

Stage	Time	Duration	Speed(mph)	Elevation	MEts	Rate	%THR	BP	ppp	pps	Comments
ExStart	00:03	0:03	01.7	10.0	01.1	109	61%	110/70	119	52	
BRUCE Stage 1	03:03	3:00	01.7	10.0	04.7	140	78%	120/80	163	55	
BRUCE Stage 2	06:03	3:00	02.5	12.0	07.1	152	85%	130/80	197	56	
PeakEx	07:12	1:09	03.4	14.0	08.3	158	88%	130/85	205	56	
Recovery	08:12	1:00	01.1	00.0	01.2	148	83%	140/80	208	55	
Recovery	10:12	3:00	00.0	00.0	01.0	114	64%	140/80	159	56	
Recovery	13:12	6:00	00.0	00.0	01.0	118	65%	140/80	165	59	
Recovery	13:28	6:16	00.0	00.0	01.0	113	63%	130/80	148	59	

FINDINGS :

Exercise Time : 07:09
Initial HR (ExStrt) : 109 bpm 61% of Target 179
Initial BP (ExStrt) : 110/70 (mm/Hg)
Max Workload Attained : 8.3 Fair response to induced stress
Max ST Dep Lead & Avg ST Value : III & -0.8 mm in Stage 2
Duke Treadmill Score : 06.4
Test End Reasons : Heart Rate Achieved
VO2Max : 29.1 ml/Kg/min (Very Poor)
Max HR Attained : 158 bpm 88% of Target 179
Max BP Attained : 140/80 (mm/Hg)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
RISK FACTOR : MALE
ACTIVITY : MODERATE ACTIVE
OTHER INVESTIGATION : ROUTINE BLOOD INVESTIGATION ECG 2D EDO

Doctor : C. JANUARY KUMAR MBBS MD DNB







MEDICOVER
HOSPITALS

A UNIT OF SAHRUDAYA HEALTHCARE PVT LTD.

DEPARTMENT OF HAEMATOLOGY

Name : Mr. C SHREE RAM	Age / Sex : 41 Y(s)/Male
Bill Date : 16-Mar-2024 09:40 AM	UMR No. : NZU95742
Rept. Dt : 16-Mar-2024 12:50 PM	Bill No. : NZB186530
Ref By : DATTU RAJ MBBS.MD	Result No : RES169870

<u>Parameter</u>	<u>Result Values</u>	<u>Biological Reference Interval</u>
CBP (COMPLETE BLOOD PICTURE)		
HAEMOGLOBIN	: 13.9 gm%	11.0 - 16.5 gm%
R B C	: 4.83 mill/cumm	4.5 - 5.5 mill/cumm
W B C (TOTAL)	: 6,900 cells/cumm	4000 - 11000 cells/cumm
HAEMOTOCRIT(PCV)	: 43.3 Vol%	35.02 - 50.0 Vol%
Mean Cell Volume (MCV)	: 90 pf	80 - 97 pf
Mean Cell Haemoglobin (MCH)	: 28.9 pq	26.5 - 33.5 pq
Mean Cell Haemoglobin Concentration (MCHC)	: 32.2 gms%	31.5 - 35.0 gms%
PLATELET COUNT	: 2.07 Lakhs/Cumm	1.5 - 4.50 Lakhs/Cumm
DIFFERENTIAL COUNT		
Polymorphs %	: 56 %	40 - 75 %
Lymphocytes	: 40 %	20 - 40 %
Eosinophils	: 02 %	1 - 6 %
Monocytes	: 03 %	2 - 10 %
Basophils	: 00 %	0 - 1 %

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Dr. PRIYANKA DK, MBBS,MD
CONSULTANT PATHOLOGIST

Yellamma Gutta, Nizamabad. Tel : +91 40 6833 4455



DEPARTMENT OF BIOCHEMISTRY

MEDICOVER
HOSPITALS

Name : Mr. C SHREE RAM
Bill Date : 16-Mar-2024 09:40 AM
Rept. Dt : 16-Mar-2024 12:50 PM
Rec. Dt : 16-Mar-2024 9:54 am
Ref By : DATTU RAJ MBBS.MD

Age / Sex : 41 Y(s)/Male
UMR No. : NZU95742
Bill No. : NZB186530
Result No : RES169870 / 0

A UNIT OF SAHRUDAYA HEALTHCARE PVT LTD.

