

## PHYSICIAN CONSULTATION

DATE:- 26-6-21

NAME:- Nisarg. C. Desai.

DOB: 09-11-1991

AGE:- 30yrs.

SEX:- Male

HEIGHT:- 181cmg

WEIGHT:- 101 kgs

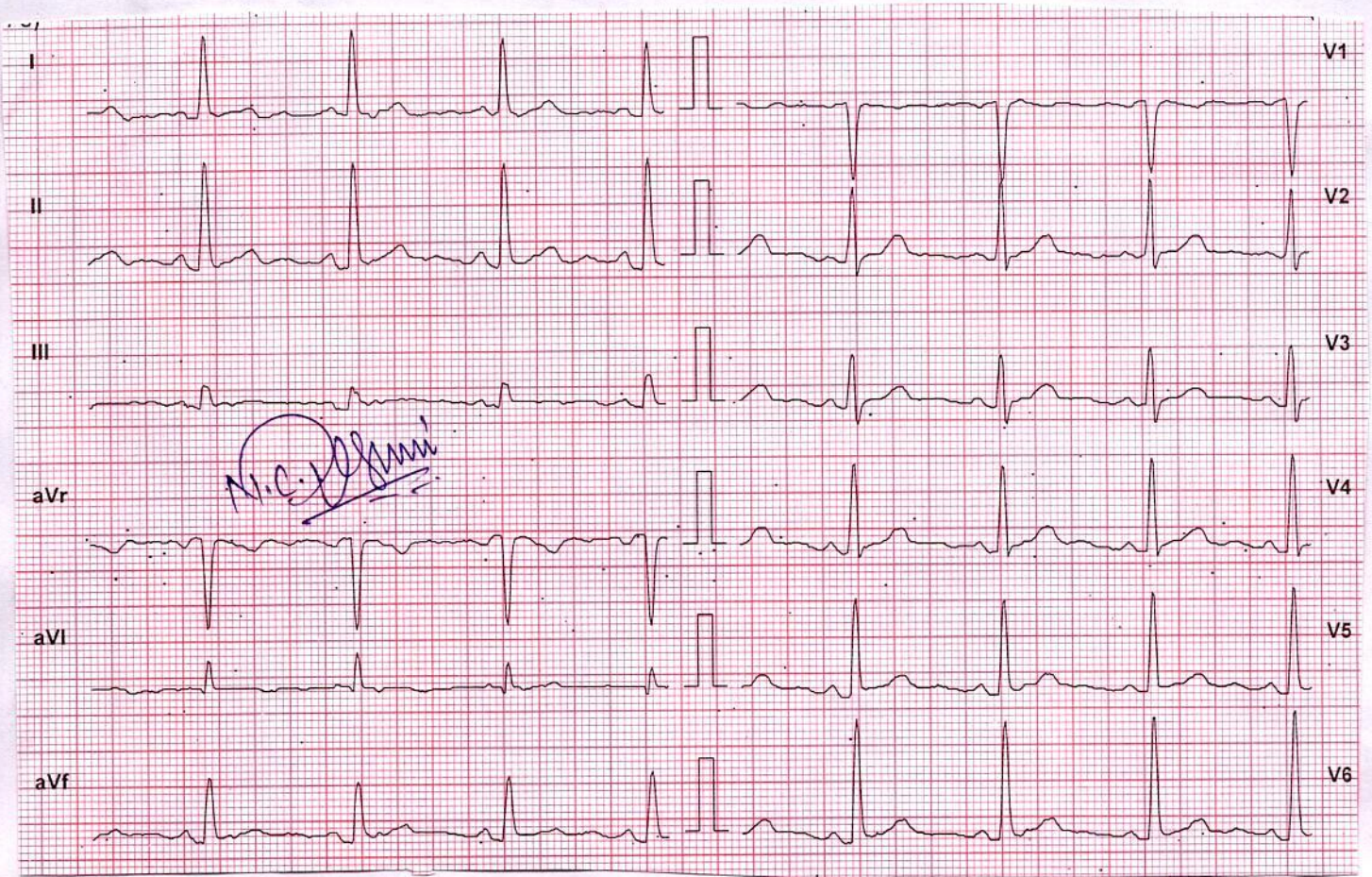
BMI:- 30 kg/m<sup>2</sup>

BP READING:- 120/80 mm/Hg



**DR. N. R. SHAH**  
MBBS  
REG. NO G-15062





NSR WNL

P-74

~~Dr. K. B. Parmar~~  
(MD, Phy)  
G 24249

\*5869\*

Patient Name : Nisarg Chandresh Desai  
Sample No. : 5869  
Referred : C/o. Bank Of Baroda

Age/Sex : 30 Years/Male  
Registration On:26/06/2021/09:19  
Approved On :26/06/2021 12:45

## HAEMOGRAM REPORT

Sample Type :-

### TESTS

### RESULT

### UNITS

### REFERENCE RANGE

#### **BLOOD COUNTS:**

Haemoglobin	13.8	g/dL	11 to 16 g/dL
R.B.C. Count	4.73	mill./c.mm	4.5-6.5 mill./cmm
W.B.C. Count	8100	/c.mm	4,000 - 11,000/cmm
Platelet Count	322000		1,40,000 - 4,50,000 /cmm

#### **DIFFERENTIAL COUNT:**

Polymorphs	48	%	60 - 70
Lymphocytes	46	%	20 - 40
Eosoniphils	02	%	1 - 4
Monocytes	04	%	2 - 6
Basophils	00	%	0 - 1

#### **BLOOD INDICES:**

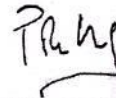
P.C.V.	40.8	%	38 - 44
M.C.V.	86.3	fl	80 - 96
M.C.H.	29.2	pg	27 - 31
M.C.H.C.	33.8	g/dl	32 - 36

Platelet Adequate

#### **E.S.R. (Western Grain Method)**

At 1Hour 05 mm

01 to 12 mm/Hour



**PATHOLOGIST**  
**DR.PRAVIN SHAH**  
(M.D.Path)  
G-15478

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Age/Sex : 30 Years/Male  
Registration On:26/06/2021/09:19  
Approved On :26/06/2021 12:52

## COMPLETE BLOOD CHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
S. Cholesterol	: 195.4	mg/dl	Desirable : < 200 Borderline High : 200 - 239 High : > 240
Serum Triglycerides	: <b>200.2</b>	mg/dl	Normal : Normal < 150 Borderline : 150 - 199 High : > 200
HDL Cholesterol	: <b>35.1</b>	mg/dl	40 - 60 mg/dl
Serum LDL Cholesterol (Calculated)	: 120.26	mg/dl	Up to 150
Cholesterol/HDL Ratio (Calculated)	: <b>5.57</b>	mg/dl	Up to 5.0
Serum VLDL Cholesterol (Calculated)	: <b>40.04</b>	mg/dl	Up to 35
LDLC/HDL Ratio (Calculated)	: <b>3.43</b>	mg/dl	Up to 3.4
Total Lipid (Calculated)	: 700.96	mg/dl	400 - 1000 mg/dl
Sr. Creatinine	: 0.88	mg/dl	0.6 - 1.4 mg/dl
Sr. Uric Acid	: 4.8	mg/dl	3.2 - 7.2 mg/dl
S. Bilirubin (Total)	: 0.70	mg/dl	upto 1.2 mg/dl
S. Bilirubin (Direct)	: 0.12	mg/dl	upto 0.2 mg/dl
S. Bilirubin (Indirect)	: 0.58	mg/dl	up to 1.0 mg/dl
SGOT	: 20.2	U/L	up to 40 U/L
SGPT	: 30.3	U/L	up to 42 IU/L
GGT	: 16.7	U/L	12 - 64 U/L
S.Alkaline Phosphatase	: 55.4	U/L	40 - 129 U/L
Total Proteins	: 6.42	g/dl	6.0 - 8.3 g/dl
Albumin	: 4.00	g/dl	3.5 - 5.2 g/dl
Globulins	: 2.42	g/dl	2.4 - 3.7 g/dl
AGRATIO	: 1.653		

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### BLOOD UREA NITROGEN

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
Urea:	17.7	mg/dl	10 - 50 mg/dl
Blood Urea Nitrogen:	8.27	mg/dl	08 - 23 mg/dl

*Prav*

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Approved On :26/06/2021 14:05

## URINE EXAMINATION

### PHYSICAL :

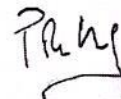
Colour - **Pale Yellow**  
Deposits - **Absent**  
Transparency - **Clear**  
Reaction - **Acidic**  
Sp. Gravity - **1.005**

