



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. RANJAN APOORV
EC NO.	181269
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	HEMNAPUR
BIRTHDATE	02-01-1995
PROPOSED DATE OF HEALTH CHECKUP	24-02-2024
BOOKING REFERENCE NO.	23M181269100088122E


This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda


Dr. J.P. SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Apoorv Ranjan



Dr. J.P. SINGH
M.D. (Medicine) / FACP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

MR DROVER RANJAN
Age 29y/m

24.02.2024 9:47:35
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

68 bpm
- / - mmHg

QRS : 78 ms
QT / QTcBaz : 360 / 362 ms
PR : 134 ms
P : 116 ms
RR / PP : 860 / 862 ms
P / QRS / T : 70 / 47 / 30 degrees

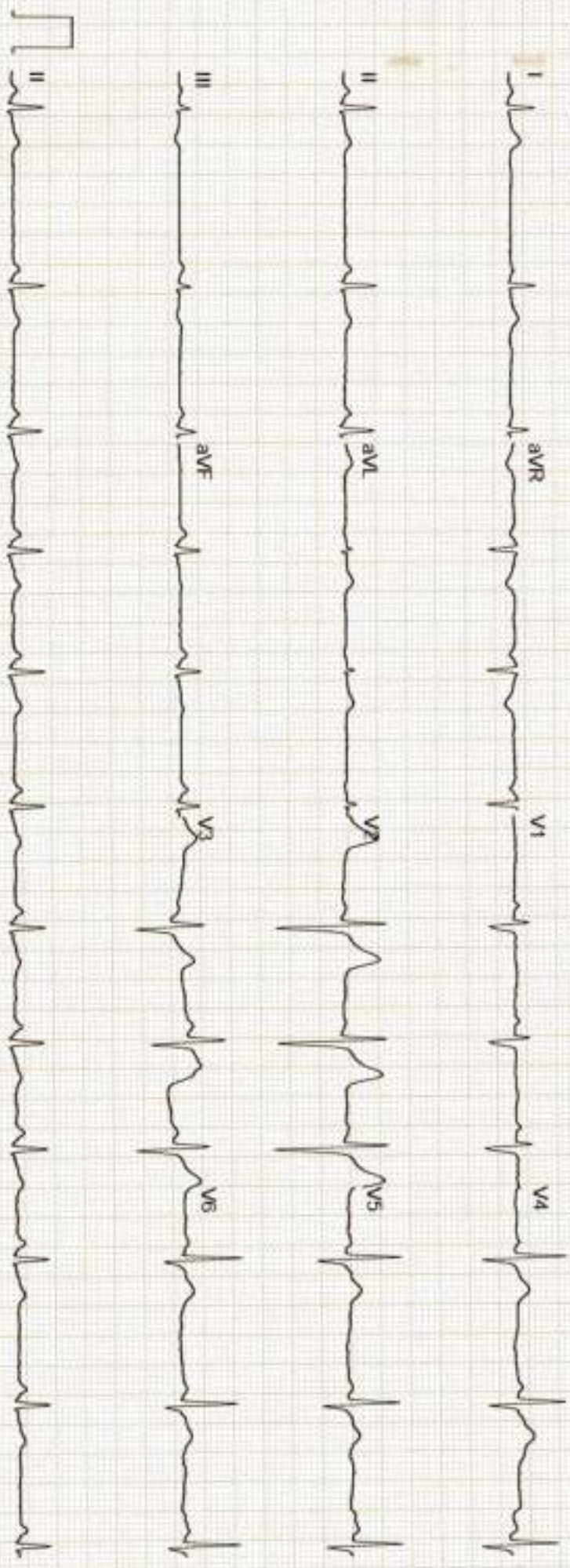
Sinus rhythm with marked sinus arrhythmia
Otherwise normal ECG

Dr. J.P. Singh

Location: Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

Technician:
Ordering Ph: DR J.P. SINGH
Referring Ph:
Attending Ph:

Dr. J.P. SINGH
M.D. (Medicine) FACP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
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GE MAC2000 1 1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2 5x3 25_R1 1/1

Unconfirmed



सर्वे सत्यं विदुष्यात्

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी मार्ट मॉल, गल्ला मण्डी मोड़ जिला अस्पताल रोड- सुलतानपुर

Report No : 37,458
 Patient Name : Mr. APOORV RANJAN
 Age (Y-M-D) : 29 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 2/24/2024 12
 Receiving Date : 2/24/2024 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

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 Director & Consultant Physician
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 (A Unit of JPK Hospital & Trauma Center Pvt. Ltd.)

Dr. Amit Kumar

M.B.B.S. MS

Reg No.-29176

Dr. Amit Kumar
 (Sonologist.)

Timings: 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }





सर्व सन्तु निरुपना

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी मार्ट मॉल, गल्ला मण्डी मोड़ जिला अस्पताल रोड- सुलतानपुर

Report No : 37,452
 Patient Name : Mr. APOORV RANJAN
 Age (Y-M-D) : 29 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 24-Feb-24 12
 Receiving Date : 24-Feb-24 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contous & echotexture.
SPLEEN.	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
IMPRESSION	: NORMAL FINDINGS

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Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No.-20175

Dr. Amit Kumar
 (Sonologist.)

Timings: 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

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(NOT FOR MEDICO LEGAL PURPOSE)



JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : JPKH-MRN-48590
Name : Mr. RANJANA APOORV
Age/Gender : 29Y/M
Date/Time : 24-02-2024/18:35
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-003614

PSA TOTAL

Observation

BIO-CHEMISTRY

PSA Total

0.24 ng/mL

<4.00 ng/mL

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003615

Blood Urea Nitrogen (BUN)

Blood Urea Nitrogen (BUN)

10.4 mg/dL

5-18 mg/dL Infant/Child

6-20 mg/dL Adult

8-23 mg/dL Adult >60Yr

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003614

Serum Creatinine

Observation

Serum Creatinine

0.7 mg/dL

Male 0.9-1.3 mg/dL

Female 0.6-1.1 mg/dL

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003615

Total Cholesterol

Triglycerides

HDL

Lipid Profile

185.9 mg/dl

134.4 mg/dL

58.9 mg/dL

Desirable < 200 mg/dL

Borderline 200-239 mg/dL

High > 240 mg/dL

Normal < 150 mg/dL

Borderline High 150-199 mg/dL

High 200-499 mg/dL

Very high > 500 mg/dL

Low < 40 mg/dL

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI

MBBS, DCP (DNB)

Consultant Pathologist

JPK Hospitals & Trauma Center Pvt. Ltd.

