

LIFE CARE DIAGNOSTIC CENTER
 D D PURAM STADIUM ROAD BAREILLY UP
 727/ANNITA 36 Yrs/Male 63 Kg/155 Cms
 Date: 04-Oct-2023 11:49:39 AM
 Ref. By :

Summary



Protocol : BRUCE Objective : FOR TESTING PURPOSE ONLY.

Stage	StageTime (mm:ss)	PhaseTime (mm:ss)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. (x10)	PVC	Comments
Supine	0:01	0:52	0.0	0.0	1.0	92	121/81	111	-	
Standing	0:01	0:56	0.0	0.0	1.0	93	121/81	112	-	
HV	0:01	0:59	0.0	0.0	1.0	93	121/81	112	-	
ExStart	0:01	1:02	0.0	0.0	1.0	91	121/81	110	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	150	124/84	186	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	171	128/86	218	-	
Stage 3	3:00	9:01	3.4	14.0	10.2	190	132/88	250	-	
PeakEx	0:01	9:02	4.2	16.0	10.3	190	132/88	250	-	
Recovery	1:00	9:04	1.1	0.0	4.4	169	132/88	223	-	
Recovery	2:00	9:04	0.0	0.0	1.0	134	125/85	167	-	
Recovery	3:00	9:04	0.0	0.0	1.0	127	120/80	152	-	

Medication : Nil

History : Nil

Test End Reason : Test Complete

Findings :

The patient exercised according to BRUCE for 9:3, achieving a work level of Max METS:10.3. Resting heart rate initially 92 bpm, rose to a max. heart rate of 190 bpm which represents 103% of maximum age predicted heart rate. Resting blood pressure 121/81 mmHg, rose to a maximum blood Pressure of 132/88 mmHg. The exercise stress test was stopped due to Test Complete

Parameters :

- Exercise Time : 9:03 minutes
- Max HR attained : 190 bpm 103% of Max Predictable HR 184
- Max BP : 132/88(mmHg)
- WorkLoad attained : 10.3 (Good Effort Tolerance)
- No significant ST segment changes noted during exercise or recovery.
- No Angina/Arrhythmia/S3/murmur
- Final Impression : Test is negative for inducible ischaemia.
- Maximum Depression: 9:03
- Test Complete

Advice/Comments:

R.K.
 Life Care Diagnostic Center
 Dr. R. K. Mishra
 M.D. (Medicine)
 Reg. No. 28269

DR. R. K. MISHRA

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727/ANNITA
36 Yrs/Male
63 Kg/155 Cms
Date: 04-Oct-2023 11:49:39 AM

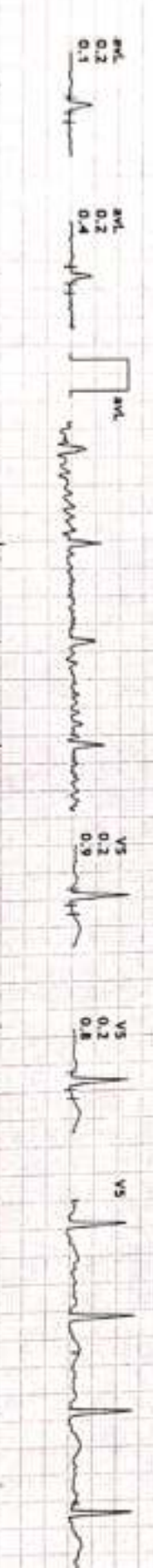
HR: 93 bpm
METs: 1.0
BP: 121/81

MPHR: 50% of 164
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
10.05-100/Hz

