

# Metro Hospital & Heart Institute, Haridwar

## Health Check-up Certificate

COMPANY Mediwheel

EMPLOYEE NO. 076474 DEPTT BOB CCL/Health DATE 27-01-24

NAME Mr. Atul Kumar AGE/SEX 38y/M DOB 2-3-1985

DESIGNATION Business Associate MOBILE NO 8077784201

CHEST (INSP) 4 cm. CHEST (EXP) 4 cm. CHEST EXPANSION 4 cm

HEIGHT 162 cm. WEIGHT 66 Kg. BMI

P/R 96 per mt. BP 110/80 mmHg SIGN OF EMP None

### EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb 13.6 TLC 270 /DLC
	BLOOD SUGAR F/PP/RANDOM	Path Lab	F /PP /RBS 142 mg/21
	BLOOD GROUP	Path Lab	B ⊕
2	URINE	Path Lab	(N)
3	STOOL	Path Lab	(N)
4	X RAY CHEST PA	Radiology	(N)
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	Grayscale - 7 fatty liver
6	ECG	Health check up	(N)
7	ECHO	Radiology	(N)
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	
13	ACUITY OF VISION/COLOUR VISION	13	Normal BIE
14	EXAMINATION BY PHYSICIAN	23	fit for Job
15			

Observations -

**DR. NITIN KUMAR**

MBBS, MD

Consultant General Medicine

Reg. No. MC-5845

Metro Hospital & Heart Institute  
SIDCUL, Haridwar-249403 (U.K.)

**Subject: Health Check up Booking Confirmed Request(bobS6658),Package Code-PKG10000474, Beneficiary Code-282633**

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 25 Jan 2024 17:58:38 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

■ 011-41195959

Hi **Metro Hospital & Heart Institute,**

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**Package Code** : PKG10000474

**Contact Details** : 8077784201

**Email** : Ruchi.Tiwari@bankofbaroda.co.in

**Booking Date** : 25-01-2024

**Appointment Date** : 27-01-2024

**Confirmation Status**: Booking Confirmed

**Preferred Time** : 9:00am

Member Information		
Booked Member Name	Age	Gender
Atul Kumar	38 year	Male

We request you to facilitate the employee on priority.

Thanks,  
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our **Terms & Conditions** for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

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To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	ATUL KUMAR
DATE OF BIRTH	02-03-1985
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	10-02-2024
BOOKING REFERENCE NO.	23M76474100084280S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. TIWARI RUCHI
EMPLOYEE EC NO.	76474
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	HARIDWAR,NB DHARAMSHALA
EMPLOYEE BIRTHDATE	15-06-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **16-01-2024** till **31-03-2024**.The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार

Unique Identification Authority of India

Government of India

नामांकन क्रम / Enrollment No.: 0000/00525/22384

To

अतुल कुमार

Atul Kumar

S/O Ganesh Shankar

Quarter No 71 Type 3

Sector 5 B Bhel

Ranipur Range

Bhel

Haridwar

Uttarakhand 249403

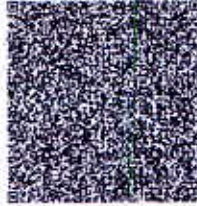
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22/01/2012

143227114



ME432271147FH



आपका आधार क्रमांक / Your Aadhaar No. :

9021 5469 0459

मेरा आधार, मेरी पहचान



भारत सरकार

Government of India

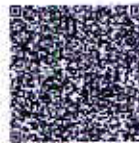


अतुल कुमार

Atul Kumar

जन्म तिथि / DOB : 02/03/1985

पुरुष / Male



9021 5469 0459

मेरा आधार, मेरी पहचान



Government of India



AADHAAR

सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- पहचान का प्रमाण ऑनलाइन प्रमाणीकरण द्वारा प्राप्त करें।

INFORMATION

- Aadhaar is proof of identity, not of citizenship .
- To establish identity, authenticate online .

- आधार देश भर में मान्य है।
- आधार भविष्य में सरकारी और गैर-सरकारी सेवाओं का लाभ उठाने में उपयोगी होगा।
- Aadhaar is valid throughout the country .
- Aadhaar will be helpful in availing Government and Non-Government services in future .