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Facilities Available

- ECG
- PFT
- Endoscopy
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- Biochemistry
- Microbiology
- FNAC
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INVESTIGATION

RESULT

REFERENCE RANGE

LDL 110.4 mg/dL

Normal 40 -60 mg/dL
High > 60 mg/dL
Optimal <100 mg/dL
Near Optimal 100-129 mg/dL
Borderline high 130-159 mg/dL
High 160-189 mg/dL
Very high >190 mg/dL

VLDL 26.8 mg/dL

15-30 mg/dL
Desirable < 20 mg/dL
Borderline High 21-39 mg/dL
High > 40 mg/dL

TC/HDL Ratio 3.1

(Less than 5.0)

LDL/HDL 1.8

UPTO 3.5

Sample Collection 24 Feb 2024 / 18:38
Result Approval 29 Feb 2024 / 18:21

LRN-003614

Fasting blood sugar

Fasting Blood Sugar

95.0 mg/dL

70-110 mg/dl

Observation

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003618

HbA1C

Glycosylated Haemoglobin

4.5 %

4-6% - NON-DIABETIC
6-7% - GOOD CONTROL
7-8% - FAIR CONTROL
>8% - ACTION SUGGESTED

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003614

Uric Acid

Uric Acid

5.3 mg/dL

Male 4.0-8.5 mg/dL

Female: 2.7-7.3 mg/dL

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNE)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Age/Gender : 29Y/M
Date/Time : 24-02-2024/18:35
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INVESTIGATION

RESULT

REFERENCE RANGE

Observation

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LRN-003615

Liver Function Test (LFT)

Bilirubin Total	0.58 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.24 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.34 mg/dL	0.0 - 0.8 mg/dL
SGOT	35.6 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	31.4 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	86.9 U/L	UPTO 125 U/L
Total Protein	6.92 g/dL	6.0 - 8.0 g/dL
Albumin	4.47 g/dL	3.5 - 5.2 g/dL
Globulin	2.45 g/dL	1.5 - 3.0 g/dL
A/G	1.8	1 - 2

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003614

Gamma Glutamyl transferase (GGT)

GGT	21.3 U/L	5-36 U/L (Female) 8-61 U/L (Male)
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Observation

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Result Approval 26 Feb 2024 / 19:18

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI

MBBS, DCP (DNB)

Dr. Shiwangi

Pathologist

(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Date/Time : 24-02-2024/18:35
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-003513

Blood Group
RH Typing
Observation

HAEMATOLOGY

Blood grouping and Rh typing

AB
POSITIVE (+)

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18

LRN-003611

Haemoglobin

Complete Blood Count

14.4 g/dL
13-18g/dL(>15yr Adult Male)
12-15g/dL(>15yrAdult Female)

WBC Count

4780
4000-11,000/cumm

Differential Count

Neutrophils

61 %
40-75 %

Lymphocytes

28 %
20-45 %

Eosinophils

05 %
01-08 %

Monocytes

06 %
02-10 %

Basophils

00 %
00-01 %

RBC Count

4.43 million/cumm
4.5-6.0 million/cumm (Male)
4.0-5.5 million/cumm (Female)

PCV

43.4 %
40-54 % (>15yr Adult Male)
34-48 % (>15yr Adult Female)

MCV

98.0 fl
75-95 fl

MCH

32.5 pg
26-32 pg

MCHC

33.2 %
30-35%

Platelet Count

158000 cells/cumm
150000 - 400000 cells/cumm

Mean Platelet Volume(MPV)

13.5 fL
7.5-11.5 fL

RDW-CV

11.6 %
11-16 %

RDW-SD

41.9 %
35-56 %

Observation

Sample Collection 24 Feb 2024 / 18:38

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Clinical Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Age/Gender : 29Y/M
Date/Time : 24-02-2024/18:35
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

Result Approval 26 Feb 2024 / 19:18

LRN-003612

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

12 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

Sample Collection 24 Feb 2024 / 18:38
Result Approval 26 Feb 2024 / 19:18



Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI

MBBS, MCP (DNB)

Clinical Pathologist

(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48590
Name : Mr. RANJANA APOORV
Age/Gender : 29Y/M
Date/Time : 24-02-2024/18:35
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

URN-003817

Clinical Pathology URINE-ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml : 20 ML
Urine Color : PALE YELLOW
Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
Nitrite : NEGATIVE
Urobilinogen : NEGATIVE
pH : 6.0
Blood : NEGATIVE
Sp.Gravity : 1.030
Ketone : NEGATIVE
Bilirubin : NEGATIVE
Glucose : NEGATIVE
Protein : NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells : 1-2/HIGH POWER FIELD
RBC : NIL
Pus Cells : 2-3/HIGH POWER FIELD
Casts : NOT SEEN
Crystals : NOT SEEN
Observation :

Sample Collection 24 Feb 2024 / 18:38
Result Approval 29 Feb 2024 / 18:21

JPK HOSPITAL
॥ सर्वे सन्तु निराजयः ॥

Rakesh

Rakesh Sharma
Lab Technician

Dr. Shiwangi
Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt Ltd.)

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Patient ID : JPKH-MRN-48590
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Age/Gender : 29Y/M
Date/Time : 24-02-2024/18:35
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE


INVESTIGATION	RESULT	REFERENCE RANGE
CHEMILUMINESCENCE IMMUNOASSAY		
Thyroid Function Test (T3, T4, TSH)		
LRN-003618		
T3	1.08 ng/mL	0.69-2.15
T4	75.6 ng/mL	52-127
TSH	1.95 μ IU/mL	21 weeks- 20 years: 0.7-8.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Observation

Sample Collection 24 Feb 2024 / 18:35
Result Approval 26 Feb 2024 / 19:18

----- End of Report -----

JPK HOSPITAL
॥ सर्वे सन्तु निरोगयः ॥


Rakesh Sharma
Lab Technician


Dr. SHIWANGI
MBBS, MCh (DNB)
Consultant Pathologist
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JPK HOSPITAL AND TRAUMA CENTER

BRUCE:Supine(0:07)

