

**ULTRA SONOGRAPHY ABDOMEN**

NAME	Mr. Prashant Ahirwar	UHID NUMBER:-	ASHR.0000023294
REF. BY	ATIC	DATE	28.10.2024
		AGE/SEX:-	36y/M

**Liver:-** is normal in size and echotexture. Portal and hepatic venous system appears normal. Intra and extra hepatic biliary radicals are not dilated.

**Gall Bladder:-** is shows partial contraction (non-fasting status).

**Pancreas** is normal in size outline and echopattern.

**Spleen** is normal in size and echopattern.

**Both kidneys** are normal in size, shape and echogenicity. Central pelvicalyceal sinus and corticomedullary ratio are normal. Few small echogenic foci are seen in mid and lower pole region left kidney.

Right kidney measures:- 9.4x3.8cm

Left kidney measures:- 9.4x4.1cm

**Urinary bladder** is inadequate distended.

No evidence of ascites is seen.

**IMPRESSION:-** Sonography Study Reveals:-

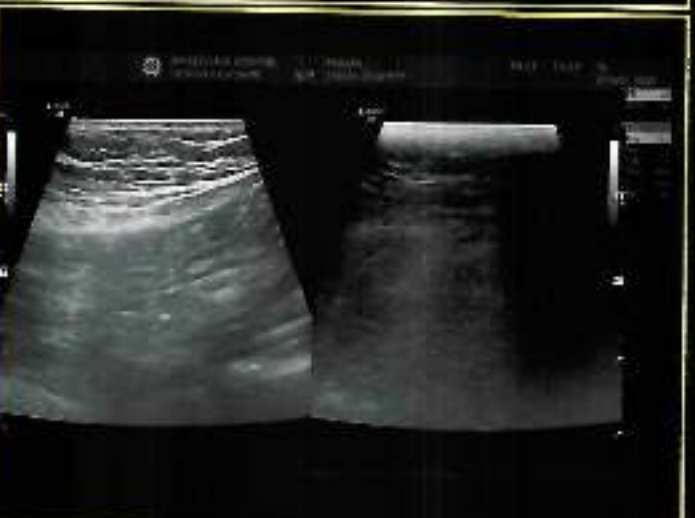
- Few left renal concretion (3mm).

