





**CLIENT CODE:** C000138363

CLIENT'S NAME AND ADDRESS:

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156 Cert. No. MC-2396

SRL Ltd

P S Srijan Tech Park Building, DN-52, Unit No.2, Ground Floor, Sector V,

Salt Lake, KOLKATA, 700091 WEST BENGAL, INDIA Tel: 9111591115,

CIN - U74899PB1995PLC045956 Email : customercare.saltlake@srl.in

PATIENT NAME: JHUMA KANJILAL PATIENT ID: JHUMF12097231

ACCESSION NO: 0031VK016078 AGE: 50 Years SEX: Female ABHA NO:

DRAWN: 19/11/2022 10:38:00 RECEIVED: 19/11/2022 10:49:13 REPORTED: 28/11/2022 13:49:35

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

Test Report Status	<u>Final</u>	Results		Biological Reference Interva	l Units
MEDI WHEEL FULL B	<u>ODY HEALTH CHECKUP AB</u>	OVE 40FEMALE			
BLOOD COUNTS,EDT	A WHOLE BLOOD				
HEMOGLOBIN (HB)		12.2		12.0 - 15.0	g/dL
METHOD: SPECTROPHOTOM	IETRY				
RED BLOOD CELL (RBC	C) COUNT	4.27		3.8 - 4.8	mil/μL
METHOD : ELECTRICAL IMPE	EDANCE				
WHITE BLOOD CELL (W	VBC) COUNT	9.15		4.0 - 10.0	thou/µL
METHOD : ELECTRICAL IMPE	EDANCE				
PLATELET COUNT		209		150 - 410	thou/µL
METHOD : ELECTRONIC IMP	EDENCE & MICROSCOPY				
RBC AND PLATELET 1	INDICES				
HEMATOCRIT (PCV)		35.7	Low	36 - 46	%
METHOD : CALCULATED					
MEAN CORPUSCULAR \	/OLUME (MCV)	83.7		83 - 101	fL
METHOD : ELECTRICAL IMPE	EDANCE				
MEAN CORPUSCULAR H	HEMOGLOBIN (MCH)	28.5		27.0 - 32.0	pg
METHOD : CALCULATED					
MEAN CORPUSCULAR F CONCENTRATION (MCF METHOD : CALCULATED		34.0		31.5 - 34.5	g/dL
RED CELL DISTRIBUTION	ON WIDTH (RDW)	14.9	High	11.6 - 14.0	%
METHOD : ELECTRICAL IMPE	EDANCE				
MENTZER INDEX		19.6			
MEAN PLATELET VOLUM	ME (MPV)	9.5		6.8 - 10.9	fL
METHOD : CALCULATED					
WBC DIFFERENTIAL	COUNT				
NEUTROPHILS		67		40 - 80	%
METHOD : FLOWCYTOMETRY	, ELECTRONIC IMPEDANCE & MICROS	COPY.			
LYMPHOCYTES		25		20 - 40	%
METHOD : FLOWCYTOMETRY	, ELECTRONIC IMPEDANCE & MICROSO	COPY.			
MONOCYTES		6		2 - 10	%
METHOD : FLOWCYTOMETRY	, ELECTRONIC IMPEDANCE & MICROS	COPY.			
EOSINOPHILS		2		1 - 6	%
BASOPHILS		0		0 - 2	%
METHOD : FLOWCYTOMETRY	, ELECTRONIC IMPEDANCE & MICROS	COPY.			