Ex Time 00:55
BLC :On
Notch :On

Standing
10.0 mm/mV
25 mm/Sec



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727/ANJITA
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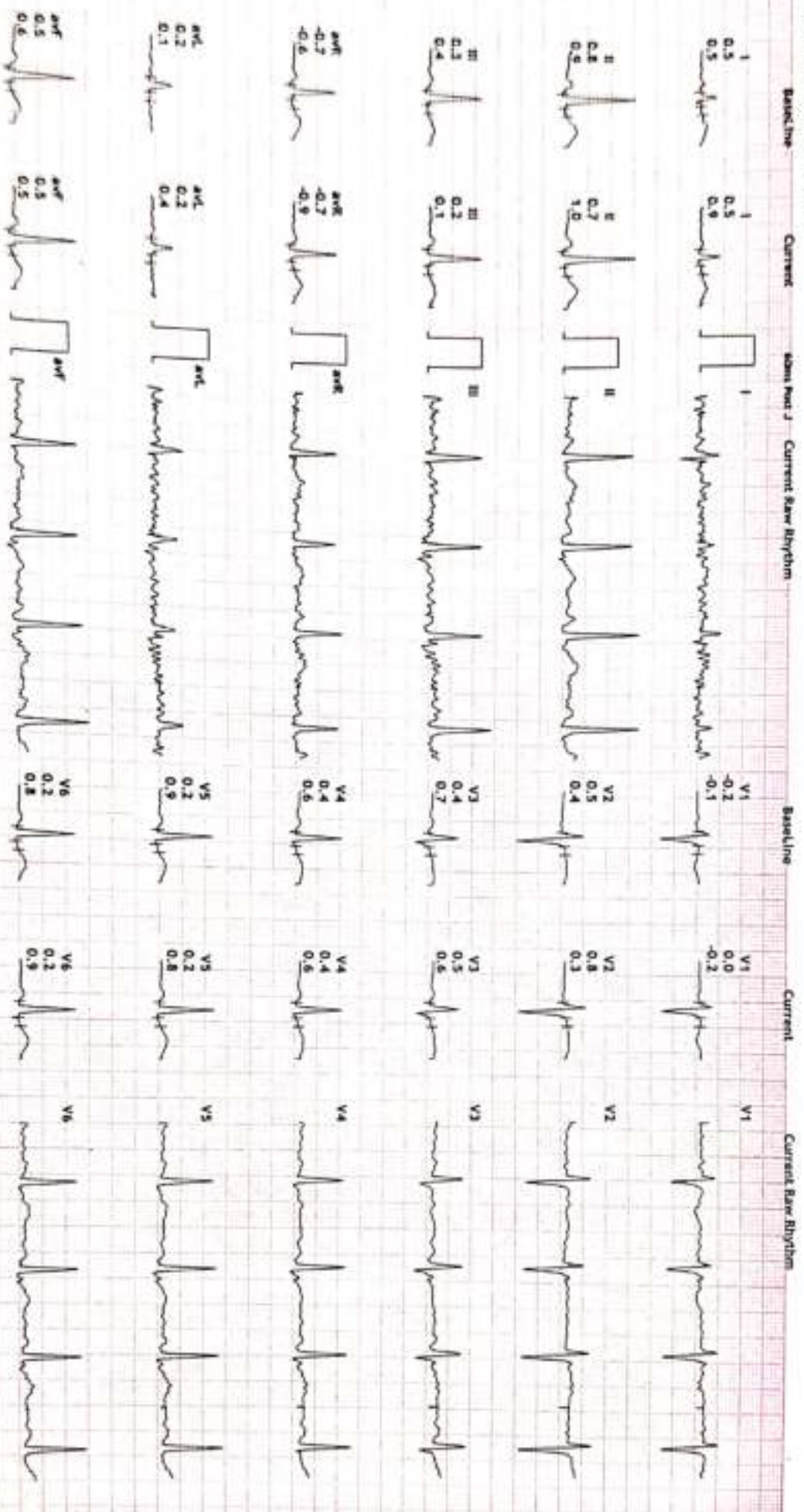
HR: 93 bpm
AETG: 1.0
BP: 121/81

MPHR: 50% of 184
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
DRUCE
(0.05-100)Hz

Ex Time 00:58
BLC :0h
Hotch :0h

HV
10.0 mm/mv
25 mm/Sec.



