COLOUR DOPPLER ULTRASOUND SCANNING ECHO

DDRC SRL Diagnostic Services

RADIOLOGY DIVISION

Acc no:4182WA006601 Name:Mr. Shameer J S	Age:36 y	Sex: Male	Date: 14.01.23
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US SCAN WHOLE ABDOMEN

LIVER is enlarged in size (~ 19.2 cm). Margins are regular. Hepatic parenchyma shows increased echogenicity. No focal lesions seen. No dilatation of intrahepatic biliary radicles. CBD is not dilated. Portal vein is normal in caliber (8.9 mm).

GALL BLADDER is partially distended and grossly normal.No pericholecystic fluid seen.

SPLEEN is normal in size (10.6 cm) and parenchymal echotexture. No focal lesion seen.

PANCREAS obscured by bowel air.

RIGHT KIDNEY is normal in size (11.4 x 4.2 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

LEFT KIDNEY is normal in size (11.9 x 5.7 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

PARAAORTIC AREA obscured by bowel air.

URINARY BLADDER is distended, normal in wall thickness, lumen clear.

Post void residual urine vol - 8.2 ml.

PROSTATE is enlarged in size (vol - 23.4 cc) and shows parenchymal calcifications. Suboptimal evaluation due to technical difficulties

No ascites or pleural effusion.

Gaseous distension of bowel loops noted. No obvious bowel wall thickening seen sonologically.

CONCLUSION:-

Suboptimal evaluation due to obese anterior abdominal wall.

Hepatomegaly with grade II / III fatty changes - Suggest LFT correlation.

Grade I prostatomegaly - Suggest serum PSA correlation

Dr. Nisha Unni MD , DNB (RD) Consultant radiologist.

Thanks, your feedback will be appreciated. Please bring relevant investigation reports during all visits). Secause of technical and technological limitations complete accuracy cannot be assured on imaging. Suggested correlation with clinical findings and other relevant investigations consultations, and if required repeat maging recommended in the event of controversities. AR

DDRC SRL Diagnostics Private Limited

Aster Square, Medical College P.O., Trivandrum - 695 011. Ph: 0471 - 2551125. e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam, Kerala - 682 036. Web: www.ddrcsrl.com SHAMEER



