

23/02/2024

Nishant Kumar

35 yrs) Male

No fresh complaints.

No comorbidities.

No PH,

No SH,

F/H - father - HTN

mother - healthy

D/H - ↓ went ~~to~~ cleaning  
for ? caries. (DND,

BP - 130/80 mmHg

P - 88/min

SpO<sub>2</sub> - 98%.

Height - 166 cm

Weight - 76 kg

BMI - 27.6 kg/m<sup>2</sup>

(overweight)

Pt is fit and can resume  
his normal duties.

Consult with physician for blood changes  
cholesterol, TG, VLDL, TSH values  
revised AM



**HELPLINE**

022 - 2588 3531

S-1, Vedant Complex,  
Vartak Nagar, Thane (W) 400 606

[www.siddhivinayakhospitals.org](http://www.siddhivinayakhospitals.org)





Name - Mr . Nishant Kumar	Age - 35 Y/M
Ref by Dr.- Siddhivinayak Hospital	Date - 23/02/2024

### X- Ray chest (PA VIEW)

No obvious active parenchymal lesion seen in both lungs.

Cardiac and aortic shadows appear normal

No evidence of pleural of effusion is seen.

Both domes of diaphragm appear normal.

No obvious bony lesion is seen.

#### IMPRESSION:

- No significant abnormality seen.

Adv.: Clinical and lab correlation.

**DR. AMOL BENDRE**  
MBBS; DMRE  
CONSULTANT RADIOLOGIST

Note: The above report represents interpretation of various radiographic / sonographic shadows, and hence has its own limitations. This report has to be co-related clinic-pathologically by the referring / physician and it does NOT represent the sole diagnosis.





# Siddhivinayak Hospital

Imaging Department

Sonography | Colour Doppler | 3D / 4D USG

**HELPLINE**  
022 - 2588 3531

Name - Mr. Nishant Kumar	Age - 35 Y/M
Ref by Dr.- Siddhivinayak Hospital	Date - 23/02/2024

## USG ABDOMEN & PELVIS

### FINDINGS: -

The **liver** dimension is normal in size (14.7 cm). It appears normal in morphology with **raised echogenicity**. No evidence of intrahepatic ductal dilatation.

The **GB**-gallbladder is distended normally. Wall thickness is normal.

The **CBD**- common bile duct is normal. The portal vein is normal.

The **pancreas** appears normal in morphology.

The **spleen** is normal in size (10.0 cm ) and morphology.

Both **kidneys** demonstrate normal morphology.

Both kidneys show normal cortical echogenicity.

The right kidney measures 10.7 x 4.2 cm.

The left kidney measures 11.0 x 5.3 cm.

**Urinary bladder:** -normally distended. Wall thickness - normal.

**Prostate** is normal in size and morphology Size: 15.0 gms

No **free fluid** is seen.

**Few subcutaneous lipomas** are seen in abdominal region. Visualized largest lipoma measures 12 x 11 mm in LIF.

### IMPRESSION:-

- Fatty liver ( Grade I)
- Few subcutaneous lipomas as described.

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# OPHTHAL CHECK UP SCREENING

NAME OF EMPLOYEE

NISHANT KUMAR

AGE

35

DATE -

23.02.2024

Specs : Without Glasses

	RT Eye	Lt Eye
NEAR	N/6	N/6
DISTANT	6/6	6/6
Color Blind Test	NORMAL	



SIDDHIVINAYAK HOSPITALS

ID: 945 Nishant Kumar

23-02-2024 08:54:20 AM

Diagnosis Information:

Sinus Arrhythmia

Short PR Interval

NSR  
No Significant ST-T changes  
Adv - No acute intervention  
required right now