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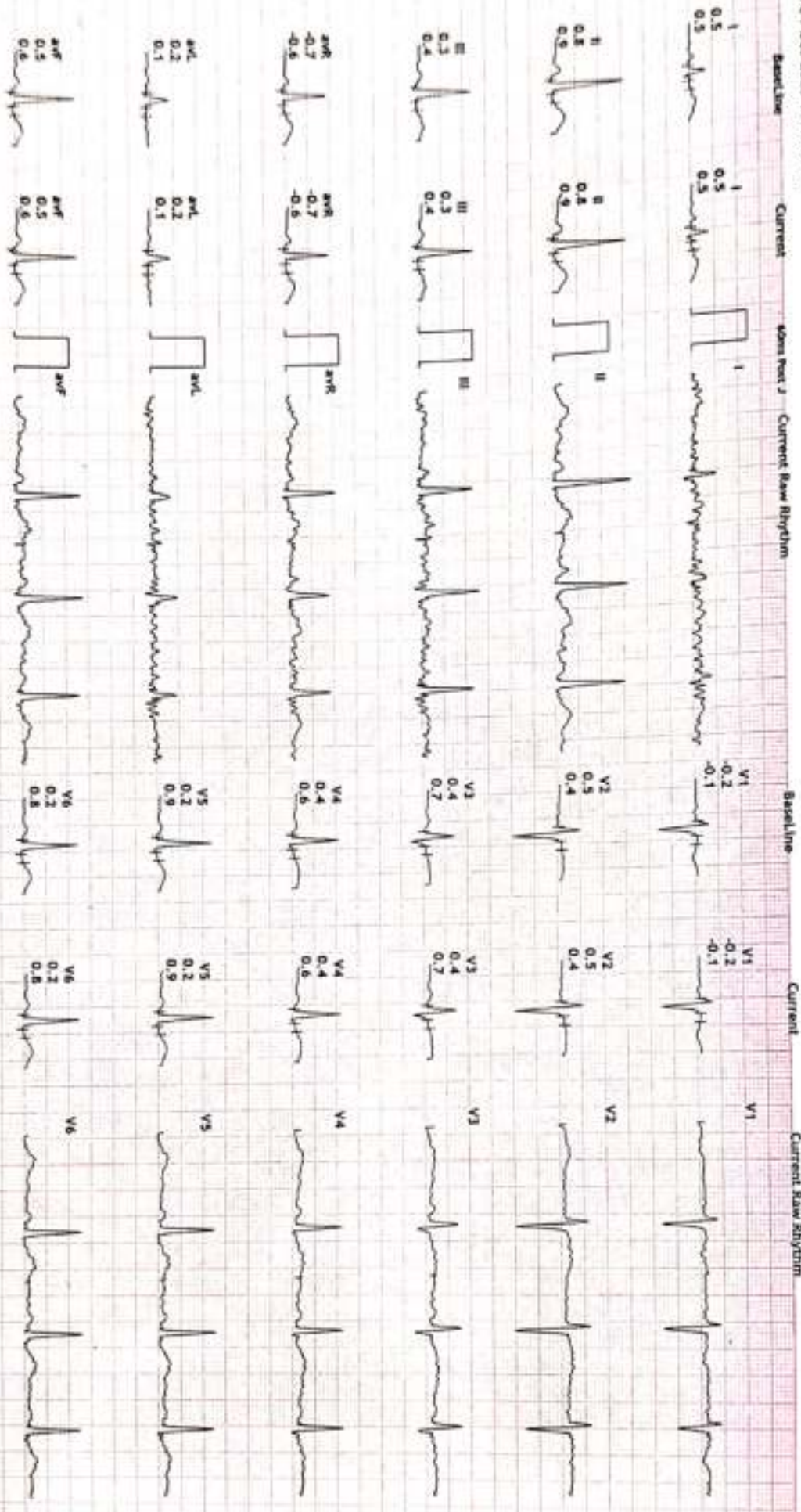
HR: 91 bpm
METs: 1.0
BP: 121/81

MPHR: 49% of 184
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(0.05-100)/Hz

Ex Time 01:01
BLC :On
Notch :On

ExStart
10.0 mm/mV
25 mm/Sec



727/ANKITA
 36 Yrs/Male
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HR: 150 bpm
 METS: 4.7
 BP: 124/84

MPHR: 81% of 184
 Speed: 1.7 mph
 Grade: 10.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 03:00
 BLC :On
 Notch :On

BRUCE: Stage 1 (100)
 10.0 mm/mV
 25 mm/Sec.

