

**MEDICAL EXAMINATION REPORT**

DATE – 27/07/2024

NAME: Utkarsh Pal

AGE : 35 years

GENDER : Male

TEMPERATURE : 98°F HEIGHT :168 cms WEIGHT: 82 kg BMI: 29.05 %

CHEST MEASUREMENTS: Inspiration: 85 cms Expiration: 90 cms

Abdominal girth: 99 cms

HISTORY : Nil significant history

Tested Positive for COVID-19 infection in year January 2020 – Asymptomatic  
Vaccinated 1<sup>st</sup> and 2<sup>nd</sup> dose taken.

PAST HISTORY :H/O pulmonary TB – treatment taken- cured – 2 years back.

PERSONAL HISTORY: Alcohol – 3-4 beer /once a week .

Smoking - 3 – 5 cigarettes /once a week

NEUROLOGICAL HISTORY: Nil significant history

MENSTRUAL HISTORY : N.A.

FAMILY HISTORY : Mother - T2DM

ALLERGIC HISTORY : Nil significant history

NATURE OF WORK : Sedentary

OCCUPATIONAL HISTORY : Manager at Union Bank of India.

ONGOING TREATMENT : Nil significant history

GENERAL EXAMINATION :

No Pallor, jaundice, clubbing, cyanosis, lymphadenopathy ,pedal oedema

BUILT : obese

NUTRITION: well nourished

PULSE: 82 bpm

B.P: 120/80 mmHg

RS: clear, NAD

CVS: S1S2 normal

CNS: conscious,well oriented

PA: Soft,non-tender ,No organomegaly

SKIN: NAD

MUSCULOSKELETAL: NAD

VISION: (R) (L) – Without glasses

Distant: 6/6

Distant: 6/6

Near: N - 6

Near: N – 6

Colour Vision: NAD

ENT: NAD



*Shalak*

**DR.SHALAK .D.NAIK**

**[M.B.B.S]**

**Dr. SHALAK NAIK**

**MBBS**

**GMC Reg. No. 3770**

Patient ID	: 19135	SampleID	: 36553
Patient Name	: Mr. UTKARSH PAL	Receipt Date	: 27-Jul-2024
Age/ Sex	: 35 Years / Male	Report Date	: 27-Jul-2024
Consultant Doctor	: MEDIWHEEL	LabCode	

INVESTIGATION	RESULT	REFERENCE RANGE	UNIT
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**HAEMATOLOGY**

**CBC**

Haemoglobin	19.8	H 13.5-18.0	gm%
Total Leucocyte Count(TLC)	6000	4000-10000	cells/cumm

**Differential Leucocyte Count(DLC)**

Neutrophil	52.1	50-70	%
Lymphocyte	36.3	20- 40	%
Monocyte	5.3	0-8	%
Eosinophil	6.3	H 0-4	%
Basophil	0.00	0-1	%
Packed Cell Volume (PCV)	63.2	H 36-48	%
Total RBC Count	7.03	H 3.5-5.5	millions/cu mm
Platelets Count	1.87	1.45-4.5	lakh/cumm

**RBC Indices**

MCV	89.90	80-99	Cu microns
MCH	28.1	26-32	Picograms
MCHC	31.33	L 32-36	g/dl
E.S.R.	14	upto 15	mm/hr



*Marzook*  
**Dr. Marzook Mustafa Sheikh**  
M.B.B.S MD (Microbiology)  
Reg No. 1848

Patient Name :UTKARSH PAL  
Age/ Sex :35 Years / Male  
Consultant Doctor : MEDIWHEEL

Receipt Date:27-Jul-2024  
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**HAEMATOLOGY**

**Blood Group**

ABO

'B'

RH- Typing

POSITIVE

**BIOCHEMISTRY**

**BLOOD SUGAR FASTING**

Blood Sugar (F)

97

70-110

mg/dl

**BLOOD SUGAR POST PRANDIAL**

Blood Sugar (PP)

