

Name : Mr. MIHIR CHANDRA MANDI (49 /M)

Date : 25/03/2023

Address :

Examined by:

UHID : AMHL.0002114632

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170807



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma

Diabetes mellitus - type 2; Since - 5 yrs; Medication - stopped without medical advice



DRUG ALLERGY

NO KNOWN ALLERGY

:25/03/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 2
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - Yes
Physical activity - Moderate



Family history

Father - has expired
Mother - alive
Sisters - 1
Diabetes - father
Hypertension - not known
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 163
Weight - 66
BMI - 24.84
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular

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Systolic(mm of Hg) - B.P. Sitting
- 170
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/9
NVA:RE:N8 LE:N8
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:+0.75DS(6/6)
LE:+0.75DS(6/6)
ADD(BE):+2.00DSPH(N6)
ADVICE: *To continue
present glass Rx*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	10.5 *	g/dl	●	13.0-17.0
RBC COUNT	5.36	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	34.1 *	%	●	41-53
MCV	63.6 *	fl	●	83-101
MCH	19.7 *	pg	●	27-32
MCHC	30.9 *	%	●	31.5-34.5
RDW	19.5 *	%	●	11.8-14.0
WBC Count	5400	/cu mm	●	4000-10000
Platelet Count	1.45 *	lacs/cu mm	●	1.5-4.0
Neutrophils	59	%	●	40-80
Lymphocytes	20	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	15 *	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis++, Microcytic Hypochromic.			
WBC:	Eosinophilia noted			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17 *	mm/1st hr	●	0-15

STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Acidic			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	0-2			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	41 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1

● Within Normal Range ● Borderline High/Low ● Out of Range

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ALKALINE PHOSPHATASE - SERUM 106 U/L ● 53-128

AST (SGOT) - SERUM 44 * U/L ● 10-42

BILIRUBIN TOTAL - SERUM 1.0 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
CHOLESTEROL - SERUM 124 mg/dL ● 0-200

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 41 U/L ● 7-64

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 134 * mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 216 * mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 7.6 * % ● Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 29 * mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 79 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 16 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.0 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.7 * g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 6.9 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 136 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 4.000 µIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.6 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range

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BILIRUBIN 0.2 mg/dL ● 0.0-0.2
CONJUGATED
(DIRECT) - SERUM

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) -
SERUM**

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.45	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.2 *	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2		●	1.0-2.0

ECG

SINUS RHYTHM.
NONSPECIFIC ST-T CHANGES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS BORDERLINE POSITIVE FOR
PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Hepatomegaly with grade-I fatty liver.
- * Grade-I prostatomegaly.
- * Cholesterolosis.

Dr. ANWESHA DUTTA
DNB RESIDENT
In consultation with

X-RAY CHEST PA

Normal study.

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.