



Mr. ARJUN BALU (34 /M)

UHID : AHIL.0000608537

AHC No : AHILAH204608

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE



Namaste Mr. ARJUN BALU,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhal, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NABH-IC)
1, Tulsihaug Society, Nr. Parimal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

For online appointment : www.askapollo.com

Keep the records carefully and bring them along during your next visit to our Hospital

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110TN1987PLC0039016 | GSTin : 24AABCA4150H225
For online appointment : www.askapollo.com



Saving time. Saving lives.

We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



Scan the QR code to download the Apollo 24/7 App

Organization is Accredited
by Joint Commission International



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! 😊
Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhal, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NASH-ICD)
1, TulsiBaag Society, Nr. Panimal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110TN1997PLC0039016 | GSTIN : 24AARCA4150H2Z5
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name : Mr. ARJUN BALU (34 /M)

Date : 08/04/2023



Address : A/404 HARIGOLD APPARTMENT KUDASAN, GANDHI NAGAR, GANDHI NAGAR,
GUJARAT, INDIA

Organization is Accredited
by Joint Commission International

Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000608537

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH204608



Chief Complaints

For Annual health checkup
Rectal bleeding



Systemic Review

Cardiovascular system : - Nil Significant
Respiratory system : - Nil Significant
Oral and dental : - Nil Significant
Gastrointestinal system : - Nil Significant
Genitourinary system : - Nil Significant
Gynaec history : - Nil Significant
Central nervous system : - Nil Significant
Eyes : - Nil Significant
ENT : - Nil Significant
Musculoskeletal system :
Spine and joints
- Nil Significant
Skin : - Nil Significant
General symptoms : - Nil Significant
Happiness score
Sleeping well - Good; Stress at home - Mild; Stress at work - Mild
Mental Health Screening :
PHQ 9 Score - 2
PHQ 9 Depression Level - None-Minimal



Present medications : On immunosuppressive - No



Past medical history



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

AHC No : AHILAH204608



MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Organization Accredited by Joint Commission International

- Do you have any allergies? - Yes
- Do you have any drug allergies? - No
- Others - Prawns or sea shell foods
- Covid 19 - Yes
- Post detection (3 Weeks) - Yes
- Oxygen support - No



Surgical history

- Surgical history - Nil



Personal history

- Marital status - Married
- No. of children - 1
- Male - 1
- Profession - corporate employed
- Diet - Mixed Diet
- Consumption of Smoked or Preserved Meat regularly - No
- Alcohol - does not consume alcohol
- Smoking - No
- E-cigarettes, vapes, hookah or water-pipe? - No
- Chews tobacco - No
- Uses snuff - No
- Physical activity - Sedentary



Family history

- Father - alive
- Aged - 62
- Mother - alive
- Aged - 57
- Brothers - 1
- Coronary artery disease - none
- Cancer - None

For Enquiry/Appointments Contact: +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382429, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NISH-JCI)
1, TulsiBaag Society, Nr. Parimal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110TN1997PLC039016 | GSTin : 24AAABCA4150H2Z5
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

AHC No : AHILAH204608



MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Organization Accredited by Joint Commission International

- father

Physical Examination



General

General appearance - normal
 Build - normal
 Height - 172
 Weight - 66.6
 BMI - 22.51
 Pallor - No
 Oedema - no



Cardiovascular system

Heart rate (Per minute) - 70
 Rhythm - Regular
 - B.P. Supine
 Systolic(mm of Hg) - 120
 Diastolic(mm of Hg) - 70
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
 Tenderness - No

Printed By : MUKTA S ADALTI



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

AHC No : AHILAH204608



Organization is Accredited by Joint Commission International

URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	20	mL		
Specific Gravity	1.010			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	5			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Negative			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	13.5	gm%	●	13.0-17.0
Packed cell volume(Calculated)	40	%	●	40-50
RBC COUNT (Impedance)	4.67	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	85.7	fl	●	80-100
MCH(Calculated)	28.85	pg	●	27-32
MCHC(Calculated)	33.7	%	●	31-36
RDW(Calculated)	13.8	%	●	11.5-14.5
WBC Count (Impedance)	4780	/cu mm	●	4000-11000