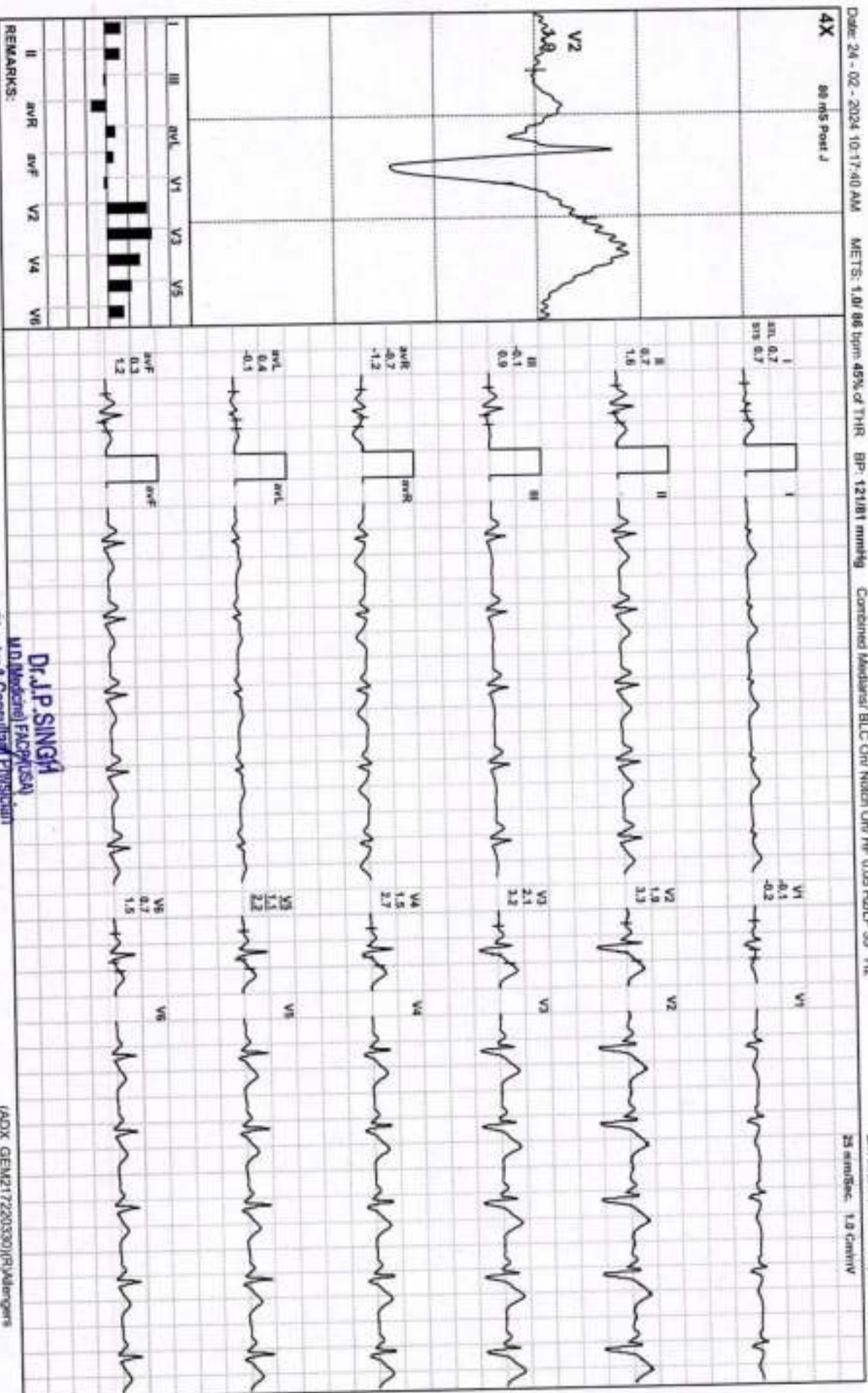


Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 86

Date: 24 - 02 - 2024 10:17:40 AM METS: 1.0/ 86 bpm 45% of THR BP: 12/181 mmHg Combined Meqars/ BLC On/ Natch On/ HF 0.05 HdtLF 35 Hz

ExtTime: 00:00 0.8 mph 0.0%

25 em/Sec 1.8 Cm/IV



Dr. J.P. SINGH

MD, Medical (FACP, USA)

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt Ltd)

(ADX_GEN217220330)R/Padmangera

JPK HOSPITAL AND TRAUMA CENTER

BRUCE: Standing(0:10)



Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 86

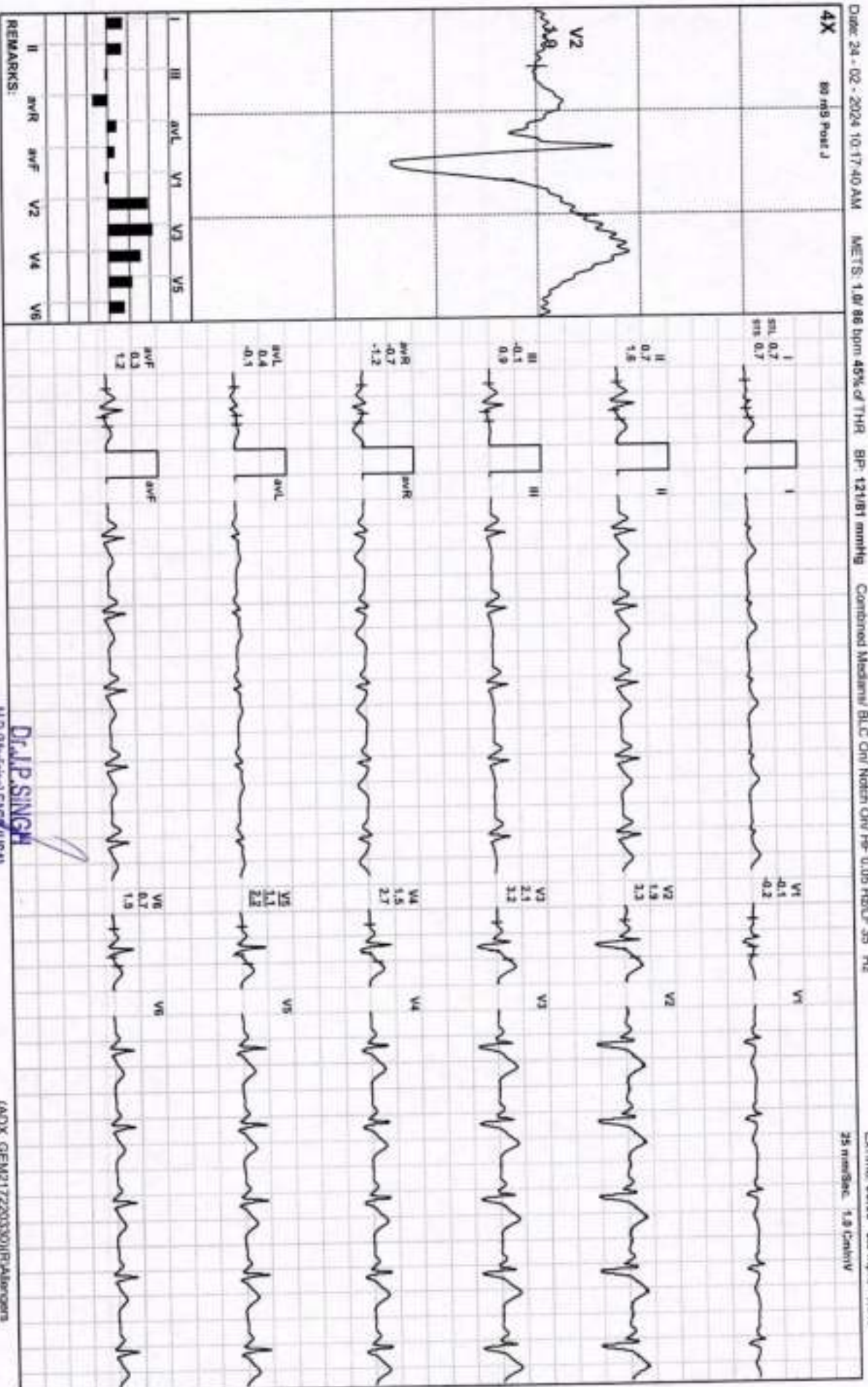
Date: 24 - 02 - 2024 10:17:40 AM

METS: 1.0/ 86 bpm 40% of THR BP: 12/181 mmHg

Combined Mediana/ BLC On/ Netch On/ HF: 0.05 HOLF: 35 Hz

ExTime: 00:00 0.8 mph, 0.0%

25 mm/Sec 1.8 Cm/mV



REMARKS:

Dr. J.P. SINGH

M.D. (Physician) FACF (USA)

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospital & Trauma Center Pvt.Ltd)

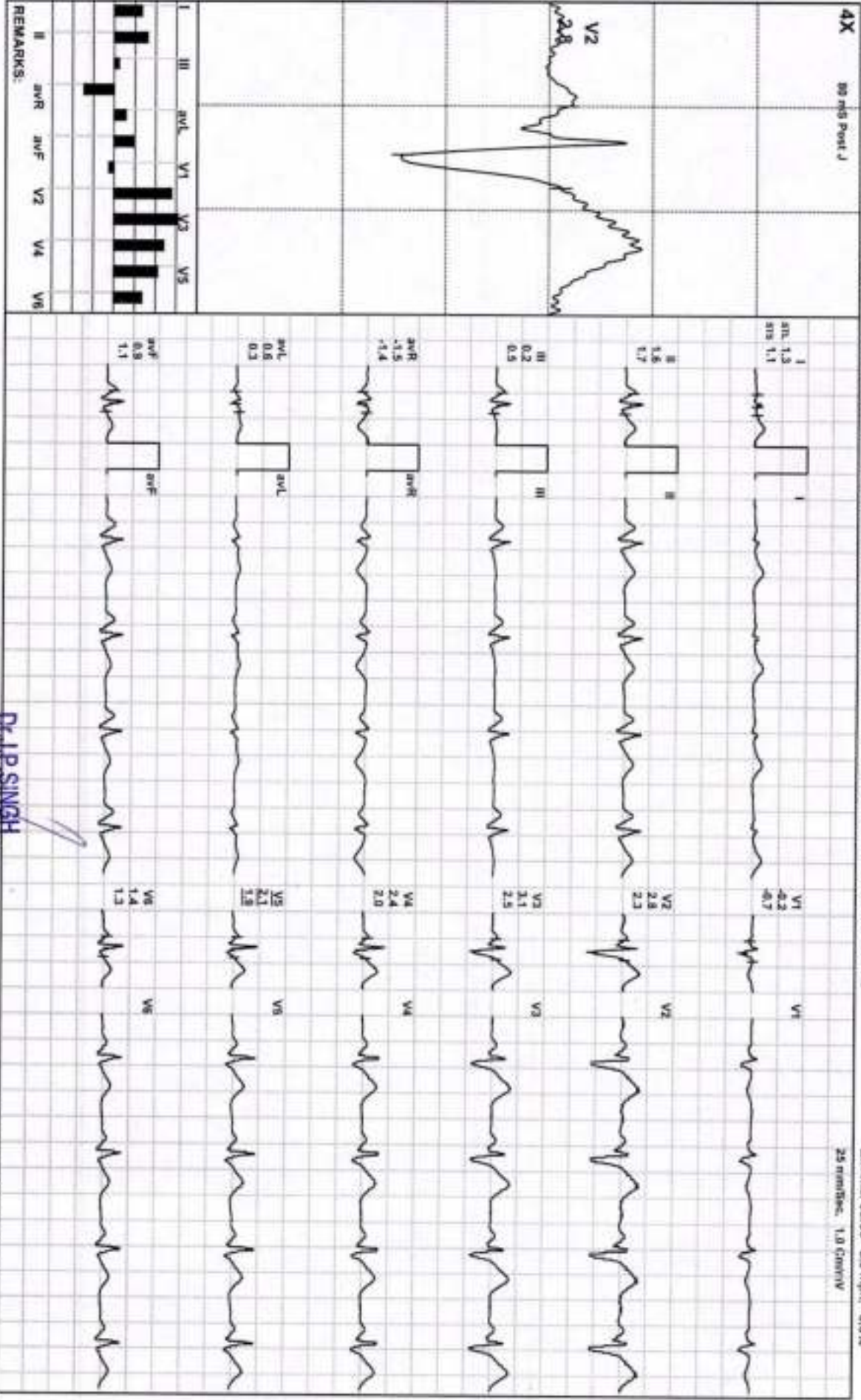
(ADX_GEM217220330)RJA/engns



Date: 24 - 02 - 2024 10:17:40 AM METS: 1.00 81 bpm 42% of THIR BP: 121/81 mmHg Combined Meds: BLOC On Nixol On HF 0.05 HOLD SS Hz

EXTIME: 00:00 0.0 mph, 0.0%

25 mm/sec, 1.0 cm/mV



Dr. JP SINGH

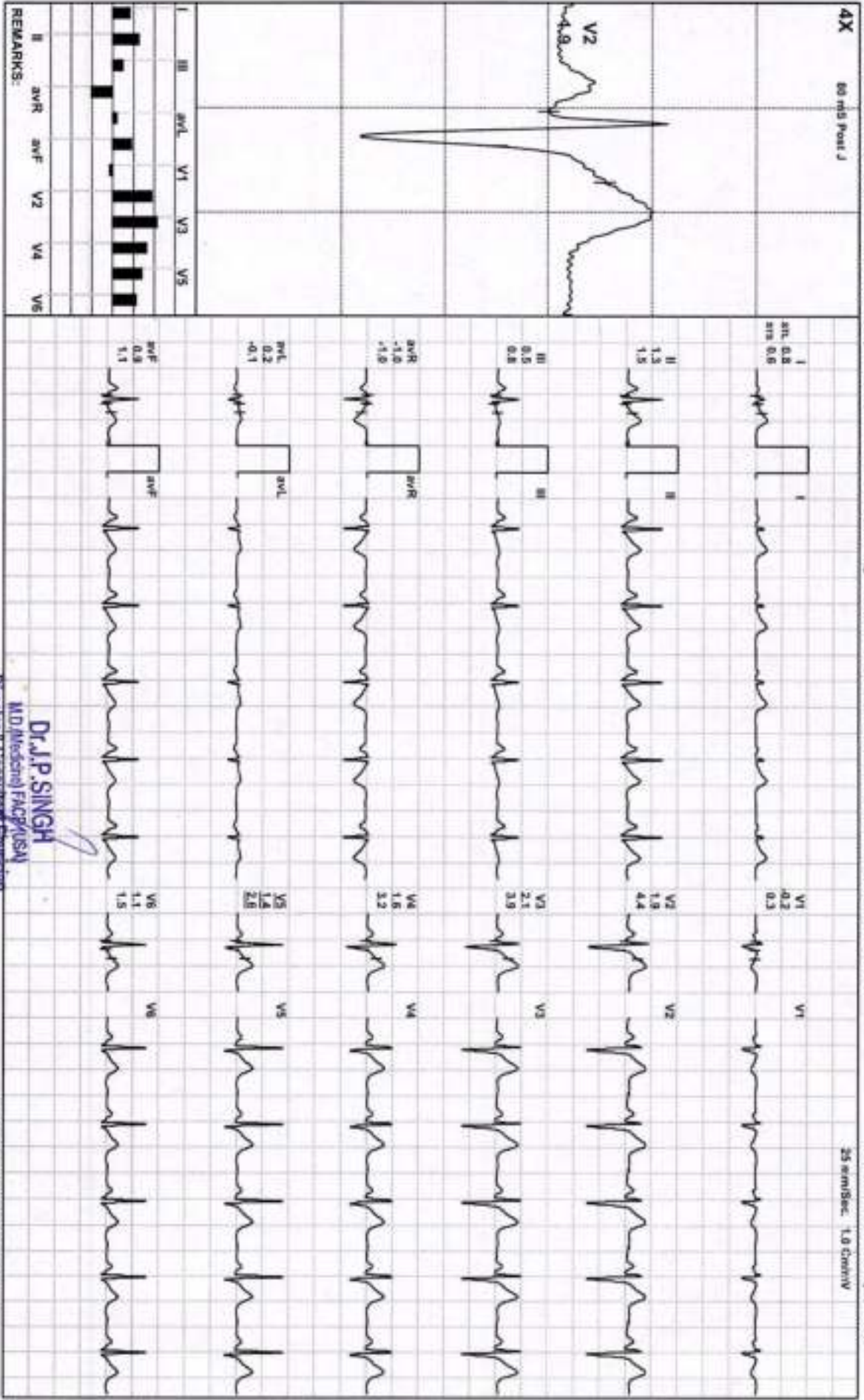
MD (Medical) FACP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospital & Trauma Center Pvt.Ltd)

