

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY..... Mediwheel.....

EMPLOYEE NO. 81678..... DEPTT..... DATE 10-2-24

NAME Eshita Bhardwaj AGE/SEX 34y/F DOB 01-1-89

DESIGNATION Customer Service..... MOBILE NO 9810829969.....

CHEST (INSP)..... 4.....cm. CHEST (EXP)..... 4.....cm. CHEST EXPANSION..... 4.....cm

HEIGHT..... 158..... cm. WEIGHT..... 68..... Kg. BMI.....

P/R..... 99..... per mt. BP..... 108/71..... mmHg SIGN OF EMP..... PR

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb 11.8
	BLOOD SUGAR F/PP/RANDOM	Path Lab	TLC 92/10 /DLC 56/34/04/06 F78.0/PP121.0/RBS HbA1c 6.1 %
	BLOOD GROUP	Path Lab	B+
2	URINE	Path Lab	ALB - NIL Sugar - NIL
3	STOOL	Path Lab	SNR
4	X RAY CHEST PA	Radiology	Normal chest
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	Gr I fatty liver
6	ECG	Health check up	Normal
7	ECHO	Radiology	Normal study
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	Status Normal / Hygiene Fair
13	ACUITY OF VISION/COLOUR VISION	13	Dr - 6/12 6/12 N/A N/A et. ev (N)
14	EXAMINATION BY PHYSICIAN	23	N/A
15	Thyroid profile - <u>↑ TSH</u> Lipid profile - <u>Dyslipidemia</u>		

Observations LFT / WNL
KFT

DR. NITIN KUMAR
MBBS, MD
Consultant General Medicine
Reg. No. MNC-5845
Metro Hospital & Heart Institute
SIDCUL, Haridwar-249403 (U.K.)

Subject: Health Check up Booking Confirmed Request(bobS7261),Package Code-PKG10000475, Beneficiary Code-305362

Mediwheel <wellness@mediwheel.in>

Sent: Fri, 2 Feb 2024 18:21:52 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Hi **Metro Hospital & Heart Institute**,

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

Hospital Package Name : Mediwheel Full Body Health Checkup Female Below 40
Patient Package Name : Mediwheel Full Body Health Checkup Female Below 40
Package Code : PKG10000475
Contact Details : 9818144766
Email : pankaj_ei_engg@yahoo.com
Booking Date : 01-02-2024
Appointment Date : 10-02-2024
Confirmation Status: Booking Confirmed
Preferred Time : 8:30am

Member Information		
Booked Member Name	Age	Gender
Eshita	35 year	Female

We request you to facilitate the employee on priority.

Thanks,
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**. please don't reply to this message.

Please visit to our Terms & Conditions for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)

प्रति,

सम्बन्धित,

Mediwheel (Arcotam) Healthcare Limited

द्वारा/द्वारा संख्या: 011-41155959

भूतपूर्व/ भूतपूर्व,

विषय: बैंक ऑफ़ बड़ीदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपकी भूमिका को ध्यान में रखते हैं कि हमारे कर्मचारी की पत्नी/पति जिनके विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

स्वास्थ्य जांच लाभार्थी के विवरण	
नाम	ESHITA ESHITA
जन्म की तारीख	01-01-1989
कर्मचारी की पत्नी/पति के स्वास्थ्य जांच को प्रभावित तारीख	10-02-2024
बुकिंग संदर्भ सं.	23M175874100086690S
पत्नी/पति के विवरण	
कर्मचारी का नाम	MR SRIVASTAVA PANKAJ
कर्मचारी की क.कु.संख्या	175874
कर्मचारी का पद	CREDIT
कर्मचारी के कार्य की रचना	RISHIKESH
कर्मचारी के जन्म की तारीख	16-11-1988

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ीदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 30-01-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के पत्नी/पति की स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ताक्षर

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ीदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcotam) Healthcare Limited से संपर्क करें।)

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY

NAME	ESHITA ESHITA
DATE OF BIRTH	01-01-1989
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	10-02-2024
BOOKING REFERENCE NO	23M175874100086690S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SRIVASTAVA PANKAJ
EMPLOYEE EC NO	175874
EMPLOYEE DESIGNATION	CREDIT
EMPLOYEE PLACE OF WORK	RISHIKESH
EMPLOYEE BIRTHDATE	16-11-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **30-01-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





