

Name : Mrs. RESHMI GHOSH (36 /F)

Date : 11/03/2022

Address : 19, R.K. ROYCHOWDHURY LANE, HOWRAH, HOWRAH, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001927636

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143684



CHIEF COMPLAINTS

For corporate health checkup

C/O Shortness of breath on exertion.

C/O Occasional dull pain mid and left chest.

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

CHEST PAIN – Present occasional,

BREATHLESSNESS – Yes.

Respiratory system

SNEEZING - Yes, RUNNING NOSE - Yes,

Dust allergy.

Gastrointestinal system

APPETITE - Normal, FLATULENCE AND

DYSPEPSIA - Yes, BOWEL HABITS – Regular.

Genitourinary system

FREQUENCY – Normal.

Gynaec history

P1+0 (C/S), LMP - 03.03.22, Cycle - Regular.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP

– Normal.

Eyes

VISION - Corrected with glasses.

ENT

HEARING – Normal.

Skin

Nil significant.

Weight

Steady.



Past medical history

Covid 19 - Yes

Asthma - Childhood.



Surgical history

Lower segment - Yes.

caesarean section



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 1

Diabetes - mother

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Coronary artery disease - father

Cancer - None

PHYSICAL EXAMINATION



General

Build - obese

Height (in cms) - 158

Weight (in Kgs) - 83

BMI - 33.25

Pallor - no

Oedema - no



Cardiovascular system

Heart rate(Per minute) - 74

Rhythm - Normal

Systolic(mm of Hg) - 130

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal

Organomegaly - No

Tenderness - No

Bowel sounds - Present.



Central nervous system

No neurological deficit



Skin

No significant finding



Musculo Skeletal System

Extremities - No significant finding

Spine - No significant finding

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 12.2 | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.26 | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 36.4 | % | ● | 36-46 |
| MCV | 85.5 | fl | ● | 83-101 |
| MCH | 28.7 | pg | ● | 27-32 |
| MCHC | 33.5 | % | ● | 31.5-34.5 |
| RDW | 14.0 | % | ● | 11.8-14.0 |
| WBC Count | 5500 | /cu mm | ● | 4000-10000 |
| Platelet Count | 2.52 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 56 | % | ● | 40-80 |
| Lymphocytes | 34 | % | ● | 20-40 |
| Monocytes | 05 | % | ● | 2-10 |
| Eosinophils | 05 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 56 * | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 40 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.5 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |

| | |
|------------------|--|
| Epithelial Cells | Occasional/hpf |
| Casts: | Not Found |
| Crystals: | Not Found |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | O | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 22 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.2 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 88 | U/L | ● | 42-98 |
| AST (SGOT) - SERUM | 18 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 0.6 | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 210 * | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.8 | mg/dL | ● | 0.6-1.1 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSEPTIDASE - SERUM | 38 | U/L | ● | 7-64 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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GLUCOSE - PLASMA (FASTING) 95 mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 1.3 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.9 * | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.3 * | mg/dL | ● | 2.6-6.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1 | mg/dL | ● | 0.0-0.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 39 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 147 * | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 24 | mg/dL | ● | 0-35 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 6.9 * | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.5:1.0 | | | 1.0-2.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.0 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 2.9 | g/dL | ● | 1.8-3.6 |

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2201111
 SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
 SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
 INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 8.0 | µg/dL | ● | 5.1-14.1 |

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 209 * | mg/dL | ● | 0-150 |

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.
 * Bulky uterus.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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