

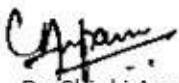
Patient Name : Miss.MAMINA BAHERA	Collected : 24/Feb/2024 09:37AM
Age/Gender : 31 Y 9 M 24 D/F	Received : 24/Feb/2024 12:16PM
UHID/MR No : CMAR.0000341450	Reported : 24/Feb/2024 03:18PM
Visit ID : CMAROPV779006	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9668873249	

DEPARTMENT OF HAEMATOLOGY

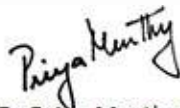
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	12.8	g/dL	12-15	Spectrophotometer
PCV	38.10	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.33	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	88.1	fL	83-101	Calculated
MCH	29.6	pg	27-32	Calculated
MCHC	33.6	g/dL	31.5-34.5	Calculated
R.D.W	12.7	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,390	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	63.6	%	40-80	Electrical Impedance
LYMPHOCYTES	28.7	%	20-40	Electrical Impedance
EOSINOPHILS	1.7	%	1-6	Electrical Impedance
MONOCYTES	5.7	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	5336.04	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2407.93	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	142.63	Cells/cu.mm	20-500	Calculated
MONOCYTES	478.23	Cells/cu.mm	200-1000	Calculated
BASOPHILS	25.17	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.22		0.78- 3.53	Calculated
PLATELET COUNT	311000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	58	mm at the end of 1 hour	0-20	Modified Westegren method
PERIPHERAL SMEAR				

Page 1 of 14



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SIN No:BED240048305

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

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Apollo Health and Lifestyle Limited | CIN - U85110TG2000PLC1158111
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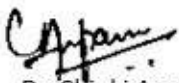
RBCs: are normocytic normochromic

WBCs: are normal in total number with normal distribution and morphology.

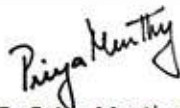
PLATELETS: appear adequate in number.

HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE



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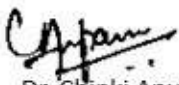
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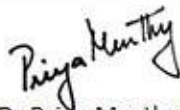
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Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	95	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	138	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				



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M.B.B.S,M.D(Biochemistry)
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SIN No:EDT240021693

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HBA1C, GLYCATED HEMOGLOBIN	5.5	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)




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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324




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SIN No:SE04640181

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Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.50	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.12	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.38	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	11	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	71.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.89	g/dL	6.6-8.3	Biuret
ALBUMIN	3.85	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	4.04	g/dL	2.0-3.5	Calculated
A/G RATIO	0.95		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1. In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.




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Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.67	mg/dL	0.51-0.95	Jaffe's, Method
UREA	15.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	7.0	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.42	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.00	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.26	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.4	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	108	mmol/L	101-109	ISE (Indirect)



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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	13.00	U/L	<38	IFCC




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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.14	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	11.20	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	5.114	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes




DR.SHIVARAJA SHETTY
M.B.B.S,M.D(Biochemistry)
CONSULTANT BIOCHEMIST

SIN No:SPL24031832

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

Patient Name : Miss.MAMINA BAHERA	Collected : 24/Feb/2024 09:37AM
Age/Gender : 31 Y 9 M 24 D/F	Received : 24/Feb/2024 12:27PM
UHID/MR No : CMAR.0000341450	Reported : 24/Feb/2024 01:28PM
Visit ID : CMAROPV779006	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9668873249	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
------	------	------	------	--




DR.SHIVARAJA SHETTY
M.B.B.S,M.D(Biochemistry)
CONSULTANT BIOCHEMIST

SIN No:SPL24031832

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

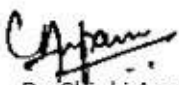
THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

Patient Name : Miss.MAMINA BAHERA	Collected : 24/Feb/2024 09:37AM
Age/Gender : 31 Y 9 M 24 D/F	Received : 24/Feb/2024 01:04PM
UHID/MR No : CMAR.0000341450	Reported : 24/Feb/2024 01:54PM
Visit ID : CMAROPV779006	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9668873249	

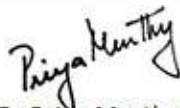
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. Chinki Anupam
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



Dr. Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:UR2290413

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

Apollo Health and Lifestyle Limited | CIN - U85110TG2000PLC115811
 Regd. Office: 1-10-62/63, Arshika Raghupathi Chambers, 9th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
 www.apollohli.com | Email ID: enquiry@apollohli.com, Ph No: 843-4884 7777, Fax No: 4884 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad | U.S. Rao Nagar | Charada Nagar | Kondapur | Nallakunta | Nizampet | Marikonda | Uppal | Andhra Pradesh: Vizag | Seethamma Peta | Karnataka: Bangalore | Basavanagudi | Bellandur | Electronics City | Hebbal | HSR Layout | Indira Nagar | JP Nagar | Kandrajohli | Koramangala | Sarjapur Road | Mysore: W. Venkatasai | Tamil Nadu: Chennai | Anna Nagar | Kotturupalli | Moolappai | T. Nagar | Vellore/Kaliam | Welichery | Maharashtra: Pune | Aurang | Nigdi | Pathankar | Wananagar | Mumbai: Ultra Pradesh: Ghaziabad | Indraprastha | Gujarat: Ahmedabad | Sabarmatra | Punjab: Amritsar | Court Road | Haryana: Panipat | Railway Station Road

Address:
33/196/122, Doddaballapur Village, Woodside Main Road,
Newlands Nagar, Electronic City, Bangalore,
Karnataka - 560038

1860 500 7788
www.apolloclinic.com

Patient Name : Miss.MAMINA BAHERA	Collected : 24/Feb/2024 09:37AM
Age/Gender : 31 Y 9 M 24 D/F	Received : 24/Feb/2024 01:04PM
UHID/MR No : CMAR.0000341450	Reported : 24/Feb/2024 03:44PM
Visit ID : CMAROPV779006	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9668873249	

DEPARTMENT OF CLINICAL PATHOLOGY

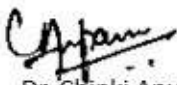
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

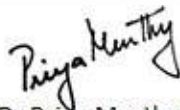
Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***

Result/s to Follow:
PERIPHERAL SMEAR



Dr. Chinki Anupam
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



Dr. Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:UF010743

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

Apollo Health and Lifestyle Limited | CIN - U85110TG2000PLC1158116
 Regd. Office: 1-10-62/63, Arshika Raghupathi Chambers, 9th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
 www.apollohli.com | Email ID: enquiry@apollohli.com, Ph No: 843-4884 7777, Fax No: 4884 7744

Address:
 32/196/123, Doddaballapur Village, Woodlath Main Road,
 Newlands Nagar, Electronic City, Bangalore,
 Karnataka - 560038

 **1860 500 7788**
 www.apolloclinic.com

APOLLO CLINICS NETWORK
 Telangana: Hyderabad | RS Rao Nagar | Charada Nagar | Kondapur | Nallakunta | Nizampet | Marikonda | Uppal | Andhra Pradesh: Vizag | Seethamma Petal | Karnataka: Bangalore | Basavanagudi | Bellandur | Electronics City | Hebbal | HSR Layout | Indira Nagar | JP Nagar | Kandraholi | Koramangala | Sarjapur Road | Mysore | W. Whitefield | Tamil Nadu: Chennai | Anna Nagar | Kotturupalli | Moolappai | T. Nagar | Vileparakkam | Welichery | Maharashtra: Pune | Aundh | Nigdi | Pashchim | Viman Nagar | Maharashtra | Ahmedabad | Gandhinagar | Gujarat: Ahmedabad | Gandhinagar | Punjab: Amritsar | Court Road | Haryana: Panipat | Railway Station Road

Patient Name	: Miss. Mamina Bahera	Age/Gender	: 31 Y/F
UHID/MR No.	: CMAR.0000341450	OP Visit No	: CMAROPV779006
Sample Collected on	:	Reported on	: 24-02-2024 13:36
LRN#	: RAD2246927	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 9668873249		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

GALLBLADDER: Partially distended. No definite calculi identified in this state of distension. No evidence of abnormal wall thickening noted.

