

Patient Name : Mr.JIGAR CHHEDA  
Age/Gender : 48 Y 2 M 24 D/M  
UHID/MR No : STAR.0000064189  
Visit ID : STAROPV71559  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 8527862479

Collected : 16/Jul/2024 09:51AM  
Received : 16/Jul/2024 11:06AM  
Reported : 16/Jul/2024 12:32PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**

Methodology : Microscopic

RBC : Normocytic normochromic

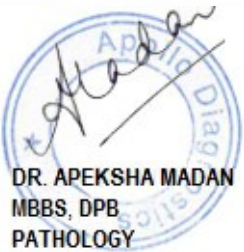
WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number

Parasites : No Haemoparasites seen

**IMPRESSION : Normocytic normochromic blood picture**

Note/Comment : Please Correlate clinically



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**DEPARTMENT OF HAEMATOLOGY**

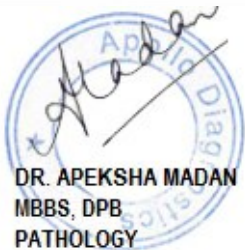
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	14.8	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	44.00	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	4.73	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	93.2	fL	83-101	Calculated
MCH	31.4	pg	27-32	Calculated
MCHC	33.7	g/dL	31.5-34.5	Calculated
R.D.W	12.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,410	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	58	%	40-80	Electrical Impedance
LYMPHOCYTES	32	%	20-40	Electrical Impedance
EOSINOPHILS	03	%	1-6	Electrical Impedance
MONOCYTES	07	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	3137.8	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1731.2	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	162.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	378.7	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.81		0.78- 3.53	Calculated
<b>PLATELET COUNT</b>	242000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	10	mm at the end of 1 hour	0-15	Modified Westergren
<b>PERIPHERAL SMEAR</b>				

Methodology : Microscopic

RBC : Normocytic normochromic

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SIN No:BED240185962

**Apollo Speciality Hospitals Private Limited**

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

**Address:**

156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra  
Ph: 022 4332 4500

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**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**


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Note/Comment : Please Correlate clinically

  
**DR. APEKSHA MADAN**  
MBBS, DPB  
PATHOLOGY

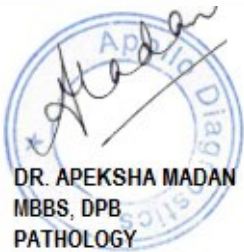


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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



**DR. APEKSHA MADAN**  
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Received : 16/Jul/2024 11:05AM  
Reported : 16/Jul/2024 11:23AM  
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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dL	70-100	GOD - POD

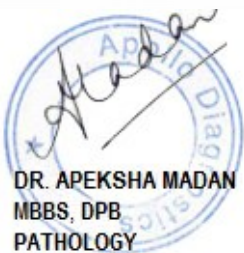
**Comment:**

**As per American Diabetes Guidelines, 2023**

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



**DR. APEKSHA MADAN**  
MBBS, DPB  
PATHOLOGY





Patient Name : Mr.JIGAR CHHEDA	Collected : 16/Jul/2024 03:33PM
Age/Gender : 48 Y 2 M 24 D/M	Received : 16/Jul/2024 03:53PM
UHID/MR No : STAR.0000064189	Reported : 16/Jul/2024 04:44PM
Visit ID : STAROPV71559	Status : Final Report
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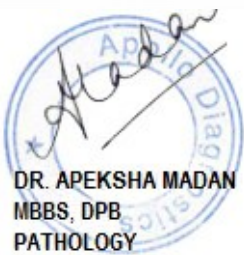
**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)</b>	103	mg/dL	70-140	GOD - POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.  
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



**DR. APEKSHA MADAN**  
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SIN No:PI P1474173

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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM</b>	17	U/L	4-44	JSCC