Page 1 Of 13







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**DELHI INDIA** 8800465156

Cert. No. MC-2396

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ABSOLUTE NEUTROPHIL COUNT	6.13	2.0 - 7.0	thou/µL		
METHOD: FLOWCYTOMETRY & CALCULATED					
ABSOLUTE LYMPHOCYTE COUNT	2.29	1 - 3	thou/µL		
METHOD: FLOWCYTOMETRY & CALCULATED					
ABSOLUTE MONOCYTE COUNT	0.55	0.20 - 1.00	thou/µL		
METHOD: FLOWCYTOMETRY & CALCULATED					
ABSOLUTE EOSINOPHIL COUNT	0.18	0.02 - 0.50	thou/µL		
METHOD: FLOWCYTOMETRY & CALCULATED					
ABSOLUTE BASOPHIL COUNT	0.00	<b>Low</b> 0.02 - 0.10	thou/µL		
METHOD: FLOWCYTOMETRY & CALCULATED					
MORPHOLOGY					
RBC	NORMOCYTIC N	ORMOCHROMIC			
METHOD: MICROSCOPIC EXAMINATION					
WBC	NORMAL MORPH	HOLOGY			
METHOD: MICROSCOPIC EXAMINATION					
PLATELETS	ADEQUATE				
METHOD: MICROSCOPIC EXAMINATION					
ERYTHROCYTE SEDIMENTATION RATE (I	ESR),WHOLE				

0 - 20 mm at 1 hr E.S.R

METHOD: AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)"

#### **GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.9	High	Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested: > 8.0 (ADA Guideline 2021)	%
METHOD: HPLC				

ESTIMATED AVERAGE GLUCOSE(EAG) 122.6 **High** < 116.0mg/dL



Page 2 Of 13 Scan to View Report







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SRL LIMITED - KOLKATA REF. LAB Bio-Rad Variant II Turbo CDM 5.4 S/N: 13466 PATIENT REP V2TURBO\_A1c

**Patient Data** 

 Sample ID:
 3106589923

 Patient ID:
 0031VK016078

 Name:
 JHUMAKANJILAL

Name: Physician:

Sex:

DOB:

Comments

Analysis Data

Analysis Performed: 19/11/2022 12:52:39

Injection Number: 3932 Run Number: 249

Rack ID:

Tube Number: 2

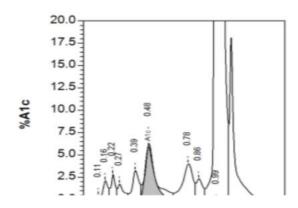
Report Generated: 19/11/2022 15:27:16

Operator ID:

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
Unknown		0.1	0.112	2535
A1a		0.9	0.161	24579
A1b		1.0	0.217	27371
F		0.9	0.267	24546
LA1c		1.9	0.387	49936
A1c	5.9		0.484	127194
P3		3.5	0.780	91607
P4		1.2	0.857	32602
Ao		85.5	0.992	2251518

Total Area: 2,631,889

### HbA1c (NGSP) = 5.9 %













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GLUCOSE FASTING,F	LUORIDE PLASMA			
FBS (FASTING BLOOD		83	74 - 100	mg/dL
METHOD : ENZYMATIC (HEX	,		, , , , ,	9, ==
LIPID PROFILE, SERI				
CHOLESTEROL, TOTAL		109	< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
METHOD : ENZYMATIC ASSA	Y			
TRIGLYCERIDES		63	< 150 Normal 150 - 199 Borderline High 200 - 499 High >/=500 Very High	mg/dL
METHOD : GLYCEROL PHOSE	PHATE OXIDASE	40	1 10	/-41
HDL CHOLESTEROL		40	Low : < 40 High : > / = 60	mg/dL
METHOD : ACCELERATOR SE	LECTIVE DETERGENT METH	HODOLOGY	, , , , ,	
CHOLESTEROL LDL		56		mg/dL
NON HDL CHOLESTERC	DL	69	Desirable: Less than 130 Above Desirable: 130-159 Borderline High: 160-189 High: 190 -219 Very High: >or = 220	mg/dL
METHOD : CALCULATED				
CHOL/HDL RATIO		2.7		
LDL/HDL RATIO		1.4		
VERY LOW DENSITY LI	POPROTEIN	12.6		mg/dL
LIVER FUNCTION PR	OFILE, SERUM			
BILIRUBIN, TOTAL		0.56	0.2 - 1.2	mg/dL
METHOD : DIAZONIUM SALT	•			
BILIRUBIN, DIRECT		0.25	0.0 - 0.5	mg/dL
METHOD : DIAZO REACTION				
BILIRUBIN, INDIRECT		0.31	0.1 - 1.0	mg/dL
METHOD : CALCULATED				
TOTAL PROTEIN		7.3	6.0 - 8.30	g/dL
METHOD : BIURET				
ALBUMIN		4.1	3.5 - 5.2	g/dL
METHOD : COLORIMETRIC (E	BROMCRESOL GREEN)			

