

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. MAVI VEDPAL
EC NO.	109224
DESIGNATION	HEAD PEON
PLACE OF WORK	GHAZIABAD
BIRTHDATE	02-07-1995
PROPOSED DATE OF HEALTH CHECKUP	13-05-2023
BOOKING REFERENCE NO.	23J109224100059234E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-05-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

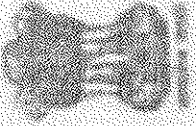
Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार

Government of India

वेदपाल मावी

Vedpal Mavi

जन्म तिथि/DOB: 02/07/1995

पुरुष/ MALE

2200 1390 9534

VID: 9177 1735 4332 9685

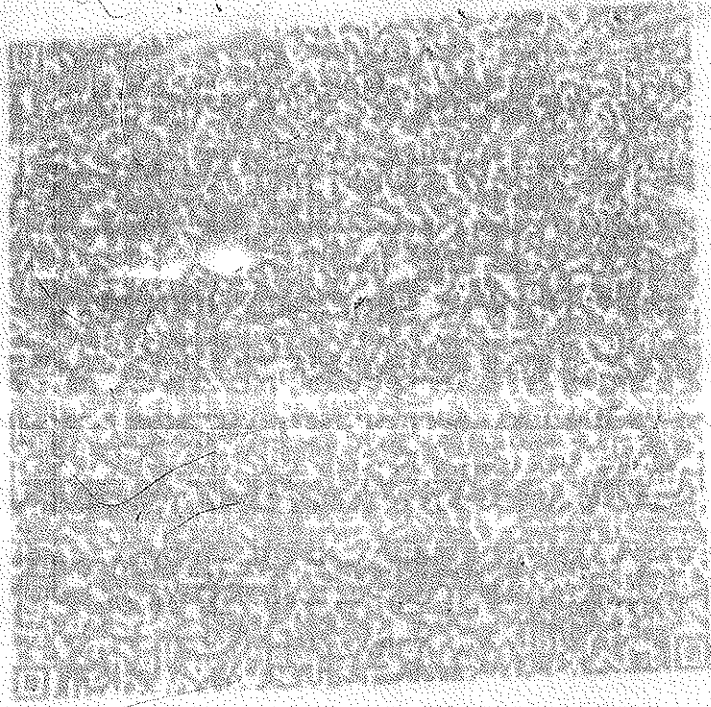
भारत सरकार

संघीय प्रजासत्ताक नेपाल

Unique Identification Authority of India

स/स
S/O कस्तुर सिंह मवी, एच.न.353, खेडा घरमपुरा,
इलाहाबाद, छपरा जिला, गौतमबुद्ध नगर,
उत्तर प्रदेश - 201009

Address:
S/O Kartar Singh Mavi, H.No.353, Kheda
Utharampura, Dadni, Chhapraula,
Gautam Buddha Nagar,
Uttar Pradesh - 201009