### CHEMICAL :

Albumin - **Absent**  
Sugar - **Absent**  
Bile Salts - **Absent**  
Bile Pigments - **Absent**

### MICROSCOPIC: ( After centrifugation at 2000 r.p.m. for 5 minutes )

Pus Cells - **Ocassional** /h.p.f.  
Red Cells - **Not seen** /h.p.f.  
Epithelial Cells - **2 - 3** /h.p.f.  
Casts - **Not seen**/l.p.f.  
Crystals - **Not seen**  
Amorphous - **Not seen**



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**Glycosylated HB ( HBA1C )**

<u>Test</u>	<u>Result</u>	<u>Normal Range</u>
HBA1C:	5.37 %	Normal: $\leq 5.6$ Prediabetes: 5.7-6.4 Diabetes: $\geq 6.5$ <i>Diabetes Control Criteria :</i> 6 -7 : Near Normal Glycemia < 7 : Goal 7 - 8 : Good Control > 8 : Action Suggested

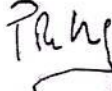
**Mean Blood Glucose: 107.4 mg/dl**

**Criteria for the diagnosis of diabetes**

- HbA1c  $\geq 6.5$  \*  
Or
- Fasting plasma glucose  $>126$  gm/dL. Fasting is defined as no caloric intake at least for 8 hrs.  
Or
- Two hour plasma glucose  $\geq 200$ mg/dL during an oral glucose tolerance test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water.  
Or.
- In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose  $\geq 200$  mg/dL. \*In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by retesting. American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011;34;S11.

**Limitation of HbA1c**

- In patients with Hb variants even analytically correct results do not reflect the same level of glycemic control that would be expected in patients with normal population. 2) Any cause of shortened erythrocyte survival or decreased mean erythrocyte age eg. hemolytic diseases, pregnancy, significant recent/chronic blood loss etc. will reduce exposure of RBC to glucose with consequent decrease in HbA1c values. 3) Glycated HbF is not detected by this assay and hence specimens containing high HbF ( $>10\%$ ) may result in lower HbA1c values than expected.

  
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### THYROID FUNCTIONS

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
Serum T3 :	1.33	ng/dl	0.60 - 1.80 ng/dl
Serum T4 :	9.0	microgm/dl	4.50 - 10.9 microgm/dl
Serum T.S.H :	2.00	microU/ml	0.35 - 5.55 microU/ml

**COMMENTS :**

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids.  
Low or undetectable TSH is suggestive of Grave~s disease  
TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.  
TSH suppression does not reflect severity of hyperthyroidism therefore , measurement of FT3 ,FT4 is important.  
FreeT3 is first hormone to increase in early Hyperthyroidism.  
Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3 , FreeT4 along with TSH should be checked.  
During pregnancy clinically T3 T4 can be high and TSH can be slightly low

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**BLOOD SUGAR LEVEL**

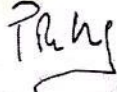
<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
Fasting Blood Sugar:	84.2	mg/dl	70-110
Post Prandial Blood Glucose:	125.1	mg/dl	100 - 150 mg/dl

**BLOOD GROUP**

<u>Test</u>	<u>Result</u>
BLOOD GROUP	: "A"
RH GROUP	: POSITIVE.

**PROSTATE SPECIFIC ANTIGEN**

<u>Test</u>	<u>Result</u>	<u>Normal Range</u>
PSA	: 0.28 ng/ml	Less than 4.0ng/ml

  
**PATHOLOGIST**  
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G-15478

**Patient Details**

Date: 6/26/2021

Time: 9:05:55 AM

Name: NISARG C DESAI

Age: 30 y Sex: M

Height: 181 cms

Weight: 101 Kgs

Clinical History: NONE

Medications: NONE

**Test Details**

Protocol: Bruce

Pr.MHR: 190 bpm

THR: 161 (85 % of Pr.MHR) bpm

Total Exec. Time: 12 m 48 s

Max. HR: 172 (91% of Pr.MHR) bpm

Max. Mets: 14.90

Max. BP: 166 / 90 mmHg

Max. BP x HR: 28552 mmHg/min

Min. BP x HR: 5840 mmHg/min

End Point Criteria: Target Heart Rate Achieved.

**Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mm/s)
Supine	3 : 12	1.0	0	0	74	120 / 80	-3.82 V2	5.94 V4
Standing	0 : 12	1.0	0	0	73	120 / 80	-1.27 V2	1.27 III
Hyperventilation	0 : 18	1.0	0	0	77	120 / 80	-1.06 V2	0.85 II
1	3 : 0	4.6	1.7	10	140	136 / 84	-4.88 III	-5.94 II
2	3 : 0	7.0	2.5	12	150	150 / 86	-4.46 III	5.52 III
3	3 : 0	10.2	3.4	14	160	160 / 88	-5.94 V6	5.73 III
4	3 : 0	13.5	4.2	16	171	166 / 90	-3.18 aVr	-5.94 II
Peak Ex	0 : 48	14.9	5	18	172	166 / 90	-2.76 V4	-5.31 aV
Recovery(1)	3 : 0	1.0	0	0	103	156 / 88	-4.03 II	-5.73 aV
Recovery(2)	3 : 0	1.0	0	0	101	140 / 86	-1.70 V2	1.27 V3
Recovery(3)	0 : 48	1.0	0	0	94	124 / 82	-3.18 V2	0.85 V4

**Interpretation**

Normal Haemodynamic Response.  
 Normal Chronotropic Response.  
 Excellent Exercise Tolerance.  
 Normal HR and BP Response.  
 No Angina. No Arrhythmias.  
 No ST-T changes. Recovery Uneventful.  
 Test Negative For Exercise Inducible Ischemia.

Dr K B Parmar  
 (MD, Phy)  
 G 24249



*N. C. Desai*

Ref: Doctor: BOB

( Summary Report edited by user )

# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

Exec Time : 0 m 0 s

Stage Time : 3 m 6 s

HR: 74 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120/80

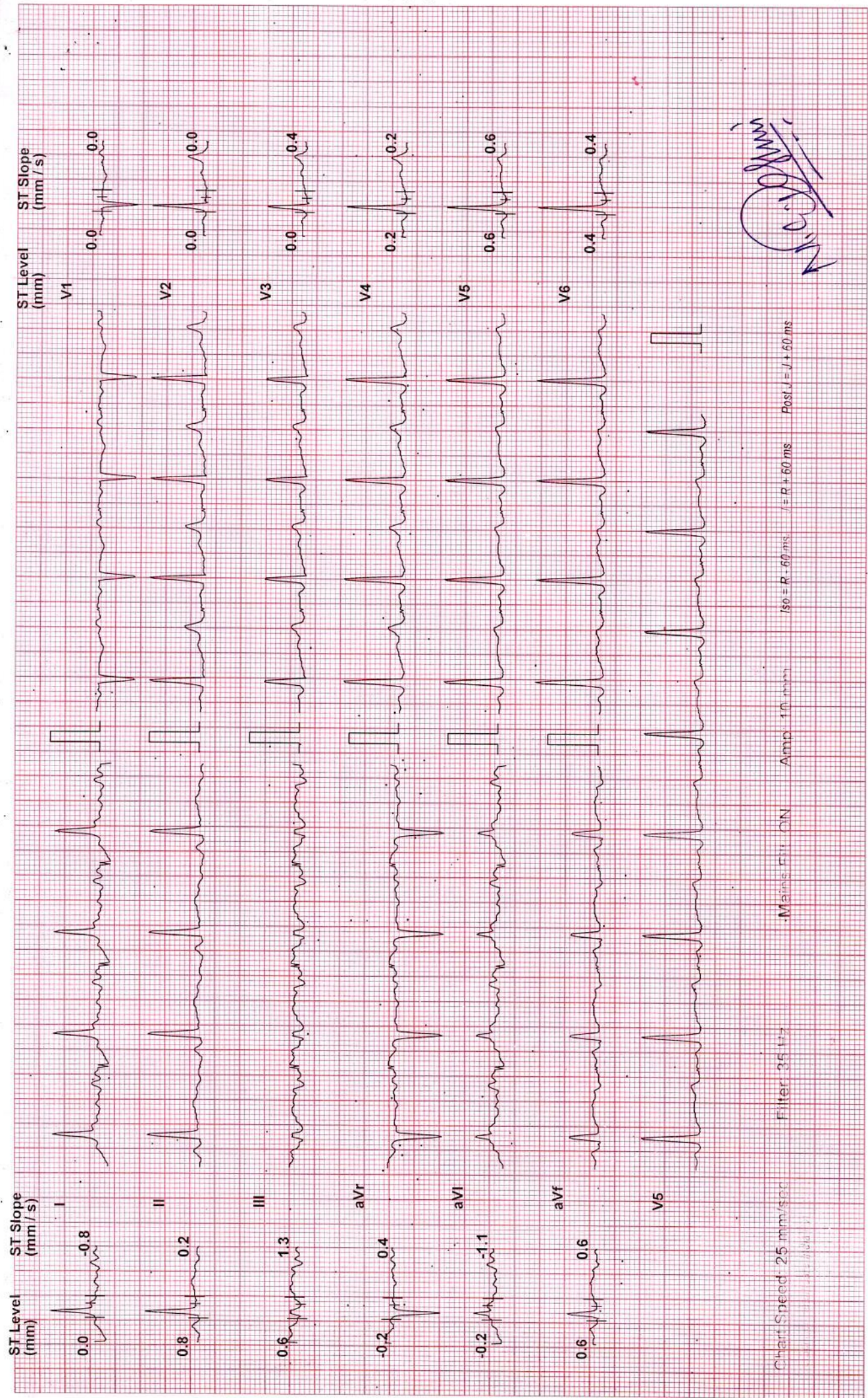


Chart Speed: 25 mm/sec Filter: 35 Hz Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

