

DR. J.K. GULATI
MD.DN.B
PHYSICIAN & HEART SPECIALIST

WELCOME TO MY DIGITAL CLINIC
AROGYA
DIABETES
smart &
DR. J. K. Gulati
Your Pathway to Health
Are you at risk of diabetes?
About 2.2% of adults with diabetes
JACK & JONES

GPS Map
Camera Lite

169, near Bus Stand, Sarojini Colony, Model Town, Yamuna Nagar,
Haryana 135001, India

Latitude
30.1373374°

Longitude
77.2777993°

Local 09:35:13 AM
GMT 04:05:13 AM

Altitude 277 meters
Saturday, 25.11.2023



K.V. CLINICAL COMPUTERISED LABORATORY GULATI HOSPITAL

Equipped with Latest Computerised Analyzer (CBA-300)

169, Sarojini Colony, Phase-I, YAMUNA NAGAR - 135 001

NAME MR. MOHD.ASHAN AGE:-31Y/M

DATE:- 25/11/2023

BLOOD PROFILE

TEST	RESULT	NORMAL VALUE
Blood Sugar-F	98.0mg/dl	70-110mg/dl
Blood Sugar PP	110.0mg/dl	70-140mg/dl
ESR	05mm/hr	.0-10mm/hr
Blood Group	B Positive	

KIDNEY FUNCTION

BUN	14mg/dl	10 - 20mg/dl
S.CREATININE	0.9mg/dl	0.1 - 1.5mg/dl
S.URIC ACID	5.0mg/dl	3.0-7.0mg/dl

LIVER FUNCTION

SGOT	34 IU/L	5 - 40 IU/L
SGPT	30 IU/L	5 - 35 IU/L
Proteins Total	7.2gm/dl	6 - 8 gm/dl
Albumin	4.0gm/dl	3.8 - 5.0/dl
Globulin	3.2 gm/dl	2.3 - 5.3/dl
A: G Ratio	1:2	1: 0-1:70
GGTP	42 IU/L	M 11-49U/L
S. BILIRUBIN	0.74mg/dl	0.2- 1.0mg/dl
DIRECT	0.24mg/dl	0.0 - 0.2 mg/dl
INDIRECT	0.58 mg/dl	0.1 - 1.0 mg/dl
S. ALKALINE PHOSPHATASE	110.0 U/L	30-120 U/L

S.LIPID PROFILE

TOTAL CHOLESTROL	210mg/dl	(130- 200)
LDL	140mg/dl	<130 mg/dl
HDL	44 mg/dl	(30 - 55)
VLDL	26mg/dl	(5- 35)
TRIGLYCERIDES	130mg/dl	(65- 170)
CHOLESTROL / HDL RATIO	4.7	

Glycosylated Hemoglobin (HBA1c) 5.0% <6%

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Near Bus Stand, Yamuna Nagar

Lab Incharge




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MR. MOHD. ASHAN	AGE 31/MALE	DATE 25.11.2023	
TEST NAME	RESULTS	UNITS	BIO. REF. INTERVAL
THYROID PROFILE, TOTAL, SERUM (CLIA)			
T3.TOTAL	1.09	ng/mL	0.60-1.81
T4.TOTAL	7.89	ug/dL	5.01-12.45
TSH	4.670	uIU/mL	0.35-5.50


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Lab Incharge

IN CASE ANY MISPRINTING OR ABNORMAL RESULT FOR ANY MISTAKE PLEASE CONTACT TO US IMMEDIATELY

(Wishing for your speedy recovery)



K.V. CLINICAL COMPUTERISED LABORATORY

GULATI HOSPITAL

Equipped with Latest Computerised Analyzer (CBA-300)

169, Sarojini Colony, Phase-I, YAMUNA NAGAR - 135 001

Patient Name Mr. Mohd. Ashan

Age/Sex: 31Y/M

Advised By Dr. J.K. Gulati MD.

Date: 25-11-2023

INVESTIGATION	REPORT	NORMAL
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URINE EXAMINATION

Reaction (PH)	Acidic	Acidic
Albumin	Nil	Nil
Sugar-F	Nil	Nil
Sugar-PP	Nil	Nil
Specific gravity	1017	1008-1025

MICROSCOPI EXAM

Pus cell	Nil	/HPF
RBCs	Nil	/HPF
Epithelial Cell	Nil	/HPF
Crystals	Nil	/HPF
Casts	Nil	/HPF
Any other findings	Nil	/HPF



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GULATI HOSPITAL

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YAMUNA NAGAR - 135 001

Dr. J.K. Gulati

M.D., D.N.B. (AIIMS, New Delhi)
Consultant Physician & Heart Specialist

Dr. Sarita Gulati

D.G.O., DCH (Gynaecologist)
Ex. SMO, Civil Hospital, YNR.

ULTRASONOGRAPHY (WHOLE ABDOMEN)

NAME MR MOHD ASHAN AGE& SEX 31M 25.11.23

LIVER - Liver size is normal and it shows normal echopattern with normal vasculature and normal intrahepatic biliary radical pattern. No mass lesion seen.

GALL BLADDER -It shows normal echopattern with normal smooth wall. No evidence of hyperechoic shadow or acoustic shadow is seen in the region.

CBD measures within normal limits.

PANCREAS -Part of head visualized- shows normal echo pattern. Rest-obscured by gases.

KIDNEYS- Both kidneys measure within normal limits with normal echogenic Pattern and well maintained corticomedullary distinction. No evidence of hydronephrotic change is seen. No calculus seen.

SPLEEN -No abnormal echoes detected from the splenic area.

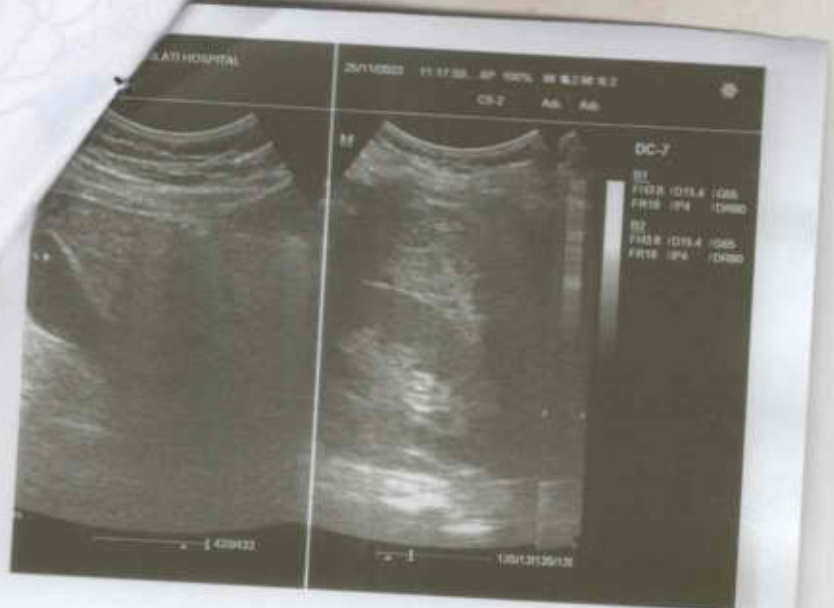
URINARY BLADDER -Bladder is empty at the time of scan.
No free fluid seen in the peritoneal cavity.

