



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS | EMPLOYEE DETAILS |
|---------------------------------|----------------------|
| NAME | MS. SARNA SHILPA |
| EC NO. | 162282 |
| DESIGNATION | HEAD CASHIER "E" _II |
| PLACE OF WORK | HULIMANGALA |
| BIRTHDATE | 26-02-1986 |
| PROPOSED DATE OF HEALTH CHECKUP | 24-02-2023 |
| BOOKING REFERENCE NO. | 22M162282100039682E |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-02-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Mediwheel
...Your wellness partner

NH Narayana
Multispeciality Hospital
Unit of Narayana Health

41195959 Email: wellness@mediwheel.in

Dear **MS. SARNA SHILPA,**

Please find the confirmation for foilowing request.

Booking Date : 01-02-2023
Package Name : Medi-Wheel Metro Full Body Health Checkup Femaie Beiw 40
Name of Diagnostic/Hospital : Narayana Muitspeciality Hospital, HSR Layout
Address of Diagnostic/Hospital : Basant Health Centre Building, No-1, 18th main (Opp.HSR Club), Sector 3, HSR Layout Bangalore Karnataka 560102
Contact Details : 8884435416
City : Bangalore
State : Karnataka
Pincode : 560102
Appointment Date : 24-02-2023
Confirmation Status : Confirmed
Preferred Time : 8:00am-11:30am
Comment : APPOINTMENT TIME 8:30AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring ail your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycie.

Request you to reach haif an hour before the scheduled time.

in case of further assistance, Please reach out to Team Mediwheel.

Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: LB5110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekai Taiuk, Bangalore 560099

Hospital Address: Basant Health Centre Building, No. 1, 18th Main, Opposite HSR Club, Sector 3
HSR Layout, Bangalore 560102

Tel : +91- 080 7111 2223 | Fax +91- 080 7111 2272 | Email: info.hsr@narayanahealth.org | www.narayanahealth.org

<https://outlook.office.com/mail/inbox/id/AAQKADYxYzIQZGMxLTU3MzIINDQ2ZCQ5MWM0LWJmNGZIZGZINzk4YwAQAAanzOBGhnXZEgQd52gV...> 1/1



Appointments

1800-309-0309 (Toll Free)

Emergencies

97384-97384

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

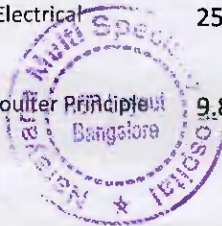
Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 10:50 AM Reported On : 24/02/2023 11:41 AM

Barcode : B22302240046 Specimen : Whole Blood Consultant : Dr. Nivea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

HAEMATOLOGY LAB

| Test | Result | Unit | Biological Reference Interval |
|---|--------|----------------|-------------------------------|
| COMPLETE BLOOD COUNT (CBC) | | | |
| Haemoglobin (Hb%) (Oxymethemoglobin Method) | 13.0 | g/dL | 12.0-15.0 |
| Red Blood Cell Count (Coulter Principle/Electrical Impedance) | 4.34 | Million/ul | 3.8-5.8 |
| PCV (Packed Cell Volume) / Hematocrit (Calculated) | 40.1 | % | 36.0-46.0 |
| MCV (Mean Corpuscular Volume) (Derived From RBC Histogram) | 92 | fL | 83.0-101.0 |
| MCH (Mean Corpuscular Haemoglobin) (Calculated) | 30.0 | pg | 27.0-32.0 |
| MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated) | 32.4 | g/L | 31.5-34.5 |
| Red Cell Distribution Width (RDW) (Derived) | 17.2 H | % | 11.6-14.0 |
| Platelet Count (Coulter Principle/Electrical Impedance) | 252 | Thous/ μ L | 150.0-450.0 |
| Total Leucocyte Count(WBC) (Coulter Principle/Electrical Impedance) | 9.8 | Thous/cumm | 4.0-10.0 |
| DIFFERENTIAL COUNT (DC) | | | |
| Neutrophils (VCSn Technology) | 57.2 | % | 35.0-66.0 |
| Lymphocytes (VCSn Technology) | 36.8 | % | 20.0-40.0 |
| Monocytes (VCSn Technology) | 3.7 | % | 2.0-10.0 |
| Eosinophils (VCSn Technology) | 2.2 | % | 1.0-6.0 |



Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|---------------------------|---------------|---|----------|
| Basophils (Calculated) | 0.1 | % | 0.0-1.0 |
| Absoiute Neutrophil Count | 5.61 | - | 2.0-7.0 |
| Absolute Lymphocyte Count | 3.61 H | - | 1.0-3.0 |
| Absolute Monocyte Count | 0.37 | - | 0.2-1.0 |
| Absolute Eosinophil Count | 0.22 | - | 0.02-0.5 |
| Absolute Basophil Count | 0.01 L | - | 0.02-0.1 |

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Seema S

Dr. Seema Sivasankaran
 MD, DNB
 CONSULTANT PATHOLOGIST

Nete

- * Abnormal results are highlighted.
- * Results relate to the sample only.
- * Kindly correate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 12:02 PM Reported On : 24/02/2023 01:06 PM

Barcode : B32302240021 Specimen : Urine Consultant : Dr. Nivea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

CLINICAL PATHOLOGY

| Test | Result | Unit | Biological Reference Interval |
|---------------------------------------|-------------|------|-------------------------------|
| URINE ROUTINE & MICROSCOPY | | | |
| PHYSICAL EXAMINATION | | | |
| Volume | 30 | ml | - |
| Colour | Pale Yellow | - | - |
| Appearance | Clear | - | - |
| CHEMICAL EXAMINATION | | | |
| pH(Reaction) | 6.0 | - | 4.8-7.5 |
| Sp. Gravity | 1.010 | - | - |
| Protein | Negative | - | Negative |
| Urine Glucose | Negative | - | Negative |
| Ketone Bodies | Negative | - | Negative |
| Bile Salts | Negative | - | Negative |
| Bile Pigment (Bilirubin) | Negative | - | Negative |
| Urobilinogen | Normal | - | Normal |
| Blood Urine | Negative | - | Negative |
| MICROSCOPIC EXAMINATION | | | |
| Pus Cells | 10-12/hpf | - | 0-2 / hpf |
| RBC | Not Seen | - | Nil |



Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|------------------|------------|---|---|
| Epithelial Cells | Plenty/hpf | - | - |
| Crystals | Not Seen | - | - |
| Casts | Not Seen | - | - |
| Bacteria | Present | - | - |

Kindly correlate with microbiology reports.

Urine For Sugar (Fasting) (Semiquantitative Strip Method) **Negative**

--End of Report--

Seema S

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MD, DNB
CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 11:59 AM Reported On : 24/02/2023 12:57 PM

Barcode : B12302240079 Specimen : Whole Blood Consultant : Dr. Niviea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|---------------------------|---------------|------|---|
| HBA1C | | | |
| HbA1c | 6.1 H | % | Normal: 4.0-5.6 Prediabetes: 5.7-6.40 Diabetes: => 6.5 ADA standards: = 2020 |
| Estimated Average Glucose | 128.37 | % | - |

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

Collected On : 24/02/2023 12:22 PM Received On : 24/02/2023 12:48 PM Reported On : 24/02/2023 12:55 PM

Barcode : B12302240109 Specimen : Plasma Consultant : Dr. Niviea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|---|--------------|-------|---|
| Post Prandial Blood Sugar (PPBS) (Glucose Oxidase, Peroxidase) | 153 H | mg/dL | ADA standards 2020 =>200 : Diabetes 70 to 139 : Normal 140 to 199 : Pre-diabetes |

--End of Report--

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Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

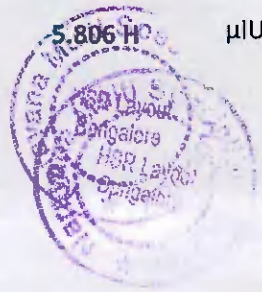
Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 11:13 AM Reported On : 24/02/2023 12:00 PM