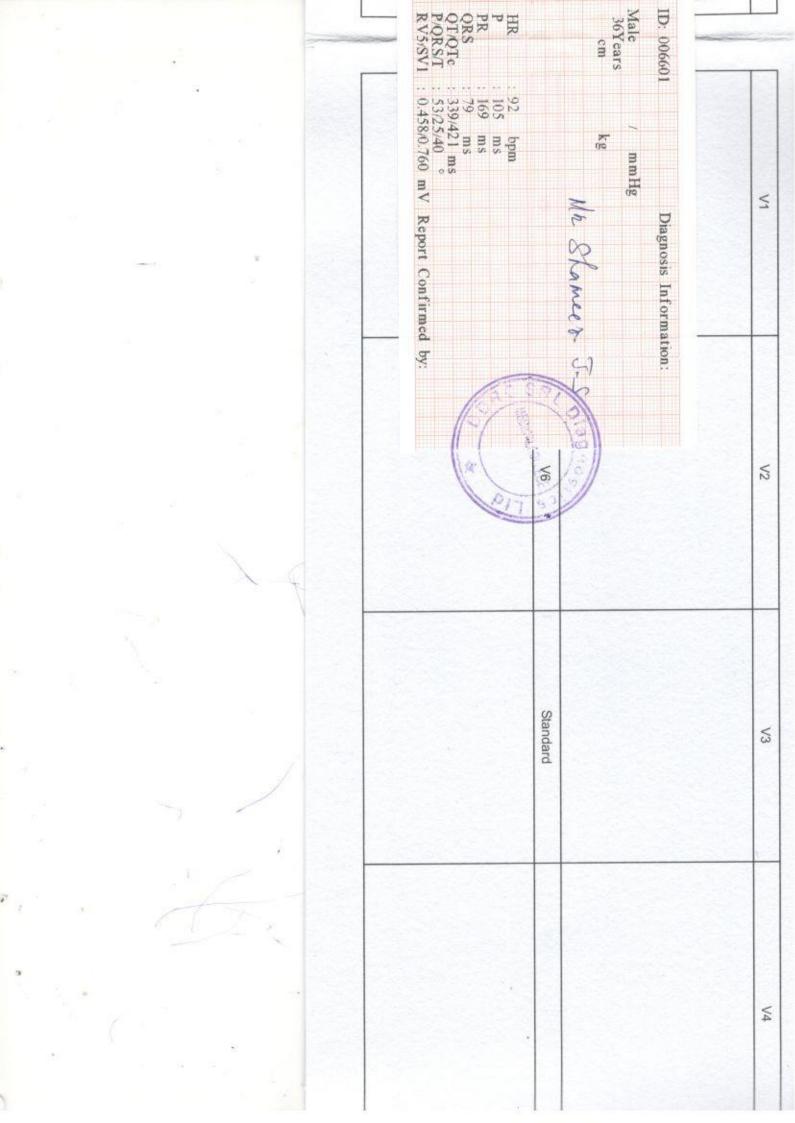


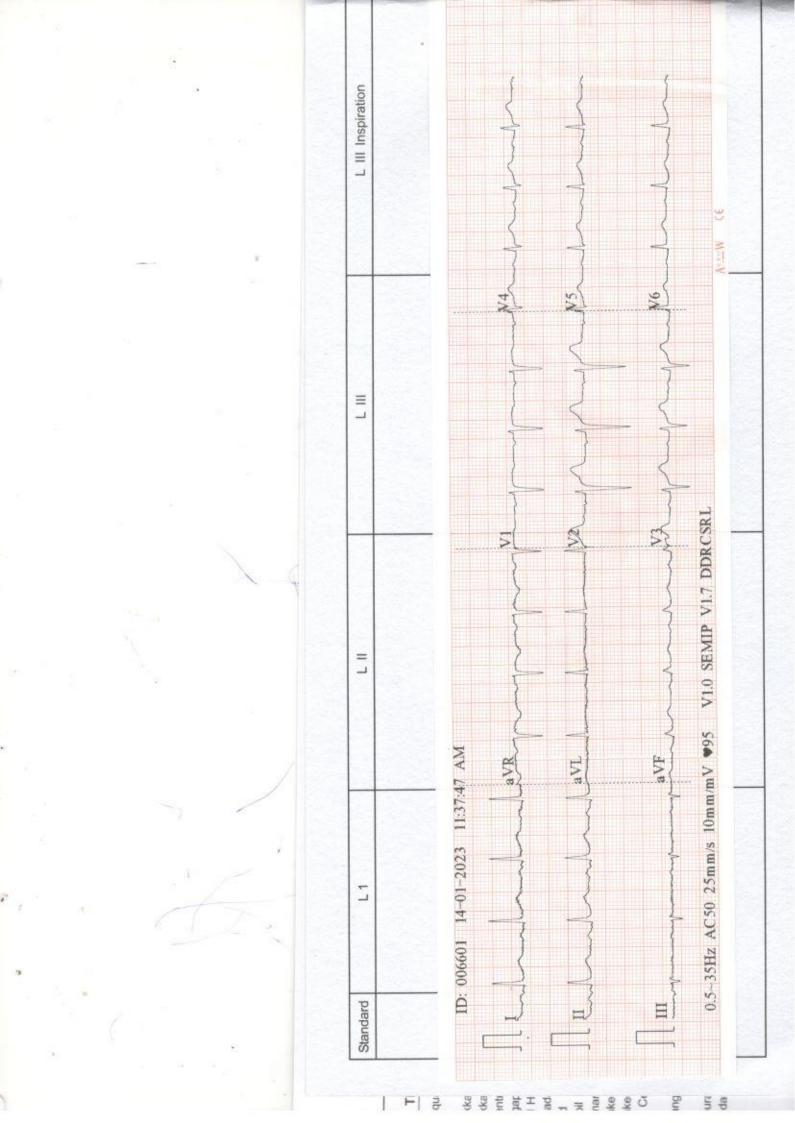














NAME : MR SHAMEER J S	AGE	:36/M	DATE:14/01/2023
	CHEST X-RAY REPOR	<u>RT</u>	
CHEST X-RAY PA VIEW	: Trachea central No cardiomegaly		
	Normal vascularity		
	No parenchymal les Costophrenic and car		angles clear
> IMPRESSION	: Normal Chest Xra	ıy	

