

Name : Ms. MOMI PALTA (38 /F)

Date : 10/02/2024

Address :

Examined by:

UHID : AMHL.0002074717

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH195813



CHIEF COMPLAINTS

For corporate health checkup
C/O Back pain (recent injury, posterior disc bulge on MRI)

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Heart disease, Stroke, Asthma
Thyroid disease - hypothyroidism; Since - 4 yrs; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :10/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 16/1/2024; Periods - regular;
No of Children - 1; No of deliveries - 1; Deliveries - LSCS

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

Back (lower) - pain; Radiating to - legs (Disc bulge on MRI)

Skin

- Nil Significant



Present medications

- T Thyronorm 88 mcg



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes

Hospitalization for Covid 19 - No

Typhoid

- 10 yrs ago



Surgical history

Caesarian section - 2009



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

Sisters - 1

Diabetes - mother

Hypertension - mother

Coronary artery disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - obese
Height - 162
Weight - 82
BMI - 31.25
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 84
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No
Scars - Pfannenstiel



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9P LE:6/9P
NVA:RE:N6P LE:N6P
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:-0.50/-0.75X85*(6/6)
LE:-0.25/-1.25X80*(6/6)
ADD(BE):+1.25DSPH(N6)
ADVICE:*Glass Rx. *Review
after 1yr/SOS

Name : Ms. MOMI PALTA (38 /F)

UHID : AMHL.0002074717

Date : 10/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH195813

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.6	g/dl	●	12.0-15.0
RBC COUNT	4.53	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	37.9	%	●	36-46
MCV	83.6	fl	●	83-101
MCH	27.8	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	13.3	%	●	11.8-14.0
WBC Count	6900	/cu mm	●	4000-10000
Platelet Count	1.58	lacs/cu mm	●	1.5-4.0
Neutrophils	61	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	26 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	3-5			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	32	U/L	●	0-35
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	60	U/L	●	33-98
AST (SGOT) - SERUM	22	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	1.7 *	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	219 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Ms. MOMI PALTA (38 /F)

UHID : AMHL.0002074717

Date : 10/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH195813

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 37 U/L ● 0-38

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.08 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 9.56 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 97 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 136 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 148 * mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.92 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.3 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.3 mg/dL ● 2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 52 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 157 * mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 10 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 12.6 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4 ● 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.0 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 16.1

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Ms. MOMI PALTA (38 /F)

UHID : AMHL.0002074717

Date : 10/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH195813

* Grade I fatty liver.

* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

* No significant abnormality detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Histopathology

PAP SMEAR /CERVICAL SMEAR

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

Name : Ms. MOMI PALTA (38 /F)

UHID : AMHL.0002074717

Date : 10/02/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH195813

Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515