



**Mediwheel**  
...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

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Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

**MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Rikin Thakar** aged, **27yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Rajkot**

Date: **16/07/2024**

*Dr. Nitesh Kumar*  
**M. N. J. M. B. S.**  
**BCMR 47093**

Name & Signature of

Medical officer

5

Apollo

भारत सरकार  
Government of India

Issue Date: 29/03/2013



Thakar Rikin Pradipbhai  
Date of Birth/DOB: 04/04/1996  
Male/ MALE

9190 4320 0484 3639  
VID : 9190 4320 0484 3639

मेरा आधार, मेरी पहचान

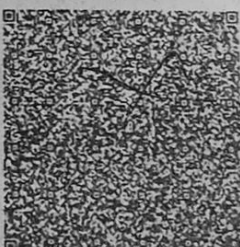
R.P. H... ..

*U*

Dr. Upal Shah  
M.D. Pathology  
Reg. No. G-13696

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

Address:  
SAHID SUKHDEVSINH TOWNSHIP C2 WING  
4TH FLOOR FLAT NO 405, 150 FEET RING  
ROAD SHITAL PARK, NEAR DWARKADHISH  
HIEGHTS, RAIYA, Rajkot, Rajkot,  
Gujarat - 360007



9190 4320 0484 3639  
VID : 9190 4320 0484 3639

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# excel eXcel Diagnostic centre

Kim Plaza, Raiya Road, Rajkot-360 007.

DATE: 16/7/24

NAME OF CLIENT: Rikin Thakur

DATE OF BIRTH: 4/4/1996 AGE: 27y (MALE/FEMALE)

HEIGHT: CM 169  
 WEIGHT: KG 48  
 ABDOMEN: CM 62  
 CHEST: CM INSPIRATION 76 CM EXPIRATION 81 CM

BLOOD PRESSURE: 110/70 mmHg PULSE: 88 /MIN  
 HABITS: TOBACCO/GUTKHA NO QUANTITY NO DURATION NO  
 SMOKING yes QUANTITY NO DURATION NO  
 ALCOHOL NO QUANTITY NO DURATION NO

*88 → 7-8 cigarettes per day since 8 yrs*

H/O BLEEDING GI TRACT, APPENDICITIS, PILES, FISTULA, THYROID, JAUNDICE, ETC	H/O ASTHMA, TUBERCULOSIS, BREATHLESSNESS	H/O PALPITATION, FAINTING SPELL, PAIN IN CHEST, BREATHLESSNESS ON EXERTION, SWELLING OF LEGS, FACE ETC	H/O BLEEDING URINARY TRACT, PAINFUL URINATION, PASSING OF STONES	H/O FITS, PARALYSIS, NERVOUS BREAKDOWN	H/O LEPROSY, LEUCODERMA, VENERAL DISEASE, ALLERGIC DERMATITIS
NO	NO	NO	NO	NO	NO

IS THERE ANYTHING IN THE MEDICAL HISTORY NOT ALREADY MENTIONED: NO

DETAILS OF OPERATION: NO

DETAILS OF ACCIDENT: NO

SYSTEMIC EXAMINATION (ANY ABNORMALITY FOUND) : NO

REFRACTIVE ERROR:

LEFT EYE	RIGHT EYE	NIGHT BLINDNESS	COLOUR VISION
<u>6/6</u>	<u>6/6</u>	NO	NORMAL

OTHER ILLNESS: NO


CONDITION OF TEETH, EARS, HEARING: NORMAL

H/O DIABETES: NO

H/O HIGH BLOOD PRESSURE: NO

FAMILY HISTORY: NOT SIGNIFICANT

I HAVE EXAMINED THE CANDIDATE PERSONALLY & HE/SHE IS FOUND FIT FOR WORK AFTER CORRELATION WITH LABORATORY REPORTS, X-RAY CHEST, ECG & MEDICAL EXAMINATION.

  
 Dr. G. D. Jagani (M.D.)  
 Reg. No. G-1287

# excel eXcel Diagnostic centre

Kim Plaza, Raiya Road, Rajkot-360 007.

