

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/12/23		
NAME	RATNA		
AGE	29	Gender	F
HEIGHT(cm)	162	WEIGHT (kg)	91 Bms-34.7
B.P.	100/60		
ECG	normal		
X Ray	normal		
Vision Checkup	normal		
Present Ailments	no		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	medicines Rx		

S. Ratna

Signature with Stamp of Medical Examiner
 Dr. Shilpa K. Reddy
 MBBS, DCP
 Reg. No. 37370





Retina



Dear sir

You have been informed that ent opthal ,diet consultation facility is not available at our centre.

If you are ready then your test can be start.

2D echo test facility is not available at our centre instead we do TMT test .

Retna





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 23-Dec-2023		
Name	: Mrs. RATNA	Age	: 29 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Haemoglobin	12.7	gm%	11 - 14
-------------	------	-----	---------

Total Leucocyte Count	7300	Cells/cumm.	4000-11000
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Differential Leucocyte Count			
Polymorphs	67	%	45 - 70
Lymphocytes	27	%	20 - 45
Eosinophils	02	%	0 - 6
Monocytes	04	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	16	mm in 1st Hr.	0 - 19
PCV	41.4	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19

Platelet Count	3.25	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	4.60	million/cmm	3.90 to 4.60
-----------------	------	-------------	--------------

Absolute values			
MCV	84.5	fL	77 - 97
MCH	27.9	pg	27 - 31
MCHC	31.6	gm /dl	31 - 34

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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M.B.B.S., M.D. (Path & Bact)



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Date : 23-Dec-2023

Name : Mrs. RATNA

Age : 29 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS Platelets are adequate in number and morphology.

OTHERS No haemoparasites are seen.

IMPRESSION Normal GBP

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Date : 23-Dec-2023
Name : **Mrs. RATNA** Age : 29 Yrs.
Ref.By : APOLLO HEALTH Sex : Female

Urine Sugar (Fasting) NIL

Urine Sugar (PP) NIL

KFT			
UREA	18.3	mg %	15 - 50
CREATININE	0.63	mg %	0.5 - 1.5
URIC ACID	4.6	mg %	2 - 6
CALCIUM	9.7	mg %	8.8 - 10.0

Plasma Glucose - F
GOD-POD Method 85 mg/dl 70 - 110

Plasma Glucose - PP
GOD POD Method 135 mg/dl 110 - 170

Blood Group & Rh "A" Positive

LFT T&D			
Total Bilirubin	0.50	mg%	0.2 - 1.0
Direct Bilirubin	0.29	mg%	0.0 to 0.40
Indirect Bilirubin	0.21	mg%	0.10 to 0.90
S.G.P.T	74	IU/L	5 - 40
S.G.O.T	65	IU/L	5 - 50
ALP	90	IU/L	35 to 104

Serum Gamma G.T. 26 IU/L 11 - 50

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M.B.B.S., DCP, ORIA (BARC)

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Date : 23-Dec-2023	Age : 29 Yrs.
Name : Mrs. RATNA	Sex : Female
Ref.By : APOLLO HEALTH	

LIPID PROFILE

Triglycerids	57	mg%	70 - 190
S. Cholestrol S.	202	mg%	130 - 230
S. HDL Cholestrol	45.4	mg%	35 - 75
S. LDL Cholestrol	145.2	mg%	75 - 150
VLDL	11.4	mg%	0 - 34
Chol / HDL factor	4.45		
LDL / HDL Factor	3.2		

COMMENTS

- Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

Page 3
Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
Contd... M.B.B.S., DCP

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Date	: 23-Dec-2023	Age	: 29 Yrs.
Name	: Mrs. RATNA	Sex	: Female
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	2.10	nmol/L	0.50 to 2.50
Thyroxine (T4)	9.40	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.88	mIU/ ml	0.3 to 6.0

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COMMENTS

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- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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M.B.B.S., DCP, CRIAT (BARC)

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Contd... M.B.B.S., DCP

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Date	: 23-Dec-2023	Age	: 29 Yrs.
Name	: Mrs. RATNA	Sex	: Female
Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.010		
CHEMICAL			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
MICROSCOPIC			
Pus Cells	Nil	/hpf	
Epithelial Cells	Occasional	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil		
Crystals	Nil		
Others	Nil		

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Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

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Contd... M.B.B.S., DCP

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Date : 23-Dec-2023	Age : 29 Yrs.
Name : Mrs. RATNA	Sex : Female
Ref.By : APOLLO HEALTH	

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.1	%	4.5 TO 6.0
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INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

Page 5 / End of Report
Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

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M.B.B.S., M.D. (Path & Bact)



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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012312230032	SAMPLE DATE	:23/Dec/2023 10:25AM
NAME :Mrs. RATNA	SAMPLE REC. DATE	:23/Dec/2023 10:25AM
AGE/SEX :29 YRS/FEMALE	REPORTED DATE	:23/Dec/2023 12:33PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230032

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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SAMPLES AVAILABLE

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TEST REQUEST ID :012312230032	SAMPLE DATE	:23/Dec/2023 10:25AM
NAME :Mrs. RATNA	SAMPLE REC. DATE	:23/Dec/2023 10:25AM
AGE/SEX :29 YRS/FEMALE	REPORTED DATE	:23/Dec/2023 01:26PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230032

USG WHOLE ABDOMEN-FEMALE

Liver: is enlarged in size (175 mm). Parenchymal echogenicity is diffusely increased with masking of vascular wall echoes. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated. Portal vein is normal in diameter.

Gall Bladder: is well distended. Multiple echogenic calculi with dense distal shadowing are seen in lumen, between 11.9 mm to 13.2 mm. Wall is of normal thickness.

CBD: is normal in diameter 4.7 mm.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (115 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 117 x 53 mm & LK – 112 x 51 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)



DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

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Gomti Nagar, Lucknow - 226 010
Ph : 0522-4008184, 4308184 • 8112323230
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SAMPLE DATE : 24/12/2023
NAME : Mrs Ratna
AGE/SEX : 29/YRS/FEMALE
REFERRED BY : Apollo Health

Test Name	Result	Bio. Ref. Range	Unit
-----------	--------	-----------------	------

CLINICAL PATHOLOGY TEST REPORT

PAP

GROSS:

Smears collected from the ecto and the endo cervix. Slides prepared and stained with PAP stain.

MICROSCOPIC:

Smears studied show adequate representing material, comprising mainly of squamous epithelial cells. These cells have abundant pale pink eosinophilic cytoplasm and normal appearing round to oval nuclei. Smears from the endocervix show fair number of "stripped nuclei" of the endometrial cells. Occasional small cluster of the endometrial cells are seen. These cells have indistinct cellular borders, scanty basophilic cytoplasm and oval nuclei with clumped chromatin. Smears from both the sites are mildly infiltrated with inflammatory cells, mostly polymorphs

IMPRESSION: SMEARS SUGGESTIVE OF NORMAL PAP SMEAR WITH MODERATE INFLAMMATION

*** End Of Report ***

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Patient name: Mrs Ratna
Ref By. Apollo Health

Age/Sex 29/F
23/12/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	88/mt
3. Ventricular Rate	:	88/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.


