

Patient Name	: Mr.SHIVAPRAKASH M S	Collected	: 13/Jul/2024 08:44AM
Age/Gender	: 40 Y 1 M 12 D/M	Received	: 13/Jul/2024 10:20AM
UHID/MR No	: CMYS.0000057617	Reported	: 13/Jul/2024 03:44PM
Visit ID	: CMYSOPV127304	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 35E6668		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240182682



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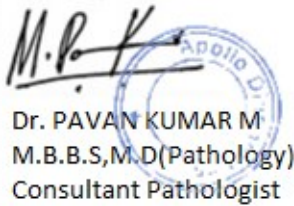
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	14.3	g/dL	13-17	Spectrophotometer
PCV	43.20	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.16	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	84	fL	83-101	Calculated
MCH	27.6	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	13.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYtic COUNT (DLC)				
NEUTROPHILS	39.3	%	40-80	Electrical Impedance
LYMPHOCYTES	52.5	%	20-40	Electrical Impedance
EOSINOPHILS	1.9	%	1-6	Electrical Impedance
MONOCYTES	5.9	%	2-10	Electrical Impedance
BASOPHILS	0.4	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	2633.1	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	3517.5	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	127.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	395.3	Cells/cu.mm	200-1000	Calculated
BASOPHILS	26.8	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	0.75		0.78- 3.53	Calculated
PLATELET COUNT	299000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are normocytic normochromic.

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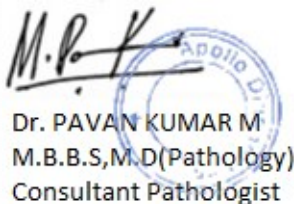
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

W.B.C: normal in number with normal morphology and distribution.

Platelets: normal in number and are seen in singles and clumps.

Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.



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Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	111	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	157	mg/dl	70-140	GOD, POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
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Dr. PAVAN KUMAR M
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA

HBA1C, GLYCATED HEMOGLOBIN	6.5	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	140	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	215	mg/dl	0-200	CHOD
TRIGLYCERIDES	85	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	41	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	174	mg/dL	<130	Calculated
LDL CHOLESTEROL	156.85	mg/dL	<100	Calculated
VLDL CHOLESTEROL	16.98	mg/dL	<30	Calculated
CHOL / HDL RATIO	5.22		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.10		<0.11	Calculated

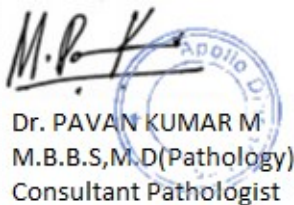
Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.55	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.19	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.36	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	62	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	31.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	63.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.40	g/dl	6.4-8.3	Biuret
ALBUMIN	4.50	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.90	g/dL	2.0-3.5	Calculated
A/G RATIO	1.55		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury.

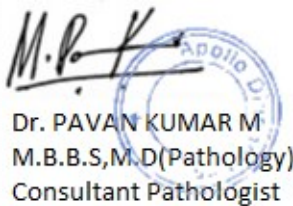
Values also correlate well with increasing BMI.

- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1

In Alcoholic Liver Disease AST: ALT usually >2

This ratio is also seen to be increased in NAFLD, Wilsons’s diseases, Cirrhosis, but the increase is usually not >2

2. Cholestatic Pattern:



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

- ALP – Disproportionate increase in ALP compared with AST, ALT.
 - Bilirubin may be elevated.
 - ALP elevation also seen in pregnancy, impacted by age and sex.
 - To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
3. Synthetic function impairment:
- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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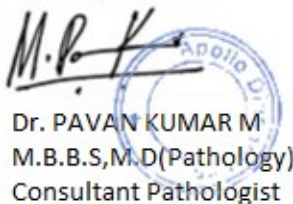


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Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.89	mg/dL	0.67-1.17	Enzymatic colorimetric
UREA	19.50	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	9.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	8.00	mg/dL	3.5-7.2	Uricase
CALCIUM	9.30	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.08	mg/dl	2.7-4.5	Molybdate
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.3	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.40	g/dl	6.4-8.3	Biuret
ALBUMIN	4.50	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.90	g/dL	2.0-3.5	Calculated
A/G RATIO	1.55		0.9-2.0	Calculated



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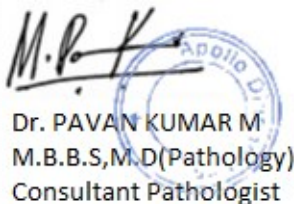


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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	33.00	U/l	0-55	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	1.4	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	12.0	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	1.050	µIU/mL	0.38-5.33	CLIA