भारतीय विशिष्ट पहचान प्राधिकरण

Unique Identification Authority of India

पता: गणेश शंकर, क्वार्टर नं 71, टाईप 3, सेक्टर 5 बी, भेल, रानीपुर रेंज, भेल, हरिद्वार, उत्तराखण्ड, 249403



Address: S/O Ganesh Shankar, Quarter No 71, Type 3, Sector 5 B, Bhel, Ranipur Range, Bhel, Haridwar, Uttarakhand, 249403

9021 5469 0459



1947



help@uidai.gov.in



www.uidai.gov.in





**METRO**  
HOSPITAL & HEART INSTITUTE  
(A unit of Sunhill Hospitals Private Limited)  
(NABH & ISO 9001: 2008 Certified)



**Metro Hospital  
& Heart Institute**

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mr. Akul Kumar Age/Sex 38/m Reg. No. \_\_\_\_\_

Doctor's Name Dr. Sushil Kumar

Date 27/01/2024 Time \_\_\_\_\_

**OPHTHALMIC EXAMINATION**

**VISION**

**DISTANCE VISION-**

Rt

6/9

Lt

6/6

**NEAR VISION-**

Rt

N6

Lt

N6

**COLOUR VISION**

normal BLE

**EYE EXAMINATION**

Cornea

Ant Chamber

Pupil

Fundus Examination

**ADVICE-**

Dr. Sushil Kumar (Ophthalmologist)  
Consultant Ophthalmologist  
Metro Hospital & Heart Institute  
Sidcul, Haridwar Reg. No. - 2672 (UK)

Signature

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

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Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

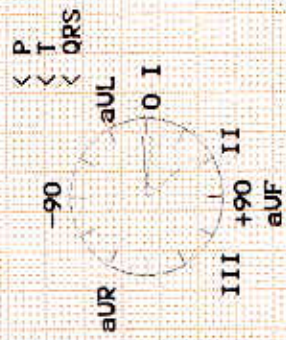


Mr. Atul Kumar  
389/M

NK 73 bpm

Measurement Results:

QRS : 96 ms  
 QT/QTcB : 354 / 391 ms  
 PR : 136 ms  
 P : 112 ms  
 RR/PP : 818 / 810 ms  
 P/QRS/T : 5 / -5 / 50 degrees  
 QTd/QTcBd : 60 / 66 ms  
 Sokolow : 0.6 mV  
 NK : 10