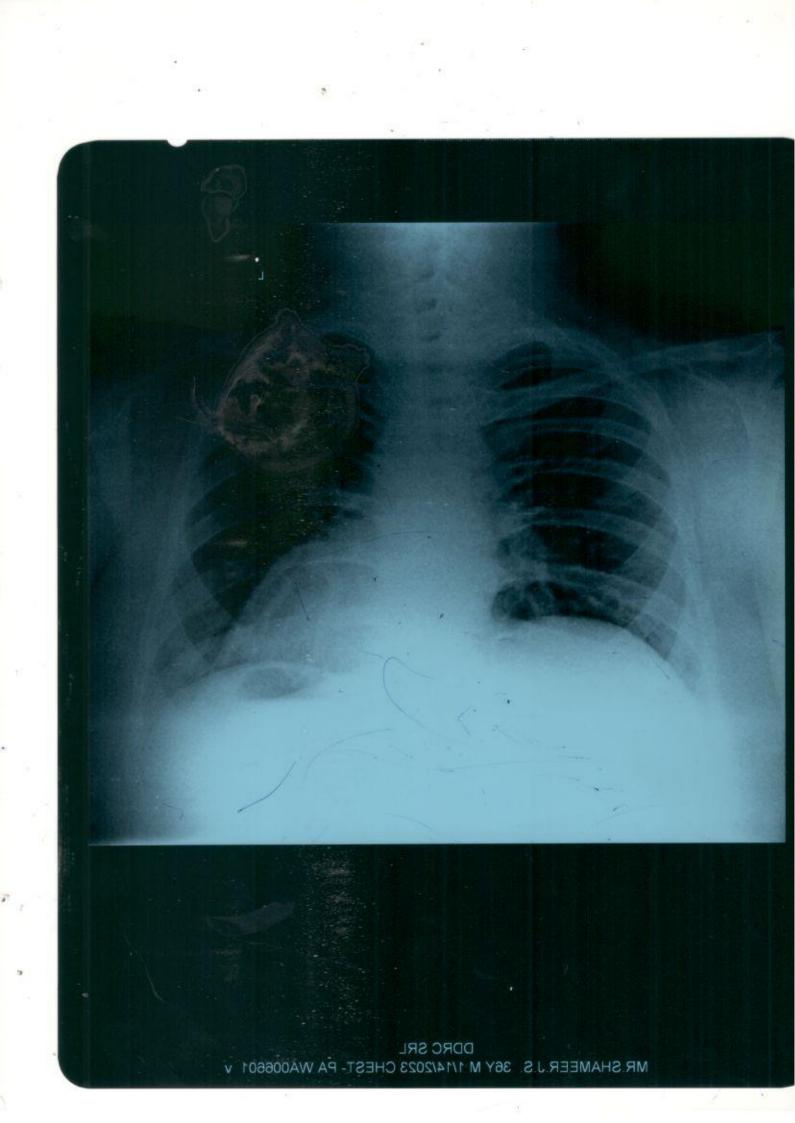
ELECTRO CARDIOGRAM

: NSR:92/minute No evidence of ischaemia.

IMPRESSION

: Normal Ecg.

