Name : Mr. ASHOKE KUMAR NANDY (70 /M) Date : 26/10/2024 : BIBEKANANDANAGAR, PS-MADHYAGRAM, NORTH 24 PARGANAS, NORTH 24 Address PARGANAS, WEST BENGAL, INDIA UHID : AGHL.0001477106 Examined by: Dr .SHARMISTHA MALLIK Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK AHC No: AMHLAH224160 Spine and joints CHIEF COMPLAINTS - Nil Significant Skin For corporate health checkup - Nil Significant PRESENT KNOWN ILLNESS No history of - Dyslipidemia, Thyroid Weight disorder, Heart disease, - stable Stroke, Asthma, COPD + 🗐 Present medications - type 2; Since - 10 yrs; **Diabetes mellitus** Medication - regular Compliance - regular Medication - regular; -Hypertension 📲 💇 Past medical history Telmikind H 80 Past medical history - nil significant **DRUG ALLERGY** Personal history NO KNOWN ALLERGY :01/04/2019 Marital status - Married SYSTEMIC REVIEW No. of children - 1 Diet - Non Vegetarian Cardiovascular system Alcohol - does not consume alcohol High blood pressure - yes; Medication - yes Smoking - No **Respiratory system** Chews tobacco - No Physical activity - Mild - Nil Significant Oral and dental Samily history - Nil Significant Father - has expired Gastrointestinal system Mother - alive Diabetes - father Bowel habits - constipation - father Hypertension Genitourinary system Coronary artery - none Urgency - yes; Incontinence - yes disease Cancer None Central nervous system - Nil Significant PHYSICAL EXAMINATION Eyes General Vision - normal with glasses; Glasses - yes Build - obese ENT Height - 178 - Nil Significant Weight - 101 BMI - 31.88 Musculoskeletal system Pallor - No

Date : 26/10/2024

#### Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

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- no

### 🛐 Cardiovascular system

Heart rate (Per minute)	- 71
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 152
Diastolic(mm of Hg)	- 82
Heart sounds	- S1S2+

#### **Respiratory system**

Breath sounds	<ul> <li>Normal vesicular breath sounds</li> </ul>
Abdomen	

Appearance	- Normal
Organomegaly	- No
Tenderness	- No
Bowel sounds	- Normal

#### **Opthalmology consultation**

Opthalmology findings

- OCULAR MOVEMENTS: (RE):FULL (LE):FULL ANTERIOR SEGMENTS: (RE):WNL (LE):WNL VISUAL ACUITY DISTANCE:WITHOUT GLASS (RE):6/9P (LE):6/9P VISUAL ACUITY NEAR:WITHOUT GLASS (RE):N8 (LE):N8 SPECTACLE POWER: RE: +1.25/+0.75X170\*(6/6) LE: +1.75/+0.50X175\*(6/6) ADD: +2.75DSPH(N6) ADVICE:\*Glass Rx\*Detail funduscopy\*Review after 1yr/SOS

Printed By : Benazir Begaum

Date : 26/10/2024

#### Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

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COMPLETE HAEMOGRAM						
Test Name	Result	Unit	Level	Range		
Hemoglobin	13.0	g/dl	•	13.0-17.0		
RBC COUNT	4.12 *	Millior ul	ר/ 🗢	4.5-5.5		
Hematocrit - Hct:	40.1 *	%	٠	41-53		
MCV	97.2	fl	•	83-101		
MCH	31.5	pg	•	27-32		
MCHC	32.4	%	•	31.5-34.5		
RDW	14.9 *	%	٠	11.8-14.0		
WBC Count	5200	/cu m	m 🔍	4000-10000		
Platelet Count	1.38 *	lacs/c mm	u 单	1.5-4.0		
Neutrophils	55	%	•	40-80		
Lymphocytes	40	%	•	20-40		
Monocytes	04	%	٠	2-10		
Eosinophils	01	%	•	01-06		
Basophils	00	%	•	0-0		
RBC:	Normoc	ytic Nor	mochro	mic cells		
Platelets:	Adequa	te on the	e smeai	-		

#### **ERYTHROCYTE SEDIMENTATION RATE (ESR)**

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	13	mm/1 hr	st ●	0-15

#### URINE ROUTINE AND MICROSCOPY

Test Name	Result Unit	Level Range
Volume:	30 mL	
Colour:	Pale Straw	
Appearance	Clear	
Specific Gravity	1.015	
pH:	6.0	
Albumin:	Not Detected	
Glucose	Not Detected	
Ketone:	Not Detected	
Bile Pigments	Not Detected	
RBC	Nil /hpf	
Pus Cells	Occasiona/hpf	

