

## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**      Date: 12-Aug-23      Time: 13:56:24  
**Name:** MANISH SHORE ID: 1699  
**Age:** 36 y      **Sex:** M      **Height:** 164 cms      **Weight:** 67 Kgs  
**Clinical History:** NIL

**Medications:** NIL

## Test Details

**Protocol:** Bruce      **Pr.MHR:** 184 bpm      **THR:** 156 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 9 m 13 s      **Max. HR:** 157 (85% of Pr.MHR) bpm      **Max. Mets:** 13.50  
**Max. BP:** 160 / 100 mmHg      **Max. BP x HR:** 25120 mmHg/min      **Min. BP x HR:** 6640 mmHg/min  
**Test Termination Criteria:** THR ACHIEVED

## Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 46	1.0	0	0	85	120 / 80	-1.06 aVR	3.54 V2
Standing	0 : 2	1.0	0	0	83	120 / 80	-1.06 aVR	3.54 V2
Hyperventilation	0 : 2	1.0	0	0	83	120 / 80	-0.85 aVR	2.83 V2
1	3 : 0	4.6	1.7	10	106	130/90	-1.27 aVR	3.89 V2
2	3 : 0	7.0	2.5	12	118	140 / 90	-1.27 aVR	3.89 V2
3	3 : 0	10.2	3.4	14	151	150/90	-1.70 aVR	5.66 V3
Peak Ex	0 : 13	13.5	4.2	16	157	160/100	-1.70 aVR	5.31 V3
Recovery(1)	2 : 0	1.8	1	0	114	160/100	-2.12 aVR	5.66 II
Recovery(2)	2 : 0	1.0	0	0	102	140 / 90	-1.49 aVR	4.60 V2
Recovery(3)	2 : 0	1.0	0	0	103	120 / 80	-1.06 aVR	2.12 II
Recovery(4)	0 : 20	1.0	0	0	102	120 / 80	-0.64 aVR	2.12 V2

## Interpretation

The patient exercised according to the Bruce protocol for 9 m 13 s achieving a work level of Max. METS : 13.50. Resting heart rate initially 85 bpm, rose to a max. heart rate of 157 (85% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg. No significant ST-T changes. Negative for induced Ischaemic heart diseases

**Dr. PARAG A. PRADHAN**

MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61264

102-103-104, Gateway Plaza, Central

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076

Doctor: -

SEA BIRD MEDICARE CENTRE

Ref. Doctor: APOLLO

( Summary Report edited by user )

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# SEABIRD MEDICARE CENTRE POWAI

MANISH SHORE (36 M)

ID: 1699

Date: 12-Aug-23

Exec Time : 0 m 0 s

Stage Time : 0 m 46 s HR: 85 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

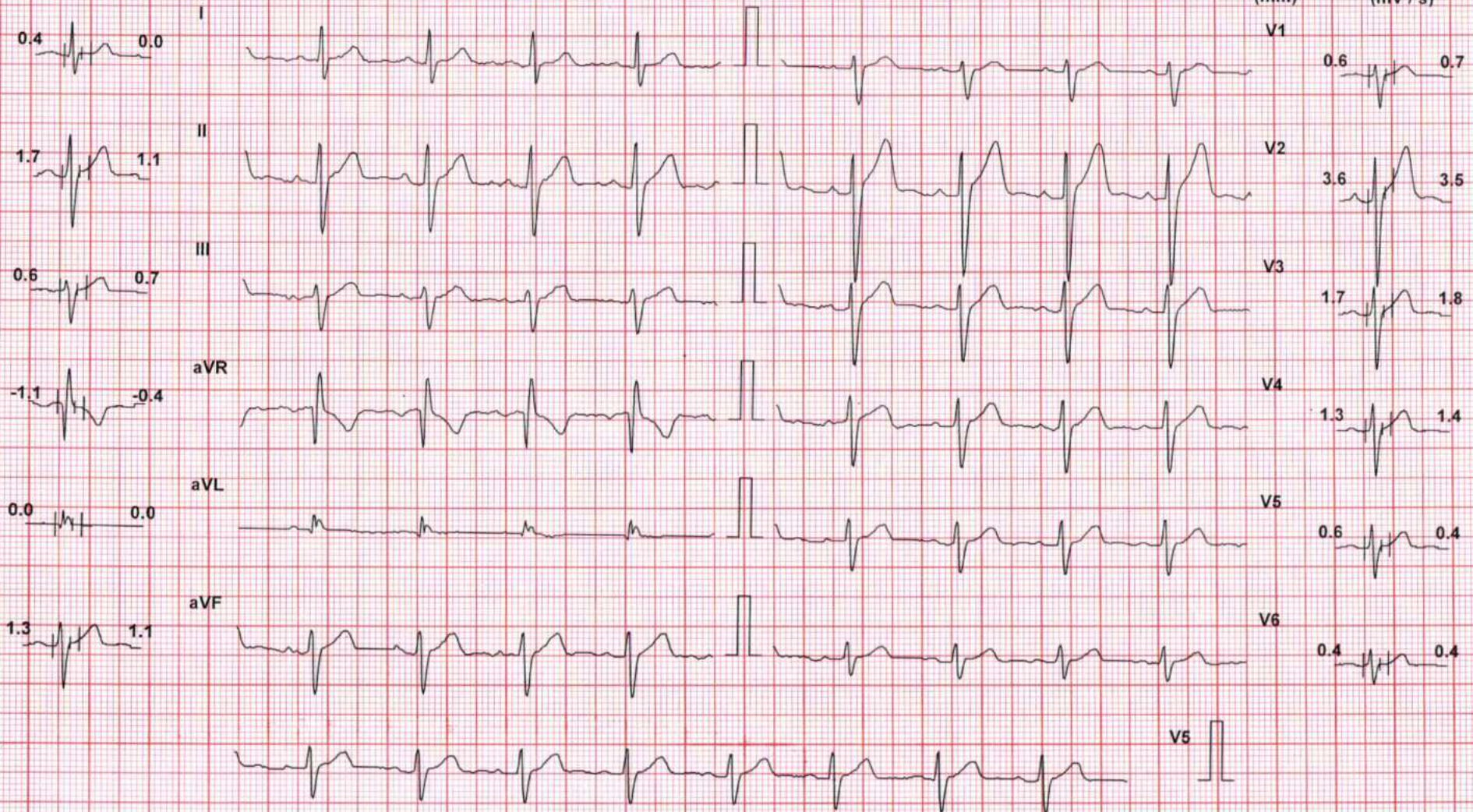


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

# SEABIRD MEDICARE CENTRE POWAI

MANISH SHORE (36 M)