METRO
HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mrs. Eshita	Age/Sex : 34 Y/F
Ref. By : Dr. NITIN KUMAR	UHID NO : 2024001530
IP/OP : OP/202314943	Request No : 70247990
Date : 10/02/2024	

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in shape, outline & **raised echotexture**. No focal lesion of abnormal ecogenecity is seer. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is well distended, its outlines are smooth & its wall are not thick. No calculus /mass lesion is see in its lumen. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is norma. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesic. calculus is seen in bladder. Ureterovesical junctions appear normal.

Uterus is normal in size shape, outline & echotexture. Myometrial & endometrial echoes are normal. No uterin mass is seen. Both the ovaries appear normal. There is no free fluid seen in cul de sac.

IMPRESSION : Grade I fatty liver.



DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes
- (2) This is a professional opinion based on imaging finding and not the diagnosis
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043
E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01



METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Patient Name Eshita Bhardwaj Age/Sex 34y/F Reg No MNWID/202400
Doctor Dr. Naman Aggarwal 2530

Date 10-2-24

Time 10:17

DENTAL EXAMINATION

➤ TEETH STATUS

= Normal

• MISSING -

N/A

• DECAYED -

N/A

➤ ORAL HYGIENE STATUS =

Fair

• STAINS -

++

• CALCULUS -

++

DR NAMAN AGGARWAL
B.D.S
SENIOR DENTAL CONSULTANT
Reg. No. - UK - 203
Metro Hospital & Heart Institute
Sidcul Handwar, UK, Pin No. - 249403

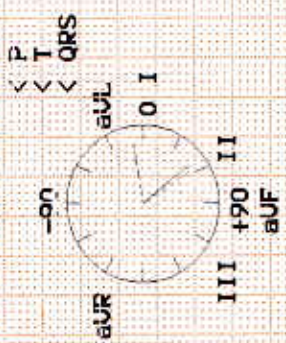
Adv. - oral prophylaxis.
- with HL if req.

