

Name : Mr. SAYANTAN NANDY (37 /M)

Date : 26/10/2024

Address : BIBEKANANDA NAGAR, PS-AMDHYAGRAM, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AGHL.0001477126

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH224163



## CHIEF COMPLAINTS

For corporate health checkup  
Recently diagnosed hypertension under care of  
Cardiologist

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma  
Hypertension Since - Recently  
diagnosed; Medication -  
regular  
Others - H/O Migraine



## DRUG ALLERGY

NO KNOWN ALLERGY :01/04/2019



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - regular; Piles - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



### Present medications

- T Concor Cor 2.5



### Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Covid 19 - Yes  
Hospitalization for - No  
Covid 19



### Surgical history

Others - Removal of Neurofibroma 7  
yrs ago



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Diabetes - father,mother  
Hypertension - father,mother  
Coronary artery - none  
disease  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build	- over weight
Height	- 176
Weight	- 90
BMI	- 29.05
Pallor	- No
Oedema	- no



### Cardiovascular system

Heart rate (Per minute)	- 73
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 125
Diastolic(mm of Hg)	- 90
Heart sounds	- S1S2+

### Respiratory system

Breath sounds	- Normal vesicular breath sounds
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### Abdomen

Organomegaly	- No
Tenderness	- No



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings	- OCULAR MOVEMENTS: (RE):FULL (LE):FULL ANTERIOR SEGMENTS: (RE):WNL (LE):WNL VISUAL ACUITY DISTANCE:WITHOUT GLASS (RE):6/6P (LE):6/6P VISUAL ACUITY NEAR:WITHOUT GLASS (RE):N6 (LE):N6 SPECTACLE POWER: RE:-0.50DS(6/6,N6) LE:-0.75DS(6/6,N6) ADVICE:*Glass Rx**Review after 1yr/SOS
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### COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	14.5	g/dl	●	13.0-17.0
RBC COUNT	4.72	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.4	%	●	41-53
MCV	89.7	fl	●	83-101
MCH	30.8	pg	●	27-32
MCHC	34.3	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	6300	/cu mm	●	4000-10000
Platelet Count	1.53	lacs/cu mm	●	1.5-4.0
Neutrophils	52	%	●	40-80
Lymphocytes	40	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

### ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	2	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Outside container.

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	49	U/L	●	0-50

### ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1

### ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	74	U/L	●	43-115

### AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	30	U/L	●	0-50

### BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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### CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	181	mg/dL	●	0-200
Non-HDL Cholesterol	147			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

### GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	34	U/L	●	0-55

### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	102 *	mg/dL	●	70-99

### GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	128	mg/dL	●	70-140

### HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.5	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

### HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	5 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	34	mg/dL	●	30-70

### LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	117	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	30	mg/dL	●	0-35

### PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.7	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	2.0		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	2.2	g/dL	●	1.8-3.6

### TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.21	ng/ml	●	0.87-1.78

### TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	10.39	µg/dL	●	5.48-14.28

### TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	172 *	mg/dL	●	0-150

### TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	3.69	µIU/mL	●	0.38-5.33

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.4	mg/dL	●	2.6-7.2

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### BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.3	mg/dL	●	7.0-18.0

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	11.4			

### TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 67%) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA..

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Biochemistry

A/G - RATIO

### Histopathology

PAP SMEAR /CERVICAL SMEAR

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**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

3

**ACCEPTABLE SCORE**

4

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**