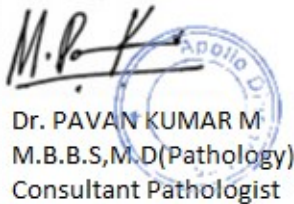
Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism

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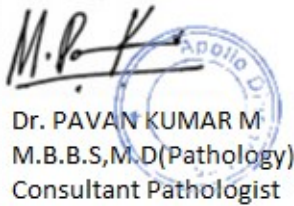


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Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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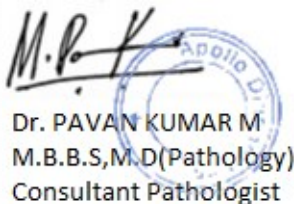


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Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.950	ng/mL	0-4	CLIA



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Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 35E6668	

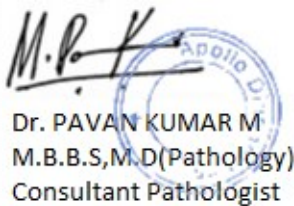
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	3 - 5	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UR2385641




Patient Name	: Mr.SHIVAPRAKASH M S	Collected	: 13/Jul/2024 08:44AM
Age/Gender	: 40 Y 1 M 12 D/M	Received	: 13/Jul/2024 02:34PM
UHID/MR No	: CMYS.0000057617	Reported	: 13/Jul/2024 04:00PM
Visit ID	: CMYSOPV127304	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 35E6668		

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Page 16 of 17



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UR2385641



Patient Name : Mr.SHIVAPRAKASH M S	Collected : 13/Jul/2024 08:44AM
Age/Gender : 40 Y 1 M 12 D/M	Received : 13/Jul/2024 02:34PM
UHID/MR No : CMYS.0000057617	Reported : 13/Jul/2024 04:00PM
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Emp/Auth/TPA ID : 35E6668	

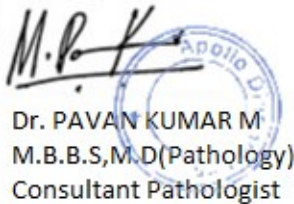
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UF011894



Patient Name : Mr. SHIVAPRAKASH M S

Age/Gender : 40 Y/M

UHID/MR No. : CMYS.0000057617

OP Visit No : CMYSOPV127304

Sample Collected on :

Reported on : 15-07-2024 13:45

LRN# : RAD2377322

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 35E6668

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY .

Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
Radiology

Patient Name : Mr. SHIVAPRAKASH M S

Age/Gender : 40 Y/M

UHID/MR No. : CMYS.0000057617

OP Visit No : CMYSOPV127304

Sample Collected on :

Reported on : 15-07-2024 13:14

LRN# : RAD2377322

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 35E6668

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and shows few small calculi, measuring 2 to 3 mm.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 10.9x4.4cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o hydronephrosis seen. **Small calculus measuring 5 mm in the upper pole.**

LEFT KIDNEY: It measures 10.8x6.0 cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

LOSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION:

- **GRADE I FATTY LIVER.**
- **CHOLELITHIASIS.**

. Chetan H, DNB

Consultant Radiologist.

Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)

Radiology

eye, 8, 9, 12,

Name: Mr SHIVAPRAKASH M S

Age: 40 Y
Sex: M

UHID: CMYS 0000057617



Address: MYSORE

OP Number: CMYSOPV127304

Plan: ARCOFEMI-MEDIWHEEL-MALE-AHC-CREDIT-PAN-INDIA-OP-AGREEMENT

Bill No: CMYS-OCR-23632

Date: 13/07/2024 08:38

Sno	Service Type/Service Name	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY 2324	
1	GAMMA GLU-TAMYL TRANSFERASE (GGT)	
2	PROSTATE SPECIFIC ANTIGEN (PSA TOTAL)	
3	2D ECHO - P	
4	LIVER FUNCTION TEST (LFT)	
5	GLUCOSE (FASTING)	
6	HEMOGRAM - PERIPHERAL SMEAR	
7	DIEET CONSULTATION - P	
8	COMPLETE URINE EXAMINATION	
9	URINE GLUCOSE (POST PRANDIAL)	
10	PERIPHERAL SMEAR	
11	HCG	
12	RENAL PROFILE RENAL FUNCTION TEST (RFT/KFT)	
13	RENAL CONSULTATION	
14	GLUCOSE (POST PRANDIAL) (PP 2 HOURS (POST MEAL))	
15	URINE GLUCOSE (FASTING)	
16	HbA1c GLYCATED HEMOGLOBIN	
17	XRAY CHEST PA	
18	ENT CONSULTATION - P	
19	FITNESS BY GENERAL PHYSICIAN - P	
20	BLOOD GROUP & ABO ANTIBODY FACTOR	
21	LIPID PROFILE	
22	BODY MASS INDEX (BMI)	
23	OPHTHAL BY GENERAL PHYSICIAN	
24	ULTRASOUND - WHOLE ABDOMEN - P	
25	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

