

Patient Name : Mr.ANSHU KUMAR	Collected : 22/Mar/2023 09:09AM
Age/Gender : 39 Y 0 M 21 D/M	Received : 22/Mar/2023 11:51AM
UHID/MR No : CINR.0000149919	Reported : 22/Mar/2023 07:40PM
Visit ID : CINROPV189859	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9726076375	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD-EDTA

HAEMOGLOBIN	12.4	g/dL	13-17	Spectrophotometer
PCV	37.20	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.17	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	89.1	fL	83-101	Calculated
MCH	29.9	pg	27-32	Calculated
MCHC	33.5	g/dL	31.5-34.5	Calculated
R.D.W	14.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,620	cells/cu.mm	4000-10000	Electrical Impedence

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	68.6	%	40-80	Electrical Impedence
LYMPHOCYTES	21.1	%	20-40	Electrical Impedence
EOSINOPHILS	2.2	%	1-6	Electrical Impedence
MONOCYTES	8	%	2-10	Electrical Impedence
BASOPHILS	0.1	%	<1-2	Electrical Impedence

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	5913.32	Cells/cu.mm	2000-7000	Electrical Impedence
LYMPHOCYTES	1818.82	Cells/cu.mm	1000-3000	Electrical Impedence
EOSINOPHILS	189.64	Cells/cu.mm	20-500	Electrical Impedence
MONOCYTES	689.6	Cells/cu.mm	200-1000	Electrical Impedence
BASOPHILS	8.62	Cells/cu.mm	0-100	Electrical Impedence

PLATELET COUNT

PLATELET COUNT	120000	cells/cu.mm	150000-410000	Electrical impedence
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ERYTHROCYTE SEDIMENTATION RATE (ESR)	24	mm at the end of 1 hour	0-15	Modified Westegren method
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PERIPHERAL SMEAR

RBCs: are normocytic normochromic

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: are mildly decreased in number.

HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH MILD THROMBOCYTOPENIA.

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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Result Rechecked



Patient Name : Mr.ANSHU KUMAR	Collected : 22/Mar/2023 09:09AM
Age/Gender : 39 Y 0 M 21 D/M	Received : 22/Mar/2023 11:51AM
UHID/MR No : CINR.0000149919	Reported : 22/Mar/2023 04:01PM
Visit ID : CINROPV189859	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9726076375	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA

BLOOD GROUP TYPE	O			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



Patient Name : Mr.ANSHU KUMAR	Collected : 22/Mar/2023 09:09AM
Age/Gender : 39 Y 0 M 21 D/M	Received : 22/Mar/2023 12:30PM
UHID/MR No : CINR.0000149919	Reported : 22/Mar/2023 04:26PM
Visit ID : CINROPV189859	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9726076375	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	97	mg/dL	70-100	HEXOKINASE
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	120	mg/dL	70-140	HEXOKINASE
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	6.0	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	126	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



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Visit ID : CINROPV189859	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	160	mg/dL	<200	CHO-POD
TRIGLYCERIDES	129	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	34	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	126	mg/dL	<130	Calculated
LDL CHOLESTEROL	100.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	25.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.71		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM

BILIRUBIN, TOTAL	0.81	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.17	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.64	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	98	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	55.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	106.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.31	g/dL	6.6-8.3	Biuret
ALBUMIN	4.37	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.94	g/dL	2.0-3.5	Calculated
A/G RATIO	1.49		0.9-2.0	Calculated



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.89	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	18.30	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	8.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	8.24	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	9.10	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	4.13	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	140	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.3	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	103	mmol/L	101–109	ISE (Indirect)



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	42.00	U/L	<55	IFCC



Patient Name : Mr.ANSHU KUMAR	Collected : 22/Mar/2023 09:09AM
Age/Gender : 39 Y 0 M 21 D/M	Received : 22/Mar/2023 11:45AM
UHID/MR No : CINR.0000149919	Reported : 22/Mar/2023 12:46PM
Visit ID : CINROPV189859	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9726076375	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	0.78	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	11.92	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	3.713	µIU/mL	0.34-5.60	CLIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



Patient Name : Mr.ANSHU KUMAR	Collected : 22/Mar/2023 09:08AM
Age/Gender : 39 Y 0 M 21 D/M	Received : 22/Mar/2023 01:55PM
UHID/MR No : CINR.0000149919	Reported : 22/Mar/2023 02:24PM
Visit ID : CINROPV189859	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9726076375	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2082903

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Visit ID : CINROPV189859	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9726076375	


DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

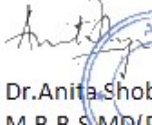
Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

***** End Of Report *****

Result/s to Follow:
PERIPHERAL SMEAR




Dr. Prasanna
M.B.B.S, M.D
Consultant Pathologist



Dr. Anita Shobha Flynn
M.B.B.S MD(Pathology)
Consultant Pathologist



Name : Mr. Anshu Kumar Address : Bangalore Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT	Age : 39 Y Sex : M	UHID :CINR.0000149919  <small>* CINR . 0 0 0 0 1 4 9 9 1 9 *</small> OP Number :CINROPV189859 Bill No :CINR-OCR-83356 Date : 22.03.2023 08:59
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324	
1	URINE GLUCOSE(FASTING)	
2	GAMMA GLUTAMYL TRANSFERASE (GGT)	
3	HbA1c, GLYCATED HEMOGLOBIN	
4	LIVER FUNCTION TEST (LFT)	
5	X-RAY CHEST PA	
6	GLUCOSE, FASTING	
7	HEMOGRAM + PERIPHERAL SMEAR	
✓8	ENT CONSULTATION	
9	CARDIAC STRESS TEST(TMT) - 4	
10	FITNESS BY GENERAL PHYSICIAN	
11	DIET CONSULTATION	
✓12	COMPLETE URINE EXAMINATION	
13	URINE GLUCOSE(POST PRANDIAL)	
14	PERIPHERAL SMEAR	
✓15	ECG - 6	
16	BLOOD GROUP ABO AND RH FACTOR	
✓17	LIPID PROFILE	
18	BODY MASS INDEX (BMI)	
19	OPHTHAL BY GENERAL PHYSICIAN	
20	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
21	ULTRASOUND - WHOLE ABDOMEN	
22	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	
23	DENTAL CONSULTATION - 1	
24	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 12'00 - 8	

Mr. Anshu Kumar

39 yrs / M.

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

Asthma - A/C

Past History - OSA since 6/7 yrs.

O/E: Ears: ND

Nose: ND

Throat: ND

Follow up date:



Dr. RAVINDRANATHAN
Doctor Signature
M.B.B.S., D.L.O.