Barcode : B12302240078 Specimen : Serum Consultant : Dr. Niviea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|--|---------|--------|--|
| LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL) | | | |
| Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase)) | 166 L | mg/dL | Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240 |
| Triglycerides (Enzymatic Method) | 115 | mg/dL | Both: Normal: < 150 Both: Borderline: 150-199 Both: High: 200-499 Both: Very High: > 500 |
| HDL Cholesterol (HDLC) (Direct Method) | 42 | mg/dL | 40.0-60.0 |
| Non-HDL Cholesterol | 124 | - | - |
| LDL Cholesterol (Calculated) | 80.31 | mg/dL | Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190 |
| VLDL Cholesterol (Calculated) | 23 | mg/dL | 0.0-40.0 |
| Cholesterol /HDL Ratio (Calculated) | 4 | - | 0.0-5.0 |
| THYROID PROFILE (T3, T4, TSH) | | | |
| Tri Iodo Thyronine (T3) (Chemiluminescence Immuno Assay (CLIA)) | 1.20 | ng/mL | 0.6-1.8 |
| Thyroxine (T4) (Chemiluminescence Immuno Assay (CLIA)) | 10.6 | µg/dl | 3.2-12.6 |
| TSH (Thyroid Stimulating Hormone) (Chemiluminescence Immuno Assay (CLIA)) | 5.806 H | µIU/mL | > 18 Year(s) : 0.4 - 4.049 > 18 Year(s) : Pregnancy 1st Trimester: 0.129-3.120 > 18 Year(s) : 2nd Trimester : 0.274-2.652 > 18 Year(s) : 3rd Trimester : 0.312-2.947 |



LIVER FUNCTION TEST(LFT)



Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|---|---------------|---------------------------|--|
| Bilirubin Total (Diazo Method) | 0.62 | mg/dL | 0.2-1.3 |
| Conjugated Bilirubin (Direct) (Modified Diazo Method) | 0.2 | mg/dL | 0.0-0.3 |
| Unconjugated Bilirubin (Indirect) (Dual Wavelength - Reflectance Spectrophotometry) | 0.42 | mg/dL | 0.0-1.1 |
| Total Protein (Biuret Method) | 7.9 | g/dL | 6.3-8.2 |
| Serum Albumin (PCP Dye Binding Method) | 4.1 | gm/dL | 3.5-5.0 |
| Serum Globulin (Calculated) | 3.8 H | gm/dL | 2.0-3.5 |
| Albumin To Globulin (A/G)Ratio (Calculated) | 1.08 | - | 1.0-2.1 |
| SGOT (AST) (UV With P5P) | 33 | U/L | 14.0-36.0 |
| SGPT (ALT) (UV With P5P) | 41 H | U/L | <35.0 |
| Alkaline Phosphatase (ALP) (PNPP With AMP Buffer) | 105 | U/L | 38.0-126.0 |
| Gamma Glutamyl Transferase (GGT) (Enzymatic (Gamma Glutamyl Carboxynitrilide)) | 29 | U/L | 12.0-43.0 |
| RENAL PACKAGE - 2 (RFT FASTING) | | | |
| Fasting Blood Sugar (FBS) (Hexokinase) | 101 H | mg/dL | ADA standards 2020 =>126 : Diabetes 70 to 99 : Normal 100 to 125 : Pre-diabetes |
| Blood Urea Nitrogen (BUN) (Enzymatic Method (uricase)) | 6.28 L | mg/dL | 7.0-17.0 |
| SERUM CREATININE | | | |
| Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase)) | 0.67 | mg/dL | 0.52-1.04 |
| eGFR (Calculated) | 99.6 | mL/min/1.73m ² | Indicative of renal impairment : < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age. |

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|--|--------------|--------|-------------|
| Serum Sodium (Ion Selective Electrode Direct (Dry Chemistry)) | 136 L | mmol/L | 137.0-145.0 |
| Serum Potassium (ION Selective Electrode Direct (Dry Chemistry)) | 4.26 | mmol/L | 3.5-5.1 |
| Serum Chloride (ION Selective Electrode Direct (Dry Chemistry)) | 105 | mmol/L | 98.0-107.0 |
| Serum Bicarbonate Level | 23 | mmol/L | 22.0-30.0 |
| Serum Calcium (Arsezano III Dye Binding Method) | 8.8 | mg/dL | 8.42-10.2 |
| Serum Magnesium (Dye Binding Using Methyl Thymol Blue) | 1.8 | mg/dL | 1.6-2.3 |
| Serum Uric Acid (Uricase, UV) | 5.4 | mg/dL | 2.5-6.2 |
| Serum Phosphorus | 3.56 | mg/dL | 2.5-4.5 |

--End of Report--

Seema S

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CONSULTANT PATHOLOGIST



Note

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)
Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 12:49 PM Reported On : 24/02/2023 01:43 PM
Barcode : B32302240023 Specimen : Urine Consultant : Dr. Nivea C(GENERAL MEDICINE)
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