Mains: Filtr ON Amp: 10 mm/mV

*Handwritten signature*

# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

Exec Time : 0 m 0 s

Stage Time : 0 m 6 s

HR: 81 bpm

Protocol: Bruce

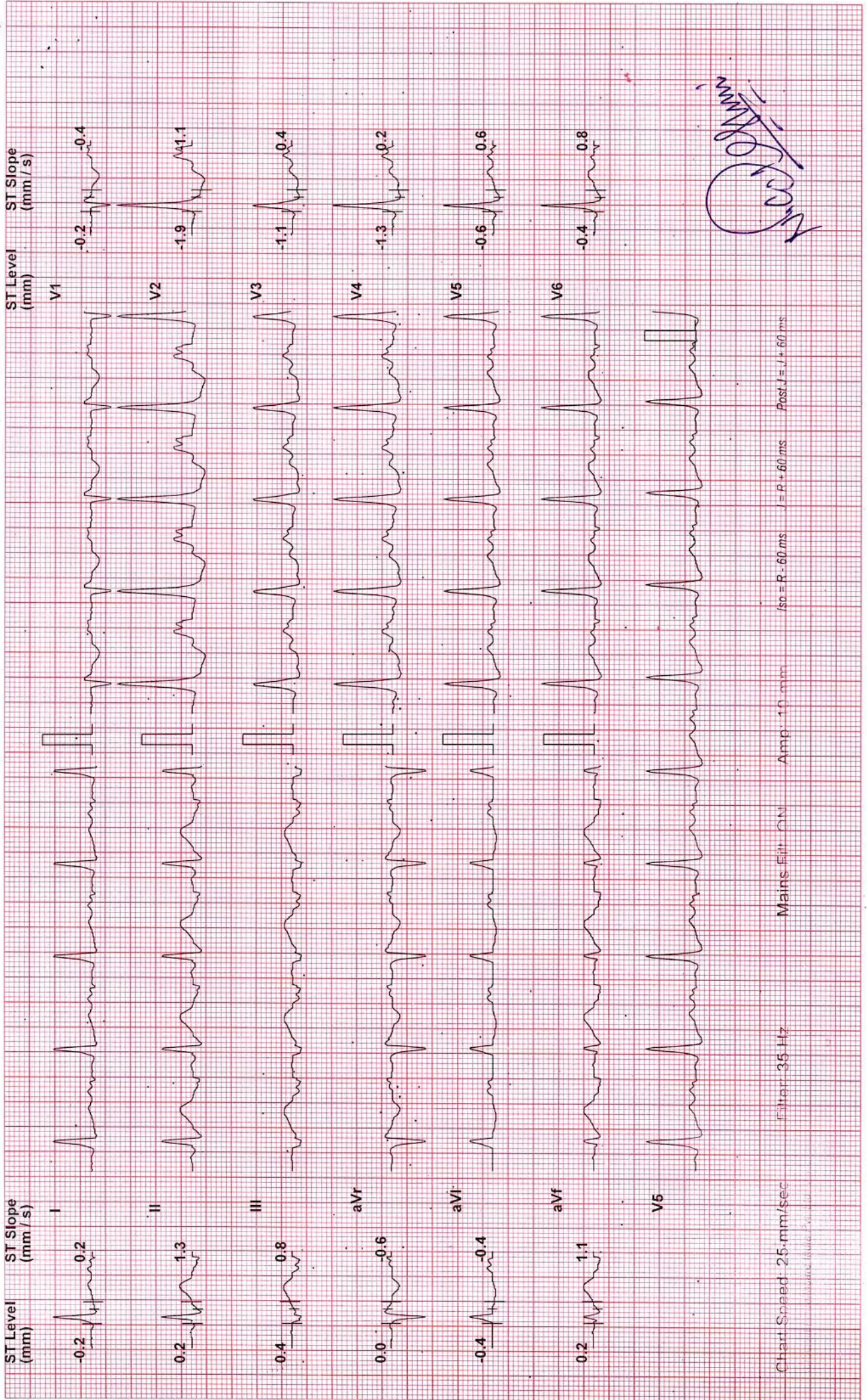
Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120 / 80



# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

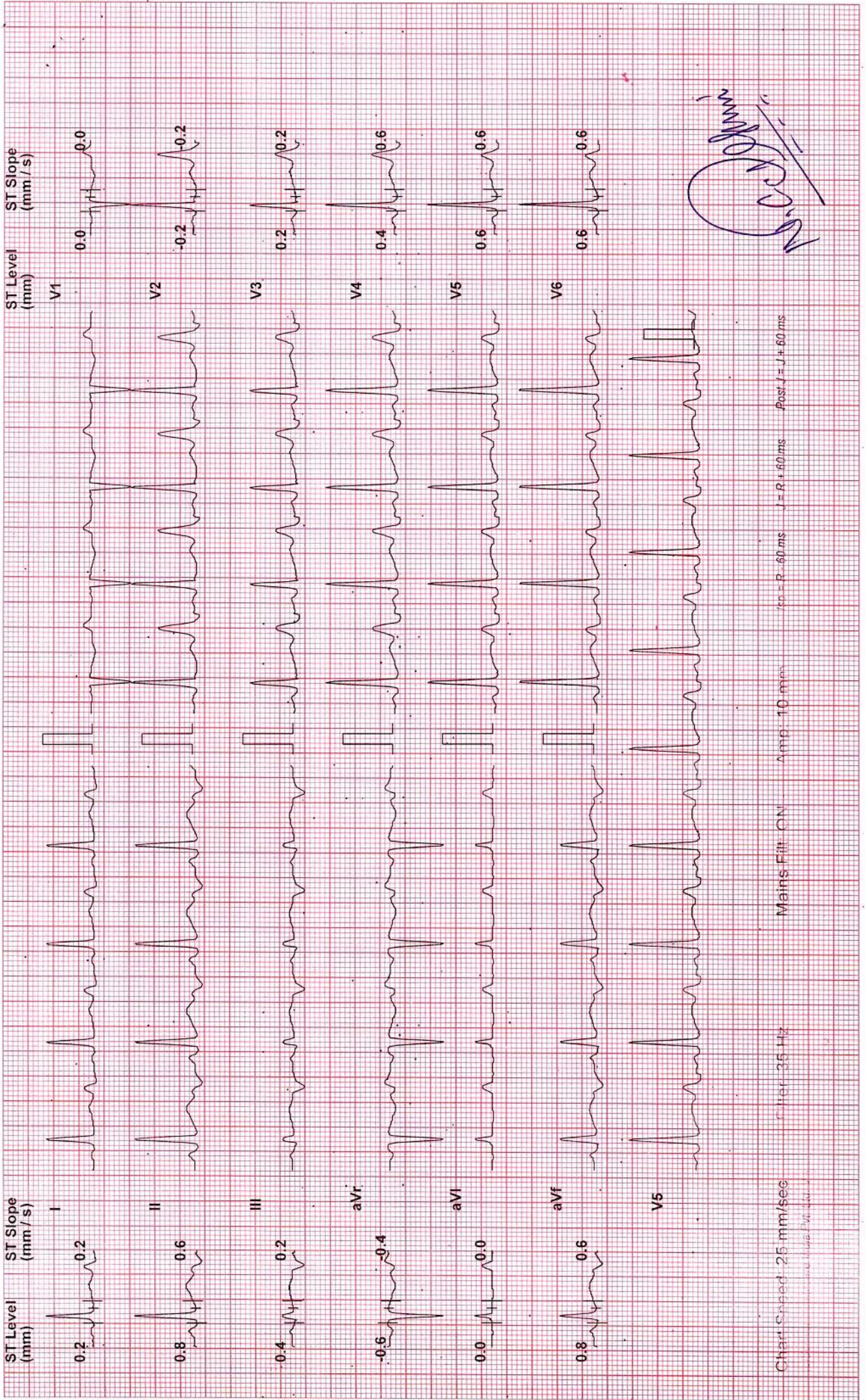
Exec Time : 0 m 0 s

Stage Time : 0 m 12 s HR: 77 bpm

Protocol: Bruce

Stage: Hyperventilation Speed: 0 mph Grade: 0 % (THR: 161 bpm)

