

### HEALTH CHECK UP SUMMARY

Imp ID	Date	Referred By		Location
	25/02/2023			Pune.
Employee Name	Gender	Age	SPO2	
Jitendra Hardas	Male	34		
Height (in CM)	Weight in Kg	BMI	Pulse (per min)	B P (mm of Hg)
178 cms	90 kgs	28.4 kg/m <sup>2</sup>	76	132/82
Past History	Vision corrected using specks			
Present Complaints				

**ADVICE/SUGGESTION:** Better lifestyle with correct vision and exercise to achieve optimal body mass index.

Review with correct eye ophthalmologist

Signature of Medical Examiner

**Dr. Shrideep Parab**

MBBS, DGO

Obs & Gynecologist

Reg. No. . MMC 2013/11/3392





**Dental Case Paper**

Patient Name Mr/Mrs: Jitendra Hardas Date: 25/02/2023  
Gender: Male Age: 34 Mobile No: 9595717163  
Address: \_\_\_\_\_

**CLINICAL NOTES:**

- 1) Routine Dental Checkup:-
- 2) C/O Pain: -
- 3) C/O Sensitivity :-
- 4) Mobility:-
- 5) C/O Missing Teeth: -

**Past Medical History:**

- 1) Smoking 2) Alcohol 3) Hepatitis B & C 4) Diabetics 5) Allergy 6) Tobacco 7) Asthma 8) Hypertension
- 9) Drug History 10 Any other: \_\_\_\_\_

- PDH:-** H/O -
- 1) Restoration:-
  - 2) RCT
  - 3) RPD/FPD/CD:-

- 4) Prophylaxis:-
- 5) Other:-

**O/E :-** 1) Caries:-  $\rightarrow$  rot & fissure caries c 76/  
2) Stains/Calculus:-

**Investigations:-**

**Treatment & Advised:-**

- 1) Restoration with :-
- 2) RCT :-
- 3) Scaling + Polishing :-
- 4) FPD/RPD/CD :-
- 5) Extraction :-

composite fillies c 76/

**Sign of Dental Surgeon**







## EYE CHECK UP

DATE:- 25/02/2023

NAME:- Mr. JITENDRA HARDAS.

AGE:- 34

HISTORY:- NA

### EXAMINATIONS:-

Vision :-

	Near	Distance
Right Eye	6/6 Normal with Glasses.	6/6 Normal
Left Eye	6/6 Normal	6/6 Normal with glasses.

Colour Vision (Tick Only)

NORMAL	<input checked="" type="checkbox"/>
PARTIAL:RED/GREENDEFICIENCY	<input type="checkbox"/>
COMPLETE:RED/GREEN DEFICIENCY	<input type="checkbox"/>

Doctor Signature

**DR RAJESH MAILAGIRE**

General Physician (MBBS)

Reg No 2018/04/1055









भारत सरकार

Government of India



Issue Date: 23/09/2011



जितेन्द्र कृष्णराव हरदास

Jitendra Krushnarao Hardas

जन्म तिथि / DOB: 10/04/1988

पुरुष / MALE

7773 7074 2771



7773 7074 2771

मेरा आधार, मेरी पहचान





भारतीय विशिष्ट पहचान प्राधिकरण

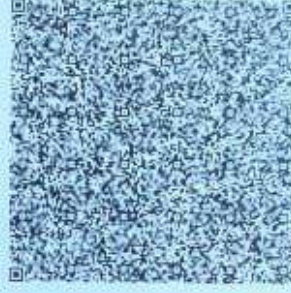
Unique Identification Authority of India



पता: फ्लैट न 16, बी विंग, द स्काई कोर्ट अपार्टमेंट,  
फल्केवाडी, अपोजिट बँक ऑफ बरोदा, तलेगाँव दभाडे  
(आर), पुणे, महाराष्ट्र, 410507

Print Date: 30/05/2021

Address: Flat NO 16 , B Wing, The Sky  
Court Apartment, Falkewadi, Opp Bank of  
Baroda, Talegaon Dabhade (R), Pune,  
Maharashtra, 410507