140

80-140

mg/dl

**Hba1c- GLYCOSYLATED HAEMOGLOBIN**  
**(EDTA SAMPLE)**

HbA1c

5.4

**DIAGNOSTIC REFERENCE RANGE**

Non-diabetic: 4.5 -6.5

%

**THERAPEUTIC GOALS FOR GLYCEMIC CONTROL**

Ideal control: 6.0-7.0

Good control: 7.0-8.0

Poor control: > 8.0

Estimated Average :

115

mg/dl



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### BIOCHEMISTRY

#### Complete Liver Profile

Bilirubin Total	0.67		upto 1.0	mg/dl
Direct Bilirubin	0.20		upto 0.3	mg/dl
Indirect Bilirubin	0.47		upto 0.9	mg/dl
S.G.O.T	48	H	upto 45	IU/L
S.G.P.T	96	H	upto 49	IU/L
GAMMA GT	110	H	11-61	U/L
Alkaline Phosphatase	152		110-310	U/L
Total Protein	7.2		6.5-8.5	gm/dl
Albumin	5.0		3.2 - 5.5	gm/dl
Globulin	2.20		1.8 - 3.6	gm/dl
Albumin:Globulin	2.27		1.1 - 2.2 : 1	

#### LIPID PROFILE

Cholesterol	274	H	upto 200	mg/dl
Triglyceride	226	H	60-165	mg/dl
HDL (High Density Lipoprotein)	50		35-55	mg/dl
LDL (Low Density Lipoprotein)	178.80	H	80-120	mg/dl
VLDL (Very Low Density Lipoprotein)	45.20	H	5-30	mg/dl
CHOL:HDL	5.48	H	0-4.4	mg/dl

#### Complete Renal Profile

Blood UREA	18		15-45	mg/dl
Sr. CREATININE	0.9		0.5-1.5	mg/dl
URIC ACID	6.1		3.5-7.5	mg/dl



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**URINE ANALYSIS**

**Urine Routine/Microscopic Exam**

**PHYSICAL EXAMINATION**

COLOUR	PALE YELLOW		
APPEARANCE	CLEAR		
SP.GRAVITY	1.020	1.003-1.030	

**CHEMICAL EXAMINATION**

REACTION	ACIDIC		
SUGAR	NIL		
ALBUMIN	NIL		
UROBILINOGEN	NORMAL		
KETONE BODIES	ABSENT		
BLOOD	ABSENT		
LEUKOCYTES	ABSENT		

**MICROSCOPIC EXAMINATION**

PUS CELLS	2-3		
RBC's	NIL	0-2	/HPF
EPITHELIAL CELLS	1-2	0-6	/HPF
CRYSTALS	ABSENT		/HPF
CASTS	ABSENT		
BACTERIA	ABSENT		
YEAST CELLS	ABSENT		



*Marzook*  
**Dr. Marzook Mustafa Sheikh**  
M.B.B.S MD (Microbiology)  
Reg No. 1848

Patient Name : Mr.UTTKARSH PAL	Collected : 27/Jul/2024 02:44PM
Age/Gender : 35 Y 0 M 0 D / M	Received : 27/Jul/2024 03:00PM
UHID/MR No : DDFG.000006651	Reported : 27/Jul/2024 05:35PM
Visit ID : DDFGOPV6997	Status : Final Report
Ref Doctor : DR SELF	Client Name : PUP NEW VRUNDAVAN MEDICAL RESE
IP/OP NO :	Center location : VASCO,VASCO

**DEPARTMENT OF IMMUNOLOGY**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-iodothyronine (T3, TOTAL)	1.14	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	7.98	µg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	1.480	µIU/mL	0.25-5.0	ELFA

**Comment:**

<b>For pregnant females</b>	<b>Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)</b>
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 1 of 2