B.P: 120 / 80



# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

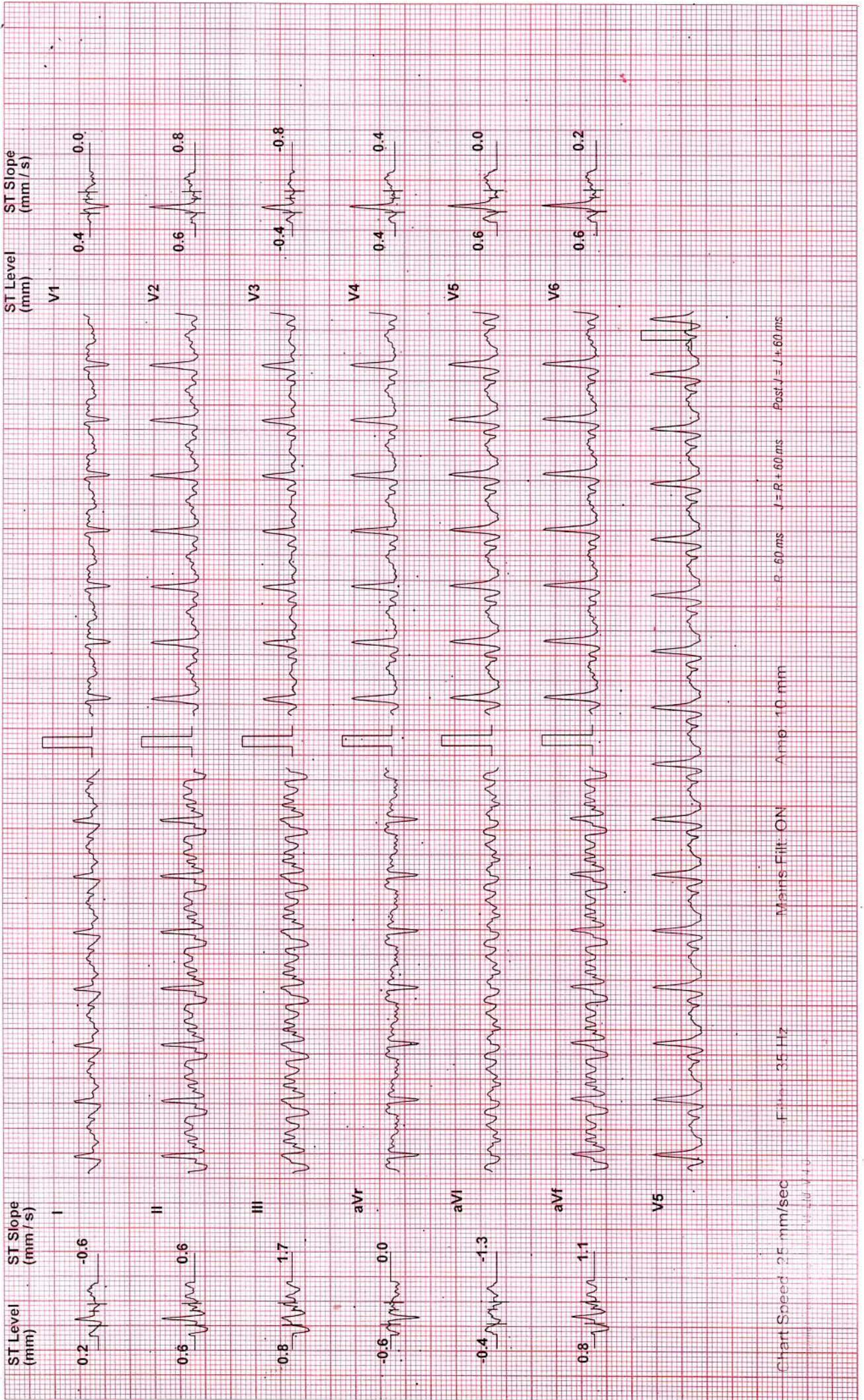
Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 134 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph Grade: 10 %