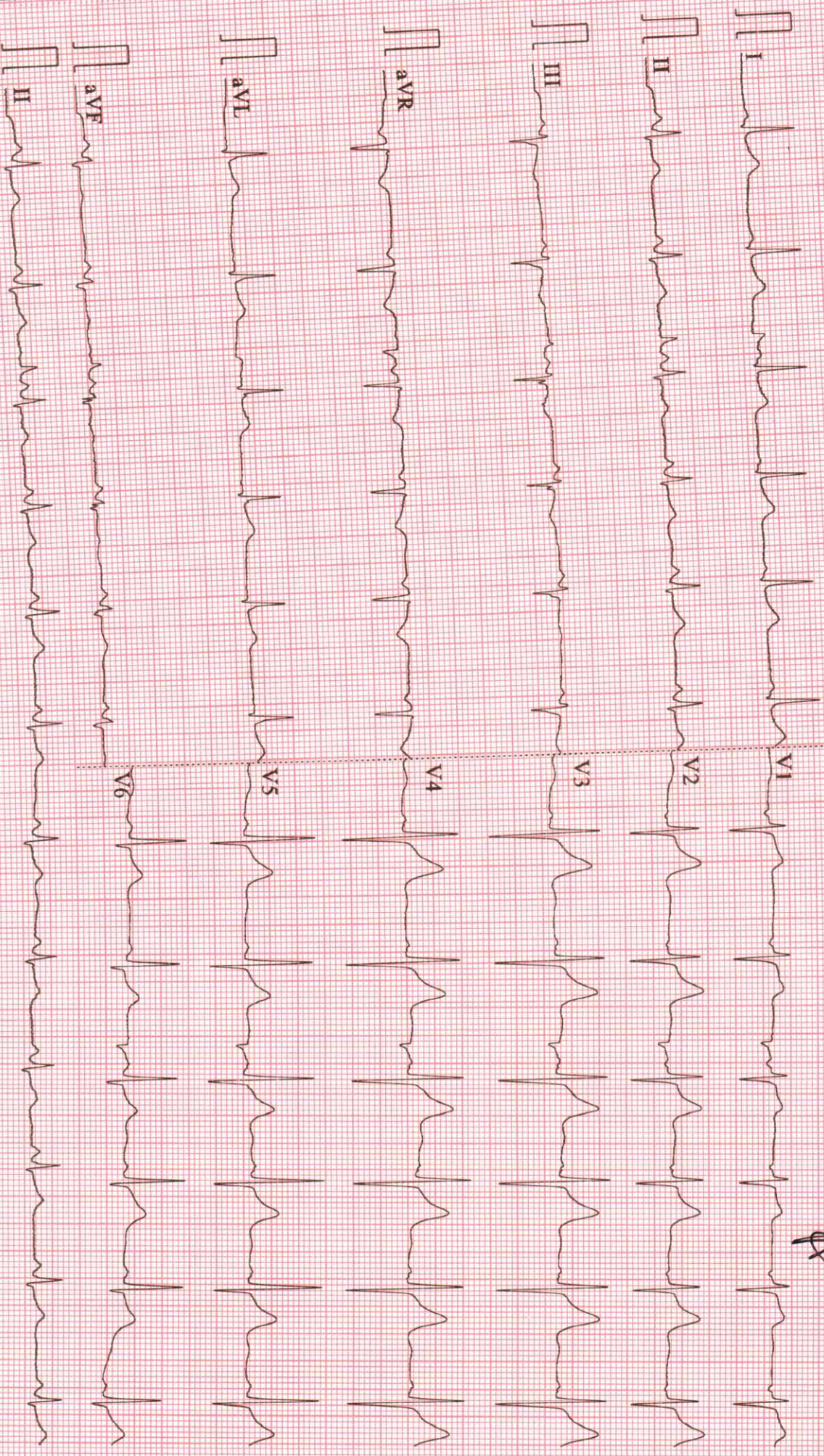
male  
Req. No. : 89-130180

Years : 35  
BP : 99/62  
PR : 89

HR : 72 bpm  
P : 90 ms  
PR : 116 ms  
QRS : 89 ms  
QT/QTcBz : 379/416 ms  
P/QRST : 68/29  
RV5/SV1 : 1.266/0.664 mV

