

CONCLUSION OF HEALTH CHECKUP

ECU Number : 10181	MR Number : 21040819	Patient Name: POOJA KULSHRESTHA(EC-
Age : 33	Sex : Female	Height : 160
Weight : 83	Ideal Weight : 59	BMI : 32.42
Date : 15/03/2024		

Fatty Liver

A2

Fibrosis

Lgs. Hyle

Malabsor

M

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 10181 MR Number : 21040819 Patient Name: POOJA KULSHRESTHA(EC-
Age : 33 Sex : Female Height : 160
Weight : 83 Ideal Weight : 59 BMI : 32.42
Date : 15/03/2024

Past H/O : K/C/O HYPOTHYROIDISM
T. THYROXINE 25MCG OD

Present H/O : NO MEDICAL COMPLAINS AT PRESENT.

Family H/O : NO F/H/O ANY MAJOR ILLNESS.

Habits : NO
Gen.Exam. : G.C.GOOD
B.P : 130/70
Pulse : 74
Others : SPO2 98 %
C.V.S : NAD
R.S. : NAD
Abdomen : NP
Spleen : NP
Skin : NAD
C.N.S : NAD
Ice :



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ESTD. 1964



ECU Number : 10181

Age : 33

Weight : 83

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Sex : Female

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Patient Name : POOJA KULSHRESTHA(EC-

Height : 160

BMI : 32.42

Ophthalmic Check Up :

Ext Exam

Vision Without Glasses

Vision With Glasses

Final Correction

Fundus

Color Vision

Advice

Right

6/6

N.6

-

NORMAL

NORMAL

NIL

Left

NORMAL

6/6

N.6

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice





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Gynaec Check Up :

OBSTETRIC HISTORY G2 P2 - 2 FT LSCS : 5 YRS FEMALE / 9 MONTHS MALE
MENSTRUAL HISTORY -
PRESENT MENSTRUAL CYCLE LMP : 29/02/24
PAST MENSTRUAL CYCLE REGULAR CYCLE
CHIEF COMPLAINTS -
PA LSCS SCAR +
PS NAD
PV NAD
BREAST EXAMINATION RIGHT NORMAL
BREAST EXAMINATION LEFT NORMAL
PAPSMEAR TAKEN
BMD
MAMMOGRAPHY
ADVICE REGULAR BSE





Patient Name : Mrs. POOJA KULSHRESTHA(EC-11425)
 Gender / Age : Female / 35 Years 4 Months 28 Days
 MR No / Bill No. : 21040819 / 242090672
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 208040
 Request Date : 15/03/2024 08:16 AM
 Collection Date : 15/03/2024 08:20 AM
 Approval Date : 15/03/2024 02:34 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	12.4	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	5.05	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	41.2	%	36 - 46
Mean Corpuscular Volume (MCV)	81.6	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	24.6	pg	27 - 32
MCH Concentration (MCHC)	30.1	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	15.0	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	44.2	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	12.82	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	74	%	40 - 80
Lymphocytes	1	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	3	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	9.37	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.67	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.27	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.48	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	315	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
ESR	20	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



Patient Name	: Mrs. POOJA KULSHRESTHA(EC-11425)	Type	: OPD
Gender / Age	: Female / 35 Years 4 Months 28 Days	Request No.	: 208040
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Ameet Soni
MD (Path)

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. POOJA KULSHRESTHA(EC-11425) Type : OPD
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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path), DCP.

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	98	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	107	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.3	%	
estimated Average Glucose (e AG) *	105.41	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	95	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i>			
<i>< 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>> 499 Very High</i>			
Total Cholesterol	164	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.)</i>			
<i><200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>> 239 mg/dL - High</i>			
HDL Cholesterol	50	mg/dL	40 - 60
<i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600)</i>			
<i>< 40 Low</i>			
<i>> 60 High</i>			
Non HDL Cholesterol (calculated)	114	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
<i>< 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 191 Very High</i>			
LDL Cholesterol	93	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600)</i>			
<i>< 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 189 Very High</i>			
VLDL Cholesterol (calculated)	19	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	1.86		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.28		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.40	mg/dL	0 - 1
Bilirubin - Direct	0.15	mg/dL	0 - 0.3
Bilirubin - Indirect	0.25	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	24	U/L	13 - 35
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	23	U/L	14 - 59
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	162	U/L	42 - 98
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	16	U/L	5 - 55
<i>(Done by Multipoint Rate - L-γ²-glutamyl-p-nitroanilide on Vitros 5600)</i>			
Total Protein			
Total Proteins	8.02	gm/dL	6.4 - 8.2
Albumin	4.47	gm/dL	3.4 - 5
Globulin	3.55	gm/dL	3 - 3.2
A : G Ratio	1.26		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