PROSTATE

IT IS NORMAL IN SIZE

CONCLUSION :- NO ABNORMALITY SEEN IN THE PRESENT STUDY

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Near Bus Stand, Yamuna Nagar



Mohd. Ashan - Age 31 / M



01732-260633
089014-46333

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YAMUNA NAGAR - 135 001

Dr. J.K. Gulati

M.D., D.N.B. (AIIMS, New Delhi)
Consultant Physician & Heart Specialist

Dr. Sarita Gulati

D.G.O., DCH (Gynaecologist)
Ex. SMO, Civil Hospital, YNR.

X - RAY Chest PA

Date:-25/11/2023

Name:-Mohd.Ashan

Age /Sex:-31/M

Skin and soft tissue normal


Bony and skeleton normal

Trachea is central

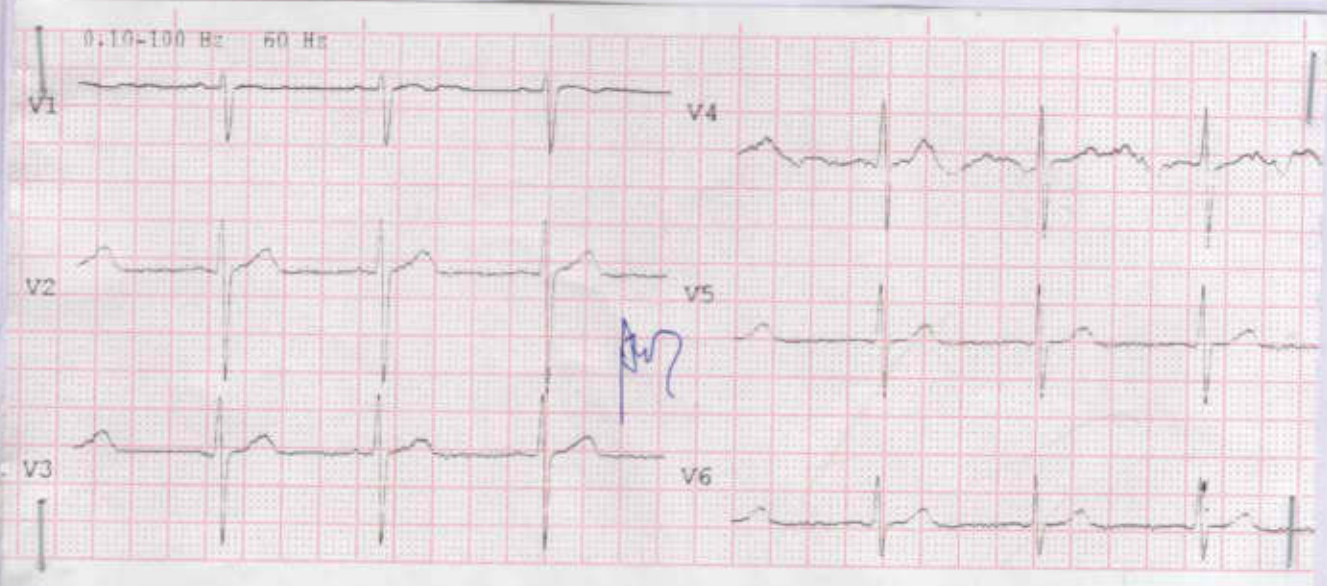
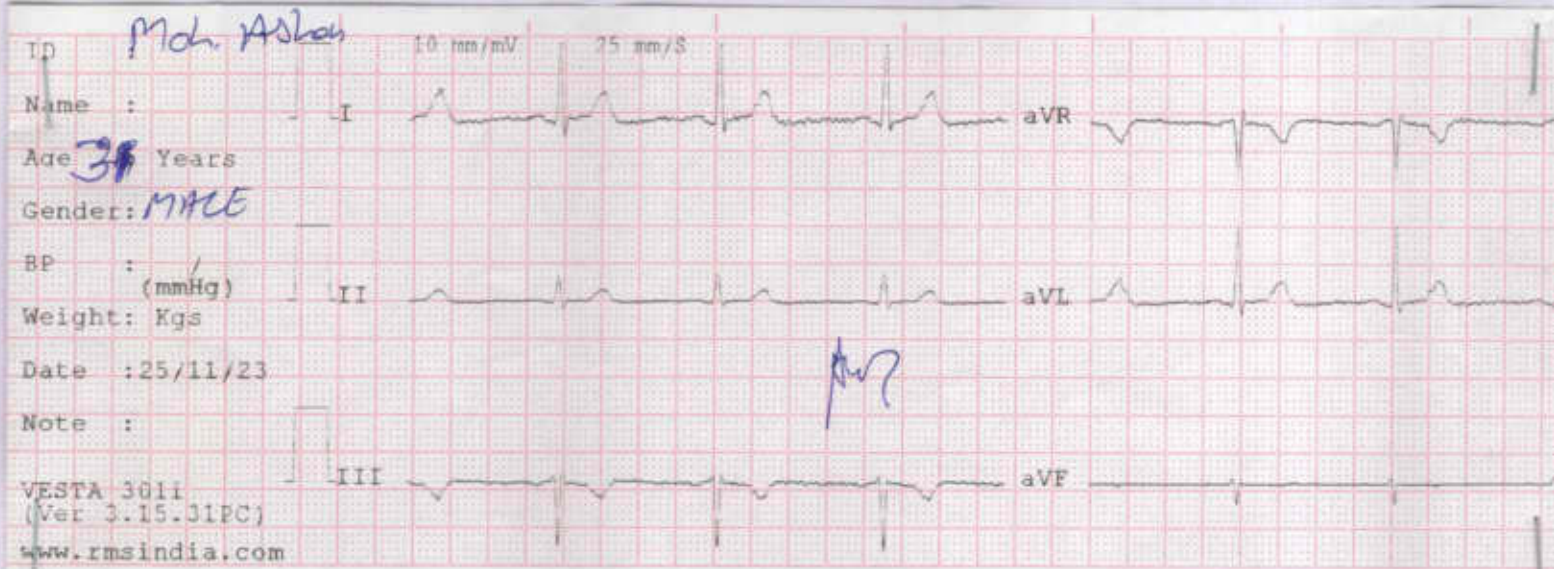
Mediastinum is normal

