

Name : Mr. SAYAN SAPUI (36 /M)

Date : 25/03/2022

Address : 13 B/1,SATCHASI PARA LANE,P.O-BARANAGAR,SINTHEE, KOLKATA, KOLKATA,
WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001482964

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS
WITH TMT/ECHO)

AHC No : AMHLAH144660



CHIEF COMPLAINTS

For corporate health checkup

C/O Right elbow pain – tennis elbow, under care of orthopaedic surgeon.

PRESENT KNOWN ILLNESS:-

H/O Diabetes Mellitus (Post COVID) – on medication.

H/O Asthma – not on regular inhalers.

H/O Hypothyroidism – on medication.

H/O Dyslipidaemia – on medication.

No H/O HTN/TB/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:26/03/2022



SYSTEMIC REVIEW

Cardiovascular system

PALPITATION – Present stress related.

Respiratory system

SNEEZING - Present, dust allergy, COUGH - Present, dust allergy, WHEEZING – H/O Asthma, DYSPNOEA - H/o Asthma.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP – Normal.

Eyes

VISION - Corrected with glasses (decreased).

ENT

HEARING – Normal.

Musculoskeletal system

Right elbow, right knee.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Thyrox (50 mg) - once daily. Tab. Istamet (50/500) - twice daily. Tab. Rosumac (10 mg) - once daily.



Past medical history

Past medical history	- nil significant
Covid 19	- Yes
Hospitalization for Covid 19	- No
Dengue	- January 2022.



Surgical history

Surgical history - Nil

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Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild

Family history

Father - has expired
Mother - alive
Sisters - 1
Diabetes - mother,uncle,aunt
Hypertension - mother
Coronary artery disease - mother
Thyroid/other endocrine disorder - mother,aunt
Allergy - mother
Cancer - None

PHYSICAL EXAMINATION

General

Build - obese
Height (in cms) - 170
Weight (in Kgs) - 92
BMI - 31.83
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 98
Rhythm - Normal
Systolic(mm of Hg) - 118
Diastolic(mm of Hg) - 84
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.

Central nervous system

No neurological deficit

Skin

No significant finding

Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.4 *	g/dl	●	13.0-17.0
RBC COUNT	6.78 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	39.1 *	%	●	41-53
MCV	57.7 *	fl	●	83-101
MCH	18.3 *	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	17.0 *	%	●	11.8-14.0
WBC Count	11300 *	/cu mm	●	4000-10000
Platelet Count	2.39	lacs/cu mm	●	1.5-4.0
Neutrophils	69	%	●	40-80
Lymphocytes	24	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Density Increased, Anisocytosis+, Microcytic Hypochromic			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Trace			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasionalhpf
Epithelial Cells	Occasionalhpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine glucose rechecked and confirmed by Benedict's test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Trace			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Trace			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	115 *	U/L	●	10-40
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	88	U/L	●	53-128
AST (SGOT) - SERUM	67 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	233 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	143 *	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	121 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	174 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.9 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	33	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	158 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	42 *	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.6	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	281 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	9.000 *	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.6	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.4	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

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X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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