

Name : Mr. RANJIT KUMAR PAUL (57 /M)

Date : 15/09/2022

Address : BARRACKPORE, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL,
INDIA

Examined by:

UHID : AMHL.0002016676

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS
WITH TMT/ECHO)

AHC No : AMHLAH156823



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Hypertension, Thyroid disorder, Heart disease, COPD

Diabetes mellitus : - type 2; Since - 2020; Medication - regular

Dyslipidaemia : Since - 2020; Medication - regular

COPD : Since - 2021; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:15/09/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

Cough - yes; Exacerbated by - allergens, breathing difficulty; Dyspnoea - yes; Dyspnoea at rest - no; Relieved by - medication

Gastrointestinal system

Appetite - normal; Bowel habits - regular

Genitourinary system

Frequency - normal; Dysuria/burning micturition - no

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error, reading

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
- Nil Significant

Weight

- stable



Past medical history

Covid 19 - Yes
- 2020

Hospitalization for - Yes

Covid 19

Oxygen support - Yes

Jaundice - 2022 May



Surgical history

Surgical history - Nil

Immunization history

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- Covid Dose1,Covid
Dose2,Precaution Dose

Diastolic(mm of Hg) - 82
Heart sounds - S1S2+



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - consumes alcohol occasionally
Smoking - No
Chews tobacco - No
Physical activity - Moderate

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal



Family history

Father - has expired
Aged - 88
Cause - natural cause
- 78
Mother - has expired
Cause - natural cause
Brothers - 4
Sisters - 4
Coronary artery disease - grandfather
Cancer - None
CVA - father,mother,brother

PHYSICAL EXAMINATION



General

Build - over weight
Height - 168
Weight - 80
BMI - 28.34
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 62
Rhythm - Regular
Systolic(mm of Hg) - 132

Printed By : SHARMISTHA MALLIK

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.8	g/dl	●	13.0-17.0
RBC COUNT	4.63	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.5	%	●	41-53
MCV	89.6	fl	●	83-101
MCH	29.7	pg	●	27-32
MCHC	33.1	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	6800	/cu mm	●	4000-10000
Platelet Count	1.98	lacs/cu mm	●	1.5-4.0
Neutrophils	66	%	●	40-80
Lymphocytes	27	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	44 *	U/L	●	10-40
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	62	U/L	●	53-128
AST (SGOT) - SERUM	42	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.3 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	149	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.4 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 25 U/L ● 7-64

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 115 * mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 153 * mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.3 * % ● Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

Note Hemoglobin variant present, HbA1c can not be measured accurately. Hemoglobin electrophoresis suggested.

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 47 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 84 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 18 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.7 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.0 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 10.0 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 100 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.8 µIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 3.8 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.3 * mg/dL ● 0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.6 ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 14.0 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.6:1.0 1.0-2.0

ECG

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SINUS BRADYCARDIA.
NONSPECIFIC T WAVE CHANGES IN INFERIOR LEADS.
LEFT AXIS DEVIATION.
LEFT ANTERIOR HEMIBLOCK.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

* Descriptive as above.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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