

CONCLUSION OF HEALTH CHECKUP

ECU Number : 3281

Age : 59

Weight : 58

Date : 16/05/2023

MR Number : 23206471

Sex : Female

Ideal Weight : 56

Patient Name : RAJNI SURINDER LATHAR

Height : 155

BMI : 24.14

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 3281 MR Number : 23206471 Patient Name: RAJNI SURINDER LATHAR
Age : 59 Sex : Female Height : 155
Weight : 58 Ideal Weight : 56 BMI : 24.14
Date : 16/05/2023

Past H/O : NO P/H/O ANY MAJOR ILLNESS.

Present H/O : C/O ACIDITY, HEARTBURN, FLATULENCE SINCE 2 MONTHS .

Family H/O : MOTHER : HYPERTENSION, DIABETES, HEART DISEASE.

Habits : NO HABITS.
Gen.Exam. : G.C. GOOD
B.P : 120/80 mm Hg
Pulse : 80/MIN REG.
Others : SPO2 : 98 %
C.V.S : NAD
R.S. : NAD
Abdomen : NP
Spleen : NP
Skin : NAD
C.N.S : NAD
Advice :

Dietary Assessment

ECU Number : 3281 MR Number : 23206471 Patient Name : RAJNI SURINDER LATHAR
Age : 59 Sex : Female Height : 155
Weight : 58 Ideal Weight : 56 BMI : 24.14
Date : 16/05/2023

Body Type : Normal / Underwight / Overwight
Diet History : Vegetarian / Eggetarian / Mixed
Frequency of consuming fried food : / Day / Week or occasional
Frequency of consuming Sweets : / Day / or occasional
Frequency of consuming outside food : / Day / Week or occasional
Amount of water consumed / day : Glasses / liters

Life style assessment :
Physical activity : Active / moderate / Sedentary / Nil
Alcohol intake : Yes / No
Smoking : Yes / No
Allergic to any food : Yes / No
Are you stressed out ? : Yes / No
Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Ms. RAJNI SURINDER LATHAR
 Gender / Age : Female / 59 Years 2 Months 16 Days
 MR No / Bill No. : 23206471 / 241010333
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 128774
 Request Date : 16/05/2023 08:22 AM
 Collection Date : 16/05/2023 08:45 AM
 Approval Date : 16/05/2023 02:40 PM

Pap Smear**Test**

Pap Smear

Result**Units****Biological Ref. Range**

Pap Smear Screening Report / Cervico-Vaginal Cytology...

Cyto no : P/919 /23
Received at 12.20 pm.Clinical Details : No complain
P/V findings : Cx. - Flushed with Vg / Vg. - Senile vaginitis.
LMP : Before 10 years.**TBS Report / Impression :**

- * Satisfactory for evaluation; transformation zone components identified.
- * Postmenopausal smears, no atrophic changes.
- * Mild inflammatory cellularity (Neutrophils rich).
- * Benign cellular changes, reparative changes.
- * No epithelial cell abnormality favouring Squamous intraepithelial lesion or frank malignancy (NILM).

Note / Method :

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Bethesda system (Modified 2014)

---- End of Report ----

Dr. Rakesh Vaidya
Approved By Dr. Ameer Soni



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 MR No / Bill No. : 23206471 / 241010333
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 Request No. : 128774
 Request Date : 16/05/2023 08:22 AM
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 Approval Date : 16/05/2023 12:56 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	13.6	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.56	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	41.6	%	36 - 46
Mean Corpuscular Volume (MCV)	91.2	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	29.8	pg	27 - 32
MCH Concentration (MCHC)	32.7	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.0	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	44.1	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	6.36	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	48	%	40 - 80
Lymphocytes	45	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.03	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.86	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.12	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.29	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.06	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.0	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	471	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	2	mm/1 hr	0 - 19

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

365 Days / 24 Hours Laboratory Services

Home Collection Facility Available
(Mon To Sat 8:00 am to 5:00 pm)



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Ms. RAJNI SURINDER LATHAR	Type	: OPD
Gender / Age	: Female / 59 Years 2 Months 16 Days	Request No.	: 128774
MR No / Bill No.	: 23206471 / 241010333	Request Date	: 16/05/2023 08:22 AM
Consultant	: Dr. Manish Mittal	Collection Date	: 16/05/2023 08:45 AM
Location	: OPD	Approval Date	: 16/05/2023 12:56 PM

CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method, HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Rakesh Vaidya
Approved By Dr. Ameer Soni

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 Gender / Age : Female / 59 Years 2 Months 16 Days
 MR No / Bill No. : 23206471 / 241010333
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 128774
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 Approval Date : 16/05/2023 01:31 PM

Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	O		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

Dr. Rakesh Vaidya
 Approved By Dr. Ameer Soni

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms. RAJNI SURINDER LATHAR
Gender / Age : Female / 59 Years 2 Months 16 Days
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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
Fasting Plasma Glucose	95	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	109	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

---- End of Report ----

Dr. Rakesh Vaidya
Approved By Dr. Ameer Soni

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 Gender / Age : Female / 59 Years 2 Months 16 Days Request No. : 128774
 MR No / Bill No. : 23206471 / 241010333 Request Date : 16/05/2023 08:22 AM
 Consultant : Dr. Manish Mittal Collection Date : 16/05/2023 08:45 AM
 Location : OPD Approval Date : 16/05/2023 11:24 AM

HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	6.2	%	
estimated Average Glucose (e AG) *	131.24	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

--- End of Report ---

Dr. Rakesh Vaidya
Approved By Dr. Ameet Soni



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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	12	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.80	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	5.8	mg/dL	2.2 - 5.8

--- End of Report ---

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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.38	ng/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroxine (T4)	7.97	mcg/dL	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1 - 2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroid Stimulating Hormone (US-TSH)	3.63	microIU/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

--- End of Report ---

Dr. Rakesh Vaidya
 Approved By Dr. Ameer Soni



Patient Name : Ms. RAJNI SURINDER LATHAR
 Gender / Age : Female / 59 Years 2 Months 16 Days
 MR No / Bill No. : 23206471 / 241010333
 Consultant : Dr. Manish Mittal
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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides (By Lipase / Glycerol dehydrogenase on RXL Dade Dimension < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	242	mg/dL	1 - 150
Total Cholesterol (By enzymatic colorimetric method on RXL Dade Dimension <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	255	mg/dL	1 - 200
HDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 40 Low > 60 High)	46	mg/dL	40 - 60
Non HDL Cholesterol (calculated) (Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	209	mg/dL	1 - 130
LDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	157	mg/dL	1 - 100
VLDL Cholesterol (calculated)	48.4	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.41		2.1 - 3.5
T. Ch./HDL Ch. Ratio (Recent NECP / ATP III Guidelines / Classification (mg/dl) :)	5.54		3.5 - 5

---- End of Report ----

Dr. Rakesh Vaidya
Approved By Dr. Ameer Soni



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 Gender / Age : Female / 59 Years 2 Months 16 Days
 MR No / Bill No. : 23206471 / 241010333
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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.37	mg/dL	0 - 1
Bilirubin - Direct	0.08	mg/dL	0 - 0.3
Bilirubin - Indirect	0.29	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	28	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	35	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	81	U/L	53 - 141
<i>(By PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	41	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	7.61	gm/dL	6.4 - 8.2
Albumin	3.62	gm/dL	3.4 - 5
Globulin	3.99	gm/dL	3 - 3.2
A : G Ratio	0.91		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

---- End of Report ----

Dr. Rakesh Vaidya
Approved By Dr. Ameer Soni



Patient Name : Ms. RAJNI SURINDER LATHAR
 Gender / Age : Female / 59 Years 2 Months 16 Days
 MR No / Bill No. : 23206471 / 241010333
 Consultant : Dr. Manish Mittal
 Location : OPD

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 Approval Date : 16/05/2023 11:05 AM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	50	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	1 - 5	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

---- End of Report ----

Dr. Rakesh Vaidya
 Approved By Dr. Amee Soni



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23206471 Report Date : 16/05/2023
Request No. : 190064428 16/05/2023 8.22 AM
Patient Name : Ms. RAJNI SURINDER LATHAR
Gender / Age : Female / 59 Years 2 Months 16 Days

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.
Tenting of right hemidiaphragm is seen.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD
Consultant Radiologist





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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23206471 Report Date : 16/05/2023
Request No. : 190064424 16/05/2023 8.22 AM
Patient Name : **Ms. RAJNI SURINDER LATHAR**
Gender / Age : Female / 59 Years 2 Months 16 Days

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is enlarged in size (16.5cm) and shows increased in echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis seen. **Left kidney shows renal concretion.**

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 63mm.
A.P. : 30 mm.