Heart size and shape Normal

No Abnormality


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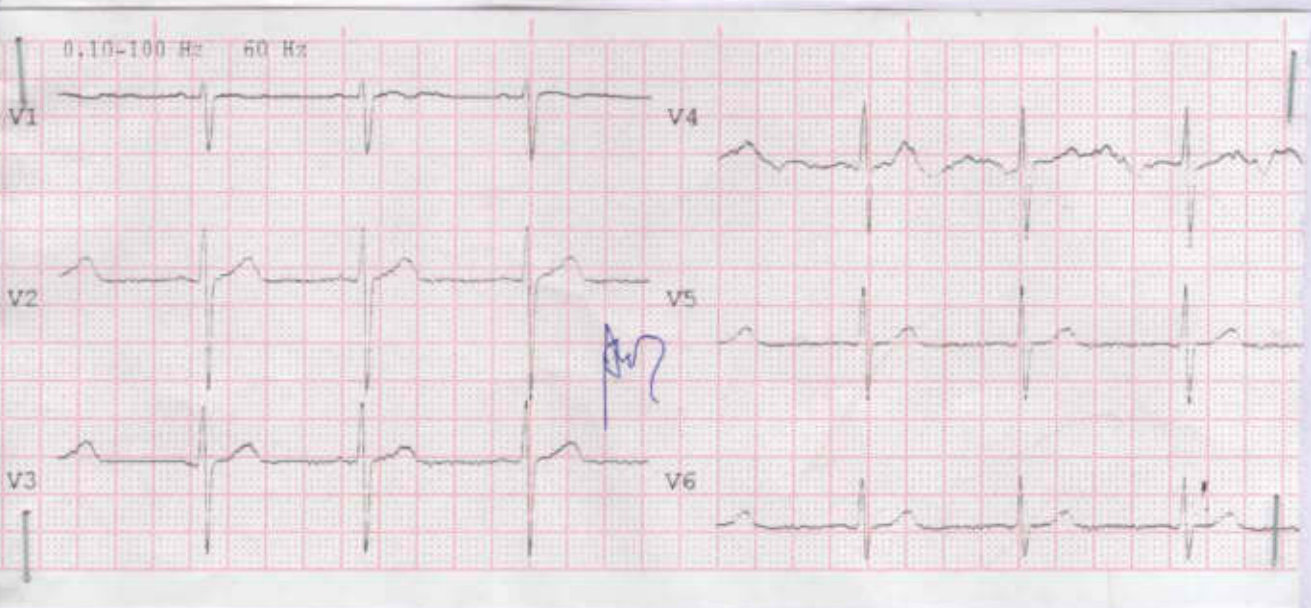
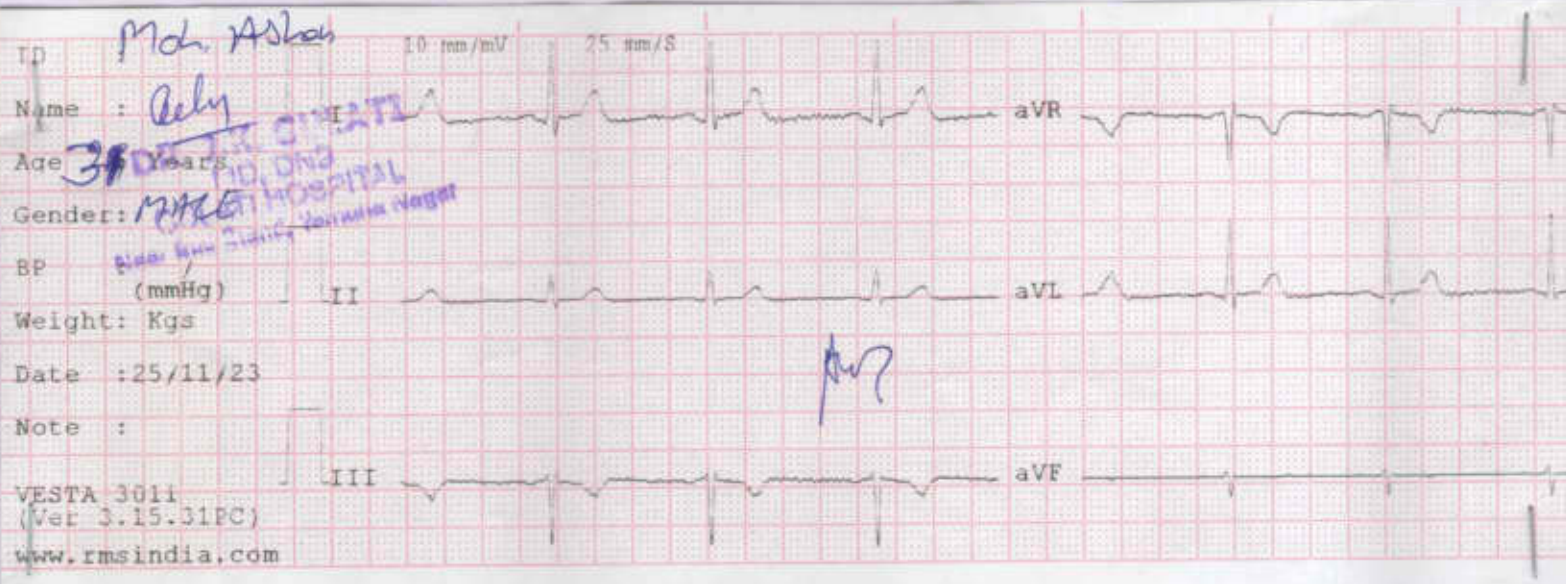
Mohd. ASHAN



ECG REPORT:-Within Normal Limits

J.K.
Signature
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Near Bus Stand, Yamuna Nagar

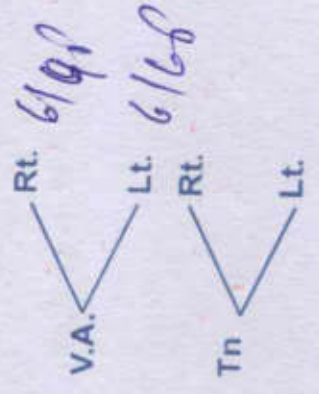
Mohd. ASHAN



ECG REPORT:- Within Normal Limits

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Signature
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Near Bus Stand, Yamuna Nagar

Name Mr./Mrs. Mohamad Ashah
 Age 31M Address Saharapur
 Date 25/11/23



B/E Anterior: normal
 Rubeo M.A.P.
 colour vision - normal
 -No deficiency,

Power of Glass

Spk $\frac{-0.50 \text{ mpt}}{0}$ 6/6 N₆
 4/6 $\frac{0}{-0.25 \times 60}$ 6/6 N₆.

A eye - normal.

Adv. Spk
25/11/23

EYE	SPH	CYL	AXIS	VA	ADD
R					
L					

- ❖ Eye Clinic / Contact Lens Clinic
- ❖ +90D लेंस द्वारा अँखों के परदे (Retina) की जाँच (Slit Lamp Biomicroscopy)
- ❖ Glaucoma, Squint & All types of Eye Surgery
- ❖ Consultation for Lasik / Zyoptix Laser / ICL Surgery for Removal of Glasses
- ❖ लेजर द्वारा अँख की फ़िरली की सफ़ाई (Yag Laser)
- ❖ बिना टाँके के स्काई मोनिटरिंग के लेंस वाले ऑपरेशन (SICS, Phaco)

Mob. : 9812072018
Ph. : 01732-254270



Dua Eye Centre

A Centre for the best vision care

412, Sarojini Colony, YAMUNA NAGAR-135 001 (Haryana)

.....to the world of light

दुआ आई सेंटर

स्थापित सन् 1984

412, सरोजनी कालोनी, यमुनानगर - 135 001

SURGEON I/C

DR. RAJ KUMAR DUA

डॉ० राज कुमार दुआ

M.B.B.S., M.S., F.I.A.M.S., F.O.R.C.E. (INDIA)

CONSULTATION HOURS

SUMMER (गर्मियां)	WINTER (सर्दियां)
9.00 A.M. to 1.00 P.M.	9.00 A.M. to 2.00 P.M.
6.00 P.M. to 7.30 P.M.	5.00 P.M. to 6.30 P.M.