(THR: 161 bpm) B.P: 136 / 84



# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

Exec Time : 5 m 54 s

Stage Time : 2 m 54 s

HR: 150 bpm

Protocol: Bruce

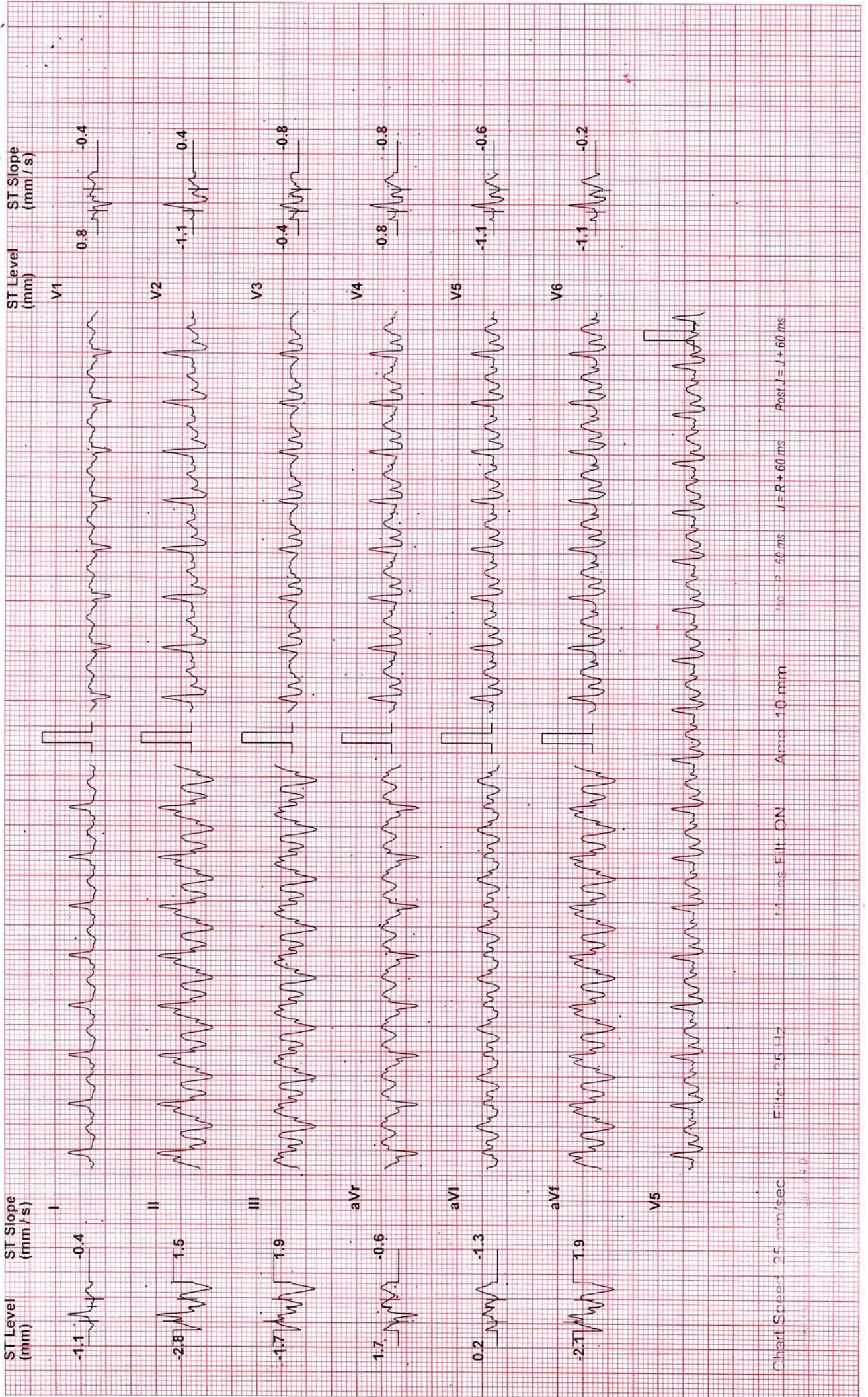
Stage: 2

Speed: 2.5 mph

Grade: 12 %

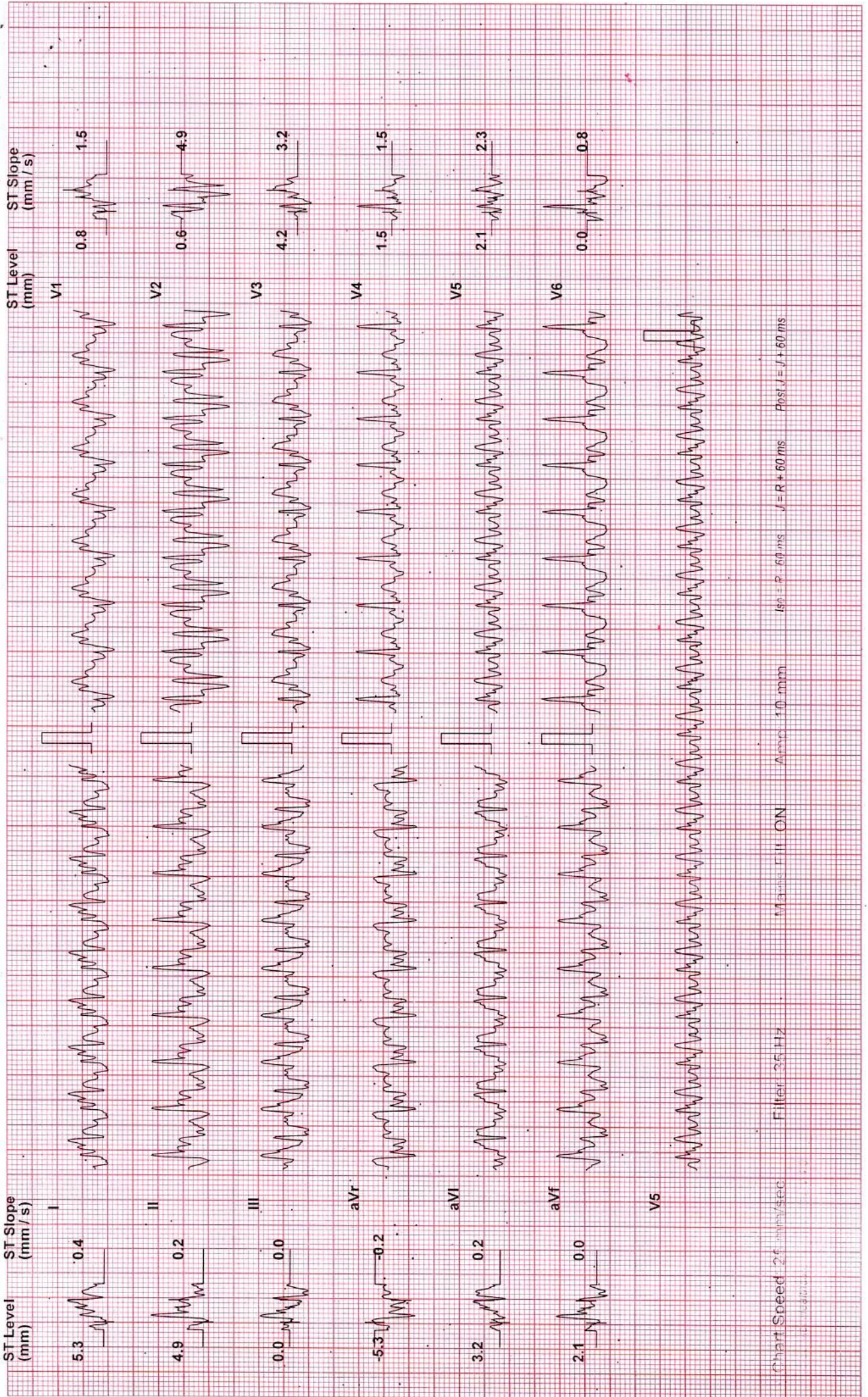
(THR: 161 bpm)

B.P: 150 / 86



# Test Report

**NISARG C DESAI (30 M)** ID: 3590 Date: 6/26/2021 Exec Time : 8 m 54 s Stage Time : 2 m 54 s HR: 160 bpm  
Protocol: Bruce Stage: 3 Speed: 3.4 mph Grade: 14 % (THR: 161 bpm) B.P: 160 / 88





# Test Report

Date: 6/26/2021

Exec Time : 11 m 54 s

Stage: 4

ID: 3590

NISARG C DESAI (30 M)

HR: 171 bpm

Grade: 16 %

Speed: 4.2 mph

Protocol: Bruce

B.P: 166 / 90

(THR: 161 bpm)

