



Name : Mrs. AKASHEE GOGOI (34 /F)

AHC MEDICAL SUMMARY Date : 27/11/2023

Address : NARENGI HOUSING COLONY, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Examined by: Dr .APHC

UHID : AHLG2.00000352

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH19512



### CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health  
Check up-Female below 40Yrs



### DRUG ALLERGY

NO KNOWN ALLERGY :01/12/2023



### SYSTEMIC REVIEW

#### Cardiovascular system

- Nil Significant

#### Respiratory system

- Nil Significant

#### Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia -  
yes; Peptic ulcer - yes; Bowel habits - regular,  
constipation; Piles - no

#### Genitourinary system

- Nil Significant

#### Gynaec history

Last menstrual period - 12/11/23

#### Central nervous system

Head ache - yes; Dizziness - no; Concentration -  
good; Sleep - good

#### Weight

- stable



#### Surgical history

Appendicectomy - 2008  
Caesarian section - 2021  
Others - LEFT BREAST LUMP  
REMOVAL 2010

#### Immunization history

- Covid Dose2



### Personal history

Marital status - Married  
No. of children - 1  
Female - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Aged - 75 YRS  
Mother - alive  
Aged - 65 YRS  
Brothers - 1  
Sisters - 1  
Hypertension - father,mother  
Coronary artery  
disease - none  
Cancer - None

### PHYSICAL EXAMINATION




#### General

Height - 159  
Weight - 56  
BMI - 22.15  
Waist circumference - 82  
Hip - 91  
Waist/ Hip ratio - 0.9  
Pallor - No  
Oedema - no  
SpO2 - 99% RA



#### Head and ENT


Nose - Deviation of septum to right  
Throat - Hypertrophied tonsillitis  
Others - Nose Bilateral HIT +

 **Cardiovascular system**

Heart rate (Per minute)	- 100
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 100
Diastolic(mm of Hg)	- 70
Heart sounds	- S1S2+

**Respiratory system**

Rate of respiration(per minute)	- 22
Breath sounds	- Normal vesicular breath sounds

 **Abdomen**

Organomegaly	- No
Tenderness	- No



MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH19512

## Executive Summary

1. Normocytic normochromic anaemia (Hb 11.8 g/dl)
2. Right ovarian dermoid cyst (?)

## Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		
IRON BINDING CAPACITY TOTAL - SERUM <i>Dr. Iron</i>	Immediate/Urgent		
IRON - SERUM	Immediate/Urgent		

## Follow-up and Review Plan



MRI Pelvis



Scan the QR code  
in AskApollo App  
to book your  
follow-up  
appointments and  
investigations

Dr.APHC

Printed By : HEALTH CHECK REPORT

AHC Physician / Consultant Internal Medicine

**Dr. Prabin Kumar Saikia**  
MD (Gen Medicine), FCGP, FICP, PGDHMM  
Registration No.-7523, Assam  
Consultant Physician, APHC  
Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.





Name : Mrs. AKASHEE GOGOI  
UHID : AHLG2.0000035253 / APHCAH19512  
SIN \ LRN : 122653103 \ 122653105 \ 122653110 \ 10073510  
Specimen : Serum  
Ref Doctor : DR. PRABIN KUMAR SAIKIA

Age : 34Yr 0Mth 0Days  
W/BNo/RefNo : AHC

Gender : Female



Collected on : 27-NOV-2023 08:42:14 AM Received on : 27-NOV-2023 09:58:33 AM Reported on : 27-NOV-2023 11:09:01 AM

**MediWheel Full Body Health Check up-Female below 40Yrs**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	30	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	3.9	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.5	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	62	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	14 *	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.9	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	132	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	19	Healthy Women:5 - 55	U/L

**CONSULTANTS**

DR. I. KALITA, MD      DR. T. SARMA, DCP      DR. P. GOSWAMI, MD      DR. M. SAIKIA, MD(BIOCHEMISTRY)  
DR. A. VERMA, DCP      DR. M. BARMAN, MD      DR. D.J. LAHON, MD (MICRO)      DR. M. SARMA, MD (MICRO)

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Specimen : Serum  
Ref Doctor : DR. PRABIN KUMAR SAIKIA

Age : 34Yr 0Mth 0Days  
W/BNo/RefNo : AHC

Gender : Female  
MC-3480



Collected on : 27-NOV-2023 08:42:14 AM Received on : 27-NOV-2023 09:58:33 AM Reported on : 27-NOV-2023 11:09:01 AM