**Comment:**

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

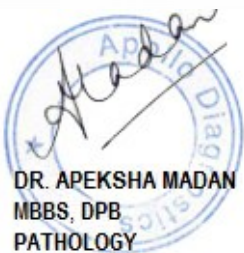
ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BILIRUBIN, TOTAL , SERUM</b>	0.50	mg/dL	0.1-1.2	Azobilirubin

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BUN/CREATININE RATIO , SERUM</b>				
BLOOD UREA NITROGEN	11.6	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.95	mg/dL	0.6-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	12.20			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>CREATININE , SERUM</b>	0.95	mg/dL	0.6-1.1	ENZYMATIC METHOD



**DR. APEKSHA MADAN**  
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PATHOLOGY



Patient Name : Mr.JIGAR CHHEDA	Collected : 16/Jul/2024 09:51AM
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UHID/MR No : STAR.0000064189	Reported : 16/Jul/2024 02:25PM
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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	4-6	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

**Comment:**

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.



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SIN No:UR2387783

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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

**\*\*\* End Of Report \*\*\***

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Ph: 022 4332 4500

## Customer Care

---

**From:** noreply@apolloclinics.info  
**Sent:** Monday, July 15, 2024 2:27 PM  
**To:** network@mediwheel.in  
**Cc:** cc.tardeo@apollospectra.com; syamsunder.m@apollohl.com  
**Subject:** Your appointment is confirmed



**Dear Jigar Chheda,**

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **SPECTRA TARDEO clinic** on **2024-07-16** at **08:00-08:15**.

Payment Mode	
Corporate Name	<b>ARCOFEMI HEALTHCARE LIMITED</b>
Agreement Name	<b>[ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT]</b>
Package Name	<b>[ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324]</b>

**"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."**

**Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.**

**Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.**

### **Instructions to be followed for a health check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.

2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

#### **For Women:**

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

**For further assistance, please call us on our Help Line #: 1860 500 7788.**

**Clinic Address: FAMOUS CINE LABS,156, PT.M.M.MALVIYA RAOD,TARDEO,MUMBAI,400034 .**

**Contact No: 022 - 4332 4500.**

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,  
Apollo Clinic

**OUT- PATIENT RECORD**

Date : 16/7/24  
 MRNO : 064189  
 Name :  
 Age/Gender : MR. Jigar Chheda  
 Mobile No :  
 Passport No : 48m/male  
 Aadhar number :

Pulse : 74/min.	B.P : 140/80	Resp : 18/min	Temp : 37
Weight : 59.6kg.	Height : 171cm.	BMI : 20.4	Waist Circum : 32"

General Examination / Allergies  
History

Clinical Diagnosis & Management Plan

MEWJ → 02

Reports Normal:  
Physically fit



Dr. (Mrs.) CHHAYA P. VAJJA  
M.D. (MUM)  
Physician & Cardiologist  
Reg. No. 56942

**Apollo Spectra Hospitals:** 156, Famous Cine Labs, Behind Everest Building, Tardeo, Mumbai - 400034  
Ph No: 022-43324500 | www.apollospectra.com

Doctor Signature

**Apollo Specialty Hospitals Pvt. Ltd.** (CIN - U85100TG2009PTC099414)  
(Formerly known as Nova Specialty Hospital Pvt. Ltd.)

**Regd. Office:** 7-1-617/A, 615 & 616, Imperial Towers, 7<sup>th</sup> Floor, Ameerpet, Hyderabad, Telangana - 500038  
Ph No: 040 - 4904 7777 | www.apollohl.com



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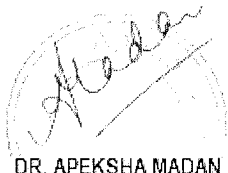
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Note/Comment : Please Correlate clinically

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BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



