

**Patient Name :** MR. PRAVEEN RANJAN

**Age / Gender :** 37 years / Male

**Patient ID :** 18600

**Referral :** MEDI WHEEL

**Collection Time :** 28/10/2023, 11:13 AM

**Reporting Time :** 28/10/2023, 04:17 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
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**Urine(R/M) Routine Examination of Urine**

**General Examination**

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

**Chemical Examination**

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

**Microscopic Examination**

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

Wishing Good Health

Page 1 of 1

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Test Description	Value(s)	Reference Range	Unit
<b>LFT, Liver Function Test</b>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.64	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.15	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.49	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	13.6	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	28.2	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	6.58	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	112.3	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.99	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.58	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.41	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.05	1.2 - 2.2	

\*\*END OF REPORT\*\*

Lab technician

  
**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST



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Professional Accuracy Precision

Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

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21421

Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	14.3	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.84	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.3	42 - 52	%
Mean Cell Volume (MCV)	87.40	78 - 100	fL
Mean Cell Haemoglobin (MCH)	29.55	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	33.81	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.6	11.5 - 14.0	%
Total Leucocytes (WBC) Count	9500	4000-10000	cell/cu.mm
Neutrophils	65	40 - 80	%
Lymphocytes	30	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 6	%
Basophils	00	1-2	%
Platelet Count	284	150 - 450	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	10.2	7.2 - 11.7	fL
PCT	0.29	0.2 - 0.5	%
PDW	17.1	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab technician

*Moh*

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21421

Test Description	Value(s)	Reference Range	Unit
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**Thyroid Profile ( T3, T4, TSH )**

T3-Total Method : CLIA	0.95	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.36	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	1.02	0.45 - 4.50	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

\*\*END OF REPORT\*\*

Lab technician

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21421

Test Description	Value(s)	Reference Range	Unit
<b><u>Lipid Profile</u></b>			
Cholesterol-Total Method : Spectrophotometry	175.2	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	89.3	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	41.3	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	116.04	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	17.86	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.24	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.81	2.5 - 3.5	

**Note:**

8-10 hours fasting sample is required.

\*\*END OF REPORT\*\*

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Test Description	Value(s)	Reference Range	Unit
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**ESR, Erythrocyte Sedimentation Rate**

<b>ESR - Erythrocyte Sedimentation Rate</b>	10	0 - 15	mm/hr
Method : EDTA Whole Blood, Manual Westergren			

**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

**Blood Group ABO & Rh Typing, Blood**

Blood Group (ABO typing)	"O"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

\*\*END OF REPORT\*\*

Lab technician

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Test Description	Value(s)	Reference Range	Unit
<b>Glucose, Fasting (FBS)</b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	78.30	75 - 115	mg/dL
<b>Glucose, Post Prandial (PP)</b>			
Blood Glucose-Post Prandial Method : Hexokinase	125.13	70 - 140	mg/dL
<b>BUN, Serum</b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	16.3	10 - 50	mg/dL
<b>Uric acid, Serum</b>			
Uric Acid Method : Uricase, Colorimetric	3.4	3.4 - 7.0	mg/dL
<b>Creatinine</b>			
Creatinine Method : Serum, Jaffe	0.74	0.60 - 1.30	mg/dL

\*\*END OF REPORT\*\*

Lab technician

  
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Page 1 of 1



Praveen Ranjan



# MATERNITY CARE HOPITAL

**NAME :PRAVEEN RANJAN**

**DATE : 28-10-2023**

**AGE-37Y/M**

**SONOGRAPHER : DR. PARUL PATI**

## USG OF WHOLE ABDOMEN

**LIVER:** Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 6.7mm,

**GALL BLADDER:** normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (3.2mms).

**SPLEEN :** Normal in size, shape and parenchymal echotexture.

**PANCREAS:** Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

**KIDNEYS:** Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

➤ Right kidney measures : 9.7 x 5.3cms.

➤ Left kidney measures: 8.7 x 4.3cms.

**URETERS:** Both ureters not visualized (normal).

**URINARY BLADDER:** Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

**Prostrate**-normal in size shape and echosructure .

**Impression:**Normal study of abdomen

DR. PARUL PATI (O&G MD)  
Regd. No. 5589  
MATERNITY CARE HOSPITAL & IVF CENTER  
A-142/A-143, Sahid Nagar, Bhubaneswar



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Regd. No. : 1834

**ZENA HEALTHCARE SERVICES**

(A Unit of Zena Enterprises)

NAME:-PRAVEEN RANJAN

REFERRAL:-MEDI-WHEEL

AGE:-37YRS

DATE :-28.10.2023

Patient ID:- 02

SEX :-MALE

**CHEST X-RAY PA VIEW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B a S I*

Dr. Bhagaban Pradhan  
M.D.(Radio diagnosis)

Consultant Radiologist

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**MEDICAL REPORT**

Date :- 29.10.2023

NAME

MR PRAVEEN RANJAN

MEDICAL INFORMATION

Height:- 164 cm	Age;- 37 yrs
Weight:- 94 kg	Sex:- MALE
Blood Pressure:- 122/90 mmhg	Pulse:- 68 /min

Body Mass Index(BMI)

31

Signature **Dr. M.K.HOTA**  
**M.B.B.S.**  
**REGD No.6993**

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**Age / Gender :** 37 years / Male

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21421

Test Description	Value(s)	Reference Range	Unit
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**HbA1C, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	5.95		%
<b>Method :</b> (HPLC, NGS certified)			
<b>Estimated Average Glucose :</b>	124.07	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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21421

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
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**CARDIOPRINT**

