

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH LAL DUSHYANTA VIKRAM DEV
EC NO.	169239
DESIGNATION	NPA RECOVERY SARB
PLACE OF WORK	SULTANPUR, REGIONAL SARB
BIRTHDATE	27-09-1986
PROPOSED DATE OF HEALTH CHECKUP	14-01-2023
BOOKING REFERENCE NO.	22M169239100033974E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **15-12-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda


Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JFK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार
GOVERNMENT OF INDIA



लाल दुष्यन्त विक्रम देव सिंह
Lal Dushyanta Vikram Dev
Singh

जन्म तारीख/ DOB: 27/09/1986
पुरुष / MALE



7971 9197 7912

आधार-सामान्य माणसाचा अधिकार



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पत्ता:

S/O: देव नारायण सिंह,
कबीर धाम., मु-शिवदासपुर
पोस्ट-मनडुआडीह,
शिवदासपुर, वाराणसी,
उत्तर प्रदेश - 221103

Address:

S/O: Dev Narayan Singh, Kabir
dham., Mu-Shivdaspur Post-
Manduadih, Shivdaspur, Varanasi,
Uttar Pradesh - 221103

7971 9197 7912

Aadhaar-Aam Admi ka Adhikar

Handwritten signature

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-67330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

MR COL DEV SINGHA VKRPM
DEV SINGH

25.03.2023 9:22:48
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

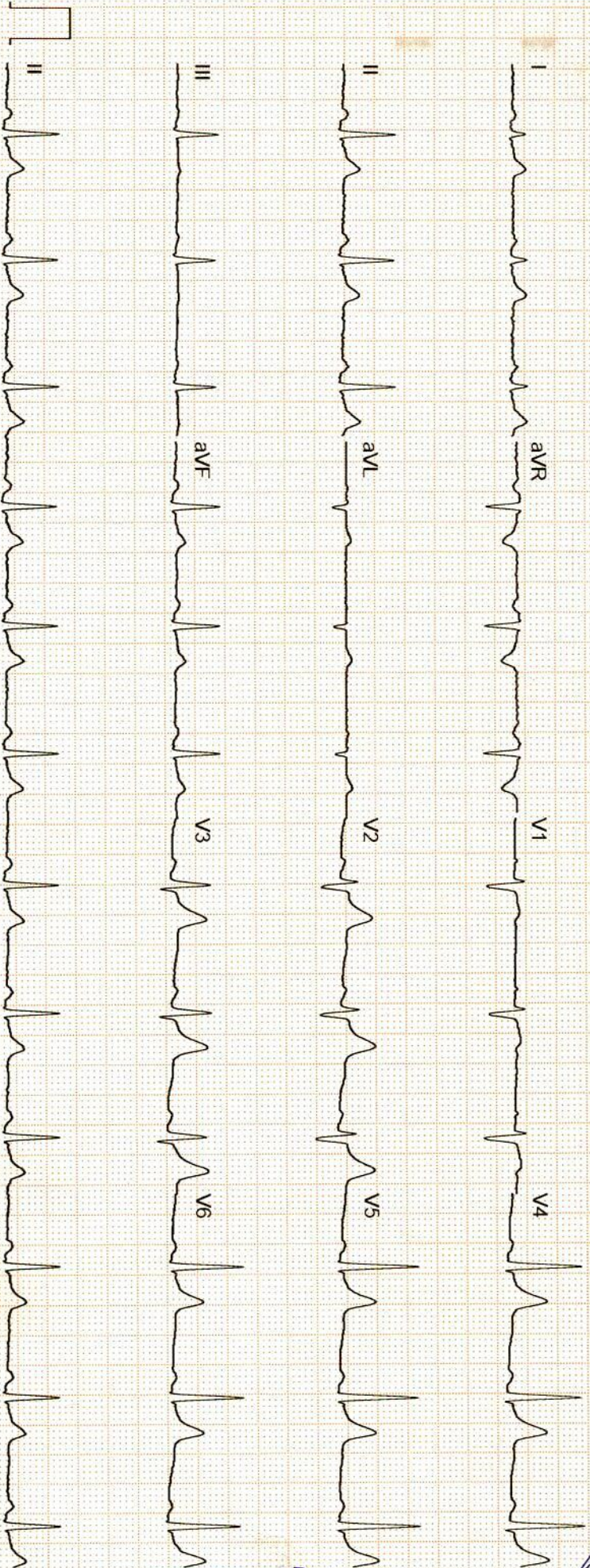
QRS : 78 ms
QT / QTcBaz : 352 / 382 ms
PR : 140 ms
P : 104 ms
RR / PP : 842 / 845 ms
P / QRS / T : 60 / 76 / 47 degrees