Dr. SERIN LOPEZ. MEDICAL OFFICE DDRC SRL Diagnostics DDRC SRL Diagnostics Ltd DDRC SRL Diagnostics Ltd Aster Square, Medical CDR SERIN LOPEZ MBBS Reg. No. 7 Reg No 77656 DDRC SRL DIAGNOSTICS LTD







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PATIENT NAME: MR SHAMEER J S						TIENT ID :	MRSHM1401874182
ACCESSION NO : 4	182WA006601	AGE: 36 Ye	ears SEX :	Male	ABHA NO :		
DRAWN :		RECEIVED :	14/01/2023	10:11	REPORTED :	16/01/202	23 08:32
REFERRING DOCTO	R: SELF				CLIEN	T PATIENT ID	:
Test Report Statu	ıs Preliminar	·v	Results	5	Biological R	leference I	Interval Units

MEDIWHEEL HEALTH CHECKUP BELOW 40(M)2DECHO

OPTHAL OPTHAL * PHYSICAL EXAMINATION PHYSICAL EXAMINATION

REPORT ATTACHED

REPORT ATTACHED









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ABHA NO:

REPORTED :

DELHI INDIA 8800465156 PATIENT NAME : MR SHAMEER J S

CLIENT CODE : CA00010147 - MEDIWHEEL CLIENT'S NAME AND ADDRESS :

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

PATIENT ID : MRSHM1401874182

Units

16/01/2023 08:32

CLIENT PATIENT ID :

ACCESSION NO : 4182WA006601 AGE : 36 Years SEX : Male RECEIVED : 14/01/2023 10:11 DRAWN :

REFERRING DOCTOR : SELF

F701A, LADO SARAI, NEW DELHI,

SOUTH DELHI, DELHI,

SOUTH DELHI 110030

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MEDIWHEEL HEALTH CHECKUP BELOW 40(M)2DECHO

Test Report Status	<u>Preliminary</u>	Results

* BUN/CREAT RATIO				
BUN/CREAT RATIO CREATININE, SERUM	10			
CREATININE * glucose, post-prandial, plasma	1.24		18 - 60 yrs : 0.9 - 1.3	mg/dL
GLUCOSE, POST-PRANDIAL, PLASMA	117		Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
GLUCOSE FASTING, FLUORIDE PLASMA			,, ,, ,,	
GLUCOSE, FASTING, PLASMA	104		Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
* GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA BLOOD	WHOLE			
GLYCOSYLATED HEMOGLOBIN (HBA1C)	6.3		Normal : 4.0 - 5.6%. Non-diabetic level : < 5.7%.	%
			Glycemic control goal More stringent goal : < 6.5 %. General goal : < 7%. Less stringent goal : < 8%.	
			Glycemic targets in CKD :- If eGFR > 60 : < 7%. If eGFR < 60 : 7 - 8.5%.	
MEAN PLASMA GLUCOSE * LIPID PROFILE, SERUM	134.1			mg/dL
CHOLESTEROL	213		Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	180	High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	38	Low	General range : 40-60	mg/dL







SEX : Male



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> ABHA NO: REPORTED :

PATIENT NAME : MR SHAMEER J S

CLIENT CODE: CA00010147 - MEDIWHEEL

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,

CLIENT'S NAME AND ADDRESS :

PATIENT ID : MRSHM1401874182

16/01/2023 08:32

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ACCESSION NO : 4182WA006601 AGE : 36 Years RECEIVED : 14/01/2023 10:11 DRAWN :

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DELHI INDIA

8800465156

Test Report Status <u>Preliminary</u>	Results			Units
DIRECT LDL CHOLESTEROL	154		Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	175	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
CHOL/HDL RATIO	5.6	High	3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO	4.1	High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate R >6.0 High Risk	isk
VERY LOW DENSITY LIPOPROTEIN	36.0	High	Desirable value : 10 - 35	mg/dL
* LIVER FUNCTION TEST WITH GGT			10 35	
BILIRUBIN, TOTAL	0.59		General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.21		General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.38		0.00 - 0.60	mg/dL
TOTAL PROTEIN	7.2		Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.3		20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.9		2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.5		General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	22		Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	29		Adults : < 45	U/L
ALKALINE PHOSPHATASE	65		Adult(<60yrs): 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) TOTAL PROTEIN, SERUM	54		Adult (Male) : < 60	U/L
TOTAL PROTEIN	7.2		Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
URIC ACID, SERUM				
URIC ACID	8.8	High	Adults : 3.4-7	mg/dL