**GLUCOSE - PLASMA (FASTING)**

Hexokinase	89	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	52	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.5	Desirable : < 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	67	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	7.4	Healthy Adults:6.4-8.3	mg/dl
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	45	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	41 *	<50 years:15-40	mg/dL
URIC ACID - SERUM (Modified Uricase)	3.0	Healthy Women:2.6 - 6.0	mg/dL

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Ref Doctor : DR. PRABIN KUMAR SAIKIA

Age : 34Yr 0Mth 0Days  
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VLDL CHOLESTEROL - SERUM CALCULATED.	9	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.3	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFJE METHOD	0.7	Healthy Women: 0.57 - 1.11	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	2.3	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	115	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	1.11	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	137	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

\* END OF REPORT \*

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First Report Printed On : 28-NOV-2023 09:13:57 AM  
Printed On : 28-NOV-2023 09:14:00 AM

Dr. MOUSHUMI SAIKIA,  
MBBS,MD  
REG NO.14979 AMC  
CONSULTANT BIOCHEMIST

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**CONSULTANTS**

DR. I. KALITA, MD

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Name : Mrs. AKASHEE GOGOI

Age : 34Yr 0Mth 0Days

Gender : Female

UHID : AHLG2.0000035253 / APHCAH19512

W/BNo/RefNo : AHC

SIN \ LRN : 122653108 \ 10073510

Specimen : Whole blood

Ref Doctor : DR. PRABIN KUMAR SAIKIA



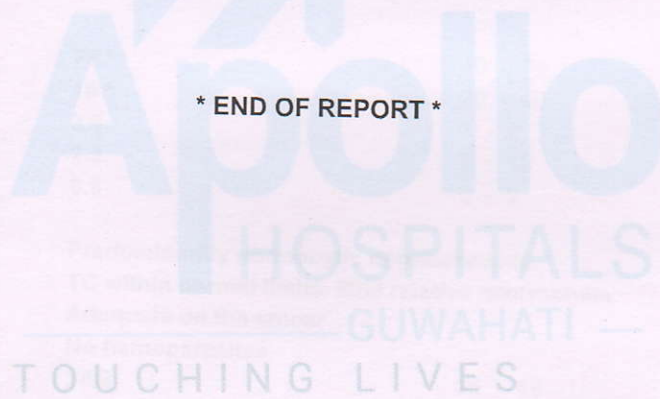
Collected on : 27-NOV-2023 08:42:14 AM Received on : 27-NOV-2023 09:50:29 AM Reported on : 27-NOV-2023 10:58:54 AM

**MediWheel Full Body Health Check up-Female below 40Yrs**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	4.8	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<5.7% Uncontrolled-diabetics>8%	%
Mean Plasma Glucose (MPG) Estimate:	91.0600		mg/dL

Report Status:Final

\* END OF REPORT \*



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First Report Printed On : 28-NOV-2023 09:20:42 AM  
Printed On : 28-NOV-2023 09:20:43 AM

*Indrajit Kalita*

DR. INDRAJIT KALITA, MD  
REDG NO:12852-AMC  
CONSULTANT PATHOLOGY

Page 1 of 1

**CONSULTANTS**

DR. I. KALITA, MD

DR. T. SARMA, DCP

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 UHID : AHLG2.0000035253 / APHCAH19512 W/BNo/RefNo : AHC MC-3480  
 SIN \LRN : 122653104 \ 122653107 \ 10073510  
 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 27-NOV-2023 08:42:14 AM Received on : 27-NOV-2023 01:24:52 PM Reported on : 27-NOV-2023 01:30:07 PM

**MediWheel Full Body Health Check up-Female below 40Yrs**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HEMOGRAM(CBC+ESR+RECTIC+PS)</b>			
Hemoglobin	11.8 *	12.0 - 15.0	g/dl
RBC COUNT	4.12	3.8 - 4.8	Million/ul
MCV	93.0 *	82.0 - 92.0	fl
MCH	28.6	26.0 - 32.0	pg
MCHC	30.8 *	31.0 - 36.0	g/dl
RDW-CV	13.2	11.6 - 14	%
RETICULOCYTE COUNT	1.28	Healthy Adult :-0.5-2.5%	%
Platelet Count	184	150 - 400	10 <sup>3</sup> /mm <sup>3</sup>
TLC/WBC Count	7.27	4.0 - 11.0	10 <sup>3</sup> /mm <sup>3</sup>
ERYTHROCYTE SEDIMENTATION RATE (ESR)	13	0 - 20	mm/1st hr
<b>Differential Count</b>			
Neutrophils	77 *	40 - 70	%
Lymphocytes	16 *	20 - 40	%
Eosinophils	3.9	1 - 6	%
Monocytes	2.3	2 - 10	%
Basophils	0.8	0 - 2	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Predominantly normocytic normochromic.		
WBC:	TC within normal limits. Mild relative neutrophilia.		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	38.3	36 - 46	%

