



CLIENT CODE: C000138398 CLIENT'S NAME AND ADDRESS:

ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI **NEW DELHI 110030**

DELHI INDIA 8800465156

SRL Ltd

Flat No. 104-106, Animishai Pearl, Collectrorate Junction

Visakhapatnam, 530002

ANDHRA PRADESH, INDIA Tel : 9111591115, CIN - U74899PB1995PLC045956

Email: customercare.vizag@srl.in

PATIENT NAME: ANANTHA SIVA PRASAD

PATIENT ID:

ANANM200192194

ACCESSION NO: **0194VL000261** AGE: 30 Years SEX: Male

ABHA NO:

RECEIVED: 03/12/2022 10:12:14 06/12/2022 14:09:23 DRAWN: REPORTED:

CLIENT PATIENT ID: 114646 REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

Test Report Status <u>Final</u>	Results	Biological Reference Interva	l Units
MEDI WHEEL FULL BODY HEALTH CHECK UP	RELOW 40 MALE		
BLOOD COUNTS, EDTA WHOLE BLOOD	BELOW TO MALE		
HEMOGLOBIN (HB)	14.4	13.0 - 17.0	g/dL
RED BLOOD CELL (RBC) COUNT	5.05	4.5 - 5.5	mil/µL
WHITE BLOOD CELL (WBC) COUNT	6.90	4.0 - 10.0	thou/µL
PLATELET COUNT	225	150 - 410	thou/µL
RBC AND PLATELET INDICES			, ,
HEMATOCRIT (PCV)	44.9	40 - 50	%
MEAN CORPUSCULAR VOLUME (MCV)	89.0	83 - 101	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	28.5	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN	32.1	31.5 - 34.5	g/dL
CONCENTRATION (MCHC)	12.7	11.5.11.0	0/
RED CELL DISTRIBUTION WIDTH (RDW)	12.7	11.6 - 14.0	%
MENTZER INDEX	17.6	6.0. 10.0	£1
MEAN PLATELET VOLUME (MPV)	9.5	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT	F4	4000	0/
NEUTROPHILS	51	40 - 80	%
LYMPHOCYTES	40	20 - 40	%
MONOCYTES	5	2 - 10	%
EOSINOPHILS	4	1 - 6	%
BASOPHILS	0	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	3.52	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	2.76	1.0 - 3.0	thou/µL
ABSOLUTE MONOCYTE COUNT	0.35	0.2 - 1.0	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.28	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT		0.02 - 0.10	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.1		
MORPHOLOGY			
RBC	NORMOCYTIC NORMOCHRO	OMIC RBC.	
WBC	NORMAL COUNT & DISTIB CELLS.	UTION ,NO ABNORMAL CELLS / I	MMATURE
PLATELETS	ADEQUATE & DISCRETELY	PRESENT. NO HAEMOPARASITES	SEEN.



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mm at 1 hr

ACCESSION NO: 0194VL000261 AGE: 30 Years SEX · Male ABHA NO:

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Test Report Status Results **Biological Reference Interval Units Final**

IMPRESSION NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE

BLOOD

E.S.R 14 0 - 14

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 308 High 74 - 99 mg/dL

Comments

NOTE: KINDLY CORRELATE THE RESULT WITH CLINICAL & THERAPEUTIC HISTORY.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

High Non-diabetic: < 5.7 HBA1C 12.1 %

> Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5ADA Target: 7.0 Action suggested: > 8.0

ESTIMATED AVERAGE GLUCOSE(EAG) 300.6 **High** < 116.0mg/dL

Comments

NOTE: KINDLY CORRELATE THE GLYCOSYLATED HEMOGLOBIN RESULT CLINICALLY.

GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR) 422 High 70 - 139 mg/dL

Comments

NOTE: KINDLY CORRELATE THE RESULT WITH CLINICAL & THERAPEUTIC HISTORY.