(ADX_GEN017220330)/P/Allergers

Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 85

Date: 24 - 02 - 2024 10:17:40 AM METS: 1.0/ 85 bpm 45% of THR BP: 121/81 mmHg Combined Mediana/ BLC On/ Natch On/ HF 0.05 Hb/L F 35 HZ

EXTIME: 00:00 0.0 mph, 0.0%



Dr. J.P. SINGH

M.D. (Medical) FACP (USA)

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt Ltd)

(AD_X_GEM217220330) (RJA)@jpkhospitals.com



JPK HOSPITAL AND TRAUMA CENTER

Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 78

ExStart



Date: 24 - 02 - 2024 10:17:40 AM

METS: 1.6/ 78 bpm 41% of THR

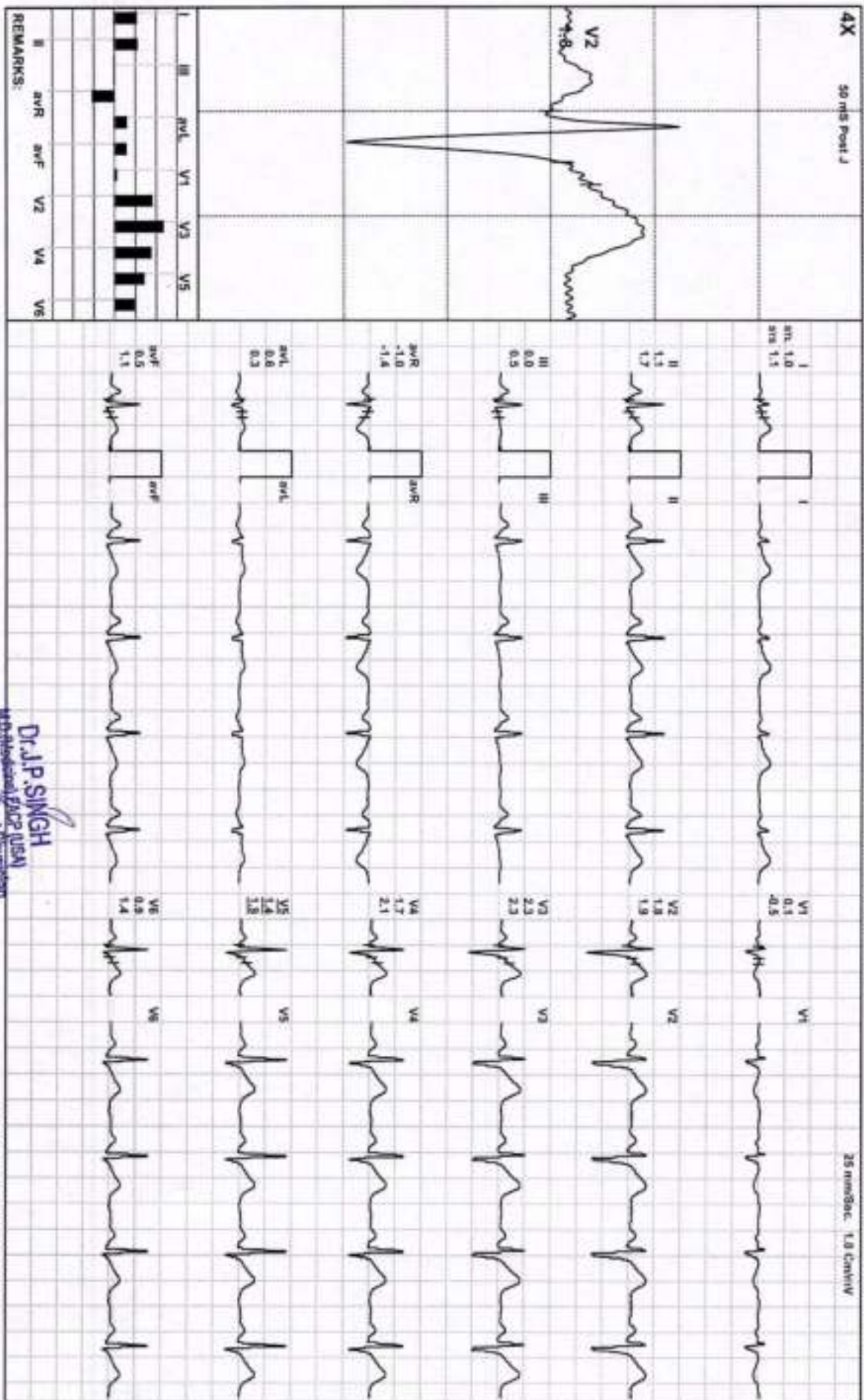
BP: 121/81 mmHg

Continued Meds/ur B/C On Natch On HF 0.05 HOLE 35 Hz

4X 50 mS Post J

EXTIME: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.8 Cm/iv



Dr. J.P. SINGH

Medical Director (USA)

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospital & Trauma Center (MADR))

(ADIX_GEM217200330)P/VA/engens

JPK HOSPITAL AND TRAUMA CENTER

BRUCE: Stage 1 (3:00)



Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 121

Date: 24 - 02 - 2024 10:17:40 AM METS: 4.7/ 121 bpm 63% of THR BP: 122/83 mmHg Combined Mediana/ BLC On/ Natch On/ HF 0.05 HctLF 35 Hz