Signature of Doctor
Reg. No. 44559

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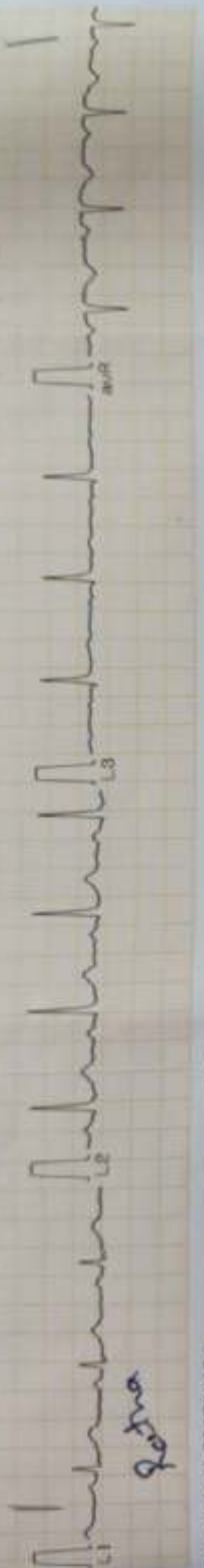
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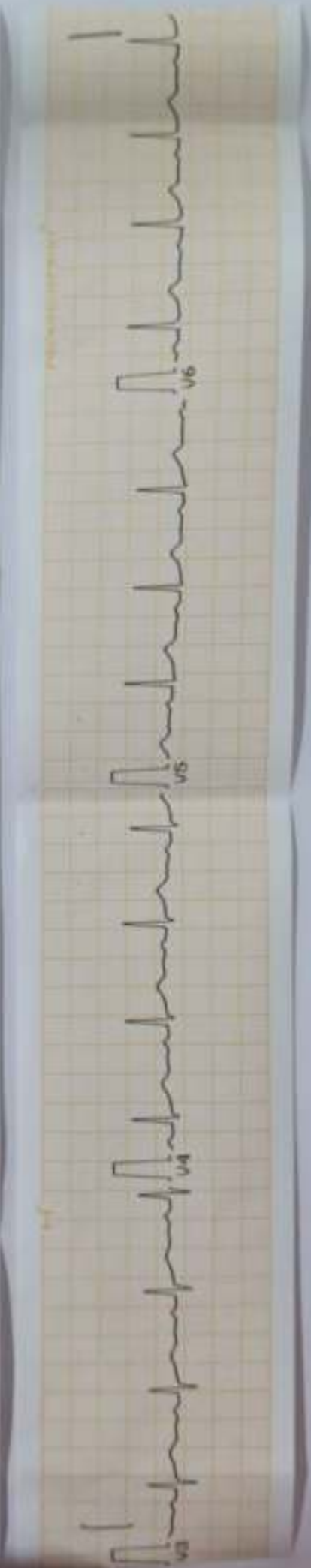
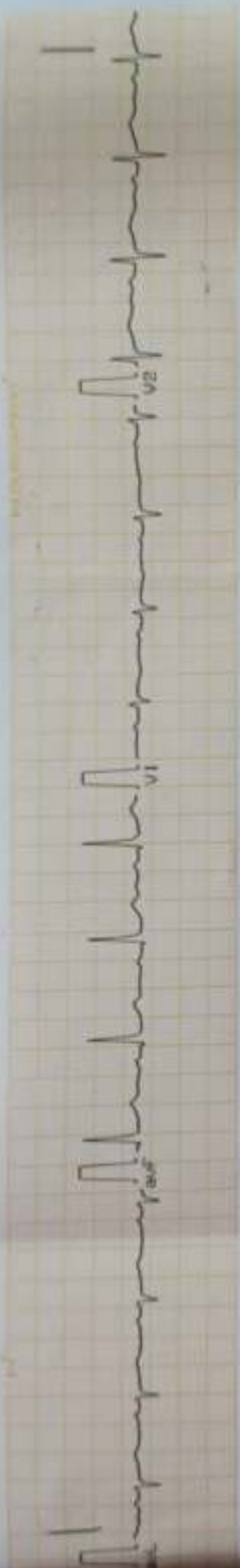
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Name Katya SATHNA Age --- Yrs Sex F 10mm/mV 25mm/s 0.1-35 Hz BLC



Libellus Med. Equip. Pvt. Ltd.

Date: ---



Dr. AMIT MOHAN
Reg No. 44558

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



RATNA / 29 Yrs / F / 162 Cms / 91 Kg
 Date: 23 - 12 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	105	55 %	110/60	115	00	
Standing	00:08	0:04	00.0	00.0	01.0	105	55 %	110/60	115	00	
HV	00:12	0:04	00.0	00.0	01.0	102	53 %	110/60	112	00	
ExStart	00:29	0:17	00.0	00.0	01.0	105	55 %	110/60	115	00	
BRUCE Stage 1	03:29	3:00	02.7	10.0	04.7	146	76 %	110/60	160	00	
BRUCE Stage 2	06:29	3:00	04.0	12.0	07.1	161	84 %	124/80	199	00	
PeakEx	06:37	0:08	05.5	14.0	07.3	162	85 %	130/84	210	00	
Recovery	07:37	1:00	00.0	00.0	01.1	118	62 %	132/86	155	00	
Recovery	08:37	2:00	00.0	00.0	01.0	105	55 %	128/80	134	00	
Recovery	09:37	3:00	00.0	00.0	01.0	112	59 %	124/80	138	00	
Recovery	09:59	3:21	00.0	00.0	01.0	102	53 %	124/80	126	00	

FINDINGS :

Exercise Time : 06:08
 Max HR Attained : 162 bpm 85% of Target 191
 Max BP Attained : 136/88 (mm/Hg)
 Max WorkLoad Attained : 7.3 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. Anurag
 Reg. No. 41253