SPLEEN: Appears normal in size and shows normal echopattern. No focal parenchymal lesions identified.

PANCREAS: Head and body appears normal. Rest obscured by bowel gas.

KIDNEYS: Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

Right kidney measures 9.0cm and parenchymal thickness measures 1.4cm.

Left kidney measures 9.8cm and parenchymal thickness measures 1.5cm.

URINARY BLADDER: Distended and appears normal. No evidence of abnormal wall thickening noted.

UTERUS: appears normal in size, measuring 8.3x6.6x5.0cm. Myometrial echoes appear normal. The endometrial lining appears intact. Endometrium measures 8.6mm.

OVARIES: Both ovaries appear normal in size and echopattern.

Right ovary measures 3.4x2.5cm.

Left ovary measures 4.1x2.9cm.

No free fluid is seen.

Visualized bowel loops appears normal.


IMPRESSION:

NO SIGNIFICANT SONOGRAPHIC ABNORMALITY DETECTED.

Suggested clinical correlation and further evaluation if needed.

Report disclaimer :

1. Not all diseases/ pathologies can be detected in USG due to certain technical limitation, obesity, bowel gas, patient preparation and organ location.
2. USG scan being an investigation with technical limitation has to be correlated clinically; this report is not valid for medicolegal purpose.
3. Printing mistakes should immediately be brought to notice for correction.



Dr. NAVEEN KUMAR K



Patient Name : Miss. Mamina Bahera

Age/Gender : 31 Y/F

MBBS, DMRD Radiology, (DNB)
Radiology

Patient Name : Miss. Mamina Bahera

Age/Gender : 31 Y/F

UHID/MR No. : CMAR.0000341450

OP Visit No : CMAROPV779006

Sample Collected on :

Reported on : 24-02-2024 19:46

LRN# : RAD2246927

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 9668873249

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

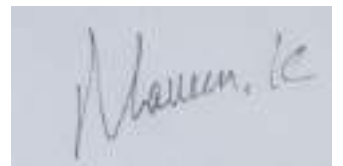
Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen



Dr. NAVEEN KUMAR K
MBBS, DMRD Radiology, (DNB)
Radiology

Date : 24-02-2024
MR NO : CMAR.0000341450

Department : GENERAL
Doctor :

Name : Miss. Mamina Bahera

Registration No :

Age/ Gender : 31 Y / Female

Qualification :

Consultation Timing: 09:21

Height : 152 cm	Weight : 53 kg	BMI :	Waist Circum :
Temp :	Pulse : 95 bpm	Resp :	B.P : 100/72 mmHg

General Examination / Allergies
History

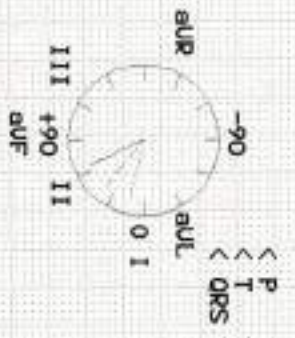
Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature

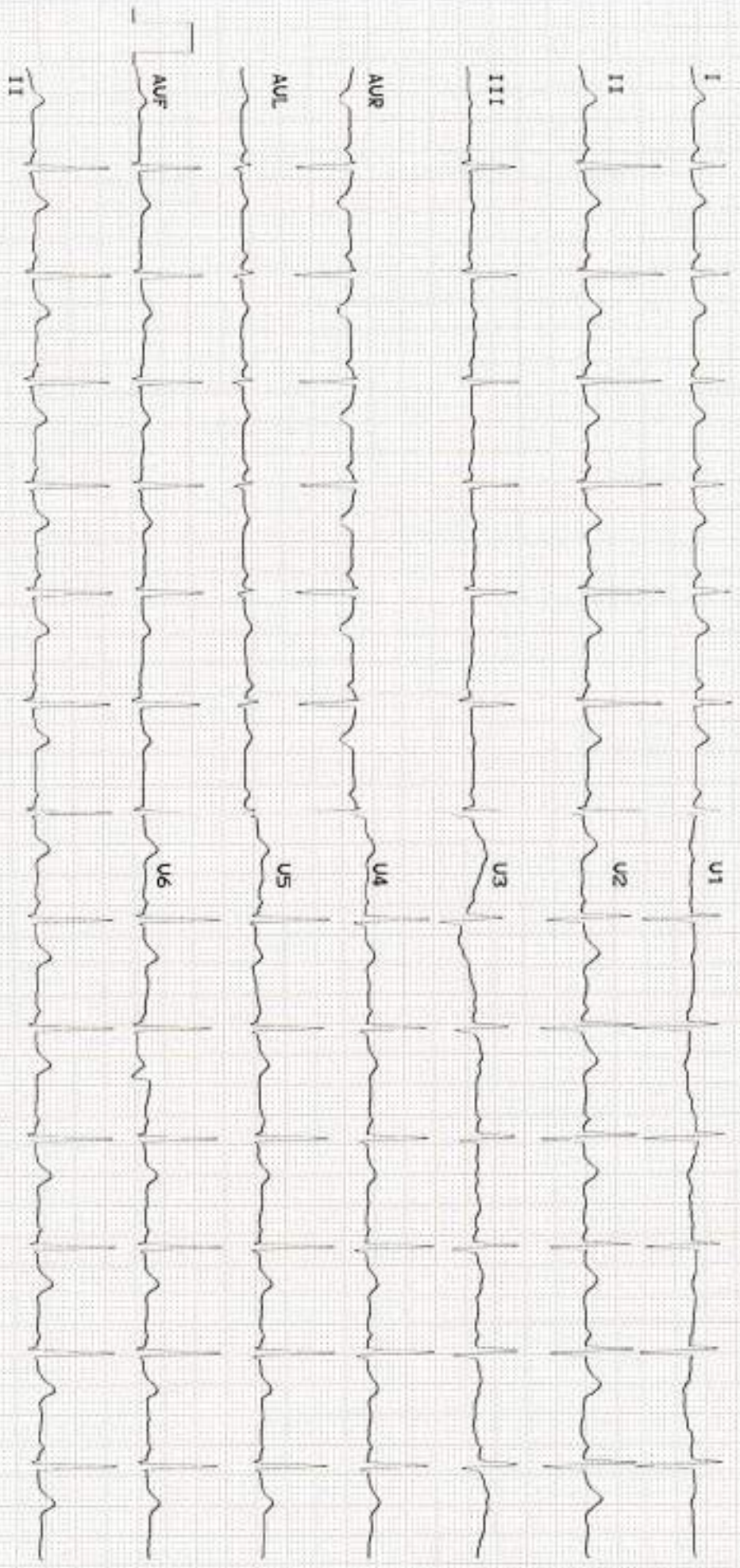
Measurement Results:

QRS	:	80 ms
QT/QTcB	:	372 / 438 ms
PR	:	120 ms
P	:	96 ms
QR/PP	:	720 / 720 ms
P/OPS/T	:	15 / 65 / 40 degrees
OTD/OTcBD	:	44 / 52 ms
Sokolow	:	2.0 mV
NK	:	11



Interpretation:
 R/S Inversion area between U1 and U2
 probably normal ECG

Unconfirmed report.