Mrs Eshta
34y1f
10-2-24

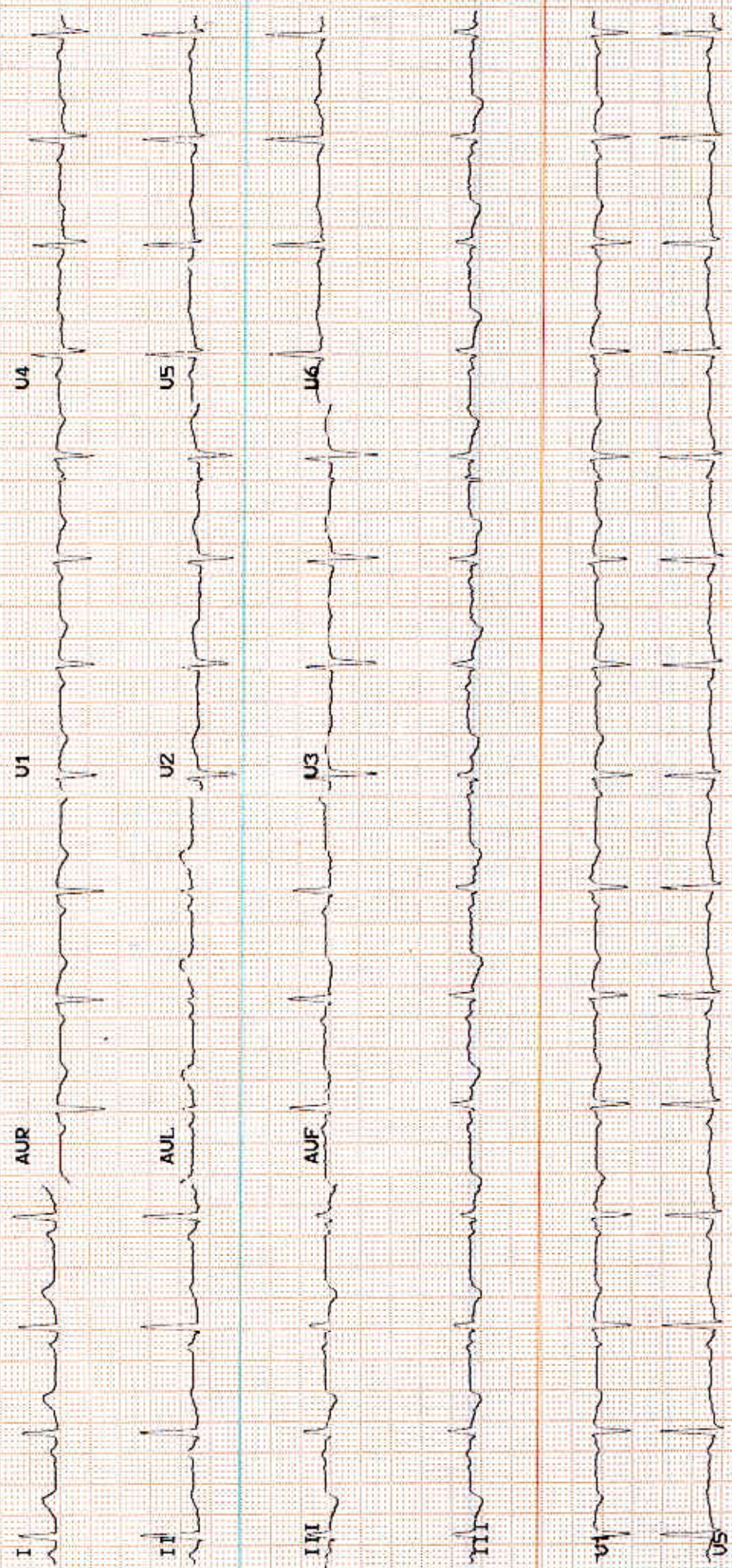
Measurement Results:

QRS : 88 ms
 QT/QTcB : 376 / 452 ms
 PR : 124 ms
 P : 100 ms
 RR/PP : 692 / 685 ms
 P/QRS/T : 55/ 50/ -10 degrees
 QTd/QTcBD: 38 / 46 ms
 Sokolow : 1.5 mV
 NK : 13

Interpretation:



Unconfirmed report..





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Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mrs. Eshika Bhardwaj Age/Sex 34/F Reg. No. _____

Doctor's Name Dr. Sushil Kumar

Date 10/2/24 Time _____

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Re

6/12 P

Lt

6/12 P

NEAR VISION-

Re

N/G + glars

Lt

Normal BE

COLOUR VISION

EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

ADVICE-

Dr. Sushil Kumar MBBS, MS (Ophthalmology)
Consultant Ophthalmologist
Metro Hospital & Heart Institute
Sidoul, Haridwar, Reg. No. 21/10/2017

Signature

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**METRO**

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Radiology Investigation Report

Name	: Mrs. Eshita	Age/Sex	: 34 Y/F
Ref. By	: Dr. NITIN KUMAR	UHID NO	: 2024001530
IP/OP	: OP/202314943	Request No	: 70247990
Date	: 10/02/2024		

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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MHHI/CL/0115/Rev. No. 01

Pathology Report



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

Age/Sex : (NABH & ISO 9001: 2008 Certified)

UHID : 2024001530

Request No. : 10390906

Sample Time : 10:37

Reporting Time : 22:00

 Name : Mrs. Eshita
 Ref. By : Dr. NITIN KUMAR
 IP/OP : OP/202314943
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref.	Inter. Test Method
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Hematology

CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

HB	11.8	gm/dl	F - 11.5-15	
TLC	9210	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	56	%	45-75	
LYMPHOCYTES	34	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<-2	
RBC	4.23	million	3.5-5.5	
PCV	39.2	%	36-52	
MCV	92.7	fL	80-100	
MCH	27.9	PG	27-32	
MCHC	30.1	gm/dl	31-37	
PLATELET COUNT	2.30	lakh/cumm	1.5-4.5	
RDW	13.8	%	11.5-15	