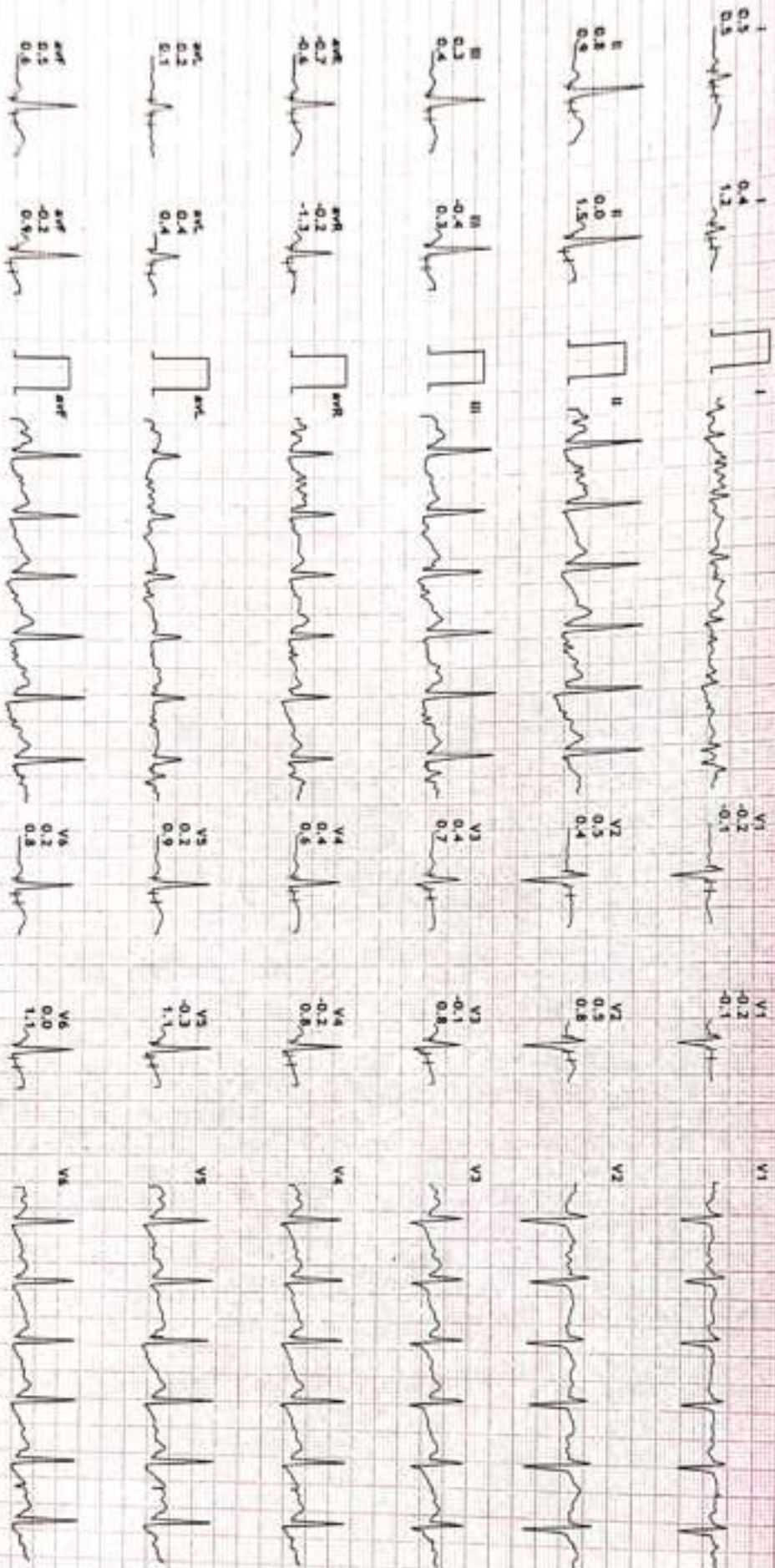


12 Lead + Comparison

Baseline Current 60ms 100µV Current Raw Rhythm

Baseline Current 60ms 100µV Current Raw Rhythm

Current Raw Rhythm



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HR: 171 bpm
 METS: 7.1
 BP: 128/56

MPHR: 92% of 184
 Speed: 2.5 mph
 Grade: 12.0%

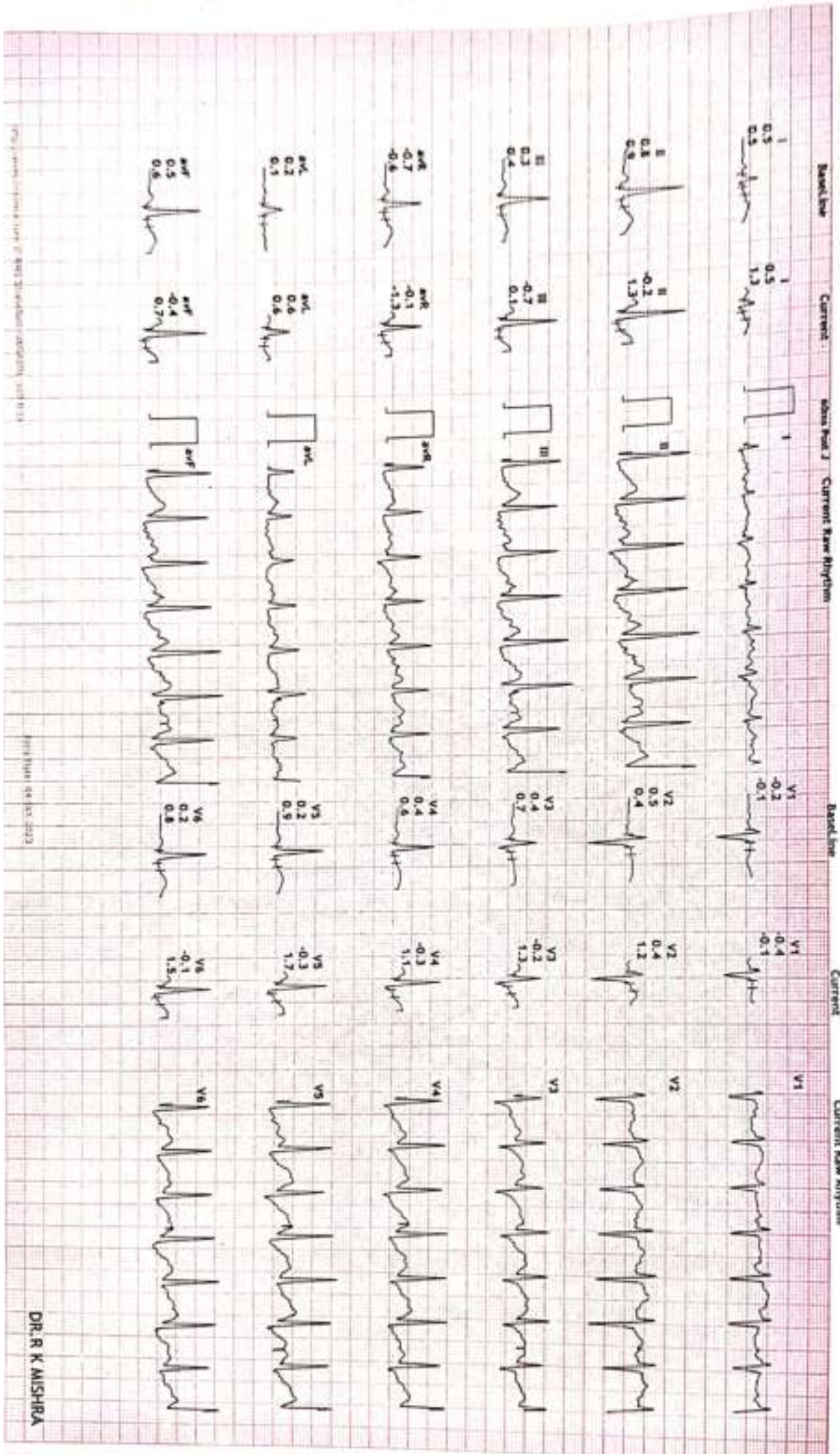
Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 06:00
 BLC -On
 Notch :On