ID: 1699

Date: 12-Aug-23

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 83 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

0.4 0.0

I

V1

0.4 0.4

1.5 1.1

II

V2

3.4 2.8

0.6 0.7

III

V3

1.5 1.4

-0.8 -0.4

aVR

V4

1.1 1.1

0.0 0.0

aVL

V5

0.6 0.4

1.1 0.7

aVF

V6

0.4 0.4

V5

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

# SEABIRD MEDICARE CENTRE POWAI

MANISH SHORE (36 M)

ID: 1699

Date: 12-Aug-23

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 83 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

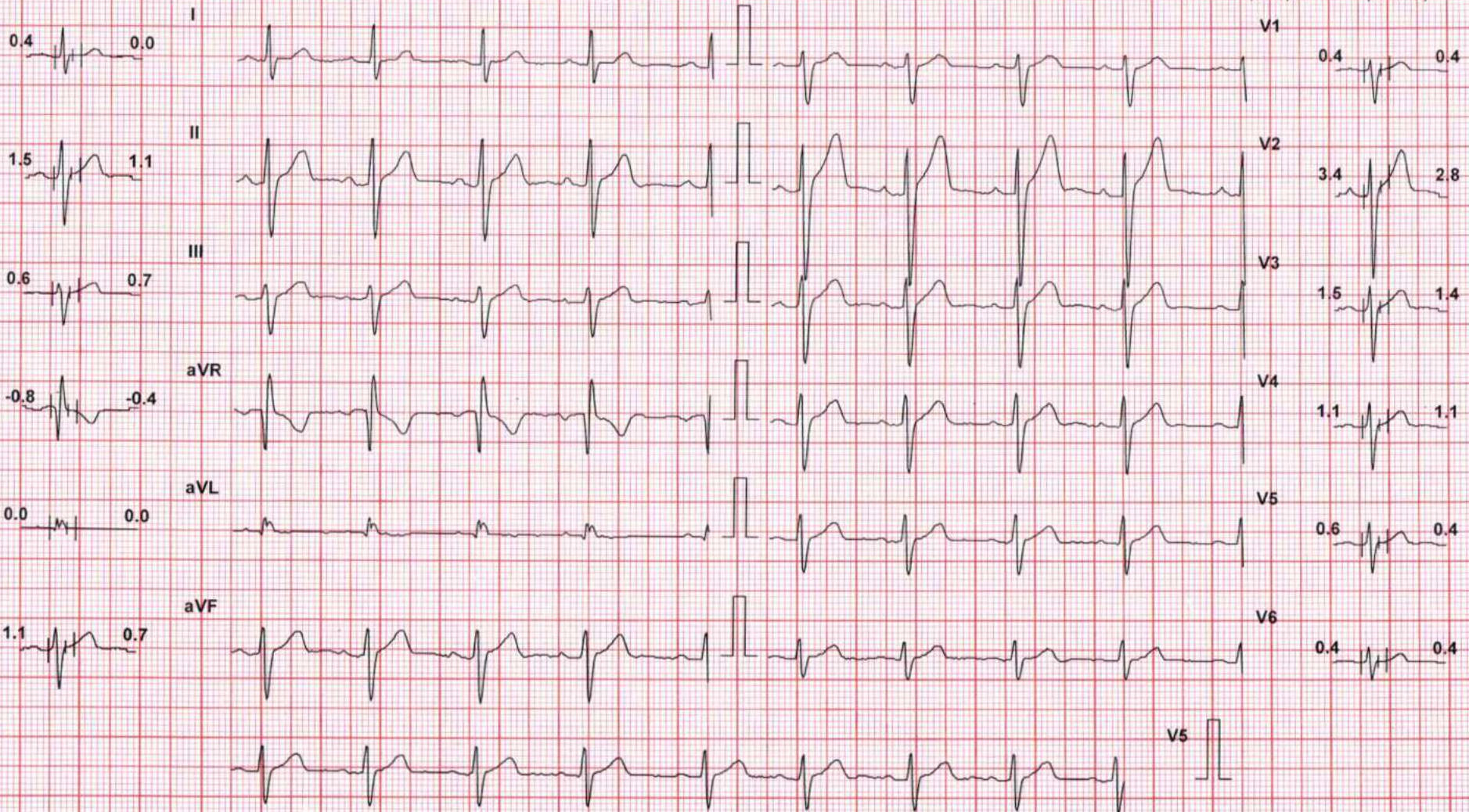


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

# SEABIRD MEDICARE CENTRE POWAI

**MANISH SHORE (36 M)**

ID: 1699

Date: 12-Aug-23

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

HR: 94 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 156 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.4 0.0