Normal sinus rhythm
Normal ECG

Location: Room: Order Number: Indication: Medication 1: Medication 2: Medication 3:

Technician: DR. J.P. SINGH
Referring Ph: Attending Ph:

71 bpm
- / - mmHg



Handwritten note: No lead aVF

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
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GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3_25_R1 1/1

Unconfirmed



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 18,150
 Patient Name : Mr. LAL DUSHYANT VIKRAM D
 Age (Y-M-D) : 0 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 3/25/2023 12
 Receiving Date : 3/25/2023 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61300
 Director & Consultant Physician
 JFK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No.-29176
Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



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Report No : 18,148
 Patient Name : Mr. LAL DUSHYANT VIKRAM DE
 Age (Y-M-D) : 0 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 25-Mar-23 12
 Receiving Date : 25-Mar-23 12
 Reporting Date :

ULTRASONOGRAPHIC STUDY OF WHOLE ABDOMEN FEMALE.

LIVER	: ENLARGED IN SIZE 157 MM, SHAPE & INCREASE PARENCHYMAL ECHOGENICITY. I.H.B.D. RADICALS ARE W.N.L. NO DEFINITE FOCAL LESION SEEN.
GALL BLADDER	: NORMAL IN SIZE & SHAPE. SHOWS ECHO FREE LUMEN. WALLS ARE NORMAL. NO DEFINITE CALCULUS SEEN.
PV & CBD	: BOTH ARE NORMAL IN CALIBRE
PANCREAS	: NORMAL IN SIZE, SHAPE & ECHOGENICITY. NO DEFINITE FOCAL LESION SEEN.
SPLEEN	: NORMAL IN SIZE SHAPE & ECHOGENICITY. VEINS ARE NORMAL. NO DEFINITE FOCAL LESION SEEN.
KIDNEYS	: BOTH ARE NORMAL IN SIZE, SHAPE & ECHOGENICITY. HYDRONEPHROTIC CHANGES ARE NOT SEEN. NO DEFINITE CALCULUS SEEN.
URETER	: NORMALLY VISUALISED. NO DEFINITE CALCULUS SEEN.
URINARY BLADDER	: NORMAL IN SIZE, SHAPE & ECHOGENICITY. NO DEFINITE CALCULUS OR MASS SEEN.
UTERUS	: NORMAL IN SIZE, SHAPE & ECHOGENICITY. ENDOMETRIUM IS NORMAL IN THICKENESS & ECHOGENICITY.
CERVIX	: NORMAL IN SIZE, SHAPE & ECHOGENICITY.
OVARY & ADN.	: BOTH NORMALLY VISUALISED.
P.O.D	: NO COLLECTION SEEN.
BOWEL	: BOWELS ARE NORMAL. NO SIGNIFICANT GAS SHADOW SEEN.
IMPRESSION	: FATTY LIVER WITH HEPATOMEGALY.

