



Medicheck Hospital &lt;medicheckgroup1@gmail.com&gt;

## Health Check up Booking Request(bobS52450), Beneficiary Code-21378

Mediwheel <wellness@mediwheel.in>  
To: medicheckgroup1@gmail.com  
Cc: customercare@mediwheel.in

Thu, Dec 7, 2023 at 10:51 AM



011-41195959

Email:wellness@mediwheel.in

Dear **Medicheck Hospital**,

**City** : Faridabad . **Address** : Market 1, 1C / 76 & 53, Bata Flyover, Block C, New Industrial Twp 1, New Industrial Township, Faridabad - 121001,

We have received the confirmation for the following booking .

**Name** : Indrawati  
**Age** : 33  
**Gender** : Male  
**Package Name** : MediWheel Full Body Annual Plus Check Advanced Female  
**User Location** : MOHANA ROAD,FARIDABAD,Haryana,121004  
**Contact Details** : 7838782051  
**Booking Date** : 07-12-2023  
**Appointment Date** : 23-12-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Indrawati	41	Female	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

**Package Name** : MediWheel Full Body Annual Plus Check Advanced Female - Includes (43)Tests

**Tests included in this Package** : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, GyneC Consultation, Blood Sugar Postprandial, Dental Consultation, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Dietician Consultation, Pap Smear, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Mammography, Ent Consultation , Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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# MEDICHECK LABORATORY

1C-76 & 53, N.I.T. Faridabad (Haryana)-121001 | Ph.: 0129-4061976  
For Appointment and other Enquiry : 80-10-800-100, 200 | Email: lab@medicheckhospital.com

LAB REPORT

Date	23/12/2023	IPD	
Name	Mrs. INDRAWATI	Srl No.	14
Ref. By	MEDICHECK HOSPITAL	Age	41 Yrs.
Sample	EDTA Blood	Gender	Female

## HAEMATOLOGY

Test Name	Result	Unit	Normal Value
<u>COMPLETE BLOOD COUNT (CBC)</u>			
HAEMOGLOBIN (Hb)	12.7	gm/dl	12.0 - 16.0
TOTAL LEUCOCYTE COUNT (TLC)	10,200	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	54	%	40 - 70
LYMPHOCYTE	37	%	20 - 45
EOSINOPHIL	05	%	0 - 06
MONOCYTE	04	%	0 - 10
BASOPHIL	00	%	0 - 02
ESR (WESTEGREN's METHOD)	36	mm/1st hr.	0 - 20
R B C COUNT	4.63	Millions/cmm	3.8 - 4.8
P.C.V / HAEMATOCRIT	38.7	%	35 - 45
M C V	83.6	fl.	80 - 100
M C H	27.3	Picogram	27.0 - 31.0
M C H C	32.7	gm/dl	33 - 37
PLATELET COUNT	2.57	Lac/Cmm	1.50 - 4.50

A complete blood count (CBC) is a **blood test used to evaluate your overall health and detect a wide range of disorders, including anemia, infection and leukemia.** A complete blood count test measures several components and features of your blood, including: Red blood cells, which carry oxygen


BLOOD GROUP ABO "B"  
RH TYPING POSITIVE

  
Dr. B C Gupta  
MBBS, MD (Pathology)  
Medicheck Hospital, Faridabad  
Reg. No. HMC 3218



### Facilities:

Bio-Chemistry, Hematology, Microbiology, PAP Smear Collection, FNAC, Serology, Immunology, Endocrinology, (Hormone Assay), Semenology

(ISO 9001 : 2008 Certified)   
Disclaimer: Not Valid for Medico-Legal Purpose



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LAB REPORT

<b>Date</b>	23/12/2023	<b>IPD</b>	
<b>Name</b>	Mrs. INDRAWATI	<b>Srl No.</b>	14
<b>Ref. By</b>	MEDICHECK HOSPITAL	<b>Age</b>	41 Yrs.
<b>Sample</b>	EDTA Blood	<b>Gender</b>	Female

HBA1C 6.9 %

### EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1C
Good Control	=	5.5 - 6.8 % HbA1C
Fair Control	=	6.8-8.2 % HbA1C
Poor Control	=	>8.2 % HbA1C

### REMARKS:-

In vitro quantitative determination of **HbA1C** in whole blood is utilized in long term monitoring of glycemia . The **HbA1C** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 8-12 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of **HbA1C** be performed at intervals of 8-12 weeks during Diabetes Mellitus therapy.