0.6 0.7

1.7 1.4

3.6 3.2

0.6 1.1

1.9 1.8

-1.1 -0.4

1.9 1.8

0.0 0.0

0.8 0.4

1.1 1.1

0.2 0.0

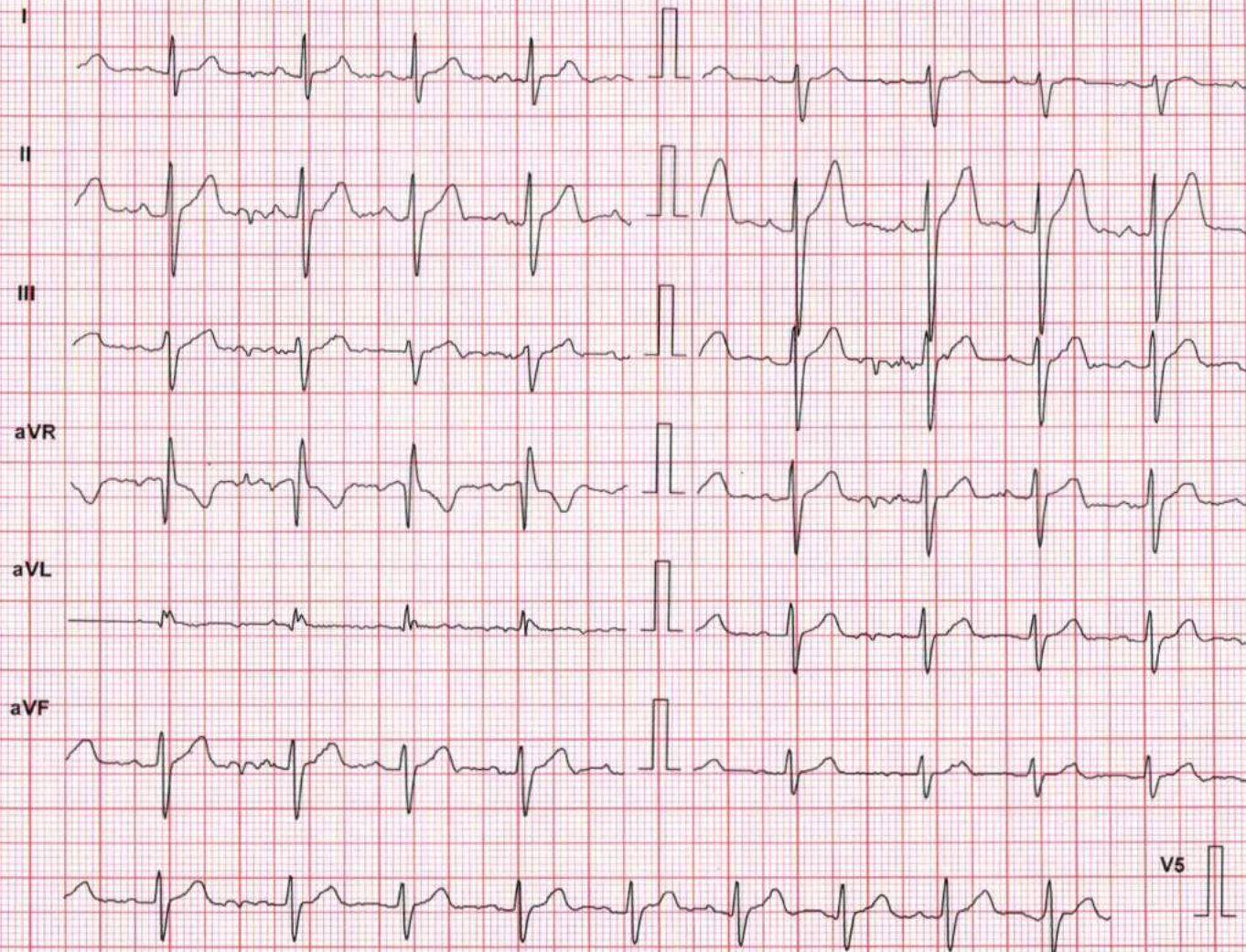


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

# SEABIRD MEDICARE CENTRE POWAI

**MANISH SHORE (36 M)**

ID: 1699

Date: 12-Aug-23 Exec Time : 3 m 0 s Stage Time : 0 m 0 s **HR: 107 bpm**

Protocol: Bruce

Stage:2

Speed: 2.5 mph Grade: 12 % (THR: 156 bpm) B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.4 0.0

0.8 1.1

2.1 1.8

4.0 3.9

1.3 1.1

2.1 2.1

-1.3 -0.7

1.9 1.8

0.0 0.0

1.1 0.7

1.5 1.4

0.6 0.4

Chart Speed: 25 mm/sec  
Schiller Spandan V4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

# SEABIRD MEDICARE CENTRE POWAI

MANISH SHORE (36 M)

ID: 1699

Date: 12-Aug-23 Exec Time : 6 m 0 s Stage Time : 0 m 0 s HR: 119 bpm

Protocol: Bruce

Stage: 3

Speed: 3.4 mph Grade: 14 % (THR: 156 bpm) B.P: 150 / 90

ST Level (mm) ST Slope (mV / s)

0.2 0.4

1.7 1.8

1.3 1.8

-0.8 -1.1

-0.2 -0.4

1.7 1.8

ST Level (mm) ST Slope (mV / s)

V1 2.8 2.8

V2 3.2 3.2

V3 2.3 2.8

V4 1.7 1.8

V5 0.8 1.1

V6 0.6 0.7

Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

# SEABIRD MEDICARE CENTRE POWAI

**MANISH SHORE (36 M)**

ID: 1699

Date: 12-Aug-23 Exec Time : 9 m 0 s Stage Time : 0 m 0 s **HR: 151 bpm**

Protocol: Bruce

Stage: Peak Ex

Speed: 4.2 mph Grade: 16 %

(THR: 156 bpm)