DEPARTMENT OF OPHTHALMOLOGY

Employee Name: <i>Monira Batoora</i>	Date: <i>24/02/12</i>
Employee No:	Sex:
Age: <i>31</i>	Systemic illness:

Examination	RE	LE
Anterior Segment	Normal/Abnormal	Normal/Abnormal
Vision Distance	<i>6/36</i>	<i>6/36</i>
Near vision	<i>N/6</i>	<i>N/6</i>
Colour (Ishihara)	Normal/Abnormal	Normal/Abnormal
Refractive Error	Present/Absent	Present/Absent
New Glass power	<i>-2.25 SPL</i>	<i>-2.50 SPL</i> <i>6/6</i>
Add Power	—	—
Glass if any	To Continue / Change	To Continue / Change
IOP (mm of Hg)	Normal/Abnormal	Normal/Abnormal
Posterior Segment	Normal/Abnormal	Normal/Abnormal
Impression	Normal/Refractive Error/Presbyopic RE/Others	

Advice/Comments	<i>cont with same glasses</i>
-----------------	-------------------------------


 Signature of Consultant & Optometrist

MAMINA BEHARA,

Patient ID: 341450

24.02.2024

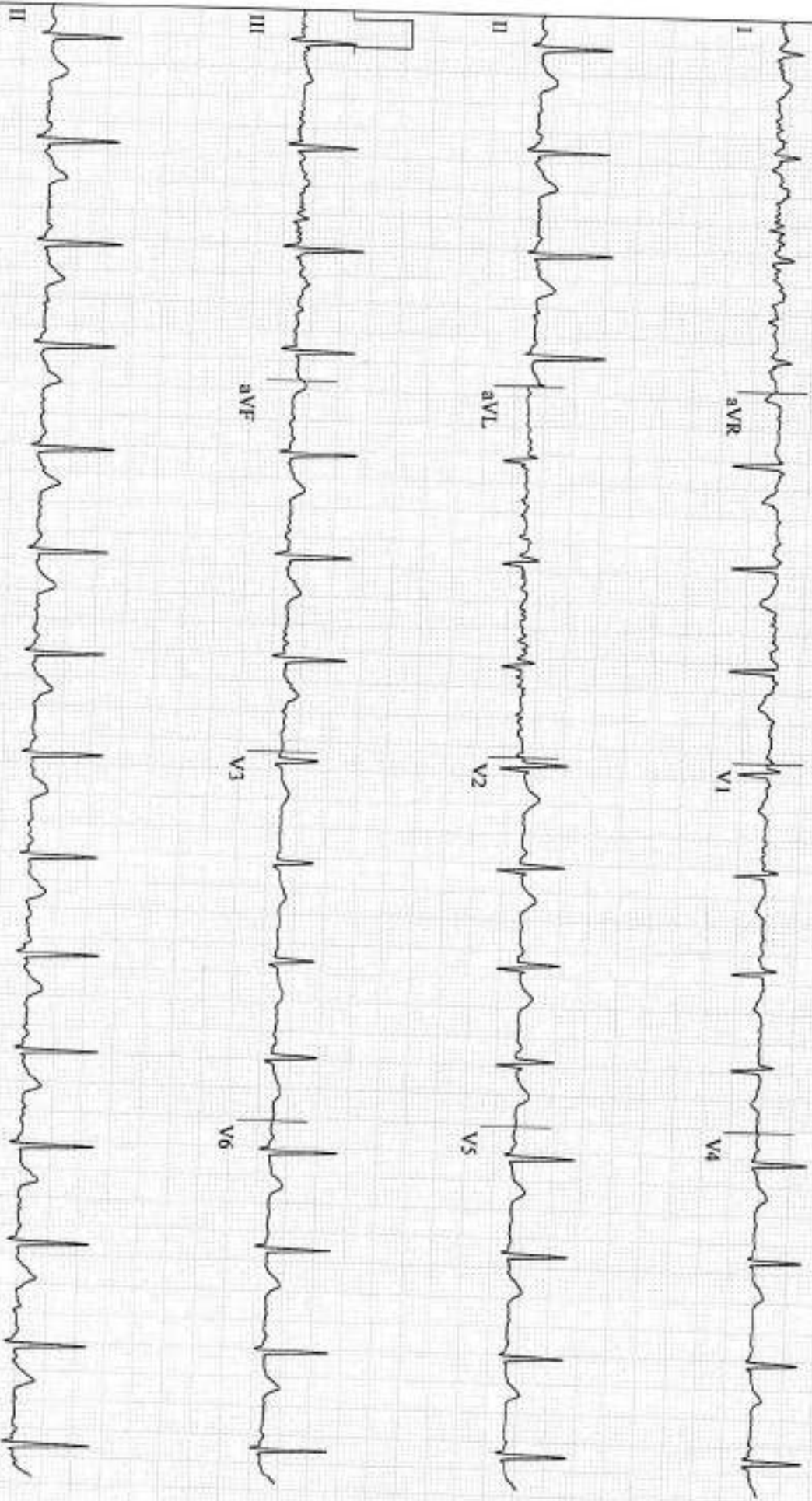
1:24:38pm

Female 152 cm 53 kg
31 yrs Asian

Exercise Test / 12-Lead Report

88 bpm
100/72 mmHg

Apollo clinic marathahalli



GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(II, V5)

MAMINA BEHARA,

Patient ID: 341450

24.02.2024 Female 152 cm 53 kg

1:24:51pm 31 yrs Asian

Exercise Test / Linked Medians

PRETEST

SUPINE

00:03

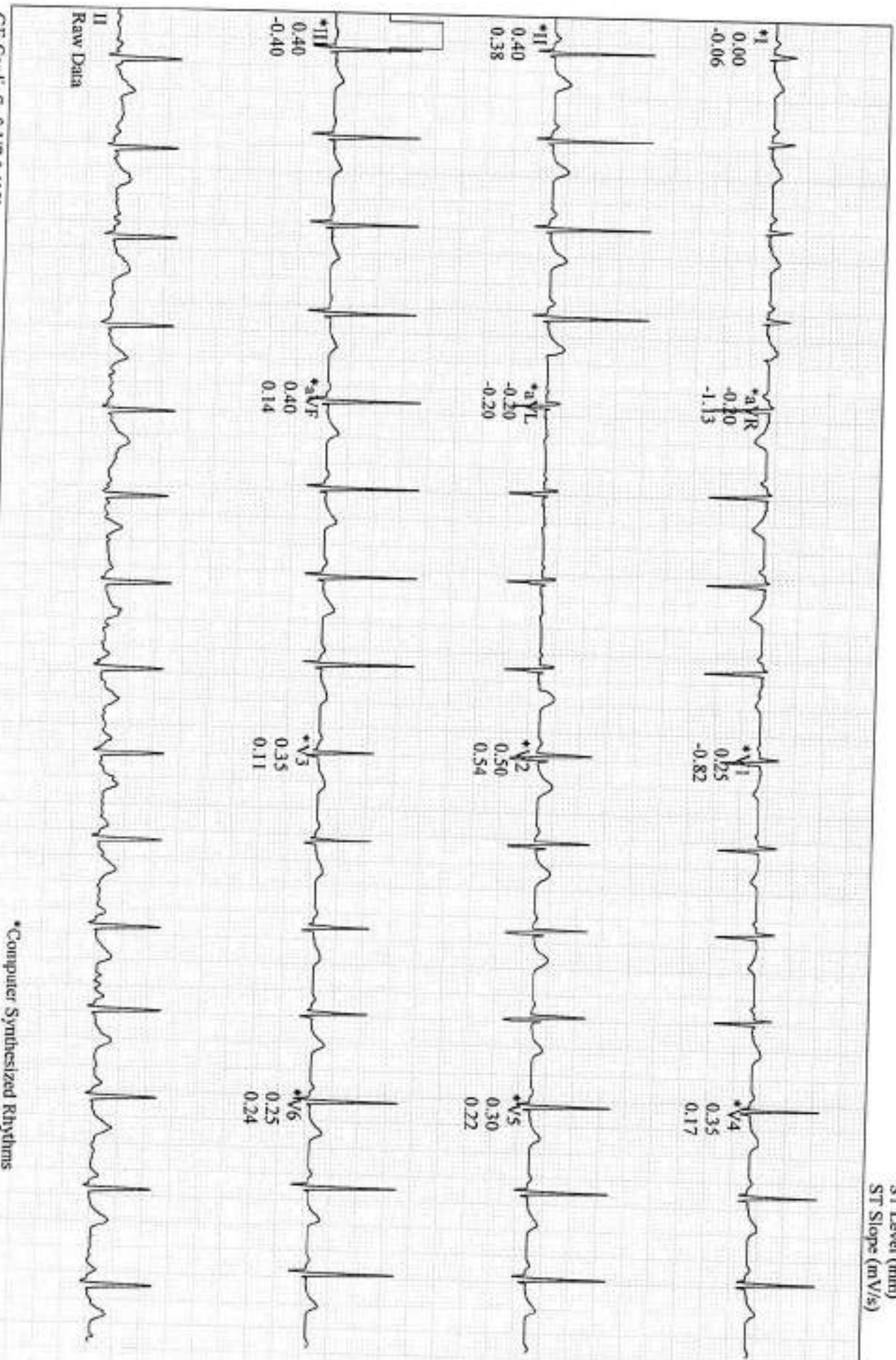
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BRUCE