**ADV:-** Clinical Correlation.

*Nohitas*

**DR. HARI SANTOSH**  
CONSULTANT RADIOLOGIST

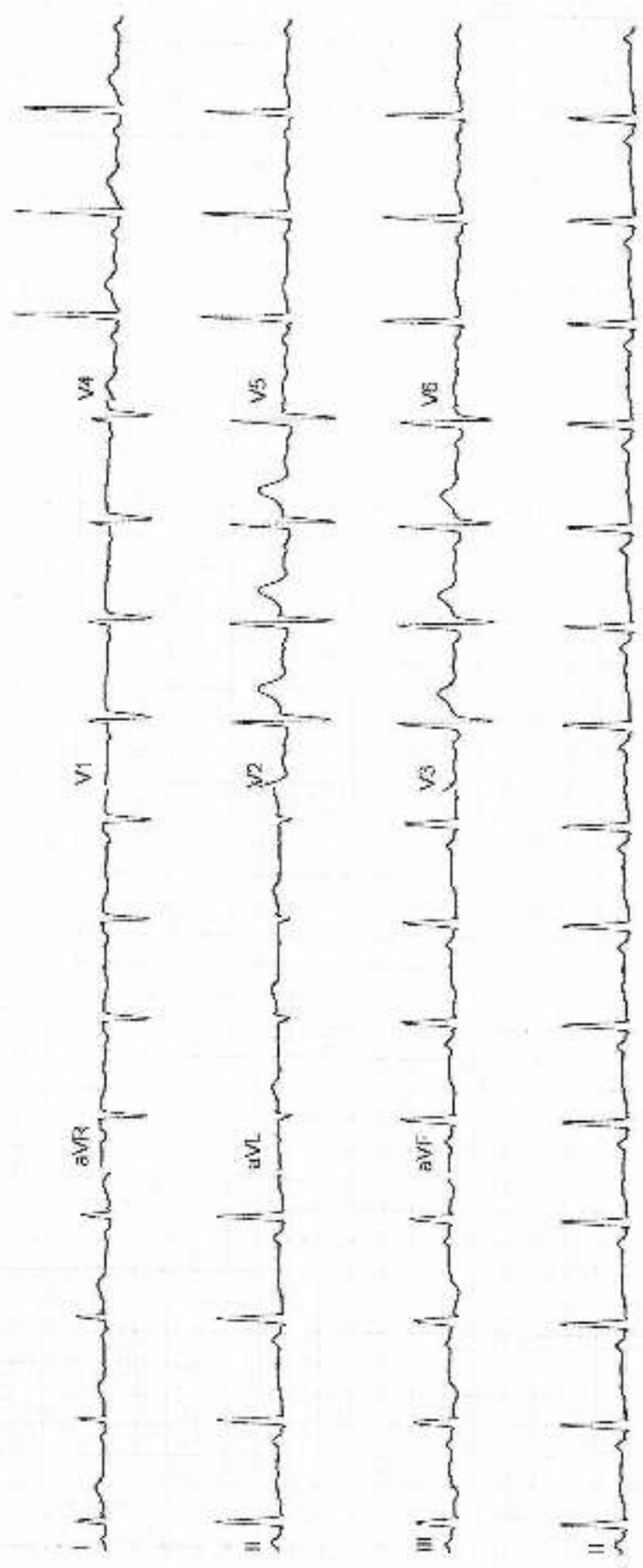




Normal sinus rhythm  
Nonspecific T wave abnormality  
Abnormal ECG

QRS : 68 ms  
QT / QTc Baz : 348 / 428 ms  
PR : 132 ms  
P : 92 ms  
RR / PP : 656 / 659 ms  
P / QRS / T : 60 / 66 / -15 degrees

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:



Dr. Siddharth Malaiya



M.B.B.S, M.S (Ophthalmology), F.V.P.F.I, Hyd. (Cornea & LASIK)

FBIIEC, Australia (Ocular surface & Stem cells)

Fellow L.V Prasad Eye Institute, Hyderabad, Ex-Faculty ASG Eye Hospital, Jodhpur

Consultant Ophthalmologist & Cornea Super-specialist

Phaco-refractive & Cornea transplant surgeon

Name: Prashant Ahirwar

Age/Sex: 36/M

Date: 22/10/22

Nil systems

Vision	UCVA	Glasses	Pinhole	AR
RE		6/6		R -2.75   -0.75 x 180
LE		6/6		L -2.5   -1.5 x 180

Eye	Sphere	Cylinder	Axis	BCVA	PG
RE					R
LE					L
Add					

Dr. Siddharth Malaiya  
 Apollo Sage Hospitals  
 99/3-99-100, E-8 Area Colony, Bhopal - 462026 (M.P.) India



Patient ID:	ASHR.0000023294	Patient Name:	PRASHANT 36Y/M
Age:		Sex:	M
Accession Number:		Modality:	DX
Referring Physician:		Study:	CHEST
Study Date:	28-Oct-2024		

**X-RAY CHEST (PA VIEW)**

Patient is in mild position rotation.

Mild scoliosis of dorsal curvature with concavity towards left.

Both lung fields are clear. No active pleural or parenchymal lesion is seen.

The hila, mediastinum and the diaphragmatic domes are normal.

The costophrenic and cardiophrenic angles are clear.

The cardiac silhouette is unremarkable.

Adv:- Clinical correlation.