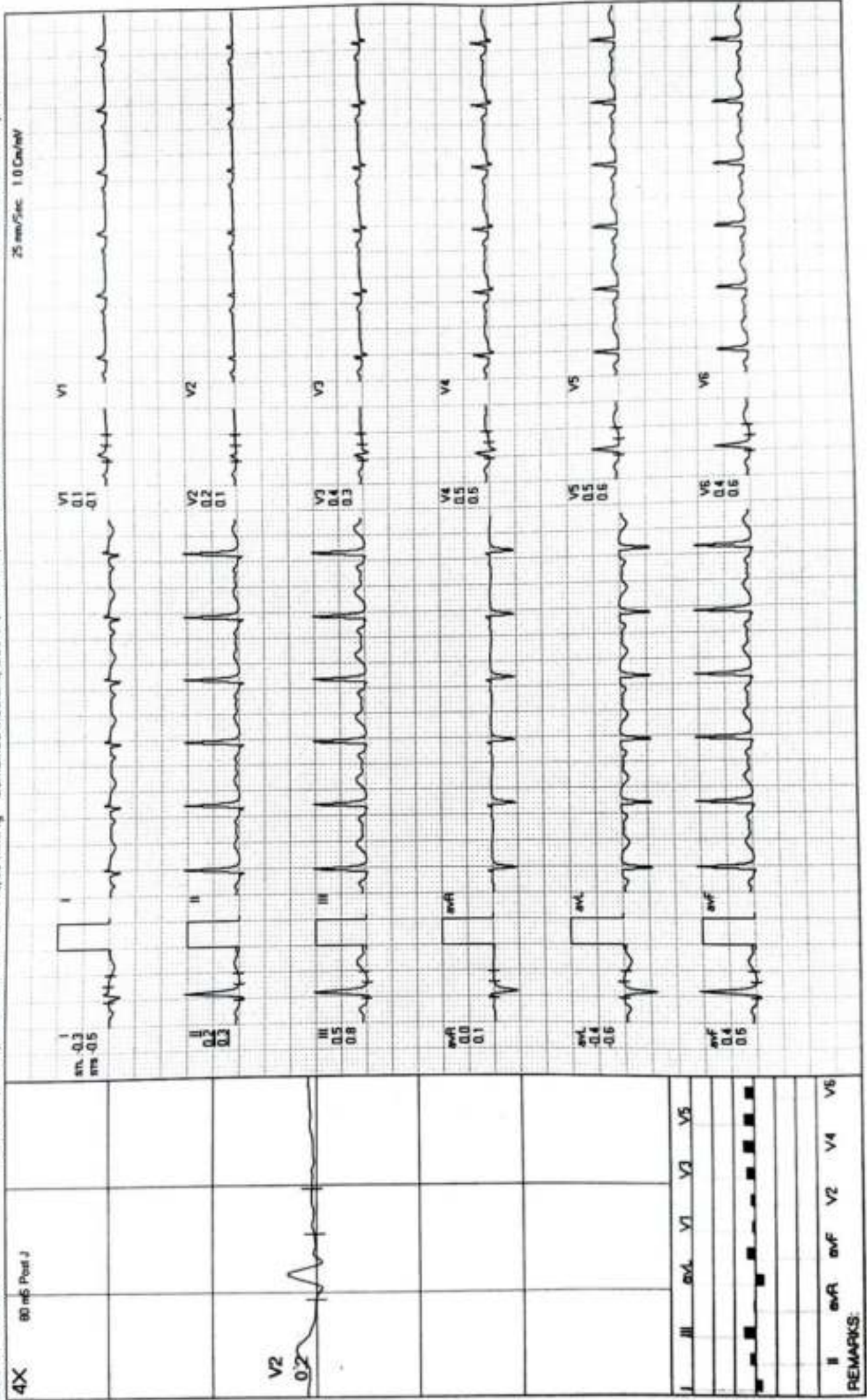
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RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 105

BRUCE:Supine(0:05)



Date 23-12-2023 METS 1 0/105 bpm 55% of THR BP 110/60 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph 0.0%



REMARKS:

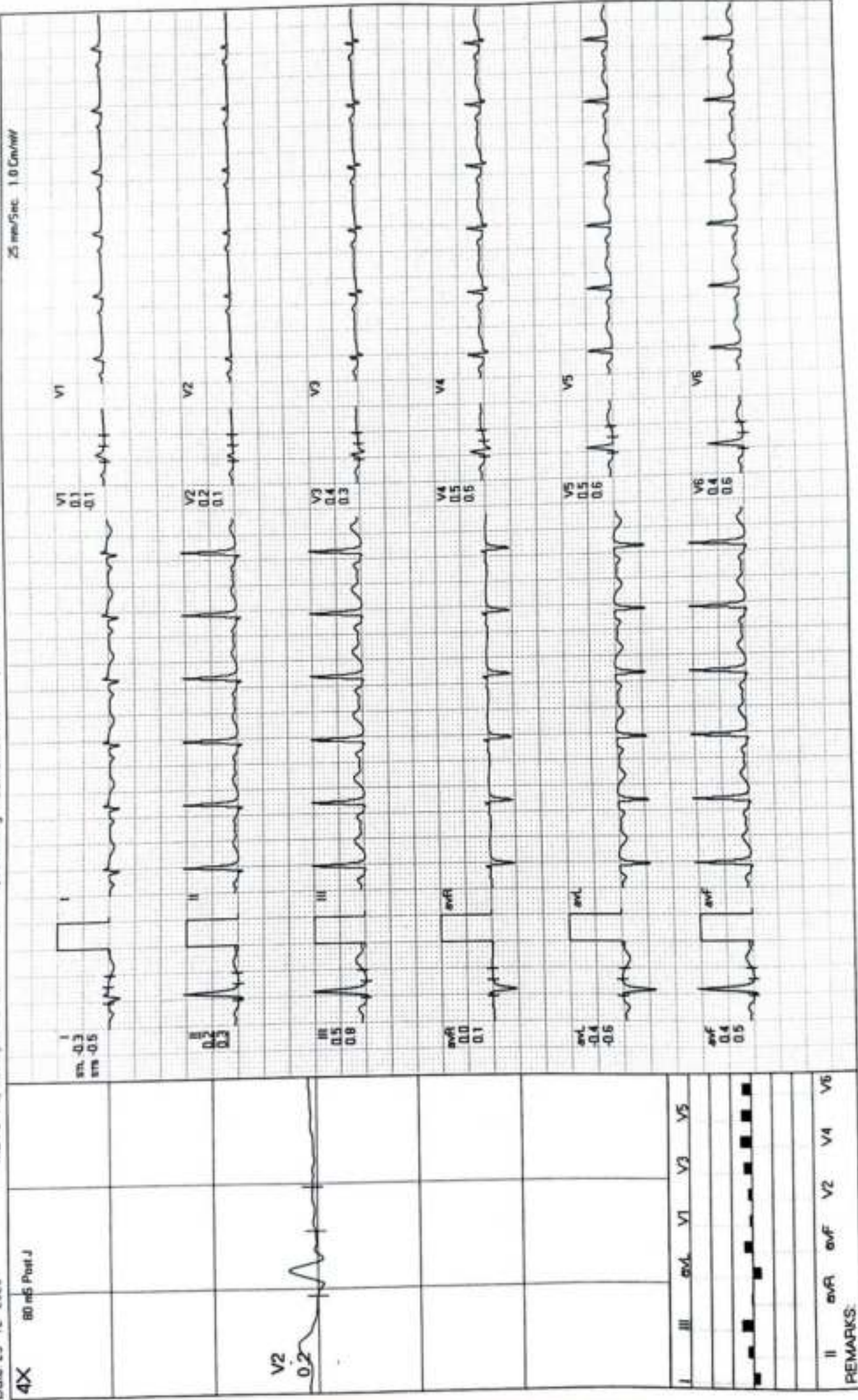
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RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 105

BRUCE: Standing(0:04)



Date: 23-12-2023 METS: 1.0/105 bpm 55% of THR BP: 110/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph, 0.0% Z5 mm/Sec 1.0 Cm/mV



REMARKS: I II III aVR aVL aVF V1 V2 V3 V4 V5 V6



BRUCE:HV(0:07)