ID: 10526 CASE: PRAVEEN RANJAN  
AGE: 37Y M D MALE  
Cms Kg

28/10/2023 09:58:34  
ZENA HEALTHCARE  
PLOT-119, SAHIDNAGAR, BHUBANESWAR

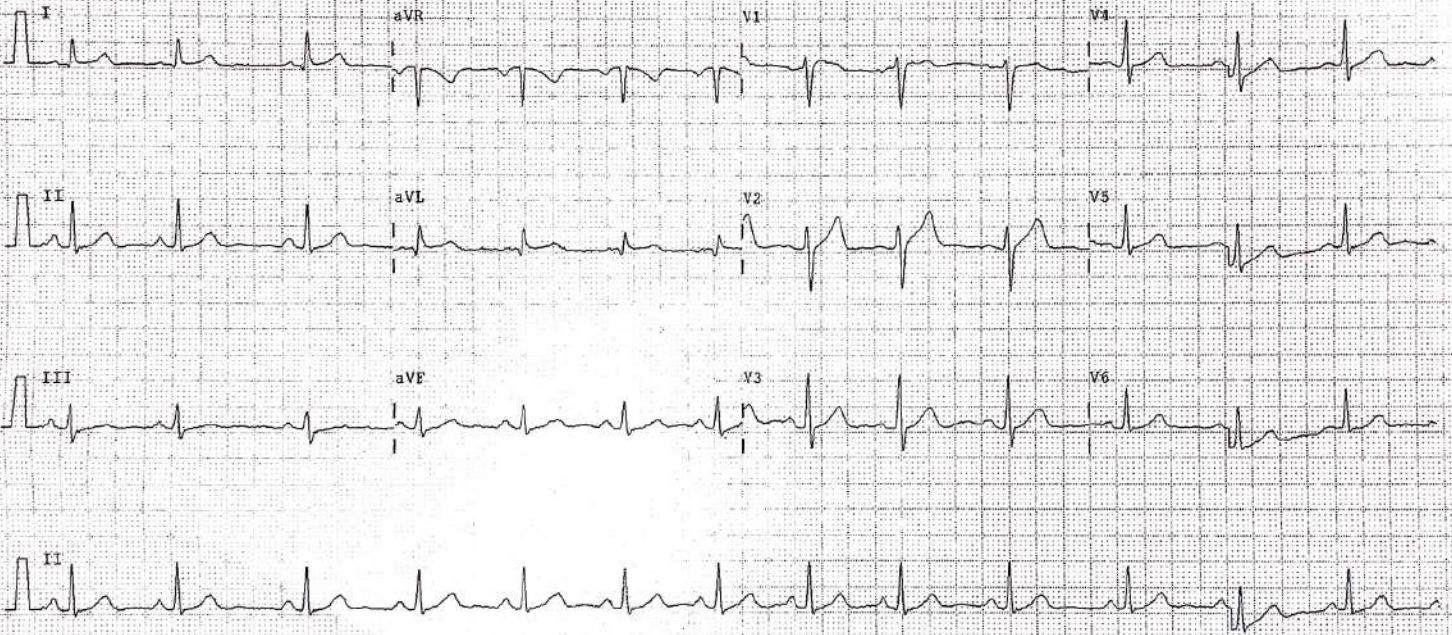
RATE 80 bpm SINUS RHYTHM  
R-R 742 ms  
P-R 150 ms  
QRS 80 ms  
QT 354 ms  
QTc 389 ms

AXIS  
P 66°  
QRS 36° NORMAL ECG  
T 42°

12 SL: REPORT FORMAT: 3x4\*1L SQ

REF:

Dr:





709 / PRAVEEN RANJAN / 37 Yrs / M / 164 Cms / 69 Kg Date: 28-Oct-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:23	0:23	00.0	00.0	01.0	100	55 %	123/81	123	00	
Standing	00:40	0:17	00.0	00.0	01.0	100	55 %	123/81	123	00	
HV	00:57	0:17	00.0	00.0	01.0	096	52 %	123/81	118	00	
ExStart	01:15	0:18	00.0	00.0	01.0	097	53 %	123/81	119	00	
BRUCE Stage 1	04:15	3:00	01.7	10.0	04.7	135	74 %	124/83	167	00	
BRUCE Stage 2	07:15	3:00	02.5	12.0	07.1	136	74 %	125/84	170	00	
PeakEx	08:24	1:09	03.4	14.0	08.3	143	78 %	125/84	178	00	
Recovery	08:54	0:30	01.1	00.0	04.2	140	77 %	125/84	175	00	
Recovery	09:24	1:00	01.1	00.0	01.2	124	68 %	124/84	153	00	
Recovery	11:24	3:00	00.0	00.0	01.0	104	57 %	124/83	128	00	
Recovery	13:33	5:09	00.0	00.0	01.0	105	57 %	123/82	129	00	

**FINDINGS :**

Exercise Time : 07:09  
 Max HR Attained : 143 bpm 78% of Target 183  
 Max BP Attained : 125/84  
 Max WorkLoad Attained : 8.3 Fair response to induced stress  
 Test End Reasons : Test Complete

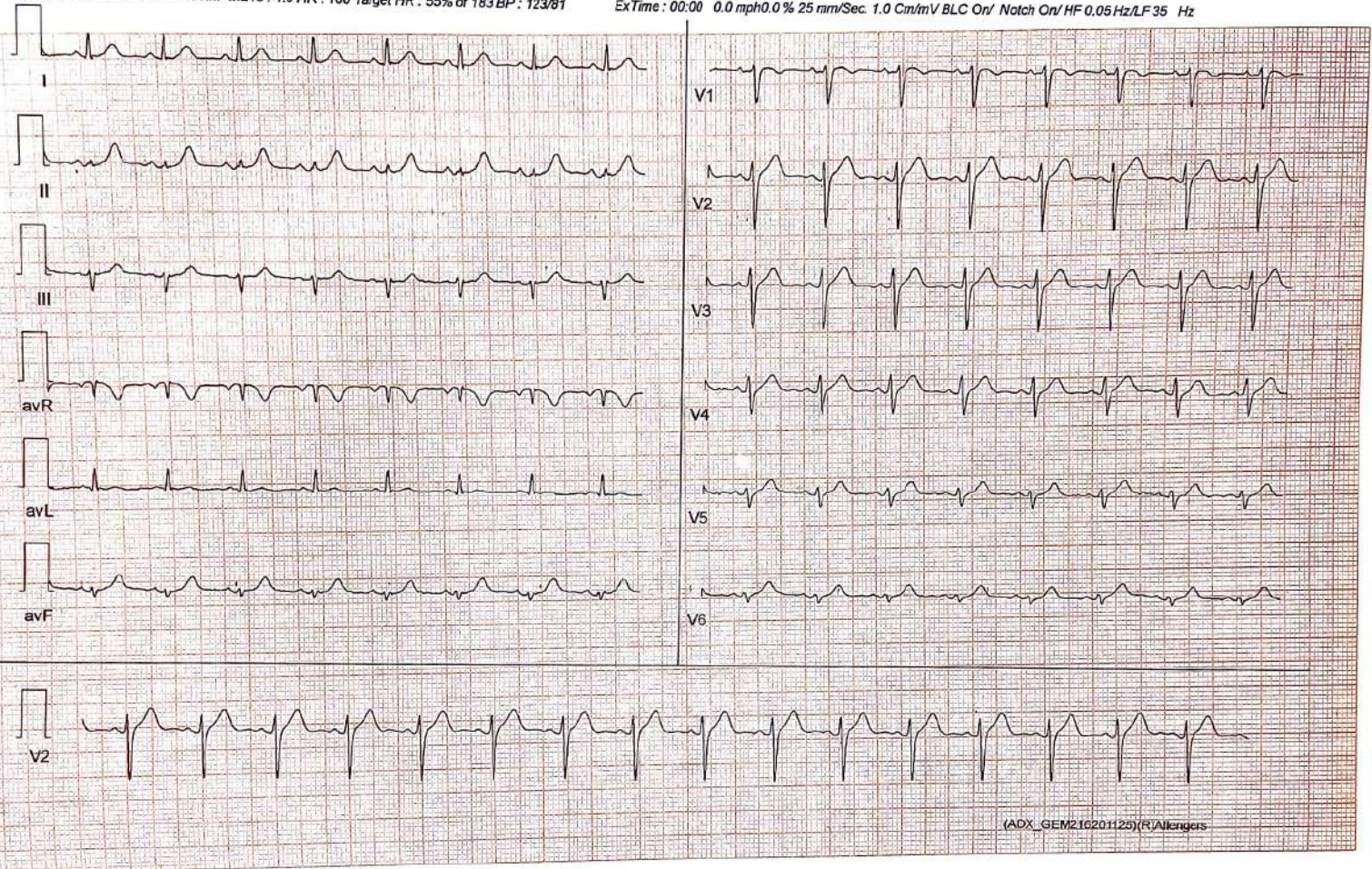
**REPORT :**

**ZENA HEALTHCARE**  
SAHIDNAGAR, BHUBANESWAR  
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
BRUCE:Supine(0:23)



Date: 28-10-2023 11:28:40 AM METs : 1.0 HR : 100 Target HR : 55% of 183 BP : 123/81  
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers



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**SAHIDNAGAR, BHUBANESWAR**

709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

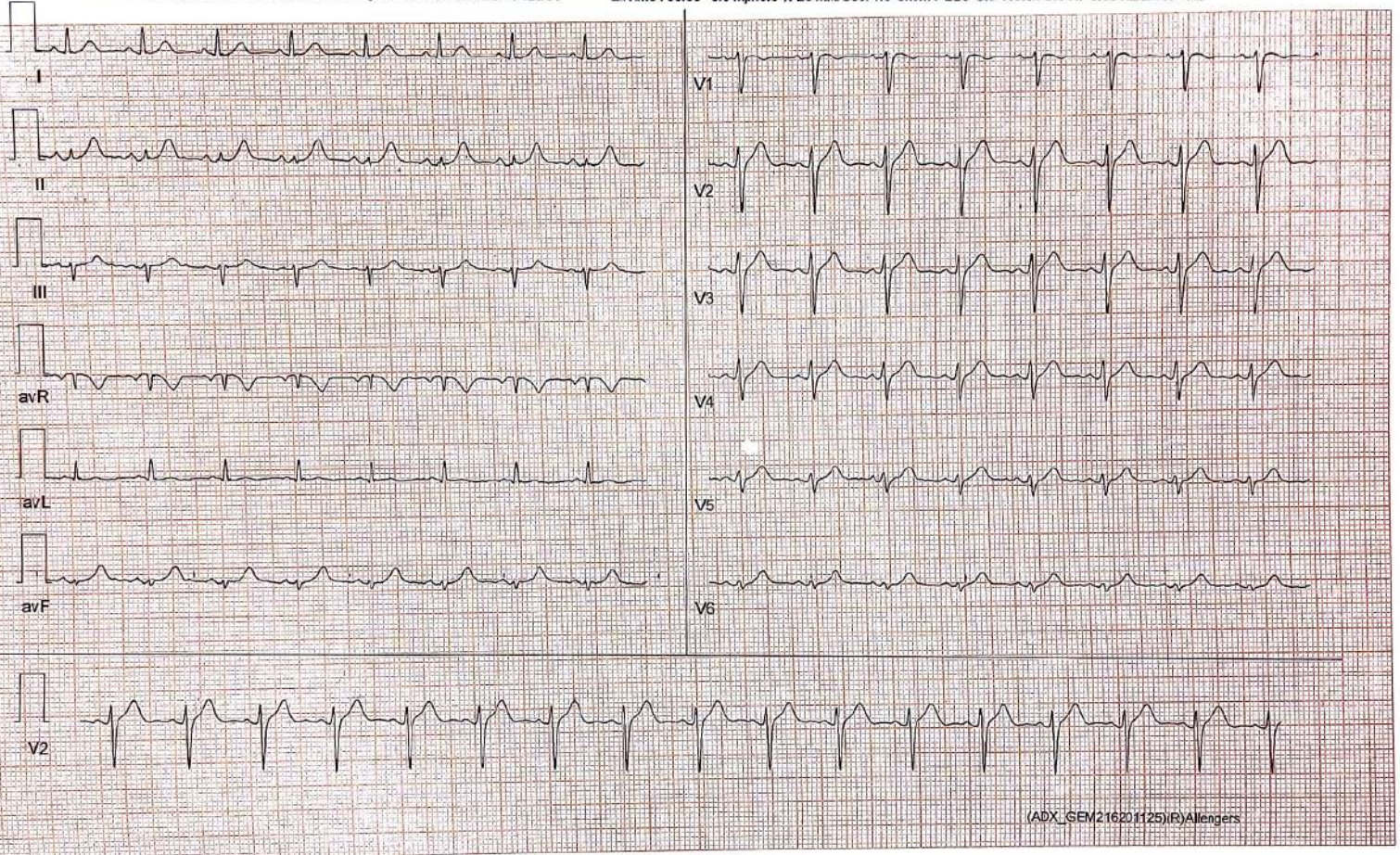
**6 x 2 + Rhythm**

BRUCE: Standing(0:17)



Date: 28-10-2023 11:28:40 AM METs : 1.0 HR : 100 Target HR : 55% of 183 BP : 123/81

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers

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SAHIDNAGAR, BHUBANESWAR

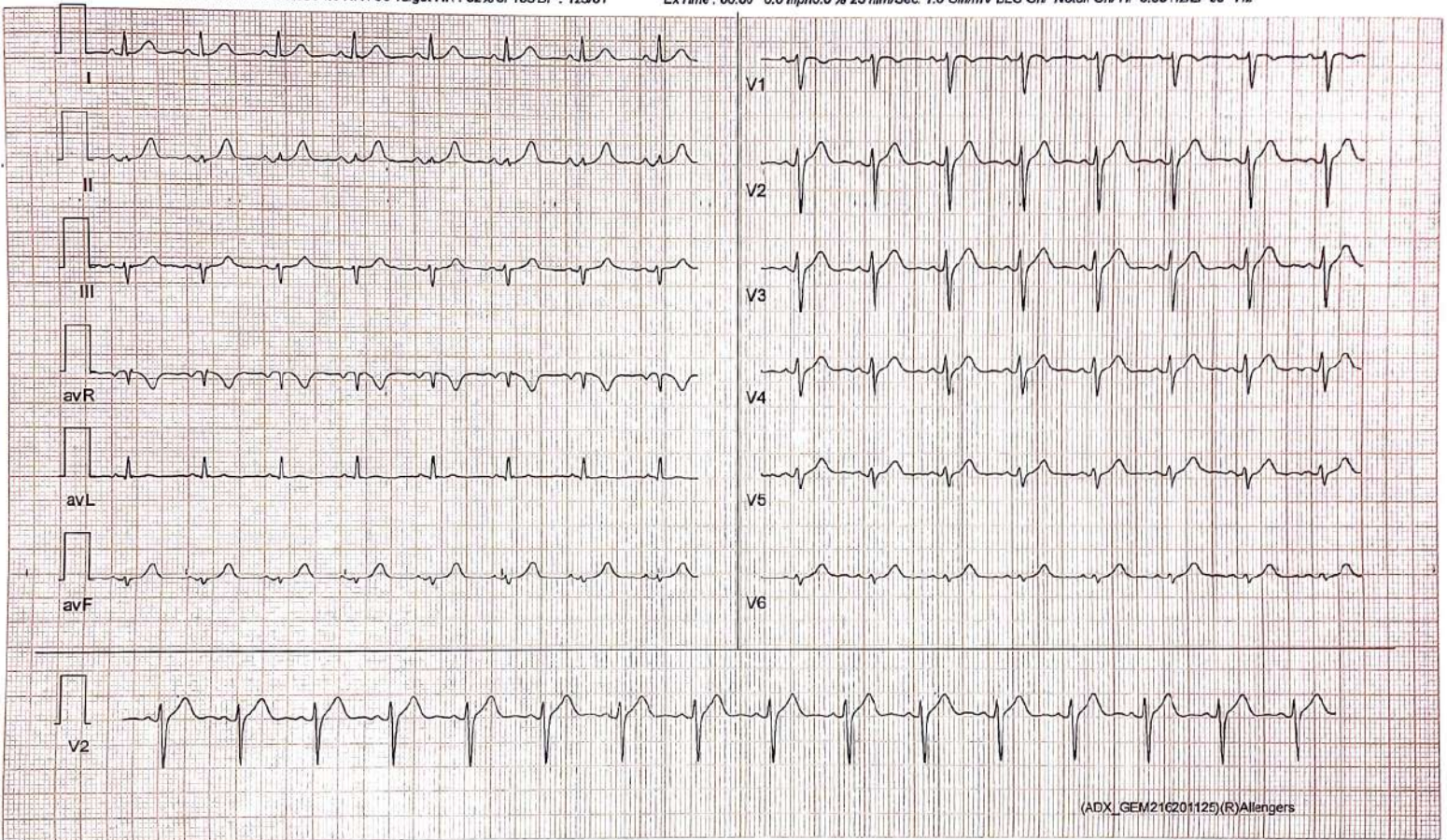
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
BRUCE:HV(0:17)