<u>Parameter</u>	<u>Result Values</u>	<u>Biological Reference Interval</u>
Blood Urea Nitrogen(BUN)	: 11.2 mg/dl	5.0 - 21.0 mg/dl
GLYCOSYLATED HAEMOGLOBIN (HBA1C)		
HbA1c	: 5.5 %	Non Diabetic : 5 - 6 % Good Control : 6 - 7 % Fair Control : 7 - 8 % Poor Control : 8 - 10 % Very Poor Control : > 10 %
Fasting Blood Sugar	: 74 mg/dl	60 - 110 mg/dl
Serum Creatinine	: 0.8 mg/dl	0.7 - 1.4 mg/dl
Uric Acid	: 6.8 mg/dl	3.6 - 7.7 mg/dl
Post Prandial Blood Sugar	: 130 mg/dl	100 - 160 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary,
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CONSULTANT PATHOLOGIST



DEPARTMENT OF HAEMATOLOGY

MEDICOVER
HOSPITALS

Name : Mr. C SHREE RAM	Age / Sex : 41 Y(s)/Male
Bill Date : 16-Mar-2024 09:40 AM	UMR No. : NZU95742
Rept. Dt : 16-Mar-2024 03:41 PM	Bill No. : NZB186530
Rec. Dt : 16-Mar-2024 9:54 am	Result No : RES169901 / 0
Ref By : DATTU RAJ MBBS.MD	

<u>Parameter</u>	<u>Result Values</u>	<u>Biological Reference Interval</u>
ERITHROCYTIC SEDIMENTATION RATE(E.S.R)		
FIRST HOUR	: 10 mm	5 - 12 mm
SECOND HOUR	: 16 mm	15 - 20 mm

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY

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Ref By : DATTU RAJ MBBS.MD	Result No : RES169870

<u>Parameter</u>	<u>Result Values</u>	<u>Biological Reference Interval</u>
THYROID PROFILE		
T3	: 139.4 ng/ml	80.00 - 200.00 ng/ml
T4	: 8.68 µg/dL	5.1 - 14.1 µg/dL
TSH	: 2.22 mIU/L	0.27 - 4.2 mIU/L

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY

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Bill Date : 16-Mar-2024 09:40 AM	UMR No. : NZU95742
Rept. Dt : 16-Mar-2024 12:50 PM	Bill No. : NZB186530
Ref By : DATTU RAJ MBBS.MD	Result No : RES169870

<u>Parameter</u>	<u>Result Values</u>	<u>Biological Reference Interval</u>
LIVER FUNCTION TEST		
Total Bilirubin	: 0.6 mg/dl	0.3 - 1.2 mg/dl
Direct Bilirubin	: 0.2 mg/dl	0.0 - 0.3 mg/dl
Indirect Bilirubin	: 0.4	
SGOT/AST	: 20 U/L	0 - 42 U/L
SGPT/ALT	: 26 U/L	< 42 U/L
Serum Alkaline Phosphatase	: 82 U/L	53 - 128 U/L

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY

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Parameter

Result Values

Biological Reference Interval

LIPID PROFILE

Total Cholesterol	: 162 mg/dl	Desirable : < 200 mg/dl
Triglycerides	: 177 mg/dl	Borderline high : 25 - 160 mg/dl
HDL Cholesterol	: 32 mg/dl	Desirable : > 45 mg/dl
LDL Cholesterol	: 95 mg/dl	Optimal : < 130 mg/dl
VLDL Cholesterol	: 35 mg/dl	6 - 40 mg/dl
Tot Chol/HDL Ratio	: 5.0	2.9 - 5.1

*** End Of Report ***

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<u>Parameter</u>	<u>Result Values</u>	<u>Biological Reference Interval</u>
TOTAL PROTEIN		
Total Proteins	: 6.8 gms/dl	6.6 - 8.3 gms/dl
Albumin	: 3.2	
A/G Ratio	: * 0.8	1.2 - 1.5
Serum Globulin	: 3.6 gms/dl	1.80 - 3.60 gms/dl

*** End Of Report ***

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DEPARTMENT OF CLINICAL PATHOLOGY
MEDICOVER
HOSPITALS

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Age / Sex : 41 Y(s)/Male
UMR No. : NZU95742
Bill No. : NZB186530
Result No : RES169870 / 0

Parameter

Result Values

COMPLETE URINE EXAMINATION

PHYSICAL EXAMINATION

Quantity : 15 ml
Appearance : Clear
Colour : Pale yellow
Specific gravity : Q.n.s
Sediment : Nil

CHEMICAL EXAMINATION

Reaction : Acidic
Sugar : Nil
Albumin : Nil
Bile Pigments : Negative
Bile Salts : Absent
Phosphates : Nil

MICROSCOPIC EXAMINATION

Pus Cells : 2-3 /hpf
R.B.C. : Nil /hpf
Epithelial Cells : 1-2 /hpf
Casts : Nil
Amorphous Deps : Absent
Crystals : Nil
Others : -

*** End Of Report ***

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