Apollo Clinic, Indiranagar

#2012, 1st Floor, 100 Feet Road, HAL 2nd Stage, Indiranagar - 560038

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Date HOSPITAL\$ 22-03-2023

Department : GENERAL

MR NO : CINR.0000149919

Doctor :

Name : Mr. Anshu Kumar

Registration No :

Age/ Gender : 39 Y / Male

Qualification :

Consultation Timing: 08:59

Height : 172cms	Weight : 76.6 kg	BMI : 25.89	Waist Circum :
Temp :	Pulse : 110b/m	Resp :	B.P : 104/76mmHg

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

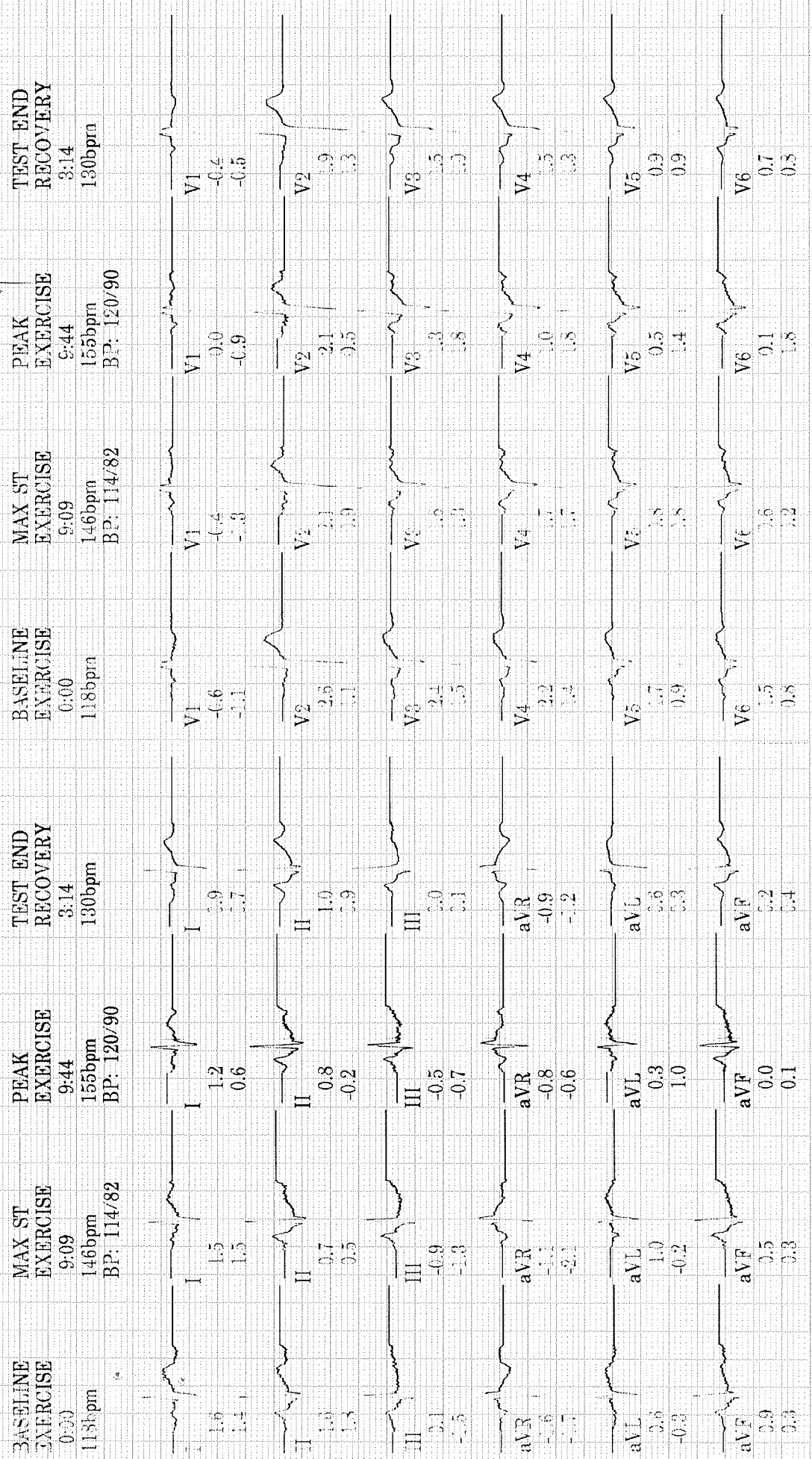
Follow up date:

Doctor Signature

SELECTED MEDIANS REPORT

MR ANSHU KUMAR
 ID: 000149919
 22-Mar-2023 11:55:55
 33years
 Male
 Total Exercise time: 9:44
 Max HR: 155bpm 85% of max predicted 181bpm
 Max EP: 120/90
 Maximum workload: 11.3METS
 Reasor for Termination:
 Comments: GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA AND ARRHYTHMIA DURING TEST
 STRESS TEST IS NEGATIVE FOR THE EXERCISE INDUCIBLE ISCHEMIA

Referred by:
 Test ind:



25.0 mm/s
 0.0 mm/mV
 00hz
 Referred by:
 Test ind:
 Technician:
 Unconfirmed
 MAC55-009C
 THESE APOLLO CLINIC, INDIRA NAGAR
 Lead ST(mm) Slope(mV/s)

TABULAR SUMMARY REPORT

MR ANSHU KUMAR
ID: 000149919

39years

22-Mar-2023
11:56:55

BRUCE
Max HR: 155bpm 85% of max predicted 181bpm
Max BP: 120/90
Maximum workload: 11.3METS

Total Exercise time: 9:44
25.0 mm/s
10.0 mm/mV
100hz

Reason for Termination:
Comments: GOOD EFFORT TOLERANCE
NORMAL HR AND BP RESPONSE
NO ANGINA AND ARRHYTHMIA DURING TEST
STRESS TEST IS NEGATIVE FOR THE EXERCISE INDUCIBLE ISCHEMIA

Referred by:
Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:13	***x	***x	1.0	88		
	STANDING	0:01	***x	***x	1.0	89		
	HYPERVENT	0:35	1.8	0.0	1.3	115		
	STAGE 1	3:00	1.7	10.0	4.5	131	104/70	186
EXERCISE	STAGE 2	3:00	2.5	12.0	7.0	139		
	STAGE 3	3:00	3.4	14.0	10.1	147	114/82	168
	STAGE 4	0:44	4.2	16.0	11.3	155	120/90	186
	Post	3:14	***x	***x	1.0	130		

RECOVERY

Technician:

THEE APOLLO CLINIC,INDIRA NAGAR

Unconfirmed

MAC55 009C

TREND GRAPH

MR ANSHU KUMAR
ID: 000149919

THEE APOLLO CLINIC, INDIRA NAGAR

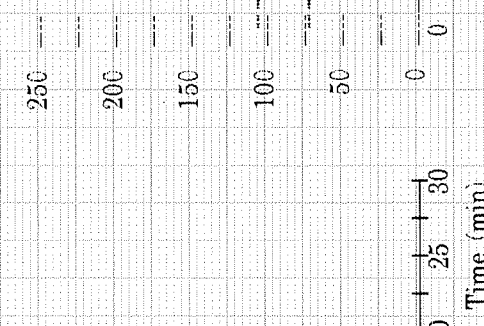
BRUCE

22-Mar-2023
11:56:55

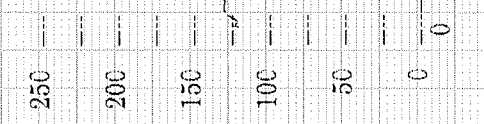
PVCs/m

ST @ 10mm/mV 40
50ms postJ
EXERCISE
0:00

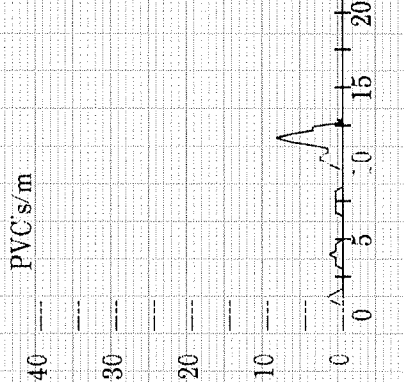
BP (mmHg)



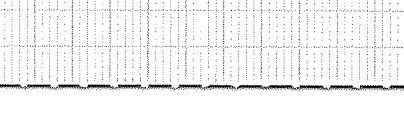
Heart Rate (bpm)



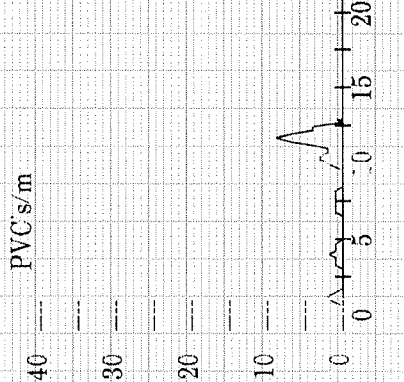
ST Level V1 (mm)



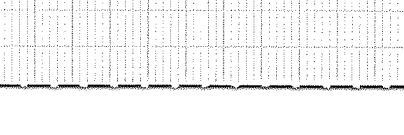
ST Level V5 (mm)



ST Slope V1 (mV/s)



ST Slope V5 (mV/s)



39years
Male

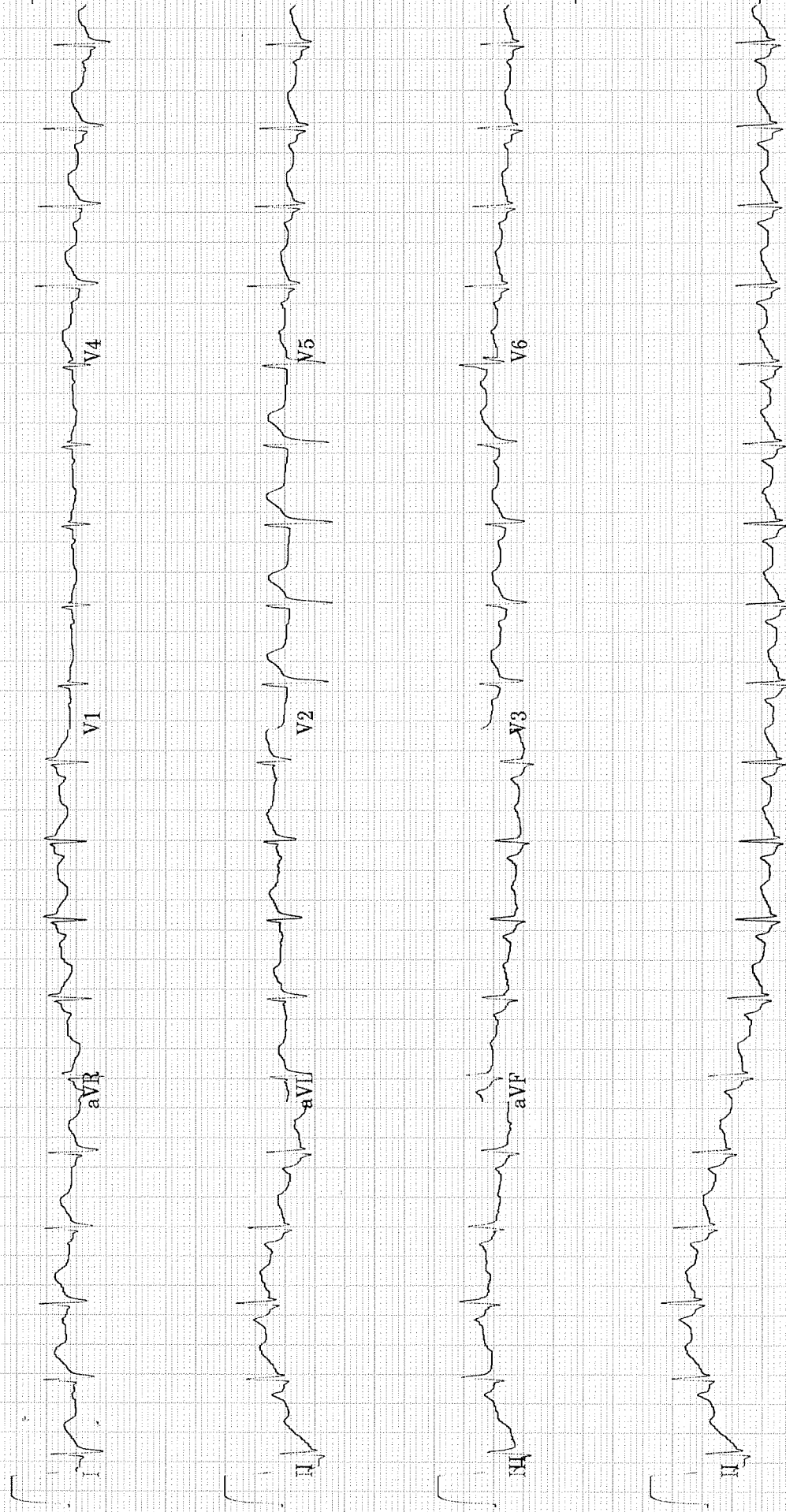
Vent. rate 115 bpm
PR interval 130 ms
QRS duration 72 ms
QT/QTc 322/445 ms
P-R-T axes 76 69 36

*** Poor data quality, interpretation may be adversely affected
Sinus tachycardia
Otherwise normal ECG

Technician:
Test ind:

Referred by:

Unconfirmed

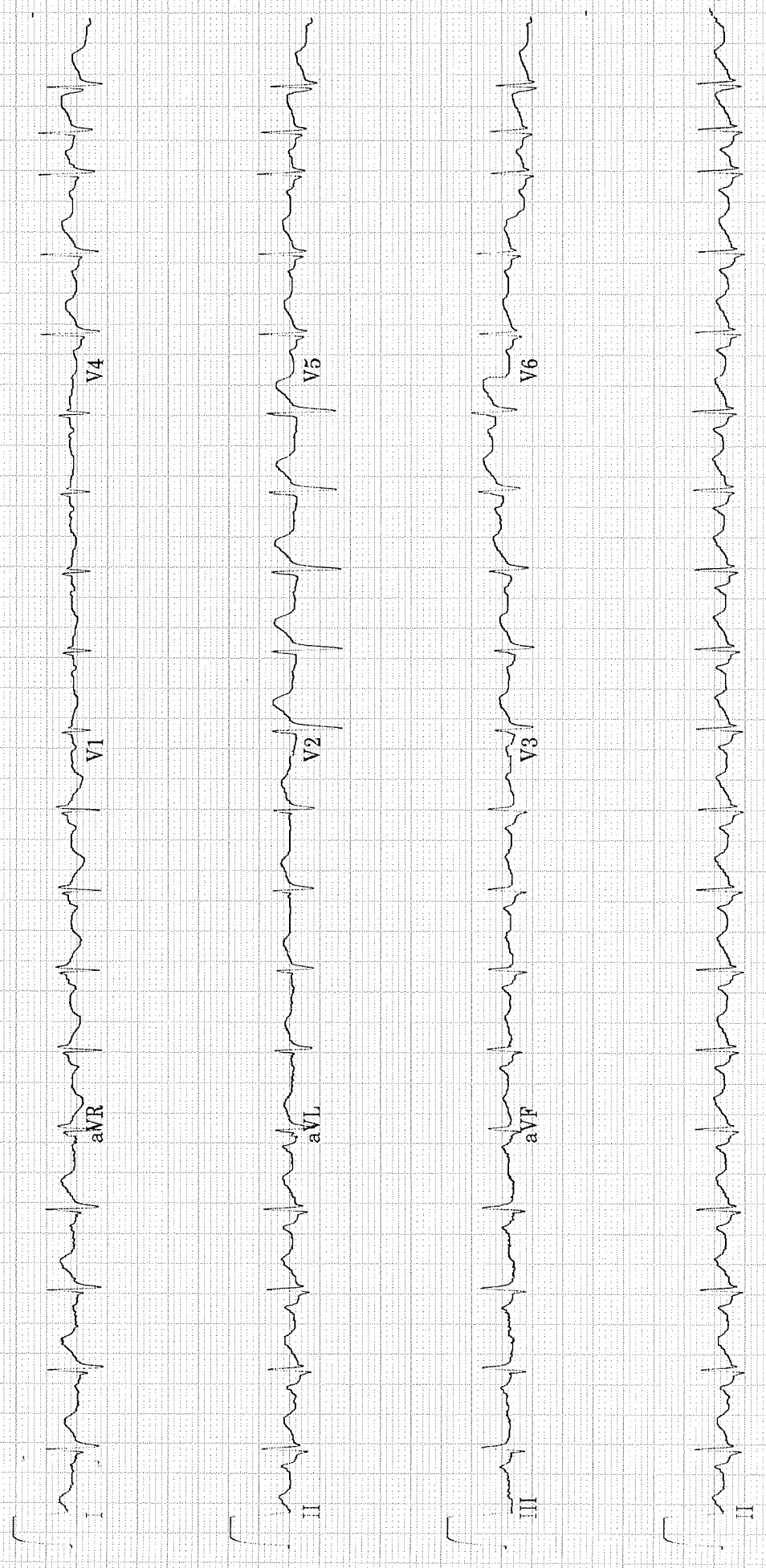


MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
11:57:04

BRUCE
** *mph
** *%

PRETEST
SUPINE
0:11

74bpm

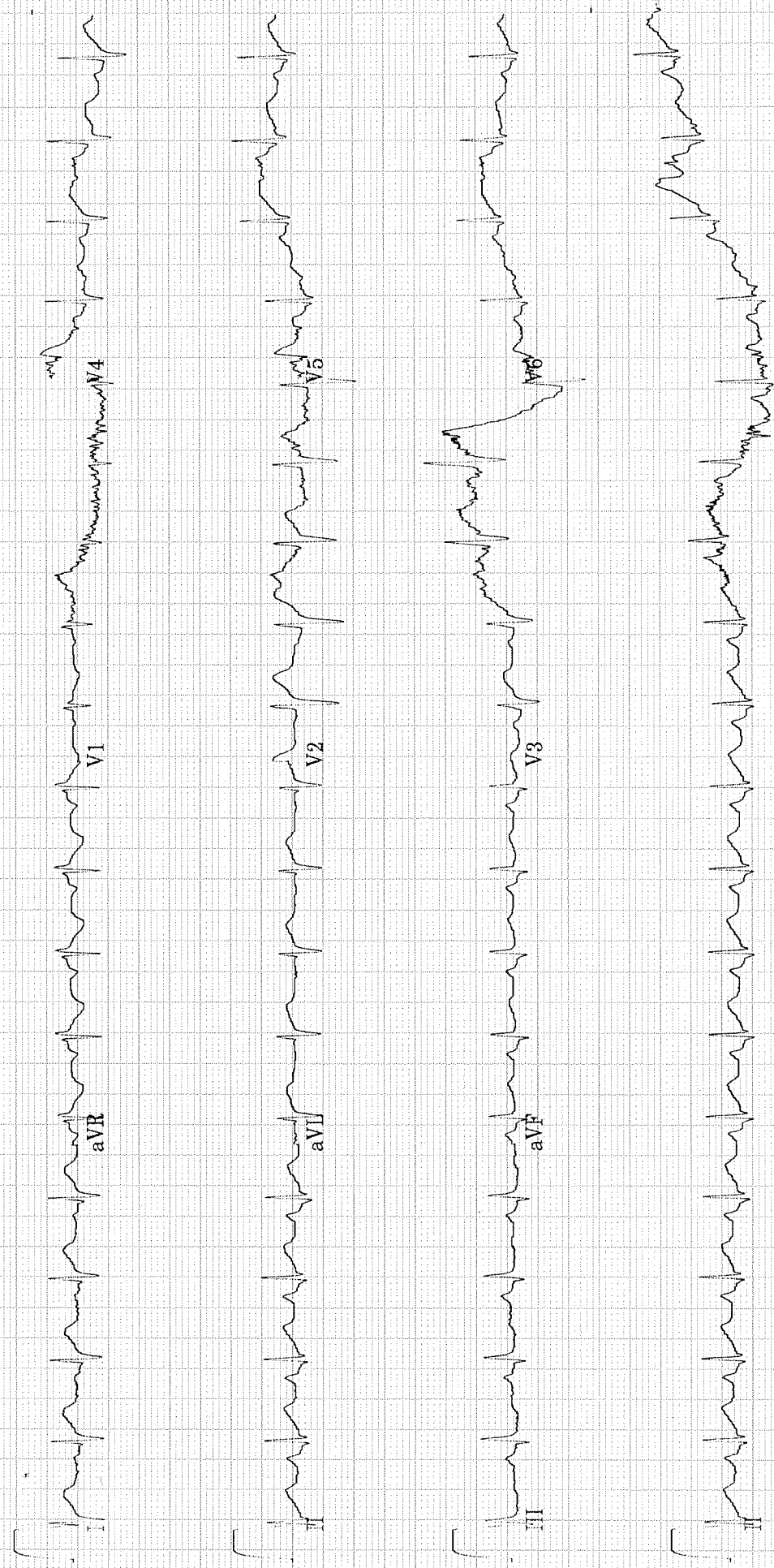


MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
