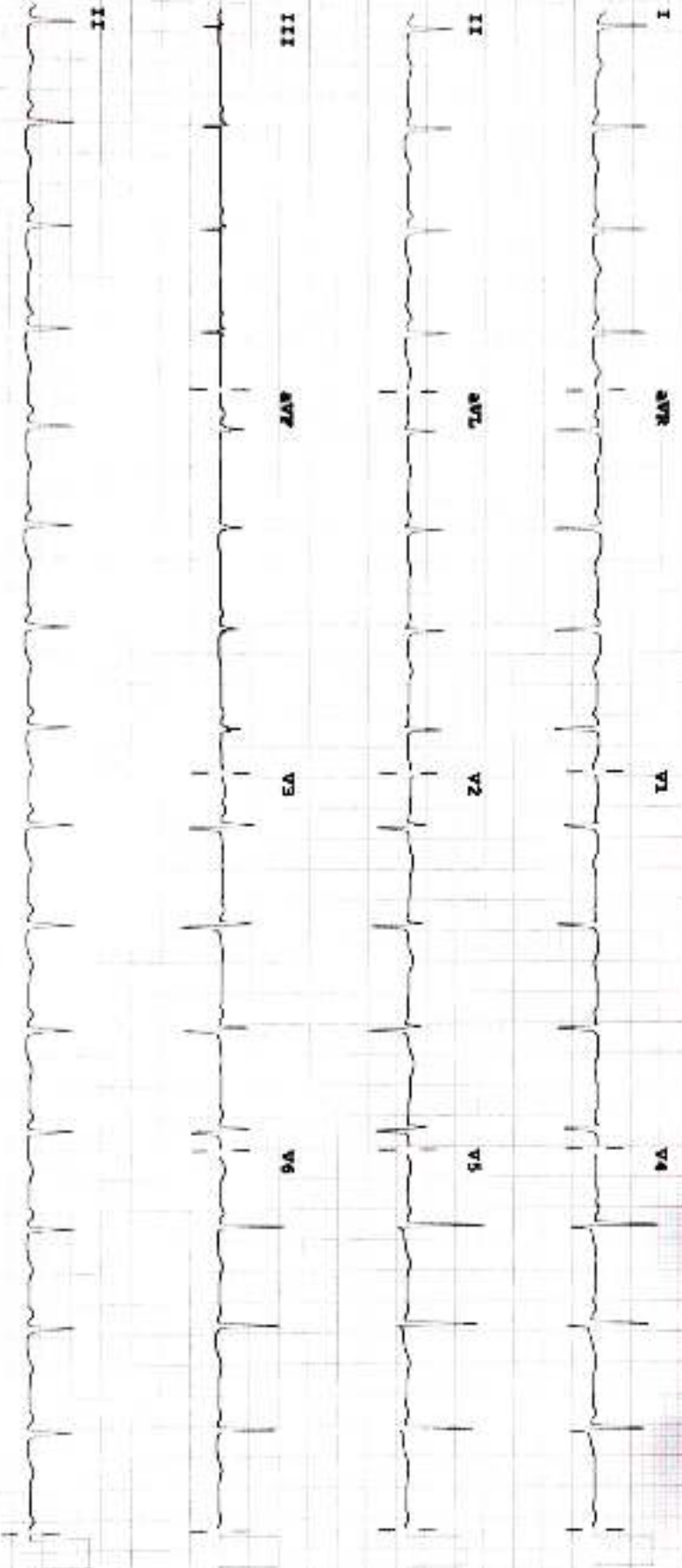
--AXIS--

P 35  
 QRS 27  
 T 17

12 Lead: Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Lead: 10 mm/mV

Chest: 10.0 mm/mV

P 50-0.50-150 Hz W

1000 CL

P7

PHILIPS

PHILIPS