LIPID PROFILE, SERUM

CHOLESTEROL, TOTAL 172 < 200 Desirable mg/dL

200 - 239 Borderline High

>/= 240 High TRIGLYCERIDES 434 **High** < 150 Normal

150 - 199 Borderline High

200 - 499 High >/=500 Very High

HDL CHOLESTEROL 30 **Low** < 40 Lowmg/dL

>/=60 High



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mg/dL

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CHOLESTEROL LDL	55		< 100 Optimal 100 - 129 Near optimal/ above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL	
NON HDL CHOLESTEROL	142	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL	
CHOL/HDL RAΤΙΟ	5.7	High	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk		
LDL/HDL RATIO	1.8		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	Risk	
VERY LOW DENSITY LIPOPROTEIN	86.8	High	= 30.0</td <td>mg/dL</td>	mg/dL	
Comments					
NOTE: KINDLY CORRELATE THE RESULT WITH CLINICAL & LIVER FUNCTION PROFILE, SERUM	& THERAPEUTIC HISTORY.				
BILIRUBIN, TOTAL	0.50		0.2 - 1.0	mg/dL	
BILIRUBIN, DIRECT	0.20		0.0 - 0.2	mg/dL	
BILIRUBIN, INDIRECT	0.30		0.1 - 1.0	mg/dL	
TOTAL PROTEIN	8.2		6.4 - 8.2	g/dL	
ALBUMIN	4.5		3.4 - 5.0	g/dL	
GLOBULIN	3.7		2.0 - 4.1	g/dL	
ALBUMIN/GLOBULIN RATIO	1.2		1.0 - 2.1	RATIO	
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	57	High	15 - 37	U/L	
ALANINE AMINOTRANSFERASE (ALT/SGPT)	99	High	< 45.0	U/L	
ALKALINE PHOSPHATASE	89		30 - 120	U/L	
GAMMA GLUTAMYL TRANSFERASE (GGT)	86	High	15 - 85	U/L	









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SEX: Male

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CLIENT PATIENT ID: 114646

Test Report Status <u>Final</u>	Results	Biological Reference 1	interval Units
LACTATE DEHYDROGENASE	137	100 - 190	U/L
BLOOD UREA NITROGEN (BUN), SERUM	157	100 150	0/ L
BLOOD UREA NITROGEN	8	6 - 20	mg/dL
CREATININE, SERUM	O .	0 20	mg/ az
CREATININE	0.96	0.90 - 1.30	mg/dL
METHOD : ALKALINE PICRATE	0.50	0130 1100	mg, az
BUN/CREAT RATIO			
BUN/CREAT RATIO	8.33	5.00 - 15.00	
URIC ACID, SERUM			
URIC ACID	6.5	3.5 - 7.2	mg/dL
TOTAL PROTEIN, SERUM			_
TOTAL PROTEIN	8.2	6.4 - 8.2	g/dL
ALBUMIN, SERUM			-
ALBUMIN	4.5	3.4 - 5.0	g/dL
GLOBULIN			-
GLOBULIN	3.7	2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL), SERUM			
SODIUM, SERUM	136.0	136 - 145	mmol/L
POTASSIUM, SERUM	4.85	3.50 - 5.10	mmol/L
CHLORIDE, SERUM	102.3	98 - 107	mmol/L
Interpretation(s)			
PHYSICAL EXAMINATION, URINE			
COLOR	Yellow		
APPEARANCE	Clear		
CHEMICAL EXAMINATION, URINE			
PH	5.0	4.7 - 7.5	
SPECIFIC GRAVITY	1.020	1.003 - 1.035	
PROTEIN	DETECTED (+)	NOT DETECTED	
GLUCOSE	DETECTED (++)	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	



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Test Report Status <u>Final</u>	Results	Biological Reference I	nterval Unit
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
PUS CELL (WBC'S)	3-5	0-5	/HPF
EPITHELIAL CELLS	2-3	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	
Interpretation(s)			
THYROID PANEL, SERUM			
T3	110.9	80.00 - 200.00	ng/dL
T4	9.82	5.10 - 14.10	μg/dL
TSH (ULTRASENSITIVE)	1.220	0.270 - 4.200	μIU/mL
Interpretation(s)			
STOOL: OVA & PARASITE			
COLOUR	SAMPLE NOT RECEIVED		
CONSISTENCY	SAMPLE NOT RECEIVED		
ODOUR	SAMPLE NOT RECEIVED		
Interpretation(s)			

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE A RH TYPE **POSITIVE**

XRAY-CHEST

BOTH THE LUNG FIELDS ARE CLEAR

BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR

BOTH THE HILA ARE NORMAL

CARDIAC AND AORTIC SHADOWS APPEAR NORMAL **»**»









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Test Report Status Results Biological Reference Interval Units **Final**

BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL **»**»

VISUALIZED BONY THORAX IS NORMAL **»»**

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

2D ECHO: NORMAL STUDY TMT OR ECHO

ECG

WITHIN NORMAL LIMITS FCG

MEDICAL HISTORY

RELEVANT PRESENT HISTORY **NOT SIGNIFICANT** RELEVANT PAST HISTORY NOT SIGNIFICANT RELEVANT PERSONAL HISTORY **NOT SIGNIFICANT** RELEVANT FAMILY HISTORY MOTHER HAS DM+ OCCUPATIONAL HISTORY NOT SIGNIFICANT HISTORY OF MEDICATIONS NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.77 mts WEIGHT IN KGS. 87 Kgs

BMI 28 BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal

25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE NORMAL PHYSICAL ATTITUDE NORMAL GENERAL APPEARANCE / NUTRITIONAL STATUS **HEALTHY BUILT / SKELETAL FRAMEWORK AVERAGE** FACIAL APPEARANCE **NORMAL** SKIN **NORMAL** UPPER LIMB **NORMAL** LOWER LIMB NORMAL **NECK NORMAL**

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND **NOT ENLARGED**



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Biological Reference Interval Test Report Status Results Units **Final** CAROTID PULSATION **NORMAL TEMPERATURE** NORMAL **PULSE** REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT RESPIRATORY RATE **NORMAL**