0.0 km/h

0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)



GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(QT, V5)

*Computer Synthesized Rhythms

Start of Test: 1:24:47pm

MAMINA BEHARA,
Patient ID: 341450

24.02.2024 Female 152 cm 53 kg
1:24:59pm 31 yrs Asian

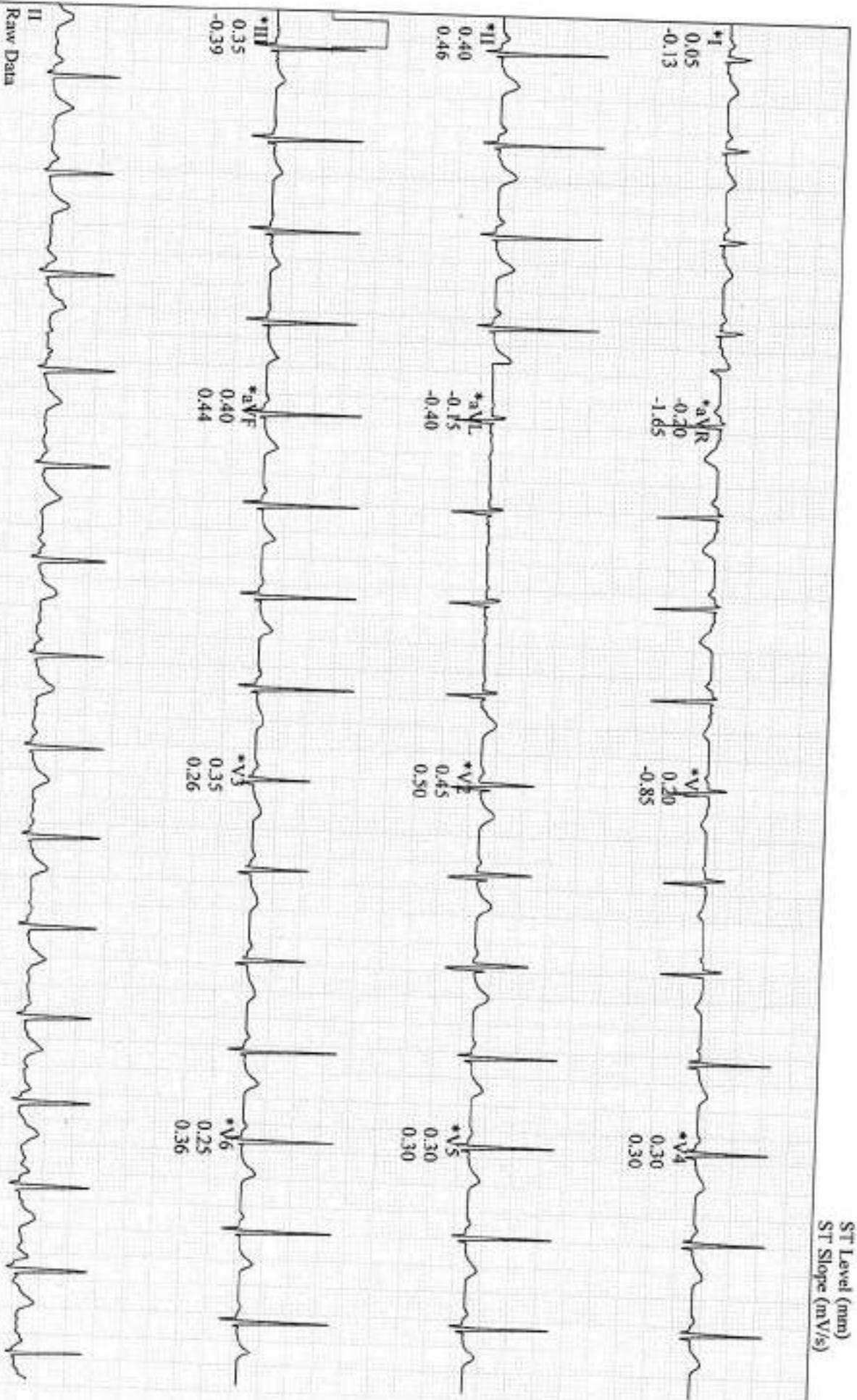
Exercise Test / Linked Medians

90 bpm
PRETEST
STANDING
00:11

BRUCE
0.0 km/h
0.0 %

Apollo clinic marhaballi

Lead
ST Level (mm)
ST Slope (mV/s)



Raw Data

GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(II, V5)

*Computer Synthesized Rhythms

Start of Test: 1:24:17pm

MAMINA BEHARA,

Patient ID: 341450

Female 152 cm 53 kg

24.02.2024 31 yrs Asian

Exercise Test / Linked Medians

PRETEST

HYPERV.