EXTIME: 03:00 1.7 mph, 10.0%



REMARKS:

Dr. J.P. SINGH
MD, Medical Director

Director & Consultant Physician
JPK Clinic & Diagnostics

(A Unit of JPK Hospital & Trauma Center Pvt Ltd)

(ADX_GEM21720330)(R)PAdengers

JPK HOSPITAL AND TRAUMA CENTER

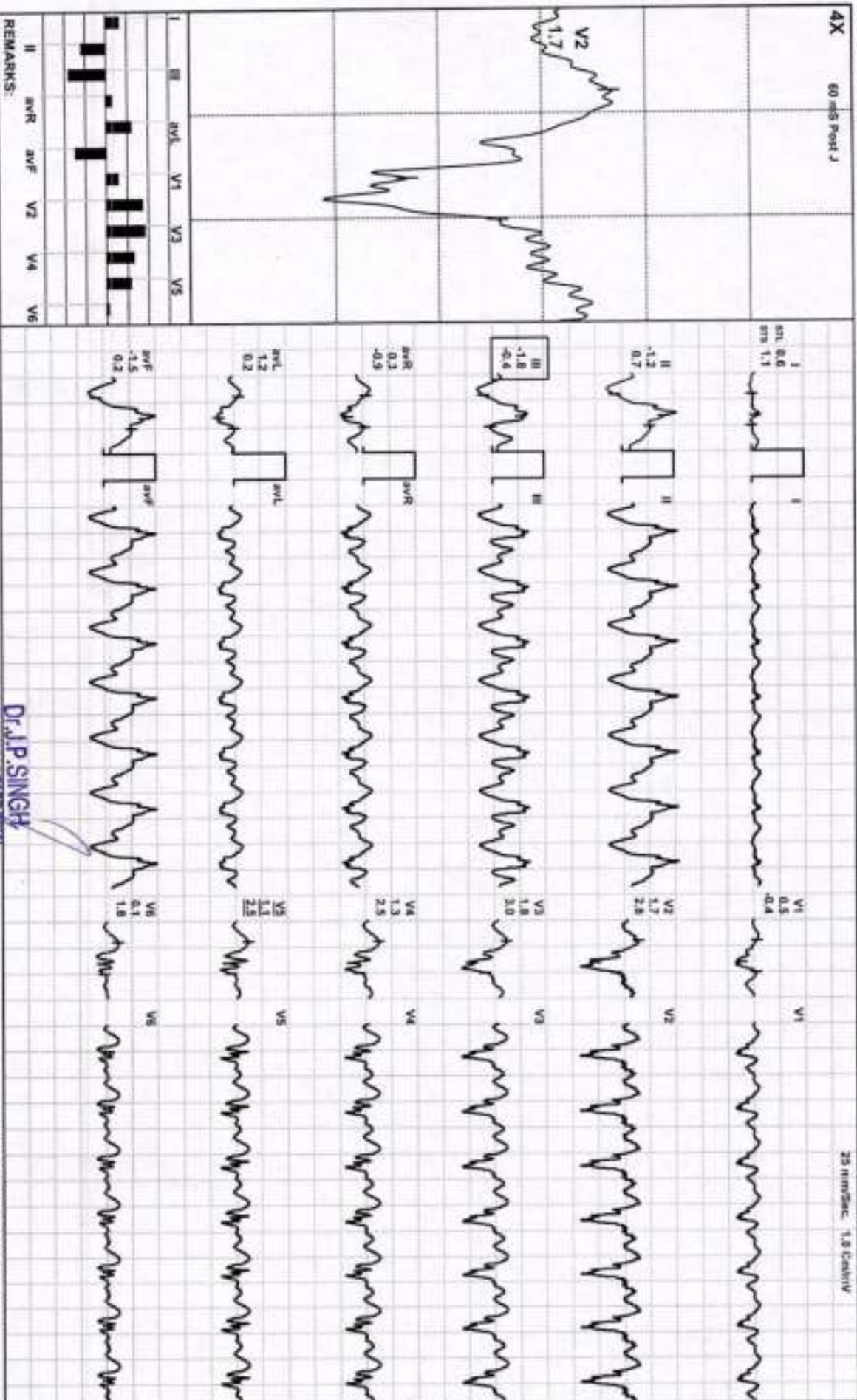
BRUCE: Stage 2(3:00)



Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 134

Date: 24-02-2024 10:17:40 AM METS: 7.1/ 134 bpm 70% of THIR BP: 124/84 mmHg Combined Meds: BLOC On/ Natch On/ HF 0.05 H2O/LP 35 H2

EXTIME: 06:00 2.5 mph, 12.0%



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JPK HOSPITAL AND TRAUMA CENTER

BRUCE: Stage 3(3:00)



Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 158

Date: 24 - 02 - 2024 10:17:40 AM METS: 10.2/ 158 bpm 83% of THR BP: 128/86 mmHg Combined Meds/ BLC On/ Noth On/ HF 0.05 Hct/F 35 HZ

Extim: 09:00 3.4 mph, 14.0%
25 min/Sec, 1.0 Cm/min



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(ADXX_GEMC17220330)RJMAnagers

JPK HOSPITAL AND TRAUMA CENTER

Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 172

Date: 24 - 02 - 2024 10:17:40 AM METS: 10.7/ 172 bpm 90% of THR BP: 128/86 mmHg Combined Median/ BLC Qm/ Natch Qm/ HF 0.05 Hct/LF 35 Hg

Extim: 09:28 4.2 mph, 16.0%
25 mmSec, 1.0 Cm/iv

PeakEx



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(ADK_GEN217220330)/R/Pathogens