Both ovaries are normal.

Urinary bladder is well distended and appears normal.

No ascites.

COMMENT:

**Hepetomegaly with fatty liver.
Left renal concretion.**

Kindly correlate clinically

Hasani

Dr.Pruna C Hasani, MD
Consultant Radiologist



• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED



DEPARTMENT OF DIAGNOSTIC RADIOLOGY

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23206471 Report Date : 16/05/2023
 Request No. : 190064488 16/05/2023 8.22 AM
 Patient Name : **Ms. RAJNI SURINDER LATHAR**
 Gender / Age : Female / 59 Years 2 Months 16 Days

Mammography (Both Breast)

Both side mammogram has been obtained in mediolateral oblique (MLO) as well as craniocaudal (CC) projections.

Both breasts show scattered fibro glandular parenchyma.

No obvious focal mass seen on either side.

No obvious micro/cluster calcification seen. Bilateral benign specks of calcifications are seen.

No obvious skin thickening or nipple retraction seen.

Bilateral benign axillary lymph nodes seen.

IMPRESSION:

No obvious focal mass in breasts.

BI-RADS category 2.

Kindly correlate clinically /Follow up

BIRADS: 0- needs additional imaging, 1- negative, 2- benign, 3- probably benign (require short term follow up), 4- suspicious (require further evaluation with biopsy), 5- highly suspicious for malignancy, 6- biopsy proven malignancy.

INFORMATION REGARDING MAMMOGRAMS:

- A REPORT THAT IS NEGATIVE FOR MALIGNANCY SHOULD NOT DELAY BIOPSY IF THERE IS A DOMINANT OR CLINICALLY SUSPICIOUS MASS.
- IN DENSE BREASTS, AN UNDERLYING MASS LESION MAY BE OBSCURED.
- FALSE POSITIVE DIAGNOSIS OF CANCER MAY OCCURE IN SMALL PERCENTAGE OF CASES.

Dr. Priyanka Patel, MD
Consultant Radiologist



H-2015-0297

MC-3004

E-2021-02

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Name: Mrs. Rajni S. Lathar
Patient ID: ECU/23206471

16.05.2023 08:22:35
Standard 12-Lead

Date of Birth: Female
Gender: Female
Height: Undefined
Weight: Unknown
Ethnicity: Unknown
Pacemaker: Unknown