11:57:19

117bpm

PRETEST
HYPERVENT
0:25

BRUCE
**.*mph
**.*%



MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
12:00:33

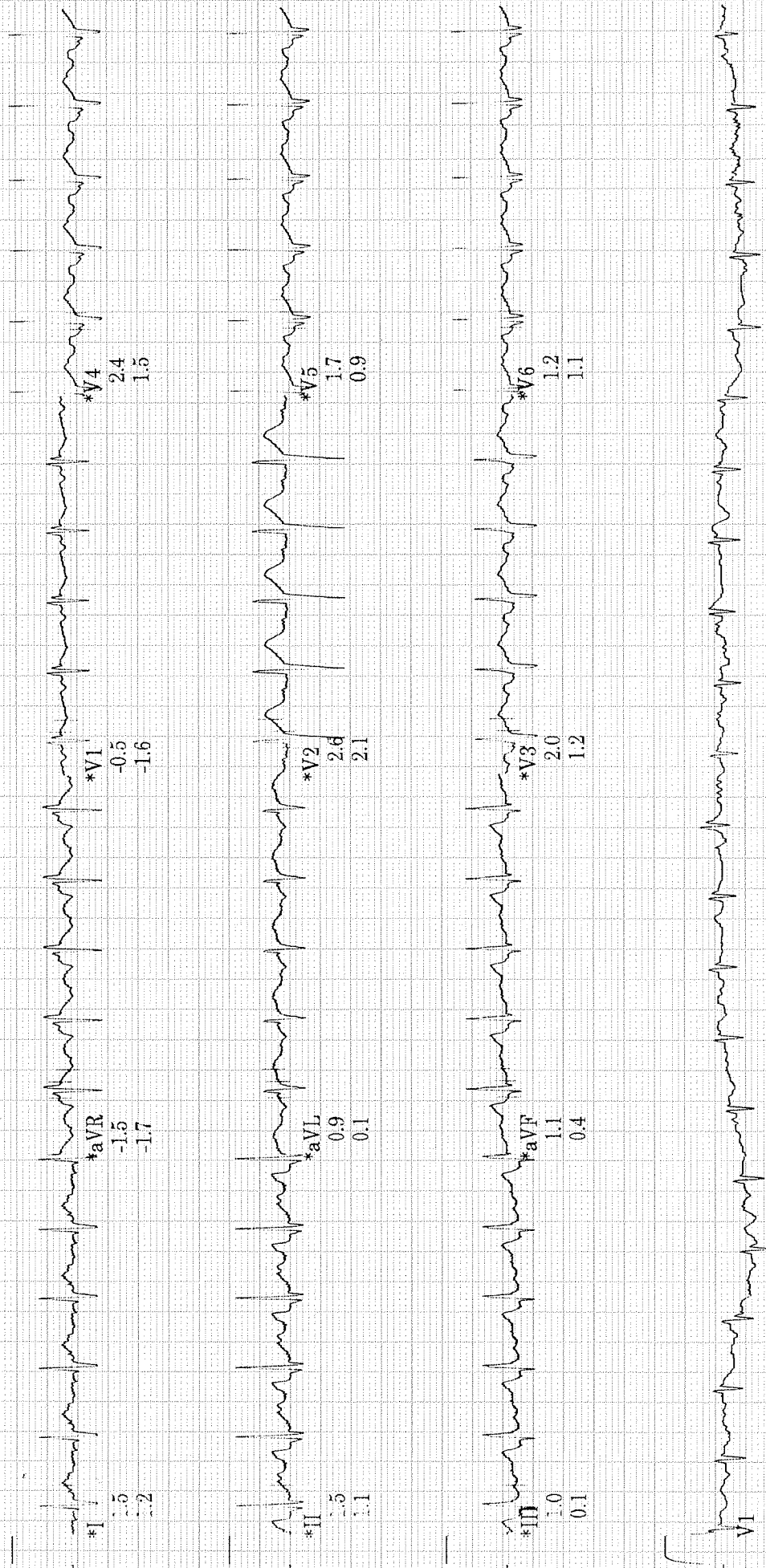
BRUCE
1.7mph
10.0%

EXERCISE
STAGE 1
2:50

130bpm

Lead
ST(mm)
Slope(mV/s)