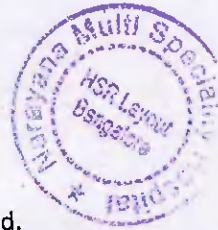
CLINICAL PATHOLOGY

| Test | Result | Unit |
|---|----------|------|
| Urine For Sugar (Post Prandial) (Semiquantitative Strip Method) | Negative | - |

--End of Report--

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DEPARTMENT OF LABORATORY MEDICINE

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Barcode : B12302240109 Specimen : Plasma Consultant : Dr. Nivea C(GENERAL MEDICINE)
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|--|--------|-------|---|
| Post Prandial Blood Sugar (PPB5) (Glucose Oxidase, Peroxidase) | 153 H | mg/dL | ADA standards 2020 =>200 : Diabetes 70 to 139 : Normal 140 to 199 : Pre-diabetes |

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Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|---------------------------|--------|------|---|
| HbA1C | | | |
| HbA1c | 6.1 H | % | Normal: 4.0-5.6 Prediabetes: 5.7-6.40 Diabetes: => 6.5 ADA standards: = 2020 |
| Estimated Average Glucose | 128.37 | % | - |

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

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BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|--|---------|--------|--|
| LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL) | | | |
| Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase)) | 166 L | mg/dL | Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240 |
| Triglycerides (Enzymatic Method) | 115 | mg/dL | Both: Normal: < 150 Both: Borderline: 150-199 Both: High: 200-499 Both: Very High: > 500 |
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| LDL Cholesterol (Calculated) | 80.31 | mg/dL | Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190 |
| VLDL Cholesterol (Calculated) | 23 | mg/dL | 0.0-40.0 |
| Cholesterol /HDL Ratio (Calculated) | 4 | - | 0.0-5.0 |
| THYROID PROFILE (T3, T4, TSH) | | | |
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LIVER FUNCTION TEST(LFT)



Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

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|---|--------|---------------|--|
| Bilirubin Total (Diazo Method) | 0.62 | mg/dL | 0.2-1.3 |
| Conjugated Bilirubin (Direct) (Modified Diazo Method) | 0.2 | mg/dL | 0.0-0.3 |
| Unconjugated Bilirubin (Indirect) (Dual Wavelength - Reflectance Spectrophotometry) | 0.42 | mg/dL | 0.0-1.1 |
| Total Protein (Biuret Method) | 7.9 | g/dL | 6.3-8.2 |
| Serum Albumin (PCP Dye Binding Method) | 4.1 | gm/dL | 3.5-5.0 |
| Serum Globulin (Calculated) | 3.8 H | gm/dL | 2.0-3.5 |
| Albumin To Globulin (A/G)Ratio (Calculated) | 1.08 | - | 1.0-2.1 |
| SGOT (AST) (UV With P5P) | 33 | U/L | 14.0-36.0 |
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| Serum Chloride (ION Selective Electrode Direct (Dry Chemistry)) | 105 | mmol/L | 98.0-107.0 |
| Serum Bicarbonate Level | 23 | mmol/L | 22.0-30.0 |
| Serum Calcium (Arsezano III Dye Binding Method) | 8.8 | mg/dL | 8.42-10.2 |
| Serum Magnesium (Dye Binding Using Methyl Thymoi Blue) | 1.8 | mg/dL | 1.6-2.3 |
| Serum Uric Acid (Uricase, UV) | 5.4 | mg/dL | 2.5-6.2 |
| Serum Phosphorus | 3.56 | mg/dL | 2.5-4.5 |

--End of Report--

Seema S

Dr. Seema Sivasankaran
MD, DNB
CONSULTANT PATHOLOGIST



Note

- * Abnormal results are highlighted.
- * Results relate to the sample only.
- * Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 10:50 AM Reported On : 24/02/2023 12:20 PM

Barcode : BB2302240003 Specimen : Whole Blood Consultant : Dr. Nivea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

LAB - BLOOD BANK

| Test | Result | Unit |
|------------------------------------|----------|------|
| BLOOD GROUP & RH TYPING | | |
| Blood Group | O | - |
| RH Typing | Positive | - |

--End of Report--

Seema S

Dr. Seema Sivasankaran
MD, DNB
CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 10:50 AM Reported On : 24/02/2023 12:46 PM

Barcode : 622302240047 Specimen : Whole Blood - ESR Consultant : Dr. Nivea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