Date: 28 - 10 - 2023 11:28:40 AM METs : 1.0 HR : 96 Target HR : 52% of 183 BP : 123/81

ExTime : 00:00 0.0 mph 0.0% 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers

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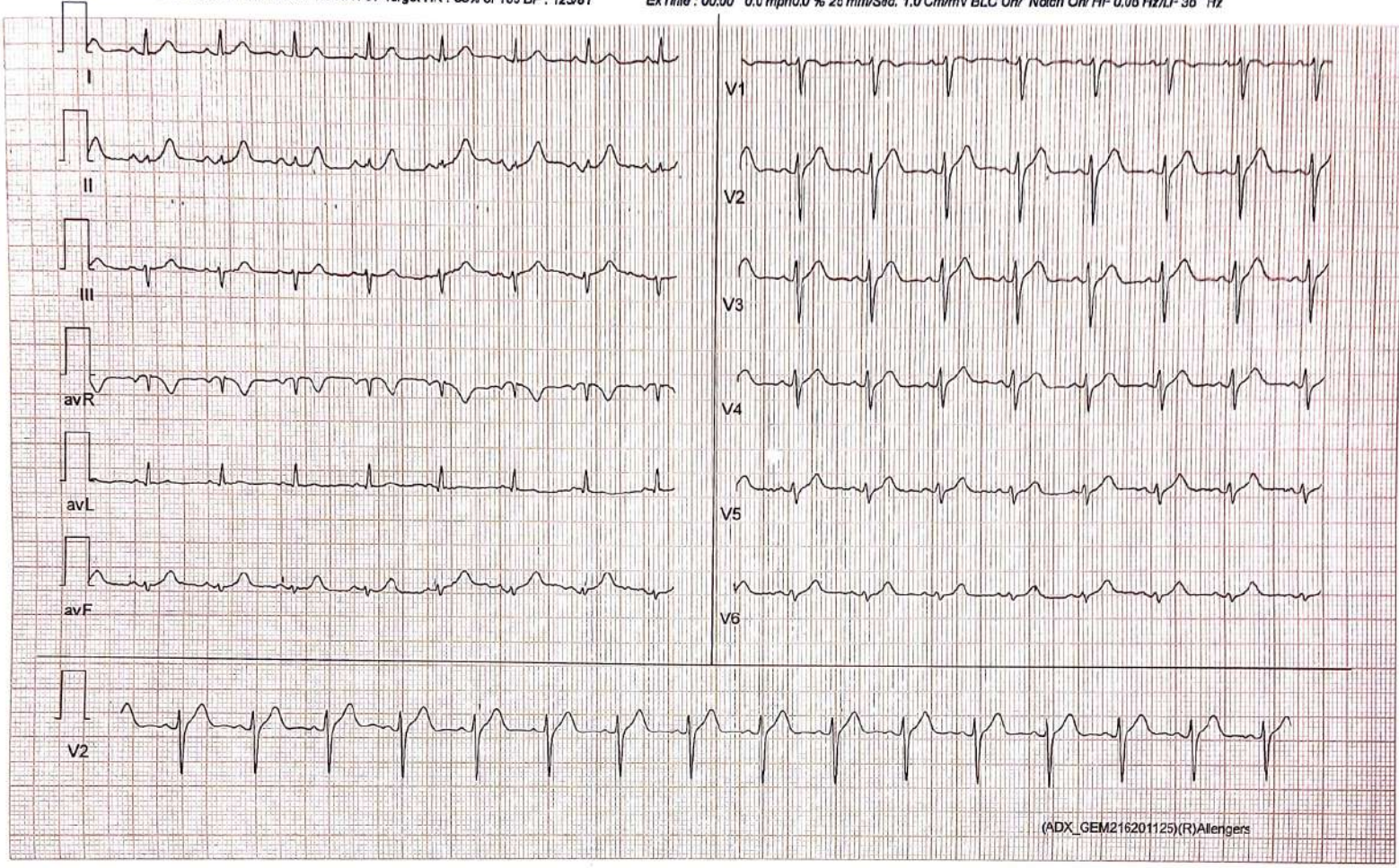
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
ExStart



Date: 28 - 10 - 2023 11:28:40 AM METs : 1.0 HR : 97 Target HR : 53% of 183 BP : 123/81

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Nalah On/ HF 0.05 Hz/AF 36 Hz