BRUCE: Stage 2
 10.0 mm/mV
 25 mm/Sec



12-Lead + Comparison



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12-lead + Comparison

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HR: 190 bpm
 METS: 10.2
 BP: 132/88

MPHR: 103% of 184
 Speed: 3.4 mph
 Grade: 14.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 09:00
 BLC : On
 Notch : On

BRUCE: Stage 3 (100)
 10.0 min/mv
 25 min/Sec.



http://www.ankita.com In: 4975, Srivastava, Lucknow, India 226011

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HR: 190 bpm
 METS: 10.3
 BP: 132/88

MPHR: 103% of 184
 Speed: 4.2 mph
 Grade: 16.0%

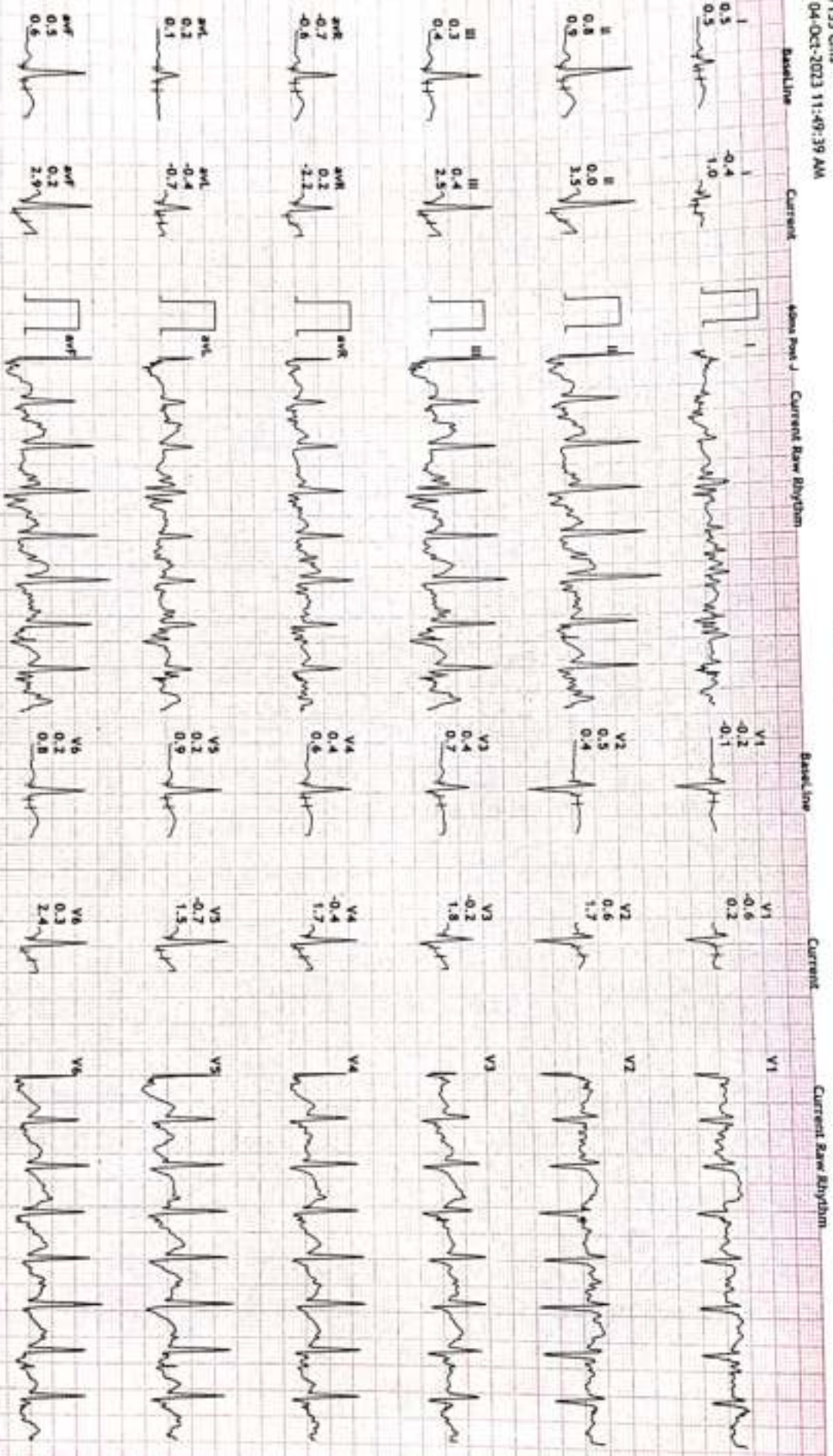
Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 09:01
 BLC :0h
 Notch :0h