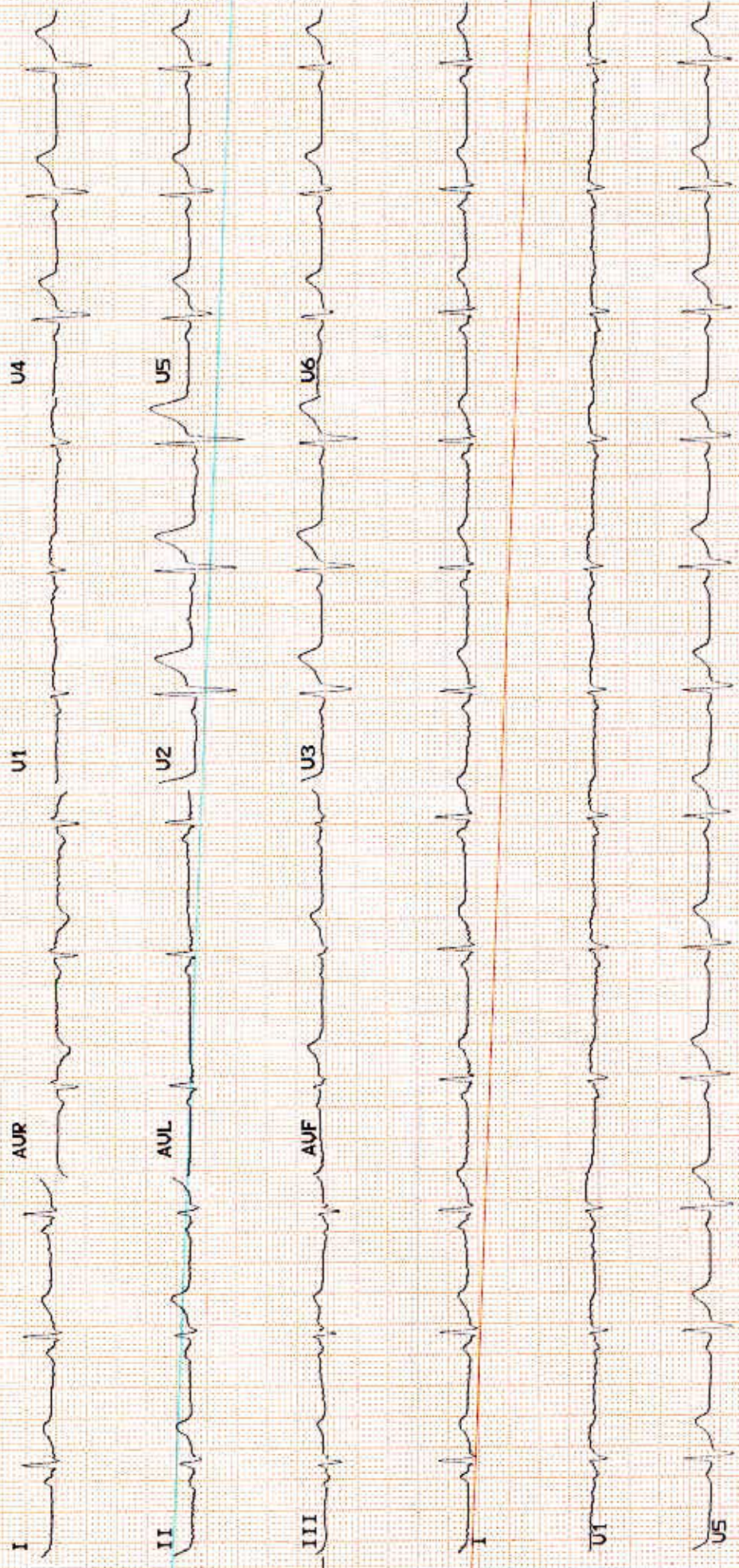


Interpretation:

minor left axis deviation  
probably normal ECG



Unconfirmed report.







# METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

## Radiology Investigation Report

<b>Name</b>	: Mr. Atul Kumar	<b>Age/Sex</b>	: 38 Y/M
<b>Ref. By</b>	: Dr. NITIN KUMAR	<b>UHID NO</b>	: 2024000874
<b>IP/OP</b>	: OP/202314560	<b>Request No</b>	: 70247074
<b>Date</b>	: 27/01/2024		

### USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenicity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common

bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

**IMPRESSION : Grade I fatty liver.**



**DR. PRAKASH CHANDRA PANDEY**  
**M.B.B.S, D.M.R.D**  
**CONSULTANT RADIOLOGIST**

**Note:**

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

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Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01









## Pathology Report

Name : Mr. Atul Kumar  
 Ref. By : Dr. NITIN KUMAR  
 IP/OP : OP/202314560  
 Sample Date : 27/01/2024  
 Reporting Date: 27/01/2024

Age/Sex : 38 Y/M  
 UHID : 2024000874  
 Request No. : 10389130  
 Sample Time : 10:51  
 Reporting Time : 20:46

Test	Result	Unit	Bio. Ref.	Inter. Test Method
<b>Hematology</b>				
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	13.6	gm/dl	M - 13-18	
TLC	8270	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	65	%	45-75	
LYMPHOCYTES	25	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<-2	
RBC	4.41	million	3.5-5.5	
PCV	43.7	%	36-52	
MCV	99.1	fL	80-100	
MCH	30.8	PG	27-32	
PLATELET COUNT	31.1	gm/dl	31-37	
RDW	1.85	lakh/cumm	1.5-4.5	
BLOOD GROUP	12.9	%	11.5-15	
ABO	B		-	
Rh	POSITIVE		-	
ESR	18.0	mm/hr	20	
<b>Serology &amp; Immunology</b>				
THYROID PROFILE				
T3	2.82	nmol/L	1.70-3.10	
T4	8.76	µg/dl	5.95-15.4	
TSH	1.42	µIU/L	0.46-4.68	

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)



Checked By

**Note:**

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like(PCR,ELISA).