2200 1390 9534

UID: 9177 1735 4337 9682

Veetil Mavi

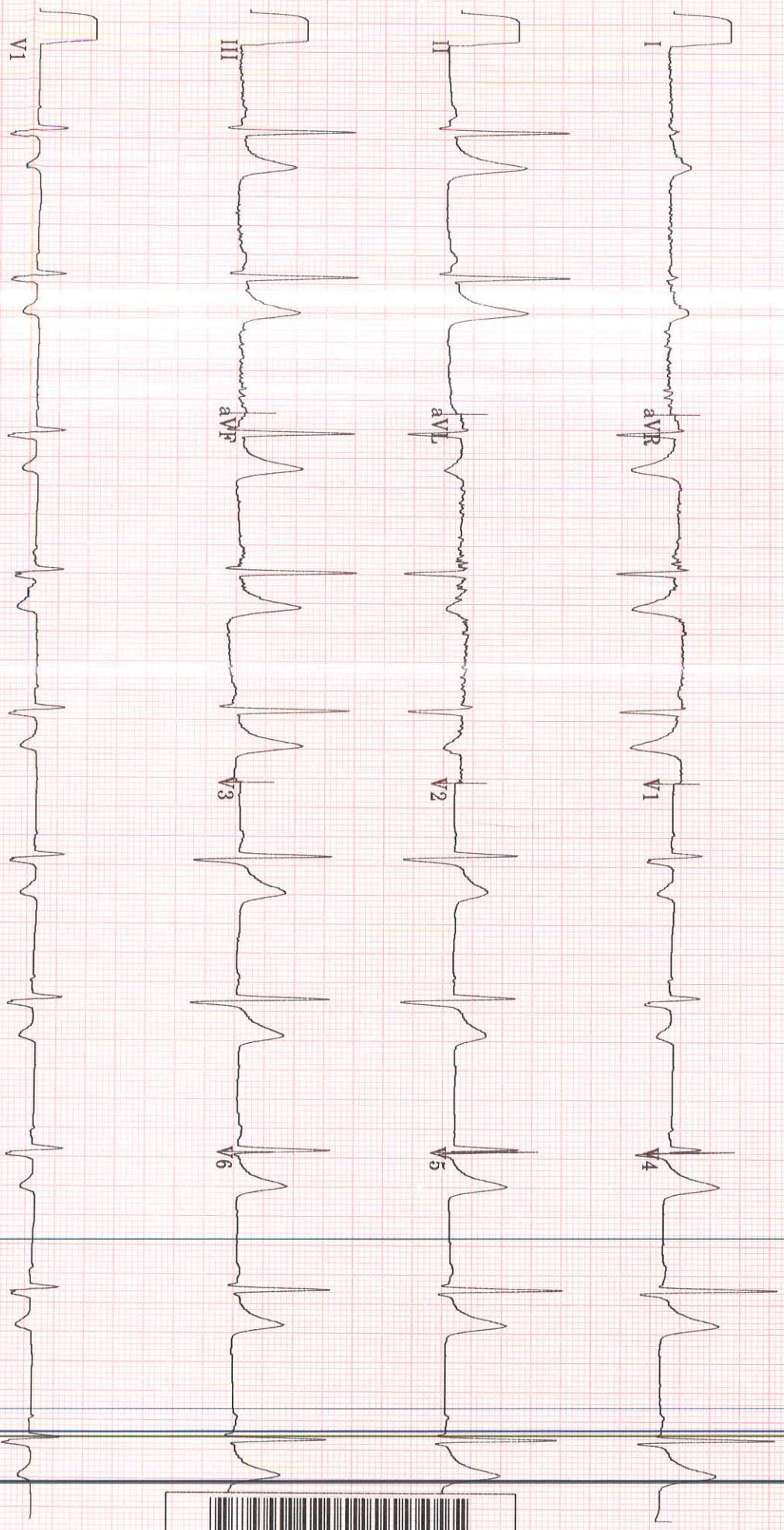
27 years
 Male
 Caucasian
 Vent. rate 61 bpm
 PR interval 154 ms
 QRS duration 86 ms
 QT/QTc 364/366 ms
 P-R-T axes 68 87 74

Technician:
 Test ind:

*** Poor data quality, interpretation may be adversely affected
 Normal sinus rhythm
 Normal ECG

Referred by:

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mr. VEDPAL MAVI	Location : Ghaziabad
Age/Sex : 27 Year(s)/male	Visit No : V0000000001-GHZB
MRN No	Order Date : 13/05/2023
Ref. Doctor : HCP	Report Date : 13/05/2023

Protocol : Bruce **MPHR** : 193BPM
Duration of exercise : 8min 49sec **85% of MPHR** : 164BPM
Reason for termination : THR achieved **Peak HR Achieved** : 165BPM
Blood Pressure (mmHg) : Baseline BP : 110/82mmHg **% Target HR** : 85%
Peak BP : 140/82mmHg **METS** : 10.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	85	110/82	Nil	No ST changes seen	Nil
STAGE 1	3:00	103	120/82	Nil	No ST changes seen	Nil
STAGE 2	3:00	124	130/82	Nil	No ST changes seen	Nil
STAGE 3	2:49	165	140/82	Nil	No ST changes seen	Nil
RECOVERY	2:01	81	120/82	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Good effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com

RADIOLOGY REPORT

Name	Vedpal MAVI	Modality	US
Patient ID	MH010992466	Accession No	R5533016
Gender/Age	M / 27Y 10M 11D	Scan Date	13-05-2023 11:44:38
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 12:21:11

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: Liver is enlarged in size (measures 154 mm) but normal in shape and echotexture. Rest normal.
 SPLEEN: Spleen is normal in size (measures 96 mm), shape and echotexture. Rest normal.
 PORTAL VEIN: Appears normal in size and measures 12.1 mm.
 COMMON BILE DUCT: Appears normal in size and measures 3.3 mm.
 IVC, HEPATIC VEINS: Normal.
 BILIARY SYSTEM: Normal.
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.
 Rest normal.
 Right Kidney: measures 95 x 44 mm.
 Left Kidney: measures 93 x 42 mm.
 PELVI-CALYCEAL SYSTEMS: Compact.
 NODES: Not enlarged.
 FLUID: Nil significant.
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 PROSTATE: Prostate is normal in size, shape and echotexture. It measures 34 x 27 x 27 mm with volume 13 cc. Prostatic parenchymal calcification is seen. Rest normal.
 SEMINAL VESICLES: Normal.
 BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly (ADV: LFT Correlation).