Report Confirmed by:

*[Signature]*



0.15-45Hz AC50 25mm/s 10mm/mV 2\*5.0s+1r V2.21 SEMIP V1.92 Siddhivinayak Hospital



### ECHOCARDIOGRAM

NAME	MR. NISHNAT KUMAR
AGE/SEX	35 YRS/M
REFERRED BY	SIDDHIVINAYAK HOSPITAL
DATE OF EXAMINATION	23/02/2024

### 2D/M-MODE ECHOCARDIOGRAPHY

<b>VALVES:</b> <b>MITRAL VALVE:</b> <ul style="list-style-type: none"> <li>• AML: Normal</li> <li>• PML: Normal</li> <li>• Sub-valvular deformity: Absent</li> </ul> <b>AORTIC VALVE:</b> Normal <ul style="list-style-type: none"> <li>• No. of cusps: 3</li> </ul> <b>PULMONARY VALVE:</b> Normal <b>TRICUSPID VALVE:</b> Normal	<b>CHAMBERS:</b> <b>LEFT ATRIUM:</b> Normal <ul style="list-style-type: none"> <li>• Left atrial appendage: Normal</li> </ul> <b>LEFT VENTRICLE:</b> Normal <ul style="list-style-type: none"> <li>• RWMA: No</li> <li>• Contraction: Normal</li> </ul> <b>RIGHT ATRIUM:</b> Normal <b>RIGHT VENTRICLE:</b> Normal <ul style="list-style-type: none"> <li>• RWMA: No</li> <li>• Contraction: Normal</li> </ul>
<b>GREAT VESSELS:</b> <ul style="list-style-type: none"> <li>• AORTA: Normal</li> <li>• PULMONARY ARTERY: Normal</li> </ul>	<b>SEPTAE:</b> <ul style="list-style-type: none"> <li>• IAS: Intact</li> <li>• IVS: Intact</li> </ul>
<b>CORONARIES:</b> Proximal coronaries normal <b>CORONARY SINUS:</b> Normal <b>PULMONARY VEINS:</b> Normal	<b>VENACAVAE:</b> <ul style="list-style-type: none"> <li>• SVC: Normal</li> <li>• IVC: Normal and collapsing &gt;20% with respiration</li> </ul> <b>PERICARDIUM:</b> Normal

### MEASUREMENTS:

AORTA		LEFT VENTRICLE STUDY		RIGHT VENTRICLE STUDY	
PARAMETER	OBSERVED VALUE	PARAMETER	OBSERVED VALUE	PARAMETER	OBSERVED VALUE
Aortic annulus	21 mm	Left atrium	35 mm	Right atrium	mm
Aortic sinus	mm	LVIDD	43.8 mm	RVd (Base)	mm
Sino-tubular junction	mm	LVIDS	26.5 mm	RVEF	%
Ascending aorta	mm	IVSd	9.6 mm	TAPSE	mm
Arch of aorta	mm	LVPWd	9.6 mm	MPA	mm
Desc. thoracic aorta	mm	LVEF	70 %	RVOT	mm
Abdominal aorta	mm	LVOT	mm	IVC	15.0 mm



**COLOR - FLOW & DOPPLER ECHOCARDIOGRAPHY**

NAME	MR. NISHNAT KUMAR
AGE/SEX	35 YRS/M
REFERRED BY	SIDDHIVINAYAK HOSPITAL
DATE OF EXAMINATION	23 /02/2024

	MITRAL	TRICUSPID	AORTIC	PULMONARY
FLOW VELOCITY (m/s)			1.2	0.9
PPG (mmHg)				
MPG (mmHg)				
VALVE AREA (cm <sup>2</sup> )				
DVI (ms)				
PR END DIASTOLIC VELOCITY (m/s)				
ACCELERATION/ DECELERATION TIME (ms)				
PHT (ms)				
VENA CONTRACTA (mm)				
REGURGITATION		TRJV= m/s PASP= mmHg		
E/A	1.27			
E/E'	7.9			