  
 DR. APEKSHA MADAN  
 MBBS, DPB  
 PATHOLOGY  
 SIN No:BED240185962

TOUCHING LIVES	Patient Name : Mr.JIGAR CHHEDA	Collected	: 16/Jul/2024 09:51AM
	Age/Gender : 48 Y 2 M 24 D/M	Received	: 16/Jul/2024 11:05AM
	UHID/MR No : STAR.0000064189	Reported	: 16/Jul/2024 11:23AM
	Visit ID : STAROPV71559	Status	: Final Report
	Ref Doctor : Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
	Emp/Auth/TPA ID : 8527862479		

**DEPARTMENT OF BIOCHEMISTRY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dL	70-100	GOD - POD

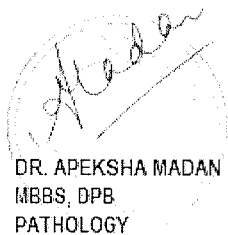
**Comment:**

**As per American Diabetes Guidelines, 2023**

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



DR. APEKSHA MADAN  
MBBS, DPB  
PATHOLOGY



SIN No:PLF02189357

Patient Name	: Mr.JIGAR CHHEDA	Collected	: 16/Jul/2024 03:33PM
Age/Gender	: 48 Y 2 M 24 D/M	Received	: 16/Jul/2024 03:53PM
UHID/MR No	: STAR.0000064189	Reported	: 16/Jul/2024 04:44PM
Visit ID	: STAROPV71559	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 8527862479		


**DEPARTMENT OF BIOCHEMISTRY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)</b>	103	mg/dL	70-140	GOD - POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

**DR. APEKSHA MADAN**  
MBBS, DPB  
PATHOLOGY  
SIN No:PLP1474173



TOUCHING LIVES	Patent Name : Mr.JIGAR CHHEDA	Collected	: 16/Jul/2024 09:51AM
Age/Gender	: 48 Y 2 M 24 D/M	Received	: 16/Jul/2024 11:06AM
UHID/MR No	: STAR.0000064189	Reported	: 16/Jul/2024 12:33PM
Visit ID	: STAROPV71559	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 8527862479		

**DEPARTMENT OF BIOCHEMISTRY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM</b>	17	U/L	4-44	JSCC

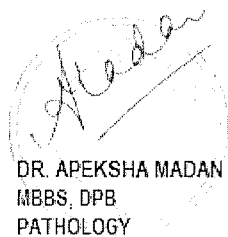
**Comment:**

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BILIRUBIN, TOTAL , SERUM</b>	0.50	mg/dL	0.1-1.2	Azobilirubin

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BUN/CREATININE RATIO , SERUM</b>				
BLOOD UREA NITROGEN	11.6	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.95	mg/dL	0.6-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	12.20			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>CREATININE , SERUM</b>	0.95	mg/dL	0.6-1.1	ENZYMATIC METHOD

**DR. APEKSHA MADAN**  
MBBS, DPB  
PATHOLOGY

SIN No:SE04782399

Patient Name : Mr.JIGAR CHHEDA  
Age/Gender : 48 Y 2 M 24 D/M  
UHID/MR No : STAR.0000064189  
Visit ID : STAROPV71559  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 8527862479

Collected : 16/Jul/2024 09:51AM  
Received : 16/Jul/2024 12:56PM  
Reported : 16/Jul/2024 02:25PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED


**DEPARTMENT OF CLINICAL PATHOLOGY**  
**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	4-6	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

**Comment:**

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.

Page 8 of 9



DR. APEKSHA MADAN  
MBBS, DPB  
PATHOLOGY

SIN No:UR2387783





TOUCHING LIVES

Patient Name : Mr.JIGAR CHHEDA  
Age/Gender : 48 Y 2 M 24 D/M  
UHID/MR No : STAR.0000064189  
Visit ID : STAROPV71559  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 8527862479

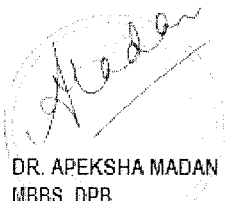


Collected : 16/Jul/2024 09:51AM  
Received : 16/Jul/2024 12:56PM  
Reported : 16/Jul/2024 02:25PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY  
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