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

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RADIOLOGY REPORT

Name	Vedpal MAVI	Modality	DX
Patient ID	MH010992466	Accession No	R5533015
Gender/Age	M / 27Y 10M 11D	Scan Date	13-05-2023 11:28:17
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 12:27:22

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

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LABORATORY REPORT

Name : MR VEDPAL MAVI **Age** : 27 Yr(s) Sex :Male
Registration No : MH010992466 **Lab No** : 32230504802
Patient Episode : H1800000558 **Collection Date** : 13 May 2023 19:34
Referred By : HEALTH CHECK MGD **Reporting Date** : 14 May 2023 09:33
Receiving Date : 13 May 2023 20:06

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.23	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.07	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.010	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

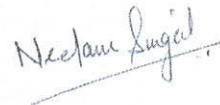
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name	: MR VEDPAL MAVI	Age	: 27 Yr(s) Sex :Male
Registration No	: MH010992466	Lab No	: 202305001536
Patient Episode	: H18000000558	Collection Date	: 13 May 2023 11:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 17:13
Receiving Date	: 13 May 2023 11:57		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	4.85	millions/cumm	[4.50-5.50]
HEMOGLOBIN	15.1	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	42.9	%	[40.0-50.0]
MCV (DERIVED)	88.5	fL	[83.0-101.0]
MCH (CALCULATED)	31.1	pg	[27.0-32.0]
MCHC (CALCULATED)	35.2 #	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	12.3	%	[11.6-14.0]
Platelet count	211	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	11.4		
WBC COUNT (TC) (IMPEDENCE)	8.21	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	35.0 #	%	[40.0-80.0]
Lymphocytes	37.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	22.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	5.0	/1sthour	[0.0-18.0]

LABORATORY REPORT

Name : MR VEDPAL MAVI
Registration No : MH010992466
Patient Episode : H1800000558
Referred By : HEALTH CHECK MGD
Receiving Date : 13 May 2023 11:57
Age : 27 Yr(s) Sex : Male
Lab No : 202305001536
Collection Date : 13 May 2023 11:02
Reporting Date : 13 May 2023 17:55

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.0	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association HbA1c in % Non diabetic adults >= 18years <5.7 Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	97	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	5.0	(4.6-8.0)
Specific Gravity	1.025	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	+	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MR VEDPAL MAVI	Age	: 27 Yr(s) Sex :Male
Registration No	: MH010992466	Lab No	: 202305001536
Patient Episode	: H18000000558	Collection Date	: 13 May 2023 11:57
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 18:03
Receiving Date	: 13 May 2023 11:57		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	1-2 /hpf	
CASTS	NIL	
Crystals	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	170	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	122	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	44.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	24	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	102.0	mg/dl	[<120.0]
Above optimal-100-129			
T.Chol/HDL.Chol ratio (Calculated)	3.9		Near/ Borderline High:130-159 High Risk:160-189 <4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio (Calculated)	2.3		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.

LABORATORY REPORT

Name	: MR VEDPAL MAVI	Age	: 27 Yr(s) Sex :Male
Registration No	: MH010992466	Lab No	: 202305001536
Patient Episode	: H18000000558	Collection Date	: 13 May 2023 11:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 15:54
Receiving Date	: 13 May 2023 11:57		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
KIDNEY PROFILE			
Specimen: Serum			
UREA <i>Method: GLDH, Kinatic assay</i>	34.7	mg/dl	[15.0-40.0]
BUN, BLOOD UREA NITROGEN <i>Method: Calculated</i>	16.2	mg/dl	[8.0-20.0]
CREATININE, SERUM <i>Method: Jaffe rate-IDMS Standardization</i>	0.72	mg/dl	[0.70-1.20]
URIC ACID <i>Method:uricase PAP</i>	4.0	mg/dl	[4.0-8.5]
SODIUM, SERUM	139.50	mmol/L	[136.00-144.00]
POTASSIUM, SERUM	4.34	mmol/L	[3.60-5.10]
SERUM CHLORIDE <i>Method: ISE Indirect</i>	107.0	mmol/l	[101.0-111.0]
eGFR (calculated)	127.8	ml/min/1.73sq.m	[>60.0]
Technical Note			
eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.			