**FINAL IMPRESSION: NORMAL STUDY**

- No RWMA
- Normal LV systolic function (LVEF 70 %)
- Good RV systolic function
- Normal diastolic function
- All cardiac valves are normal
- All cardiac chambers are normal
- IAS/IVS intact
- No pericardial effusion/ clot/vegetations

**ADVICE:** Nil

**ECHOCARDIOGRAPHER:**

Dr. ANANT MUNDE

DNB, DM (CARDIOLOGY)

INTERVENTIONAL CARDIOLOGIST

**Dr. Anant Ramkishanrao Munde**  
MBBS, DNB, DM (Cardiology)  
Reg. No. 2005021228



Name : Mr. NISHANT KUMAR (A) Collected On : 23/2/2024 9:08 am  
Lab ID. : 184628 Received On : 23/2/2024 9:18 am  
Age/Sex : 35 Years / Male Reported On : 23/2/2024 4:46 pm  
Ref By : SIDDHIVINAYAK HOSPITAL CGHS /ESIS Report Status : FINAL



**\*LIPID PROFILE**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b>TOTAL CHOLESTEROL (CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE)</b>	<b>214.0</b>	mg/dL	Desirable blood cholesterol: - <200 mg/dl. Borderline high blood cholesterol: - 200 - 239 mg/dl. High blood cholesterol: - >239 mg/dl.
<b>S.HDL CHOLESTEROL (DIRECT MEASURE - PEG)</b>	46.8	mg/dL	Major risk factor for heart : <30 mg/dl. Negative risk factor for heart disease: >=80 mg/dl.
<b>S. TRIGLYCERIDE (ENZYMATIC, END POINT)</b>	<b>357.7</b>	mg/dL	Desirable level : <161 mg/dl. High : >= 161 - 199 mg/dl. Borderline High : 200 - 499 mg/dl. Very high : >499mg/dl.
<b>VLDL CHOLESTEROL (CALCULATED VALUE)</b>	<b>72</b>	mg/dL	UPTO 40
<b>S.LDL CHOLESTEROL (CALCULATED VALUE)</b>	96	mg/dL	Optimal: <100 mg/dl. Near Optimal: 100 - 129 mg/dl. Borderline High: 130 - 159 mg/dl. High : 160 - 189mg/dl. Very high : >= 190 mg/dl.
<b>LDL CHOL/HDL RATIO (CALCULATED VALUE)</b>	2.05		UPTO 3.5
<b>CHOL/HDL CHOL RATIO (CALCULATED VALUE)</b>	4.57		<5.0

Above reference ranges are as per ADULT TREATMENT PANEL III recommendation by NCEP (May 2015).

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT -----

Checked By  
pooja\_jadhav

**DR. SMITA RANVEER.**  
**M.B.B.S.M.D. Pathology(Mum)**  
**Consultant Histocytopathologist**







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**COMPLETE BLOOD COUNT**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b>HEMOGLOBIN</b>	15.5	gm/dl	13 - 18
HEMATOCRIT (PCV)	46.5	%	42 - 52
RBC COUNT	4.85	x10 <sup>6</sup> /uL	4.70 - 6.50
MCV	96	fl	80 - 96
MCH	32.0	pg	27 - 33
MCHC	33	g/dl	33 - 36
RDW-CV	12.9	%	11.5 - 14.5
<b>TOTAL LEUCOCYTE COUNT</b>	5680	/cumm	4000 - 11000
<b><u>DIFFERENTIAL COUNT</u></b>			
NEUTROPHILS	46	%	40 - 80
LYMPHOCYTES	40	%	20 - 40
EOSINOPHILS	06	%	0 - 6
MONOCYTES	08	%	2 - 10
BASOPHILS	00	%	0 - 1
<b>PLATELET COUNT</b>	313000	/cumm	150000 - 450000
MPV	10.9	fl	6.5 - 11.5
PDW	16.2	%	9.0 - 17.0
PCT	0.340	%	0.200 - 0.500
RBC MORPHOLOGY	Normocytic Normochromic		
WBC MORPHOLOGY	Normal		
PLATELETS ON SMEAR	Adequate		