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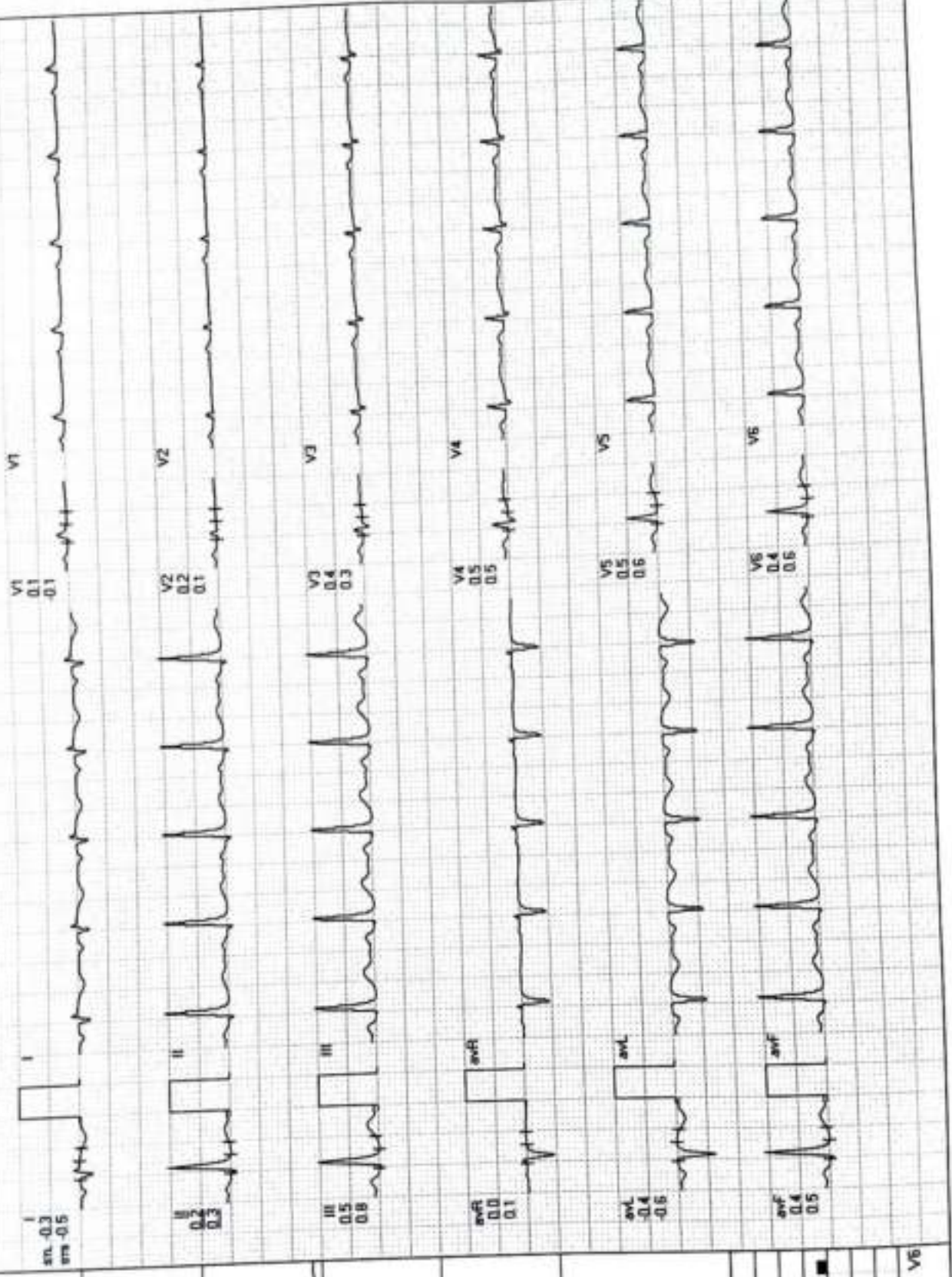
RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 102

ExTime 00:00 0.0 Kmph 0.0%
25 mm/Sec 1.0 Cm/40V

METS: 1.0/102 bpm 53% of THR BP: 110/60 mmHg Combined Medians/BLC On/Notch On/Hz F 35 Hz

Date: 23-12-2023

4X 80 mS Post J



V2	0.2				
I	0.1	III	0.5	aVR	0.0
II	0.2	aVL	0.4	aVL	0.4
III	0.5	aVF	0.4	aVF	0.4
aVR	0.0	V1	0.1	V1	0.1
aVL	0.4	V2	0.2	V2	0.2
aVF	0.4	V3	0.4	V3	0.4
V1	0.1	V4	0.5	V4	0.5
V2	0.2	V5	0.5	V5	0.5
V3	0.4	V6	0.4	V6	0.4
V4	0.5				
V5	0.5				
V6	0.4				

REMARKS:

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RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 105

ExStart

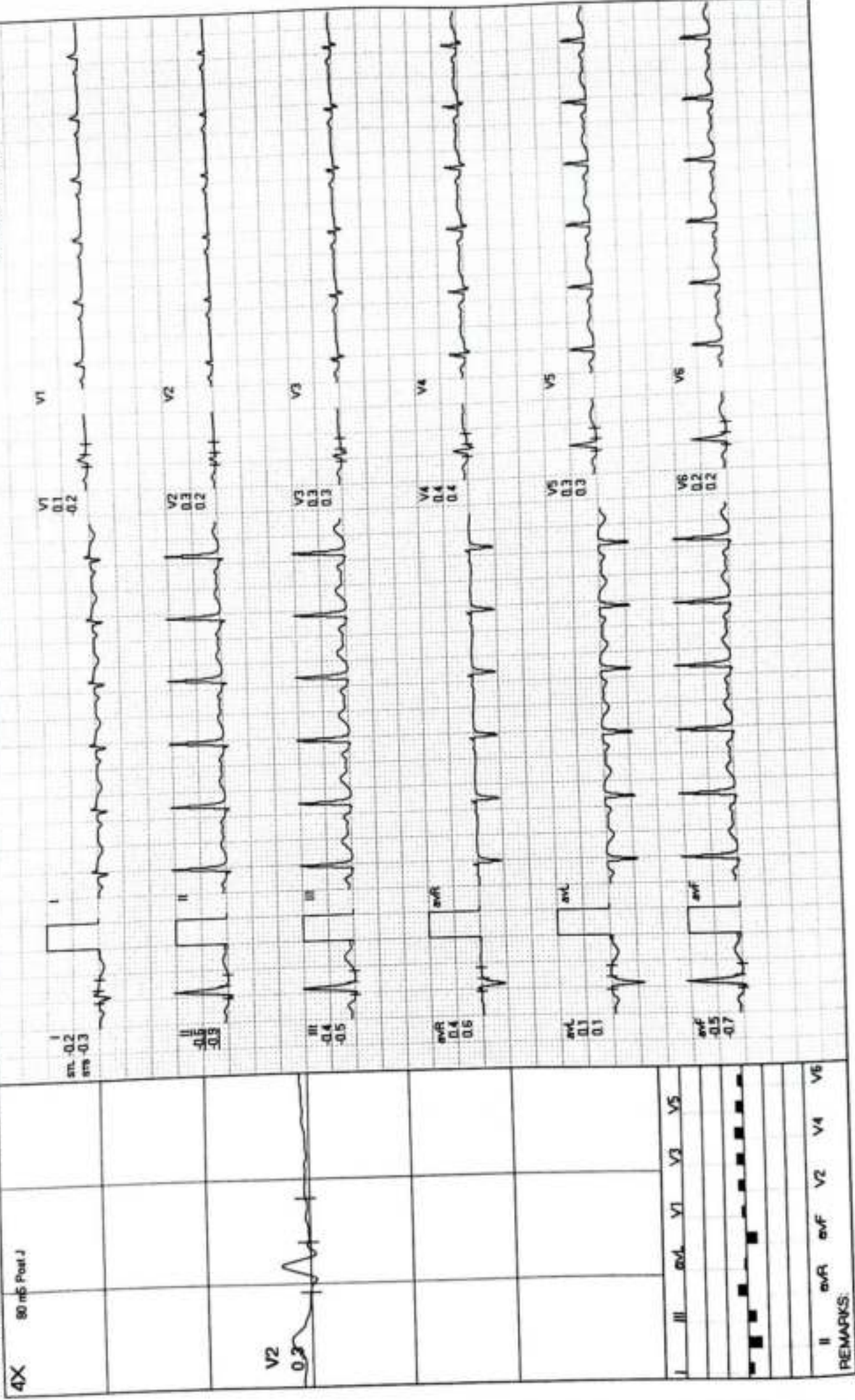


ExTime 00:00 0.0 Km/h 0.0%

METS 1.0 / 105 bpm 55% of THR BP: 110/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