● Within Normal Range ● Borderline High/Low ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
 Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382429, India.
 Phone : +91 79 66701800 | Fax No. : +91 79 66701843
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NASH-ICG)
 1, Tulsibaug Society, Nr. Parimal Garden, Ahmedabad.
 Phone : +91 79 66305800 / 01 or +91 76988 15148
 E-mail : infoahcc@apolloahd.com

Regd. Office
 19, Bishop Gardens, R.A. Puram, Chennai - 600 028
 CIN No. : U85110TN1997PLC039016 | GSTin : 24AARCA4150H225
 For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH204608



Organization is Accredited by Joint Commission International

Neutrophils	45	%	●	40-75
Lymphocytes	42 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	223500	/cu mm	●	150000-450000
MPV (Calculated)	7.8	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	5	mm/1st hr	●	0-15

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	A Positive			

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	15	U/L	●	0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	90	U/L	●	Adult(Male): 40 - 129
AST (SGOT) - SERUM	16	U/L	●	> 1 year Male : <40
Total Bilirubin	1.179	mg/dL	●	0.300-1.200
Direct Bilirubin	0.309 *	mg/dL	●	Upto 0.3 mg/dl

● Within Normal Range ● Borderline High/Low ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NASH-JCI)
1, Tulsibaug Society, Nr. Parnal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110TN1997PLCO39016 | GSTIN : 24AAABC6150H225
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital

The Emergency Specialist
Saving time. Saving lives.



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH204608



Organization is Accredited by Joint Commission International

Indirect Bilirubin

0.87 *

mg/dL



1 Day ≤5.1 mg/dL
2 Days ≤7.2 mg/dL
3-5 Days ≤10.3 mg/dL
6-7 Days ≤8.4 mg/dL
8-9 Days ≤6.5 mg/dL
10-11 Days ≤4.6 mg/dL
12-13 Days ≤2.7 mg/dL
14 Days - 9 Years 0.2-0.8 mg/dL
10-19 Years 0.2-1.1 mg/dL
≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.79	mg/dL	●	Adult Male: 0.6 - 1.3

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	Male : 10 - 71 Female : 6 - 42

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	92	mg/dL	●	70 - 100 : Normal ,100 - 125 : Impaired Glucose Tolerance ≥= 126 : Diabetes Mellitus

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	73	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON-SMOKING)
1, Tulsibaug Society, Nr. Panjal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 028
CIN No. : U85110IN1997PLC039016 | GSTin : 24AARCA4150H2Z5
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

AHC No : AHILAH204608

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Organization is Accredited by Joint Commission International

Fasting Hemoglobin (HbA1c)

5.2

%



Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus
<7.0 : Well Controlled Diabetes
7.1 – 8.0 : Unsatisfactory Control
> 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

102.54

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.04	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.04	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.46	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.46	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.58		●	2.20-4.20
Globulin-Serum/Plasma	2.58		●	2.20-4.20
A/G ratio	1.73		●	1.00-2.00
A/G ratio	1.73		●	1.00-2.00

THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.2	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	73	nmol/L	●	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	1.36	µIU/mL	●	14-120 years : 0.27 - 4.20



Within Normal Range



Borderline High/Low



Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIOC, Gandhinagar, Gujarat - 382429, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NASH-JCI)
1, TulsiBaag Society, Nr. Parimal Garden, Ahmedabad.
Phone : +91 79 66309600 / 01 or +91 79668 15148
E-mail : info@ahc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110TN1997PLC039016 | GSTIN : 24AACAC4150H225
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

MEDI WHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH204608



Organization is Accredited by Joint Commission International

URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14	mg/dL	●	6-20
UREA - SERUM / PLASMA	30	mg/dL	●	15 - 50

LIPID PROFILE - SERUM

Test Name	Result	Unit	Level	Range
Total Cholesterol	194	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	68	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	60	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	144 *	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	14		●	< 40 mg/dl
C/H RATIO	3		●	0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