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MRSHM1401874182

Units

PATIENT NAME : MR SHAMEER J S PATIENT ID : MRSHN ACCESSION NO : 4182WA006601 AGE : 36 Years SEX : Male ABHA NO : DRAWN : RECEIVED : 14/01/2023 10:11 REPORTED : 16/01/2023 08:32 REFERRING DOCTOR : SELF CLIENT PATIENT ID : Test Report Status Preliminary Results

CLIENT CODE : CA00010147 - MEDIWHEEL

F701A, LADO SARAI, NEW DELHI,

SOUTH DELHI, DELHI,

SOUTH DELHI 110030

DELHI INDIA

8800465156

CLIENT'S NAME AND ADDRESS : MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

<u>Prenimary</u>	Results		Units
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD			
ABO GROUP	TYPE B		
RH TYPE	POSITIVE		
METHOD : COLUMN AGGLUTINATION TECHOLOGY			
BLOOD COUNTS,EDTA WHOLE BLOOD			<i>.</i>
HEMOGLOBIN METHOD : SPECTROPHOTOMETRIC	16.0	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT METHOD : IMPEDANCE VARIATION	5.71 Hig	h 4.5 - 5.5	mil/µL
WHITE BLOOD CELL COUNT	9.31	4.0 - 10.0	thou/µL
PLATELET COUNT	293	150 - 410	thou/µL
METHOD : IMPEDANCE VARIATION			
RBC AND PLATELET INDICES			
HEMATOCRIT METHOD : CALCULATED PARAMETER	46.8	40 - 50	%
MEAN CORPUSCULAR VOL	81.9 Lov	w 83 - 101	fL
MEAN CORPUSCULAR HGB. METHOD : CALCULATED PARAMETER	28.0	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.2	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	14.6	12.0 - 18.0	%
MENTZER INDEX	14.3		
MEAN PLATELET VOLUME	8.4	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT			
SEGMENTED NEUTROPHILS	56	40 - 80	%
LYMPHOCYTES	34	20 - 40	%
MONOCYTES	7	2 - 10	%
EOSINOPHILS	3	1 - 6	%
BASOPHILS	0	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	5.21	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	3.17 Hig	h <u>1</u> - 3	thou/µL
ABSOLUTE MONOCYTE COUNT	0.65	0.20 - 1.00	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.28	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT	0.0		thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.6		









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PATIENT NAME : MR SHAMEER J S		PATIENT ID : MRSHM14018	4182
ACCESSION NO : 4182WA006601 AGE	: 36 Years SEX : Male	ABHA NO :	
DRAWN : RE	CEIVED : 14/01/2023 10:11	REPORTED : 16/01/2023 08:32	
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :	
Test Report Status <u>Preliminary</u>	Results	Units	
ERYTHROCYTE SEDIMENTATION RATE BLOOD SEDIMENTATION RATE (ESR) * SUGAR URINE - POST PRANDIAL		ligh 0 - 14 mm at	1 hr
BLOOD SEDIMENTATION RATE (ESR)		ligh 0 - 14 mm at NOT DETECTED	1 hr
BLOOD SEDIMENTATION RATE (ESR) * SUGAR URINE - POST PRANDIAL SUGAR URINE - POST PRANDIAL	16 +		1 hr
BLOOD SEDIMENTATION RATE (ESR) * SUGAR URINE - POST PRANDIAL SUGAR URINE - POST PRANDIAL * THYROID PANEL, SERUM	16 H	NOT DETECTED	1 hr









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PATIENT NAME :	PA	TIENT ID :	MRSHM1401874182				
ACCESSION NO : 4	182WA006601	AGE: 36 Ye	ars SE	X : Male	ABHA NO :		
DRAWN :		RECEIVED :	14/01/20	23 10:11	REPORTED :	16/01/202	3 08:32
REFERRING DOCTOR	R: SELF				CLIEN	F PATIENT ID	:
Test Report Statu	ıs <u>Preliminar</u>	·γ	Resu	lts			Units

Interpretation(s)

Triiodothyronine T3, **Thyroxine T4**, and **Thyroid Stimulating Hormone TSH** are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
	_				Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid hormone replacement therapy (3) In cases of Autoimmune/Hashimoto thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical inflammation, drugs like amphetamines, Iodine containing drug and dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	 (1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre (3) Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association duriing pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