Date 23-12-2023

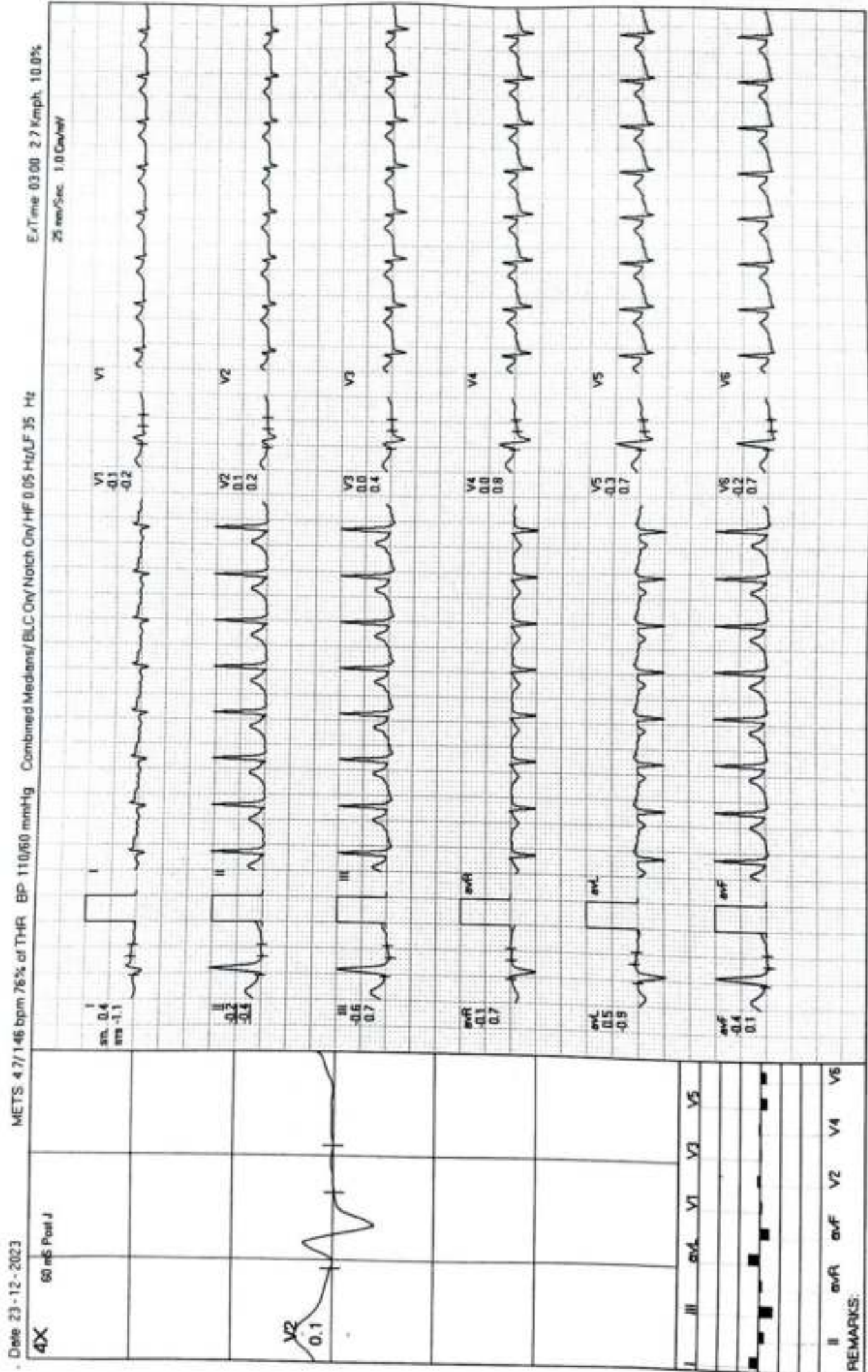
25 mm/Sec 1.0 Cm/Div



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 146

BRUCE: Stage 1(3:00)



REMARKS:
 I II aVR aVL V1 V2 V3 V4 V5 V6

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 161

BRUCE: Stage 2(3:00)