*Swati Sahay*

Dr.Swati Sahay  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:IM07955168

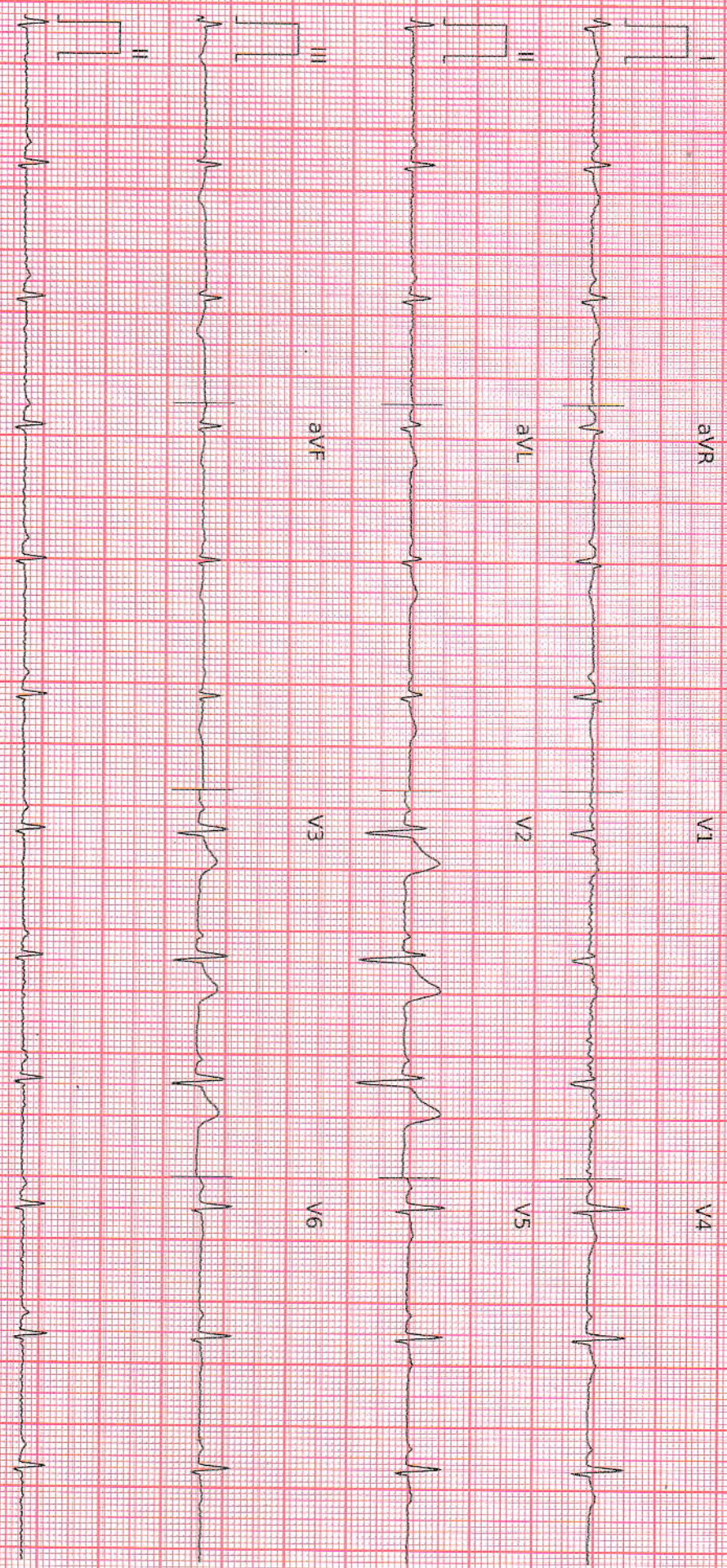


Patient Name: Utkarsh Pat  
Gender: M, Age: 35 Years  
Pat ID:

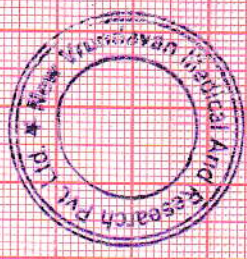
Recording Date: 27-Jul-2024 12:58:45  
Attended by: Dempo Health Care  
Remote Viewer: Dr. Shalok D Naik

