



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR JITENDRA
EC NO.	100932
DESIGNATION	DAFTARY
PLACE OF WORK	GHAZIABAD,RAJNAGAR
BIRTHDATE	01-09-1990
PROPOSED DATE OF HEALTH CHECKUP	13-03-2023
BOOKING REFERENCE NO.	22M100932100047394E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

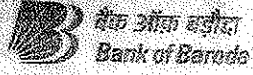
Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



बैंक ऑफ बरोडा
Bank of Baroda



नाम:
Name: **JITENDRA KUMAR**

कर्मचारी कूट क्र.
E. C. No. **100932**

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जितेंद्र कुमार

जातिगत अधिकारी (S) (S) (S) (S) (S) (S)
Issuing Authority OM (S), ZO, NO.

धारक के हस्ताक्षर
Signatures of Holder

jitendra kr

ID:

13-Mar-2023 11:24:53

Manipal Hospitals, Ghaziabad

33years
Male

Caucasian

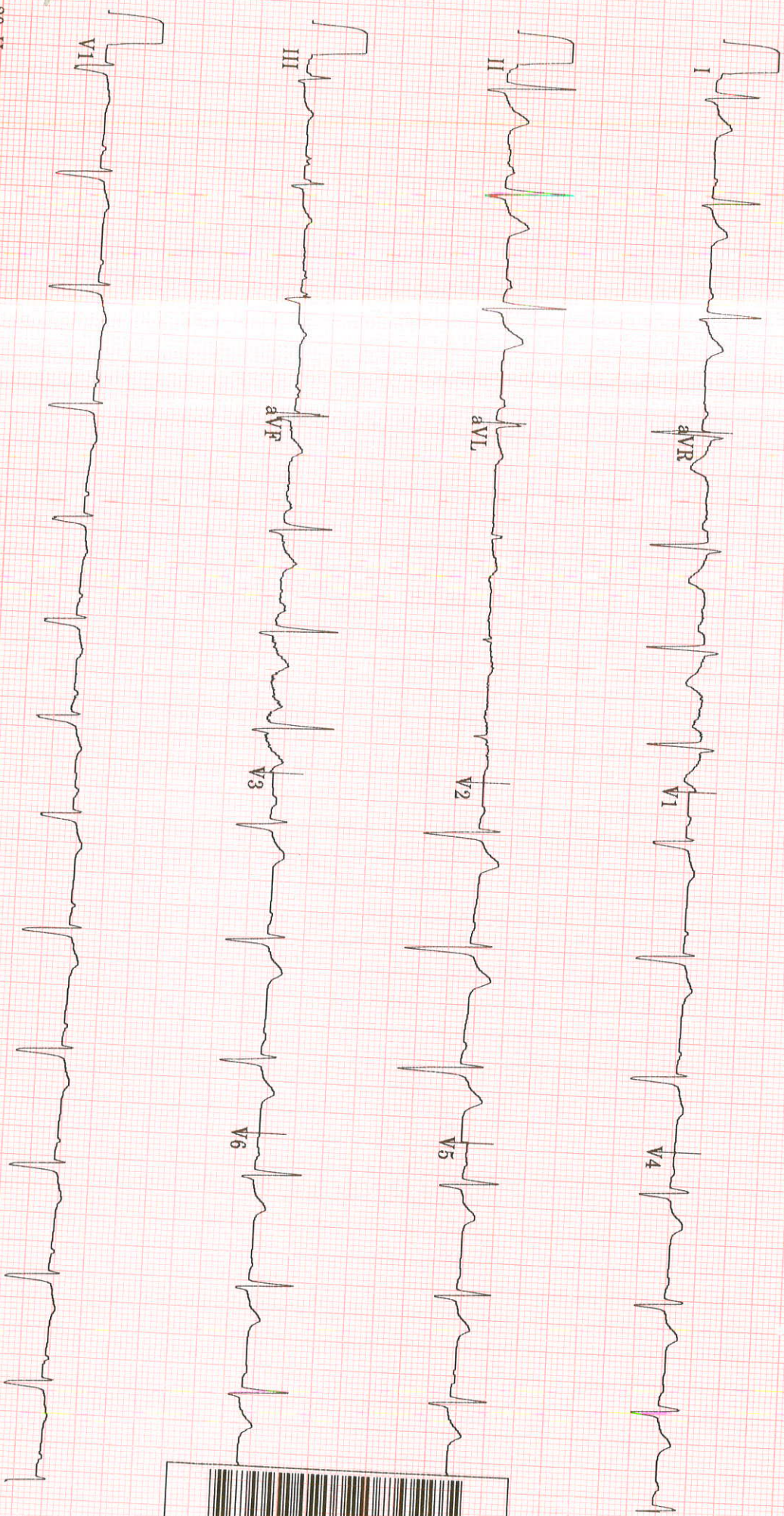
Normal sinus rhythm with sinus arrhythmia
Normal ECG