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(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
An ISO 9001:2015 Certified Center
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 044418
Name : Mr. LALDUSHYANTA VIKRAM DEV
Age/Gender : 36Y/M
Date/Time : 25-03-2023/18:46
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-009907

BIO-CHEMISTRY

Serum Creatinine

Serum Creatinine

1.3 mg/dL

Male 0.9-1.3 mg/dL
Female 0.6-1.1 mg/dL

Sample Collection Time 25 Mar 2023 / 19:57
Result Approval Time 27 Mar 2023 / 10:46

LRN-009908

Lipid Profile

Total Cholesterol

223.8 mg/dl

Desirable < 200 mg/dL
Borderline 200-239 mg/dL
High > 240 mg/dL

Triglycerides

124.7 mg/dL

Normal < 150 mg/dL
Borderline High 150-199 mg/dL
High 200-499 mg/dL
Very high > 500 mg/dL

HDL

56.9 mg/dL

Low < 40 mg/dL
Normal 40 -60 mg/dL
High > 60 mg/dL

LDL

88.7 mg/dL

Optimal <100 mg/dL
Near Optimal 100-129 mg/dL
Borderline high 130-159 mg/dL
High 160-189 mg/dL
Very high >190 mg/dL

VLDL

24.9 mg/dL

15-30 mg/dL
Desirable < 20 mg/dL
Borderline High 21-39 mg/dL
High > 40 mg/dL

TC/HDL Ratio

3.9

(Less than 5.0)

LDL/HDL

1.5

UPTO 3.5

Sample Collection Time 25 Mar 2023 / 19:57
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LRN-009907

Post Prandial Blood Glucose

Rakesh

Rakesh Sharma
Lab Technician

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JPK Clinic & Diagnostics
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Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

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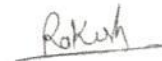
Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : 044418
Name : Mr. LALDUSHYANTA VIKRAM DEV
Age/Gender : 36Y/M
Date/Time : 25-03-2023/18:46
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Post Prandial Blood Glucose	87.9 mg/dL	90 - 140 mg/dL
Sample Collection Time 25 Mar 2023 / 19:57 Result Approval Time 27 Mar 2023 / 10:46		
LRN-009909	HbA1C	
Glycosylated Haemoglobin	4.6 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 25 Mar 2023 / 19:57 Result Approval Time 27 Mar 2023 / 10:46		
LRN-009907	Uric Acid	
Uric Acid	5.1 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 25 Mar 2023 / 19:57 Result Approval Time 27 Mar 2023 / 10:46		
LRN-009908	Liver Function Test (LFT)	
Bilirubin Total	0.52 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.30 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.22 mg/dL	0.0 - 0.8 mg/dL
SGOT	54.6 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	52.7 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	89.6 U/L	UPTO 125 U/L
Total Protein	6.87 g/dL	6.0 - 8.0 g/dL
Albumin	4.36 g/dL	3.5 - 5.2 g/dL
Globulin	2.51 g/dL	1.5 - 3.0 g/dL
A/G	2.7	1 - 2
Sample Collection Time 25 Mar 2023 / 19:57		



Rakesh Sharma
Lab Technician


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Patient ID : 044418
 Name : Mr. LALDUSHYANTA VIKRAM DEV
 Age/Gender : 36Y/M
 Date/Time : 25-03-2023/18:46
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INVESTIGATION	RESULT	REFERENCE RANGE
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Result Approval Time 27 Mar 2023 / 10:46

LRN-009907 GGT	Gamma Glutamyl transferase (GGT) 20.5 U/L	5-36 U/L (Female) 8-61 U/L (Male)
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Sample Collection Time 25 Mar 2023 / 19:57
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LRN-009907 PSA TOTAL	PSA Total 0.32 ng/mL	<4.00 ng/mL
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Sample Collection Time 25 Mar 2023 / 19:57
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LRN-009907 Fasting Blood Sugar	Fasting blood sugar 91.0 mg/dL	70-110 mg/dl
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Sample Collection Time 25 Mar 2023 / 19:57
 Result Approval Time 27 Mar 2023 / 10:46

LRN-009908 Blood Urea Nitrogen (BUN)	Blood Urea Nitrogen (BUN) 11.0 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
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Sample Collection Time 25 Mar 2023 / 19:57
 Result Approval Time 27 Mar 2023 / 10:46