LABORATORY REPORT

Name	: MR VEDPAL MAVI	Age	: 27 Yr(s) Sex :Male
Registration No	: MH010992466	Lab No	: 202305001536
Patient Episode	: H18000000558	Collection Date	: 13 May 2023 11:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 15:54
Receiving Date	: 13 May 2023 11:57		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL <i>Method: D P D</i>	0.54	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT <i>Method: DPD</i>	0.10	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) <i>Method: Calculation</i>	0.44	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) <i>Method: BIURET</i>	7.20	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) <i>Method: BCG</i>	4.34	g/dl	[3.50-5.20]
GLOBULINS (SERUM) <i>Method: Calculation</i>	2.90	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO <i>Method: Calculation</i>	1.52		[1.00-2.50]
AST (SGOT) (SERUM) <i>Method: IFCC W/O P5P</i>	23.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) <i>Method: IFCC W/O P5P</i>	32.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase <i>Method: AMP BUFFER IFCC</i>	56.0	IU/L	[32.0-91.0]
GGT	20.0		[7.0-50.0]

LABORATORY REPORT

Name	: MR VEDPAL MAVI	Age	: 27 Yr(s) Sex :Male
Registration No	: MH010992466	Lab No	: 202305001536
Patient Episode	: H18000000558	Collection Date	: 13 May 2023 11:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 17:43
Receiving Date	: 13 May 2023 11:57		

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	A Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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Alka

Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

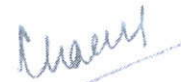
Name : MR VEDPAL MAVI Age : 27 Yr(s) Sex : Male
Registration No : MH010992466 Lab No : 202305001537
Patient Episode : H18000000558 Collection Date : 13 May 2023 11:02
Referred By : HEALTH CHECK MGD Reporting Date : 13 May 2023 12:24
Receiving Date : 13 May 2023 11:02

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	86.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name : MR VEDPAL MAVI **Age** : 27 Yr(s) Sex : Male
Registration No : MH010992466 **Lab No** : 202305001538
Patient Episode : H18000000558 **Collection Date** : 13 May 2023 14:54
Referred By : HEALTH CHECK MGD **Reporting Date** : 13 May 2023 17:06
Receiving Date : 13 May 2023 14:54

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	117.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

Patient Name

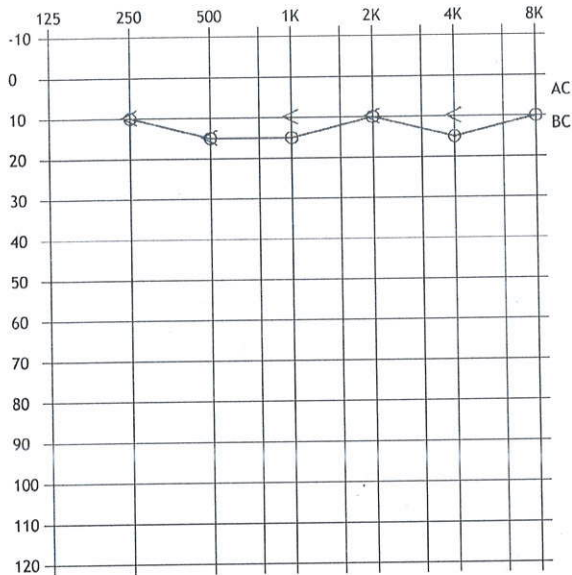
Mavi, Vedpal

Date of birth

02-07-1995

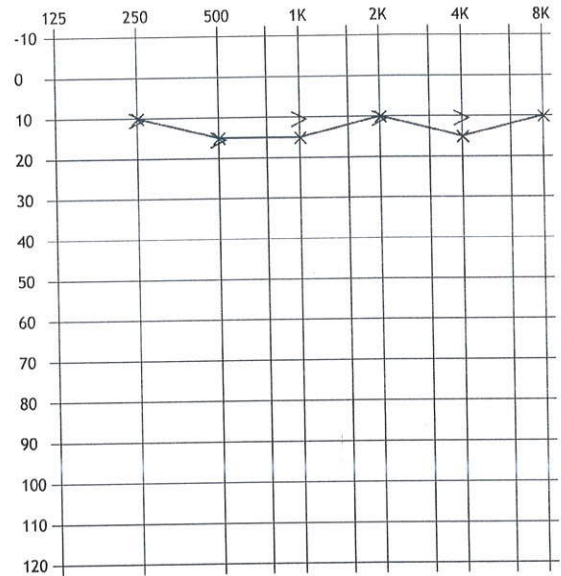
Test date:

13-05-2023



Legend

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Report comments:

Bilateral Normal hearing Sensitivity

Recommendation:

Aural Hygiene
Fallow up

Name
Audiologist

[Handwritten Signature]
13/5/23

13-05-2023