Within Normal Range

Borderline High/Low

Epithelial Cells	Occasio	ona/hpf		
Casts:	Not Fou	Ind		
Crystals:	Not Fou	Ind		
URINE SUGAR- FAST	ING(QU Result			Range
URINE GLUCOSE(FASTING)	Nil			
<b>BLOOD GROUPING A</b>	ND TYF	PING (A	АВО А	ND RH)
Test Name	Result	Unit	Level	Range
ABO Group:	0			
Rh (D) Type:	POSITI	VE		
ALT(SGPT) - SERUM				
Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	20	U/L	•	0-50
ALBUMIN - SERUM				
Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.3	g/dL	•	3.5-5.1
		-		
ALKALINE PHOSPHA Test Name	Result			Banga
ALKALINE	85	Unit U/L		Range 56-119
PHOSPHATASE - SERUM	00	0/2		50-119
AST (SGOT) - SERUM				
Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	25	U/L	٠	0-50
BILIRUBIN, TOTAL - S		11		Damas
			-	Range
BILIRUBIN TOTAL - SERUM	1.0	mg/a		0.3-1.2
CHOLESTEROL - SER	NUM			
Test Name	Result		_	Range
CHOLESTEROL - SERUM	111	mg/d	L	0-200
Non-HDL Cholesterol	64			
CREATININE - SERUN Test Name	l Result	Unit	Level	Range
•				