(ADX\_GEM216201125)(R)Allengers

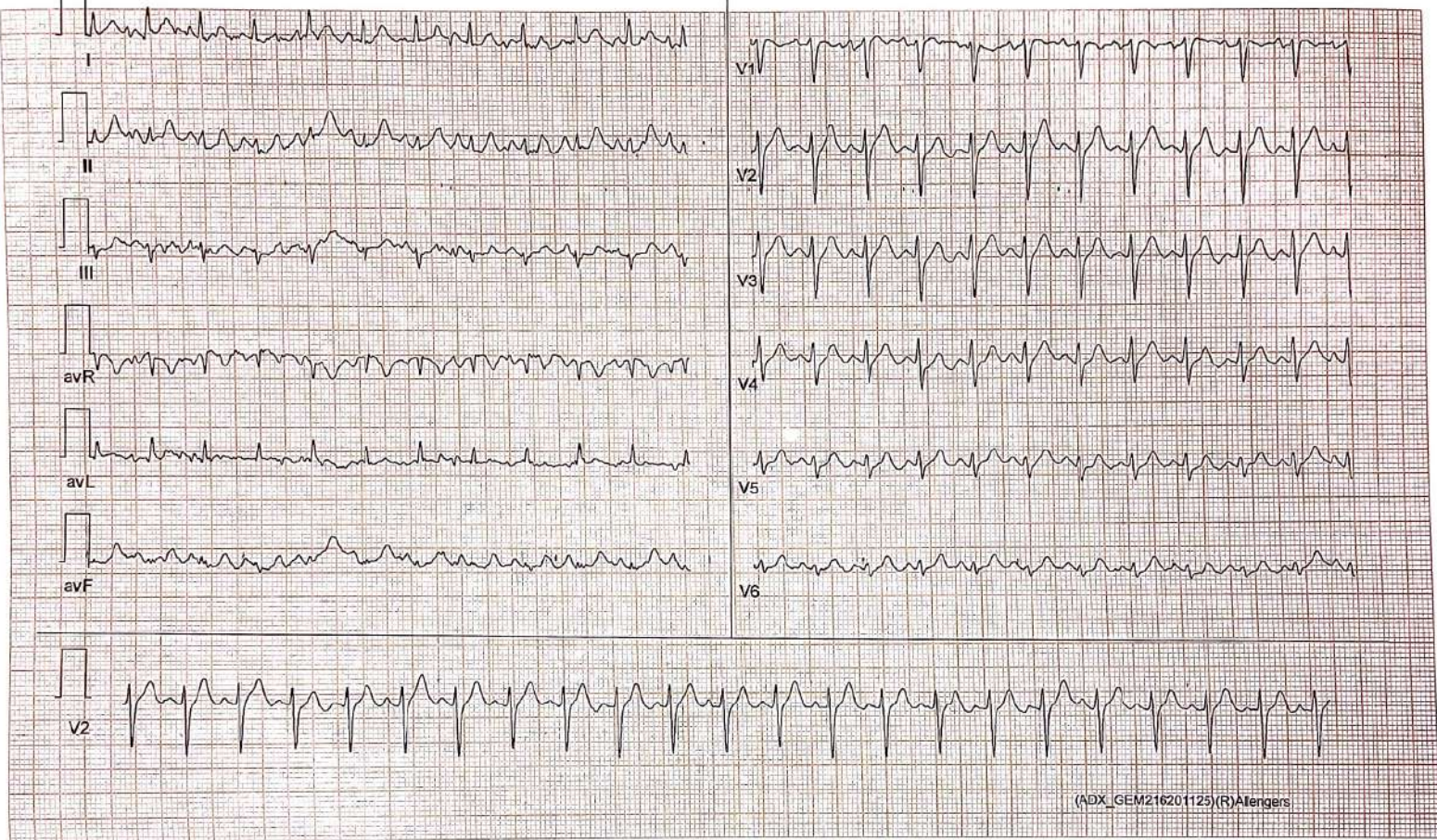
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SAHIDNAGAR, BHUBANESWAR  
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
BRUCE: Stage 1(3:00)



Date: 28 - 10 - 2023 11:28:40 AM METs : 4.7 HR : 135 Target HR : 74% of 183 BP : 124/83

ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC Or/ Notch Or/ HF 0.05Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Atengens

**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

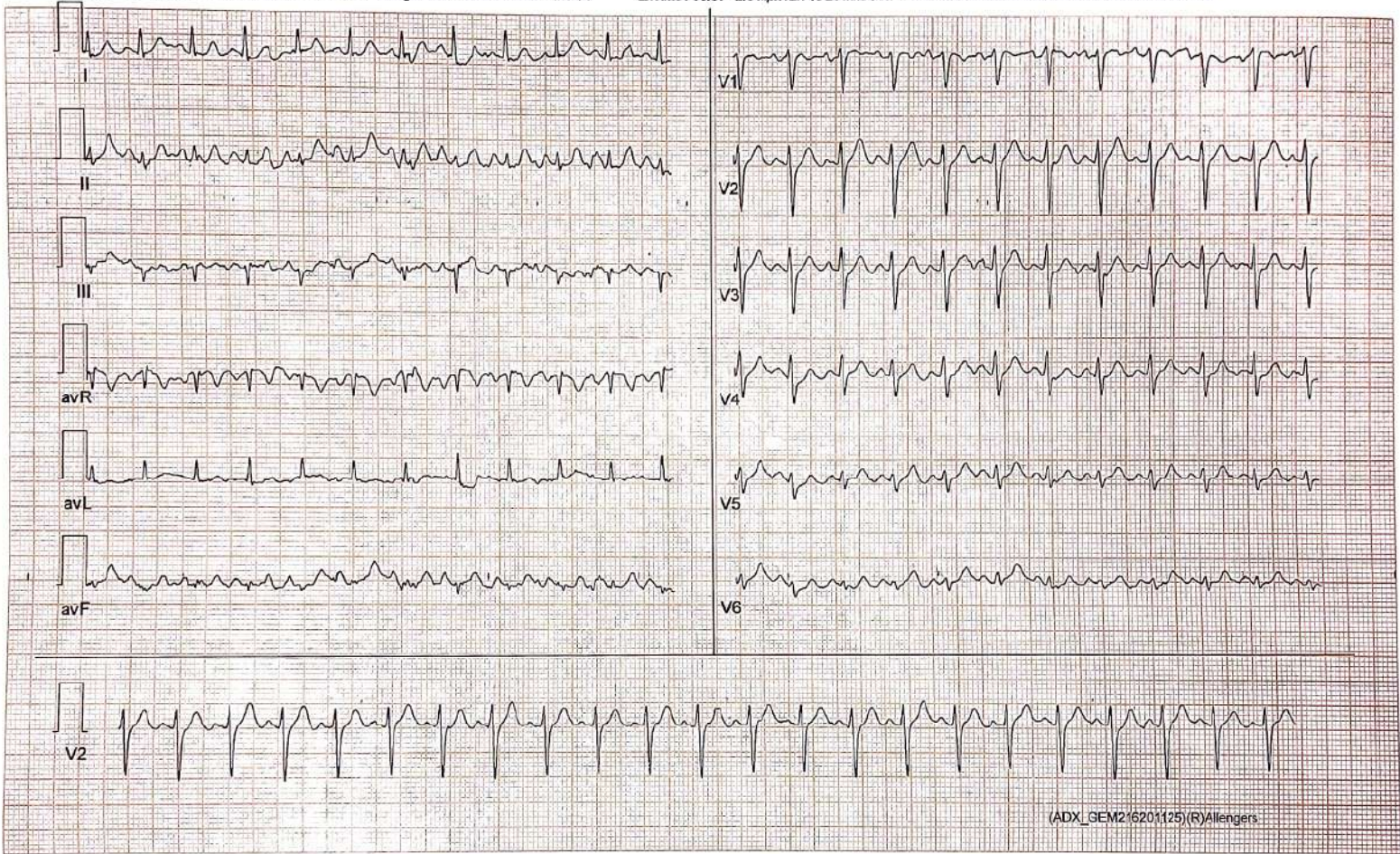
**6 x 2 + Rhythm**

BRUCE: Stage 2(3:00)