Rakesh

Rakesh Sharma
 Lab Technician

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Patient ID : 044418
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 Date/Time : 25-03-2023/18:46
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INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
LRN-009905	Erythrocyte sedimentation Rate (ESR)	
Erythrocyte sedimentation Rate (ESR)	12 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 25 Mar 2023 / 19:57 Result Approval Time 27 Mar 2023 / 10:46		
LRN-009906	Blood grouping and Rh typing	
Blood Group	AB	
RH Typing	POSITIVE (+)	
Sample Collection Time 25 Mar 2023 / 19:57 Result Approval Time 27 Mar 2023 / 10:46		
LRN-009904	Complete Blood Count	
Haemoglobin	15.7 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	5520	4000-11,000/cumm
Differential Count		
Neutrophils	64 %	40-75 %
Lymphocytes	27 %	20-45 %
Eosinophils	03 %	01-08 %
Monocytes	06 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	5.05 millon/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	44.3 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	87.8 fl	75-95 fl
MCH	31.1 pg	26-32 pg
MCHC	35.5 %	30-35%
Platelet Count	156000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	15.6 fL	7.5-11.5 fL
RDW-CV	13.4 %	11-16 %

Rakesh

Rakesh Sharma
Lab Technician

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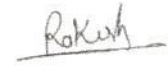


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INVESTIGATION	RESULT	REFERENCE RANGE
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RDW-SD	47.1 %	35-56 %
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Rakesh Sharma
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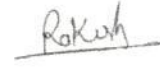


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Age/Gender : 36Y/M
Date/Time : 25-03-2023/18:46
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INVESTIGATION	RESULT	REFERENCE RANGE
Clinical Pathology		
URINE - ROUTINE/MICROSCOPY		
LRN-009910		
PHYSICAL EXAMINATION		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
CHEMICAL EXAMINATION		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.025	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
MICROSCOPIC EXAMINATION		
Epithelial Cells	1-2/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	2-3/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	


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 Age/Gender : 36Y/M
 Date/Time : 25-03-2023/18:46
 Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-009911

CHEMILUMINESCENCE IMMUNOASSAY

Thyroid Function Test (T3, T4, TSH)

INVESTIGATION	RESULT	REFERENCE RANGE
T3	0.95 ng/mL	0.69-2.15
T4	121.0 ng/mL	52-127
TSH	4.02 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

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----- End of Report -----

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LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 116

Date: 25 / 03 / 2023 09:57:11 AM

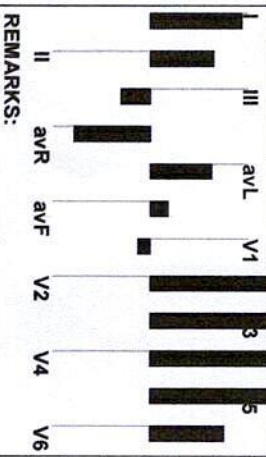
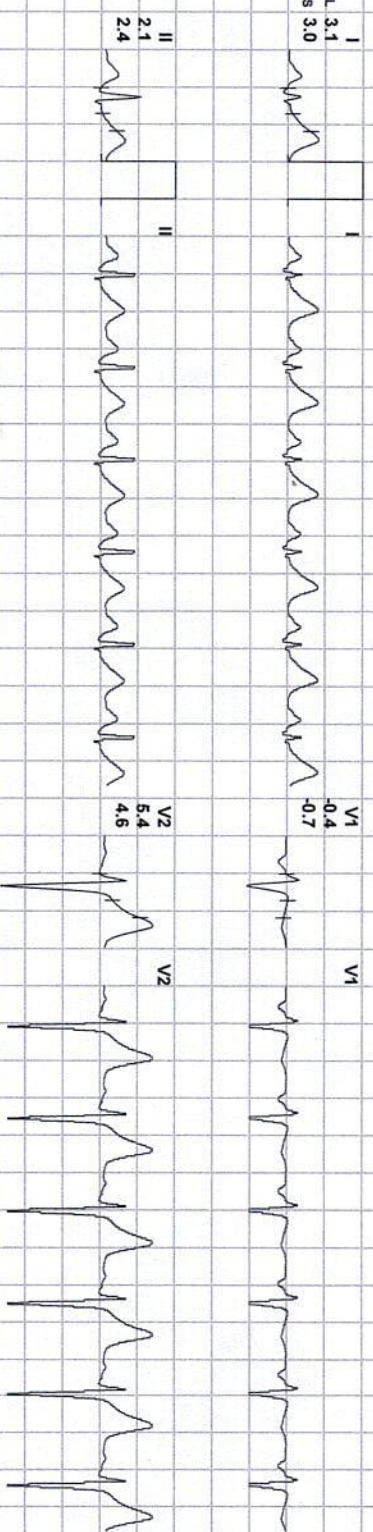
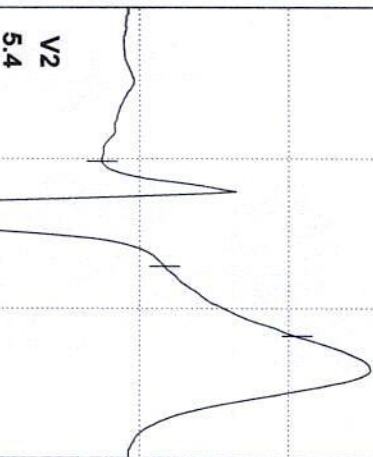
METS: 1.0 / 116 bpm 63% of THR BP: 130/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