B.P: 160 / 100

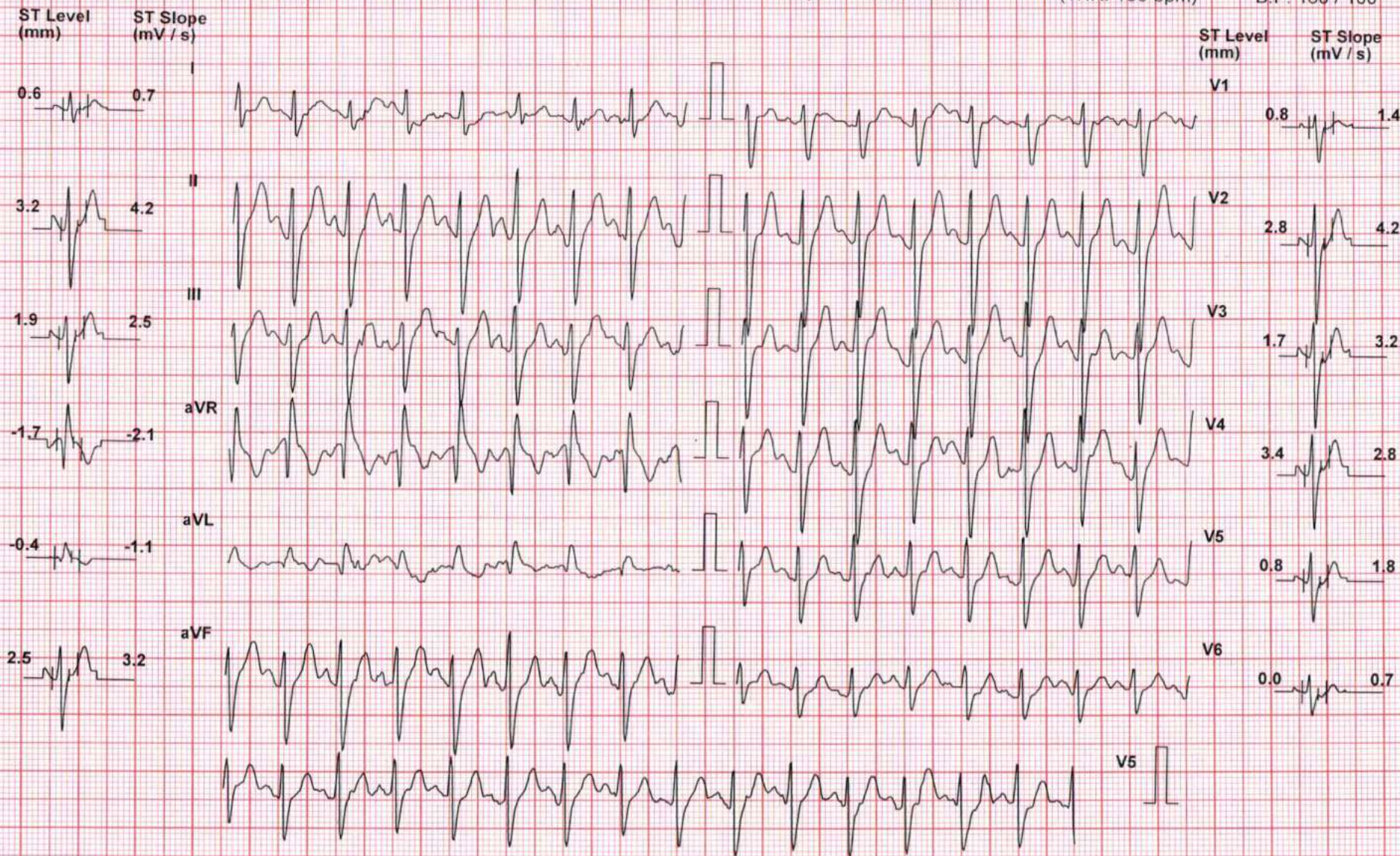


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandlen V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**MANISH SHORE (36 M)**