PHYSICAL EXAMINATION, URINE

PALE YELLOW	
CLEAR	
5.0	4.8 - 7.4
1.020	1.015 - 1.030
	CLEAR 5.0









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CLIENT'S NAME AND ADDRESS :

PATIENT ID : MRSHM1401874182

16/01/2023 08:32

CLIENT PATIENT ID :

ACCESSION NO: 4182WA006601 AGE: 36 Years SEX: Male DRAWN : RECEIVED : 14/01/2023 10:11

REFERRING DOCTOR : SELF

Test Report Status <u>Preliminary</u>	Results		Units
PROTEIN	NOT DETECTED	NOT DETECTED	
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	2-3	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NEGATIVE		
CRYSTALS	NEGATIVE		
REMARKS	NIL		
METHOD : AUTOMATED ANALYSER, MICROSCOPY			
* SUGAR URINE - FASTING			
SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED	
* PHYSICAL EXAMINATION, STOOL	RESULT PENDING		
* CHEMICAL EXAMINATION, STOOL	RESULT PENDING		
* MICROSCOPIC EXAMINATION, STOOL	RESULT PENDING		

Interpretation(s) CREATININE, SERUM-Higher than normal level may be due to:

Blockage in the urinary tract
Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

Loss of body fluid (dehydration)
Muscle problems, such as breakdown of muscle fibers

• Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Myasthenia GravisMuscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c GLUCOSE FASTING, FLUORIDE PLASMA-**TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing' s syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides. Decreased in

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia), Drugs- insulin,









CLIENT CODE: CA00010147 - MEDIWHEEL MITED

CLIENT'S NAME AND ADDRESS : MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 DELHI INDIA 8800465156

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Test Report Stat	us <u>Prelimina</u> r	v	Results	5			Units

ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents. NOTE:

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2.Diagnosing diabetes. 3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

eAG gives an evaluation of blood glucose levels for the last couple of months.
 eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic

II.Vitamin C & E are reported to falsely lower test results. Fructosamine is recommended in these patients which indicates indexte so the are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin. III.Vitamin C & E are reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in

a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c. b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is

recommended for detecting a hemoglobinopathy LIPID PROFILE, SERUM-Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn" sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good"" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

Recommendations:

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in

NON PASTING LEED FROME Includes from enclosed and enclosed and enclosed and patients for whom fasting is difficult. TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum...Protein in the plasma is

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom' 's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic







CLIENT CODE: CA00010147 - MEDIWHEEL MITER

CLIENT'S NAME AND ADDRESS : MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 DELHI INDIA 8800465156

DDRC SRL DIAGNOSTICS ASTER SQUARE BUILDING, ULLOOR, MEDICAL COLLEGE P.O TRIVANDRUM, 695011 KERALA, INDIA Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480 Email : customercare.ddrc@srl.in

PATIENT NAME :	MR SHAMEER J	S				PA	TIENT ID :	MRSHM140187	′ 4182
ACCESSION NO :	4182WA006601	AGE : 36	Years	SEX : Male	ļ	ABHA NO :			
DRAWN :		RECEIVED	: 14/0	1/2023 10:11	F	REPORTED :	16/01/202	23 08:32	
REFERRING DOCTO	R: SELF					CLIEN	F PATIENT ID	:	
Test Report Stati	us Preliminar	rv		Results				Units	

syndrome

Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods. BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope. ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION** :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION**

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibringgen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition. SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT'S TEST SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST









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PATIENT NAME : MR SHAMEER J	S	PATIENT ID : MRSHM1401874182

MEDIWHEEL HEALTH CHECKUP BELOW 40(M)2DECHO

* ECG WITH REPORT REPORT REPORT ATTACHED * 2D - ECHO WITH COLOR DOPPLER REPORT

REPORT ATTACHED * USG ABDOMEN AND PELVIS

REPORT REPORT ATTACHED * CHEST X-RAY WITH REPORT

REPORT REPORT ATTACHED

> **End Of Report** Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

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