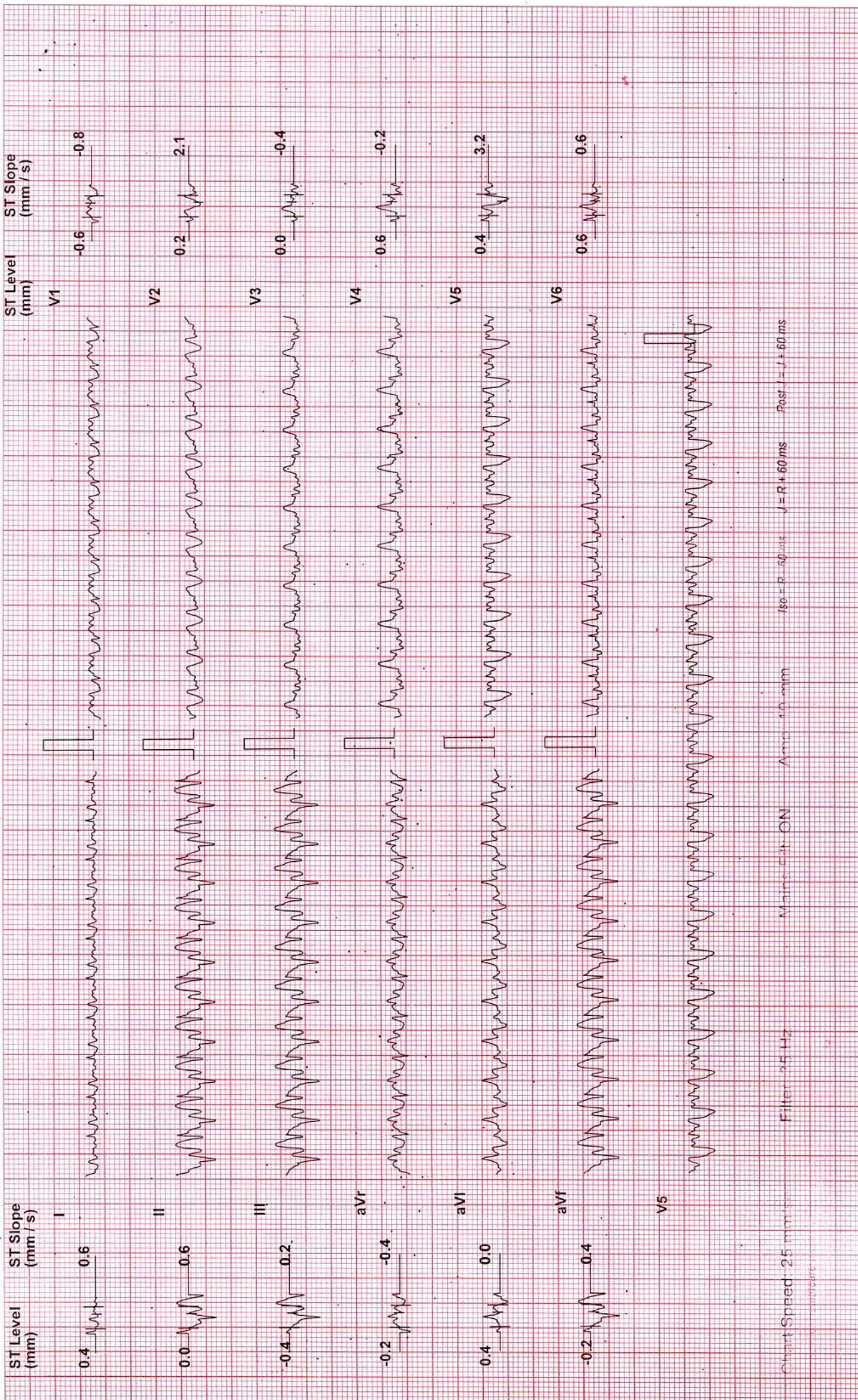


Chart Speed: 25 mm/s

Filter: 25 Hz

M-lead: Off

Amplitude: 10 mm

Rate: 60 ms

Position: J + 60 ms

# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

Exec Time : 12 m 42 s Stage Time : 0 m 42 s HR: 173 bpm

Protocol: Bruce

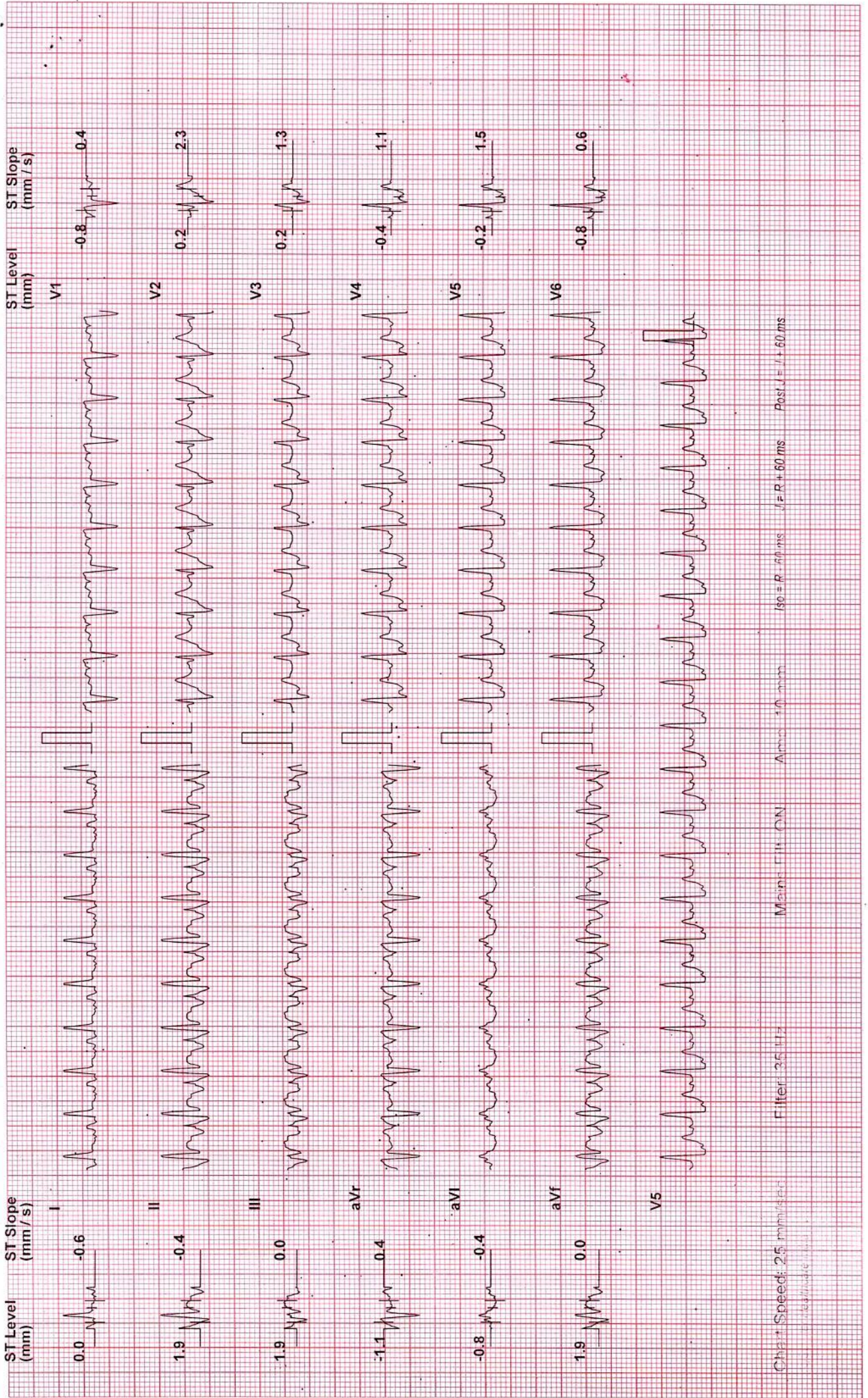
Stage: Peak Ex

Speed: 5 mph

Grade: 18 %

(THR: 161 bpm)

B.P: 166 / 90



# Test Report

**NISARG C DESAI (30 M)** ID: 3590 Date: 6/26/2021 Exec Time : 12 m 48 s Stage Time : 2 m 54 s HR: 103 bpm  
Protocol: Bruce Stage: Recovery(1) Speed: 0 mph Grade: 0 % (THR: 161 bpm) B.P: 156 / 88

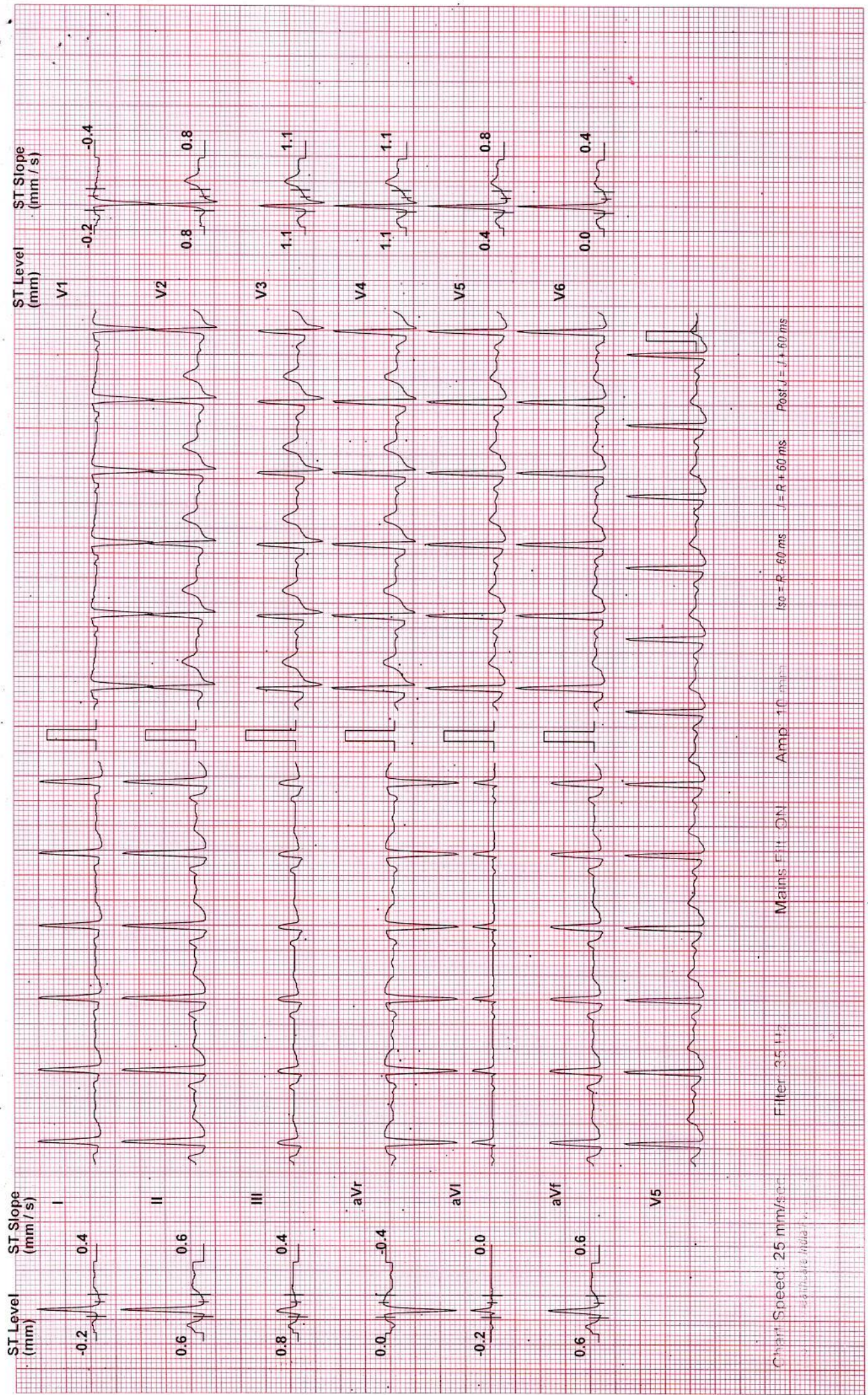


Chart Speed: 25 mm/sec Filter: 35 Hz Mains: Fit ON Amp: 10 mm/mV Iso: R - 60 ms J - R + 60 ms Post J - J + 60 ms

# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

Exec Time : 12 m 48 s Stage Time : 2 m 54 s HR: 101 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P.: 140 / 86

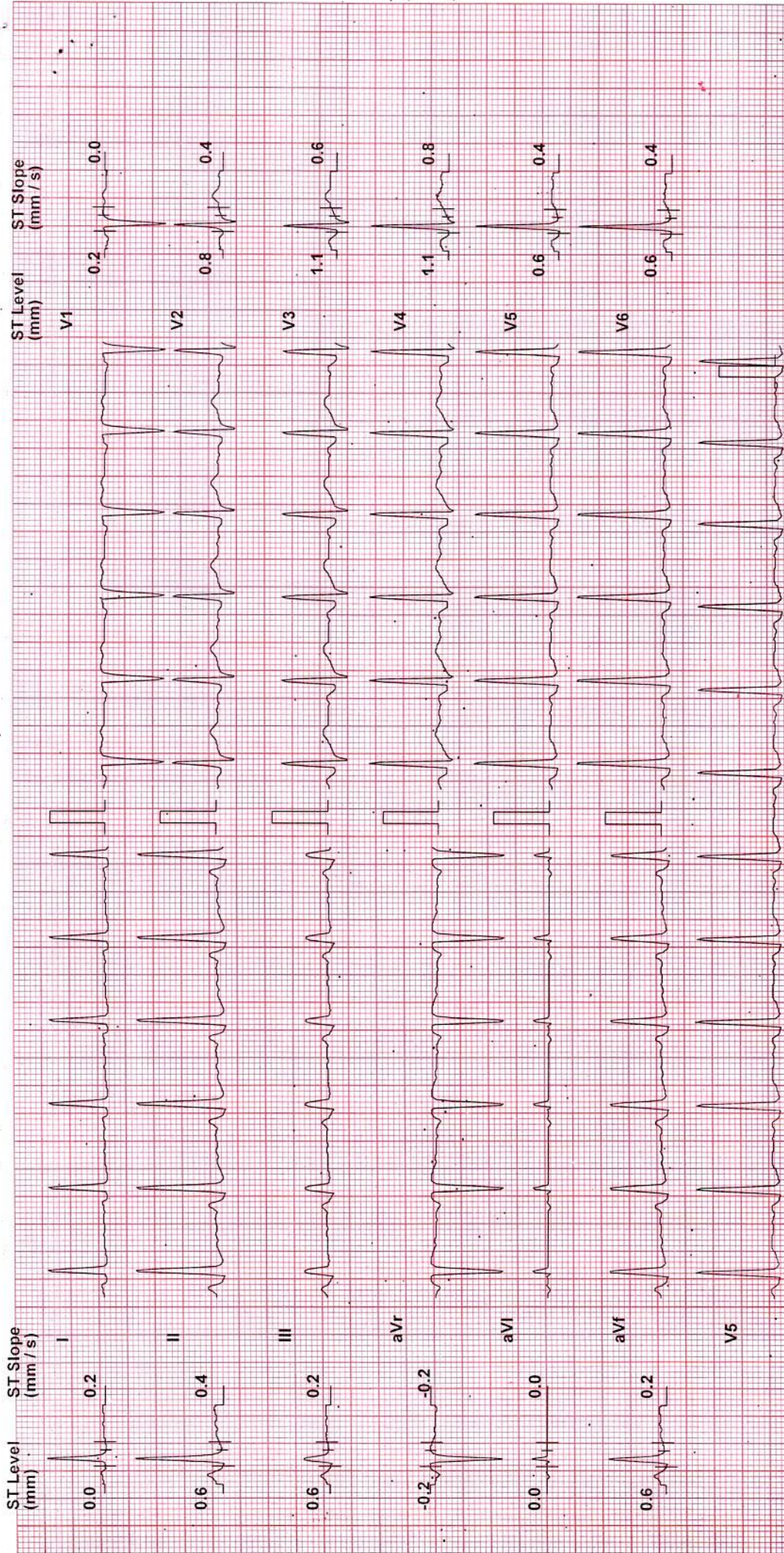


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filtr: ON Amp: 10 mm Iso: R-60 ms J: R-60 ms Post J: V1-60 ms

# Test Report

NISARG C DESAI (30 M)

ID: 3590

Date: 6/26/2021

Exec Time : 12 m 48 s Stage Time : 0 m 42 s HR: 94 bpm

Protocol: Bruce

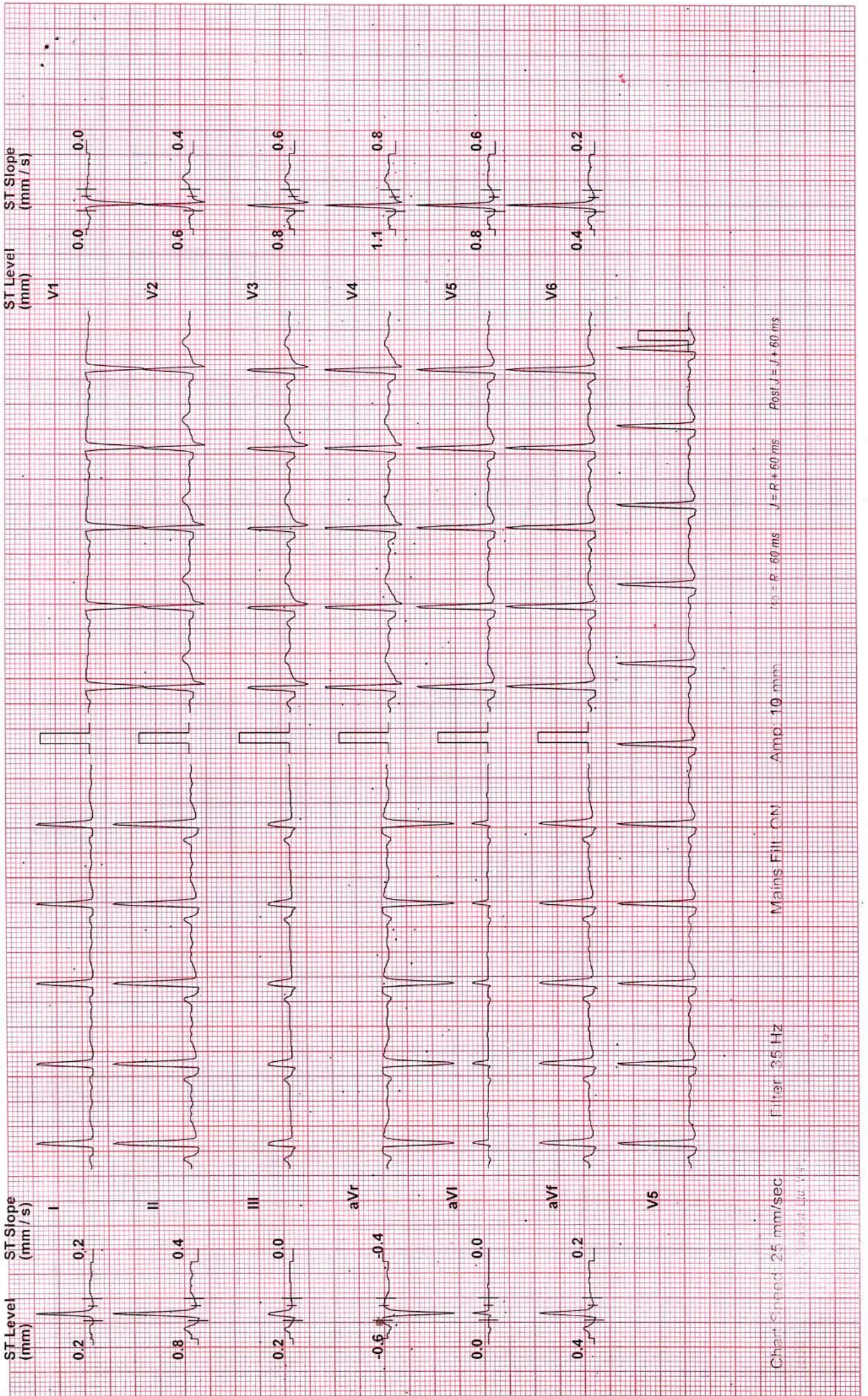
Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 124 / 82





\* 5 8 6 9 \*

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Approved On :26/06/2021 09:54

## **USG WHOLE ABDOMEN**

**Liver** is normal in size, shows homogenously bright parenchymal echoes and normal intrahepatic radicles. No focal lesion is seen. Portal vein is normal in calibre (10 mm) and shows normal colour flow.