ID: 1699

Date: 12-Aug-23

Exec Time : 9 m 13 s

Stage Time : 0 m 59 s

HR: 124 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 150 / 90

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

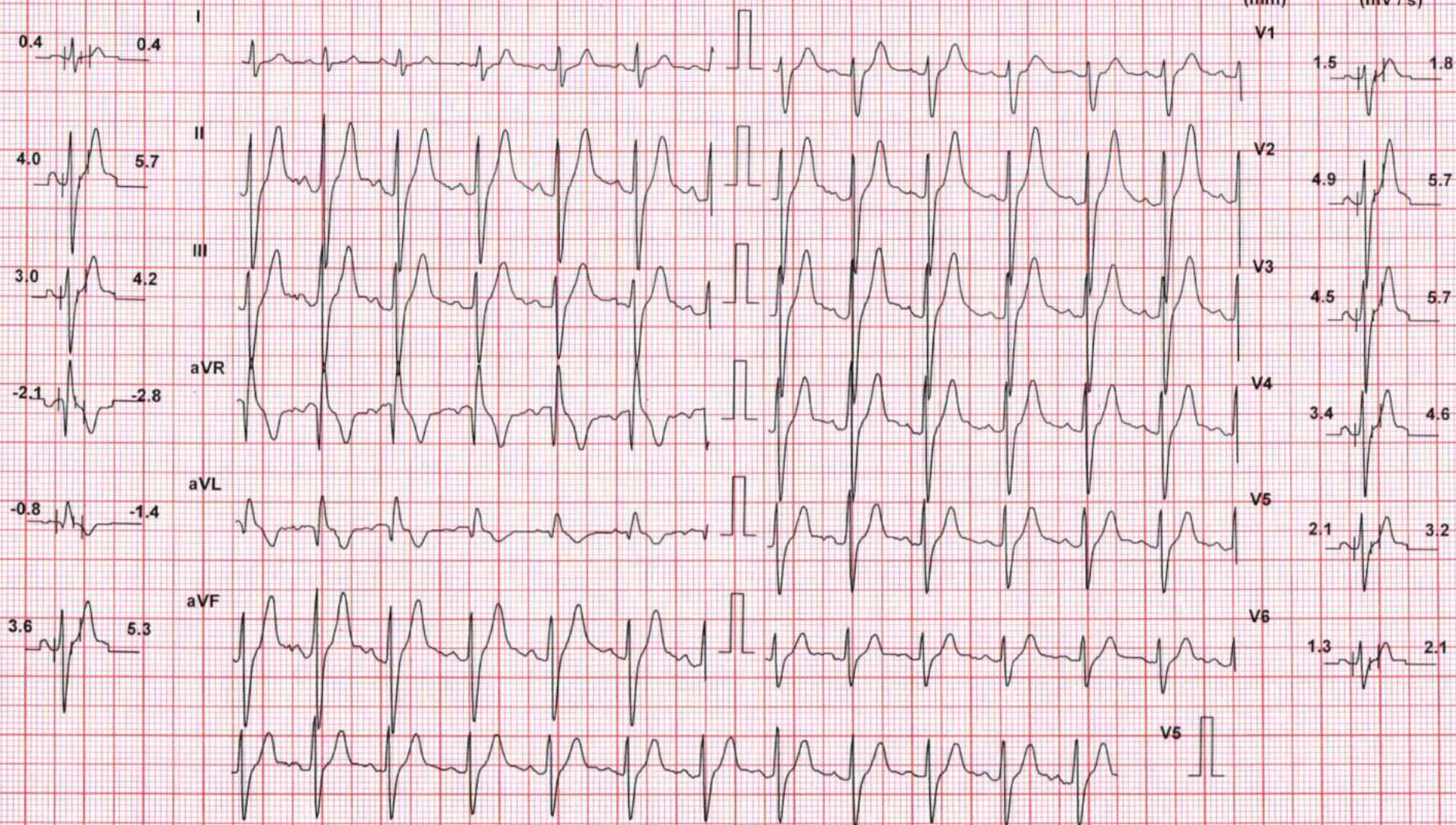


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

# SEABIRD MEDICARE CENTRE POWAI

MANISH SHORE (36 M)

ID: 1699

Date: 12-Aug-23

Exec Time : 9 m 13 s

Stage Time : 0 m 0 s

HR: 112 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

0.4 0.4

3.2 4.6

2.5 3.9

-1.5 -2.1

-0.6 -1.1

3.0 4.6

ST Level (mm) ST Slope (mV / s)

1.1 1.1

4.0 4.6

3.6 4.6

2.8 3.5

1.5 2.1

1.1 1.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

# SEABIRD MEDICARE CENTRE POWAI

MANISH SHORE (36 M)

ID: 1699

Date: 12-Aug-23 Exec Time : 9 m 13 s Stage Time : 2 m 0 s HR: 103 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

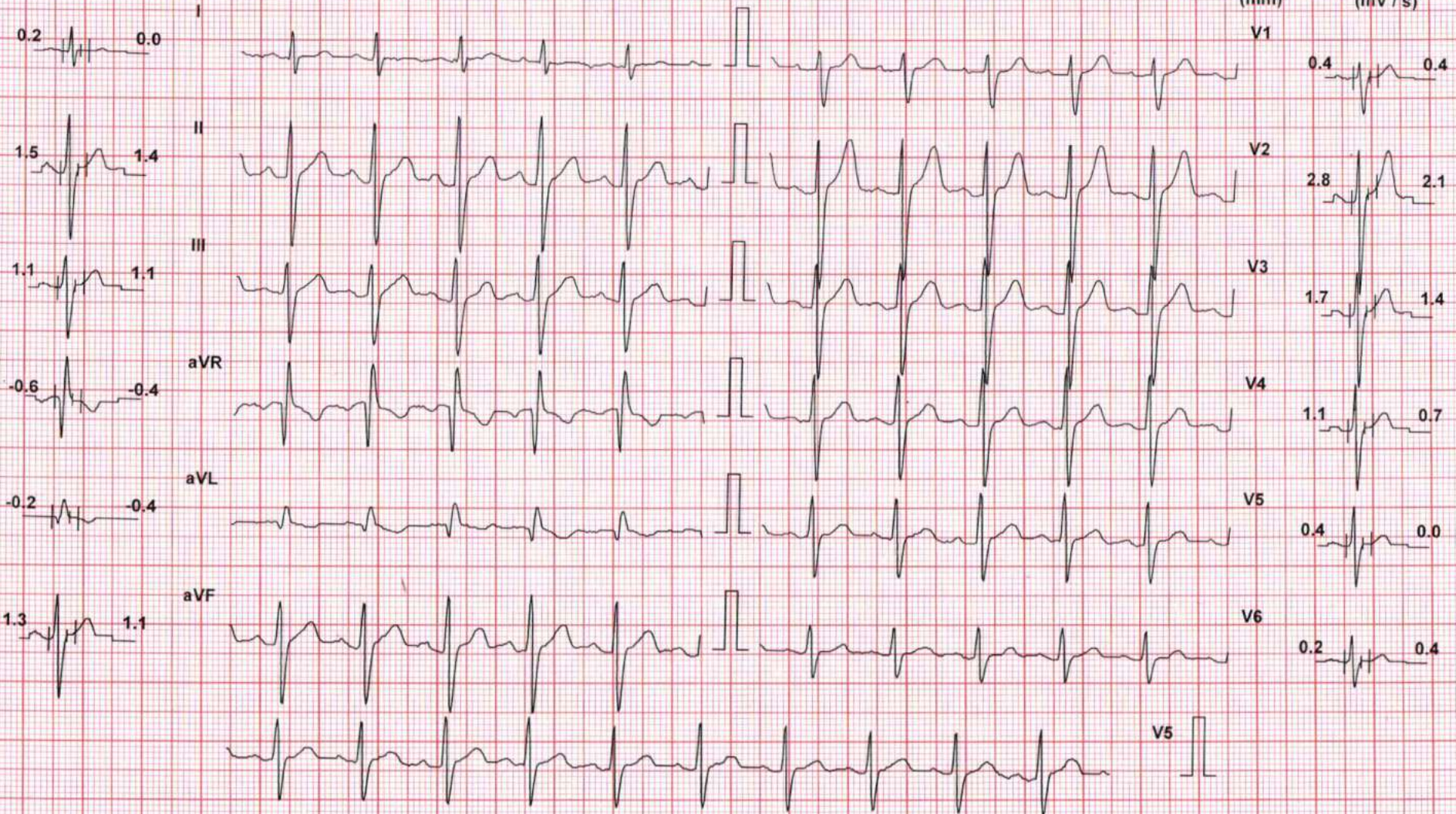


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V.4.7

**Annexure-2**

**Self-Health Declaration**  
(Please ✓ Mark Where Applicable)



**1 PERSONAL DETAILS:**

Name: Manish First Name      Rajesh Middle Name      Shree Surname

Address: Bliss Avenue 'A' wing Flat No. 402 Kharj.  
Kharjapali - Ambernath (W)