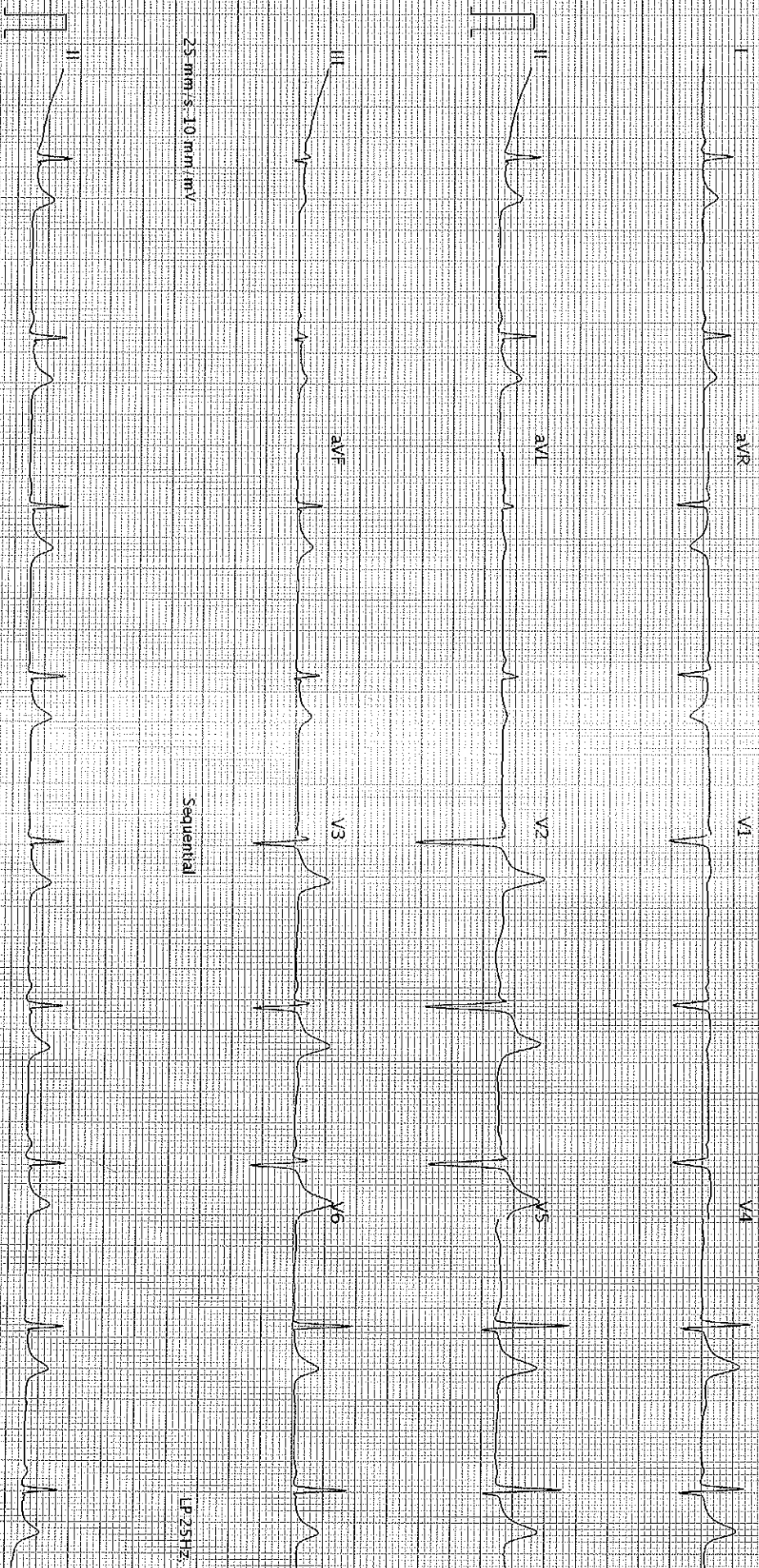
Visit ID: 1082 ms
Room: 62 ms
Medication: 92 ms
Order ID: 78 ms
Ord. prov: 395 ms
Ord. prot: 380 ms

HR: 55 bpm
RR: 1082 ms
P: 62 ms
PR: 92 ms
QRS: 78 ms
QT: 395 ms
QTcB: 380 ms

Indication: Remark

Normal

PO GUN



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz

AT 102-G2.1.2.0 (1080-Q11030)

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SCHILLER

Part No.2.157048M

€ 0123

Q30

BHAILAL AMIN GENERAL HOSPITAL
 BHAILAL AMIN MARG,
 VADODARA-3, PH-(0265) 3956222

Station
 Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: RAJNI S LATHAR,
 Patient ID: 000185
 Height: 155 cm
 Weight: 57 kg

DOB: 01.03.1964
 Age: 59yrs
 Gender: Female
 Race: Indian

Study Date: 16.05.2023
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: ARCOFEMI
 Attending Physician: DR V.C.CHAUHAN
 Technician: PRATAP RATHVA

Medications:

Medical History:

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:23	0.00	0.00	77		
EXERCISE	WARM UP	00:14	1.00	0.00	75	130/80	
	STAGE 1	03:00	1.70	10.00	116	130/80	
	STAGE 2	03:00	2.50	12.00	144	130/80	
	STAGE 3	00:18	3.40	14.00	148	140/80	
RECOVERY		03:17	0.00	0.00	94	160/80	

The patient exercised according to the BRUCE for 6:17 min:s, achieving a work level of Max. METS: 7.80. The resting heart rate of 76 bpm rose to a maximal heart rate of 150 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

Good effort tolerance. Normal HR and BP response. No ANGINA and ARRYTHMIAS noted during test. No Significant ST-T changes seen during peak exercise and recovery. Stress test NEGATIVE for inducible myocardial Ischemia.

CONFIRMED BY : DR V.C.CHAUHAN