Vent. rate 79 bpm
PR interval 160 ms
QRS duration 80 ms
QT/QTc 368/421 ms
P-R-T axes 62 50 42

Technician:
Test ind:

Referred by:

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV





TMT INVESTIGATION REPORT

Patient Name : Mr Jitendra KUMAR	Location : Ghaziabad
Age/Sex : 32 Year(s)/male	Visit No : V000000001-GHZB
MRN No : MH010842911	Order Date : 13/03/2023
Ref. Doctor : HCP	Report Date : 13/03/2023

Protocol : Bruce **MPHR** : 187BPM
Duration of exercise : 5min 25sec **85% of MPH** : 158BPM
Reason for termination : THR achieved **Peak HR Achieved** : 159BPM
Blood Pressure (mmHg) : Baseline BP : 138/92mmHg **% Target HR** : 85%
Peak BP : 154/96mmHg **METS** : 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	94	138/92	Nil	No ST changes seen	Nil
STAGE 1	3:00	131	144/92	Nil	No ST changes seen	Nil
STAGE 2	2:25	159	154/96	Nil	No ST changes seen	Nil
RECOVERY	3:14	111	150/92	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com

RADIOLOGY REPORT

Name	Jitendra KUMAR	Modality	DX
Patient ID	MH010842911	Accession No	R5277112
Gender/Age	M / 32Y 6M 11D	Scan Date	13-03-2023 10:33:29
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-03-2023 10:39:58

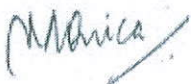
XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

LABORATORY REPORT

Name : MR JITENDRA KUMAR Age : 32 Yr(s) Sex :Male
 Registration No : MH010842911 Lab No : 32230304726
 Patient Episode : H18000000331 Collection Date : 13 Mar 2023 13:35
 Referred By : HEALTH CHECK MGD Reporting Date : 13 Mar 2023 19:12
 Receiving Date : 13 Mar 2023 15:29

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

Specimen Type : Serum

THYROID PROFILE, Serum

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
T3 - Triiodothyronine (ECLIA)	1.10	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	6.16	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.240	μIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Test Name	Result	Unit	Biological Ref. Interval
TOTAL PSA, Serum (ECLIA)	1.130	ng/mL	[<2.000]

Note : PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

LABORATORY REPORT

Name : MR JITENDRA KUMAR Age : 32 Yr(s) Sex : Male
Registration No : MH010842911 Lab No : 32230304726
Patient Episode : H1800000331 Collection Date : 13 Mar 2023 13:35
Referred By : HEALTH CHECK MGD Reporting Date : 13 Mar 2023 19:12
Receiving Date : 13 Mar 2023 15:29

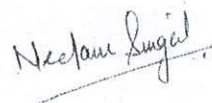
BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Some patients who have been exposed to animal antigens, may have circulating anti-animal antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

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-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name : MR JITENDRA KUMAR **Age** : 32 Yr(s) Sex : Male
Registration No : MH010842911 **Lab No** : 202303001135
Patient Episode : H18000000331 **Collection Date** : 13 Mar 2023 10:17
Referred By : HEALTH CHECK MGD **Reporting Date** : 13 Mar 2023 12:36
Receiving Date : 13 Mar 2023 11:58