BRUCE: PeakEx
 10.0 mm/mv
 25 mm/Sec.



12-Lead + Comparison



http://www.life-care.com (1) 8461-5100 (2) 8461-5101 (3) 8461-5102

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Hr: 169 bpm
 METS: 4.4
 BP: 132/88

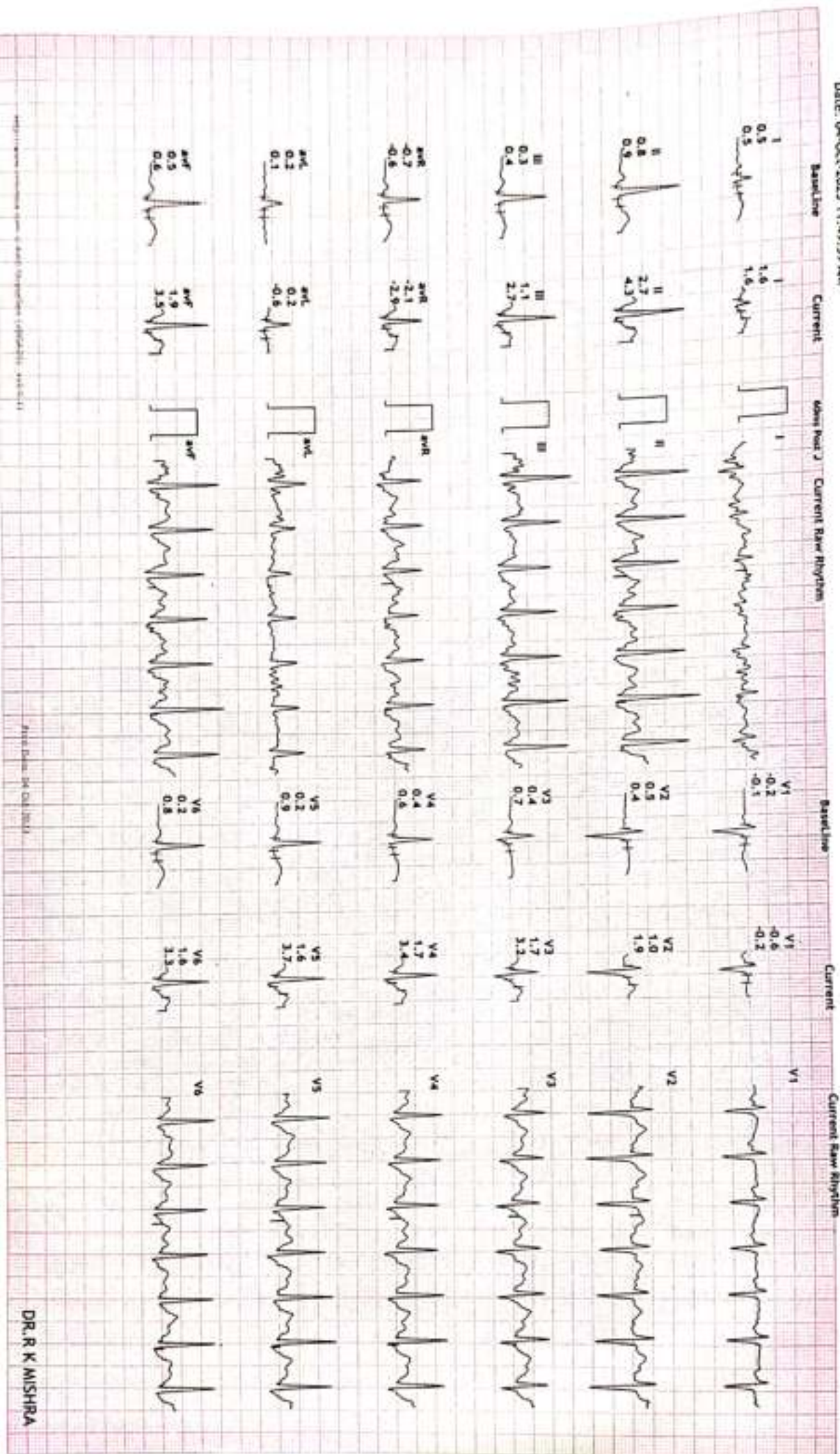
MPHR: 91% of 184
 Speed: 1.1 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 09:03
 BLC : On
 Notch : On