UPMEI-61360

Director & Consultant Physician

JPK Clinic & Diagnostics

{A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd}

(ADX_GEM217220330)(R)Allengers



LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 116

Date: 25 / 03 / 2023 09:57:11 AM

METS: 1.0 / 116 bpm 63% of THR

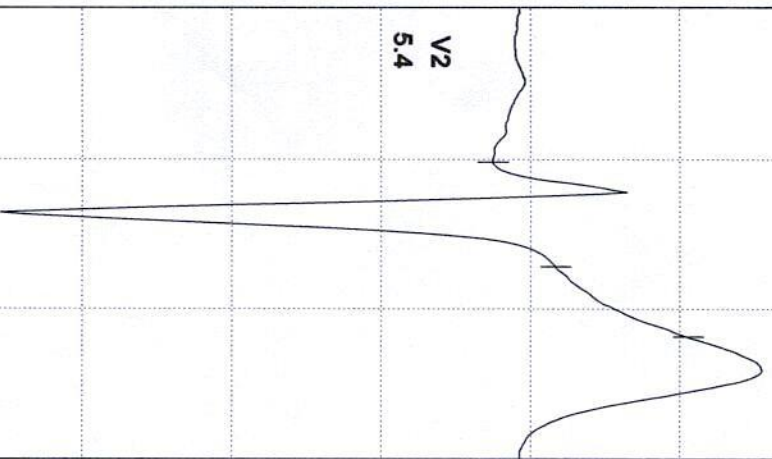
BP: 130/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

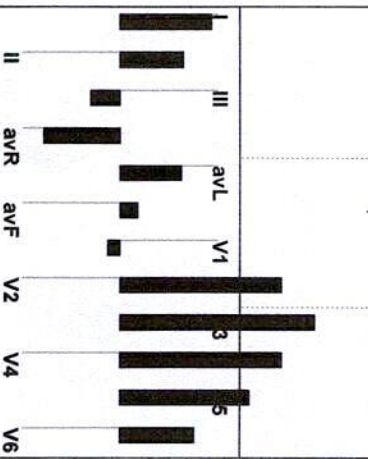
EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV

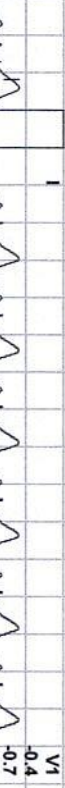


V2
5.4

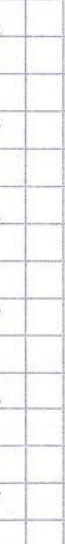


REMARKS:

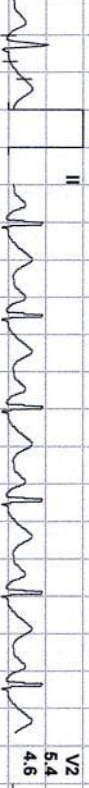
I
STL 3.1
STS 3.0



V1
0.4
-0.7



II
2.1
2.4



V2
5.4
4.6



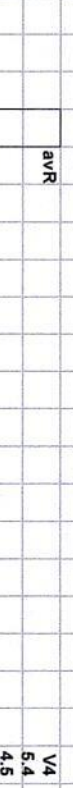
III
-1.0
-0.6



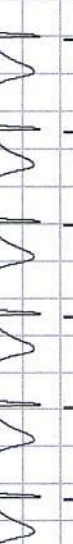
V3
6.5
5.7



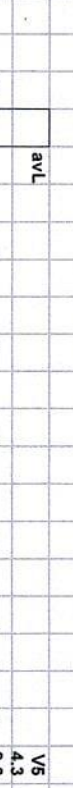
aVR
-2.6
-2.7



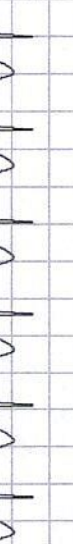
V4
5.4
4.5



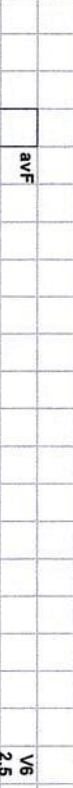
aVL
2.0
1.7



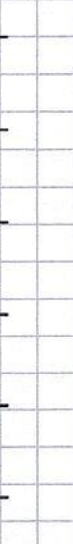
V5
4.3
3.6



aVF
0.6
0.9



V6
2.5
2.3



Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

IPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers



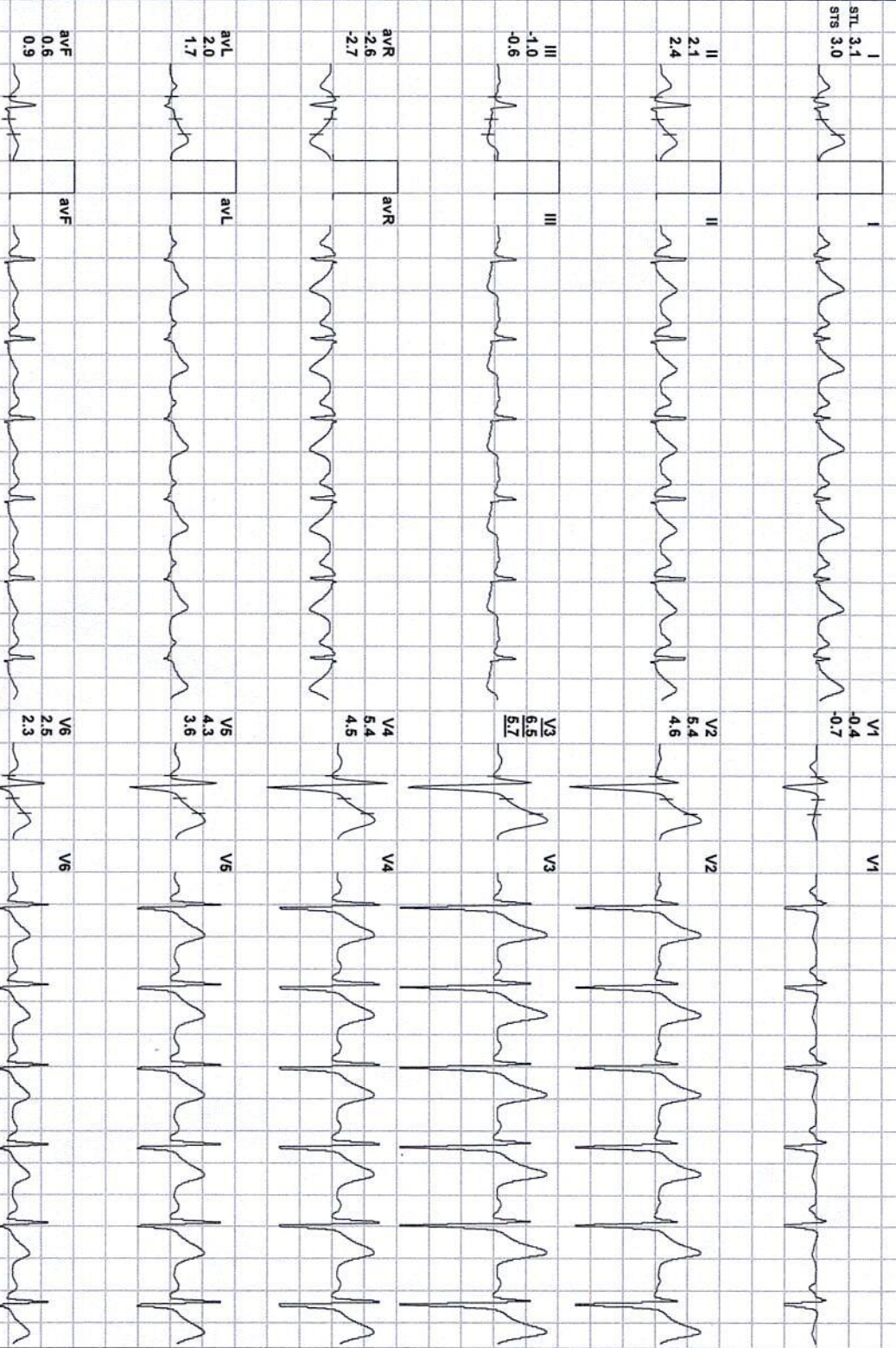
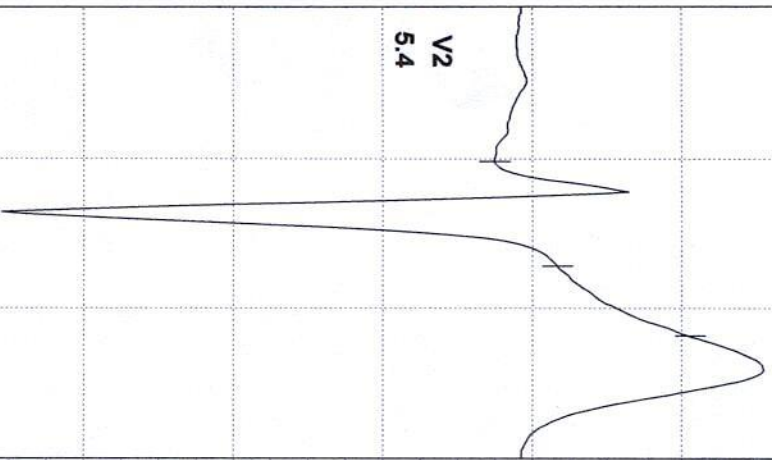
LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 106