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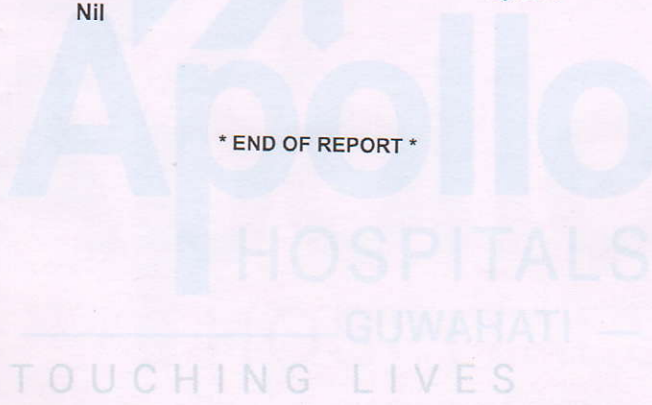
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 SIN \LRN : 122653104 \ 122653107 \ 10073510  
 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 27-NOV-2023 08:42:14 AM Received on : 27-NOV-2023 01:24:52 PM Reported on : 27-NOV-2023 01:30:07 PM

URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color,;	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	+	Up to 20
Casts:(Microscopy)	Not Detected	Absent
Crystals:	Not Detected	Absent
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

\* END OF REPORT \*



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*[Signature]*

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DR. TRIDIB SARMA, D.C.P  
CONSULTANT PATHOLOGIST



Name : Mrs. AKASHEE GOGOI Age : 34Yr 0Mth 0Days Gender : Female  
UHID : AHLG2.0000035253 / APHCAH19512 W/BNo/RefNo : AHC  
SIN \LRN : 122653109 \ 10073510  
Specimen : Blood  
Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 27-NOV-2023 08:42:14 AM Received on : 27-NOV-2023 02:42:21 PM Reported on : 27-NOV-2023 02:43:06 PM

**TEST NAME**

**RESULT**

**BLOOD GROUPING AND TYPING**

ABO Group:

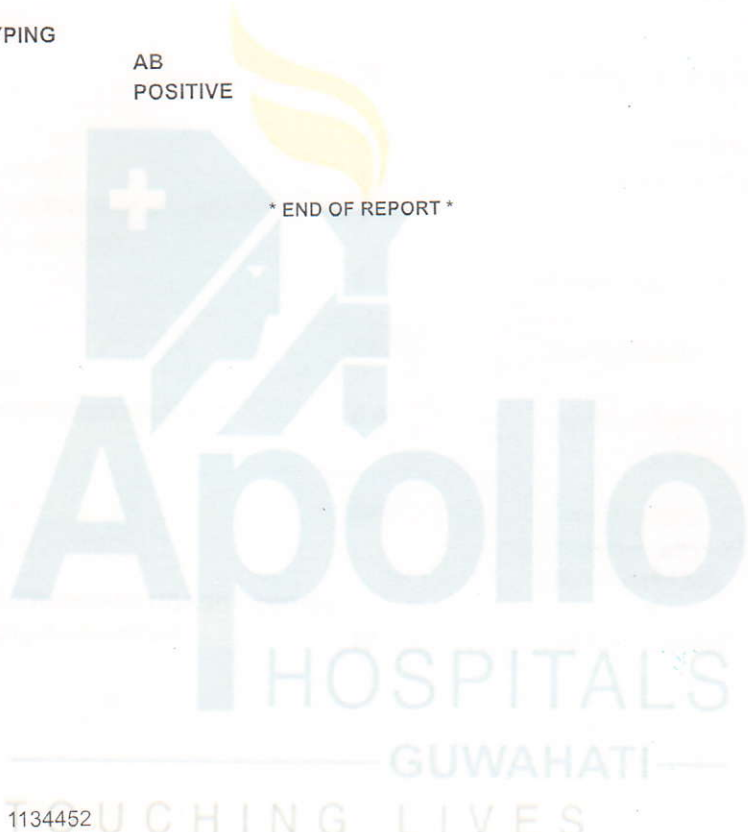
AB

Rh (D) Type:

POSITIVE

Report Status:Final

\* END OF REPORT \*



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1134452

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**CONSULTANTS**

DR. DEEPA BHUYAN  
MOIC, BLOOD BANK

Page 1 of 1

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**DEPARTMENT OF RADIOLOGY & IMAGING**

Division of Colour Doppler & Ultrasonography

<b>Patient ID:</b>	AHLG20000035253	<b>Patient Name:</b>	AKASHEE GOGOI
<b>Age:</b>	34 Years	<b>Sex:</b>	F
<b>Accession Number:</b>	17002.123278162	<b>Modality:</b>	DX
<b>Referring Physician:</b>	Prabin Kumar Saikia	<b>Study:</b>	Chest PA
<b>Study Date:</b>	27-Nov-2023		

**CHEST PA VIEW**

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.



Dr. Utpal Das, MD (Radiodiagnosis)  
Senior Consultant Radiologist  
Reg No-13621 (AMC)

Date: 27-Nov-2023 12:53:24

APOLLO  
HOSPITALS  
GUWAHATI  
TOUCHING LIVES

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB  
*Discrepancy or transcription error if detected should be sent for correction*



**DEPARTMENT OF RADIOLOGY & IMAGING**

Division of Colour Doppler & Ultrasonography

<b>Patient ID:</b>	000035253	<b>Patient Name:</b>	AKASHEE GOGOI
<b>Age:</b>	34 Years	<b>Sex:</b>	F
<b>Accession Number:</b>		<b>Modality:</b>	US
<b>Referring Physician:</b>	DR P KR SAIKIA	<b>Study:</b>	W/A
<b>Study Date:</b>	27-Nov-2023		

**USG OF WHOLE ABDOMEN**

**LIVER**

The liver is mildly enlarged in size (155 mm) with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

**GALL BLADDER**

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

**CBD**

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

**SPLEEN**

The spleen is normal in size and echotexture. No focal lesion is noted.

**PANCREAS**

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

**KIDNEYS**

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 109 mm

Left kidney measures – 115 mm

**URINARY BLADDER**

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

**UTERUS**

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 80 x 49 x 30 mm.

**ADNEXAE**

Right ovary is mildly enlarged and shows a well defined heteroechoic lesion with echogenic and hypoechoic components. It measures about 37 x 31 mm.

Left ovary is normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in left ovary. The right and left ovary respectively measures 59 x 33 mm & 27 x 14 mm in size.

No ascites is seen.

**Impression:**

- Mild hepatomegaly.
- Right ovarian heteroechoic SOL likely dermoid cyst.

Adv: MRI pelvis.

*[Signature]*

Dr. Utpal Das, MD (Radiodiagnosis)

Senior Consultant Radiologist

Reg No-13621 (AMC)

Date: 27-Nov-2023 10:48:32



APOLLO HOSPITALS GHY  
RG BARUAH ROAD  
GUWAHATI

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MRS. AKASHEE, GOGOI  
Patient ID: 54919  
Height:  
Weight:

DOB: 01.04.1989  
Age: 34yrs  
Gender: Female  
Race: Indian

Study Date: 01.12.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:42	0.00	0.00	126	110/80	
	STANDING	00:08	0.00	0.00	130		
	WARM-UP	00:07	0.90	0.00	131		
EXERCISE	STAGE 1	03:00	2.70	10.00	162	120/80	
	STAGE 2	03:00	4.00	12.00	171	130/80	
	STAGE 3	01:02	5.50	14.00	184	130/80	
RECOVERY		03:04	0.00	0.00	109	110/80	

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 90 bpm rose to a maximal heart rate of 187 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician


Technician

DR. MOITREYEE BARUAH  
MBBS, PGDCC  
Jr. Consultant Cardiologist  
Apollo Hospitals, Guwahati  
Unit: International Hospital



**Patient Details** : Mrs. AKASHEE GOGOI | Female | 34Yr 0Mth 0Days

**UHID** : AHLG2.0000035253 **Patient Location:** AHC

**Patient Identifier:** APHCAH19512 

**DRN** : 100194738 **Completed on :** 27-NOV-2023 09:48


**Ref Doctor** : DR. PRABIN KUMAR SAIKIA

ECG

**IMPRESSION .:**

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---

  
Dr. Jabin Nessa  
MBBS, PGDCC.  
Jr. Consultant Cardiologist  
Apollo Hospitals, Guwahati