**Gallbladder** is physiologically distended. No calculus or wall thickening seen. CBD is normal in calibre.

**Pancreas** is normal in size and echo texture. No diffuse or focal lesion seen.

**Spleen** is normal in size( 10.3 cm) and homogenous in echo texture.

**Kidneys** are normally placed, normal in size, show normal thickness cortical tissue and normal sinus echoes. Cortico-medullary differentiation is well seen. No calculus, hydronephrosis or renal mass seen.

Rt. Kidney is 11.2 x 4.1 cm. Lt. Kidney is 10.9 x 5.7 cm.

**Aorta** is normal in calibre. No para-aortic or mesenteric lymph nodes seen.

**Urinary bladder** shows mild distension. No evident calculus, wall thickening or mass seen.

**Prostate** is normal in size and homogenous in echotexture.

Bowel loops are unremarkable.

No ascites is seen.

### **Impression:**

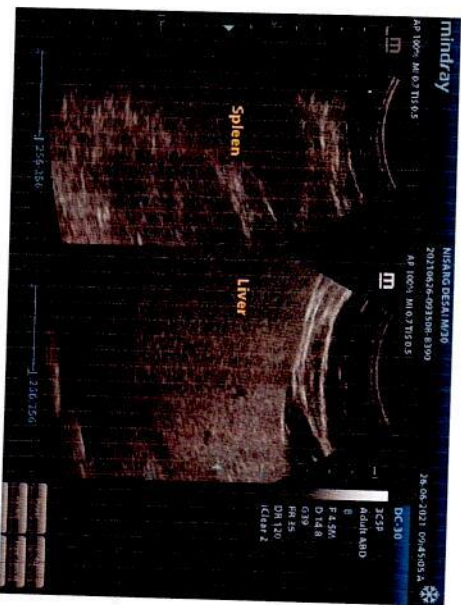
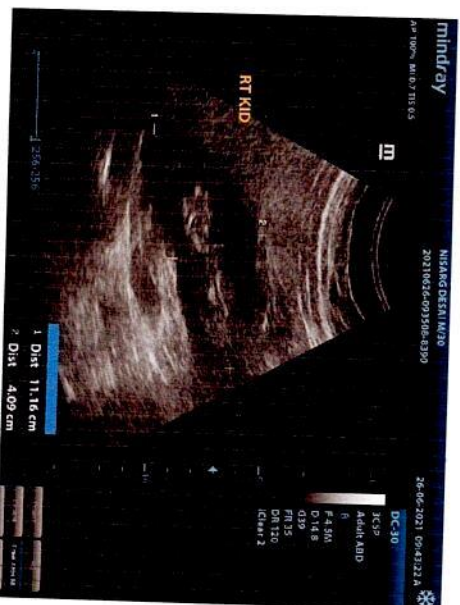
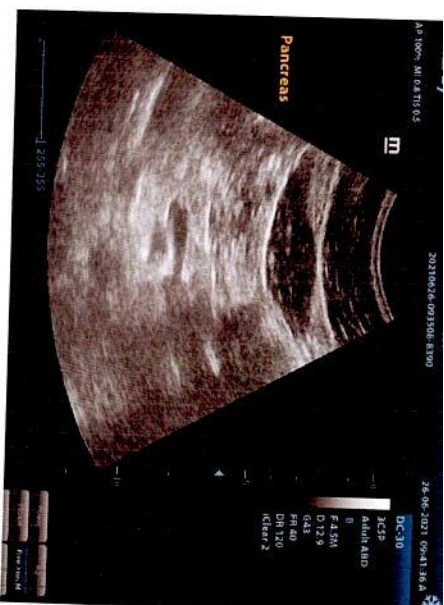
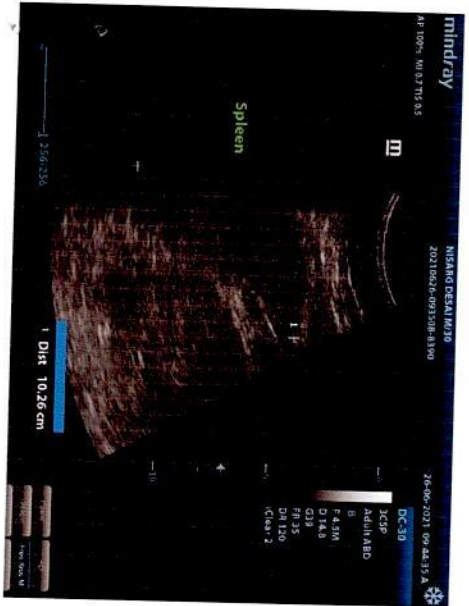
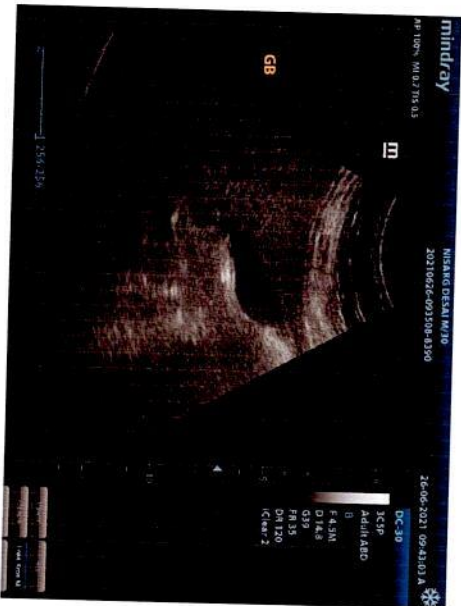
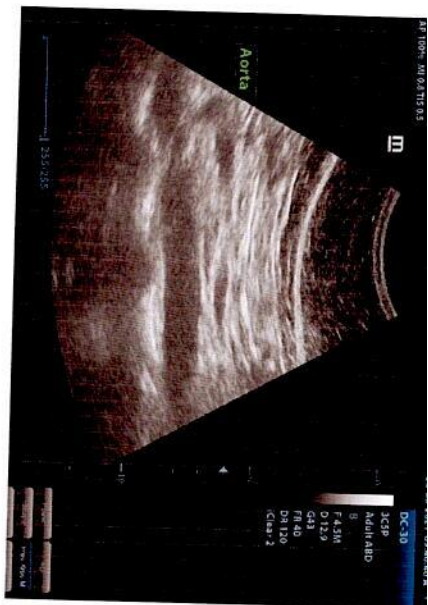
**Fatty liver Grade 1.**

**No other significant abnormality is seen.**



**Dr BHARAT GANDHI (M.D.)  
CONSULTANT RADIOLOGIST**





**DT: June 26, 2021**

**NAME: NISARG DESAI**


**M/30 YRS**

**REF.BY: CORPORATE CARE**

**X-RAY CHEST PA VIEW**

Bilateral lung fields are clear. No evidence of consolidation, cavity or mass lesion. Bilateral costophrenic angles are clear. Cardiac shadow appears normal. Domes of diaphragm appear normal. Visualized bony thorax appears normal.



  
**DR. NITIN PATEL**  
(M.D.)  
**CONSULTANT RADIOLOGIST**  
**G-12854**





આપની દ્રષ્ટીની સલામતી માટે

કલીઅર વિઝન

આંખની હોસ્પિટલ પ્રા. લી.

સર્વોત્તમ માટે કટીબદ્ધ

ડૉ. આનંદ દેસાઈ

MS. આંખના સર્જન

M: 99241 07510

ડૉ. નિકી દેસાઈ

M: 92768 73588

ડૉ. કે. એમ. રાજયગુરુ

DOMS. આંખના સર્જન

સેટેલાઈટ : 411, શીતલ વર્ષા, પીસી જવેલર્સની સામે, શિવરંજની ચાર રસ્તા, સેટેલાઈટ. Ph. 9276873588, 07940081316

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દબ્બેકશન વગરના, ટાંકા વગરના મોતીયાના તેમજ ફોલ્ડેબલ નેત્રમણીના નિષ્ણાંત

તારીખ

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Nising Descri

29/11/21

26/6/21

R<sup>OD</sup> < -1.00 sph 6/6 J as  
-1.00 sph 6/6

SLE (BE) K'clean  
len clean.

Adde  
Dilate (BE)

(BE) colour v<sup>m</sup>: normal

+ +.

F<sup>m</sup>



દર બુધવારે/શનિવારે રાહતદરે તપાસ ફી રૂ. 50-00

પાલડી 9428079820	મહોલગર 9725111108	સેટેલાઈટ 9276873588	નારણપુરા 7878535888	સાબરમતી 8000996098	બોપલ 9924107510	હોડાસર 8347499173
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મેડિકલેમના દર્દીઓ માટે કેશલેસની સુવિધા ઉપલબ્ધ