

Name : Mrs. SURABHI DEY (31 /F)

Date : 04/04/2023

Address : SALT LAKE CITY, OTHER, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .RATNA GUPTA

UHID : AMHL.0001943871

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH171514



CHIEF COMPLAINTS

For routine health checkup, For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:04/04/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Bowel habits - regular; Rectal bleeding - no; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 15/3/23/ OCC
DYSMENORRHOEA/; Periods - regular; Associated with - dysmenorrhoea; No of Children - 0

Central nervous system

Concentration - good; Sleep - adequate

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

ENT

- Normal hearing

Skin

- acne vulgaris

Weight

- stable



Present medications

- Nil



Past medical history

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - Yes

- 2022

Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 0

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



Family history

Father - has expired

Aged - 64 YEARS

Cause - coronary artery disease

Mother - alive

Aged - 56 YEARS

Brothers - 1

Diabetes - mother

Hypertension - father

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Coronary artery disease - father
Cancer - None
Thyroid/other endocrine disorder - mother

Ophthalmology findings

- PGVA:RE:6/6 LE:6/6
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE: *To continue present glass Rx*Review after 1yr/SOS

PHYSICAL EXAMINATION



General

Build - over weight
Height - 157
Weight - 62
BMI - 25.15
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 82
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 114
Diastolic(mm of Hg) - 74
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Protuberant
Organomegaly - No
Tenderness - No
Bowel sounds - Normal



Central nervous system

- No neurological deficit



Eyes

Eye vision - Impaired
Eye vision - MYOPIC

Ophthalmology consultation

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Hemoglobin, RBC COUNT, Hematocrit - Hct, MCV, MCH, MCHC, RDW, WBC Count, Platelet Count, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, RBC: Anisocytosis+, Microcytic Hypochromic., Platelets: Adequate., ERYTHROCYTE SEDIMENTATION RATE (ESR).

URINE ROUTINE AND MICROSCOPY

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Volume: 30 mL, Colour: Pale Straw, Appearance: Clear, Specific Gravity: 1.005, pH: 6.5, Albumin: Not Detected, Glucose: Not Detected, Ketone: Not Detected, Bile Pigments: Not Detected, RBC: Nil /hpf, Pus Cells: Occasional/hpf.

Table with 2 columns: Test Name, Result. Rows include Epithelial Cells: 2-4 /h.p.f /hpf, Casts: Not Found, Crystals: Not Found, Note: Biological reference interval RBC- 0-2/hpf, Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(POST PRANDIAL) Nil.

URINE SUGAR- FASTING(QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(FASTING) Nil.

BLOOD GROUPING AND TYPING (ABO AND RH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ABO Group: B, Rh (D) Type: POSITIVE.

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ALT(SGPT) - SERUM 19 U/L, ALBUMIN - SERUM 4.3 g/dL, ALKALINE PHOSPHATASE - SERUM 71 U/L, AST (SGOT) - SERUM 22 U/L, BILIRUBIN TOTAL - SERUM 1.1 * mg/dL.

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CHOLESTEROL - SERUM 121 mg/dL.

CREATININE - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range.

Legend: Green circle = Within Normal Range, Yellow circle = Borderline High/Low, Red circle = Out of Range

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CREATININE - SERUM 0.6 mg/dL ● 0.6-1.1

GLOBULIN: (CALCULATED) - SERUM 3.0 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	7	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.0	ng/ml	●	0.8-2

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	92	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM 8.9 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	69	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	95	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.9	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.7	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	38	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	73	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	10	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.3	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

● Within Normal Range ● Borderline High/Low ● Out of Range

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STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Bulky uterus.

* Both ovaries are adjacent to uterus with adhesion - needs evaluation.

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR /CERVICAL SMEAR

 Within Normal Range  Borderline High/Low  Out of Range

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Printed By :

Dr.RATNA GUPTA
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.