ST @ 10mm/mV
80ms postd



Raw Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV A-H-S-HR 46

* Computer Synthesized Rhythm

MAC55 009C

MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
12:03:33

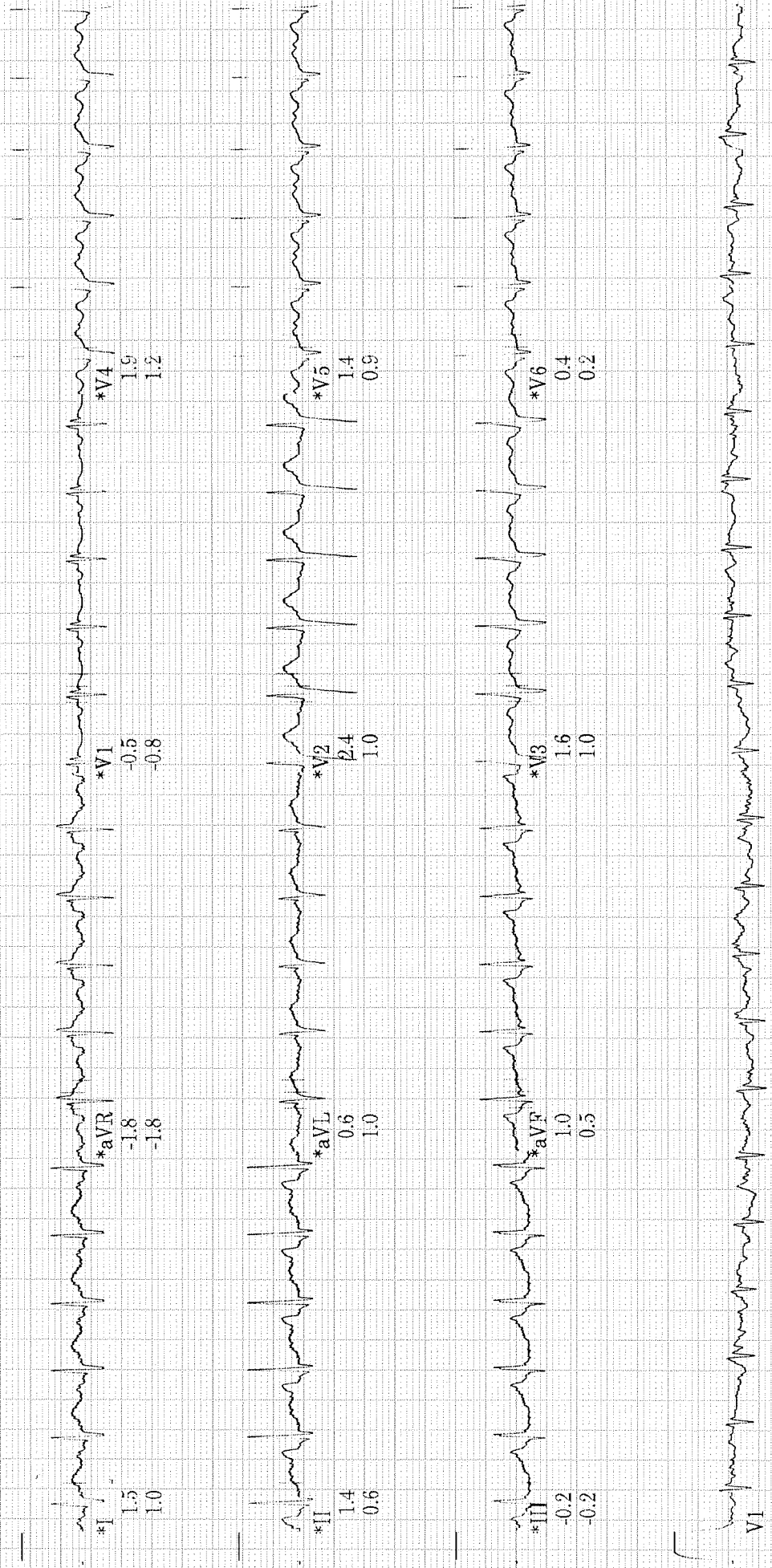
BRUCE
2.5mph
12.0%

EXERCISE
STAGE 2
5:50

134bpm

Lead
ST(mm)
Slope(mV/s)

ST @ 10mm/mV
80ms postJ



Raw Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV A-H-S-HR 46

* Computer Synthesized Rhythm

MAC55 009C

MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
12:06:33

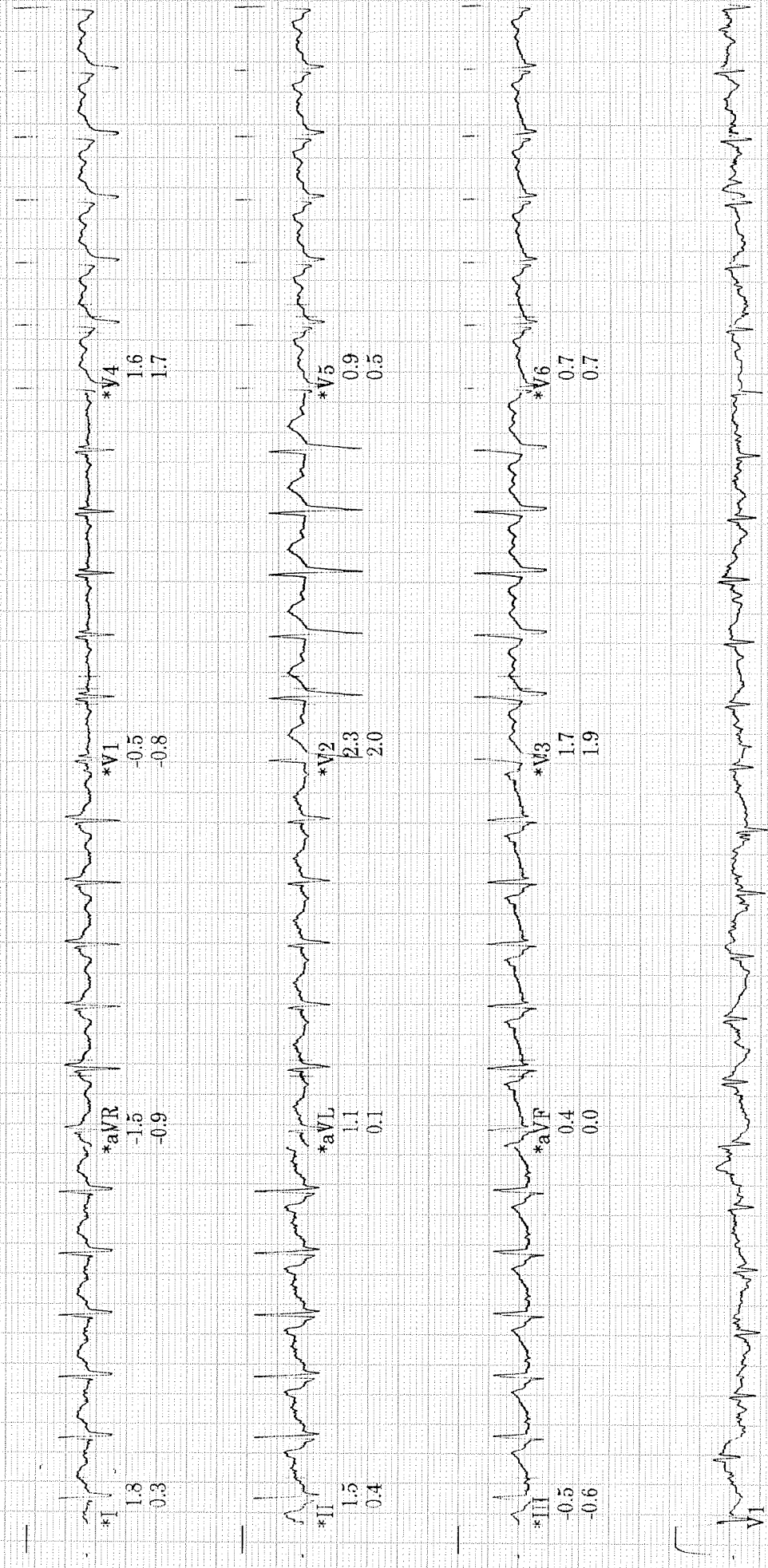
BRUCE
3.4mph
14.0%

EXERCISE
STAGE 3
8:50

146bpm
BP: 114/82

Lead
ST(mm)
Slope(mV/s)