Full name of life to be assured: *Rikin Thaker*

Age/Sex: *27 17/M*


Date: *16/7/24*

## REST E.C.G. REPORT:

Position	<i>within normal limit</i>
Standardization 1mv	
Mechanism	
Voltage	
Electrical Axis	
Auricular Rate	
Rhythm	
P Wave	
PR Interval	
QRS Complexes	
Q-T Duration	
S-T Segment	
T Wave	
Q Wave	

CONCLUSION: *Normal*

Signature of doctor



Dr. G. D. Jagani (M.D.)  
Reg. No. G-1287

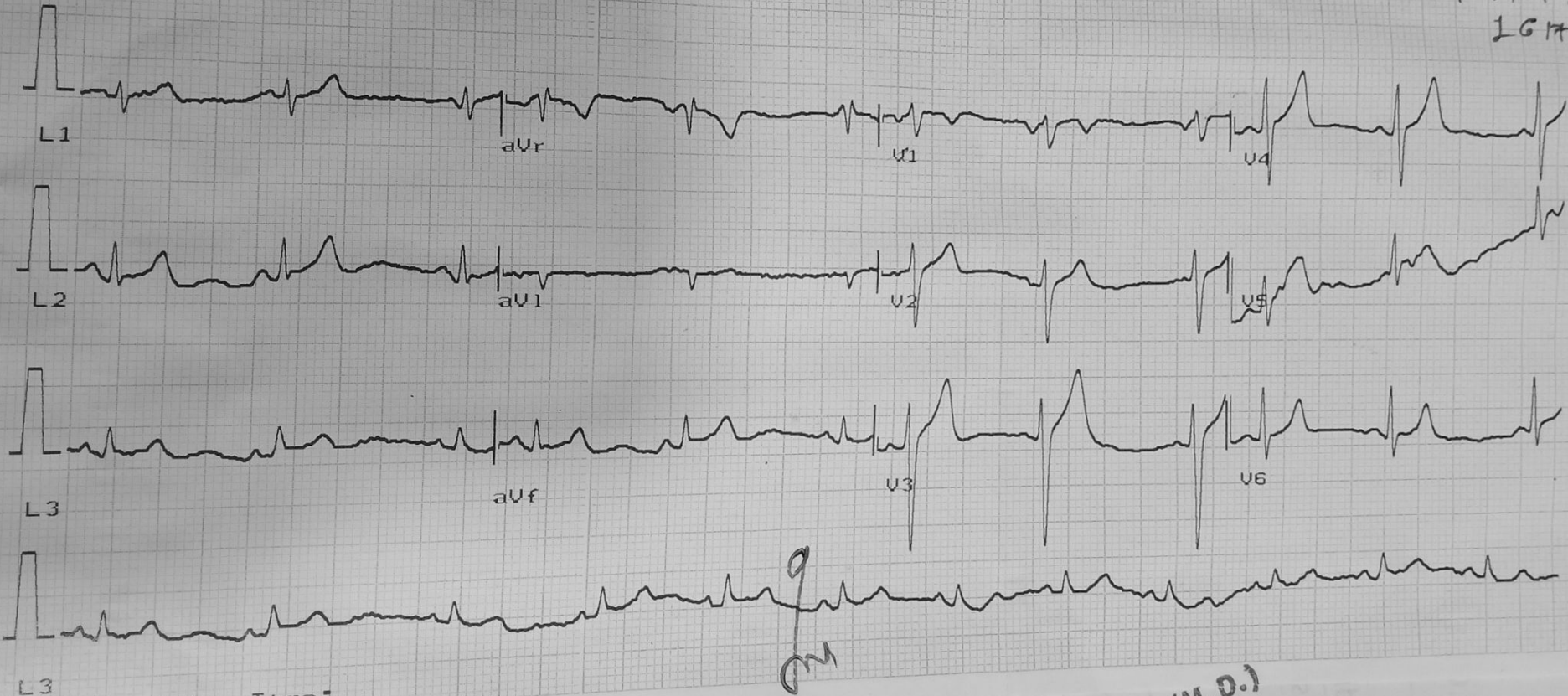
Medical center stamp

Name: \_\_\_\_\_  
\_ yrs \_ cm \_ Kg BP \_\_\_\_\_

⊗ R.P. Jagan

27/9/83  
LG 1724

Heart Rate : 88 bpm



INTERVAL (ms)  
PR: 92 QRS: 42  
QT: 285 QTc: 349  
ST: 135

AXIS (deg)  
P : 61 QRS: 59  
T : 57

L3  
Ver 10mm/mV Time: \_\_\_\_\_  
1.9 25mm/sec Date: \_\_\_\_\_

Dr. G. D. Jagani (M.D.)  
Reg. No. G-1287

PATIENT NAME: RIKIN THAKAR  