Date: 25 / 03 / 2023 09:57:11 AM METS: 1.0/ 106 bpm 58% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Naich On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 JPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 JA Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers



LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 106

Date: 25 / 03 / 2023 09:57:11 AM

METS: 1.0/ 106 bpm

58% of THR

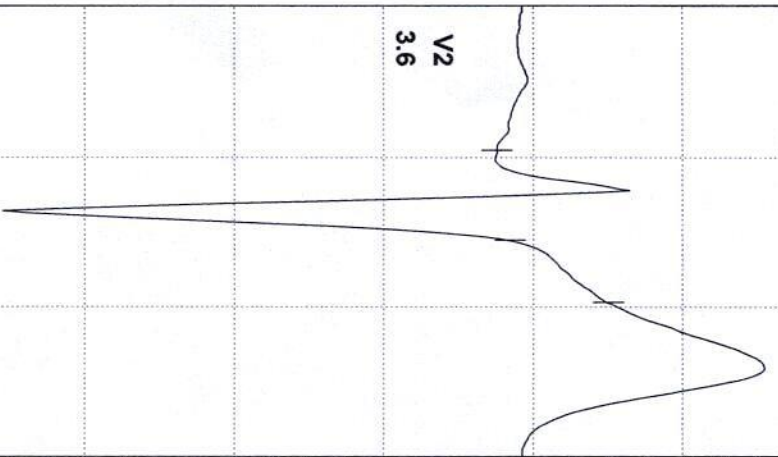
BP: 130/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