Method : EDTA Whole Blood- Tests done on Automated Six Part Cell Counter.RBC and Platelet count by Electric Impedance ,WBC by SF Cube method and Differential by flow cytometry . Hemoglobin by Cyanide free reagent for hemoglobin test (Colorimetric Method).Rest are calculated parameters.

**Result relates to sample tested, Kindly correlate with clinical findings.**

----- END OF REPORT -----

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**URINE ROUTINE EXAMINATION**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b><u>URINE ROUTINE EXAMINATION</u></b>			
<b><u>PHYSICAL EXAMINATION</u></b>			
VOLUME	20ml		
COLOUR	Pale Yellow		Pale Yellow
APPEARANCE	Clear		Clear
<b><u>CHEMICAL EXAMINATION</u></b>			
REACTION (methyl red and Bromothymol blue indicator)	Acidic		Acidic
SP. GRAVITY (Bromothymol blue indicator)	1.010		1.005 - 1.022
PROTEIN (Protein error of PH indicator)	Absent		Absent
BLOOD (Peroxidase Method)	Absent		Absent
SUGAR (GOD/POD)	Absent		Absent
KETONES (Acetoacetic acid)	Absent		Absent
BILE SALT & PIGMENT (Diazonium Salt)	Absent		Absent
UROBILINOGEN (Red azodye)	Normal		Normal
LEUKOCYTES (pyrrole amino acid ester diazonium salt)	Absent		Absent
NITRITE (Diazonium compound With tetrahydrobenzo quinolin 3-phenol)	Absent		Negative
<b><u>MICROSCOPIC EXAMINATION</u></b>			
RED BLOOD CELLS	Absent	/ HPF	Absent
PUS CELLS	1-2	/ HPF	0 - 5
EPITHELIAL	0-2	/ HPF	0 - 5
CASTS	Absent		

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**URINE ROUTINE EXAMINATION**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
CRYSTALS	Absent		
BACTERIA	Absent		Absent
YEAST CELLS	Absent		Absent
ANY OTHER FINDINGS	Absent		

REMARK Result relates to sample tested. Kindly correlate with clinical findings.

**Result relates to sample tested, Kindly correlate with clinical findings.**

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**IMMUNO ASSAY**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b><u>TFT (THYROID FUNCTION TEST )</u></b>			
SPACE		Space	-
SPECIMEN	Serum		
T3	125.8	ng/dl	84.63 - 201.8
T4	7.21	µg/dl	5.13 - 14.06
TSH	<b>4.35</b>	µIU/ml	0.270 - 4.20
T3 (Triiodo Thyronine hormone)	T4 (Thyroxine)	TSH(Thyroid stimulating hormone)	
AGE	RANGE	AGE	RANGES
1-30 days	100-740	1-14 Days	11.8-22.6
1-11 months	105-245	1-2 weeks	9.9-16.6
1-5 yrs	105-269	1-4 months	7.2-14.4
6-10 yrs	94-241	4 -12 months	7.8-16.5
11-15 yrs	82-213	1-5 yrs	7.3-15.0
0.1-2.5			
15-20 yrs	80-210	5-10 yrs	6.4-13.3
0.20-3.0			
		11-15 yrs	5.6-11.7
0.30-3.0			

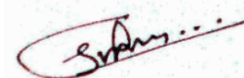
**INTERPRETATION :**

TSH stimulates the production and secretion of the metabolically active thyroid hormones, thyroxine (T4) and triiodothyronine (T3), by interacting with a specific receptor on the thyroid cell surface. The synthesis and secretion of TSH is stimulated by Thyrotropin releasing hormone (TRH), in response to low levels of circulating thyroid hormones. Elevated levels of T3 and T4 suppress the production of TSH via a classic negative feedback mechanism. Failure at any level of regulation of the hypothalamic-pituitary-thyroid axis will result in either underproduction (hypothyroidism) or overproduction (hyperthyroidism) of T4 and/or T3.