*Nohitas*


**DR. HARI SANTOSH**  
CONSULTANT RADIOLOGIST



# ECHOCARDIOGRAPHY REPORT

Patient's Name	Prashant Ahirwar	Date	28/10/2024
Age/Sex	36Y/M	UHID	HC -23294
Referred By	Health Check	Done By	Dr.Gaurav Khandelwal

- Left Ventricle : Normal Left Ventricular Size, Wall Thickness & Function.
- Left Ventricular Ejection Fraction is within Normal Limits (LVEF : 60%)
- Left Atrium : Normal Left Atrial Size & Functions.
- Right Ventricle : Normal Right Ventricular Size & Functions.
- Right Atrium : Normal Right Atrial Size & Function.
- Valvular Structures : Normal Mitral, Tricuspid, Pulmonic & Aortic Valve Structures.
- Aortic Root is Normal.
- No Evidence of Pericardial Effusion.
- No LA / LV Clot

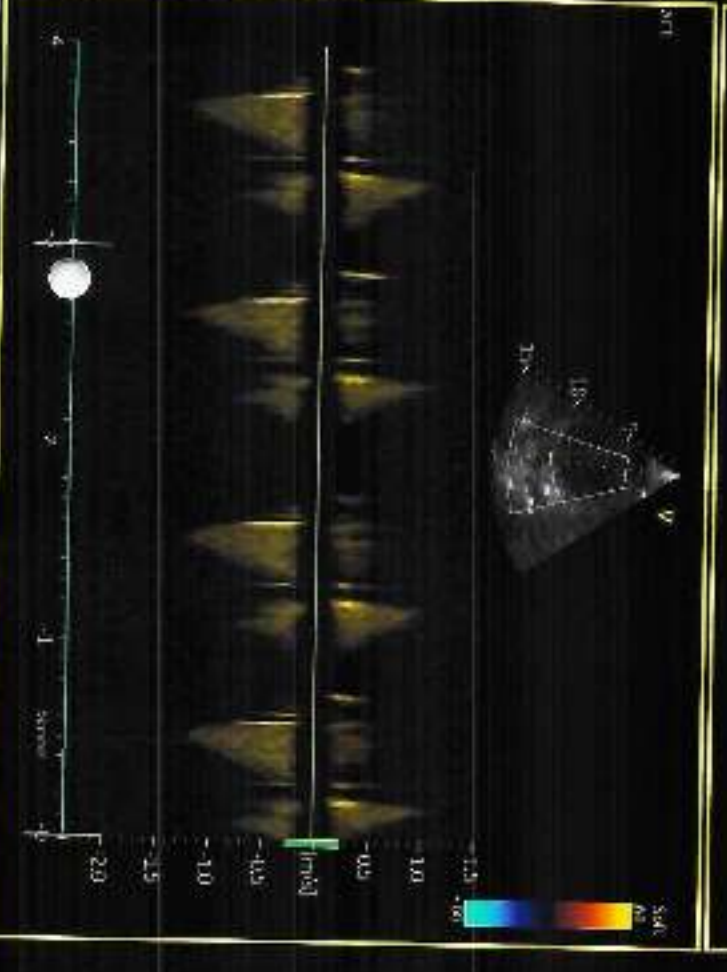
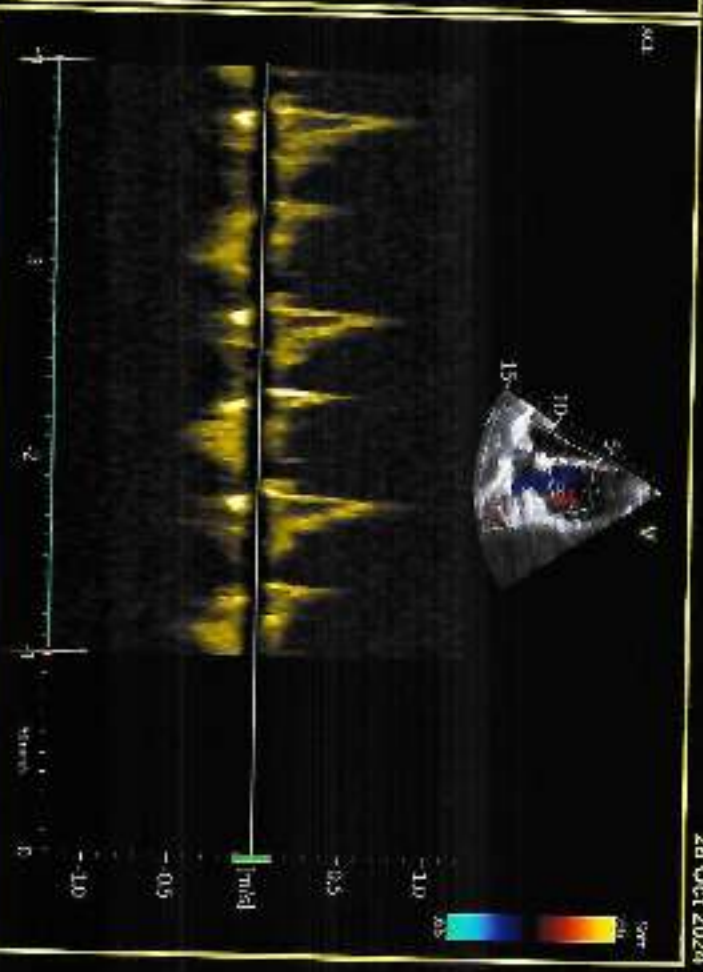
  