Date: 23 - 10 - 2023 11:28:40 AM METs : 7.1 HR : 136 Target HR : 74% of 183 BP : 125/84

ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM2'6201'125)(R)Allengers

**ZENA HEALTHCARE**  
SAHIDNAGAR, BHUBANESWAR

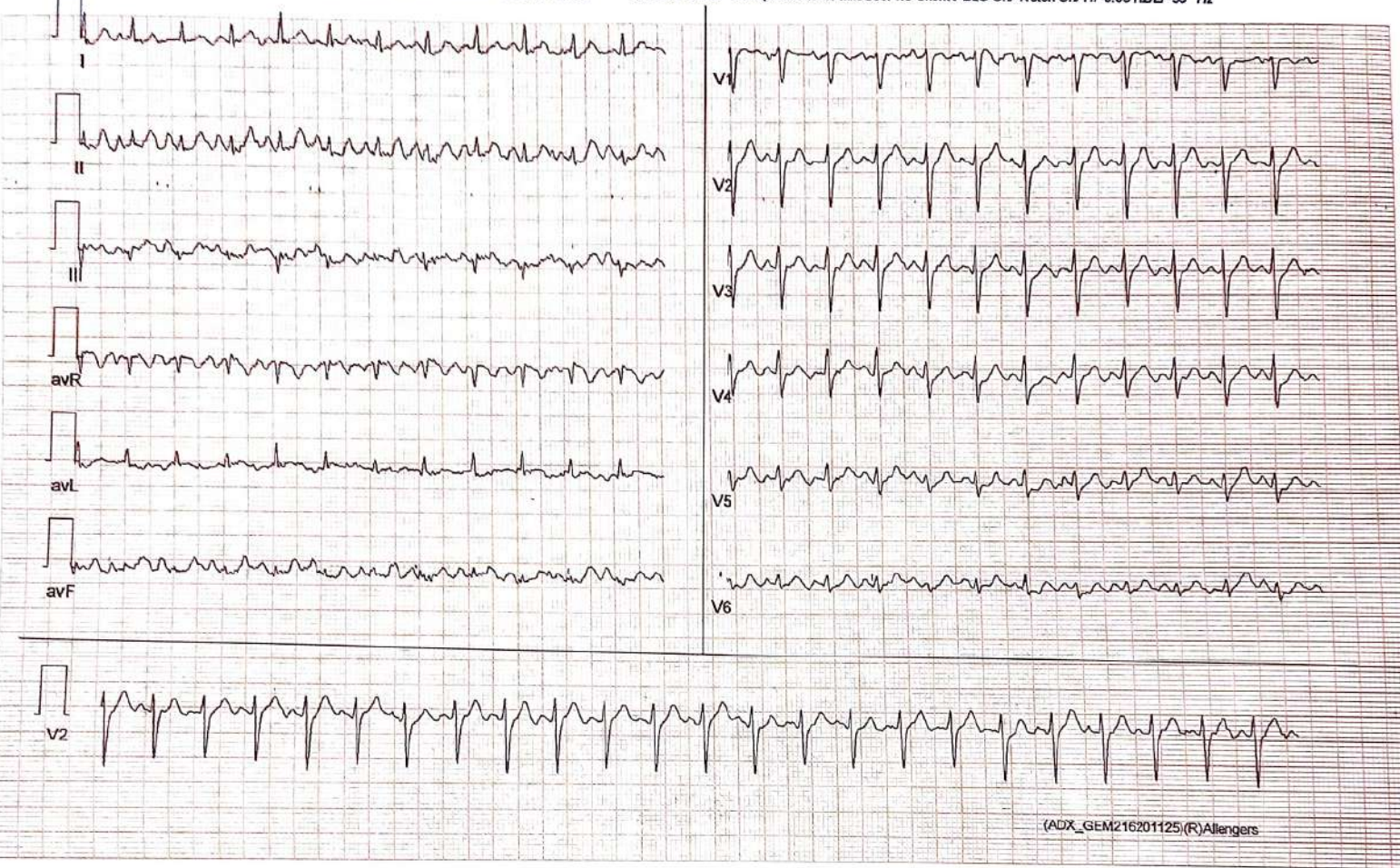
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
PeakEx



Date: 26-10-2023 11:28:40 AM METs : 8.3 HR : 143 Target HR : 78% of 163 BP : 125/84

ExTime : 07:09 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers

**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

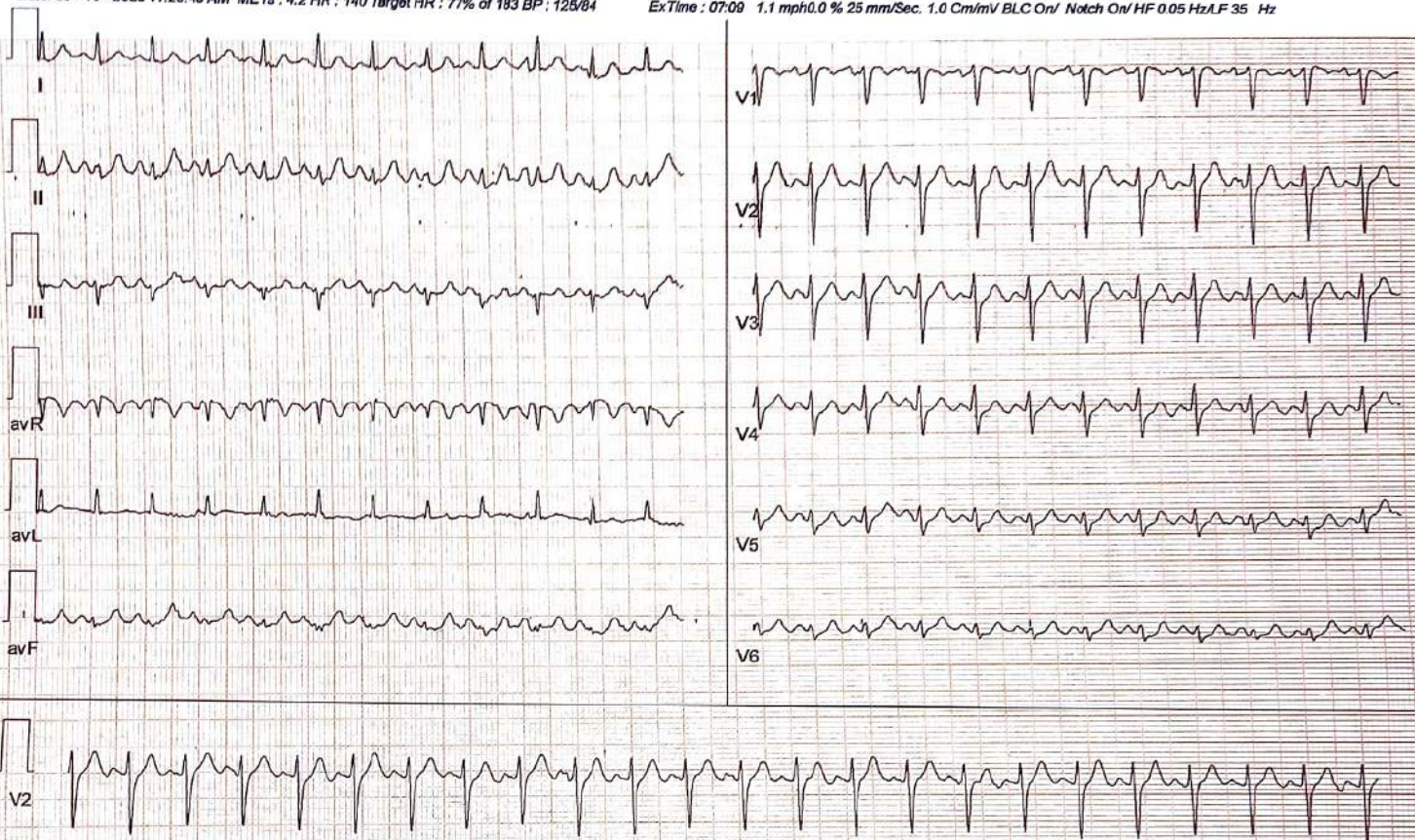
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
Recovery(0:30)