ST @ 10mm/mV
80ms postJ



Raw Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV

A-H-S-HR 46

* Computer Synthesized Rhythm

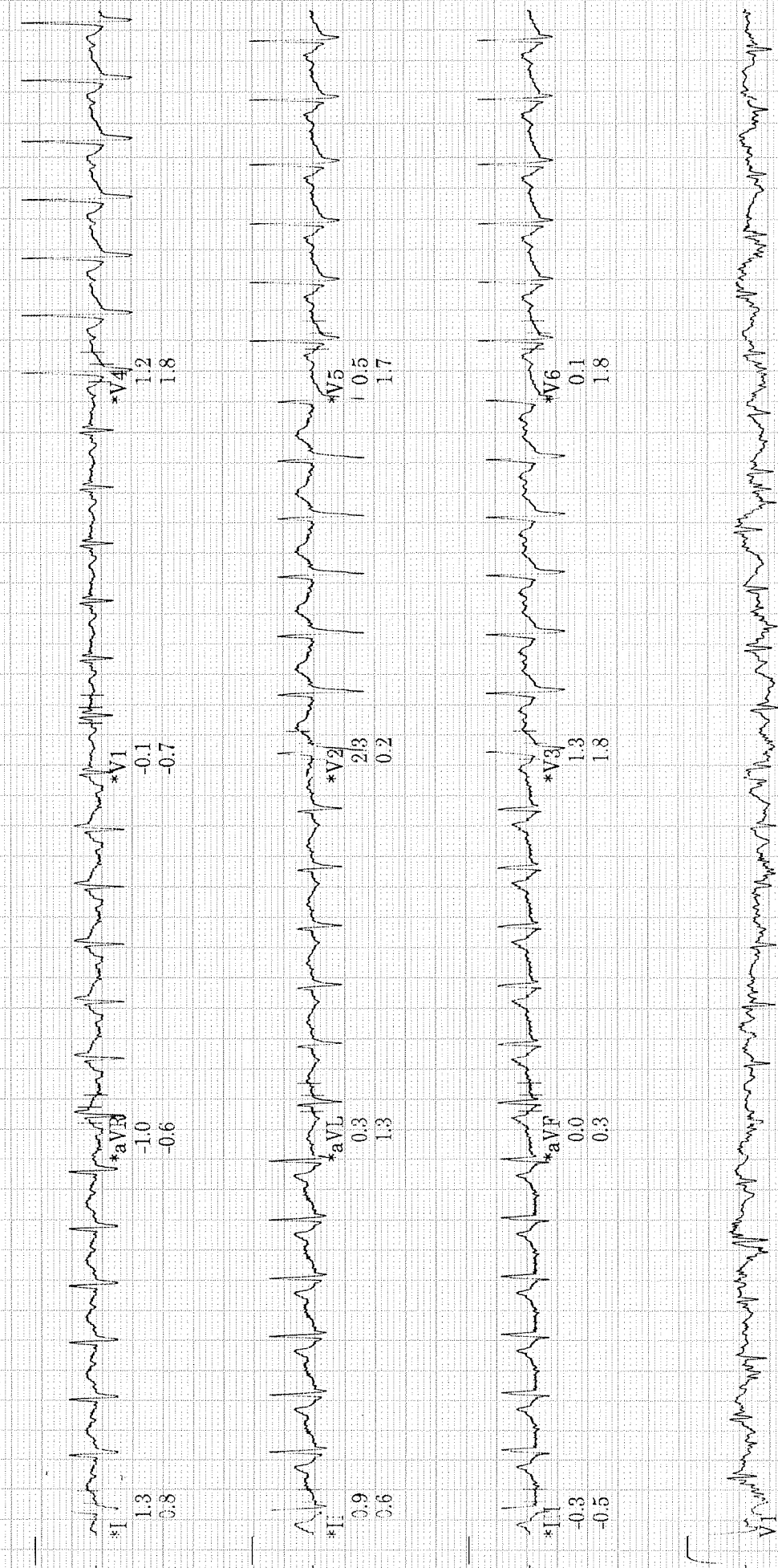
MAC55 009C

MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
12:07:28

159bpm
BP: 120/90
ST @ 10mm/mV
80ms postJ

BRUCE
4.2mph
16.0%

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV A-H-S-HR 46

* Computer Synthesized Rhythm

MAC55 009C

MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
12:08:27

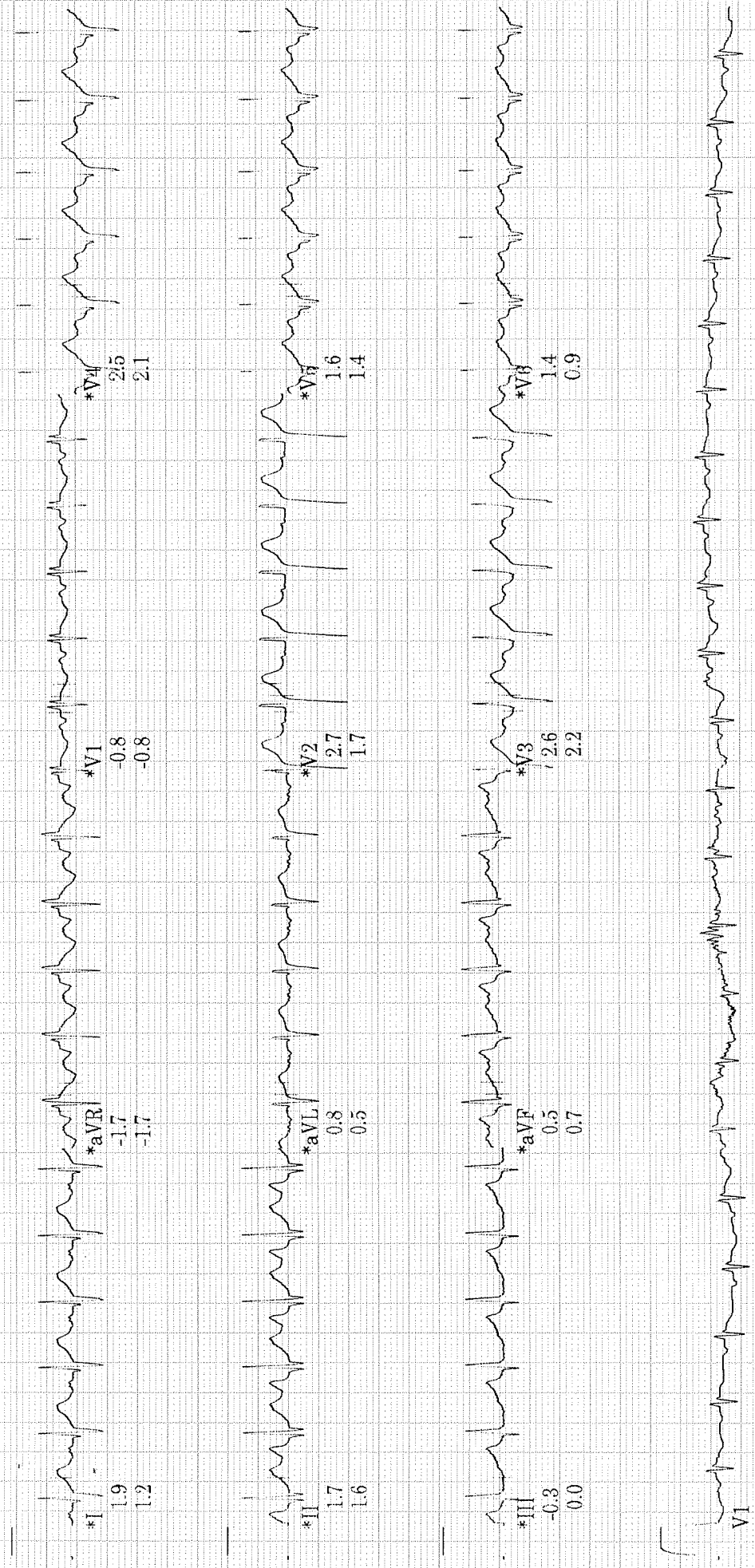
136bpm

RECOVERY
Post
1:00

BRUCE
** *mph
** *%

Lead
ST(mm)
Slope(mV/s)