Results of **HbA1C** should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

\*\*\*\* End Of Report \*\*\*\*



*Dr. B C Gupta*

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MBBS, MD (Pathology)  
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LAB REPORT

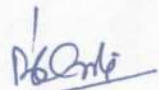
Date	23/12/2023	IPD	
Name	Mrs. INDRAWATI	Srl No.	14
Ref. By	MEDICHECK HOSPITAL	Age	41 Yrs.
Sample	Plain Serum, Serum	Gender	Female

## BIOCHEMISTRY

Test Name	Result	Unit	Normal Value
BLOOD SUGAR PP	175.2	mg/dl	80 - 150
BLOOD UREA NITROGEN (BUN)	16.3	mg%	4.7 - 18.7
SERUM CREATININE	0.7	mg%	0.5 - 1.3
SERUM URIC ACID	5.54	mg%	2.5 - 6.0
GAMMA GT	29.6	IU/L	6.0 - 42.0

\*\*\*\* End Of Report \*\*\*\*



  
Dr. B C Gupta  
MBBS, MD (Pathology)  
Medicheck Hospital, F&D  
Reg. No. HMC 321A

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LAB REPORT

Date	23/12/2023	IPD	
Name	Mrs. INDRAWATI	Srl No.	14
Ref. By	MEDICHECK HOSPITAL	Age	41 Yrs.
Sample	Serum	Gender	Female

TRIGLYCERIDES	324.0	mg/dL	40.0 - 150.0
TOTAL CHOLESTEROL	213.0	mg/dL	123.0 - 200.0
H D L CHOLESTEROL DIRECT	49.6	mg/dL	30.0 - 90.0
V L D L	64.8	mg/dL	30.0 - 50.0
L D L CHOLESTEROL DIRECT	98.6	mg/dL	63.4 - 100.0
TOTAL CHOLESTEROL/HDL RATIO	4.294		0.0 - 4.00
LDL / HDL CHOLESTEROL RATIO	1.988		0.00 - 3.55

\*\*\*\* End Of Report \*\*\*\*

MEDICHECK



*Dr. B C Gupta*

Dr. B C Gupta  
MBBS. MD (Pathology)  
Medicheck Hospital, Faridabad  
Reg. No. : HMC 321R

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LAB REPORT

<b>Date</b>	<b>23/12/2023</b>	<b>IPD</b>	
<b>Name</b>	<b>Mrs. INDRAWATI</b>	<b>Srl No.</b>	<b>14</b>
<b>Ref. By</b>	<b>MEDICHECK HOSPITAL</b>	<b>Age</b>	<b>41 Yrs.</b>
<b>Sample</b>	<b>Plain Serum, Serum</b>	<b>Gender</b>	<b>Female</b>

## LIVER FUNCTION TEST (LFT)

Test Name	Result	Unit	Normal Value
BILIRUBIN TOTAL	0.90	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin)	0.30	mg/dl	0.00 - 0.40
UNCONJUGATED (I.D. Bilirubin)	0.60	mg/dl	0.00 - 0.60
TOTAL PROTEIN	7.6	gm/dl	6.2 - 8.2
ALBUMIN	4.5	gm/dl	3.5 - 5.5
GLOBULIN	3.1	gm/dl	1.8 - 3.6
A/G RATIO	1.4		
SGOT	38.6	IU/L	10 - 40
SGPT	45.6	IU/L	10.0 - 40.0
ALKALINE PHOSPHATASE IFCC Method	196.7	U/L	50.0 - 141.0