City: Kalyan Pin: 421502

Birth Place: Ulhasnagar Birth Date: 01/07/1987 Religion: Hindu  
(dd/mm/yyyy)

Post applied for: \_\_\_\_\_ Marital Status: Married / Unmarried      Gender: M / F

**2 PREVIOUS EMPLOYMENT:** Yes / No If yes specify

Name	Nature of work	Duration
i) _____		
ii) _____		
iii) _____		

**3 NAME OF FAMILY DOCTOR:**

Address:

Contact Details:

**4 PERSONAL HABITS:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes") \_\_\_\_\_

\_\_\_\_\_

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. \_\_\_\_\_

iv) Immunization: Yes No

Tetanus Toxoid	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Heart Disease	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Cancer	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Diabetes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Epilepsy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Any other Disease	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	61	Fair (DM)	↖	
Mother	58	Good		
Spouse	31	Good		
Children-1	4	Good		
Children -2	2	Good		

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 12/8/23

(Signature of Candidate)

**Annexure-3**

**Pre-Employment Medical Assessment**

(All details given below will be filled by examine physician & treated as confidential)  
(Please ✓ Mark Where Applicable)

**1 Personal Habits:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**2 Medical History:**

i) **Any Disability:** Yes / No If yes specify with disability % *Nil*

ii) **Personal History:**

*Nil*  
\_\_\_\_\_  
\_\_\_\_\_

iii) **Known case of or past history of**

*Nil*  
\_\_\_\_\_  
\_\_\_\_\_

iv) **Immunization:**

Yes No

Tetanus Toxoid

<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>

Hepatitis B

Others

*These done later*

v) **Family History:**

Has anyone of parents suffered from

- Hypertension
- Heart Disease
- Cancer

- Diabetes
- Tuberculosis
- Epilepsy
- Any other Disease

**3 Physical Examination:**

- i) Build: Poor / Average / Strong Skin: N  
 ii) Throat: N Tonsils: N Thyroid: N Lymph nodes:  
 iii) Teeth & Gums: N Tongue:  
 iv) Height 164 cms Weight 67 kg BMI 24.9  
 v) Identification marks:

mole on upper lip

**1 Vision (To be checked by eye specialist):**

General Eye examination: \_\_\_\_\_

		Rt	Lt	Colour Vision (Pls ✓ Mark Applicable)
Visual Acuity	Distance	<u>6/6</u>	<u>6/6</u>	Normal Colour vision <input checked="" type="checkbox"/>
	Near	<u>M8</u>	<u>M8</u>	Total colour deficiency <input type="checkbox"/>
Corrected Vision	Distance			Partial Colour Deficiency <input type="checkbox"/>
	Near			
Power of lens	Spherical			If partial - pl. mention _____
	Cylindrical			
	Axis			

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If yes pl. give details \_\_\_\_\_

*(GENERAL PHYSICIAN)*



Signature & Seal of Ophthalmologist



**5 Hearing:**

External Examination: Rt A Lt N  
Rinne's Test: Neg Weber's Test: N  
Conversational Hearing/ Whispering: N  
Audiometry (Comment): —  
dB Right Ear — dB Left Ear —

**6 Cardio-vascular System:**

Pulse-Rate 78 /min Blood Pressure 120 80 mm hg  
Sys Dia  
Heart Sounds N Murmur  Present  Absent Details if present —  
Character: Regular / Irregular —

**7 Respiratory System:**

Shape of Chest: NAD Breath Sounds: —

**8 Abdomen:**

Liver: N Spleen: N Any Abdominal Lump: N

**9 Genito Urinary System:**

Hernia: Nil Hydrocele/Varicocele: Nil

**10 Venereal Disease:**

**11 Special Conditions:** Flat feet N Varicose Veins N

**12 Nervous System:**

Pupillary Reaction: N Planter Reflex: N  
Knee Jerk Reflex: N Romberg Sign:  +ve  -ve

**13 Investigations:**

i) Urine: Sp. Gr. 1.010 Reaction S.S Albumin Absent Sugar Absent  
Microscopic: NAD  
Blood: Haemoglobin 15.1 g% HbA1c 6.18 Bl. Gr. AB  +ve  -ve

ii) Chest X-ray: NAD

iii) E.C.G: WNL

iv) USG Whole Abdomen: Grade one fatty liver.

v) 2D Echo/TMT: Wnl  
vi) PFT: FVC — FEV1 — FEV1/FVC % — PEFR —  
vii) Any other Investigations / clinical finding: \_\_\_\_\_

**14 COMMENTS AND RECOMMENDATIONS:**

(Pls ✓ Mark Applicable)

<input checked="" type="checkbox"/> Fit	<input type="checkbox"/> Unfit
---	--------------------------------

Remarks: \_\_\_\_\_

**Details of Examining Physician:**

Name: Dr. PARAG A. PRADHAN  
Registration No.: MBBS  
Address: Approved By DG Shipping (GOI)  
Reg. No. (MMC) 61264  
102-103-104, Gateway Plaza, Central  
Contact No.: Avenue Road, Hiranandani Gardens,  
Powai, Mumbai-400076  
SEA BIRD MEDICARE CENTRE