METHOD : COLORIMETRIC (BROMCRESOL GREEN)



Page 4 Of 13







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GLOBULIN	3.2		2.0 - 3.5	a/dl
				g/dL
ALBUMIN/GLOBULIN RATIO	1.3		1 - 2.1	RATIO
METHOD : CALCULATED PARAMETER  ACRAPTATE AMINOTRANSFERACE (ACT/CCOT)	22		5 - 34	11/1
ASPARTATE AMINOTRANSFERASE (AST/SGOT)  METHOD: ENZYMATIC (NADH (WITHOUT P-5'-P)	22		5 - 34	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16		0 - 55	U/L
METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)	10		0 33	0/ L
ALKALINE PHOSPHATASE	74		40 - 150	U/L
METHOD : PARA-NITROPHENYL PHOSPHATE	, ,		10 130	3, 2
GAMMA GLUTAMYL TRANSFERASE (GGT)	14		8 -33	U/L
METHOD: L-GAMMA-GLUTAMYL-4-NITROANALIDE/GLYCYLGLYC	INE KINETIC METHOD			•
LACTATE DEHYDROGENASE	196		125 - 220	U/L
METHOD : IFCC LACTATE TO PYRUVATE				
BLOOD UREA NITROGEN (BUN), SERUM				
BLOOD UREA NITROGEN	7	Low	9.8 - 20.1	mg/dL
METHOD : UREASE METHOD				
CREATININE, SERUM				
CREATININE	0.77		0.50 - 1.10	mg/dL
METHOD: KINETIC ALKALINE PICRATE				
BUN/CREAT RATIO				
BUN/CREAT RATIO	9.09		5.0 - 15.0	
URIC ACID, SERUM				
URIC ACID	4.1		2.6 - 6.0	mg/dL
METHOD : URICASE				-
TOTAL PROTEIN, SERUM				
TOTAL PROTEIN	7.3		6.0 - 8.3	g/dL
METHOD : BIURET				
ALBUMIN, SERUM				
ALBUMIN	4.1		3.5 - 5.2	g/dL
METHOD: COLORIMETRIC (BROMCRESOL GREEN)				
GLOBULIN				
GLOBULIN	3.2		2.0 - 3.5	g/dL
METHOD: CALCULATED PARAMETER				

**ELECTROLYTES (NA/K/CL), SERUM** 



Page 5 Of 13 Scan to View Report

Scan to View Details







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SODIUM, SERUM		139	136 - 145	mmol/L
METHOD : ION SELECTIVE I	ELECTRODE TECHNOLOGY INDIRECT			
POTASSIUM, SERUM		3.80	3.5 - 5.1	mmol/L
METHOD : ION SELECTIVE I	ELECTRODE TECHNOLOGY INDIRECT			
CHLORIDE, SERUM		104	98 - 107	mmol/L
METHOD : ION SELECTIVE I	ELECTRODE TECHNOLOGY INDIRECT			
Interpretation(s)				
PHYSICAL EXAMINA	TION, URINE			
COLOR		PALE YELLOW		
APPEARANCE		CLEAR		
CHEMICAL EXAMINA	ATION, URINE			
PH		6.0	4.7 - 7.5	
SPECIFIC GRAVITY		1.010	1.003 - 1.035	
METHOD : DIPSTICK				
PROTEIN		NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK				
GLUCOSE		NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK				
KETONES		NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK				
BLOOD		NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK				
BILIRUBIN		NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK				
UROBILINOGEN		NORMAL	NORMAL	
METHOD : DIPSTICK		NOT DETECTED	NOT DETECTED	
NITRITE		NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK	_	DETECTED ( . )	NOT DETECTED	
LEUKOCYTE ESTERASE		DETECTED (+)	NOT DETECTED	
MICROSCOPIC EXAM	IINATION, URINE			
RED BLOOD CELLS		NOT DETECTED	NOT DETECTED	/HPF
PUS CELL (WBC'S)		5-7	0-5	/HPF
EPITHELIAL CELLS		2-3	0-5	/HPF