HAEMATOLOGY LAB

| Test | Result | Unit | Biological Reference Interval |
|--------------------------------------|--------|--------|-------------------------------|
| Erythrocyte Sedimentation Rate (ESR) | 18 | mm/1hr | 0.0-19.0 |

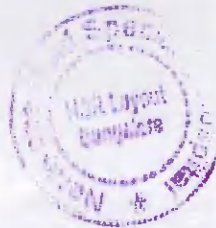
--End of Report--

Seema S

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CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

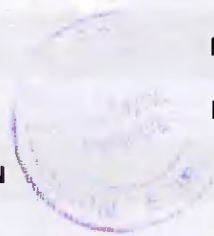
Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 12:02 PM Reported On : 24/02/2023 01:06 PM

Barcode : B32302240021 Specimen : Urine Consultant : Dr. Niviea C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

CLINICAL PATHOLOGY

| Test | Result | Unit | Biological Reference Interval |
|---------------------------------------|-------------|------|-------------------------------|
| URINE ROUTINE & MICROSCOPY | | | |
| PHYSICAL EXAMINATION | | | |
| Volume | 30 | ml | - |
| Colour | Pale Yellow | - | - |
| Appearance | Clear | - | - |
| CHEMICAL EXAMINATION | | | |
| pH(Reaction) | 6.0 | - | 4.8-7.5 |
| Sp. Gravity | 1.010 | - | - |
| Protein | Negative | - | Negative |
| Urine Glucose | Negative | - | Negative |
| Ketone Bodies | Negative | - | Negative |
| Bile Salts | Negative | - | Negative |
| Bile Pigment (Bilirubin) | Negative | - | Negative |
| Urobilinogen | Normal | - | Normal |
| Blood Urine | Negative | - | Negative |
| MICROSCOPIC EXAMINATION | | | |
| Pus Cells | 10-12/hpf | - | 0-2 / hpf |
| RBC | Not Seen | - | Nil |



Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|------------------|------------|---|---|
| Epithelial Cells | Pienty/hpf | - | - |
| Crystals | Not Seen | - | - |
| Casts | Not Seen | - | - |
| Bacteria | Present | - | - |

Kindly correlate with microbiology reports.

Urine For Sugar (Fasting) (Semiquantitative Strip Method) **Negative** - -

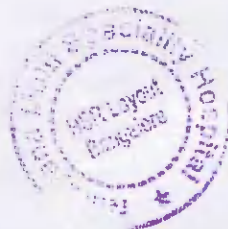
--End of Report--

Seema S

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CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs SHILPA SARNA MRN : 2010000004161 Gender/Age : FEMALE , 36y (26/02/1986)
 Collected On : 24/02/2023 10:17 AM Received On : 24/02/2023 11:13 AM Reported On : 24/02/2023 12:00 PM
 Barcode : B12302240078 Specimen : Serum Consultant : Dr. Nivea C(GENERAL MEDICINE)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8050097219

BIOCHEMISTRY

| Test | Result | Unit | Biological Reference Interval |
|--|---------|--------|--|
| LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL) | | | |
| Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase)) | 166 L | mg/dL | Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240 |
| Triglycerides (Enzymatic Method) | 115 | mg/dL | Both: Normal: < 150 Both: Borderline: 150-199 Both: High: 200-499 Both: Very High: > 500 |
| HDL Cholesterol (HDLC) (Direct Method) | 42 | mg/dL | 40.0-60.0 |
| Non-HDL Cholesterol | 124 | - | - |
| LDL Cholesterol (Calculated) | 80.31 | mg/dL | Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190 |
| VLDL Cholesterol (Calculated) | 23 | mg/dL | 0.0-40.0 |
| Cholesterol /HDL Ratio (Calculated) | 4 | - | 0.0-5.0 |
| THYROID PROFILE (T3, T4, TSH) | | | |
| Tri iodo Thyronine (T3) (Chemiluminescence Immuno Assay (CLIA)) | 1.20 | ng/mL | 0.6-1.8 |
| Thyroxine (T4) (Chemiluminescence Immuno Assay (CLIA)) | 10.6 | µg/dl | 3.2-12.6 |
| TSH (Thyroid Stimulating Hormone) (Chemiluminescence immuno Assay (CLIA)) | 5.806 H | µIU/mL | > 18 Year(s) : 0.4 - 4.049 > 18 Year(s) : Pregnancy 1st Trimester: 0.129-3.120 > 18 Year(s) : 2nd Trimester : 0.274-2.652 > 18 Year(s) : 3rd Trimester : 0.312-2.947 |