Date: 28 - 10 - 2023 11:28:40 AM METa : 4.2 HR : 140 Target HR : 77% of 193 BP : 125/84

ExTime : 07:09 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/AF 35 Hz



(ADX\_GEM216201125)(R)Allengers

**ZENA HEALTHCARE**

**SAHIDNAGAR, BHUBANESWAR**

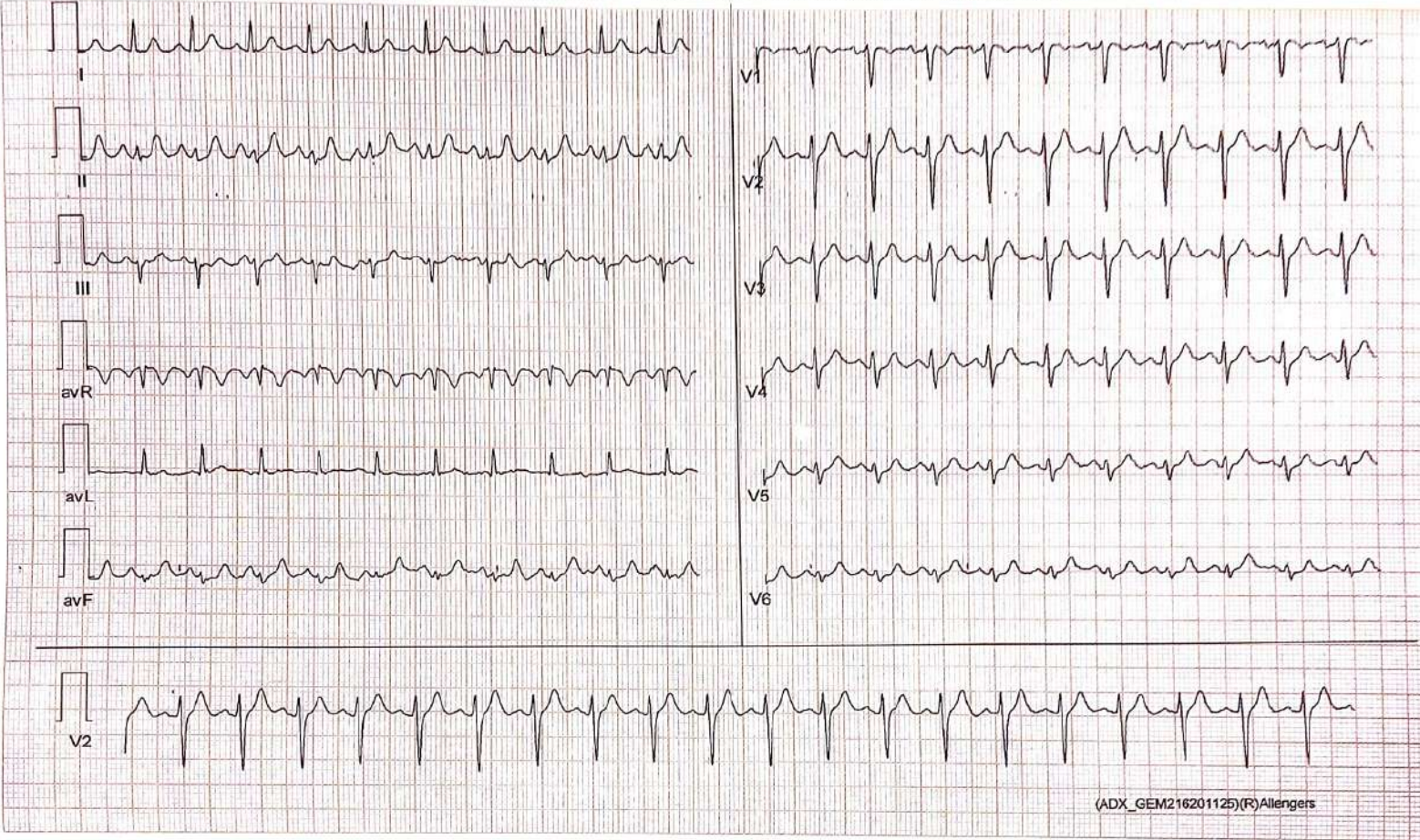
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
Recovery(1:00)



Date: 28-10-2023 11:28:40 AM METs : 1.2 HR : 124 Target HR : 68% of 163 BP : 124/84