Out of Range

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CREATININE - SERUM	1.1	mg/dL	•	0.8-1.3	PROTEIN TOTAL - SERUM	7.0	g/dL	•	6.4-8.3
GGTP: GAMMA GLUT	AMYL T	RANS	PEPT	IDASE -	Albumin/Globulin Ratio	1.6		•	1.0-2.0
SERUM					GLOBULIN:	2.7	g/dL		1.8-3.6
Test Name	Result	Unit	Level	Range	(CALCULATED) -	2.1	g/uL		1.8-3.0
GGTP: GAMMA GLUTAMYL	13	U/L	•	0-55	SERUM				
TRANSPEPTIDASE -					TOTAL T3: TRI IODOT	THYRON	IINE - S	SERUI	М
SERUM					Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA	(FASTIN	NG)			TOTAL T3: TRI	0.99	ng/ml	•	0.87-1.78
Test Name	Result		Level	Range	IODOTHYRONINE -				
GLUCOSE - PLASMA (FASTING)	115 *	mg/dL	•	70-99	SERUM (Chemiliminescence)				
					TOTAL T4: THYROXIN	NE - SEF	RUM		
GLUCOSE - PLASMA	•				Test Name	Result	Unit	Level	Range
<b>Test Name</b> GLUCOSE - PLASMA (POST PRANDIAL)	Result 219 *	Unit mg/dL		<b>Range</b> 70-140	TOTAL T4: THYROXINE - SERUM (Chemiliminescence)	13.08	µg/dL	•	5.48-14.28
HBA1C (GLYCOSYLA	TED				TRIGLYCERIDES - SE	RUM			
HAEMOGLOBIN)-WHO	OLE BL	OOD			Test Name	Result	Unit	Level	Range
Test Name	Result	Unit	Level	Range	TRIGLYCERIDES -	68	mg/dL	•	0-150
HBA1C (GLYCOSYLATED	6.9 *	%	•	Nondiadetic : 4 - 5.6 %	SERUM		-		
GLIGUSILAIED									
HAEMOGLOBIN)-WHO				Prediabetics : 5.7 - 6.4%	TSH: THYROID STIMU SERUM	ULATING	g Hori	MONE	-
HAEMOGLOBIN)-WHO				Prediabetics :		ULATINC Result		-	- Range
HAEMOGLOBIN)-WHO				Prediabetics : 5.7 - 6.4% Diabetes :	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM			Level	
HAEMOGLOBIN)-WHO	- SERUI	м		Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal	SERUM Test Name TSH: THYROID STIMULATING	Result	Unit	Level	Range
HAEMOGLOBIN)-WHO LE BLOOD		VI Unit	Level	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7%	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM	Result	Unit	Level	Range
HAEMOGLOBIN)-WHO LE BLOOD			Level	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7%	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence)	Result	Unit µIU/m Unit	Level	Range
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL -	Result		•	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM	Result 3.18	<b>Unit</b> μIU/m	Level	<b>Range</b> 0.38-5.33
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum	<b>Result</b> 2	Unit	•	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name URIC ACID - SERUM	<b>Result</b> 3.18 <b>Result</b> 7.4 *	Unit μIU/m Unit mg/dL	Level	<b>Range</b> 0.38-5.33 <b>Range</b> 2.6-7.2
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM	Result 2 47	<b>Unit</b> mg/dL	•	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name	Result 3.18 Result 7.4 *	Unit μIU/m Unit mg/dL	Level Level	Range 0.38-5.33 Range 2.6-7.2
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL -	Result 2 47	Unit mg/dL	•	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name URIC ACID - SERUM BILIRUBIN CONJUGA	Result 3.18 Result 7.4 *	Unit µIU/m Unit mg/dL	Level	Range 0.38-5.33 Range 2.6-7.2
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM LDL CHOLESTEROL -	Result 2 47 -SERUM	Unit mg/dL	Level	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5 30-70	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name URIC ACID - SERUM BILIRUBIN CONJUGA Test Name	Result 3.18 Result 7.4 * ATED (DI Result	Unit µIU/m Unit IRECT) Unit	Level	Range 0.38-5.33 Range 2.6-7.2 RUM Range
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM LDL CHOLESTEROL - Test Name LDL CHOLESTEROL	Result 2 47 -SERUM Result	Unit mg/dL I Unit	Level	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5 30-70 Range	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name URIC ACID - SERUM BILIRUBIN CONJUGA Test Name BILIRUBIN CONJUGATED	Result 3.18 Result 7.4 * ATED (DI Result 0.2	Unit µIU/m Unit mg/dL IRECT) Unit mg/dL	Level Level - SEF Level	Range 0.38-5.33 Range 2.6-7.2 RUM Range 0.0-0.2
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM LDL CHOLESTEROL -SERUM VLDL CHOLESTEROL -SERUM VLDL CHOLESTEROL - SERUM (Calculated)	Result 2 47 -SERUM Result 56 8	Unit mg/dL I Unit mg/dL	Level	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5 30-70 Range Optimal: <100	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name URIC ACID - SERUM BILIRUBIN CONJUGA Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM	Result 3.18 Result 7.4 * ATED (DI Result 0.2	Unit µIU/m Unit mg/dL Unit mg/dL	Level Level - SEF Level SA TO	Range 0.38-5.33 Range 2.6-7.2 RUM Range 0.0-0.2
HAEMOGLOBIN)-WHO LE BLOOD HDL CHOLESTEROL Test Name TC/HDL-C ratio serum HDL CHOLESTEROL - SERUM LDL CHOLESTEROL -SERUM VLDL CHOLESTEROL -	Result 2 47 -SERUM Result 56 8	Unit mg/dL Unit mg/dL mg/dL	Level	Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7% Range Optimal<3.5 30-70 Range Optimal: <100	SERUM Test Name TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence) URIC ACID - SERUM Test Name URIC ACID - SERUM BILIRUBIN CONJUGA Test Name BILIRUBIN CONJUGATED (DIRECT) - SERUM PROSTATIC SPECIFIC SERUM	Result 3.18 Result 7.4 * ATED (DI Result 0.2 C ANTIG	Unit µIU/m Unit mg/dL Unit mg/dL	Level Level - SEF Level SA TO	Range 0.38-5.33 Range 2.6-7.2 RUM Range 0.0-0.2 TAL) -

#### Name : Mr. ASHOKE KUMAR NANDY (70 /M)

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PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.38	ng/mL 🔎	0.00-6.50	INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)
(Chemiliminescence)				Biochemistry
BUN (BLOOD UREA N	ITROGE	N)		A/G - RATIO
Test Name	Result	Unit Level	Range	Haematology
BUN (BLOOD UREA NITROGEN)	14	mg/dL 🔍	7.0-18.0	URINE SUGAR - POST PRANDIAL (QUALITATIVE)

#### **BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE	12.7			
RATIO				

#### **TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade II fatty liver.

- \* Large left renal cyst.
- \* Prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KOUSHIKI SEN DNB RESIDENT In consultation with

#### **X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

#### ECG

SINUS RHYTHM. LEFT AXIS DEVIATION.

Within Normal Range



**Out of Range** 

Date : 26/10/2024

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AHC No : AMHLAH224160

Printed By :

#### Dr.SHARMISTHA MALLIK

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases. Name : Mr. ASHOKE KUMAR NANDY (70 /M)

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#### AICVD RISK SCORE REPORT

<b>RISK STATUS</b>	YOUR SCORE	ACCEPTABLE SCORE
Moderate Risk	20	13

# Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.</li>
- Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 6 months if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

#### DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging,
- treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

# The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515