Valid for 2 Visits in 7 Days
7 दिन में 2 बार के लिए मान्य

(Sunday Closed) (रविवार बन्द रहेगा)

वृष्या इस कार्ड को हर बार साथ लायें।

भारत सरकार
Government of India



मो अहसान
Mohd Ahsan
जन्म तिथि / DOB : 22/07/1992
पुरुष / Male



9145 7747 3408

आधार - आम आदमी का अधिकार

भारत सरकार, अहमदनगर
Unique Identification Authority of India

पता:
आत्मज: मो असलम अहमद,
अहमदपुर आहत., सहारनपुर,
अहमदपुर, उत्तर प्रदेश, 247451


Address:
S/O: Mohd Aslam Ahmad,
Ahmadpur Aht., Saharanpur,
Ahmedpur, Uttar Pradesh, 247451

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help@uidai.gov.in

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PA

L



8cm

8cm



Stage	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine				1.0	80	120/80	96	0	
Standing				1.0	89	120/80	106	0	
HV				1.0	105	120/80	125	0	
ExStart				1.0	95	120/80	114	0	
Stage 1	3:00	1.7	10.0	4.7	112	140/80	156	0	
Stage 2	3:00	2.5	12.0	7.1	132	150/80	198	0	
Stage 3	3:00	3.4	14.0	10.2	164	156/80	255	0	
PeakEx	0:01	4.2	16.0	10.2	164	156/80	255	0	
Recovery	2:00	1.1	0.0	1.0	167	156/80	260	0	
Recovery	4:00	1.1	0.0	1.0	118	130/80	153	0	
Recovery	5:16	1.1	0.0	1.0	118	130/80	153	0	

Findings :

Exercise Time : 09:02
 Max HR Attained : 167 bpm 88% of Target 189
 Max BP : 156/80
 Max WorkLoad attained : 10.2 Good response to induced stress

Test End Reasons : Test Complete, Fatigue

Report

NEGATIVE FOR INDUCIBLE ISCHAEMIA GOOD EXERCISING CAPACITY

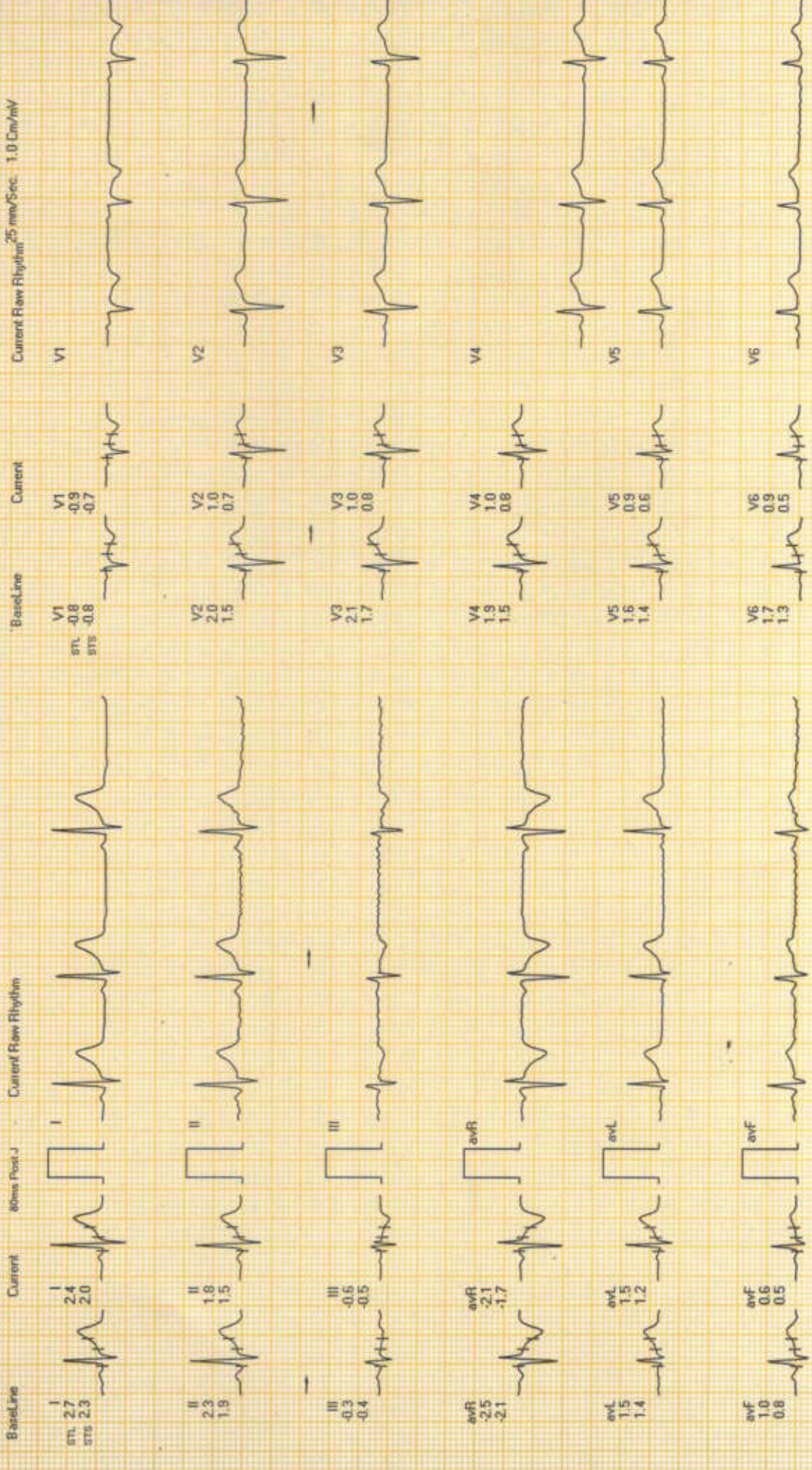
Druf

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Druf



Date: 25-Nov-2023 10:42:04 AM METS: 1.0/80 bpm 42% of THR BP: 120/80 mmHg Raw ECG/BLC On/ HF 0.05 Hz/LF 100 Hz ExTime: 00:25 1.1 mph, 0.0%