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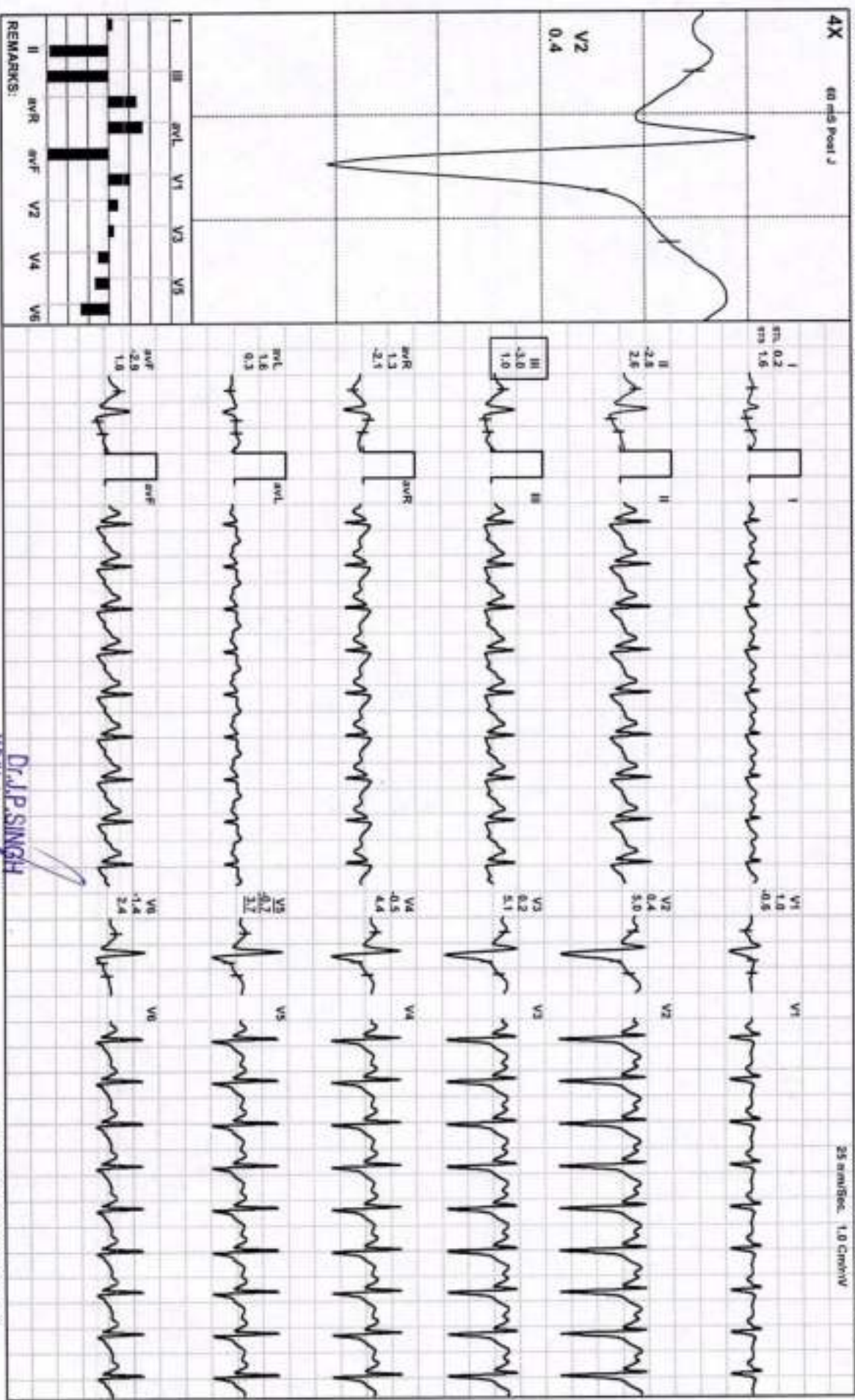
Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 163

Date: 24 - 02 - 2024 10:17:40 AM METS: 7.2J 163 bpm 85% of THR BP: 128/86 mmHg Combined Medicine/ B.C. On/ Natch On/ HF 0.05 kcal/ 35 Hz

Recovery(0:30)



EXTIME: 09:28 1.8 mph 0.0%
25 mm/Sec 1.0 Cm/mV



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ADX_GEM217220330JPKAllergies

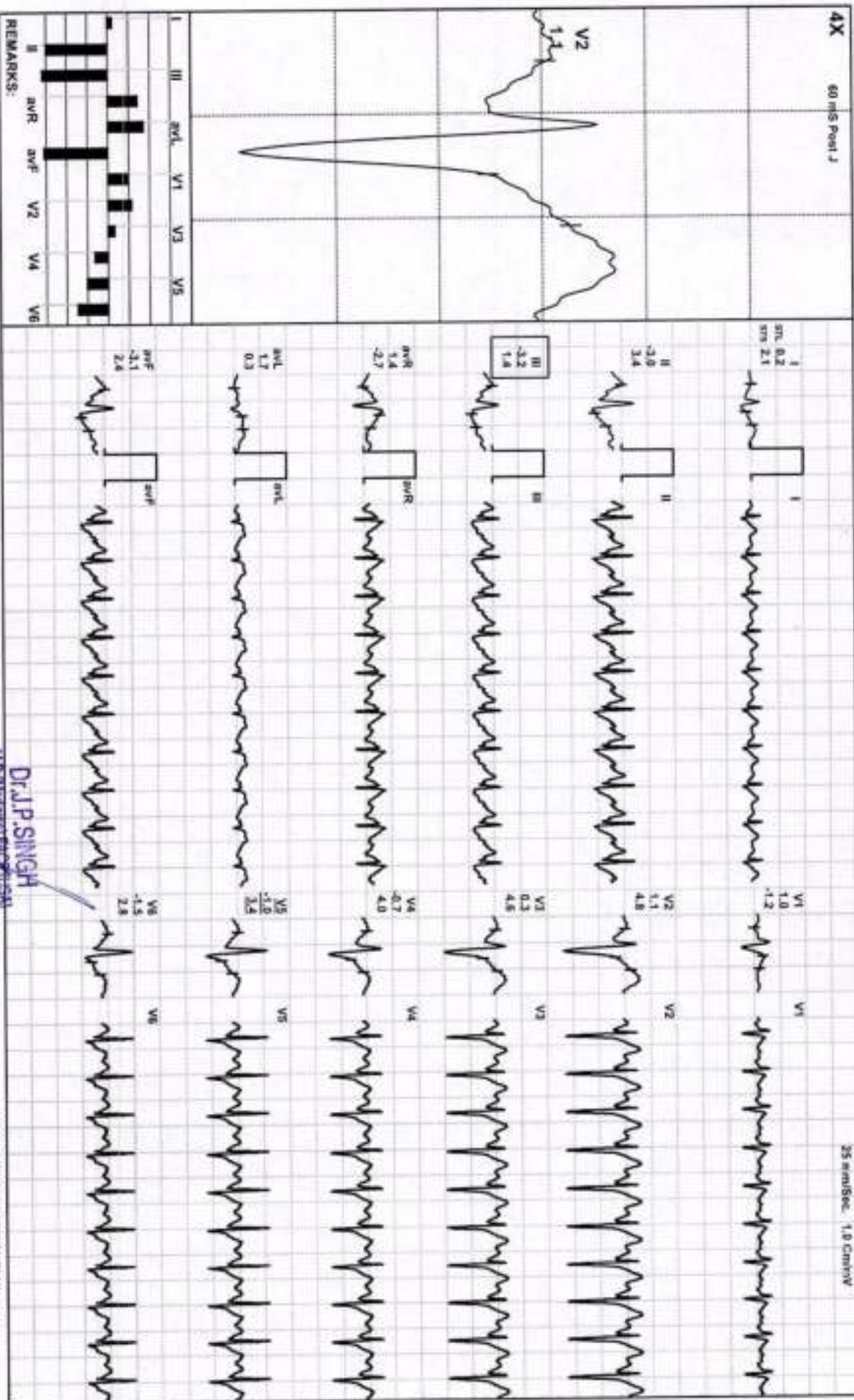
JPK HOSPITAL AND TRAUMA CENTER

Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 188

Date: 24 - 02 - 2024 10:17:40 AM METS: 4.3/ 188 bpm 98% of THR BP: 126/85 mmHg Combined Meds: B/C Ov Noct Ov H/F 0.05 HALF 35 Hz