\*\*\* End Of Report \*\*\*

Page 9 of 9

  
DR. APEKSHA MADAN  
MBBS, DPB  
PATHOLOGY

SIN No:UR2387783



Measurement Results:

QRS : 100 ms

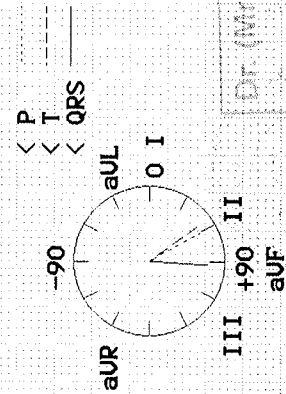
QT/QTcB : 378 / 419 ms

PR : 120 ms

P : 108 ms

RR/PP : 804 / 810 ms

P/QRS/T : 60/ 94/ 53 degrees



Interpretation:

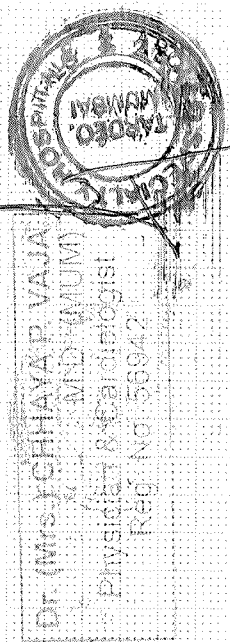
12SL - Interpretation:

Normal sinus rhythm

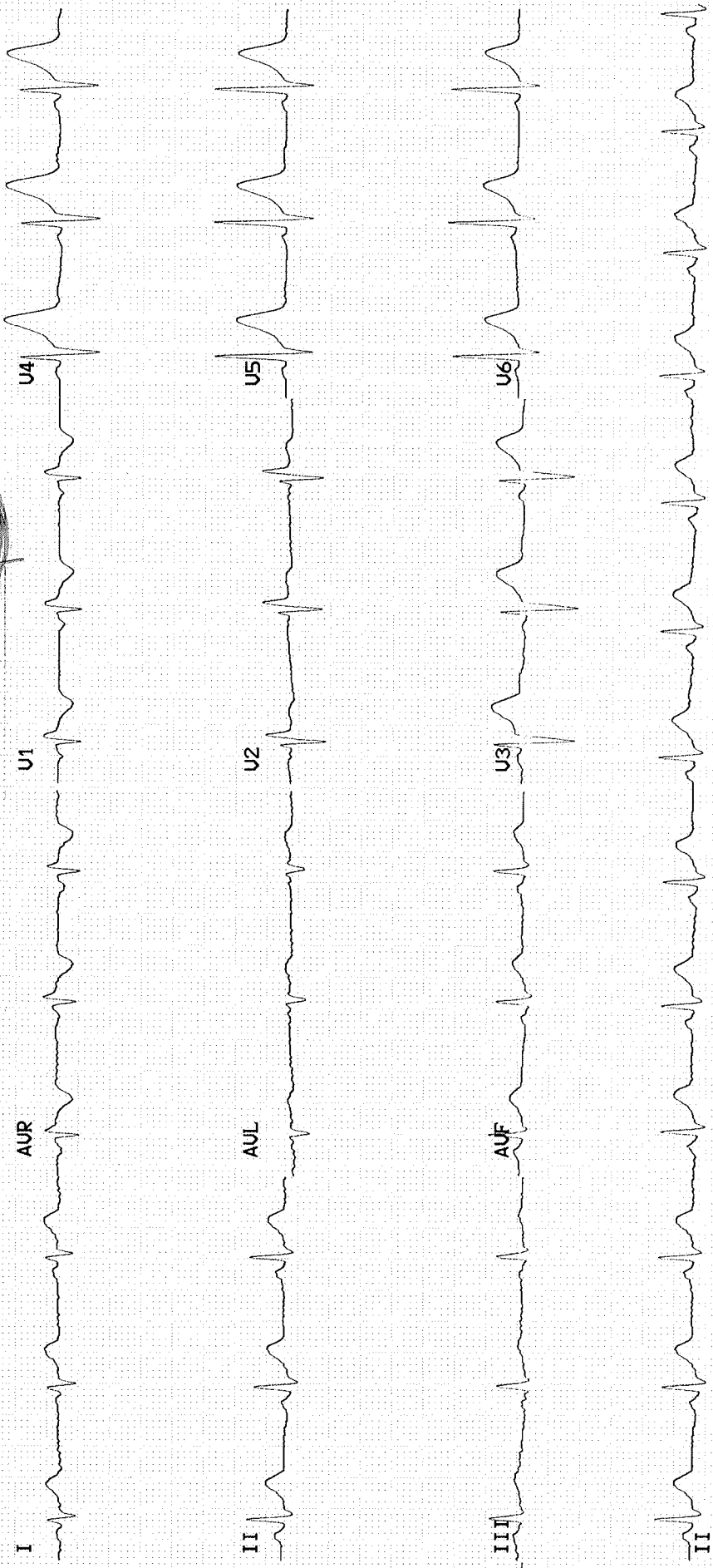
Rightward axis

Incomplete right bundle branch block

Borderline ECG



Unconfirmed report.



Patient Name	: Mr. Jigar Chheda	Age	: 48 Y M
UHID	: STAR.0000064189	OP Visit No	: STAROPV71559
Reported on	: 16-07-2024 10:45	Printed on	: 16-07-2024 10:46
Adm/Consult Doctor	:	Ref Doctor	: SELF

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .  
No obvious active pleuro-parenchymal lesion seen .  
Both costophrenic and cardiophrenic angles are clear .  
Both diaphragms are normal in position and contour .  
Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen.

Printed on:16-07-2024 10:45

---End of the Report---



**Dr. VINOD SHETTY**  
Radiology



**EYE REPORT**

Name: Mr. Jigar Cheda.

Date: 16/07/2024

Age / Sex: 48/M

Ref No.:

Complaint: Nil.

PG: 7 months old.

— Ant-Seq: WNL —  
Ⓐ ONH.  
— 0.6:1 —  
FR +

**Examination**

**Spectacle Rx**

	Right Eye							
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance	6/6	+ <del>0.5</del>	- 0.5	10°	6/6	+/-	- 1.0	180°
Read	N6	+1.5			N6	+1.5		

**Remarks:**

**Medications:**

Trade Name	Frequency	Duration

**Follow up:**



**Consultant:**

**Apollo Spectra Hospitals**  
Famous Cine Labs, 156, Pt. M. M.  
Malviya Road, Tardeo, Mumbai - 400 034.  
Tel.: 022 4332 4500 www.apollospectra.com

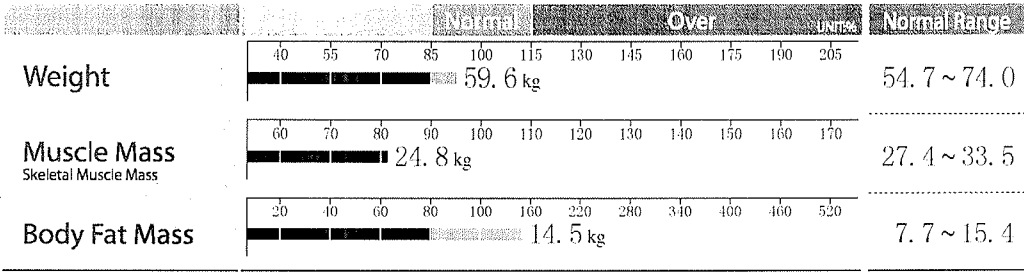
*Dr. Nusrat J. Bakhani (Mistry)*  
M.D., D.O.M.S. (GOLD MEDALIST)  
Reg. No. 2012/10/2914  
Mob:- 8850 1858 73