LIVER FUNCTION TEST(LFT)



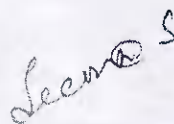
Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|---|---------------|---------------------------|---|
| Bilirubin Total (Diazo Method) | 0.62 | mg/dL | 0.2-1.3 |
| Conjugated Bilirubin (Direct) (Modified Diazo Method) | 0.2 | mg/dL | 0.0-0.3 |
| Unconjugated Bilirubin (Indirect) (Dual Wavelength - Reflectance Spectrophotometry) | 0.42 | mg/dL | 0.0-1.1 |
| Total Protein (Biuret Method) | 7.9 | g/dL | 6.3-8.2 |
| Serum Albumin (PCP Dye Binding Method) | 4.1 | gm/dL | 3.5-5.0 |
| Serum Globulin (Calculated) | 3.8 H | gm/dL | 2.0-3.5 |
| Albumin To Globulin (A/G)Ratio (Calculated) | 1.08 | - | 1.0-2.1 |
| SGOT (AST) (UV With P5P) | 33 | U/L | 14.0-36.0 |
| SGPT (ALT) (UV With P5P) | 41 H | U/L | <35.0 |
| Alkaline Phosphatase (ALP) (PNPP With AMP Buffer) | 105 | U/L | 38.0-126.0 |
| Gamma Glutamyl Transferase (GGT) (Enzymatic (Gamma Glutamyl Carboxynitrilide)) | 29 | U/L | 12.0-43.0 |
| RENAL PACKAGE - 2 (RFT FASTING) | | | |
| Fasting Blood Sugar (FBS) (Hexokinase) | 101 H | mg/dL | ADA standards 2020 =>126 : Diabetes 70 to 99 : Normal 100 to 125 : Pre-diabetes |
| Blood Urea Nitrogen (BUN) (Enzymatic Method (uricase)) | 6.28 L | mg/dL | 7.0-17.0 |
| SERUM CREATININE | | | |
| Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase)) | 0.67 | mg/dL | 0.52-1.04 |
| eGFR (Calculated) | 99.6 | mL/min/1.73m ² | Indicative of renal impairment : < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age. |

Patient Name : Mrs SHILPA SARNA MRN : 20100000004161 Gender/Age : FEMALE , 36y (26/02/1986)

| | | | |
|--|--------------|--------|-------------|
| Serum Sodium (Ion Selective Electrode Direct (Dry Chemistry)) | 136 L | mmol/L | 137.0-145.0 |
| Serum Potassium (ION Selective Electrode Direct (Dry Chemistry)) | 4.26 | mmol/L | 3.5-5.1 |
| Serum Chloride (iON Selective Electrode Direct (Dry Chemistry)) | 105 | mmol/L | 98.0-107.0 |
| Serum Bicarbonate Level | 23 | mmol/L | 22.0-30.0 |
| Serum Calcium (Arsezano lil Dye Binding Method) | 8.8 | mg/dL | 8.42-10.2 |
| Serum Magnesium (Dye Binding Using Methyl Thymol Blue) | 1.8 | mg/dL | 1.6-2.3 |
| Serum Uric Acid (Uricase, UV) | 5.4 | mg/dL | 2.5-6.2 |
| Serum Phosphorus | 3.56 | mg/dL | 2.5-4.5 |

--End of Report--


 Dr. Seema Sivasankaran
 MD, DNB
 CONSULTANT PATHOLOGIST



Note

- * Abnormal results are highlighted.
- * Results relate to the sample only.
- * Kindly correlate clinically.



| | | | |
|---------------------|------------------|---------------------------|------------------|
| Patient Name | MRS SHILPA SARNA | Requested By | Dr. Nivea C |
| MRN | 20100000004161 | Procedure DateTime | 24-02-2023 10:54 |
| Age/Sex | 36Y 11M/Female | Hospital | NH-HSR |

CHEST RADIOGRAPH (PA VIEW)


CLINICAL DETAILS: For health checkup.

FINDINGS:

- The lung fields and bronchovascular markings appear normal.
- The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- The visualized bones and soft tissue structures appear normal.
- Both the diaphragmatic domes appear normal.