ST @ 10mm/mV
80ms postI



Raw Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV

A-H-S-HR 46

* Computer Synthesized Rhythm

MAC55 009C

00

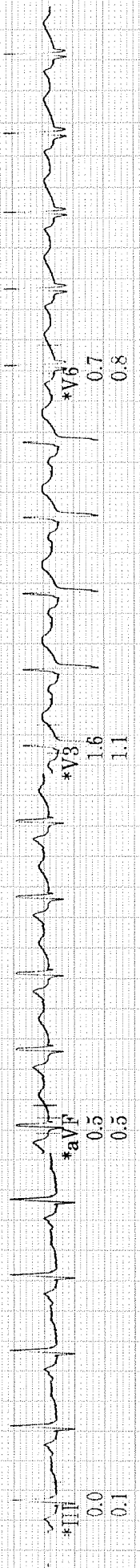
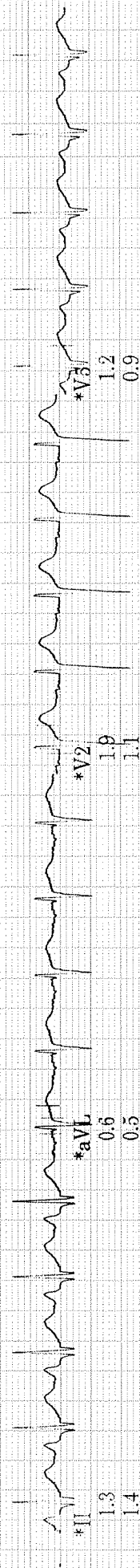
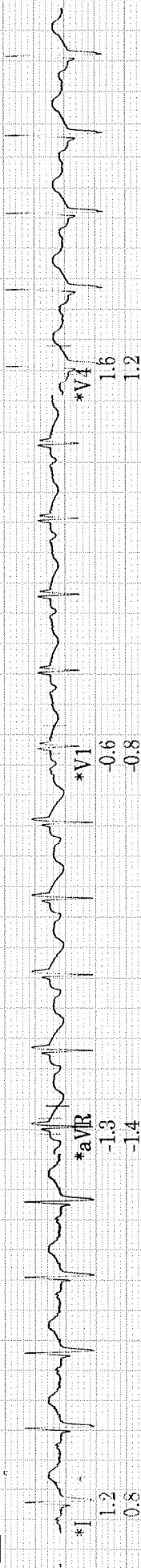
MR ANSHU KUMAR
ID: 000149919
22-Mar-2023
12:10:27

RECOVERY
Post
3:00

BRUCE
** *mph
** *%

Lead
ST(mm)
Slope(mV/s)

120bpm
ST @ 10mm/mV
80ms postJ



Raw Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV

A H S HR 46

* Computer Synthesized Rhythm

MAC55 009C

00

Health Check up Booking Confirmed Request(bobE33800),Package Code-
PKG10000309, Beneficiary Code-54101

Mediwheel <wellness@mediwheel.in>

Fri 17/03/2023 17:28

To: Anshu Kumar <Anshu.Kumar@bankofbaroda.com>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

****सावधान:** यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक ना करें या अटैचमेंट ना खोलें.
****CAUTION:** THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT CLICK ON LINKS OR OPEN ATTACHMENTS UNLESS YOU KNOW THE SENDER.

011-41195959

Email:wellness@mediwheel.in

Dear **MR. KUMAR ANSHU,**

Please find the confirmation for following request.

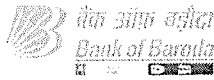
Booking Date : 16-03-2023
Package Name : Arcofemi MediWheel Full Body Annual Plus Male 2D ECHO (Metro)
Name of Diagnostic/Hospital : Apollo Clinic
Address of Diagnostic/Hospital : Plot 2012, 1st floor, Above vision express, Next to Starbucks, 100 feet road, HAL 2nd stage, Indiranagar - 560038
Contact Details : (080) 2521 4614 - 15
City : Bangalore
State : Karnataka
Pincode : 560038
Appointment Date : 22-03-2023
Confirmation Status : Confirmed
Preferred Time : 08:15:AM
Comment : APPOINTMENT TIME 9:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR ANSHU
EC NO.	73516
DESIGNATION	CREDIT
PLACE OF WORK	BENGALURU,RO BENGALURU SOUTH
BIRTHDATE	01-03-1984
PROPOSED DATE OF HEALTH CHECKUP	22-03-2023
BOOKING REFERENCE NO.	22M73516100049516E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **16-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



बैंक ऑफ बड़ोदा
Bank of Baroda

नाम: ANSHU KUMAR
Name:

कर्मचारी कूट क्र. 73516
E. C. No.



धारक के हस्ताक्षर
Signature of Holder

जारीकर्ता प्राधिकारी मू. प्र. (स) अका. न रि.
Issuing Authority CM (S), ZO, ND.



Patient Name : Mr. Anshu Kumar

Age/Gender : 39 Y/M

UHID/MR No. : CINR.0000149919

OP Visit No : CINROPV189859

Sample Collected on :

Reported on : 22-03-2023 15:23

LRN# : RAD1955805

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 9726076375

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Dr.Ramesh
Consultant Radiologist

Patient Name	: Mr. Anshu Kumar	Age/Gender	: 39 Y/M
UHID/MR No.	: CINR.0000149919	OP Visit No	: CINROPV189859
Sample Collected on	:	Reported on	: 22-03-2023 11:16
LRN#	: RAD1955805	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 9726076375		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Appears **mildly enlarged** in size (15 cm), **shape and show mildly diffusely increased echogenicity**. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

GALLBLADDER: Moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

SPLEEN: Appears normal in size (12 cm), shape and echopattern. No focal parenchymal lesions identified.

PANCREAS: Obscured by bowel gas.

KIDNEYS: Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

Right kidney measures 10x3.4 cm.

Left kidney measures 10x3.8 cm.

URINARY BLADDER: Partially Distended and appears normal. No evidence of abnormal wall thickening noted.

PROSTATE: Prostate is normal in size and echo-pattern. It measures 3x3.9x3 cm (Vol :19 cc)

No free fluid is seen.

IMPRESSION:

MILD HEPATOMEGALY WITH GRADE 1 FATTY LIVER.

Dr. JYOTI PRIYADARSHINI
MBBS, MD