\*\*\*\* End Of Report \*\*\*\*

MEDICHECK



*[Signature]*  
Dr. S. Gupta  
MBBS, MD (Pat. Jy)  
Medicheck Hospital, N.I.T.  
Reg. No. HMC 3218

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LAB REPORT

Date	23/12/2023	IPD	
Name	Mrs. INDRAWATI	Srl No.	14
Ref. By	MEDICHECK HOSPITAL	Age	41 Yrs.
Sample	Urine	Gender	Female

## URINE EXAMINATION TEST

Test Name	Result	Unit	Normal Value
URINE EXAMINATION			
<b>PHYSICAL EXAMINATION</b>			
QUANTITY	20	ml.	
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.020		
PH	6.5		
<b>CHEMICAL EXAMINATION</b>			
ALBUMIN	NIL		
REDUCING SUGAR	NIL		
<b>MICROSCOPIC EXAMINATION</b>			
PUS CELLS	3-5	/HPF	
RBC'S	NIL	/HPF	
CASTS	NIL		
CRYSTALS	NIL		
EPITHELIAL CELLS	2-4	/HPF	
BACTERIA	NIL		
OTHERS	NIL		

\*\*\*\* End Of Report \*\*\*\*



*Dr. B C Gupta*

Dr. B C Gupta  
MBBS, MD (Pathology)  
Medicheck Hospital, F3D  
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LAB REPORT

<b>Date</b>	<b>23/12/2023</b>	<b>IPD</b>	
<b>Name</b>	<b>Mrs. INDRAWATI</b>	<b>Srl No.</b>	<b>14</b>
<b>Ref. By</b>	<b>MEDICHECK HOSPITAL</b>	<b>Age</b>	<b>41 Yrs.</b>
<b>Sample</b>		<b>Gender</b>	<b>Female</b>

## STOOL EXAMINATION

### STOOL ROUTINE & MICROSCOPY

#### PHYSICAL EXAMINATION

COLOUR/ APPEARANCE	BROWNISH
CONSISTENCY	SEMI-FORMED
PUS	NIL
MUCUS	NIL
BLOOD	NIL

#### CHEMICAL REACTION

REACTION	ACIDIC
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#### MICROSCOPY EXAMINATION

PUS CELLS	1-2 /HPF
RBC'S	0-1
OVA	NIL
CYST	NIL
BACTERIA	+
OTHERS	NIL

\*\*\*\* End Of Report \*\*\*\*



*Dr. Anil Gupta*  
MBBS, MD (Pathology)  
Medicheck Hospital, FOU  
Reg. No. HMC 3218

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# MEDICHECK HOSPITAL

1C-76 & 53, N.I.T. Faridabad (Haryana)-121001 | Ph.: 0129-4061976

Name	INDRAWATI 41Y/F	Age	41 - F
Date	23/12/2023	Patient Id	63166
Referring Doctor	SELF	Center	MEDICHEK HOSPITAL

## X RAY CHEST PA VIEW

The lung fields are normal in translucency and broncho-vascular markings.

Bilateral pulmonary hila appear normal.

Both CP angles are clear.

Cardiac shadow is normal in size.

Trachea and mediastinum appear normal.

Bony thoracic cage appears normal.

### OPINION:-NORMAL.

Please correlate clinically.

Dr. SACCHIDANAND PURKAIT  
MD (Radiodiagnosis)  
Consultant Radiologist





Proxy

Token No. 107

Name: <u>Mrs Indrawati</u>	Age: <u>41</u>	Sex: Male <input type="checkbox"/> Female <input checked="" type="checkbox"/>
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BMI:	Height:	Weight:
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Required Initial Assessment: \_\_\_\_\_ Date: 23/12/2024 Time: \_\_\_\_\_ am/pm

Pulse: <u>83/nt</u>	B.P.: <u>108/89</u>	Temp.: <u>96.8°F</u>	Resp.: <u>20/nt</u>	SPO2: <u>99%</u>	Significant Past History	Drug Allergy (If Any)
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Pain Grade \_\_\_\_\_

Provisional Diagnosis  
Healthy checkup.  
Investigations done 23/12/23  
Attached,