7773 7074 2771



1947



help@uidai.gov.in



www.uidai.gov.in





**Mr. Jitendra Krushnarao Hardas**

Talegaon Pune Wakad Pune Maharashtra India

**Gendr/DOB (Age)** : Male/25-Feb-1989(34Y 0M)

**Medico ID** : 23022501289386

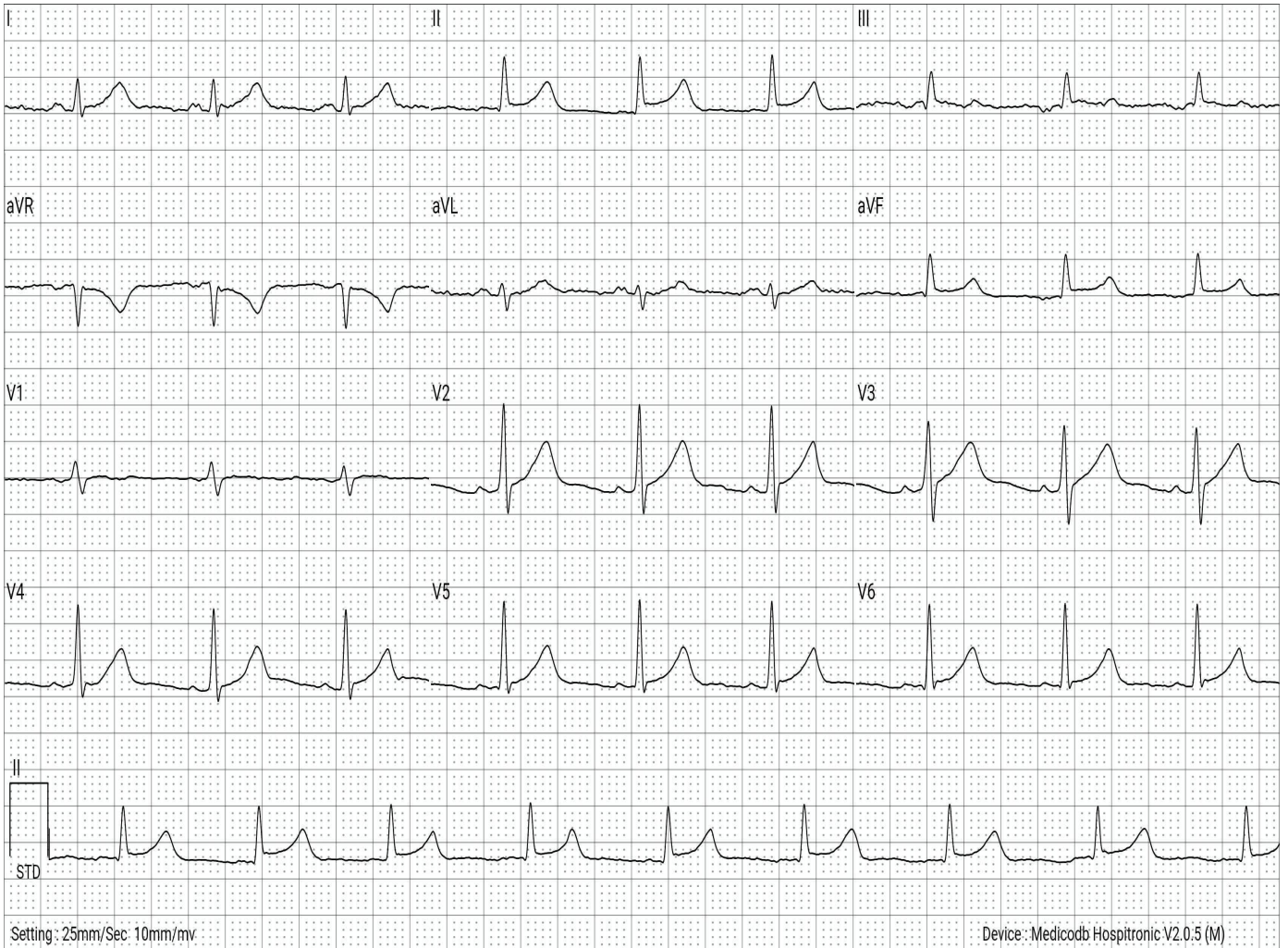
**Referred By** :

**Date**

: 25-Feb-2023 / 08:40 AM

**History** :

## REPORT ON ECG



<b>VITALS</b>	:	TEMP	: - (F)	PULSE RATE	: - /MIN	RBS	: - mg/dL
	:	HR	: 83 /MIN	BP	: 0 / 0 mmHg	SPO2	: 0.0 %

<b>MEASUREMENTS*</b>	:	PR	: 116.67 ms	QT	: 384.47 ms	P	: 0.0 deg
<b>(ECG Parameters)</b>	:	ST	: 0.99 ms	QTc	: 450.24 ms	QRs	: 75.0 deg
	:	R-R	: 729.17 ms	QRS	: 75.0 ms	T	: 36.7 deg

<b>FINDINGS</b>	:	NORMAL SINUS RHYTHM. NO SIGNIFICANT ST CHANGES NOTED
<b>IMPRESSION</b>	:	THIS ECG IS FOUND TO BE WITHIN NORMAL LIMITS.
<b>RECOMMENDATION</b>	:	CLINICAL CORRELATION

This is electronically authenticated report; hence doesn't require signature.