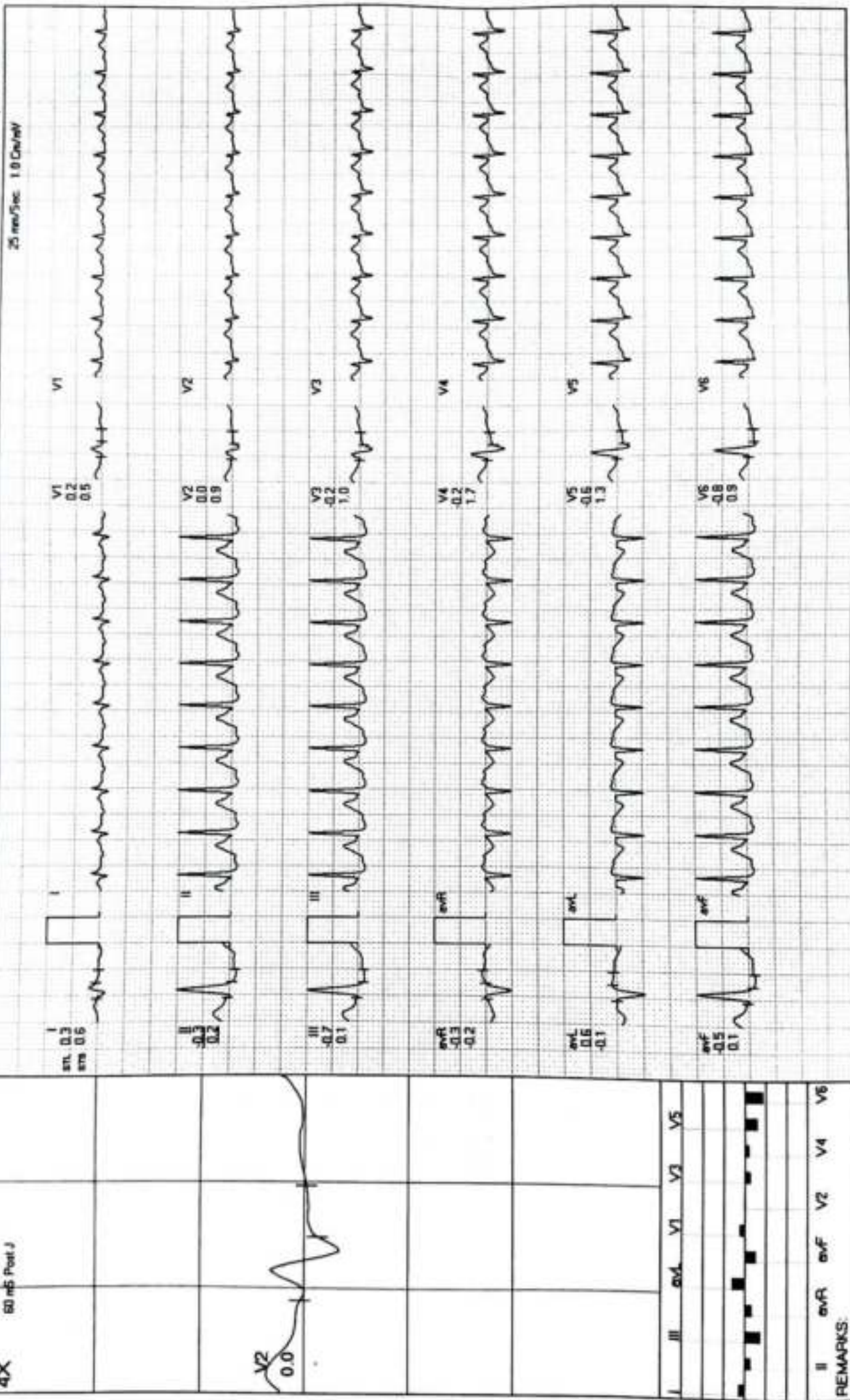


Date 23-12-2023

METS 7.1/161 bpm 84% of THR BP 124/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

Ex Time 06:00 4.0 Km/h 12.0%

4X 50 mV Post J



REMARKS: II aVR aVF V2 V4 V6

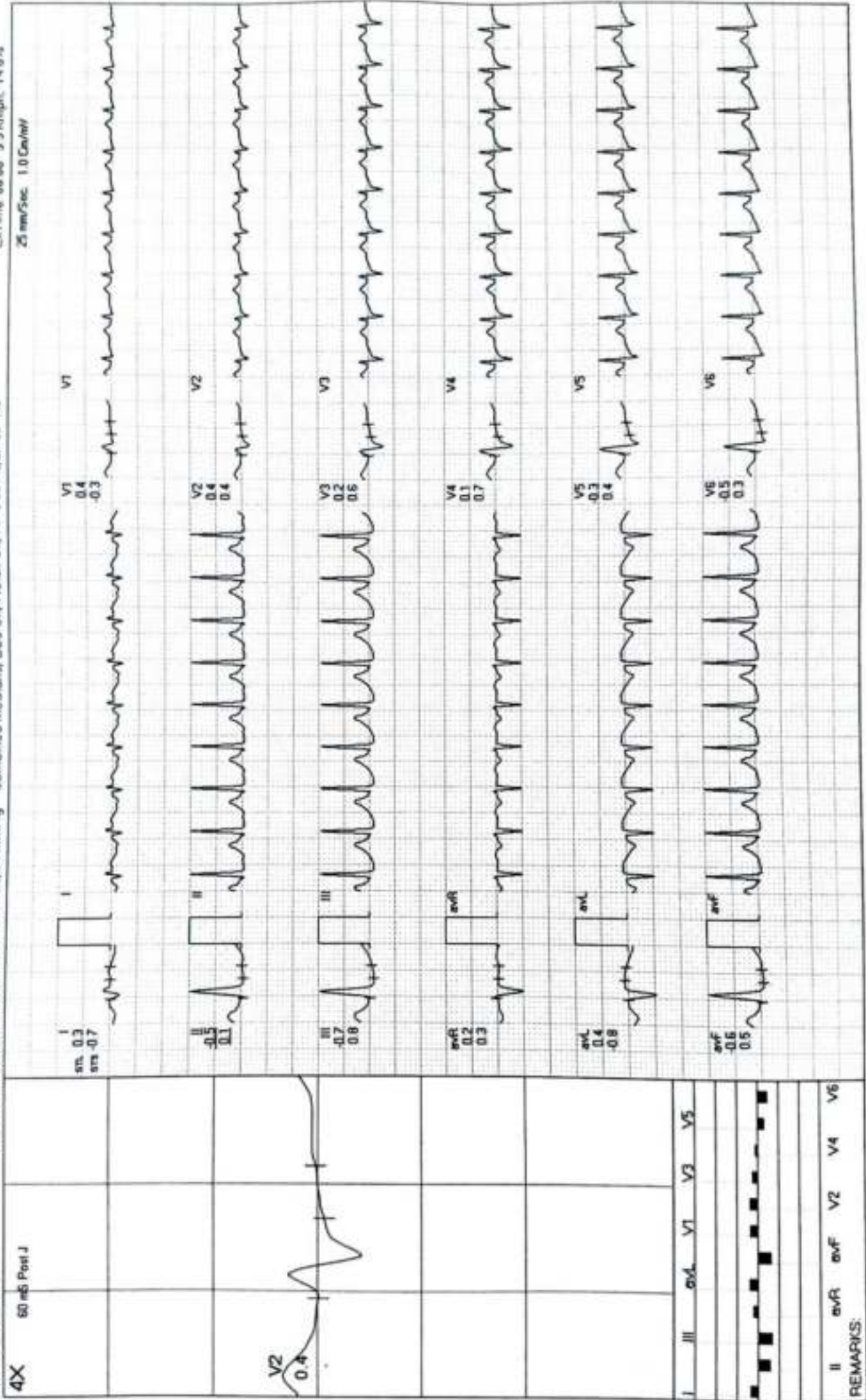
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 162

PeakEx



Date 23-12-2023 METS 7 3/162 bpm 65% of THR BP: 130/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 60 mS Post J 25 mm/Sec 1.0 Cm/mV



REMARKS:

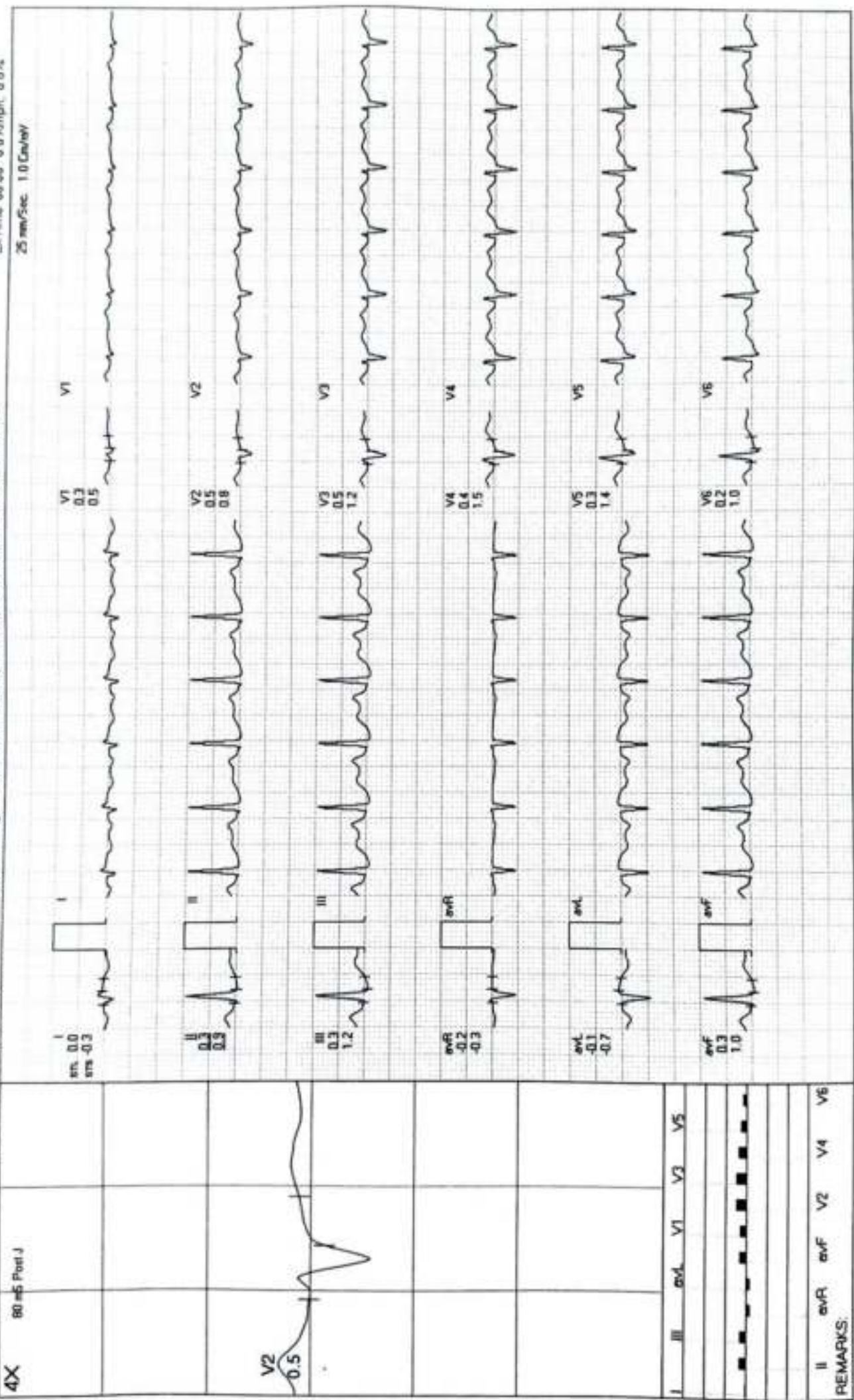
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 118

Recovery(1:00)



Date 23-12-2023 METS 1.1/118 bpm 62% of THR BP 132/86 mmHg Combined Medians/EKG On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime 06:08 0.0 Km/Ph 0.0%



REMARKS: II aVR aVF V2 V4 V6

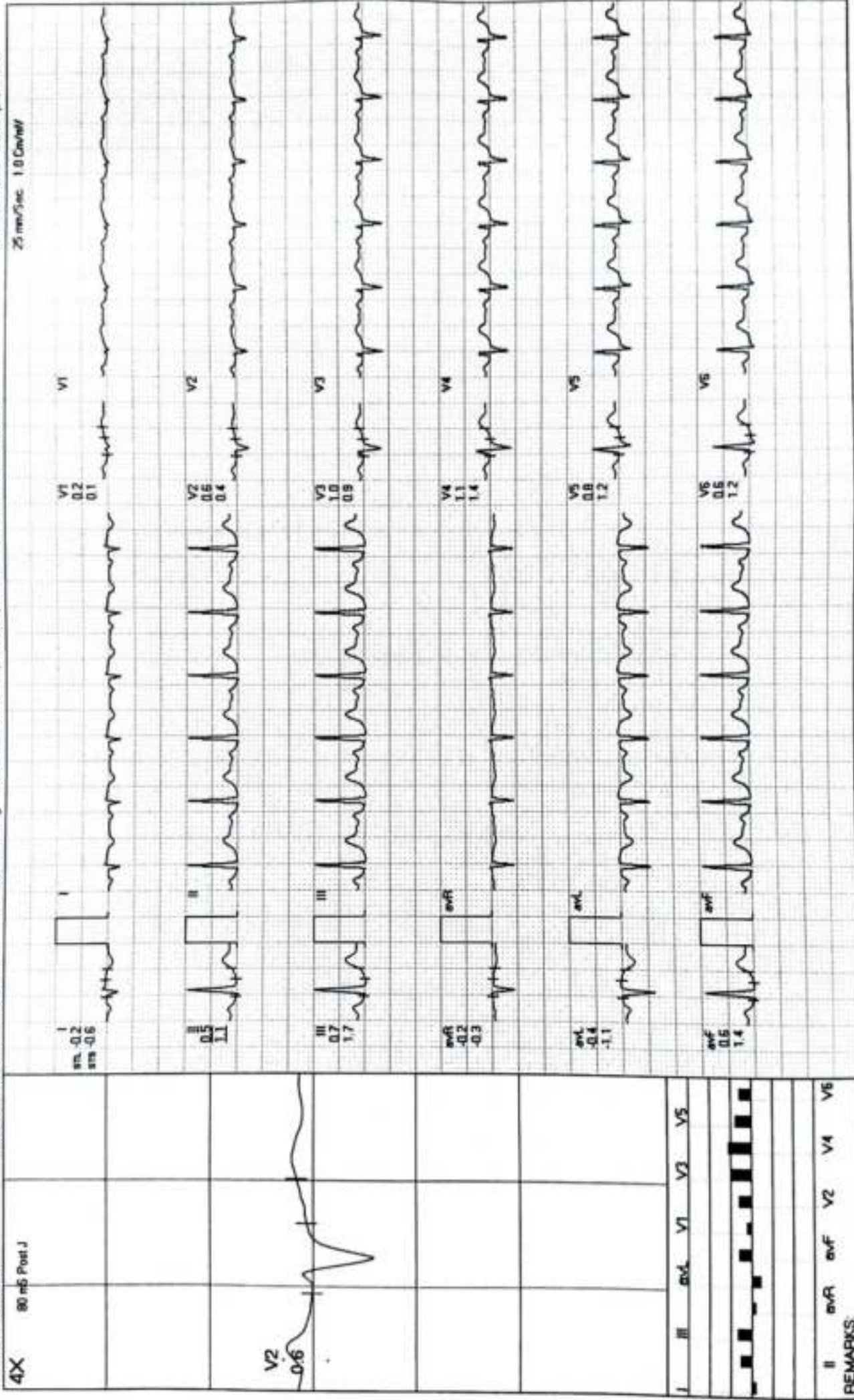
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 105

Recovery(2:00)



Date: 23-12-2023 METS 1.0/105 bpm 55% of THR. BP 128/80 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz E-Time 06:08 0.0 Kmph, 0.0%