**DR. GAURAV KHANDELWAL**  
 DM (Cardiology), FACC, FESC, FSCAI, FIC  
 INTERVENTIONAL CARDIOLOGIST

Name : PRASHANT AHIRWAR 36Y HC-23294

# Apollo Sage Hospitals

28 Oct 2024

ExpNo: 09140  
Date: 27/10/24  
EDW/Dr/Path: 38 ml  
Time: 02:07 PM



### AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	3	4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender. The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. Note: The risk category is determined through the ratio between your score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<8.5mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment.

#### DISCLAIMER

- This risk assessment tool and its risk output were developed by the team and cannot be used independently.
- The risk score and clinical algorithm is a general guideline for physician's. Any additional laboratory investigations, diagnostic imaging, and/or treatment recommendations for lifestyle management is under the physician's or cardiologist's discretion.
- The information in this report is up-to-date, accurate and correct. Doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or reliable for any loss or damage as the said report is based on the AICVD risk score without any intervention from the user.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same data within user risk and to then proceed with the treatment without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515.







Mr. PRASHANT AHIRWAR (36 /M)

UHID : ASH.0000673294

AHC No : BPLAH11519

Date : 28/10/2024

MEDIWHEEL FULL BODY HEALTH PLUS BELOW  
40 ADVANCED-MALL

Dear Mr. PRASHANT AHIRWAR

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

**Personalized Health Risk Assessment (pHRA):** Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

**Health Mentor:** We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress.



Name: Mr. PRASHANT AHIRWAR

UHID : ASHR 0000023294

Date : 28/10/2024

MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40  
ADVANCED-MALE

AHC No: BPLAH11519

Executive Summary



IPM consultation refused By Guest

Reported By : NEELAM JAIN

**Dr. NEELAM JAIN**

AHC Physician / Consultant Internal Medicine

Note: The Health Check-up examinations and routine investigations have certain limitations and may miss some of the underlying conditions. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required as necessary.

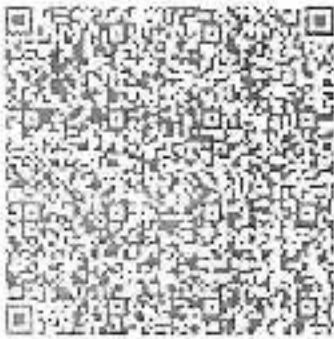


**ProHealth App:** You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

**Follow-Up Consultation:**

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

*Disclaimer: The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.*



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UHD : ASHB.0000023294

MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40  
ADVANCED-MALE

CARDIOLOGY

IMT/OT/CHO

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

X Ray

X-RAY CHEST PA

● Within Normal Range

● Borderline High/Low

● Out of Range



Name : Mr. PRASHANT AHIRWAR (36 /M)