\* Software calculated values; to be verified manually.

**Printed By** : Madyoasis Medical SPL ECG Technician On 25-Feb-2023 / 08:49 AM  
(Rs. 0.00/- Received for this ECG)



**Reported By**  
**Express Diagnostics HQ**

(Dr. Dinesh S. Chandana (MD, Medicine)) Reg. No : G-3366



**Patient Name :** MR. JITENDRA KRUSHNARAO HARDAS

**Age / Gender :** 34 Yrs 10 M / Male

**Mobile No. :** 9595717163

**Patient ID :** 553

**Source :** MEDIWHEEL

**Referral :** Mediwheel Full Body Check up

**Receiving Time :** Feb 25, 2023

**Sample ID :**



003505623

Test Description	Value(s)	Reference Range	
<b>Complete Blood Count</b>			
<b>WBC</b>	5600	4000-10000	cell/cu.mm
<b>Neu%</b>	50	50 - 70	%
<b>Lym%</b>	<b>45</b>	20.0 - 40.0	%
<b>Mon%</b>	03	3.0 - 12.0	%
<b>Eos%</b>	02	0.5 - 5.0	%
<b>Bas%</b>	00	0.0 - 1.0	%
<b>RBC</b>	5.20	4.0 - 5.50	10 <sup>6</sup> /uL
<b>HGB</b>	14.4	12.0 - 16.0	g/dL
<b>HCT</b>	42.5	40.0 - 54.0	%
<b>MCV</b>	<b>71.2</b>	78 - 100	fL
<b>MCH</b>	<b>24.3</b>	27 - 34	pg
<b>MCHC</b>	34.1	32 - 36	g/dL
<b>RDW-CV</b>	14.8	11.0 - 16.0	%
<b>PLT</b>	262	150-450	10 <sup>3</sup> /ul
<b>MPV</b>	9.2	6.5 - 12.0	fL
<b>RBC</b>	Normocytic normochromic		
<b>WBC</b>	Within normal limits		
<b>Platelet</b>	Adequate		

\*\*END OF REPORT\*\*

**DR. SAGAR RAJENDRA SHETE**  
REG. NO. 083463

Scan to Validate







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Test Description	Value(s)	Reference Range
<b>ESR</b>		
<b>ESR - Erythrocyte Sedimentation Rate</b>	16	0 - 22 mm/hr
Method : EDTA Whole Blood, Manual Westergren		
<b>Interpretation:</b>		
<ul style="list-style-type: none"><li>It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.</li><li>It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.</li><li>It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.</li></ul>		

**\*\*END OF REPORT\*\***

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Test Description	Value(s)	Reference Range
<b><u>Blood Group Abo &amp; Rh Typing, Blood</u></b>		
Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"	
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive	

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Test Description	Value(s)	Reference Range	
<b>LIPID PROFILE</b>			
Cholesterol-Total Method : Spectrophotometry	212	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	104	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	149.20	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic (Calculated)	20.80	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	5.05	UP TO 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	3.55	UP TO 3.5	

**Note:**

8-10 hours fasting sample is required.

**\*\*END OF REPORT\*\***

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Test Description	Value(s)	Reference Range	
<b><u>LIVER FUNCTION TEST ( LFT )</u></b>			
Total Protein	7.8	6.6 - 8.3	g/dL
Method : Serum, Biuret, reagent blank end point			
Albumin	4.2	3.2 - 4.6	g/dL
Method : Serum, Bromocresol green			
Globulin	3.60	1.8 - 3.6	g/dL
Method : Serum, EIA			
A/G Ratio	1.17	1.2 - 2.2	
Method : Serum, EIA			
Bilirubin - Total	0.70	0.3 - 1.2	mg/dL
Method : Serum, Jendrassik Grof			
Bilirubin - Direct	0.20	< 0.2	mg/dL
Method : Serum, Diazotization			
Bilirubin - Indirect	0.50	0.1 - 1.0	mg/dL
Method : Serum, Calculated			
SGOT	35	Upto 40	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
SGPT	32	Upto 42	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
Alkaline Phosphatase	78	30 - 120	U/L
Method : PNPP-AMP Buffer/Kinetic			
GGT-Gamma Glutamyl Transpeptidase	40	< 55	U/L
Method : Serum, G-glutamyl-carboxy-nitroanilide			