160/90
Wt - 77.2
Ht - 160

Date : 13-07-2024
 MR NO : CMYS.0000057617

Department : GENERAL
 Doctor : Dr. Umesh HB

Name : Mr. SHIVAPRAKASH M S

Registration No : 67084
 Qualification : MBBS- MD

Age/ Gender : 40 Y / Male

Consultation Timing: 08:37

Height: 160	Weight: 77.2	BMI:	Waist Circum:
Temp:	Pulse: 72	Resp: 20	B.P: 160/90

General Examination /
 Allergies History

Clinical Diagnosis & Management Plan

COS
 AS
 PA | NAD

90 H/W
 12 PM

T- Zuca pndi - M 1000 (30)
 10/500
 R- ALT- D3 60k Once a week (5)
 I- Olanzast 40 too (30)

HBAIC
 FLB

FRS
 PRA

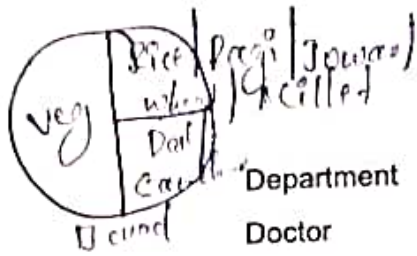
RVA 3 months

Regular Encem/ wt reductn

Follow up date :

Umesh HB
 Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalladasa Road, Mysore - 02
 Ph : 0821-4006040/41



Date : 13-07-2024
MR NO : CMYS.0000057617

Department : GENERAL Diabetics
Doctor : Madhura .B.P

Name : Mr. SHIVAPRAKASH M S
Age/ Gender : 40 Y / Male

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PHD

Consultation Timing: 08:37

IBW - 60 kg

Height: 160	Weight: 77.2	BMI: 30 kg/m ²	Waist Circum: 90
Temp:	Pulse:	Resp:	B.P: 160/90

kelo - HTN, Newly diagnosed - 2011

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

FBS - 111
PPBS - 157
HbA1c - 6.5
Total cholesterol - 215
NON HDL - 174
LDL - 156.85
chol/HDL - 5.22

Δ^{vis} - Grade I Fatty liver, cholelithiasis.
→ Advised low fat, diabetic diet with fiber rich foods.
→ Avoid fruits like mango, sapota, Jackfruits, custard apple & big banana.
→ Avoid root vegetables like potato, sweet potato, Yam & Arbi.
→ Dietary guidelines chart is given.

Follow up date :

Doctor Signature

13/7/2024

Apollo Clinic
23, 1st Floor,
Kaldasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 13-07-2024
 MR NO : CMYS.0000057617
 Name : Mr. SHIVAPRAKASH M S
 Age/ Gender : 40 Y / Male

Department : GENERAL
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 08:37

Height : 160	Weight : 77.2	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 160/90

General Examination / Allergies History

Clinical Diagnosis & Management Plan

	OD =	OS =
Distance	6/6	6/6
Near	Ng	Ns
Colour vision	Normal	Normal

Follow up date :

Doctor Signature

Naaveen

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 13-07-2024
MR NO : CMYS.0000057617

Department : GENERAL
Doctor :

Name : Mr. SHIVAPRAKASH M S
Age/ Gender : 40 Y / Male

Registration No : *Dr. Prakash Kumar K*
Qualification : *MBBS (Gen)*

Consultation Timing: 08:37 ¹⁶⁰

Height : <i>165</i>	Weight : <i>77.2</i>	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : <i>160/90</i>

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Came for never known disorder

EAD - bilateral TM - normal

Nose . normal mucus - normal

aural cavity in exploration - @

neck @

to *hearing*

Follow up date :

ple
Doctor Signature

CLINIC
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4906040/41

Date : 13-07-2024
MR NO : CMYS.0000057617

Department : GENERAL (dental)
Doctor :

Name : Mr. SHIVAPRAKASH M S
Age/ Gender : 40 Y / Male

Registration No :
Qualification :

Consultation Timing: 08:37

Height: 160	Weight: 77.2	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 160/90

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

CLL/AS DL. Jyothishree

O/E

7/1 missing.