00:17

Apollo clinic mumbaihalli

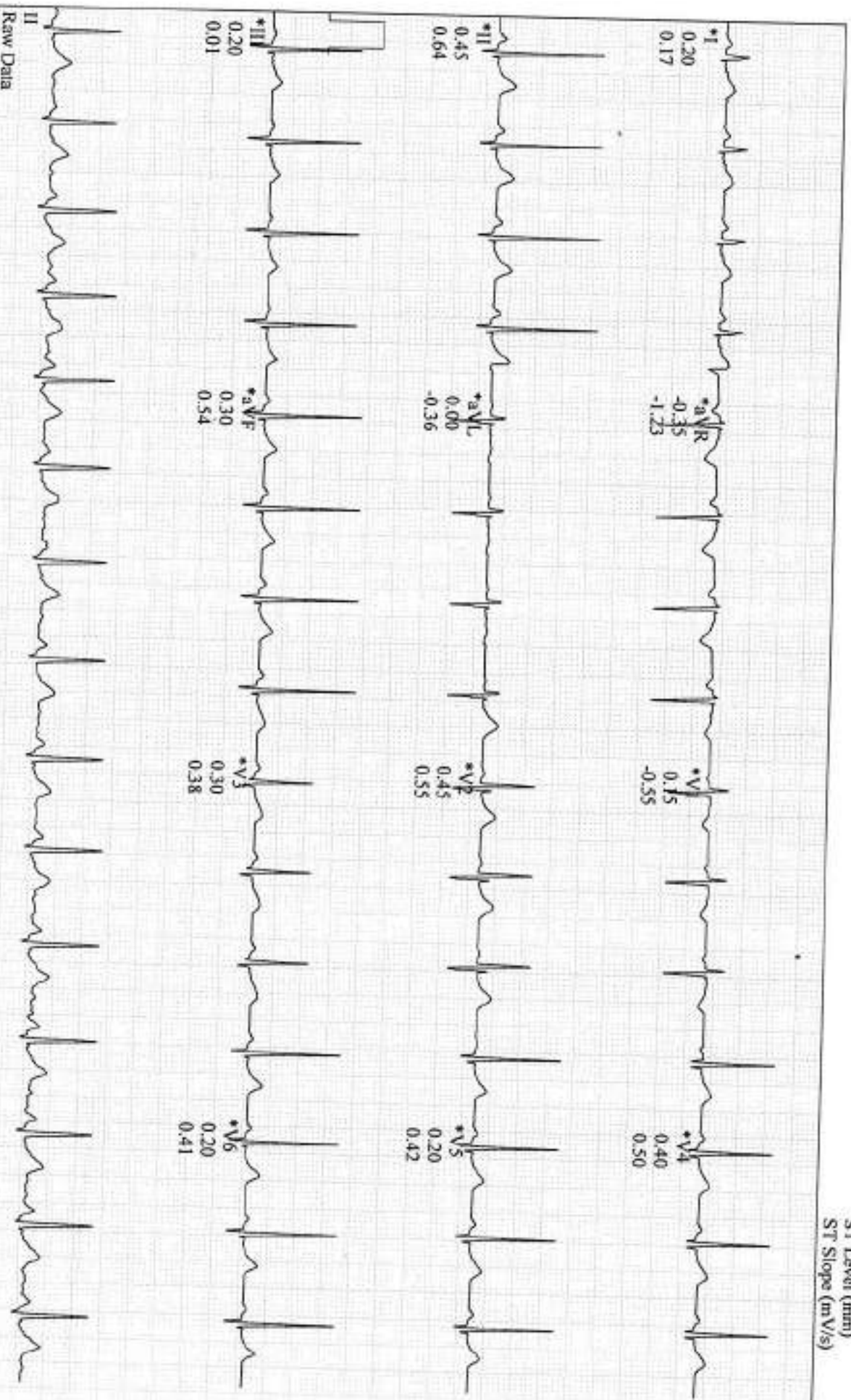
BRUCE

0.0 km/h

0.0 %

90 bpm

Lead
ST Level (mm)
ST Slope (mV/s)



Raw Data

*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(QT, V5)

Start of Test: 1:24:47pm

MAMINA BEHARA,

Patient ID: 341450

24.02.2024

1:31:57pm

Female 152 cm 53 kg
31 yrs Asian

Exercise Test / Linked Medians

133 bpm

EXERCISE
STAGE 1
02:50

BRUCE
2.7 km/h
10.0 %

Apollo clinic marathahalli

Lead

ST Level (mm)

ST Slope (mV/s)



Raw Data

*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(V6, V4)

Start of Test: 1:24:47pm

MAMINA BEHARA,

Patient ID: 341450

24.02.2024 Female 152 cm 53 kg
1:34:57pm 31 yrs Asian

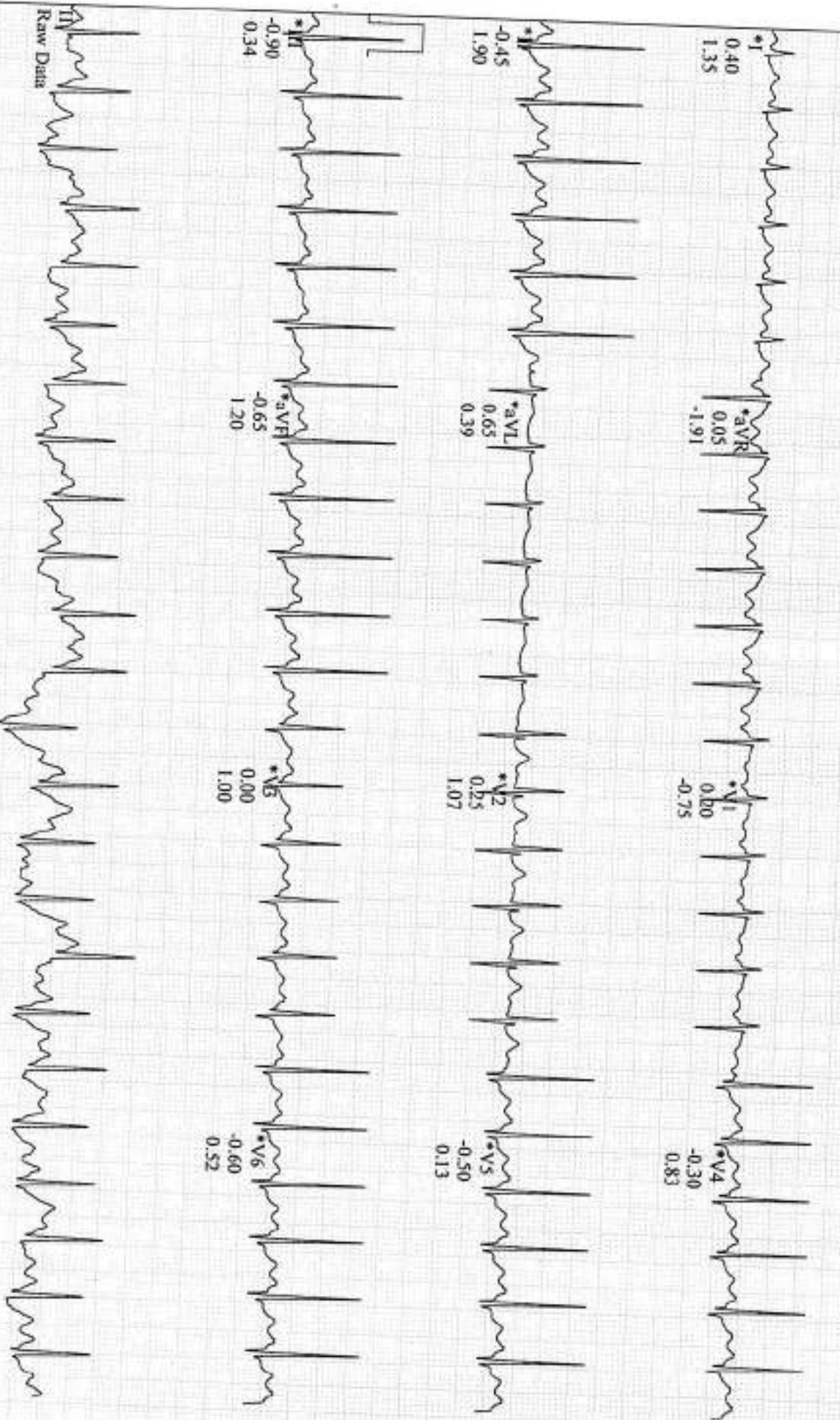
Exercise Test / Linked Medians

146 bpm
110/80 mmHg
EXERCISE STAGE 2
05:50

BRUCE
4.0 km/h
12.0 %

Apollo clinic marathahalli

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(V4,V6)