Recovery(1:00)
 10.0 mm/mv
 25 mm/Sec.

12 Lead + Comparison



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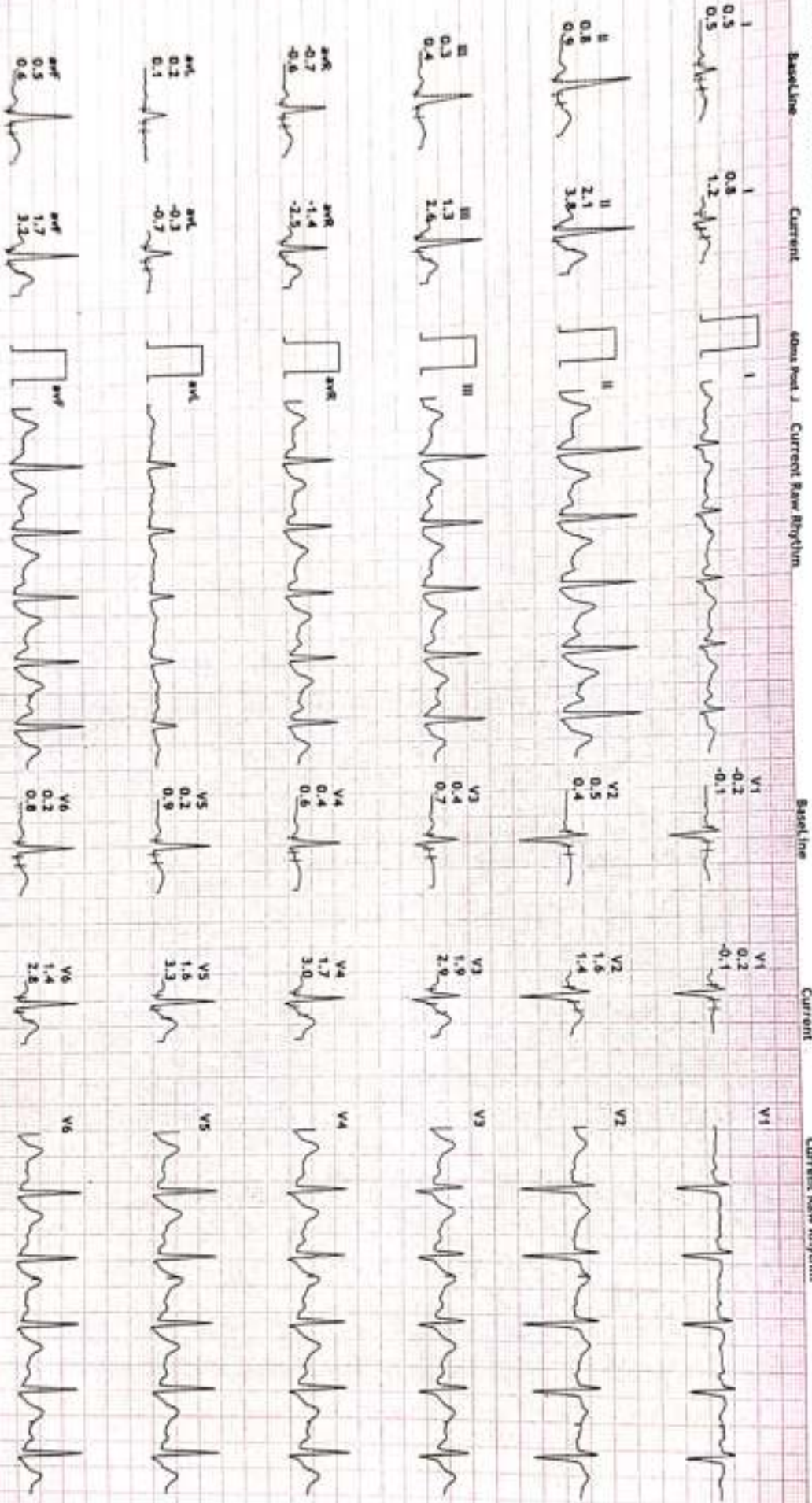
HR: 134 bpm
MET5: 1.0
BP: 125/85

MpHR: 72% of 184
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
0.05-100Hz

Ex Time 09:03
BLC :On
Notch :On

Recovery(2:00)
10.0 mm/mv
25 mm/Sec.