ADU - Replacement

CA + S +

ADU - total prophylosis

Follow up date :

Doctor Signature 

Apollo Clinic
23, 1st Floor,
Kuldaso Road, Mysore - 02
PH : 0821-4006040/41

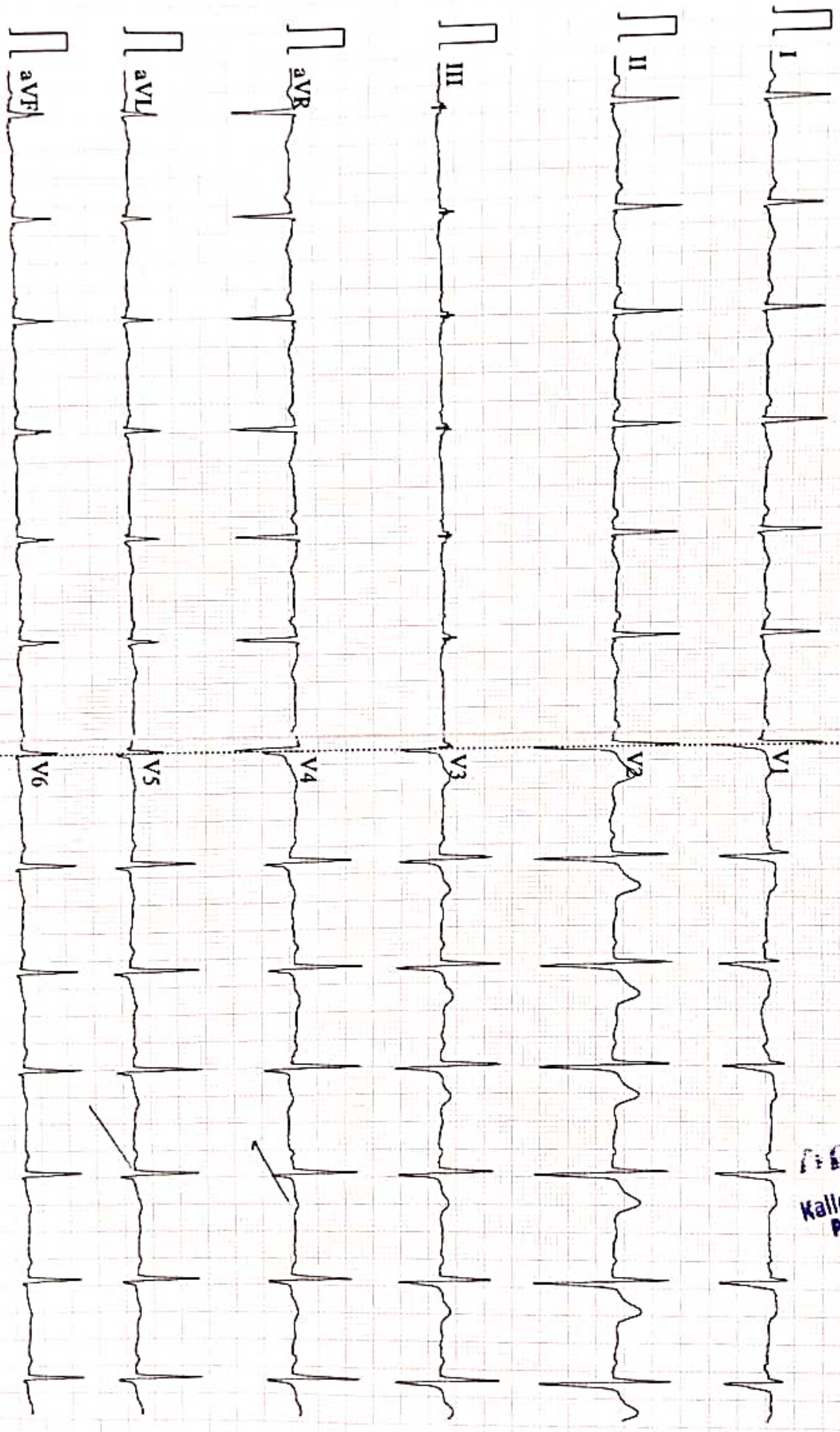
ID: 57617
MR SHIVAPRAKASH M S
Male 40Years
160cm 77kg 160/90 mmHg

13-07-2024 09:30:43 AM

Diagnosis Information:

Unconfirmed Report.