**\*\*END OF REPORT\*\***

**DR. SAGAR RAJENDRA SHETE**  
**REG. NO. 043463**

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**Patient ID :** 553

**Source :** MEDIWHEEL

**Referral :** Mediwheel Full Body Check up

**Receiving Time :** Feb 25, 2023

**Sample ID :**



Test Description	Value(s)	Reference Range	
<b>RENAL FUNCTION TEST</b>			
Uric Acid Method : Serum, Uricase	5.7	3.2 - 7.2	mg/dL
Creatinine Method : Serum, Jaffe	1.0	0.4 - 1.4	mg/dL
Urea Method : Uricase	18	10 - 50	mg/dL
Blood Urea Nitrogen-BUN Method : Serum, Urease	8.41	8 - 23	mg/dL

**Remark:**

In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.

**\*\*END OF REPORT\*\***

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003505623

Test Description	Value(s)	Reference Range
9	212	
10	240	
11	269	
12	298	

**\*\*END OF REPORT\*\***

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Test Description	Value(s)	Reference Range	
<b>THYROID FUNCTION TEST ( TFT )</b>			
T3-Total	1.20	0.6 - 1.80	ng/mL
T4-Total	7.60	4.5 to 10.9	microgm/dl
TSH-Ultrasensitive	<b>6.50</b>	0.35 to 5.55	microU/mL

Method : CLIA

**Interpretation**

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids .

Low or undetectable TSH is suggestive of Grave~s disease

TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.

TSH suppression does not reflect severity of hyperthyroidism therefore , measurement of FT3 & FT4 is important.

FreeT3 is first hormone to increase in early Hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3 , FreeT4 along with TSH should be checked.

During pregnancy, T3 T4 can be high and TSH can be slightly low

**\*\*END OF REPORT\*\***

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**Source :** MEDIWHEEL

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**Receiving Time :** Feb 25, 2023

**Sample ID :**



Test Description	Value(s)	Reference Range
<b><u>FASTING BLOOD SUGAR</u></b>		
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	76	Normal: 70 - 99 Impaired Tolerance: 100-125 Diabetes mellitus: $\geq$ 126 (on more than one occassion) (American diabetes association guidelines 2018)
Urine Fasting	Absent	

**\*\*END OF REPORT\*\***

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Test Description	Value(s)	Reference Range
<b>PPBS</b>		
Blood Glucose-Post Prandial Method : Hexokinase	96	70 - 140 mg/dL
Urine Post Prandial	Absent	

**\*\*END OF REPORT\*\***

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Test Description	Value(s)	Reference Range
<b><u>URINE ROUTINE EXAMINATION</u></b>		
Volume*	20	- ml
Colour*	Pale Yellow	
Transparency (Appearance)*	Clear	
Deposit*	Absent	
Reaction (pH)*	6.5	4.5 - 8
Specific Gravity*	1.020	1.010 - 1.030
<b><u>Chemical Examination (Automated Dipstick Method) Urine</u></b>		
Urine Glucose (sugar)*	Absent	
Urine Protein (Albumin)*	Absent	
<b><u>Microscopic Examination Urine</u></b>		
Pus Cells (WBCs)*	1-2	0 - 5 /hpf
Epithelial Cells*	2-3	0 - 4 /hpf
Red blood Cells*	Absent	/hpf
Crystals*	Absent	
Cast*	Absent	
Bacteria*	Absent	
Mucus Thread	Absent	