Signature with Seal of Examining Physician

**For office use only:**

Date of receipt of original documents: \_\_\_\_\_ PEM No.: \_\_\_\_\_  
MDMS No: \_\_\_\_\_

Medically 

<input type="checkbox"/> Fit	<input type="checkbox"/> Temp. Unfit	<input type="checkbox"/> Unfit
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Special Remarks: \_\_\_\_\_



भारत सरकार  
Government of India

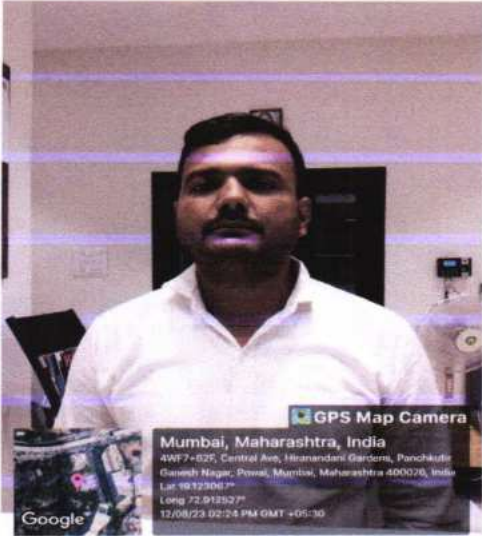
मनिष राजेश शोरे  
Manish Rajesh Shore

जन्म तिथि / DOB: 01/07/1987  
पुरुष / Male

4232 5810 5787

मेरा आधार, मेरी पहचान

*Manish*



Manish Shore



PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

**Processing Location:** - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

12-Aug-2023 / 10:36 am

Coll Date

12-Aug-2023 / 10:41 am

Report Date

12-Aug-2023 / 6:09 pm

## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b><u>BLOOD GROUP</u></b>			
ABO Group	"AB"		
RH (D)	Positive		

Method : Slide Method  
Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

**Molly R**  
Lab Technician





PID NO. : BHA0452  
Name : MANISH RAJESH SHORE  
Sex / Age : Male / 36 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
**Sample Collected At :**  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
**Processing Location: -** Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
12-Aug-2023 / 10:36 am  
Coll Date  
12-Aug-2023 / 10:41 am  
Report Date  
12-Aug-2023 / 2:43 pm

## REPORT

### BLOOD SUGAR

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	<b>103.90</b>	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	126.79	mg/dl	70.00 - 140.00
Urine Glucose (PP)	<b>Present (+)</b>		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
**Consultant Pathologist**



MC - 5321

**PRIYA PANDEY**  
Lab Technician





PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

**Processing Location:** - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

12-Aug-2023 /10:36 am

Coll Date

12-Aug-2023 /10:41 am

Report Date

12-Aug-2023 /12:28 pm

## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	15.1	gm/dl	13.0 -17.0
<b><u>RED BLOOD CELLS</u></b>			
R.B.C. Count	4.98	million / cumm	4.5- 5.5
PCV	44.6	%	40- 50
MCV	89.6	fL	83 - 101
MCH	30.3	pg	27 - 32
MCHC	33.8	gm / dl	31.5 - 34.5
RDW (CV)	13.2	%	11.6- 14.0
Total W.B.C. Count	5200	/cu.mm.	4000 - 10000
<b><u>DIFFERENTIAL COUNT</u></b>			
Neutrophils	50	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	05	%	1 - 6
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 1

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321



**Molly R**  
Lab Technician





Ministry of Health  
Malaysia



Putrajaya Health Centre  
Putrajaya



Ref: 2022/1136  
Date: 12/01/2022 11:36 am  
Ref: 2022/1136  
Date: 12/01/2022 11:36 am

Sample collected at:  
Putrajaya Health Centre  
105-111 Gateway Plaza, Putrajaya  
105-111 Gateway Plaza, Putrajaya  
105-111 Gateway Plaza, Putrajaya  
105-111 Gateway Plaza, Putrajaya

Patient ID: SHAJARI  
Name: MARIYAH BINTI  
Sex/Age: Male / 38 years  
Ref: ANJLO HEALTH CARE CENTRE  
LIMITED

### REPORT

### Complete Blood Count

Test	Result	Units	REF. LOGICAL REFERENCE INTERVAL
Hemoglobin	12.1	g/dL	13.4 - 17
<b>RED BLOOD CELLS</b>			
RBC Count	4.95	million /cmm	4.5 - 5.8
PCV	44.5	%	40.5 - 50.5
MCV	89.9	fL	86 - 101
MCH	30.3	pg	27 - 34
MCHC	33.1	g/dL	32 - 36
RDW-CV1	12.3	%	11.5 - 14
Total WBC Count	12500	/cmm	4000 - 12000
<b>PREFERENTIAL COUNT</b>			
Neutrophils	60	%	40 - 70
Lymphocytes	40	%	20 - 40
Eosinophils	0	%	1 - 5
Monocytes	0	%	1 - 8
Basophils	0	%	0 - 2

Molly R  
Lab Technician

DR FARHANA IZZAH  
MBBS (C)

Consultant Pathologist



Page 1 of 1



PID NO. : BHA0452  
Name : MANISH RAJESH SHORE  
Sex / Age : Male / 36 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
12-Aug-2023 /10:36 am  
Coll Date  
12-Aug-2023 /10:41 am  
Report Date  
12-Aug-2023 /12:28 pm

**REPORT**

**Complete Blood Count**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	283000	/cumm	150000 - 410000

**MORPHOLOGY**

RBC Morphology Predominantly Normocytic and Normochromic.  
WBC Morphology Normal Morphology.  
Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist



MC - 5321

Molly R  
Lab Technician



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PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