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	5.09	millions/cu mm	[4.50-5.50]
HEMOGLOBIN	13.9	g/dl	[12.0-16.0]
Method: cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	41.9	%	[40.0-50.0]
MCV (DERIVED)	82.3 #	fL	[83.0-101.0]
MCH (CALCULATED)	27.3	pg	[27.0-32.0]
MCHC (CALCULATED)	33.2	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.4 #	%	[11.6-14.0]
Platelet count	303	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	10.8		
WBC COUNT (TC) (IMPEDENCE)	7.90	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	56.0	%	[40.0-80.0]
Lymphocytes	36.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	2.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	15.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001135
Patient Episode	: H18000000331	Collection Date	: 13 Mar 2023 11:58
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 15:02
Receiving Date	: 13 Mar 2023 11:58		

CLINICAL PATHOLOGY

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	5.0	(4.6-8.0)
Specific Gravity	1.025	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	++	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	+	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	2-4 /hpf	(0-2/hpf)
Epithelial Cells	0-1 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001135
Patient Episode	: H18000000331	Collection Date	: 13 Mar 2023 10:17
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 17:55
Receiving Date	: 13 Mar 2023 11:58		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin)	5.8 #	%	[0.0-5.6]
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Method: HPLC

As per American Diabetes Association (ADA)
 HbA1c in %
 Non diabetic adults >= 18years <5.7
 Prediabetes (At Risk)5.7-6.4
 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)	120	mg/dl
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Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	250 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	156 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	60.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	31	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	159.0 #	mg/dl	[<120.0]

Above optimal-100-129

Near/

Borderline High:130-159
 High Risk:160-189

LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001135
Patient Episode	: H18000000331	Collection Date	: 13 Mar 2023 10:17
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 12:20
Receiving Date	: 13 Mar 2023 11:58		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
T.Chol/HDL.Chol ratio(Calculated)	4.2		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.7		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	19.1	mg/dl	[15.0-40.0]
<i>Method: GLDH, Kinatic assay</i>			
BUN, BLOOD UREA NITROGEN	8.9	mg/dl	[8.0-20.0]
<i>Method: Calculated</i>			
CREATININE, SERUM	0.83	mg/dl	[0.70-1.20]
<i>Method: Jaffe rate-IDMS Standardization</i>			
URIC ACID	7.1	mg/dl	[4.0-8.5]
<i>Method:uricase PAP</i>			

SODIUM, SERUM	139.60	mmol/L	[136.00-144.00]
POTASSIUM, SERUM	4.46	mmol/L	[3.60-5.10]
SERUM CHLORIDE	104.1	mmol/l	[101.0-111.0]
<i>Method: ISE Indirect</i>			

eGFR (calculated) 116.4 ml/min/1.73sq.m [>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years.

LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001135
Patient Episode	: H18000000331	Collection Date	: 13 Mar 2023 10:17
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 12:20
Receiving Date	: 13 Mar 2023 11:58		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LIVER FUNCTION TEST

BILIRUBIN - TOTAL Method: D P D	0.49	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.07	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.42 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.60	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.45	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.20	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.41		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	28.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	40.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	108.0 #	IU/L	[32.0-91.0]

LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001135
Patient Episode	: H1800000331	Collection Date	: 13 Mar 2023 10:17
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 12:22
Receiving Date	: 13 Mar 2023 11:58		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GGT	71.0	#	[7.0-50.0]

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing O Rh(D) Negative

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

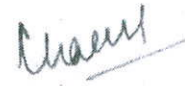
LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001136
Patient Episode	: H18000000331	Collection Date	: 13 Mar 2023 10:17
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 12:22
Receiving Date	: 13 Mar 2023 10:17		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma			
GLUCOSE, FASTING (F)	97.0	mg/dl	[70.0-110.0]
<i>Method: Hexokinase</i>			

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name	: MR JITENDRA KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010842911	Lab No	: 202303001137
Patient Episode	: H1800000331	Collection Date	: 13 Mar 2023 13:26
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 Mar 2023 14:53
Receiving Date	: 13 Mar 2023 13:26		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	141.0 #	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:
 Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

-----END OF REPORT-----



Dr. Alka Dixit Vats
 Consultant Pathologist