● Within Normal Range ● Borderline High/Low ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
 Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382429, India.
 Phone : +91 79 66701800 | Fax No. : +91 79 66701243
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NABH-JCI)
 1, Tulsibaug Society, Nr. Parimal Garden, Ahmedabad.
 Phone : +91 79 66305800 / 01 or +91 76988 15140
 E-mail : info@apolloahd.com

Regd. Office
 19, Bishop Gardens, R.A. Puram, Chennai - 600 028
 CIN No. : U85110TN1997PLC039016 | GSTIN : 24AABCA4150H225
 For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

MEDIAN WHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH204608



Organization is Accredited by Joint Commission International

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382429, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON MEDICAL)
1, Tulshibaug Society, Nr. Parimal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 028
CIN No. : UR5110TN199/PL0039016 | GSTin : 24AA8CA4150H225
For online appointment : www.askapollo.com

For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Saving time. Saving lives.



Name: Mr. ARJUN BALU

UHID : AHIL.0000608537

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHILAH204608



Organization is Accredited
by Joint Commission International

Executive Summary



- .BODY WEIGHT 66.6 KG,DEAL BODY WEIGHT 56-67 KG
- .ECG - NORMAL SINUS RHYTHM
- .ECHO - NORMAL
- .USG ABDOMEN - GALL BLADDER POLYPS
- .CHEST X-RAY - NORMAL
- .EYE - NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



- BALANCED DIET---
- LOW FAT DIET
- LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



- REGULAR WALK FOR 30 MINS FOR HEALTH,
- 60 MINS WALK FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 56-67 KG

Printed By : MUKTA S ADALTI

Signature
Dr. SHASHIKANT NIGAM
 AHC Physician / Consultant Internal Medicine
 Apollo Hospitals International Limited
 Gujarat Branch - 382 428, Ahmedabad
 Gujarat Branch - 382 428, Ahmedabad

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
 Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
 Phone : +91 79 66701800 | Fax No. : +91 79 66701843
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NASHIK)
 1, TulsiBaag Society, Nr. Parimal Garden, Ahmedabad.
 Phone : +91 79 66305800 / 01 or +91 76988 15148
 E-mail : info@ahcc@apolloahd.com

Regd. Office
 19, Bishop Gardens, R.A. Puram, Chennai - 600 028
 CIN No. : U85110TN1997PLC039016 | GSTin : 24AABC44150H225
 For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Organization is Accredited
by Joint Commission International



RADIOLOGY

Patient Details : Mr. ARJUN BALU | Male | 34Yr 3Mth 7Days
UHID : AHIL.0000608537 **Patient Location:** AHC
Patient Identifier: AHILAH204608 
DRN : 123046699 **Completed on :** 08-APR-2023 10:10
Ref Doctor : DR. SHASHIKANT NIGAM

X-RAY CHEST PA

FINDINGS :

Lung fields are clear.
 Cardio thoracic ratio is normal.
 Both costophrenic angles are clear.
 Domes of diaphragm are well delineated.
 Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

--- END OF THE REPORT ---



RAJVEERSINH P CHAVDA

Medical Officer

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
 Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
 Phone : +91 79 66701800 | Fax No. : +91 79 66701843
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NADH-IC)
 1, Tolsisamaj Society, Nr. Parimal Garden, Ahmedabad.
 Phone : +91 79 66505800 / 01 or +91 78968 15148
 E-mail : infoahcc@apolloahd.com

Regd. Office
 19, Bishop Gardens, R.A. Puram, Chennai - 600 026
 CIN No. : U85110TN1997PLC039016 | GSTIN : 24AABCA44150H225
 For online appointment : www.askapollo.com




For online appointment : www.askapollo.com
 Keep the records carefully and bring them along during your next visit to our Hospital

Saving time. Saving lives.



Organization is Accredited
by Joint Commission International

CARDIOLOGY

Patient Details : Mr. ARJUN BALU | Male | 34Yr 3Mth 7Days
UHID : AHIL.0000608537 **Patient Location:** AHC
Patient Identifier: AHILAH204608 
DRN : 5623034129 **Completed on :** 08-APR-2023 12:48
Ref Doctor : DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS :

Normal cardiac chamber dimensions.
 Normal LV systolic function, LVEF: 60%
 No Regional wall motion abnormalities at rest.
 Normal LV compliance.
 All cardiac valves are structurally normal.
 IAS/ IVS intact.
 Trivial MR, No AR, No PR, No TR.
 No PAH.
 No clots/ vegetation/ effusion.