---- End of Report ----

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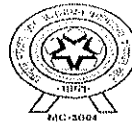
Type : OPD
 Request No. : 208040
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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (Done by Endpoint/Colorimetric - Urease on Vitros 5600)	16	mg/dL	10 - 45
BUN	7.48	mg/dL	5 - 21
Creatinine (By Modified Kinetic Jaffe Technique)	0.73	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)	4.7	mg/dL	2.2 - 5.8

---- End of Report ----

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MD (Path). DCP.



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 Location : OPD

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 Request No. : 208040
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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.29	ng/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 99 years)	: 1.07 - 1.85		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroxine (T4)	7.80	mcg/dL	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1- 2 weeks	: 9.8 - 16.6		
1- 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults (20-99 years)	: 5.91 - 12.98		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroid Stimulating Hormone (US-TSH)	2.43	microIU/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (20-99 years)	: 0.4001 - 4.049		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Test Remark	on tab		

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.



Patient Name : Mrs. POOJA KULSHRESTHA(EC-11425) Type : OPD
 Gender / Age : Female / 35 Years 4 Months 28 Days Request No. : 208040
 MR No / Bill No. : 21040819 / 242090672 Request Date : 15/03/2024 08:16 AM
 Consultant : Dr. Manish Mittal Collection Date : 15/03/2024 08:20 AM
 Location : OPD Approval Date : 15/03/2024 12:33 PM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	5.5		4.6 - 8.0
Specific Gravity	1.020		1.005 - 1.030
Protein	Negative		Negative
Glucose	Negative		Negative
Ketones	Negative		Negative
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	5 - 10	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

Reference : Wallach`s Interpretation to laboratory test, 10th edition

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.



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Gender / Age : Female / 35 Years 4 Months 28 Days
MR No / Bill No. : 21040819 / 242090672
Consultant : Dr. Manish Mittal
Location : OPD

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Request No. : 208040
Request Date : 15/03/2024 08:16 AM
Collection Date : 15/03/2024 08:20 AM
Approval Date : 15/03/2024 04:57 PM

Pap Smear

Test	Result	Units	Biological Ref. Range
Pap Smear	Pap Smear Screening Report / Cervico-Vaginal Cytology...		

Cyto No :P/672/24
Received at 11.45 am.

Clinical Details : Vaginal Discharge
P/V findings : Cx. - NAD / Vg. - NAD
LMP : 29/02/2024

TBS Report / Impression :
* Satisfactory for evaluation; transformation zone components identified.
* No significant inflammatory cellularity.
* No epithelial cell abnormality favouring squamous intraepithelial lesion or frank malignancy (NILM).

Note / Method :

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Papanathesda system (Modified 2014)

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recurrence may be requested.



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Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 21040819 Report Date : 15/03/2024

Request No. : 190108038 15/03/2024 8.16 AM

Patient Name : Mrs. POOJA KULSHRESTHA(EC-11425)

Gender / Age : Female / 35 Years 4 Months 28 Days

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD.

Consultant Radiologist



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Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 21040819 Report Date : 15/03/2024
Request No. : 190108041 15/03/2024 8.16 AM
Patient Name : Mrs. POOJA KULSHRESTHA(EC-11425
Gender / Age : Female / 35 Years 4 Months 28 Days

USG : Abdomen (Excluding Pelvis) Or Upper Abdomen

Liver is mild enlarged in size with raised echo pattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is partially distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echo pattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

COMMENT:

- **Mild hepatomegaly with fatty liver.**

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD.
Consultant Radiologist




Patient No. : 21040819 Report Date : 15/03/2024
Request No. : 190108048 15/03/2024 8.16 AM
Patient Name : **Mrs. POOJA KULSHRESTHA(EC-11425)**
Gender / Age : Female / 35 Years 4 Months 28 Days

Echo Doppler Screening

MITRAL VALVE : NORMAL, TRIVIAL MR, NO MS
AORTIC VALVE : NORMAL, NO AR, NO AS
TRICUSPID VALVE : NORMAL, NO TR, NO PAH
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO
RESTING REGIONAL WALL MOTION ABNORMALITY
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER FLOW MAPPING : TRIVIAL MR, NO AR // TR, NO PAH

FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 65%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.