Date : 28/10/2024

Address : H NO 72, VAIDYANATH CITY, BEHING PEOPLE MALL, BHOPAL, BHOPAL, MADHYA  
PRADESH, INDIA

Examined by : Dr. NEELAM JAIN

UHID : ASHB.0000023294

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ADVANCED-MALE

AHC No : BPLAH11519



### Chief Complaints

For corporate health checkup  
No specific complaints

### Present Known illness

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia



### Drug Allergy

NO KNOWN ALLERGY :25/11/2023



### Systemic Review

**Cardiovascular system** : Chest pain - no; Breathing difficulty - no

**Respiratory system** : - Nil Significant

**Oral and dental** : - Nil Significant

**Gastrointestinal system** : Appetite - normal; Bowel habits - regular

**Genitourinary system** : Frequency - normal; Dysuria/burning micturition - no; Urgency - no

**Central nervous system** : - Nil Significant

**Eyes** : Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

**ENT** : - Nil Significant


**Musculoskeletal system** :

**Spine and joints** : Nil Significant

**Skin** : - Nil Significant

**Weight** : - stable

**General symptoms** : General symptoms - tiredness, weakness

 **Present medications** : - Nil



### Past medical history



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**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.85	mg/dL	●	0.72 - 1.18

**URIC ACID - SERUM / PLASMA**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It's also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	5.6	mg/dL	●	3.5-7.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.9	mg/dL		Male: <50yrs 8.67-20.5 mg/dl Male: >50yrs 6.41-25.7 mg/dl

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.23	ng/ml	●	0.82-1.41

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	12.07	ug/dL	●	5.01 - 12.45

**TSH: THYROID STIMULATING HORMONE - SERUM**

TSH is a test that measures the amount of the hormone TSH in the blood. It can tell you if it's overactive (hyperthyroidism) or underactive (hypothyroidism). The test also detect thyroid disorder before you have any symptoms.

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	0.89	uUnit	●	0.35-5.50

**EGG**

**NSR**

● Within Normal Range      ● Borderline High/Low      ● Out of Range



**MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40  
ADVANCED-MALE**

Past medical history - nil significant

Covid 19 - No



**Surgical history**

Surgical history - Nil

**Immunization history**

- Covid Dose1, Covid Dose2



**Personal history**

Ethnicity - Indian Asian

Marital status - Married

No. of children - 1

Profession - government employee

Diet - Mixed Diet

Alcohol - consumes alcohol occasionally

Frequency - occasional

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



**Family history**

Father - alive

Aged - 68

Mother - alive

Aged - 63

Brothers - 0

Sisters - 3

Diabetes - father, mother

Coronary artery disease - father

Cancer - None

Physical Examination



**General**

General appearance - normal



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**ALBUMIN/GLOBULIN RATIO**

Test Name	Result	Unit	Level	Range
ALBUMIN AND GLOBULIN RATIO	2.0		●	0.9-2.0

**AST (SGOT) - SERUM**

Test Name	Result	Unit	Level	Range
AST (SGOT)	19	U/L	●	< 50

**ALT(SGPT) - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	< 50

**BILIRUBIN, TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL	0.7	mg/dL	●	0.3-1.2

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT)	0.2	mg/dL	●	< 0.2

**BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN UNCONJUGATED (INDIRECT)	0.5	mg/dL	●	0.1-1.2

**ALKALINE PHOSPHATASE - SERUM/PLASMA**

Test Name	Result	Unit	Level	Range
Alkaline Phosphatase - Serum	69	U/L	●	30-120

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name	Result	Unit	Level	Range
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	0-55

● Within Normal Range      ● Borderline High/Low      ● Out of Range





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ADVANCED-MALE


Build	- normal
Height	- 174
Weight	- 59.2
BMI	- 18.55
Paler	- No
Oedema	- no
SpO2	- 99