Start of Test: 1:24:47pm

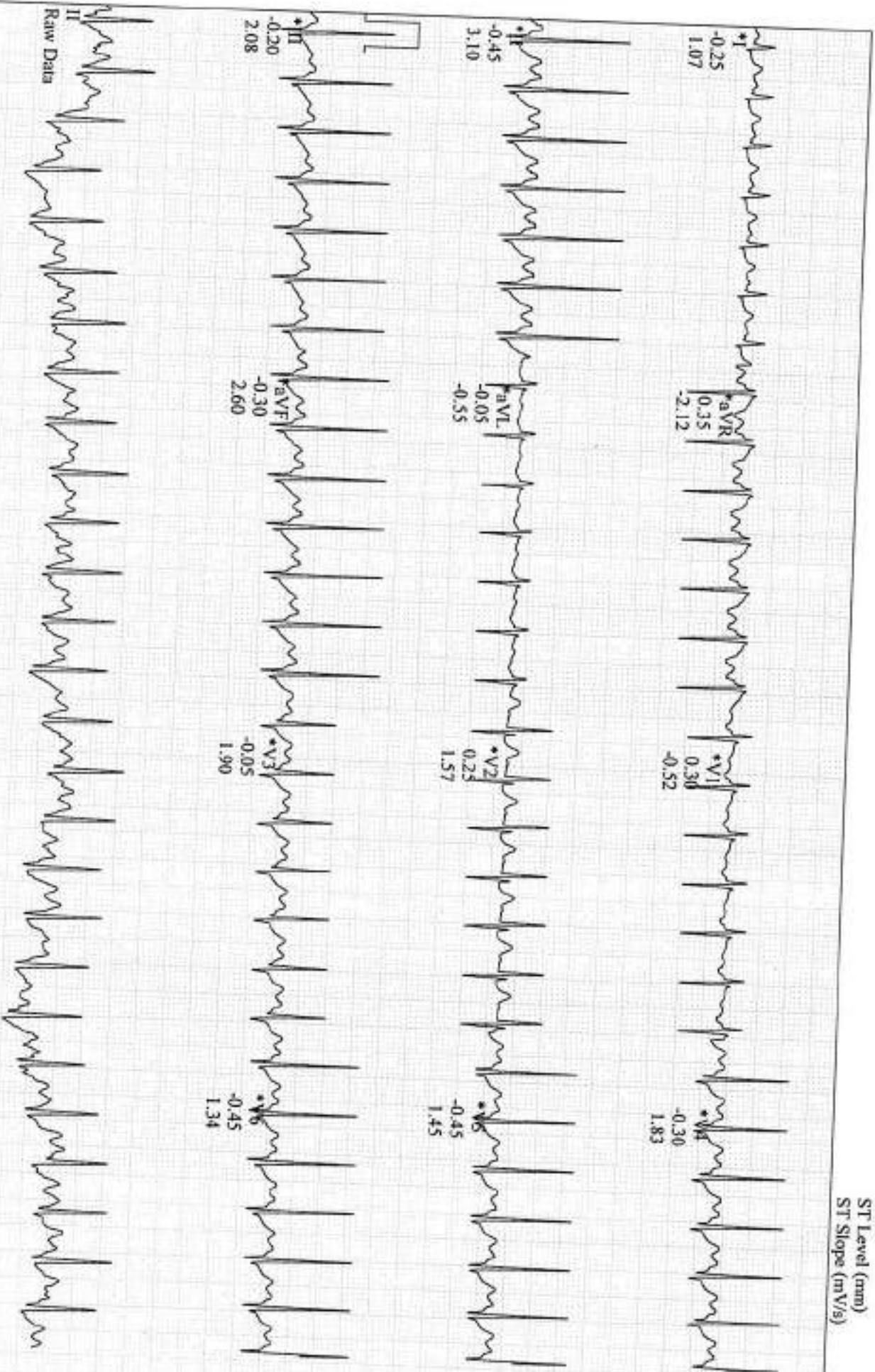
MAMINA BEHARA,
 Patient ID: 341450
 24.02.2024 Female 152 cm 53 kg
 1:37:08pm 31 yrs Asian

164 bpm

Exercise Test / Linked Medians (PEAK EXERCISE)
 EXERCISE STAGE 3 08:01
 BRUCE 5.4 km/h
 14.0 %

Apollo clinic mambhatralji

Lead
 ST Level (mm)
 ST Slope (mV/s)



*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)
 25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(II,VI)

Start of Test: 1:24:47pm

MAMINA BEHARA,

Patient ID: 341450

24.02.2024

1:38:08pm

Female 152 cm 53 kg
31 yrs Asian

Exercise Test / Linked Medians

RECOVERY

#1

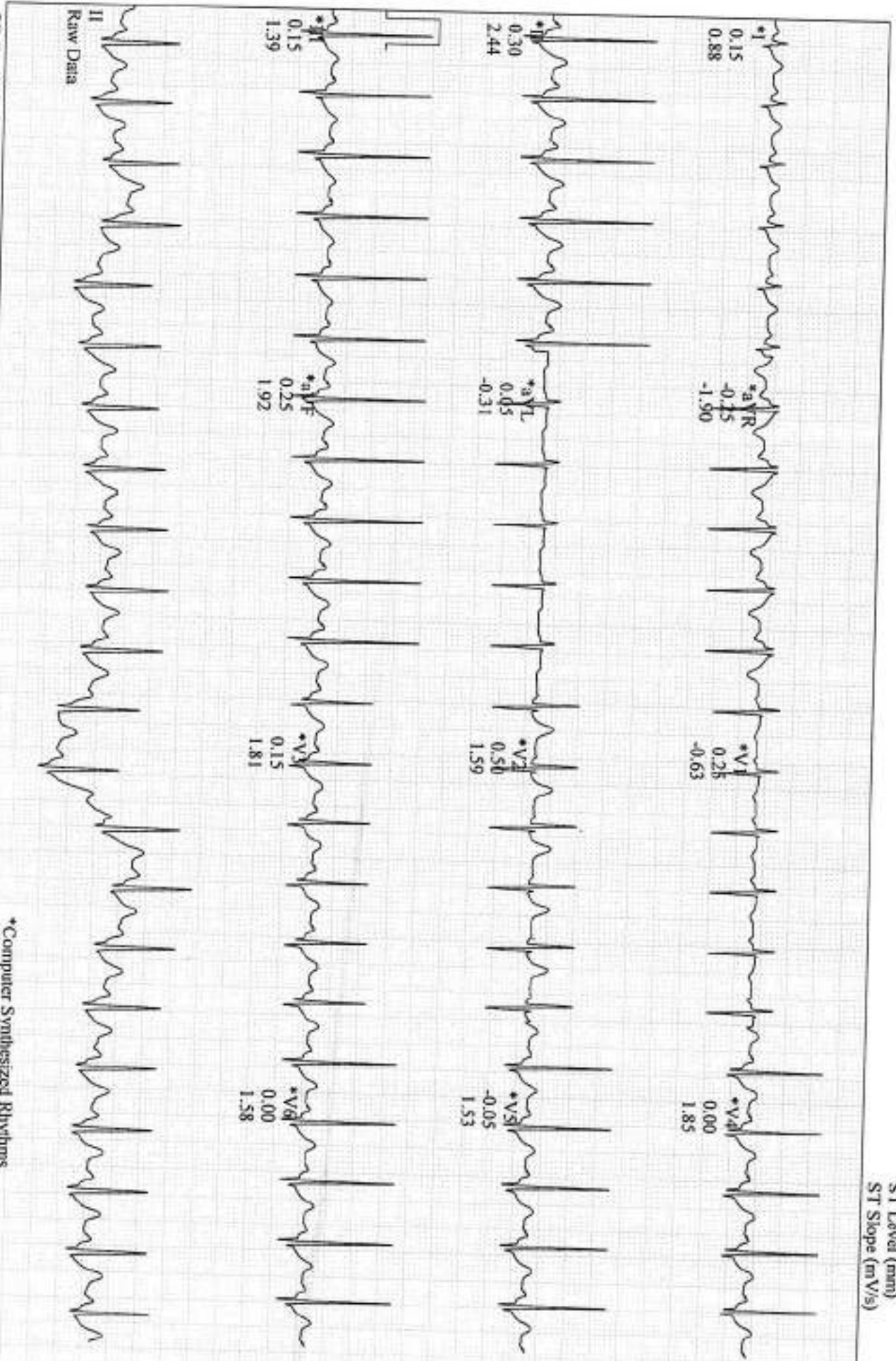
01:00

133 bpm
110/80 mmHg

BRUCE
0.0 km/h
0.0%

Apollo clinic marathaballi

Lead
ST Level (mm)
ST Slope (mV/s)



GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(II,V1)