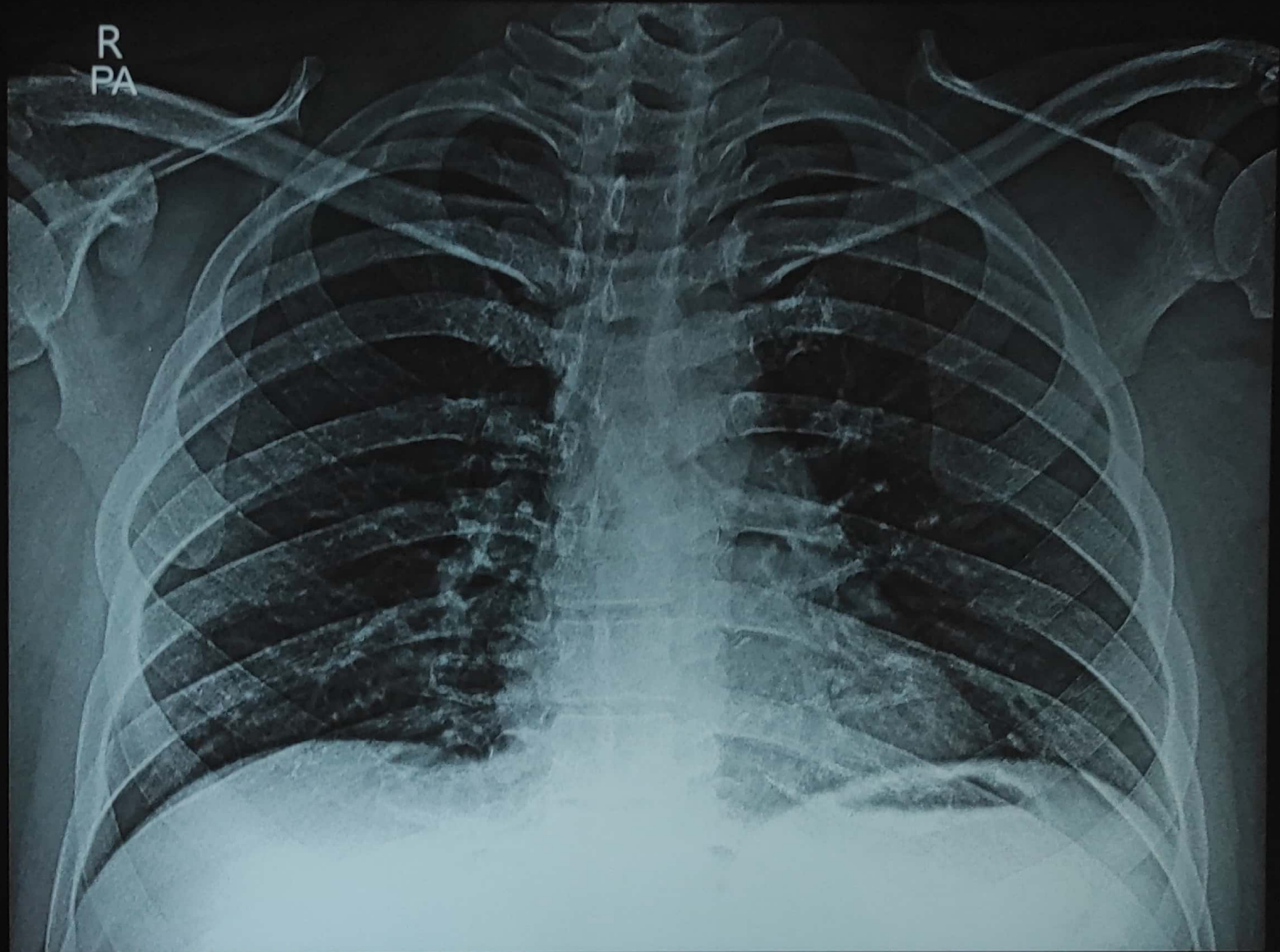
**\*\*END OF REPORT\*\***

**DR. SAGAR RAJENDRA SHETE**  
REG. NO. 083463

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R  
PA



JITENDRA HARDAS 34/M CHEST PA 2/25/2023 09:11 AM  
MEDIMAP DIAGNOSTICS , WAKAD.





Patient ID No. : 132300840 Card ID : 20237027  
Reg.Date/Time : 25/02/2023 9:08:36  
Patient's Name : Jitendra Hardas - 34 Year / Male  
Ref. By : Dr.Self  
Client Name : MADYOSIS I



### RADIOGRAPH OF CHEST PA VIEW

#### FINDINGS:

Visualised lungs bilaterally reveal normal aeration pattern.

Both the costophrenic angles are clear.

The mediastinal silhouette is maintained.

Cardiac and aortic silhouettes appear normal.

Both the domes of diaphragm are normal in position and contour.

Thoracic wall soft tissues and bony cage are normal.

#### IMPRESSION:

-No significant abnormality detected.