Vent. Rate: 70BPM  
Avg RR: 848ms PR: 132ms  
QRS dur: 82ms ST dur: 42ms

QT/QTc: 360/378ms  
P-R-T Axes: 24° 53° 21°  
IMPORTANT: See NOTE 1



Dr. Shalok D Naik (29-Jul-2024 13:03:58):  
Findings: Within Normal Limits



*Shalok*

NOTE 1: Diagnosis required to verify and measure all shown measurements: Vent. Rate, Avg RR, PR, QRS dur, ST dur, QT/QTc, P-R-T Axes

Version: ERG 0.1.D.0

mobiron

Filter: 0.5Hz - 35Hz Scale: 10mm/mV, 25mm/sec

Dr. SHALOK D. NAIK  
MBBS  
3770

Product by Kallows Engineering India



Name : UTKARSH PAL  
Age : 35yrs/ MALE  
Date : 27/07/2024

**X-RAY CHEST PA VIEW**

Bony cage is normal

Trachea is central

Heart shadow is normal

Both cardio pulmonary angles are clear

Both costo-phrenic angles are clear

Soft tissues appears normal

There is fusion of mild thoracic vertebrae

**IMPRESSION:**

- Fusion of mild thoracic vertebrae is seen

  
DR. SIGNATURE



**Subject:** Health Check up Booking Request(35E7450)  
**From:** Mediwheel <wellness@mediwheel.in>  
**Date:** 7/26/2024, 6:09 PM  
**To:** hospital@newvrundavan.com  
**CC:** customercare@mediwheel.in

011-41195959

Dear **New Vrundavan Hospital**

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

You confirm this booking? [Yes](#) [No](#)

**Name** : Pal Utkarsh  
**Contact Details** : 9012227536  
**Hospital Package Name** : Mediwheel Full Body Standard Plus  
**Location** : 13/864, 4th Floor Miramar, Panaji, Goa  
**Appointment Date** : 27-07-2024

**Member Information**

Booked Member Name	Age	Gender
Pal Utkarsh	35 year	Male

**Tests included in this Package**

- Urine Analysis
- Blood Group
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver Profile
- Blood Glucose (Post Prandial)
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- Chest X-ray
- ECG
- Eye Check-up consultation
- General Physician Consultation
- Bmi Check

Thanks,  
Mediwheel Team  
Please Download Mediwheel App

Forward this conversation – Print this conversation

भारत सरकार  
Government of India

उत्कर्ष पाल  
Utkarsh Pal  
जन्म तिथि / DOB : 06/05/1989  
पुरुष / Male

Issue Date: 29/03/2017

6591 0895 7730

मेरा आधार, मेरी पहचान

Handwritten signature in blue ink.

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता: स/ो सुभाष सिंह पल, फ्लैट स3, क्वींस  
अपार्टमेंट, दिल्ली रोड, मोहनपुरा, मोहम्मदपुर,  
रूरकी, हरिद्वार, उत्तराखंड, 247667  
Address: S/O SUBHASH SINGH PAL, FLAT  
C3, QUEENS APARTMENT, DELHI ROAD,  
MOHANPURA, MOHAMMADPUR, Roorkee,  
Haridwar, Uttarakhand, 247667

Print Date: 08/09/2022

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भारत सरकार  
Government of India

उत्कर्ष पाल  
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*(Handwritten signature)*

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता: स/० सुभाष सिंह पाल, फ्लैट स३, क्वींस  
अपार्टमेंट, दिल्ली रोड, मोहनपुरा, मोहम्मदपुर  
रूरकी, हरिद्वार, उत्तराखंड, 247667  
Address: S/O SUBHASH SINGH PAL, FLAT  
C3, QUEENS APARTMENT, DELHI ROAD,  
MOHANPURA, MOHAMMADPUR, Roorkee,  
Haridwar, Uttarakhand, 247667

Print Date: 08/09/2022

6591 0895 7730

1947 help@uidai.gov.in www.uidai.gov.in



GPS Mo  
Camera Lit

FRP6+CPG, Dayanand Bandodkar Marg, Miramar, Panaji, Goa  
403001, India

Latitude  
15.486189999999999°

Longitude  
73.81215166666667°

Local 08:57:06 AM  
GMT 03:27:06 AM

Altitude 10 meters  
Saturday, 27.07.2024