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CASTS		NOT DETECTED		
CRYSTALS		NOT DETECTED		
BACTERIA		NOT DETECTED	NOT DETECTED	
YEAST		NOT DETECTED	NOT DETECTED	

#### Comments

URINALYSIS: MICROSCOPIC EXAMINATION IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

Interpretation(s)

THYROID PANEL, SERUM

13	111./	35 - 193	ng/dL
METHOD: TWO-STEP CHEMILUMINESCENT MICROP	ARTICLE IMMUNOASSAY		
T4	7.58	4.87 - 11.71	μg/dL
METHOD: TWO-STEP CHEMILUMINESCENT MICROP	ARTICLE IMMUNOASSAY		
TSH (ULTRASENSITIVE)	12.037	High 0.350 - 4.940	uIU/mL

 ${\tt METHOD: TWO-STEP\ CHEMILUMINESCENT\ MICROPARTICLE\ IMMUNOASSAY}$ 

Interpretation(s)

## \* ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE B

METHOD: TUBE AGGLUTINATION

RH TYPE POSITIVE

METHOD: TUBE AGGLUTINATION

**XRAY-CHEST** 

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO Echo Done - Normal

ECG

ECG Possible inferior wall infarct

**MEDICAL HISTORY** 

RELEVANT PRESENT HISTORY Diabetes, HTN, raised cholesterol on medicines

RELEVANT PAST HISTORY Angioplasty - 2018
RELEVANT PERSONAL HISTORY NOT SIGNIFICANT



Page 7 Of 13







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 RELEVANT FAMILY HISTORY
 Parents - Diabetes and Mother - hypothyroid

OCCUPATIONAL HISTORY NOT SIGNIFICANT HISTORY OF MEDICATIONS NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.45 mts
WEIGHT IN KGS. 53 Kgs
BMI 25 BMI & Weight Status as follows: kg/sgmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

**GENERAL EXAMINATION** 

MENTAL / EMOTIONAL STATE NORMAL PHYSICAL ATTITUDE **NORMAL** GENERAL APPEARANCE / NUTRITIONAL STATUS **HEALTHY BUILT / SKELETAL FRAMEWORK AVERAGE** FACIAL APPEARANCE NORMAL SKIN **NORMAL** UPPER LIMB **NORMAL** LOWER LIMB **NORMAL NFCK** NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL BREAST (FOR FEMALES) NORMAL TEMPERATURE NORMAL

PULSE 80/min-REGULAR, ALL PERIPHERAL PULSES WELL FELT

RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

BP 170/100 mm Hg mm/Hg

PERICARDIUM NORMAL APEX BEAT NORMAL

HEART SOUNDS S1, S2 HEARD NORMALLY











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MURMURS ABSENT

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST

MOVEMENTS OF CHEST

BREATH SOUNDS INTENSITY

NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS ABSENT

**PER ABDOMEN** 

APPEARANCE NORMAL VENOUS PROMINENCE ABSENT

LIVER NOT PALPABLE SPLEEN NOT PALPABLE

HERNIA ABSENT

**CENTRAL NERVOUS SYSTEM** 

HIGHER FUNCTIONS NORMAL
CRANIAL NERVES NORMAL
CEREBELLAR FUNCTIONS NORMAL
SENSORY SYSTEM NORMAL
MOTOR SYSTEM NORMAL
REFLEXES NORMAL