 **Head and ENT**

Ear - Wax

 **Oral and Dental**

- No significant finding

 **Cardiovascular system**


Heart rate (Per minute)	- 100
Rhythm	- Regular
Systolic(mm of Hg)	- 115
Diastolic(mm of Hg)	- 69
	- B.P. Sitting
Heart sounds	- S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance	- Normal
Organo-megaly	- No
Tenderness	- No

 **Central nervous system**

- No neurological deficit

 **Skin**

- No significant finding



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#### LDL CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct (DL))	155 *	mg/dL	●	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-199 Very high: >199

#### TRIGLYCERIDES - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	90	mg/dL	●	Normal: <150 Borderline high: 150-199 High: 200-499 Very high: ≥ 500

#### VLDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	16	mg/dL	●	15-30

#### TOTAL CHOLESTEROL AND HDL RATIO

Test Name	Result	Unit	Level	Range
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	3.4 *		●	3.5-5.0

#### PROTEIN TOTAL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.0	g/dL	●	6.6-8.3

#### ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
Albumin - Serum	4.7	g/dL	●	3.5-5.2

#### GLOBULIN - SERUM

Test Name	Result	Unit	Level	Range
GLOBULIN	2.3 *	g/dL	●	2.3-4.6

● Within Normal Range

● Borderline High/Low

● Out of Range



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UHO : ASHB.0000023294

MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40  
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### Musculo Skeletal System

- No significant finding

### Psychological Assessment

Psychological assessment - Normal

### Ophthalmology consultation

Ophthalmology consultation done by - Dr.Siddhartha Malaiya

Ophthalmology findings - BE A/s wnl Treatment BE e/d Tear drops 4 times/day for 1 month

### ENT consultation

ENT consultation done by - Dr Ankit Mishra

ENT findings - Rx Soliwax ear drop 3.3.2 left ear 5 days

Printed By : SIDDHARTH MALIYA



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Sugar	Nil		
Ketone	Nil		
Bilirubin	Nil		
RBC	Nil		
RBC Cells	1-2	/hpf	0.0 - 5.0/HPF
Epithelial Cells	1-2	/hpf	<20
Yeast Cells	Absent		
Bacteria	Absent		
Casts	Absent		ABSENT
Crystals	Absent		

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group	B			
Rh(D) Type	Positive			

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	95	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post prandial)	87	mg/dL	●	70-140

**CHOLESTEROL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Total Cholesterol	170	mg/dL	●	Desirable: <200 Borderline High: 200 - 239 High ≥240

**HDL CHOLESTEROL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
HDL Cholesterol	51	mg/dL	●	>40

● Within Normal Range

● Borderline High/Low

● Out of Range



**CBC**

Test Name	Result	Unit	Level	Range
Hb-MCGI OBIN	14.2	g/dL	●	13.0-17.0
Packed cell volume (Calculated)	43.3	%	●	38.5-48.6
RBC Count	5.06	Million	●	4.50-5.90
MCV	85.5	fL	●	80-100
MCH	28.2	pg	●	27-32
MCHC	33.0	g/dL	●	32-36
RDW	13.0*	%	●	11.8-14.5
PLC COUNT	5.81	10 <sup>9</sup> /mm <sup>3</sup>	●	4.0-11.0
Neutrophils	46	%	●	40-80
Lymphocytes	41*	%	●	20-40
Monocytes	9	%	●	2-10
Eosinophils	4	%	●	1-6
Basophils	0	%	●	0-2
Platelet Count	272.6	10 <sup>9</sup> /mm <sup>3</sup>	●	100-400
Mean Platelet Volume	8.56	fL	●	8.5-12.0

**ERYTHROCYTE SEDIMENTATION RATE (ESR)**

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	mm/1st hr	●	0-15

**URINE ROUTINE (CUE)**

Urinalysis is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015		●	1.005 - 1.025
Colour	Pale-Yellow			
Transparency	Clear			
pH	Acidic			
Protein	Nil			

● Within Normal Range

● Borderline High/Low

● Out of Range