Start of Test: 1:24:47pm

*Computer Synthesized Rhythms

MAMINA BEHARA,

Patient ID: 341450

24.02.2024 Female 152 cm 53 kg

1:40:08pm 31 yrs Asian

Exercise Test / Linked Medians

RECOVERY

#1

03:00

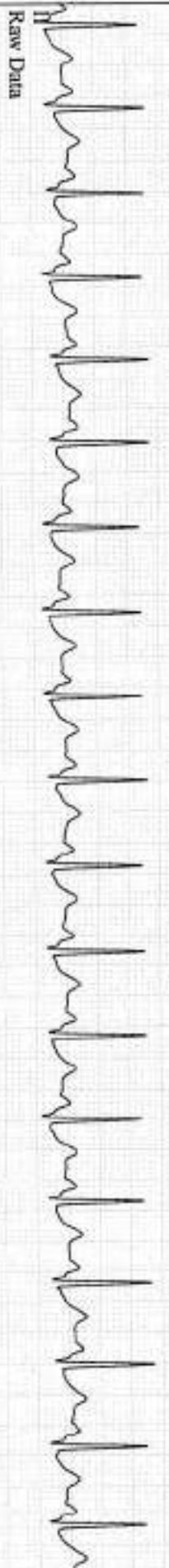
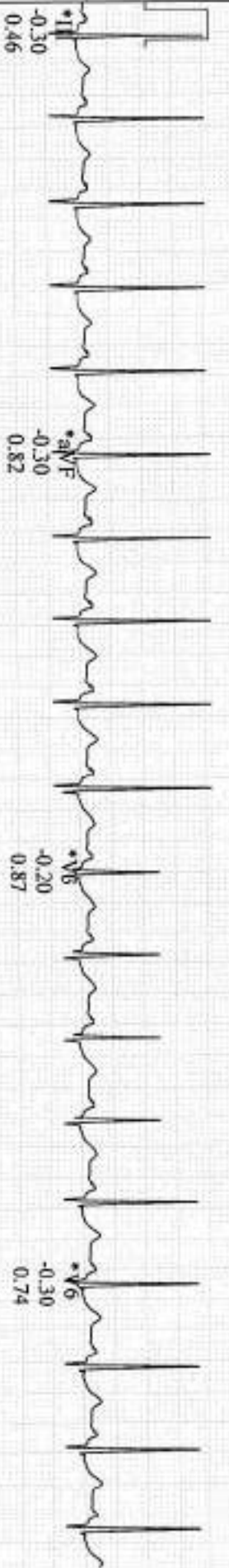
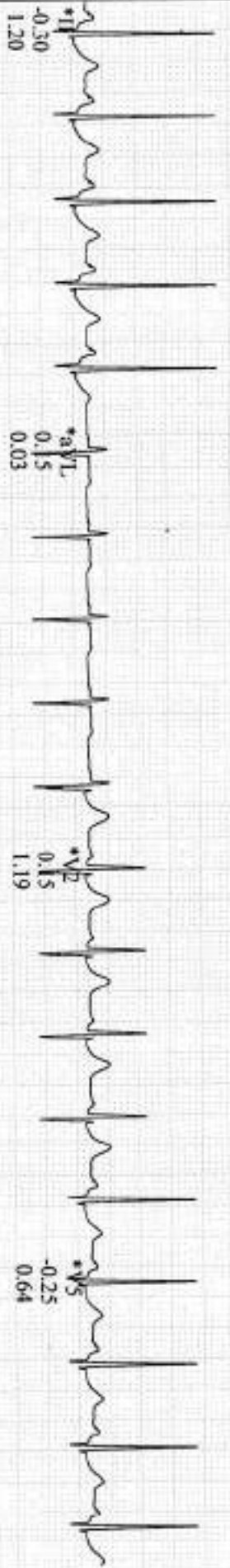
BRUCE

0.0 km/h

0.0 %

Apollo clinic marathahalli b

Lead
ST Level (mm)
ST Slope (mV/s)



Raw Data

*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(QL V1)

Start of Test: 1:24:47pm

MAMINA BEHARA,

Patient ID: 341450

Female 152 cm 53 kg

24.02.2024 1:42:08pm 31 yrs Asian

Exercise Test / Linked Medians

RECOVERY

#1

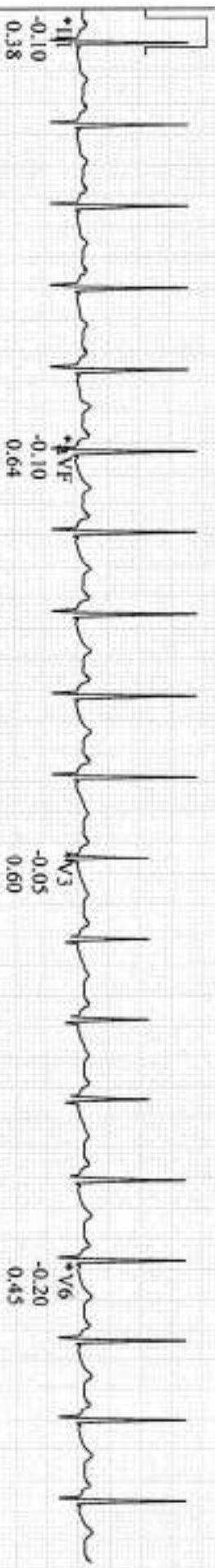
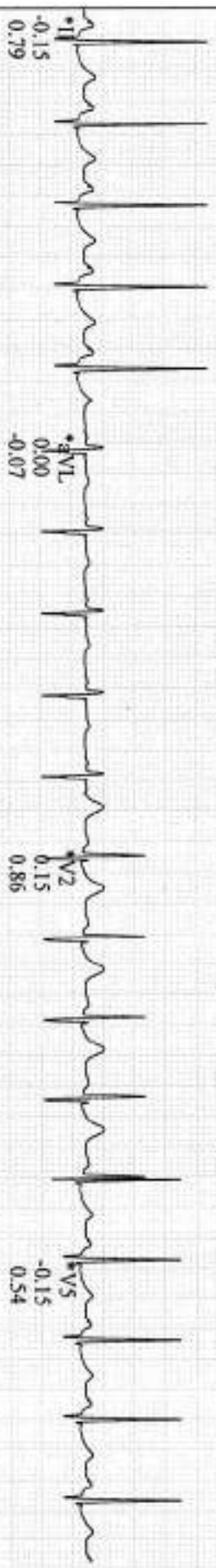
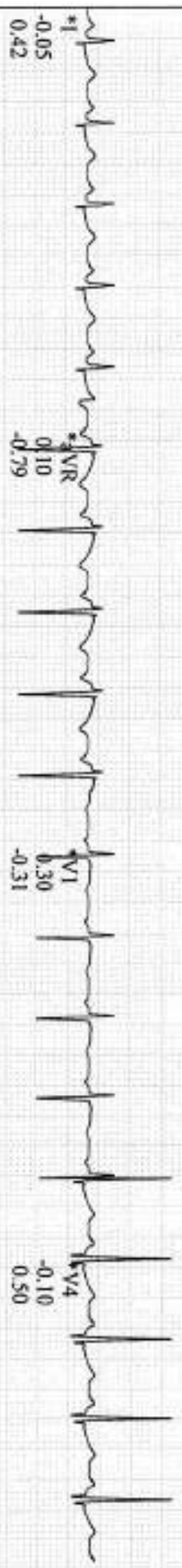
05:00

114 bpm
110/80 mmHg

BRUCE
0.0 km/h
0.0 %

Apollo clinic marathahalli b

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(V6,II)

Start of Test: 1:24:47pm

EXERCISE STRESS TEST REPORT

Patient Name: MAMINA BEHARA, Patient ID: 341450
 Height: 152 cm Weight: 53 kg
 Age: 31 yrs Gender: Female Race: Asian
 DOB: 10.04.1992

Study Date: 24.02.2024
 Referring Physician: --
 Attending Physician: --
 Technician: --

Medications: --

Medical History: --

Reason for Exercise Test: --

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [km/h]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	00:09	0.00	0.00	90	90	
	STANDING	00:06	0.00	0.00	90	90	
	HYPERV.	04:06	1.60	0.00	113	113	
EXERCISE	STAGE 1	03:00	2.70	10.00	134	110/80	
	STAGE 2	03:00	4.00	12.00	148	110/80	
	STAGE 3	02:01	5.40	14.00	164	110/80	
RECOVERY		05:02	0.00	0.00	115	110/80	

The patient exercised according to the BRUCE for 8:01 mins, achieving a work level of Max. METS: 10.00. The resting heart rate of 91 bpm rose to a maximal heart rate of 166 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of --/-- mmHg, rose to a maximum blood pressure of 110/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