MEASUREMENTS (mm) ::

	LVID diastole
Measurements (mm)	.

Printed on : 10-Apr-2023 15:44

Printed By : 1075754

Reported By : 1010611

Page 1 of 2

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880



Organization is Accredited
by Joint Commission International

Mr. ARJUN BALU

AHIL.0000608537

AHILAH204608

ECHO/TMT

IMPRESSION

--- END OF THE REPORT ---

DR SUBIR GHOSH MD.DM

Interventional Cardiologist

Printed on : 10-Apr-2023 15:44

Printed By : 1075754

Reported By : 1010611

Page 2 of 2

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382429, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (MON-SAT-SUN)
1, TulsiBaag Society, Nr. Panimal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 028
CIN No. : U65110IN1987PL0039016 | GSTin : 24AAABCA4150H275
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital


Saving time. Saving lives.



Organization is Accredited
by Joint Commission International



DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Mr. ARJUN BALU | Male | 34Yr 3Mth 7Days
UHID : AHIL.0000608537 **Patient Location:** AHC
Patient Identifier: AHILAH204608 
DRN : 223019733 **Completed on :** 08-APR-2023 11:04
Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Two approximately 5-6 mm sized polyps seen in gall bladder.

Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 9.1 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size and echopattern.

IMPRESSION :

GALL BLADDER POLYPS AS DESCRIBED.
REST NORMAL STUDY.

Printed on : 10-Apr-2023 9:43

Printed By : 153182

Reported By : 717876

Page 1 of 2

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apollobhd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NABH-ICD)
1, Tulsiang Society, Nr. Panimal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apollobhd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110IN1987PLC039016 | GSTin : 24AABCA4150H225
For online appointment : www.askapollo.com

The Emergency Specialist



Saving time. Saving lives.

For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Organization is Accredited
by Joint Commission International



Mr. ARJUN BALU

AHIL.0000608537

AHILAH204608

USG WHOLE ABDOMEN

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

Printed on : 10-Apr-2023 9:43

Printed By : 153182

Reported By : 717876

Page 2 of 2

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701800 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NABH-JCI)
1, Tulshibang Society, Nr. Pajamal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : info@ccc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 028
CIN No. : U85110TN1997PLC039016 | GSTIN : 24AAABCA4150H225
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital

Saving time. Saving lives.



DENTISTRY

Name : Date : 08/04/23 Unit No. :
 Occupation : Ref. Physician :
 Age : Sex : Male Female Copies to :

DENTAL RECORD

ALLERGIES : ~~NA~~ Dust

PAIN : Score (0-10) 0 Location : Character :

DENTAL CLEANING HABIT Once Twice Occasionally
 Brush Finger Stick Any other
 Tooth Paste Powder Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? Yes No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD? Yes No

ORAL HYGIENE Good Fair Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE	MILD MOD SEV	CLASS I II III CROSSBITE
Lips : Cheeks : Tongue : Floor of the mouth : Palate : Tonsillar Area : Any other :	Gingivitis <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Calculus <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Recession <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Periodontal Pockets <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Attrition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Erosion <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mobility <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hypoplasia Impaction Non-vital Fracture Abscess Ulcers Caries Missing Teeth Supernumerary Others

PRESENT COMPLAINT : Root to clamp

PRE-MEDICAL HISTORY: DM HTN Thyroid Acidity Pregnancy
 Anticoagulant Under Drug Therapy

NA



OPHTHA

AHIL.0000608537

Mr. ARJUN
BALU

ION RECORDS

Name :

34 Year(s) / Male

Date :

8/12/23

UHID :



Distance Vision :

Right Eye - 6/6

Left Eye - 6/6

Near Vision :

Right Eye : NG

Left Eye : NG

APLN.TN - Right Eye

11

Left Eye -

12

mmHg

Normal

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

Normal

Both Eye Posterior Segment Examinations -

Normal

Pt is fit and can do his duties

Dr. Zahedabonu Shaikh
MBBS, DNB - Ophthalmology
Junior Consultant - Ophthalmology
Apollo Hospitals International Limited,
Bhat, GIDC, Gandhinagar,
Regd. No. : G-3515