IMPRESSION:

- **No significant abnormality detected.**


Dr. Tanuj Gupta MBBS, DMRD, DNB
Lead and Senior Consultant Radiologist

* This is a digitally signed valid document. Reported Date/Time: 24-02-2023 11:50

This report has been generated from **NH Teleradiology 24/7**, a service of Narayana Health

-- End of Report --

Page 1 of 1

Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Basant Health Centre Building, No. 1, 18th Main, Opposite HSR Club, Sector 3

HSR Layout, Bangalore 560102

Tel : +91- 080 7111 2223 | Fax +91- 060 7111 2272 | Email: info.hsr@narayanahealth.org | www.narayanahealth.org



Appointments
1800-309-0309 (Toll Free)

Emergencies

97384-97384

Patient Name : Ms. Shilpa Sarna **MRN** : 20100000004161
Age : 36 Years **Sex** : Female
Referred by : PKG **Date** : 24-02-2023

ULTRASOUND ABDOMEN AND PELVIS

FINDINGS:

Liver is enlarged in size (17.3 cm). There is mild diffuse increase in parenchymal echogenicity. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in course, caliber and shows hepatopetal flow. Hepatic veins and their confluence draining into the IVC appear normal.

CBD is not dilated.

Gallbladder is well distended. There is no evidence of calculus/wall thickening/pericholecystic fluid.

Pancreas to the extent visualized, appears normal in size, contour and echogenicity.

Spleen is normal in size (8.6 cm), shape, contour and echopattern. No evidence of mass or focal lesions.

Right Kidney is normal in size (measures 9.8 cm in length & 1.2 cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Left Kidney is normal in size (measures 10.2 cm in length & 1.2 cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Urinary Bladder is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

Uterus is anteverted and normal in size, measures 7.6 x 3.7 x 4.7 cm. Myometrial and endometrial echoes are normal. **Endometrium** measures 9.1 mm. Endometrial cavity is empty.

Both ovaries are sub optimally visualized due to excessive bowel gas.

Both adnexa: No mass is seen.

POD: There is no free fluid in the POD.

There is no ascites or pleural effusion.

IMPRESSION:

- **Hepatomegaly with grade I fatty change**

Dr. Varsha Masarapu, DMRD (DNB)
Consultant Radiologist

Disclaimer

Narayana Investigations Private Hospital Solitary pathological/Radiological and other investigations never confirm the final diagnosis. **Appointments only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly. This report is not for Medico-Legal purposes. Printing mistakes should immediately be brought to notice for correction.** **1800-309-0309 (Toll Free)**

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099
Hospital Address: Basant Health Centre Building, No. 1, 18th Main, Opposite HSR Club, Sector 3
HSR Layout, Bangalore 560102

Emergencies

97384-97384

Tel : +91- 080 7111 2223 | Fax +91- 080 7111 2272 | Email: info.hsr@narayanahealth.org | www.narayanahealth.org