Dr. V.C. CHAUHAN, M.D., CARD.

Mrs. pooja kulshrestha
Patient ID Ecu/21040819

15-03-2024 08:14:33
Standard 12-Lead

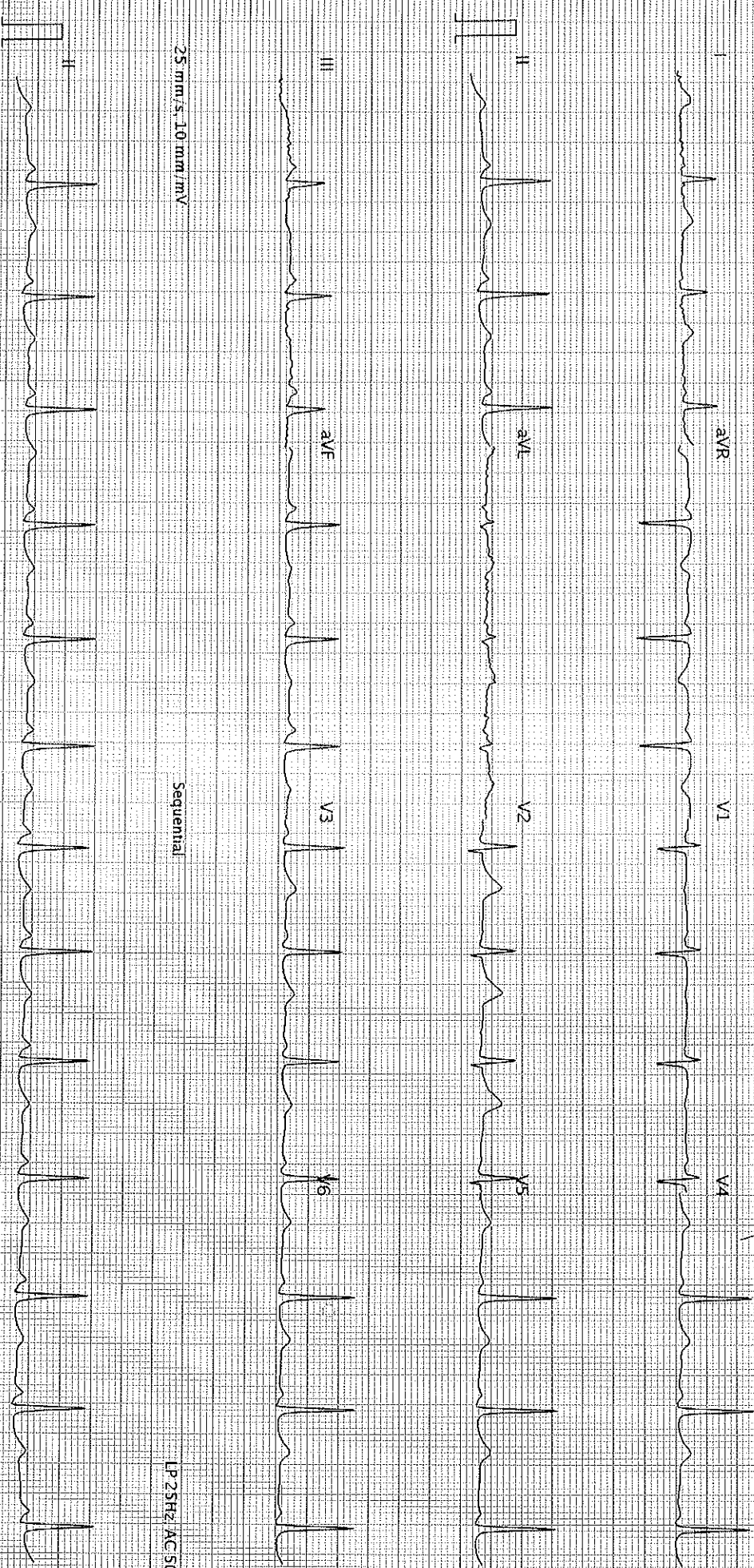
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Age 035Y
Gender Female
Pacemaker Unknown
Remark

Ref. phys.

HR 80 bpm
RR 751 ms
P 85 ms
PR 117 ms
QRS axis 74°
QT 77 ms
QTc 392 ms
T axis 17°
QTcB 452 ms

Unconfirmed report



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV
AT 102 (2.12.0 (1080.011030))

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LP 25Hz, AC 50Hz

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