AGE : 27 YEARS / MALE  
DATE:16/07/2024

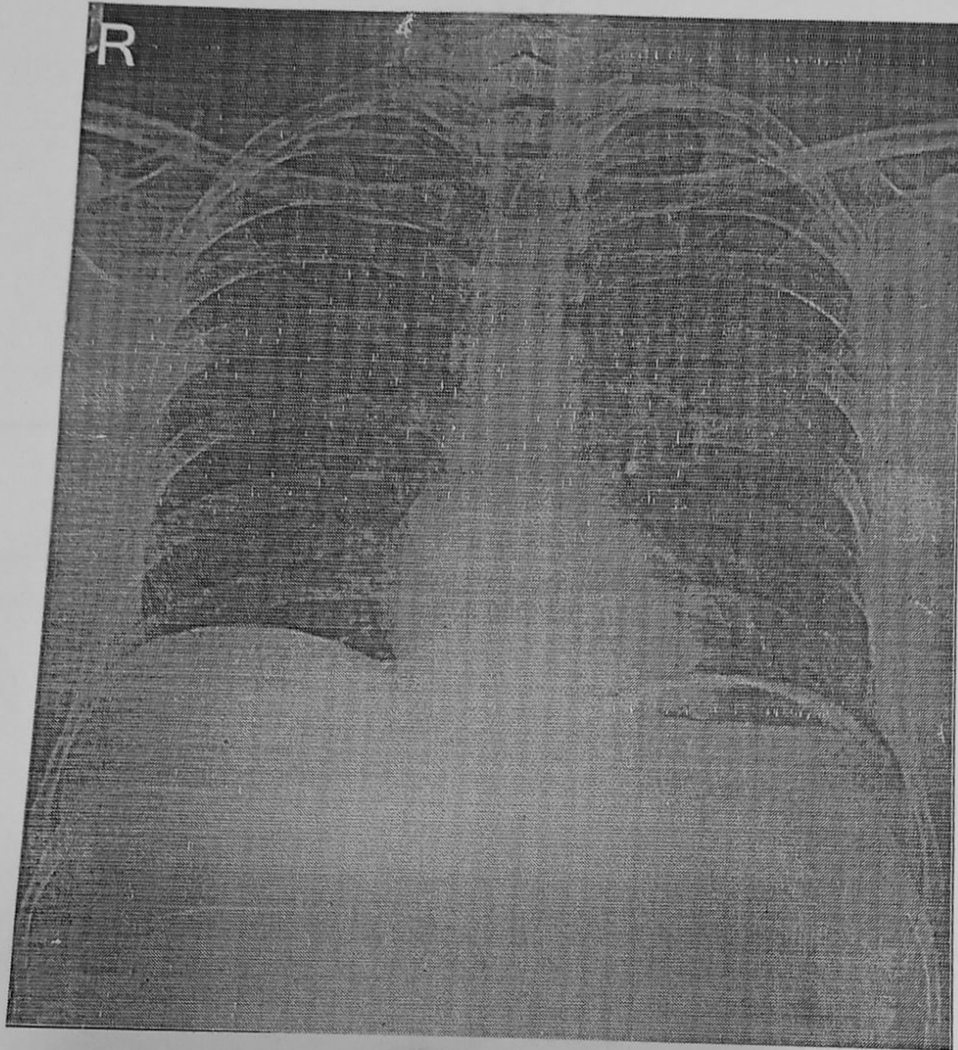
X-RAY OF CHEST PA VIEW

Both lungs are clear.  
Heart size is normal.  
Both the CP angles are clear.  
Both the domes are normal in position and contour.  
Bony thorax is normal.

Thank you for the reference.

*T. J.*





NAME: RIKIN THAKAR  
AGE: 27 YEARS/MALE  
DATE: 16/07/2024

## EYE EXAMINATION

DATE 16-07-24

NAME OF CLIENT: RIKIN THAKAR

AGE: 27 YEARS GENDER: MALE

REFRACTIVE ERROR:	LEFT EYE	RIGHT EYE	NIGHT BLINDNESS	COLOUR VISION	
	6/6	6/6	NO	NORMAL	NORMAL

FUNDUS EXAMINATION

NORMAL







# Dr. UPAL SHAH (M.D. PATHOLOGY) Excel Diagnostic Centre

A COMPUTERIZED PATHOLOGY & MICROBIOLOGY LABORATORY

**EMPOWERED WITH ENDOCRINE & SPECIAL TEST UNIT**

Patient Name : RIKIN THAKAR (I)

Age 27 Year

Sex Male

Reference:

DR.