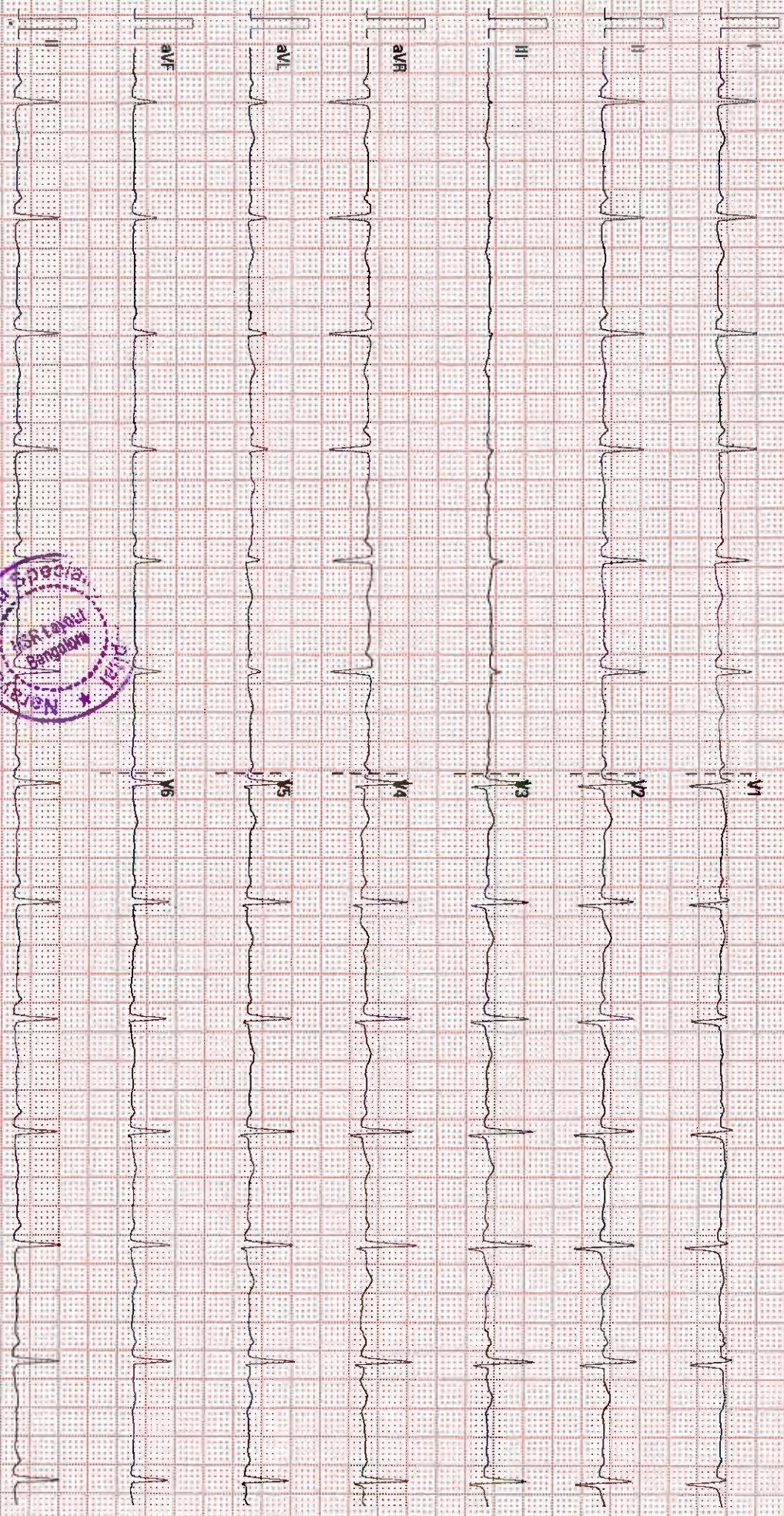
ID: 201000000004151
Name: Mrs Shilpa Sarma
Age: 36 Years
Gender: Female

24-02-2023 11:31:09

Heart Rate 76 bpm
PR Interval 158 ms
QRS Duration 76 ms
QT/QTc Interval 388/416 ms
P/QRS/T Axes 38/47/73 deg
DTc-Hodges

Sinus rhythm
Normal ECG

Unconfirmed Diagnosis



25 mm/s
10 mm/mV
50 Hz
BDR 20 Hz

02.10.00/V28.4.1
SN:FN 26036637

COLOUR DOPPLER ECHOCARDIOGRAPHY SCREENING REPORT

NAME :Mrs SHILPA SARNA

AGE/SEX: 36Yrs/Male

ID NO :2010000004161

DATE : - 24.02.23

REF BY : DR . GUNDURAO HARSH JOSHI**ECHO WINDOW: SUB OPTIMAL**

- LV FUNCTION: NORMAL
- RV FUNCTION :NORMAL
- PA PRESSURE :NORMAL
- CHAMBERS : NORMAL
- RWMA : NO RWMA

TAPSE : 20 MM

LVEF:- 60%

PASP:16 MMHG

HR: 75 BPM (Sinus Rhythm)

VALVES :

- MITRAL :NORMAL,TRIVIAL MR
- AORTIC :NORMAL
- TRICUSPID : NORMAL
- PULMONARY :NORMAL
- PULMONARY : NORMAL

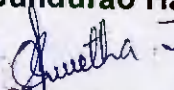
IAS/IVS : INTACT

OTHER FINDING :

IVC- 17 mm ,Normal sized , Collapsing well , normal RA pressure.

Senior consultant cardiologist
Dr Babu ReddyConsultant cardiologist
Dr Gundurao Harsh Joshi

Done By: Ms. Swetha J


Signature