EXTIME: 09:28 1.0 mpr, 0.8%

Recovery(1:00)



REMARKS:

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(AD_X_GEMC17220330)JPK/Jalwara

JPK HOSPITAL AND TRAUMA CENTER

Recovery(1:19)

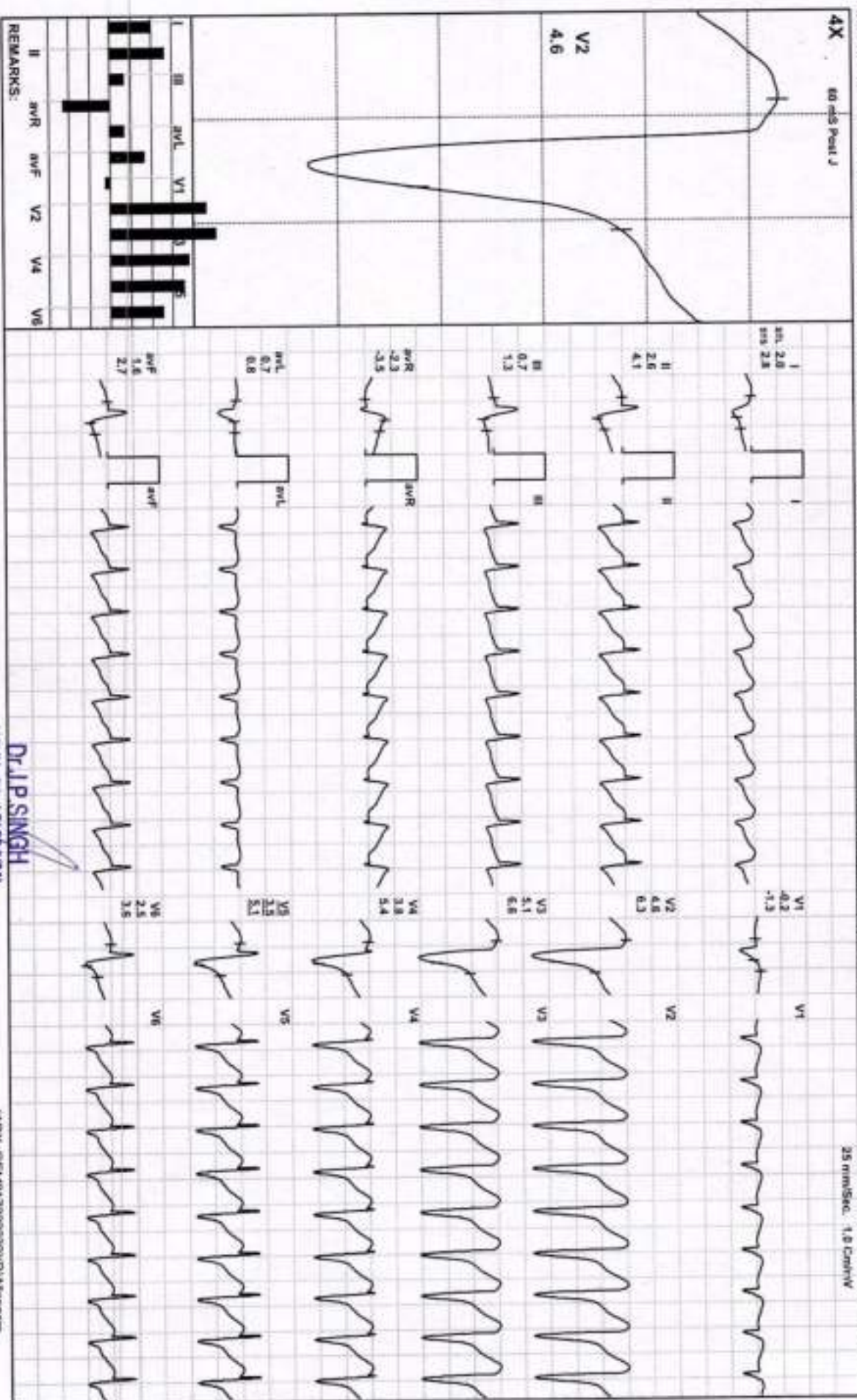


Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg / HR : 168

Date: 24 - 02 - 2024 10:17:40 AM METS: 2.3/ 168 bpm 88% of Ther BP: 128/85 mmHg Combined Meds: BLC On/ Nacth On/ HF 0.05 Half 35 Hz

EXTIME: 09:29 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/IV

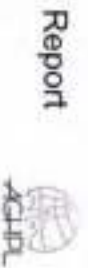


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(ADX_GEM217220330)RJA/angr

JPK HOSPITAL AND TRAUMA CENTER
SULTANPUR Email:



Mr. Apoorv Ranjan / 29 Yrs / M / 171 Cms / 61 Kg
Date: 24 - 02 - 2024 10:17:40 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	086	45 %	121/81	104	00	
Standing	00:14	0:10	00.0	00.0	01.0	086	45 %	121/81	104	00	
HV	00:23	0:09	00.0	00.0	01.0	081	42 %	121/81	098	00	
Warm Up	00:34	0:11	00.0	00.0	01.0	085	45 %	121/81	102	00	
ExStart	00:54	0:20	00.0	00.0	01.0	078	41 %	121/81	094	00	
BRUCE Stage 1	03:54	3:00	01.7	10.0	04.7	121	63 %	122/83	147	00	
BRUCE Stage 2	06:54	3:00	02.5	12.0	07.1	134	70 %	124/84	166	00	
BRUCE Stage 3	09:54	3:00	03.4	14.0	10.2	158	83 %	128/86	202	00	
PeakEx	10:22	0:28	04.2	16.0	10.7	172	90 %	128/86	220	00	
Recovery	10:52	0:30	01.0	00.0	07.3	163	85 %	128/86	208	00	
Recovery	11:22	1:00	01.0	00.0	04.3	188	98 %	128/85	240	00	
Recovery	11:41	1:19	00.0	00.0	02.3	168	88 %	128/85	215	00	

FINDINGS :

Exercise Time : 09:28
 Initial HR (ExStrt) : 78 bpm 41% of Target 191
 Initial BP (ExStrt) : 121/81 (mm/Hg)
 Max Workload Attained : 10.7 Good response to induced stress
 Max ST Dep Lead & Avg ST Value : V2 & -4.4 mm In Recovery
 Duke Treadmill Score : 08.1
 Test End Reasons : Test Complete
 Max HR Attained 188 bpm 98% of Target 191
 Max BP Attained 128/86 (mm/Hg)
 VO2Max : 37.5 ml/Kg/min (Fair)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 ACTIVITY : VERY ACTIVE

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Doctor : DR JP SINGH

OTHER INVESTIGATION : NO
REASON FOR TERMINATION : TEST COMPLETE
EXERCISE TOLERANCE : GOOD
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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