ExTime : 07:09 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers

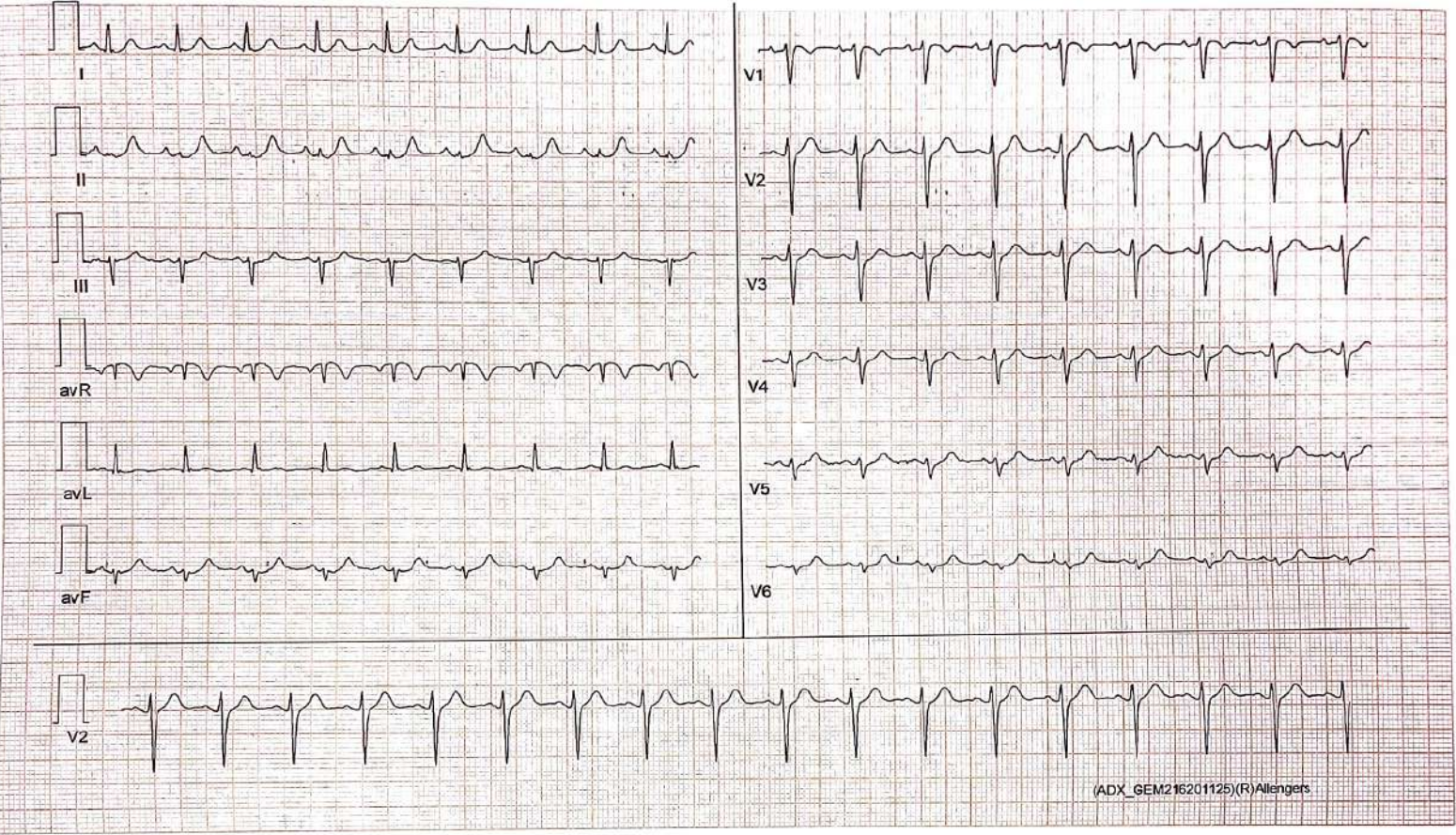


**ZENA HEALTHCARE**  
SAHIDNAGAR, BHUBANESWAR  
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
Recovery(3:00)



Date: 20 - 10 - 2023 11:28:40 AM METs : 1.0 HR : 104 Target HR : 57% of 183 BP : 124/83 ExTime : 07:09 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

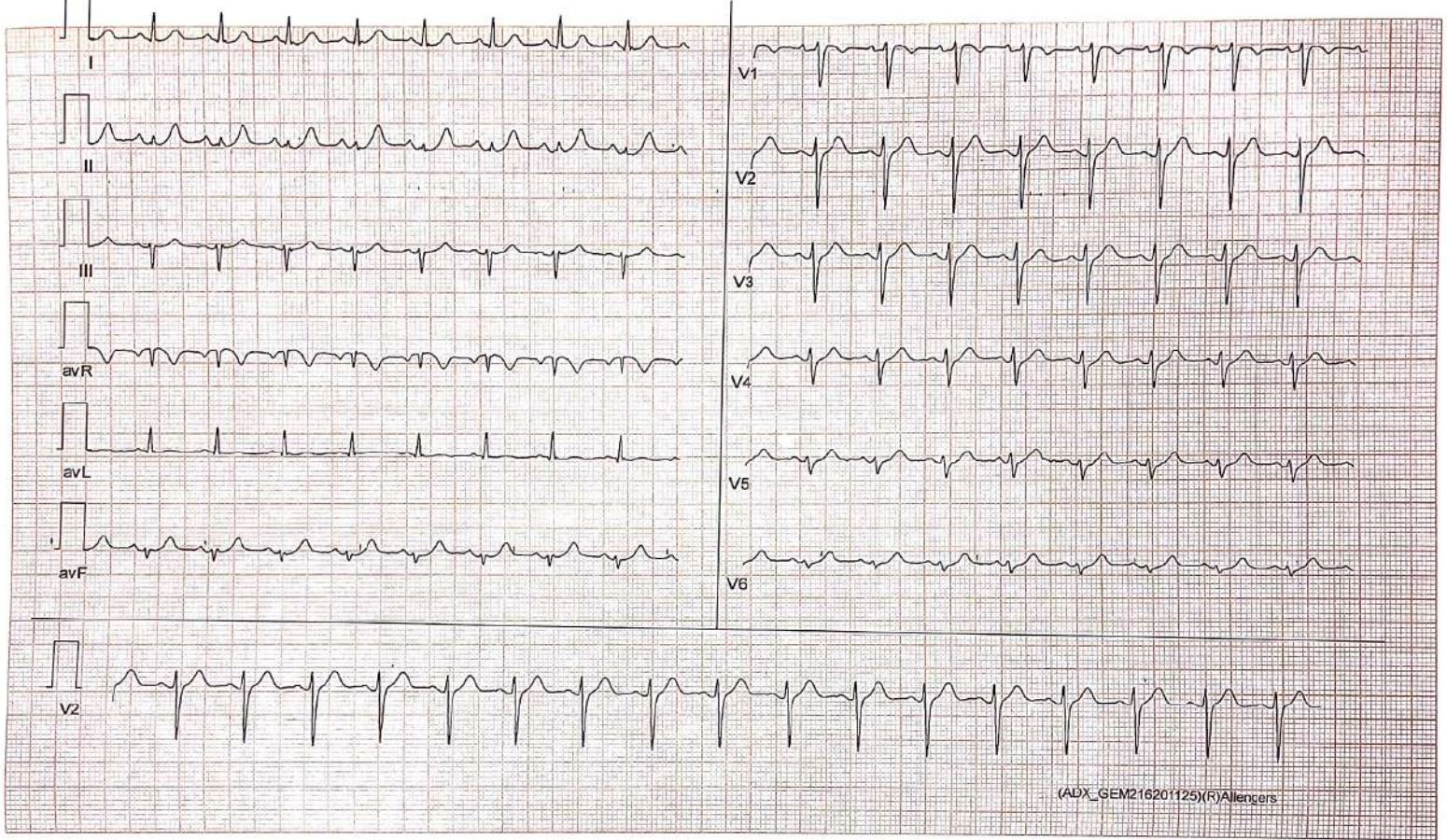
SAHIDNAGAR, BHUBANESWAR  
709 / PRAVEEN RANJAN / 37 Yrs / Male / 164 Cm / 69 Kg

**6 x 2 + Rhythm**  
Recovery(5:09)



Date: 28 - 10 - 2023 11:28:40 AM METS : 1.0 HR : 105 Target HR : 57% of 183 BP : 123/82

ExTime : 07:09 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC Ori/ Notch Ori/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)Allengers