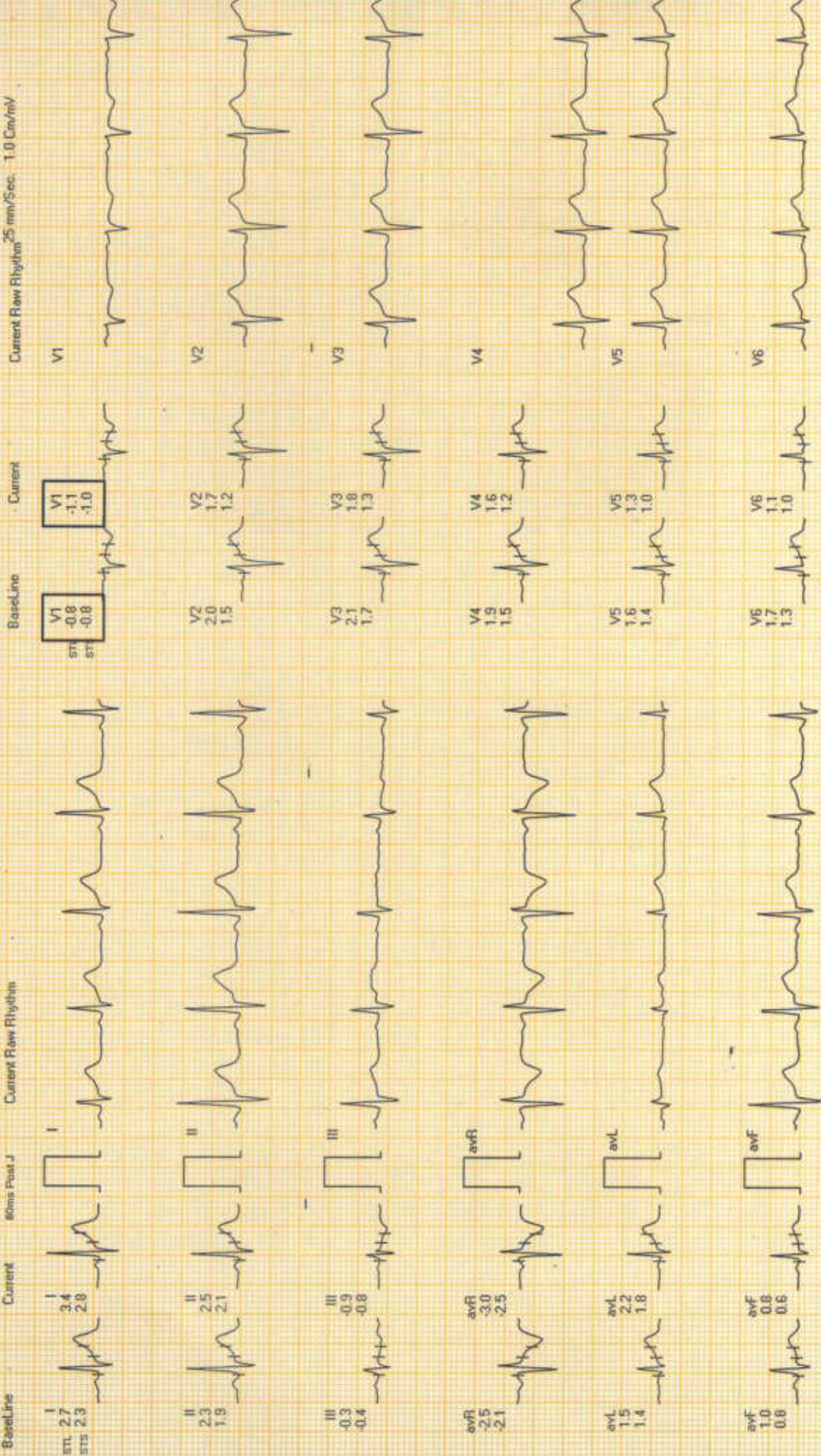


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REMARKS:
Gemini A-DX by Allengers

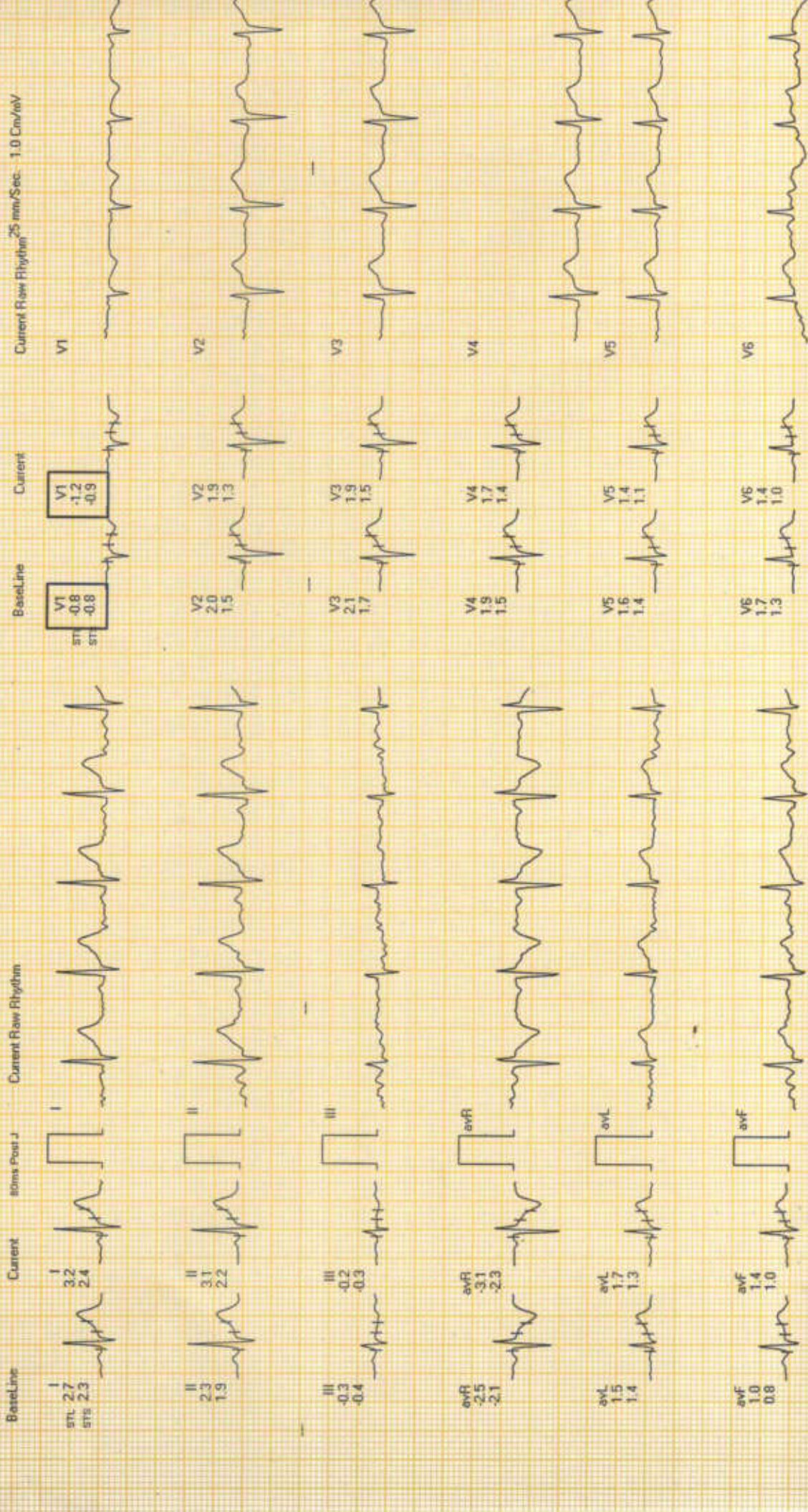


Date: 25-Nov-2023 10:42:04 AM METS: 1.0 / 89 bpm 47% of THR BP: 120/80 mmHg Raw ECG/BLC Only / HF 0.05 Hz / LF 100 Hz ExTime: 00:50 - 1.1 mph - 0.0%



REMARKS:
Gemini A-DX by Allengers

Date: 25-Nov-2023 10:42:04 AM METS: 1.0 / 94 bpm 49% of THR BP: 120/80 mmHg Row ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz ExTime: 01:46 1.1 mpt. 0.0%



REMARKS:

Gemini A+DX by Allengers

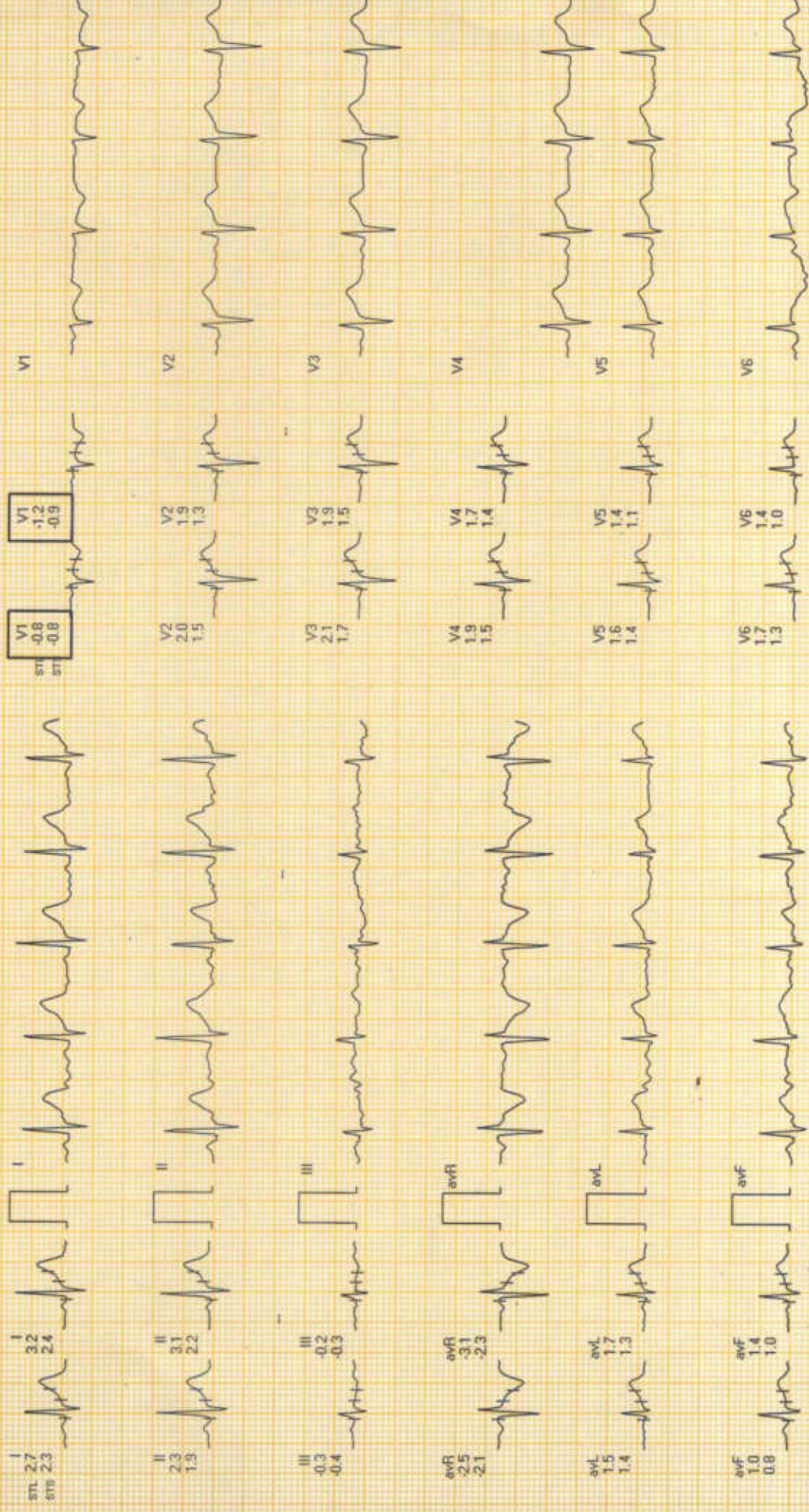


Date: 25-Nov-2023 10:42:04 AM METS: 1.0/95 bpm 50% of THR. BP: 120/80 mmHg Raw ECG/BLC On/ HF 0.05 Hz/LF 100 Hz

Current Raw Rhythm 25 mm/Sec. 1.0 Cm/mV

BaseLine

Current



REMARKS:

Gemini A-DX by Allengers

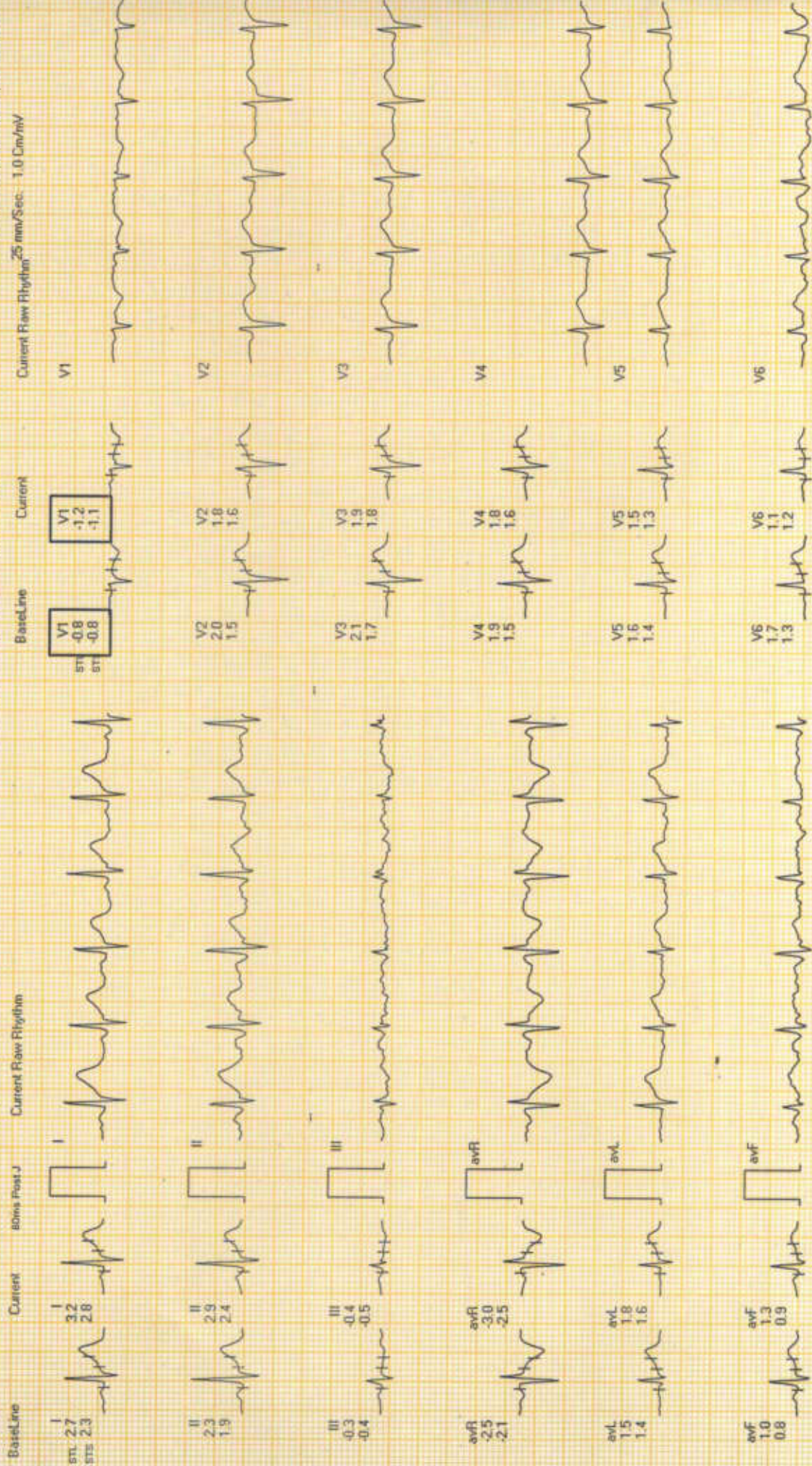
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Date: 25-Nov-2023 10:42:04 AM

METS: 4.7 / 112 bpm 59% of THR BP: 140/80 mmHg Raw ECG/BLC Only Notch On/HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 - 1.7 mph - 10.0%