GOOD EFFORT TOLERANCE
 NORMAL BP/HR RESPONSE
 NO ANGINA / NO ARRHYTHMIAS

MAMINA BEHARA,

Patient ID: 341450
 24.02.2024 Female 152 cm 53 kg
 1:24:47pm 31 yrs Asian
 Meds:

Test Reason:
 Medical History:

Ref.MD: Ordering MD:
 Technician: Test Type:
 Comment:

BRUCE: Exercise Time 08:01
 Max HR: 166 bpm 87% of max predicted 189 bpm HR at rest: 91
 Max BP: 110/80 mmHg Max RPP: 18260 mmHg*bpm
 Maximum Workload: 10.00 METS
 Max. ST: -3.85 mm, 0.09 mV/s in III; EXERCISE STAGE 2 4:30
 Arrhythmia: A:307, PVC:3
 ST/HR index: 0.68 μ V/bpm
 HR reserve used: 74 %
 HR recovery: 31 bpm
 VE recovery: 0 VE/min
 ST/HR hysteresis: 0.001 mV/()

BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY
0:01 113 bpm	4:30 144 bpm	8:01 164 bpm	4:59 113 bpm 110/80 mmHg	0:01 113 bpm	4:30 144 bpm	8:01 164 bpm	4:59 113 bpm 110/80 mmHg
I 0.35 mm -0.76 mV/s	I 0.65 0.27	I -0.20 1.15	I -0.05 0.30	V1 0.35 -0.81	V1 1.85 0.67	V1 0.35 -0.50	V1 0.30 -0.27
II 1.05 -0.79	II -3.45 -0.92	II -0.35 3.19	II -0.10 0.71	V2 0.30 0.28	V2 1.75 1.95	V2 0.15 1.70	V2 0.10 0.83
III 0.20 -2.63	III -3.85 0.09	III -0.10 2.04	III -0.05 0.45	V3 0.15 0.04	V3 1.35 2.23	V3 -0.15 1.90	V3 -0.05 0.59
aVR -0.65 -0.87	aVR 1.75 0.73	aVR 0.25 -2.27	aVR 0.05 -0.79	V4 0.05 0.17	V4 1.20 1.94	V4 -0.35 1.89	V4 -0.10 0.58
aVL 0.25 -2.17	aVL 2.50 0.28	aVL -0.05 -0.45	aVL 0.00 -0.17	V5 0.00 -0.19	V5 1.15 1.95	V5 -0.50 1.73	V5 -0.15 0.50
aVF 0.55 -1.59	aVF -3.65 -0.38	aVF -0.20 2.69	aVF -0.05 0.64	V6 -0.10 0.01	V6 1.10 1.68	V6 -0.45 1.35	V6 -0.25 0.51

MAMINA BEHARA,

Patient ID: 341450

24.02.2024 Female 152 cm 53 kg
1:24:47pm 31 yrs Asian

Meds:

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

BRUCE: Exercise Time 08:01

Max HR: 166 bpm 87 % of max predicted 189 bpm HR at rest: 91

Max BP: 110/80 mmHg Max RPP: 18260 mmHg*²bpm

Maximum Workload: 10.00 METS

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Arrhythmia: A:307, PVC:3

ST/HR index: 0.68 μ V/bpm

HR reserve used: 74 %

HR recovery: 31 bpm

VE recovery: 0 VE/min

ST/HR hysteresis: 0.001 mV (I)

QRS duration: BASELINE: 78 ms, PEAK EX: 82 ms, REC: 72 ms

Reasons for Termination: Fatigue

Summary:

Resting ECG: normal. Functional Capacity: normal. HR Response to Exerci

appropriate. BP Response to Exercise: normal resting BP - appropriate respons

Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impressi

Normal stress test.

Conclusion: GOOD EFFORT TOLERANCE

NORMAL BP/HR RESPONSE

NO ANGINA / NO ARRHYTHMIAS

NO SIGNIFICANT ST T CHANGES NOTED DURING THE STUDY

STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Prognosis:

Duke Treadmill Score: -11 Risk Category: high

5 Year Survival: 78.5 % Average Annual Mortality: 4.3 %

Room:

Location: * 0 *

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Momina Bahena on 24/2/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. _____

Medical Officer



This certificate is not meant for medico-legal purposes

Apollo Clinic

CONSENT FORM

Patient Name: Mamuna Bahera Age: 31/f
UHID Number: 341450 Company Name: Arcofeni

I Mr/Mrs/Ms Mamuna Bahera Employee of Arcofeni
(Company) Want to inform you that I am not interested in getting ABE D

Tests done which is a part of my routine health check package.

And I claim the above statement in my full consciousness.

Patient Signature: _____ Date: 24/2/24



ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ

ଭାରତ ସରକାର

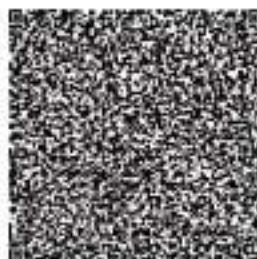
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Government of India

ନାମାଙ୍କନ କ୍ରମାଙ୍କ / Enrolment No.: 2189/78230/44919

Download Date: 28/09/2019

To
ମାମିନା ବେହେରା
MAMINA BEHERA
W/O Sunil Kumar Sahoo
JHUMPURA
JHUMPURA
jhumpura (c t)
jhumpura
Kendujhar Odisha - 758031
9668873249

Signature Not Verified
Digitally signed by MAMINA BEHERA
DN: cn=MAMINA BEHERA, o=Unique Identification Authority of India, ou=Government of India, email=



QR Code with Photograph

Generation Date: 15/12/2017

ଆପଣଙ୍କ ଆଧାର ସଂଖ୍ୟା / Your Aadhaar No. :

9921 1887 2752

VID : 9171 4119 2748 8735

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ଭାରତ ସରକାର

Government of India



ମାମିନା ବେହେରା
MAMINA BEHERA
ତୃତୀୟ ଲିଙ୍ଗ / DOB: 10/04/1992
SIV FEMALE



9921 1887 2752

VID : 9171 4119 2748 8735

ମୋ ଆଧାର, ମୋ ପରିଚୟ



Government of India



ସୂଚନା

- ଆଧାର ପରିଚୟ ପ୍ରମାଣ ଅଟେ, ନାଗରିକତାର ନୁହେଁ
- ପରିଚୟ ପ୍ରତିଷ୍ଠା ପାଇଁ ଅନଲାଇନ୍ ରେ ପ୍ରମାଣିତକରଣ କରନ୍ତୁ
- ଏହା ଇଲେକ୍ଟ୍ରୋନିକ ପ୍ରକ୍ରିୟା ଦ୍ୱାରା ଉତ୍ପନ୍ନ କରାଯାଇଥିବା ଚିଠି ଅଟେ

INFORMATION

- **Aadhaar** is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

- ଆଧାର ସାରାଦେଶରେ ବୈଧ ।
- ଭବିଷ୍ୟତରେ ଏହି ଆଧାର, ସମସ୍ତ ସରକାରୀ ଓ ବେସରକାରୀ ସେବା ପ୍ରାପ୍ତ କରିବାରେ ସାହାଯ୍ୟକର ହେବେ ।
- **Aadhaar** is valid throughout the country .
- **Aadhaar** will be helpful in availing Government and Non-Government services in future .

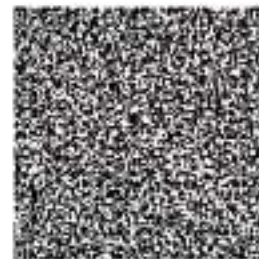


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Unique Identification Authority of India

ଠିକଣା:
W/O ସୁନୀଲ କୁମାର ସାହୁ, ଜୁମ୍ପୁରା, ଜୁମ୍ପୁରା, ଜୁମ୍ପୁରା
(ସି.ଟି.), କେନ୍ଦୁଜାର,
ଓଡିଶା - 758031

Address:
W/O Sunil Kumar Sahoo, JHUMPURA,
JHUMPURA, Jhumpura (c.t), Kendujhar,
Odisha - 758031



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