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HR: 127 bpm
 METS: 1.0
 BP: 120/80

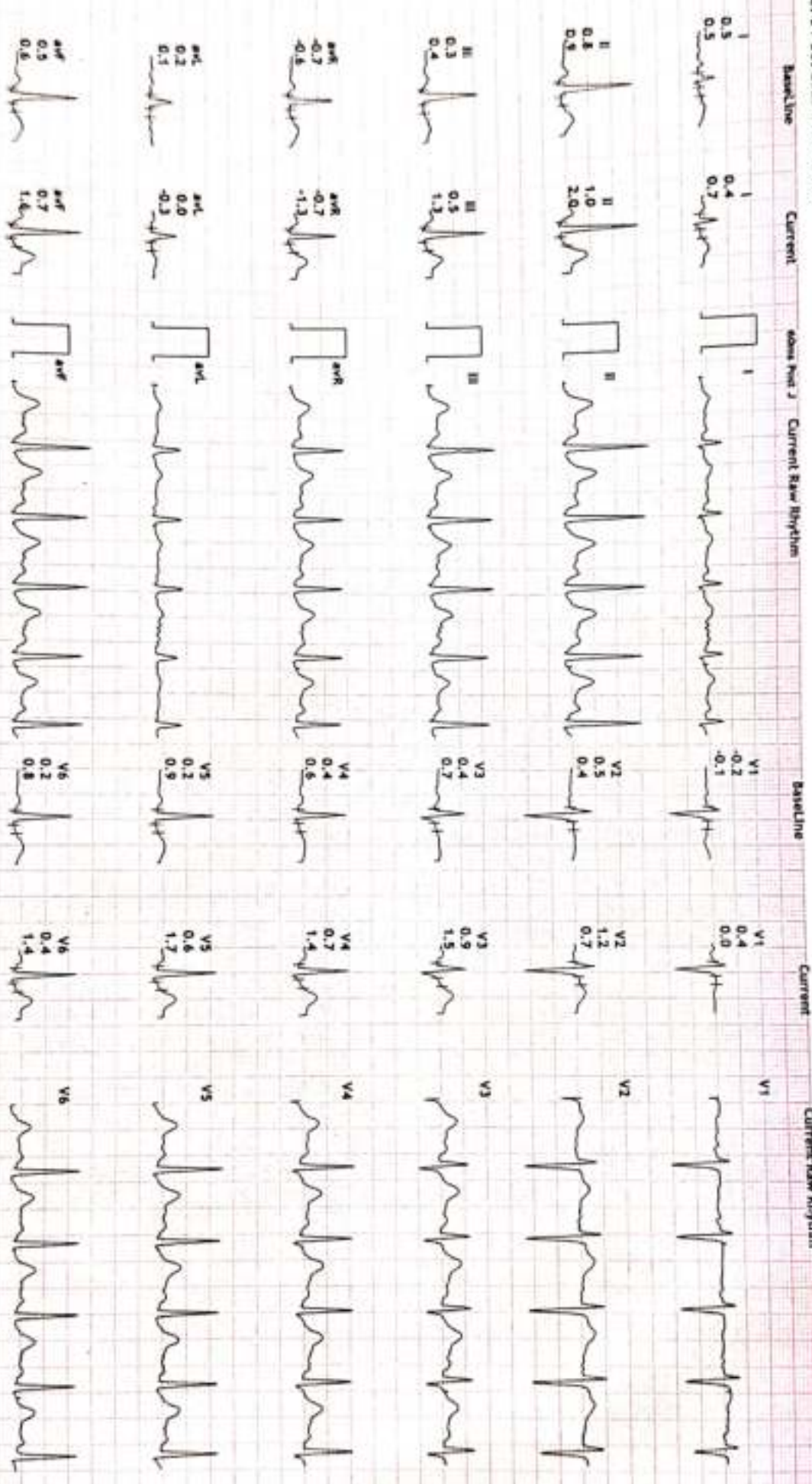
MPPR: 69% of 184
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 09:03
 BLC :On
 Notch :On

Recovery(3:00)
 10.0 mm/mV
 25 mm/Sec.

12 Lead + Comparison



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Protocol : BRUCE



Supine :	PhTime: 0:52	StageTime: 0:01	0.0 mph	0.0%	1.0 METs	90 bpm	121/81	@67ms Post J
PeakEx :	PhTime: 9:03	StageTime: 0:03	4.2 mph	16.0%	10.3 METs	190 bpm	132/88	@33ms Post J