Current Raw Rhythm: 25 mm/Sec. 1.0 Cm/mV



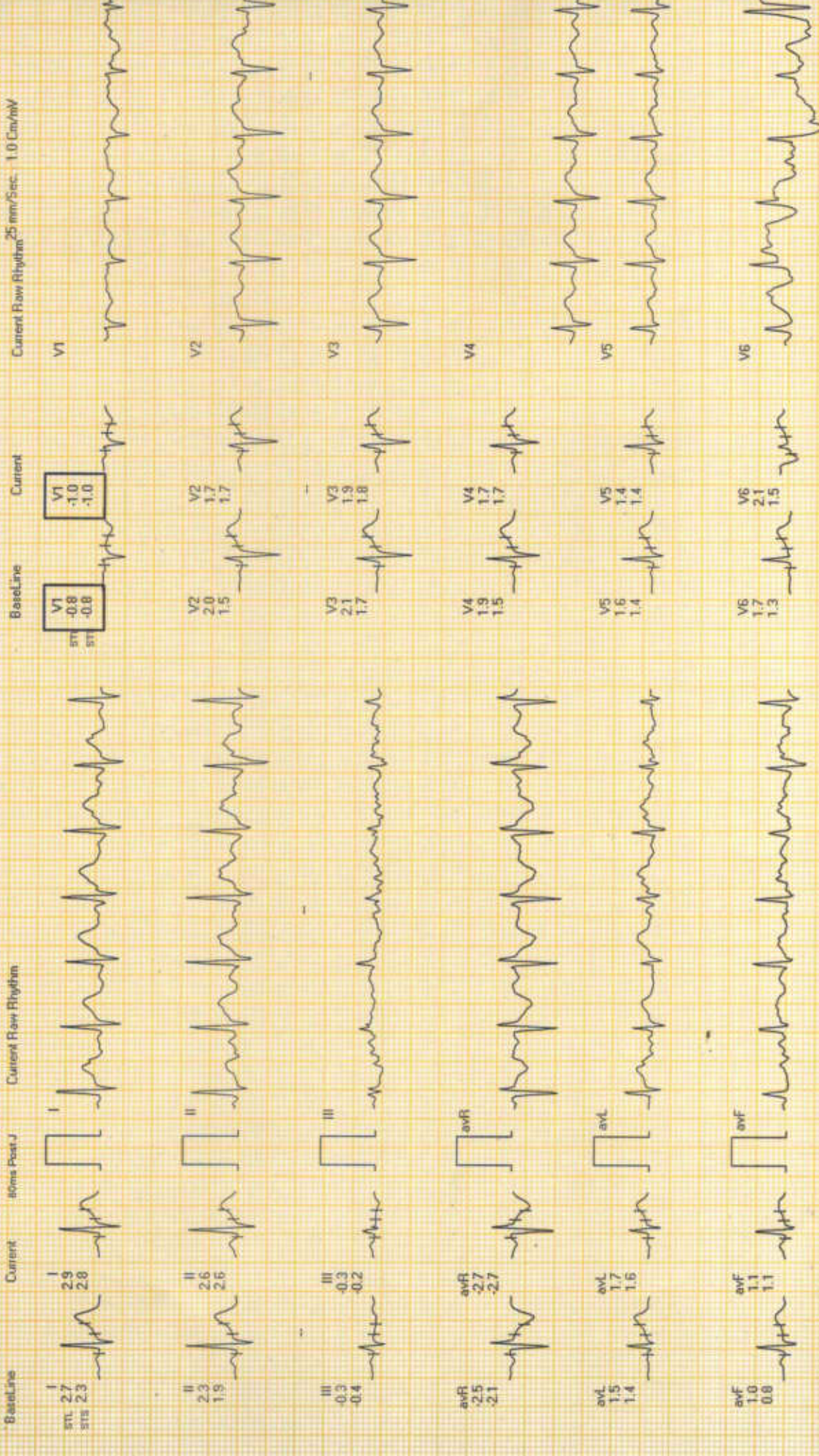
REMARKS:

Gemini A-CX by Allengers

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Date: 25-Nov-2023 10:42:04 AM METS: 7.1/129 bpm 68% of THR. BP: 150/80 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/ LF 100 Hz ExTime: 06:00 2.5 mph 12.0%



REMARKS:

Gemini A-DX by Allengers

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Date: 25-Nov-2023 10:42:04 AM

METS: 10.2 / 164 bpm 86% of THR BP: 156/80 mmHg Raw ECG/BLC-Only Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 09:00 3.4 mph - 14.0%

Current Raw Rhythm 25 mm/Sec. 1.0 Cm/mV

BaseLine Current

Current Raw Rhythm

I
STL 2.7
STO 2.3

I
1.7
2.4



II
2.3
1.9

II
2.0
3.1



III
-0.3
-0.4

III
0.3
0.8



avR
2.5
-2.1

avR
-1.7
-2.8



avL
1.5
1.4

avL
0.9
0.9



avF
1.0
0.8

avF
1.1
2.0



V1
STL -0.8
STO -0.8

V1
-0.8
-1.0



V2
2.0
1.5

V2
0.8
1.6



V3
2.1
1.7

V3
1.1
2.0



V4
1.9
1.5

V4
1.1
1.9



V5
1.6
1.4

V5
1.0
1.8



V6
1.7
1.3

V6
0.6
1.5



V1

V2

V3

V4

V5

V6

REMARKS:

Gemini A-DX by Allengers

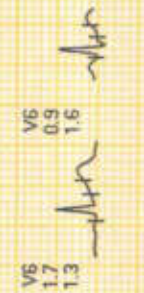
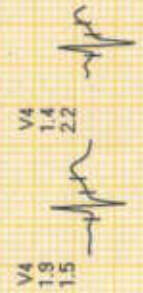
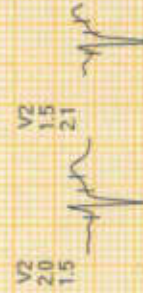
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Date: 25-Nov-2023 10:42:04 AM METS: 10.2 / 164 bpm 86% of THR. BP: 156/80 mmHg Raw ECG/BLC-Only / HF 0.05 Hz / F 100 Hz