SPINE NORMAL

JOINTS NORMAL

**BASIC EYE EXAMINATION** 

**MUSCULOSKELETAL SYSTEM** 

CONJUNCTIVA NORMAL
EYELIDS NORMAL
EYE MOVEMENTS NORMAL
DISTANT VISION RIGHT EYE WITHOUT GLASSES 6/15
DISTANT VISION LEFT EYE WITHOUT GLASSES 6/15
NEAR VISION RIGHT EYE WITHOUT GLASSES N8
NEAR VISION LEFT EYE WITHOUT GLASSES N8

COLOUR VISION NORMAL











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**BASIC ENT EXAMINATION** 

EXTERNAL EAR CANAL NORMAL TYMPANIC MEMBRANE NORMAL

NOSE NO ABNORMALITY DETECTED

SINUSES NORMAL

THROAT NO ABNORMALITY DETECTED

TONSILS NOT ENLARGED

**BASIC DENTAL EXAMINATION** 

TEETH NORMAL GUMS HEALTHY

**SUMMARY** 

RELEVANT HISTORY Diabetes, HTN, raised cholesterol on medicines

RELEVANT GP EXAMINATION FINDINGS High BP (170/100)

RELEVANT LAB INVESTIGATIONS Raised TSH(12.037), HbA1C(5.9)

Leukocyte esterase and pus cells present in urine

RELEVANT NON PATHOLOGY DIAGNOSTICS Possible inferior wall infarct in ECG

REMARKS / RECOMMENDATIONS

On examination and investigations the candidate is found to be hypertensive, diabetic and has raised TSH(12.037),HbA1C(5.9)

Leukocyte esterase and pus cells present in urine

Possible inferior wall infarct in ECG

Should follow the given advice:

1. Salt restricted diabetic diet

- 2. Regular BP check-up and follow up with physician
- 3. Avoid fat, oil in diet
- 4. Regular walking
- 5. Urine for C/S
- 5. Ophthalmologist opinion

#### Comments

MEDICAL EXAMINATION DONE BY:

DR. DEBIKA ROY, MBBS CONSULTANT PHYSICIAN WELLNESS CLINIC SALT LAKE REF LAB, KOLKATA











**CLIENT CODE:** C000138363

**CLIENT'S NAME AND ADDRESS:** 

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PATIENT ID: **PATIENT NAME: JHUMA KANJILAL** JHUMF12097231

ACCESSION NO: 0031VK016078 AGE: 50 Years SEX: Female ABHA NO:

DRAWN: 19/11/2022 10:38:00 RECEIVED: 19/11/2022 10:49:13 28/11/2022 13:49:35 REPORTED:

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Test Report Status Results Biological Reference Interval Units <u>Final</u>

### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION**:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION** 

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
False Decreased: Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for The adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2.Diagnosing diabetes.3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels. 2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

# HbA1c Estimation can get affected due to :

I. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results. IV.Interference of hemoglobinopathies in HbA1c estimation is seen in

a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c. b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in



Page 11 Of 13 具数数国







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Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%), Drugs; corticosteroids, phenytoin, estrogen, thiazides,

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, ranticatic isac cen usease with incleased insulin,insulinona, an encountral insulinierily, hypopituicalishi, dinuse insulinona, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia), Drugs- insulin, ethanol, propranolol; sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus,

glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. LIVER FUNCTION PROFILE, SERUM-

#### LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction,

Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to:Chronic inflammation or infection, including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular

permeability or decreased lymphatic clearance,malnutrition and wasting etc BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH. CREATININE, SERUM-Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
  Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy URIC ACID, SERUM-

Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

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Page 12 Of 13 具数数具









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increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for

The test is performed by both forward as well as reverse grouping methods.

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\*\*End Of Report\*\*

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Page 13 Of 13