ID.9



Reg. Date:  
16/07/2024

## URINE ANALYSIS

Test Observed Value

Sample

Random

### PHYSICAL EXAMINATION

Quantity

20 mL

Colour

Pale yellow

Appearance

Sl.Turbid

pH

ACIDIC

Specific Gravity

1.005

### CHEMICAL EXAMINATION

Protein (Albumin)

ABSENT

Sugar

NIL

Bile Salts

ABSENT

Bile Pigment

ABSENT

### MICROSCOPIC EXAMINATION / HPF

Pus Cells

OCCASIONAL

Red Blood Cells

ABSENT

Epithelial Cells

**ABSENT**

Crystals

Absent

Amorphous material

Absent

Casts

Absent

Trichomonas vaginalis

Absent

Yeast

Absent

Bacteria

Absent

Spermatozoa

Absent

Urobilinogen

**NOT INCREASED**

Dr. Upal Shah  
M.D. Pathology  
Reg. No. G-13696

Signature.

Kim Plaza, Raiya Road, Rajkot-360 007. 24x7 Help Line : 95588 14684

NOTE : The above results are Subject to variations due to technical limitations. Hence correlation with clinical findings and other investigations are requested.



# Excel Diagnostic Centre

Dr. UPAL SHAH (M.D. PATHOLOGY)

A COMPUTERIZED PATHOLOGY & MICROBIOLOGY LABORATORY

EMPOWERED WITH ENDOCRINE & SPECIAL TEST UNIT

Patient Name : RIKIN THAKAR (I)

Age 27 Year

Sex Male

Reference:

DR.

ID.9



Reg. Date:  
16/07/2024

## BLOOD GLUCOSE TEST

Test	Observed Value	Biological Reference Interval
Sample	FLOURIDE PLASMA	60.0 - 100.0
<b>FASTING (FBS)</b>		
Blood Sugar-F	85 mg/dL	60 - 100
Urine Sugar-F	NIL	
Urine Ketone-F	NIL	
<b>POST PRANDIAL (PPBS)</b>		
Blood Sugar-PP	110 mg/dL	80 - 120
Urine Sugar-PP	NIL	
Urine Ketone-PP	NIL	

## RENAL FUNCTION TEST

Test	Observed Value	Biological Reference Interval
S. Creatinine	1.08 mg/dL	0.60 - 1.50
BUN	12.6 mg/dl	10.0 - 20.0

## BLOOD CHEMISTRY

Test	Observed Value	Biological Reference Interval
SGPT (ALT)	24.3 U/L	Up to 49 U/L
<b>Bilirubin</b>		
Total	0.56 mg/dL	0.1 - 1.2
Direct	0.42 mg/dL	0.1 - 0.6
Indirect	0.14 mg/dL	0.10 - 0.50

Kim Plaza, Raiya Road, Rajkot-360 007, 24 Hr Helpline : 95586 74684

Signature:   
Dr. Upal Shah  
M.D. Pathology  
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A COMPUTERIZED PATHOLOGY & MICROBIOLOGY LABORATORY

EMPOWERED WITH ENDOCRINE & SPECIAL TEST UNIT

Patient Name : RIKIN THAKAR (I)

Age 27 Year

Sex Male

Reference:

DR.

ID.9



Reg. Date:  
16/07/2024

## CBC

Test	Observed Value		Biological Reference Interval
<b>Blood Count</b>			
Haemoglobin	13.6	g/dL	13.5 - 18.5
RBC Count	4.85	mill./cmm	4.50 - 6.00
Platelet Count	3,26,000	/cmm	150000 - 450000
WBC Count	6,500	/cmm	4000 - 11000
<b>DIFFERENTIAL WBC COUNT</b>			
Polymorphs	74	%	40 - 75
Lymphocytes	24	%	20 - 45
Eosinophils	1	%	0 - 6
Monocytes	1	%	0 - 10
Basophils	00	%	0 - 1
<b>RBC INDICES</b>			
PCV	43.3	%	35.0 - 45.0
MCV	89.3	fL	80.0 - 99.0
MCH	28.0	pg	28.0 - 32.0
MCHC	31.4	g/dL	30.0 - 34.0
ESR	8	mm/1st hour	0.0 - 10.0

BLOOD GROUP "ABO" Rh

"B" POSITIVE

**Dr. Upal Shah**  
M.D. Pathology  
Reg. No. G-13696

Signature.

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