ExTime: 09:01 4.2 mph 16.0%

Current Raw Rhythm 25 mm/Sec. 1.0 Cm/mV

BaseLine Current 60ms Post J Current Raw Rhythm

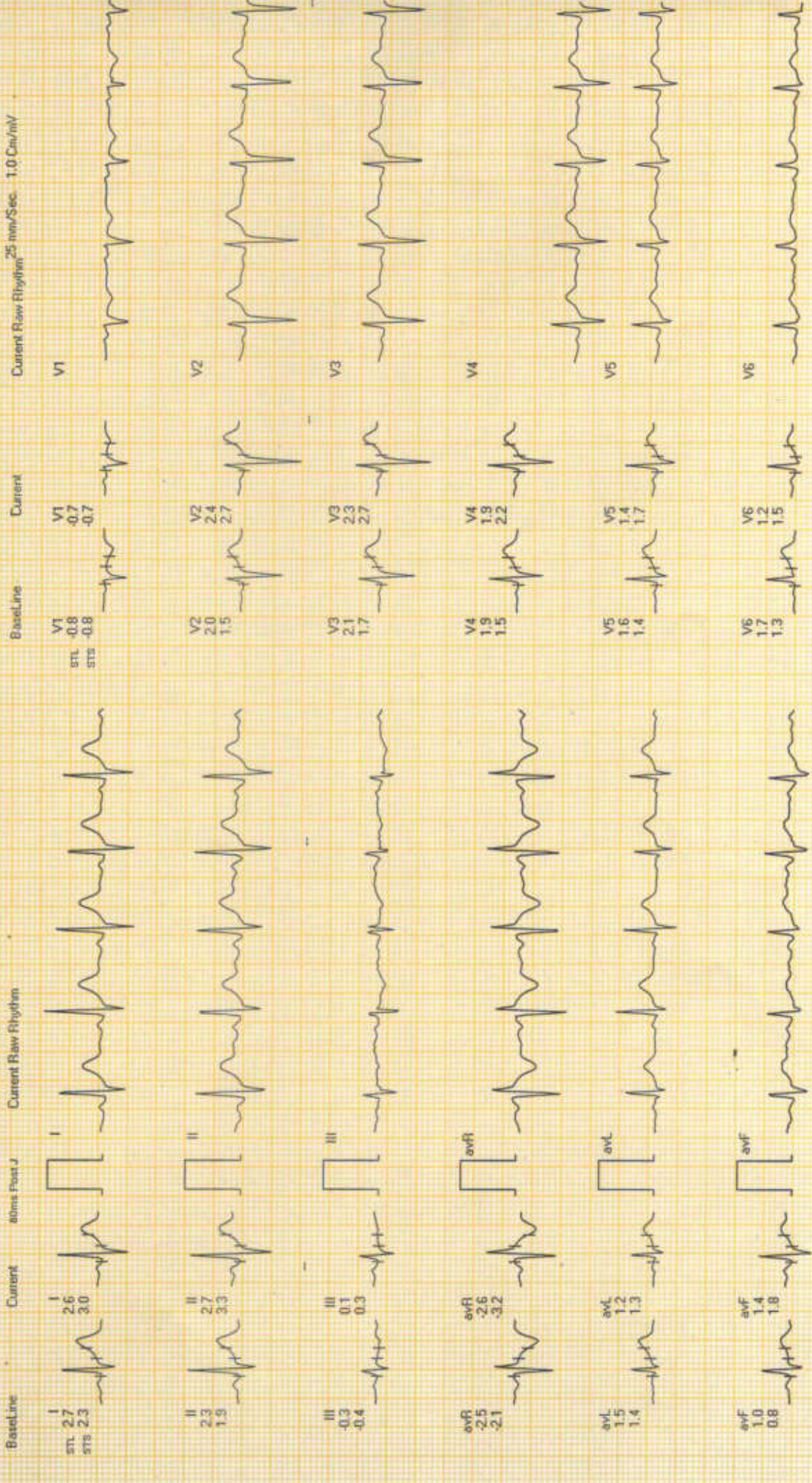


REMARKS:

Gemini A-DX by Allengers



Date: 25-Nov-2023 10:42:04 AM METS: 1.0/ 108 bpm 57% of THR. BP: 156/80 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/AF 100 Hz ExTime: 09:02 1.1 mph, 0.0%



REMARKS:
Gentini A-EX by Allengers

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Date: 25-Nov-2023 10:42:04 AM METS: 1.0/114 bpm 60% of THR BP: 130/80 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

Current Raw Rhythm 25 mm/Sec. 1.0 Cal/mV

ExTime: 09:02 1.1 mph 0.0%

Current Raw Rhythm 25 mm/Sec. 1.0 Cal/mV

Current Raw Rhythm

Current Raw Rhythm

Current

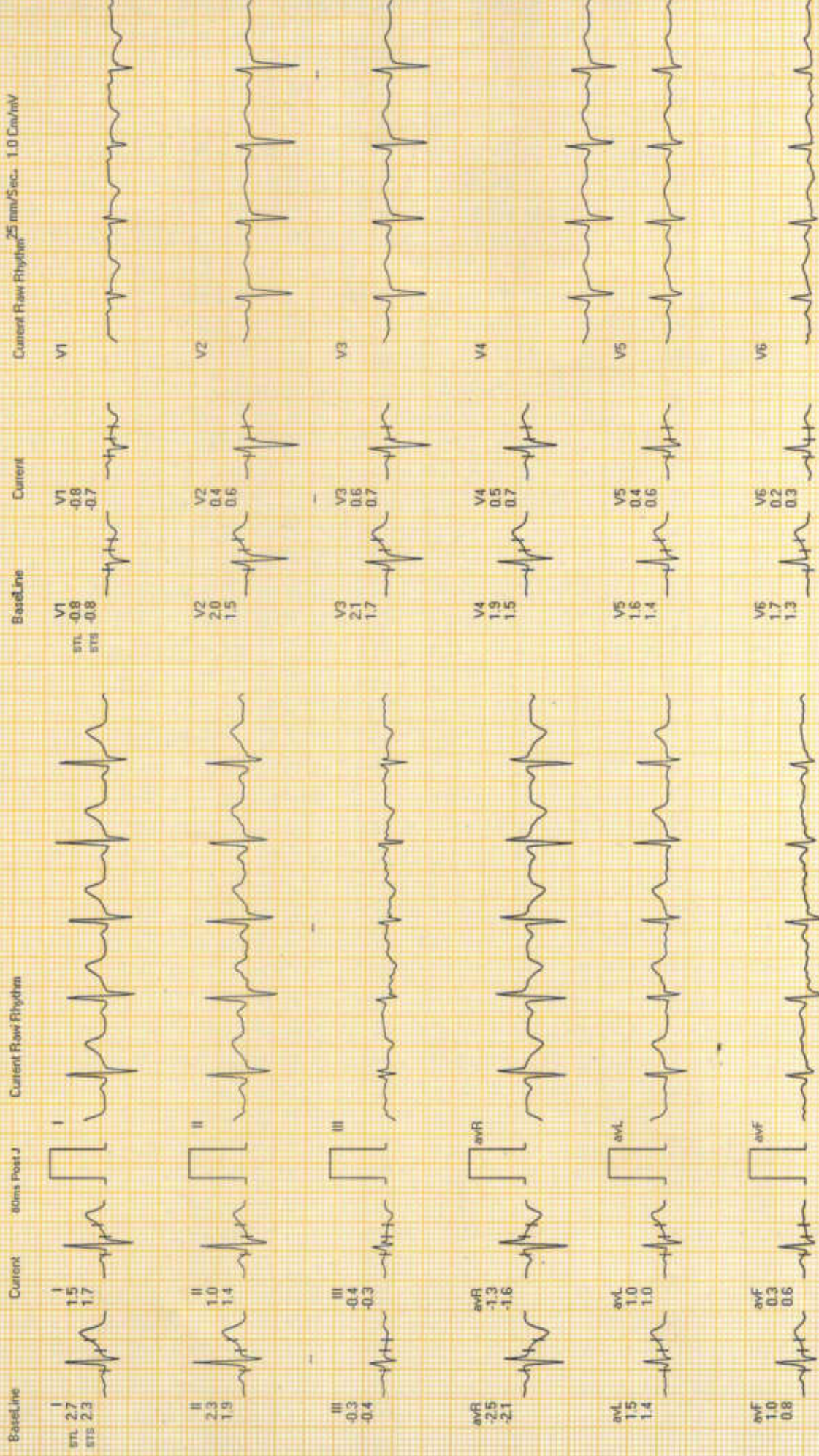
BaseLine



REMARKS:
Gemini A-CX by Allengers



Date: 25-Nov-2023 10:42:04 AM METS: 1.0/105 bpm 55% of THR BP: 130/80 mmHg Raw ECG/BL-C On/Notch On/HF 0.05 Hz/LF 100 Hz ExTime: 09:02 1.1 mph, 0.0%



REMARKS:

Gemini A-DX by Allengers

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