**Result relates to sample tested, Kindly correlate with clinical findings.**

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**HAEMATOLOGY**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b><u>BLOOD GROUP</u></b>			
SPECIMEN	WHOLE BLOOD EDTA & SERUM		
* ABO GROUP	'B'		
RH FACTOR	POSITIVE		
Method: Slide Agglutination and Tube Method (Forward grouping & Reverse grouping)			
<b>Result relates to sample tested, Kindly correlate with clinical findings.</b>			
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**\*RENAL FUNCTION TEST**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b>BLOOD UREA</b> (Urease UV GLDH Kinetic)	21.7	mg/dL	19 - 45
<b>BLOOD UREA NITROGEN</b> (Calculated)	10.14	mg/dL	5 - 20
<b>S. CREATININE</b> (Enzymatic)	0.73	mg/dL	0.6 - 1.4
<b>S. URIC ACID</b> (Uricase)	5.40	mg/dL	3.5 - 7.2
<b>S. SODIUM</b> (ISE Direct Method)	141.0	mEq/L	137 - 145
<b>S. POTASSIUM</b> (ISE Direct Method)	3.99	mEq/L	3.5 - 5.1
<b>S. CHLORIDE</b> (ISE Direct Method)	106.5	mEq/L	98 - 110
<b>S. PHOSPHORUS</b> (Ammonium Molybdate)	3.20	mg/dL	2.5 - 4.5
<b>S. CALCIUM</b> (Arsenazo III)	8.90	mg/dL	8.6 - 10.2
<b>PROTEIN</b> (Biuret)	7.01	g/dl	6.4 - 8.3
<b>S. ALBUMIN</b> (BGC)	4.06	g/dl	3.2 - 4.6
<b>S.GLOBULIN</b> (Calculated)	2.95	g/dl	1.9 - 3.5
<b>A/G RATIO</b> calculated	1.38		0 - 2

NOTE

BIOCHEMISTRY TEST DONE ON FULLY AUTOMATED ( EM 200 )  
ANALYZER.

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT -----

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\* 1 8 4 6 2 8 \*

### Peripheral smear examination

TEST NAME	RESULTS
SPECIMEN RECEIVED	Whole Blood EDTA
RBC	Normocytic Normochromic
WBC	Total leucocyte count is normal on smear.  Neutrophils:45 % Lymphocytes:40 % Monocytes:09 % Eosinophils:06 % Basophils:00 %
PLATELET	Adequate on smear.
HEMOPARASITE	No parasite seen.

**Result relates to sample tested, Kindly correlate with clinical findings.**  
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**LIVER FUNCTION TEST**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b>TOTAL BILLIRUBIN</b> (Method-Diazo)	0.67	mg/dL	0.1 - 1.2
<b>DIRECT BILLIRUBIN</b> (Method-Diazo)	0.22	mg/dL	0.0 - 0.4
<b>INDIRECT BILLIRUBIN</b> Calculated	0.45	mg/dL	0 - 0.8
<b>SGOT(AST)</b> (UV without PSP)	22.8	U/L	0 - 37
<b>SGPT(ALT)</b> UV Kinetic Without PLP (P-L-P)	19.2	U/L	UP to 40
<b>ALKALINE PHOSPHATASE</b> (Method-ALP-AMP)	71.0	U/L	53 - 128
<b>S. PROTIEN</b> (Method-Biuret)	7.01	g/dl	6.4 - 8.3
<b>S. ALBUMIN</b> (Method-BCG)	4.06	g/dl	3.5 - 5.2
<b>S. GLOBULIN</b> Calculated	2.95	g/dl	1.90 - 3.50
<b>A/G RATIO</b> Calculated	1.38		0 - 2

Result relates to sample tested, Kindly correlate with clinical findings.