## Pathology Report

Name : Mr. Atul Kumar  
 Ref. By : Dr. NITIN KUMAR  
 IP/OP : OP/202314560  
 Sample Date : 27/01/2024  
 Reporting Date: 27/01/2024

Age/Sex : 38 Y/M  
 UHID : 2024000874  
 Request No. : 10389130  
 Sample Time : 10:51  
 Reporting Time : 20:48

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Biochemistry</b>				
HBIAC	6.0	%	4.5-6.3	
BLOOD SUGAR -FASTING	96.0	mg/dl	70.0-110.0	
BLOOD SUGAR -PP	121.0	mg/dl	70.0-140.0	
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL	229.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	50.0	mg/dl	00-50.0	
LDL	<b>153.0</b>	mg/dl	00-150.0	
TRIGLYCERIDES	128.0	md/dl	30-150	
VLDL	26.0	mg/dl	0-50	
CHOL/HDL Ratio	4.5		<4.5	
<b>LFT (LIVER FUNCTION TEST)</b>				
BILIRUBIN INDIRECT	0.28	mg/dl	0.2-0.8	
SGOT	37.0	U/L	10-42	
SGPT	<b>60.0</b>	U/L	10-42	
BILIRUBIN TOTAL	0.78	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	97.0	IU/L	28-111	
BILIRUBIN DIRECT	<b>0.50</b>	mg/dl	0.1-0.4	
TOTAL PROTEIN	8.1	gm/dl	6.4-8.2	
ALBUMIN	4.1	g/dl	3.5-5.0	
GLOBULIN	4.0	gm/dl	2.0-4.0	
AG RATIO	1.0			
<b>KFT (KIDNEY FUNCTION TEST)</b>				
UREA	18.0	mg/dl	15-45	
SODIUM	138.0	mmol/L	135-155	
CREATININE	0.94	mg/dl	0.6-1.3	
URIC ACID	7.1	mg/dl	3.0-7.6	
BUN	8.5	mg/dl	05-20	
POTASSIUM	4.4	mmol/L	3.5-5.5	
CALCIUM	10.0	mg/dl	8.5-10.5	

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)



Checked By

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 Reporting Date: 27/01/2024

Age/Sex : 38 Y/M  
 UHID : 2024000874  
 Request No. : 10389130  
 Sample Time : 10:51  
 Reporting Time : 20:46

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Urine Examination</b>				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	STRAW	-		
TRANSPARENCY	CLEAR	-		
S. GRAVITY	1.020	-		
CHEMICAL EXAMINATION				
ALBUMIN	NIL	-		
SUGAR	NIL	-		
pH	6.0	-		
BLOOD	NIL	-		
KETONE	NIL	-		
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3	-		
EPITHELIAL CELLS	1-2	-		
RBC	NIL	-		
CRYSTALS	NIL	-		
CAST	NIL	-		
BACTERIA	NIL	-		
AMORPHOUS PHOSPHATE	NIL	-		
AMORPHOUS URATES	NIL	-		
<b>Stool Examination</b>				
STOOL ROUTINE EXAMINATION				
MACROSCOPIC EXAMINATION				
COLOUR	BROWNISH	-NA		
CONSISTENCY	SEMI SOLID	-NA		
BLOOD	NIL	-NIL		
MUCUS	NIL	-NIL		
MICROSCOPIC EXAMINATION				
PUS CELLS	0-1	-NIL		
RBC	NIL	-NIL		
VEGETABLE CELLS	NIL	-NIL		
OVA	NIL	-NIL		
CYSTS	NIL	-NIL		
OTHERS	NIL	-NIL		

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)



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## 2D ECHOCARDIOGRAPHY

Name:	Mr. Atul Kumar	UHID No:	2024000374
Age/Sex:	38Y/M	Ward:	OPD
Referred by:	Dr. Nitin Kumar	Date:	27.01.2024

ACOUSTIC WINDOW: Normal

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	0.9	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	3.7	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.7	(2.0 – 3.7 cm)
LA dimension	2.9	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Mild	E – 81, A – 87, E/A<1	
Aortic	Nil	Vel – 132	
Tricuspid	Trace	Vel – 324	PASP – 26
Pulmonary	Trace	Vel – 97	

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# METRO

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## FINAL IMPRESSION

- Normal Acoustic Window
- Normal chambers dimensions
- No RWMA
- LVEF~55%
- Grade I LVDD
- Mild MR, Trace PR, Trace TR, PASP 26 mmHg
- No pericardial effusion
- No Intracardiac clot



*Ajit Kumar*

### Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)  
Consultant Interventional Cardiology  
UKMC Reg. No: 12883

### Dr. Ajit Kumar

MBBS, PGDCC  
Associate Consultant, Cardiology  
UKMC Reg. No: 7569

*(Note: This document is not for medico-legal purpose)*

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