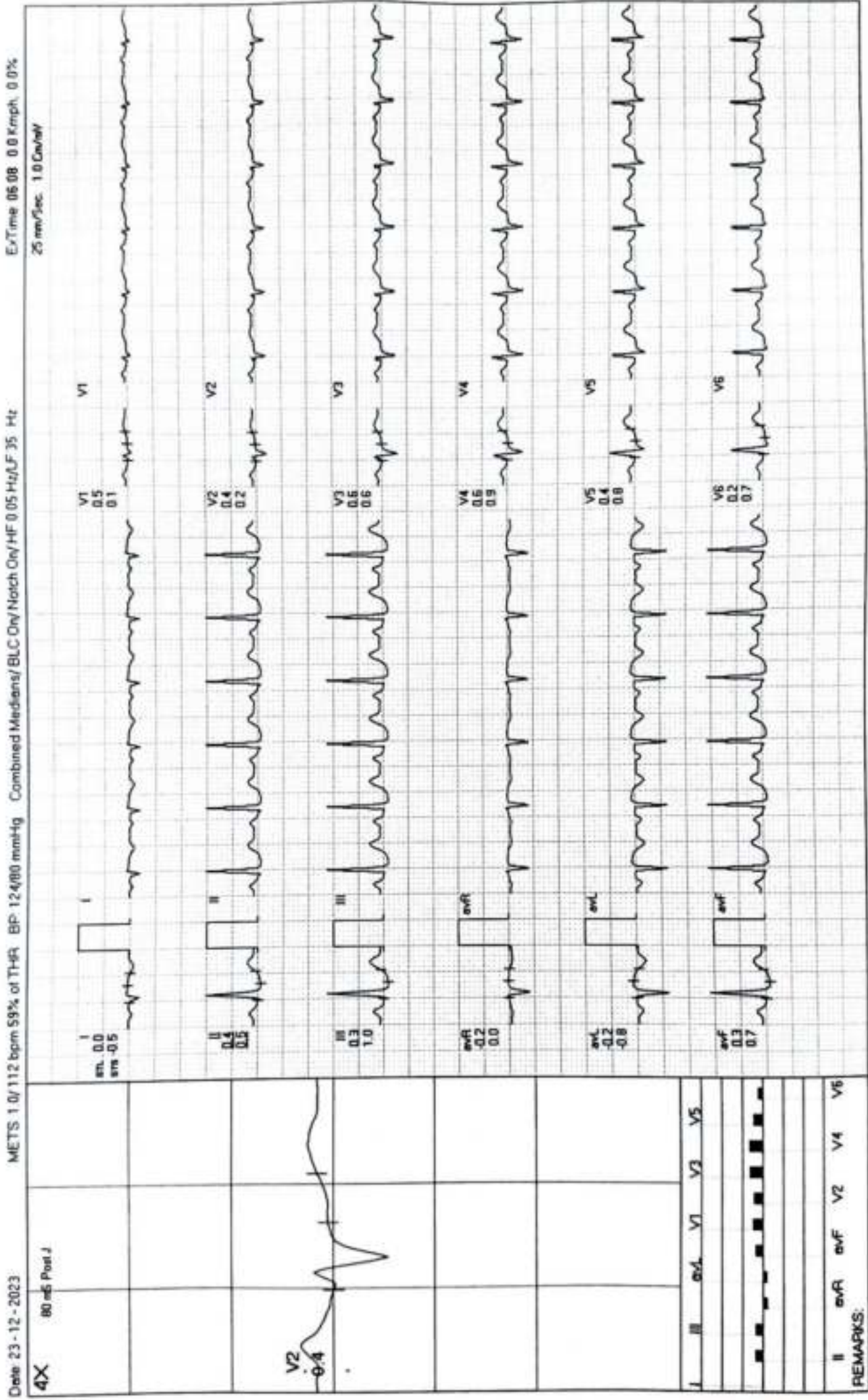
REMARKS:

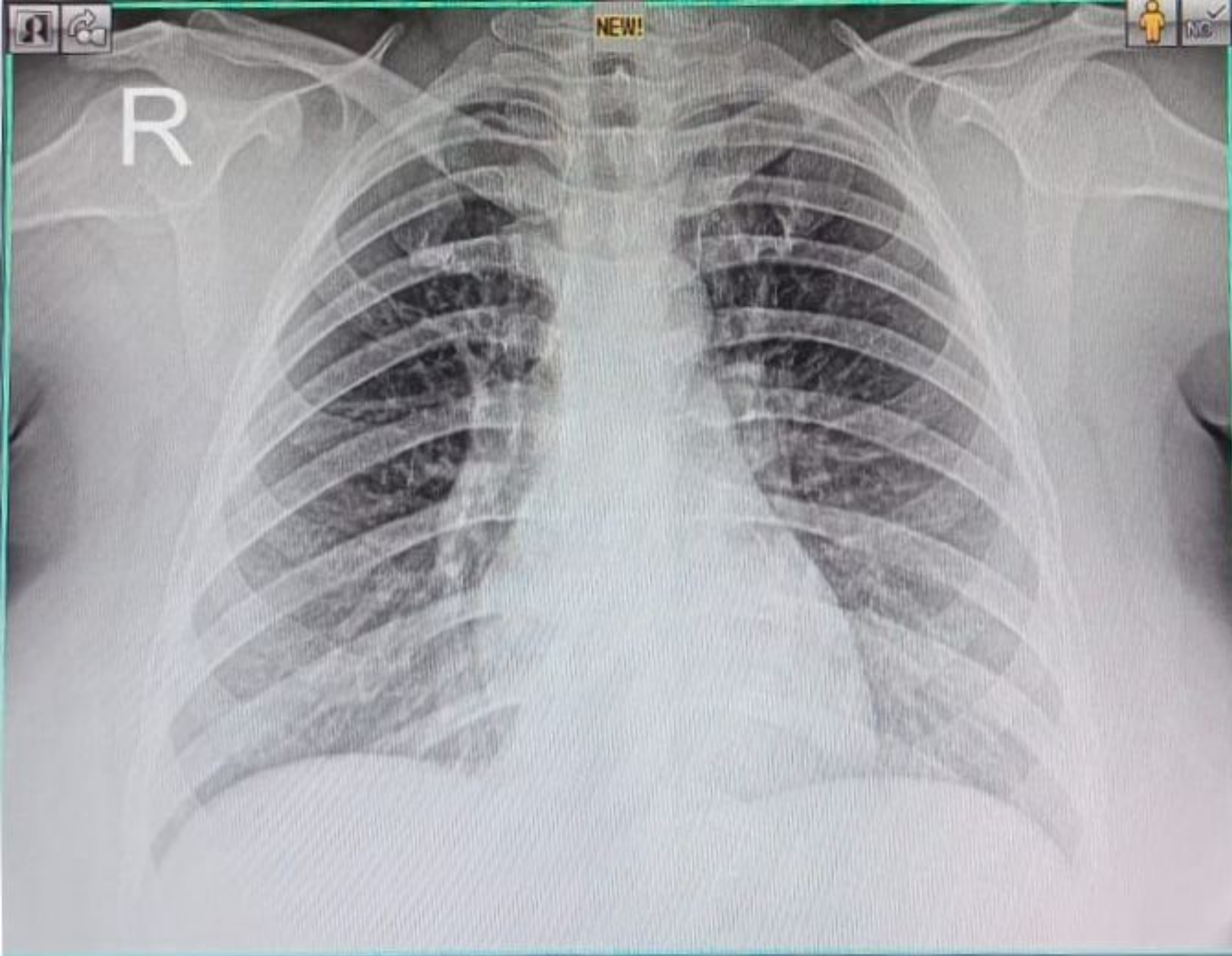
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Recovery(3:00)



RATNA / 29 Yrs / F / 162 Cms / 91 Kg / HR : 112





23122302936 MRS RATNA 29 YRS F DR SELF CHEST PA
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