*** End of Reports ***

 Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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 IP/OP : OP/202314943
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

(A unit of Sunhill Hospitals Private Limited)
 Age/Sex : (NABH & ISO 9001: 2008 Certified)
 UHID : 2024001530
 Request No. : 10390906
 Sample Time : 10:37
 Reporting Time : 22:00

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
HBIAC	6.1	%	4.5-6.3	
BLOOD SUGAR -FASTING	78.0	mg/dl	70.0-110.0	
BLOOD SUGAR -PP	121.0	mg/dl	70.0-140.0	
Hematology				
BLOOD GROUP				
ABO	B		-	
Rh	POSITIVE		-	
ESR	15	mm/hr	20	
Serology & Immunology				
THYROID PROFILE				
T3	1.73	nmol/L	1.70-3.10	
T4	12.2	µg/dl	5.95-15.4	
TSH	5.39	µIU/L	0.46-4.68	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

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192.168.7.100/hismetroharidwar/modules/laboratory/print_path_lab_result.php?sid=199dfb6fa75f3013364284ebdd2c0ff&lang=en&local_user=ck_lab_... 1/1

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Pathology Report

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Age/Sex : 34 Y/M (NABH-150 #001: 2008 Certified)

UHD : 2024001530

Request No. : 10390906

Sample Time : 10:37

Reporting Time : 22:00

Name : Mrs. Eshita
 Ref. By : Dr. NITIN KUMAR
 IP/OP : OP/202314943
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
LIPID PROFILE				
TOTAL CHOLESTEROL	251.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	50.0	mg/dl	00-50.0	
LDL	158.4	mg/dl	00-150.0	
TRIGLYCERIDES	213.0	md/dl	30-150	
VLDL	42.6	mg/dl	0-50	
CHOL/HDL Ratio	5.0		<4.5	
LFT (LIVER FUNCTION TEST)				
BILIRUBIN INDIRECT	0.44	mg/dl	0.2-0.8	
SGOT	26.0	U/L	10-42	
SGPT	26.0	U/L	10-42	
BILIRUBIN TOTAL	0.94	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	112.0	IU/L	28-111	
BILIRUBIN DIRECT	0.50	mg/dl	0.1-0.4	
TOTAL PROTEIN	8.0	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	4.0	gm/dl	2.0-4.0	
AG RATIO	1.0		-	
KFT (KIDNEY FUNCTION TEST)				
UREA	18.1	mg/dl	15-45	
SODIUM	146.0	mmol/L	135-155	
CREATININE	0.68	mg/dl	0.6-1.3	
URIC ACID	5.7	mg/dl	3.0-7.6	
BUN	8.6	mg/dl	05-20	
POTTASSIUM	4.2	mmol/L	3.5-5.5	
CALCIUM	9.6	mg/dl	8.5-10.5	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

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 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

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 Age/Sex : 33 Yr (NABH & ISO 9001: 2008 Certified)
 UHD : 2024001530
 Request No. : 10390906
 Sample Time : 10:37
 Reporting Time : 22:00

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Urine Examination				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW			
TRANSPARENCY	TURBID			
S. GRAVITY	1.025			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.0			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	3-4			
EPITHELIAL CELLS	4-5			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

*** End of Reports ***

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4. All card based tests are screening test therefore need confirmation by other alternative test like(PCR,ELISA).

2D ECHOCARDIOGRAPHY

Name:	Mrs. Eshita	UHID No:	2024001530
Age/Sex:	34Y/F	Ward:	OPD
Referred by:	Dr. Nitin Kumar	Date:	10.02.2024

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.0	(0.6 – 1.1 cm)
LVPW (ED)	0.9	(0.6 – 1.1 cm)
LVID (ED)	3.7	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.2	(2.0 – 3.7 cm)
LA dimension	3.1	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 82, A – 52, E/A>1	
Aortic	Nil	Vel – 114	
Tricuspid	Trace	Vel – 244	PASP – 28
Pulmonary	Nil	Vel – 74	

FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, PASP 28 mmHg
- No pericardial effusion
- No Intracardiac clot

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(Note: This document is not for medico-legal purpose)