Apollo Clinic
2B, 1st Floor,
Kalldasa Road, Mysore - 02
Ph : 0821-4006040/41



0.5~45Hz AC50 25mm/s 10mm/mV 2*5.0s 76 CARDIART 8 D VI.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU

Apoll HOSPITALS Patient ID: 57617	Patient Name: MR SHIVAPRAKASH M S
Age:	Sex: M
Accession Number:	Modality: CR
Referring Physician:	Study: CHEST
Study Date: 13-Jul-2024	

X-RAY CHEST PA

Both lung fields and hila are normal .
 No obvious active pleuro-parenchymal lesion seen .
 Both costophrenic and cardiophrenic angles are clear .
 Both diaphragms are normal in position and contour .
 Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.

Dr. CHETAN HOLEPPAGOI
 MBBS, DNB(RADIO DIAGNOSIS)



Date: 13-Jul-2024 17:20:33

Apollo Health and Lifestyle Limited

ICPN : U85110TG2000PLC11SR19
 Regd. Office : 1-10-10-1-2, Aayaz Khan Rajgudde Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
 Ph. No. (040) 4634 7777 Fax No. 4634 7744 Email ID: enquiry@apolloh.com | www.apolloh.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavanagudi | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
 Koramangala | Sarjapur Road | Mysore (VV Mahalle)

Online appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

1860/500 7788

Patient's Name : Mr Shivaprakash	Age & Sex; 40Yrs /male
Date : 13.07.2024	UHID No: 57617

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal valves and chamber volumes
- No regional wall motion abnormality seen
- Normal left ventricular systolic function. EF 69 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

APOLLO CLINIC, 10th Floor, 102, Ashoka Baghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
 Ph: No. 044-4644 1111 Fax No: 4644 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

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 Kolar: Mahalingapur Road | Mysore: XV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr Shivaprakash	Age & Sex: 40Yrs /male
Date : 13.07.2024	UHID No: 57617

Measurements

AO : 2.4 cm
LA : 2.7 cm

RV : 2.4 cm
LVIDd 4.38 cm
LVIDs : 2.67 cm
IVSd : 1.08 cm
IVSs : 1.52 cm
PWd : 1.15 cm
PWs : 1.49 cm
EF : 69.0 %
FS : 39.0 %

Doppler

MV	TV	AV	PV
E 0.94 m/s	E --- m/s	V max 1.17 m/s	V max 1.26 m/s
A: 0.75 m/s	A --- m/s		

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT - NON-INVASIVE CARDIOLOGY



Dr. GURU PRASAD. B. V
MBBS, PGDCC, PGDCC
CONSULTANT - NON-INVASIVE CARDIOLOGY
Apollo Health and Lifestyle Limited

Apollo Health and Lifestyle Limited

Head Office: 11, 12th Floor, Anandha Kaghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph: 080-4646 7788 Fax: 080-4646 7744 | mail ID: enquiry@apollohli.com | www.apollohli.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavanagudi | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Kannur: Malappuram Road | Mysore: IVV Mohalla

Online appointments: www.apollohli.com

TO BOOK AN APPOINTMENT

1860 500 7788

Name: Mr. SHIVAPRAKASH M S
Age/Gender: 40 Y/M
Address: MYSORE
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_16052024
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. UMESH H B

MR No: CMYS.0000057617
Visit ID: CMYSOPV127304
Visit Date: 13-07-2024 08:37
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Corporate Health Checkup,

SYSTEMIC REVIEW

**Weight

--->: Stable,

Number of kgs: 73.2,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

**Cancer: NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

IMPRESSION

Finding Category : within normal limits,

EKG

: NORMAL,

RECOMMENDATION

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

Doctor's Signature

Your appointment is confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 11-07-2024 11:58

To:shavashivaprakashMS90@gmail.com <shavashivaprakashMS90@gmail.com>

Cc:Mysore Apolloclinic <mysore@apolloclinic.com>;Yogeesh KV <mkt.mysore@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>



Dear **SHIVAPRAKASH MUGURU SHIVASWAMY**,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2024-07-13** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.

Contact No: (0821) 400 6040 - 41.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,
Apollo Clinic



Issue Date: 09/04/2012



भारत सरकार
Government of India

ಶಿವಪ್ರಕಾಶ್ ಎಂ ಎಸ್

Shivaprakash M S

ಜನ್ಮ ದಿನಾಂಕ / DOB: 01/06/1984

ಪುರುಷ / MALE

4654 7138 5128

ಸೇರಾ ಆರ್ಥಾರ, ಸೇರಿ ಪಹ್ಚಾನ



4654 7138 5128