--End Of Report--

DR. POONAM KARALE  
MBBS.DNB  
RADIOLOGIST

Print Date : 25/02/2023 12:34:08

Page 1 of 1

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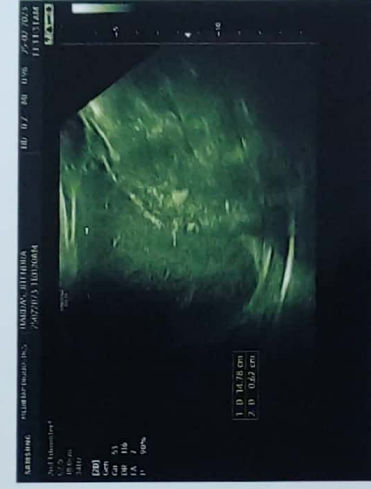
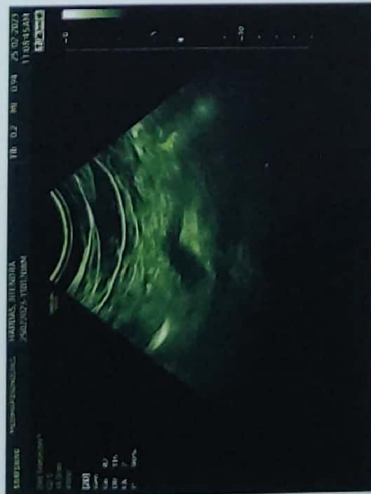


Patient

ID 25022023-110120AM  
Name HARDAS, JITENDRA  
Birth Date  
Gender

Exam

Accession # 25022023-110120AM  
Exam Date 25-02-2023  
Description  
Operator



Patient ID No. : 132300840 Card ID : 20237027  
Reg.Date/Time : 25/02/2023 9:08:36  
Patient's Name : Jitendra Hardas - 34 Year / Male  
Ref. By : Dr.Self  
Client Name : MADYOSIS I



## USG ABDOMEN AND PELVIS

### FINDINGS:-

Liver is normal in size, shape and **show increase reflectivity** . No evidence of focal lesion seen.

Portal and hepatic venous confluence are normal. No IHBR dilatation seen.

**Gall bladder is partly distended and show mutple tiny calculi within measuring upto mm in size**

Pancreas is normal in size and echopattern. No focal lesion seen.

Spleen is normal in size with homogenous echopattern. No focal lesion seen.

Both kidneys are normal in size, shape, location and appear homogenous in echopattern. No evidence of calculus or hydronephrosis seen. Both ureters are not dilated.

Urinary bladder is well distended and shows normal wall thickness. No mass or calculus seen

Prostate appears normal..

Aorta, IVC and retroperitoneum are normal.

No free fluid or lymphadenopathy.

There is no obvious bowel dilatation. No abnormal bowel wall thickening is seen .

### **IMPRESSION :-**

**Grade I fatty Liver**

**Cholelithiasis**

--End Of Report--

**DR. POONAM KARALE**  
MBBS.DNB  
RADIOLOGIST

Print Date: 25/02/2023 11:38:40

Page 1 of 1

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## 2D ECHO WITH CD

### 2 DIMENSIONAL ECHOCARDIOGRAPHY:

1. All cardiac chambers are normal in dimensions
2. No LV regional wall motion abnormalities at rest
3. LVEF = 60 %
4. Good RV function
5. All cardiac valves structurally normal
6. IAS / IVS intact
7. No clots / vegetation/ pericardial effusion seen on TTE
8. Great arteries are normally related & appear normal
9. IVC is normal in size & collapsing well with respiration

### DOPPLER STUDIES (CONTINUOUS WAVE, PULSED WAVE, COLOR DOPPLER)

1. No LV diastolic dysfunction
2. No AS/AR/MR, Trivial TR
3. PASP by TR jet= 16 mm Hg
4. No intracardiac or extracardiac shunt noted

### DIMENSIONS (M-MODE) :

Left Atrium 38.0 mm Aortic Root 34.0 mm  
IVS (d) 10.0 mm IVS (s) 15.0 mm  
LVID (d) 45.0 mm LVID (s) 26.0 mm  
LVPW(d) 10.0 mm LVPW(s) 15.0 mm

### IMPRESSION:

*Normal Cardiac Structure*  
*Normal LV & RV Systolic Function (LVEF = 60 %)*  
*No LV Diastolic Dysfunction*  
*Normal Cardiac Valves*  
*No Pulmonary Hypertension*  
*IAS/IVS intact*  
*No clot/vegetation/pericardial effusion*

Print Date : 25/02/2023 10:10:04

Page 1 of 2

DR. RAJENDRA CHAVAN  
DM (Cardiology), MD (MED)  
CARDIOLOGIST

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