CARDIOVASCULAR SYSTEM

BP 120/80 MM HG mm/Hg (SITTING)

NORMAL NORMAL NORMAL

ABSENT

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST **NORMAL** MOVEMENTS OF CHEST SYMMETRICAL **BREATH SOUNDS INTENSITY** NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS **ABSENT**

PER ABDOMEN

PERICARDIUM

HEART SOUNDS

APEX BEAT

MURMURS

APPEARANCE NORMAL VENOUS PROMINENCE **ABSENT**

LIVER NOT PALPABLE SPLEEN NOT PALPABLE HERNIA ABSENT

CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS NORMAL CRANIAL NERVES **NORMAL** CEREBELLAR FUNCTIONS **NORMAL** SENSORY SYSTEM **NORMAL** MOTOR SYSTEM **NORMAL REFLEXES NORMAL**

MUSCULOSKELETAL SYSTEM

SPINE **NORMAL JOINTS NORMAL**



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Test Report Status Results **Biological Reference Interval** Units **Final**

BASIC EYE EXAMINATION

CONJUNCTIVA NORMAL **EYELIDS** NORMAL EYE MOVEMENTS NORMAL **CORNEA** NORMAL

DISTANT VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT DISTANT VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT NEAR VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT NEAR VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT

COLOUR VISION **NORMAL**

BASIC ENT EXAMINATION

EXTERNAL EAR CANAL **NORMAL** TYMPANIC MEMBRANE NORMAL

NOSE NO ABNORMALITY DETECTED

SINUSES CLEAR

THROAT NO ABNORMALITY DETECTED

TONSILS NOT ENLARGED

BASIC DENTAL EXAMINATION

TEETH **NORMAL GUMS HEALTHY**

SUMMARY

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS NOT SIGNIFICANT

RELEVANT LAB INVESTIGATIONS WITHIN NORMAL LIMITS

RELEVANT NON PATHOLOGY DIAGNOSTICS NO ABNORMALITIES DETECTED

REMARKS / RECOMMENDATIONS ADVICE TO CONSULT PHYSICIAN FOR ELEVATED FBS, PPBS, HBA1C,

LIPID PROFILE AND LIVER ENZYMES.

ADVICE TO FOLLOW UP WITH GASTROENTROLOGIST FOR

HEPATOMEGALY AND SPLENOMEGALY.

FITNESS STATUS

FITNESS STATUS FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)



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Units

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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

1.MILD HEPATOMEGALY FATTY CHANGES

Final

2. MILD SPLENOMEGALY

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.4 (20.1%) covid-19 patients with mild disease might become severe. 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
False Decreased: Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2, Paediatric reference intervals, AACC Press, 7th edition, Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.
GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in

Diabetes mellitus, Cushing' s syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:



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CLIENT CODE: C000138398

CLIENT'S NAME AND ADDRESS:

ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI **NEW DELHT 110030**

ACCESSION NO: 0194VL000261

DELHI INDIA 8800465156

SRL Ltd

Flat No. 104-106, Animishai Pearl, Collectrorate Junction

Visakhapatnam, 530002

ANDHRA PRADESH, INDIA Tel : 9111591115, CIN - U74899PB1995PLC045956

Email: customercare.vizag@srl.in

PATIENT NAME: ANANTHA SIVA PRASAD

PATIENT ID:

ANANM200192194

AGE: 30 Years SEX · Male ABHA NO:

DRAWN:

RECEIVED: 03/12/2022 10:12:14

Results

REPORTED:

06/12/2022 14:09:23

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

CLIENT PATIENT ID: 114646

Final

Units

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2.Diagnosing diabetes.

Test Report Status

3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
 2. eAG gives an evaluation of blood glucose levels for the last couple of months.
 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

HbA1c Estimation can get affected due to:
I.Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates

addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis,sometimes due to a viral infection,ischemia to the liver,chronic hepatitis,obstruction of bile ducts,cirrhosis.

hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom's disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)
Causes of decreased level include Liver disease, SIADH.

• Blockage in the urinary tract

- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
 Loss of body fluid (dehydration)
 Muscle problems, such as breakdown of muscle fibers

- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Mvasthenia Gravis
- Muscular dystrophy

URIC ACID, SERUM-



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Test Report Status

<u>Final</u>

Results

Units

Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and alobulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

ABO GROUP & RH TYPE, EDTA WHOLE BLOODBlood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job

under consideration to eventually fit the right man to the right job.

Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:

- Fit (As per requested panel of tests) SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
- specific test panel requested for.

 Fit (with medical advice) (As per requested panel of tests) This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.

 Fitness on Hold (Temporary Unfit) (As per requested panel of tests) Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
- elevated blood sugars, etc.

 Unfit (As per requested panel of tests) An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.

End Of Report

Please visit www.srlworld.com for related Test Information for this accession

Dr. Uram Aruna Jyothi **Consultant Pathologist**

U. Adurgyothi



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