mr Jigard Chheda  
 ID 064189  
 Age 48

Height 171cm  
 Date 16.7.2024  
 Gender Male  
 Time 09:54:52

APOLLO SPECTRA HOSPITAL

## Body Composition



Lean Mass Evaluation  
 Segmental Lean  
 2.3kg Under 2.4kg Under

Left Trunk 20.9kg Normal Right

TBW Total Body Water 33.1 kg (36.2 ~ 44.2)  
 FFM Fat Free Mass 45.1 kg (47.0 ~ 58.5)  
 Protein 8.9 kg (9.7 ~ 11.8)  
 Mineral\* 3.10 kg (3.35 ~ 4.09)

7.2kg Normal 7.1kg Normal

\*Mineral is estimated.

## Obesity Diagnosis

Parameter	Value	Normal Range
BMI Body Mass Index (kg/m <sup>2</sup> )	20.4	18.5 ~ 25.0
PBF Percent Body Fat (%)	24.3	10.0 ~ 20.0
WHR Waist-Hip Ratio	0.93	0.80 ~ 0.90
BMR Basal Metabolic Rate (kcal)	1345	1355 ~ 1574

### Nutritional Evaluation

Protein  Normal  Deficient  
 Mineral  Normal  Deficient  
 Fat  Normal  Deficient  Excessive

### Weight Management

Weight  Normal  Under  Over  
 SMM  Normal  Under  Strong  
 Fat  Normal  Under  Over

### Obesity Diagnosis

BMI  Normal  Under  Over  Extremely Over  
 PBF  Normal  Under  Over  
 WHR  Normal  Under  Over

PBF Fat Mass Evaluation  
 Segmental Fat  
 25.8% 24.8%  
 0.9kg 0.8kg  
 Normal Normal

Left Trunk 25.0% 7.4kg Over Right

22.2% 22.2%  
 2.2kg 2.2kg  
 Normal Normal

\*Segmental Fat is estimated.

## Muscle-Fat Control

Muscle Control + 9.5 kg Fat Control - 4.8 kg Fitness Score 66

## Impedance

Z	RA	LA	TR	RL	LL
20kHz	388.5	401.5	29.1	339.2	336.0
100kHz	350.0	361.2	24.6	308.2	304.5

\* Use your results as reference when consulting with your physician or fitness trainer.

## Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy expenditure of each activity (base weight: 59.6 kg / Duration: 30min. / unit: kcal)							
Walking 119	Jogging 209	Bicycle 179	Swim 209	Mountain Climbing 194	Aerobic 209	Table tennis 135	Tennis 179
Racket ball 298	Tae-kwon-do 298	Squash 298	Basketball 179	Rope jumping 209	Golf 105	Badminton 135	Football 209
Push-ups development of upper body	Sit-ups abdominal muscle training	Weight training backache prevention	Dumbbell exercise muscle strength	Elastic band muscle strength	Squats maintenance of lower body muscle	Oriental Fencing 298	Gate ball 113

### How to do

1. Choose practicable and preferable activities from the left.
2. Choose exercises that you are going to do for 7 days.
3. Calculate the total energy expenditure for a week.
4. Estimate expected total weight loss for a month using the formula shown below.

Recommended calorie intake per day  
 1800 kcal

\*Calculation for expected total weight loss for 4 weeks: **Total energy expenditure (kcal/week) X 4weeks ÷ 7700**

<b>Patient Name</b>	: Mr. Jigar Chheda	<b>Age/Gender</b>	: 48 Y/M
<b>UHID/MR No.</b>	: STAR.0000064189	<b>OP Visit No</b>	: STAROPV71559
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 16-07-2024 10:46
<b>LRN#</b>	: RAD2380020	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 8527862479		

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

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**Dr. VINOD SHETTY**  
Radiology