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\* 1 8 4 6 2 8 \*

**HAEMATOLOGY**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
<b>ESR</b>			
<b>ESR</b>	15	mm/1hr.	0 - 20

METHOD - WESTERGREIN

Result relates to sample tested, Kindly correlate with clinical findings.

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\* 1 8 4 6 2 8 \*

**BIOCHEMISTRY**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
GAMMA GT	41.2	U/L	13 - 109

**BLOOD GLUCOSE FASTING & PP**

BLOOD GLUCOSE FASTING	96.1	mg/dL	70 - 110
BLOOD GLUCOSE PP	114.9	mg/dL	70 - 140

Method (GOD-POD). DONE ON FULLY AUTOMATED ANALYSER (EM200).

1. Fasting is required (Except for water ) for 8-10 hours before collection for fasting specimen. Last dinner should consist of bland diet.
2. Don't take insulin or oral hypoglycemic agent until after fasting blood sample has been drawn

**INTERPRETATION**

- Normal glucose tolerance : 70-110 mg/dl
- Impaired Fasting glucose (IFG) : 110-125 mg/dl
- Diabetes mellitus :  $\geq 126$  mg/dl

**POSTPRANDIAL/POST GLUCOSE (75 grams)**

- Normal glucose tolerance : 70-139 mg/dl
- Impaired glucose tolerance : 140-199 mg/dl
- Diabetes mellitus :  $\geq 200$  mg/dl

**CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS**

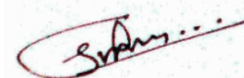
- Fasting plasma glucose  $\geq 126$  mg/dl
- Classical symptoms +Random plasma glucose  $\geq 200$  mg/dl
- Plasma glucose  $\geq 200$  mg/dl (2 hrs after 75 grams of glucose)
- Glycosylated haemoglobin  $> 6.5\%$

\*\*\*Any positive criteria should be tested on subsequent day with same or other criteria.

**GLYCOCELATED HEMOGLOBIN (HBA1C)**

HBA1C (GLYCOSALATED HAEMOGLOBIN)	5.7	%	Hb A1c > 8 Action suggested < 7 Goal < 6 Non - diabetic level
AVERAGE BLOOD GLUCOSE (A. B. G. )	116.9	mg/dL	NON - DIABETIC : $\leq 5.6$ PRE - DIABETIC : 5.7 - 6.4 DIABETIC : $> 6.5$
METHOD	Particle Enhanced Immunoturbidimetry		

**Checked By**  
SHAISTA Q



**DR. SMITA RANVEER.**  
**M.B.B.S.M.D. Pathology(Mum)**  
**Consultant Histocytopathologist**



Name : Mr. NISHANT KUMAR (A) Collected On : 23/2/2024 9:08 am  
Lab ID. : 184628 Received On : 23/2/2024 9:18 am  
Age/Sex : 35 Years / Male Reported On : 23/2/2024 4:46 pm  
Ref By : SIDDHIVINAYAK HOSPITAL CGHS /ESIS Report Status : FINAL



\* 1 8 4 6 2 8 \*

**BIOCHEMISTRY**

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
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HbA1c : Glycosylated hemoglobin concentration is dependent on the average blood glucose concentration which is formed progressively and irreversibly over a period of time and is stable till the life of the RBC/erythrocytes.Average Blood Glucose (A.B.G) is calculated value from HbA1c : Glycosylated hemoglobin concentration in whole Blood.It indicates average blood sugar level over past three months.

**Result relates to sample tested, Kindly correlate with clinical findings.**

----- END OF REPORT -----

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