Doctor's Signature

Rate 61

AHIL.0000608537

PR 140
QRSD 101
QT 411
QTc 414

Mr. ARJUN
BALU

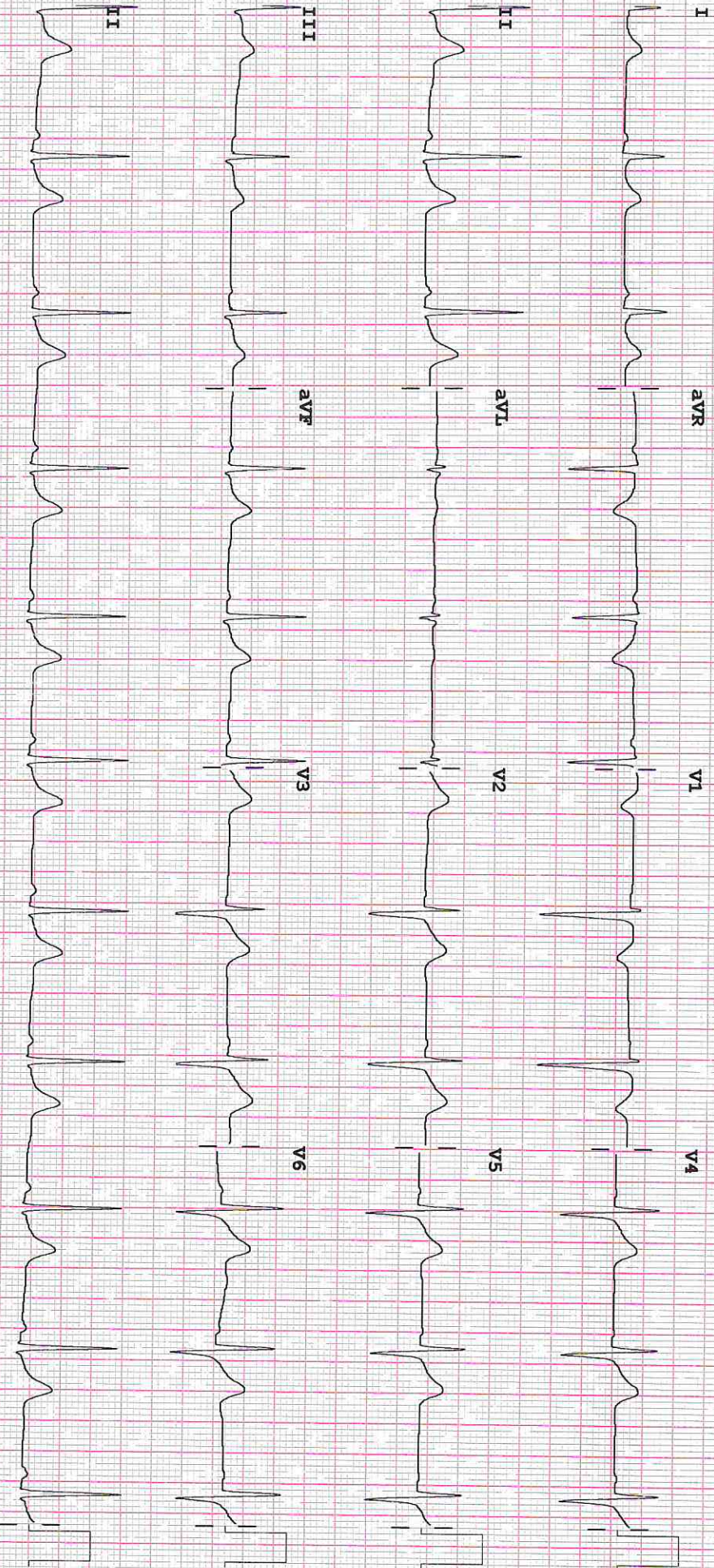
34 Year(s) / Male

--AXIS--

P 36
QRS 57
T 59



12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50 ~ 0.15-100 Hz

PH10

CL

P?