Symptoms / History / Examination  
(Include Gynae/Obs. / Vaccination History)

Treatment Advised (Medicine / Dose / Frequency / Instructions)

Investigations Advised / Assessed :

4bolic = 6.9 gms/dl.  
B-sug 1 P = 175.2 mgdl.  
Lipid Profile - arranged  
may 3-5 pc  
Imp: - ? Pre diabetic

Special Instructions :

Adv - T-Metformin 500mg 1000 <sup>BSL</sup> <sub>BSM</sub>  
- T-Atalap - P 14/1  
- B-sug <sup>BSL</sup> <sub>m A/C</sub> <sub>m R/D</sub> 65dly

Nutritional Assessment:



Name / Signature of Doctor \_\_\_\_\_  
Regd. No. \_\_\_\_\_

Follow up on \_\_\_\_\_ at \_\_\_\_\_ am/pm in OPD No. \_\_\_\_\_ Sign. \_\_\_\_\_ Out Time: \_\_\_\_\_

**ON PANEL BSNL, ECHS & CGHS**

Email: medicheckgroup1@gmail.com | Website: www.medicheckhospital.in

Multispeciality Hospital 1C-76 & 53, NIT Faridabad	Orthopaedic & IVF Hospital NH Site-2, Sector-46, Faridabad	Medicheck Clinics & Diagnostics Charmwood Village, Faridabad	Heart & Superspeciality Hospital Omaxe City, Palwal (Upcoming)
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# MEDICHECK HOSPITAL

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Indrawati 41/F

O/E :- Carious int  $\frac{6}{7}$

Missing int  $\frac{6}{7}$   
stains/calculus :- ++ / ++

Advice :- Ext<sup>d</sup> int  $\frac{6}{7}$

:- oral prophylaxis

\* Warm saline rinses 3-4 times  
in a day

\* Brush 2 times in a day.

Dr Vinik  
23/12/23



ON PANEL BSNL, ECHS & CGHS

आपातकालीन हेल्पलाईन नम्बर: 80-10-800-100

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Indra veeti

41 ylf

23/12/23

UN  
16 D  
12 R

Space Advised

Days 1 { +1.50 DS 6/6 P  
-0.75 DS 6/6

Add +1.50 DS N 6

Color vision - Normal

BIS

old - Eye way tears 2000 qid



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# MEDICHECK HOSPITAL

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Mrs Indrawati  
Age - 41 years / female

Height -  
Weight -  
BMI -

HBA1C - 6.9%. Pre Diabetes.

ESR - 36 - inflammation & infection

Don'ts / - fruits like Bananas, Mango, grapes, Litchi, and chiken.

- Sugar, Honey, Jagger, glucose, Jam etc
- Sweets like laddu, burfi, kheer, ice cream based desserts etc
- Fat like - butter, daddad, refined oil.
- Squashes juice, juice and cold drink
- Root veg - like potato, yam and colocasia, sweet potato.
- No fried food and Dry fruits excepts Almond and walnut & seeds mix
- Limit your salt 2-3 gm/day.
- Don't select ready to eat and junk food items available to you.
- Don't skip meals
- Limit the use of condiment such as ketchup mustard and salad dressing as they're high in salt and can high in sugar too.



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early Morning :-> सु-सु-सु चा-नी - 500ml - 1 glass.  
6:00 AM

Breakfast :-> ① दालिया Dalia, upma  
8:00 AM Poha, Cheela

② Milk low fat - 250ml.

③ Paneer Cub / 1 egg  
40 gm

midmeal -  
11:30 AM हंडकरीत दाल का सलाद  
sprouts salad.

Lunch :-> 1:30 Dal  
Rice — alterna  
Roti  
veg  
Salad.

evening Tea :-> 4:30 Soup veg (Homemade) / Makhana, roasted  
chana, peanut.

Dinner :-> 8:00 Dal - Roti / Cheela.  
veg, salad. / 45 min walk  
after Dinner.

Post  
Dinner :-> low fat milk with out suger.