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12-Aug-2023 / 10:36 am

Coll Date

12-Aug-2023 / 10:41 am

Report Date

12-Aug-2023 / 6:10 pm

## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	12	mm at 1hr	0 - 15

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



**Molly R**  
Lab Technician



PID NO. : BHA0452  
Name : MANISH RAJESH SHORE  
Sex / Age : Male / 36 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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Reg. Date  
12-Aug-2023 / 10:36 am  
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12-Aug-2023 / 10:41 am  
Report Date  
12-Aug-2023 / 6:07 pm

## REPORT

### Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c Non-diabetic : $\leq 5.7\%$ Pre-Diabetic : $5.7 - 6.4\%$ Diabetic : $\geq 6.5$ (EDTA Whole Blood, Turbidimetric)	6.18	%	< 5.7
Mean Blood Glucose (MBG)	142.71	mg/dl	

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAG(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

DR. SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist



MC - 5321

Molly R  
Lab Technician







PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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12-Aug-2023 / 6:07 pm

**REPORT**

**LFT**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	62.35	U/L	40 - 129

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist



MC - 5321

Molly R  
Lab Technician



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

**Sample Collected At :**

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105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

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Gardens, Powai, Mumbai-400076

Reg. Date

12-Aug-2023 / 10:36 am

Coll Date

12-Aug-2023 / 10:41 am

Report Date

12-Aug-2023 / 6:08 pm

## REPORT

### Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	190.22	mg/dl	Upto 240
Method: CHOD-PAP			
Triglycerides	111.07	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	49.37	mg/dl	35 - 55
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	118.64	mg/dl	<100
Calculated			
VLDL-Cholesterol	22.21	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	3.85		Upto 5.0
Calculated			
LDLC/HDLC Ratio	<b>2.40</b>		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl  
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser  
Sample: Serum

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321

**Molly R**  
Lab Technician





PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Report Date

12-Aug-2023 / 6:07 pm

## REPORT

### Liver Function Tests

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
S.G.O.T. (Serum ,Method-IFCC / UV without P5P)	30.48	U/L	0 - 40
S.G.P.T. (Serum,Method- IFCC / UV without P5P)	33.72	U/L	0 - 41.0
GGT (Serum ,Method- IFCC Method)	24.28	U/L	8 - 61
Bilirubin (Total) (Serum ,Method-Diazo- End point)	1.05	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.17	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.88	mg/dl	0.0 - 0.90
Total Proteins (serum,Method-Biuret)	7.42	g/dl	6.6 - 8.7
Albumin (Serum,Method-Bromocresol Green)	4.2	g/dl	3.5 - 5.2
Globulin Calculated	3.22	g/dl	1.90 - 3.70
A/G ratio Calculated	1.30		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDERAR  
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**Molly R**  
Lab Technician



MC - 5321



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PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

12-Aug-2023 / 10:36 am

Coll Date

12-Aug-2023 / 10:41 am

Report Date

12-Aug-2023 / 6:08 pm

## REPORT

### RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	25.28	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	11.81	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	0.85	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Method: Uricase-POD	4.93	mg/dl	3.4 - 7.0

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321



**Molly R**  
Lab Technician



PID NO. : BHA0452  
Name : MANISH RAJESH SHORE  
Sex / Age : Male / 36 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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Report Date  
12-Aug-2023 / 6:11 pm

**REPORT**

**THYROID FUNCTION TEST**

<b>Test</b>	<b>Result</b>	<b>Units</b>	<b>BIOLOGICAL REFERENCE INTERVAL</b>
TSH	5.64	µIU/ml	0.25-5 µIU/ml
T3	1.43	nmol/l	0.92-2.33 nmol/l
T4	86.86	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

**INTERPRETATION**

**TSH :** A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

**T3:** Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4 :** Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
**Consultant Pathologist**

**Molly R**  
Lab Technician



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PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

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12-Aug-2023 / 10:41 am

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12-Aug-2023 / 6:08 pm

## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
Ocult Blood	Absent		Absent

### **MICROSCOPIC EXAMINATION**

DR. SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**



MC - 5321



**Molly R**  
Lab Technician



PID NO. : BHA0452

Name : MANISH RAJESH SHORE

Sex / Age : Male / 36 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	2 - 3 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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**Consultant Pathologist**



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



*Sea Bird*

**Sea Bird Medicare Centre**

Report ID : **MRSM12813349** Reg. : **12-Aug-2023**  
Patient Name : **Mr. MANISH RAJESH SHORE** Report Date : **14-Aug-2023**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **36 Year / Male**

**CHEST X RAY REPORT**

X-Ray No : 2615

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD



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Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



Sea Bird

Sea Bird Medicare Centre

Report ID : **MRSM12813349** Reg. : **12-Aug-2023**  
Patient Name : **Mr. MANISH RAJESH SHORE** Report Date : **14-Aug-2023**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **36 Year / Male**

**SONOGRAPHY (ABDOMEN)**

Ref No : 12/08/2023

The real-time Sonography using 3.5 MHZ transducer shows:

LIVER: Grade 1 fatty liver.

GALL BLADDER: The Gall bladder well distended with normal wall thickness and lumen. No calculi /Pericholecystic collection seen.

PANCREAS & SPLEEN: Normal in size echotexture. No focal lesion seen.

KIDNEYS : Both Kidneys are normal in size, position and echogenicity; Cortico Medullary differentiation normal.  
No hydronephrosis or calculi noted.

URINARY BLADDER: Urinary bladder is normal in contour, capacity and wall thickness; No vesical calculi noted.

PROSTATE: The Prostate gland is normal in size with homogeneous echogenicity. no evidence of calcification. Prostate Volume - 18 cc approx.

This sonography study does not rule out intestinal lesions or mucosal lesions of other Viscera.

**Impression** : Grade 1 fatty liver noted.

  
Dr. Jacob  
Mathew MD

Dr. Jagmohan L. Chopra MD  
Dr. Asghar Majeed

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