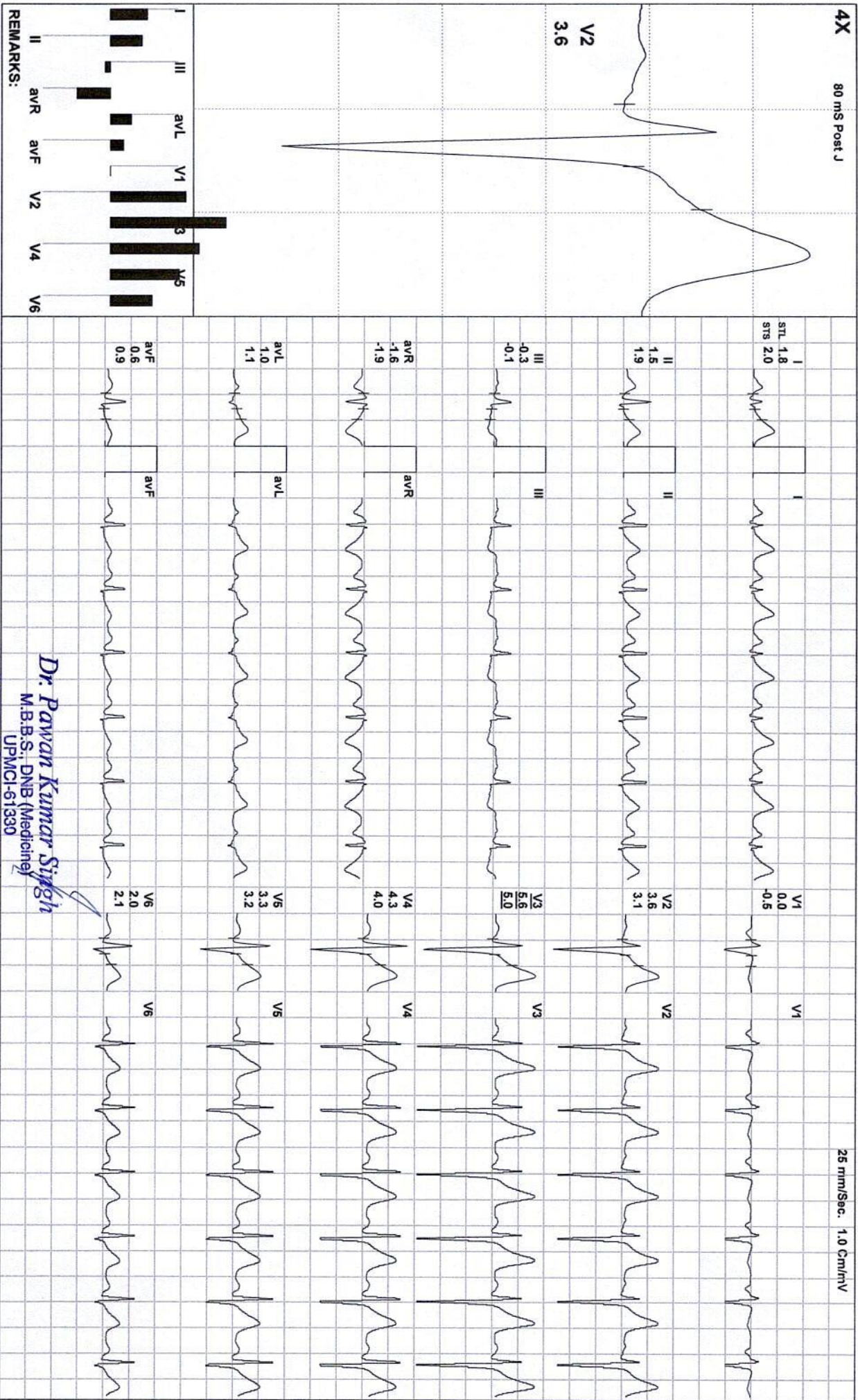
EXTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



V2
3.6



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

UPMCI-61330

Director & Consultant Physician

JFK Clinic & Diagnostics

JA Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)/Allengers



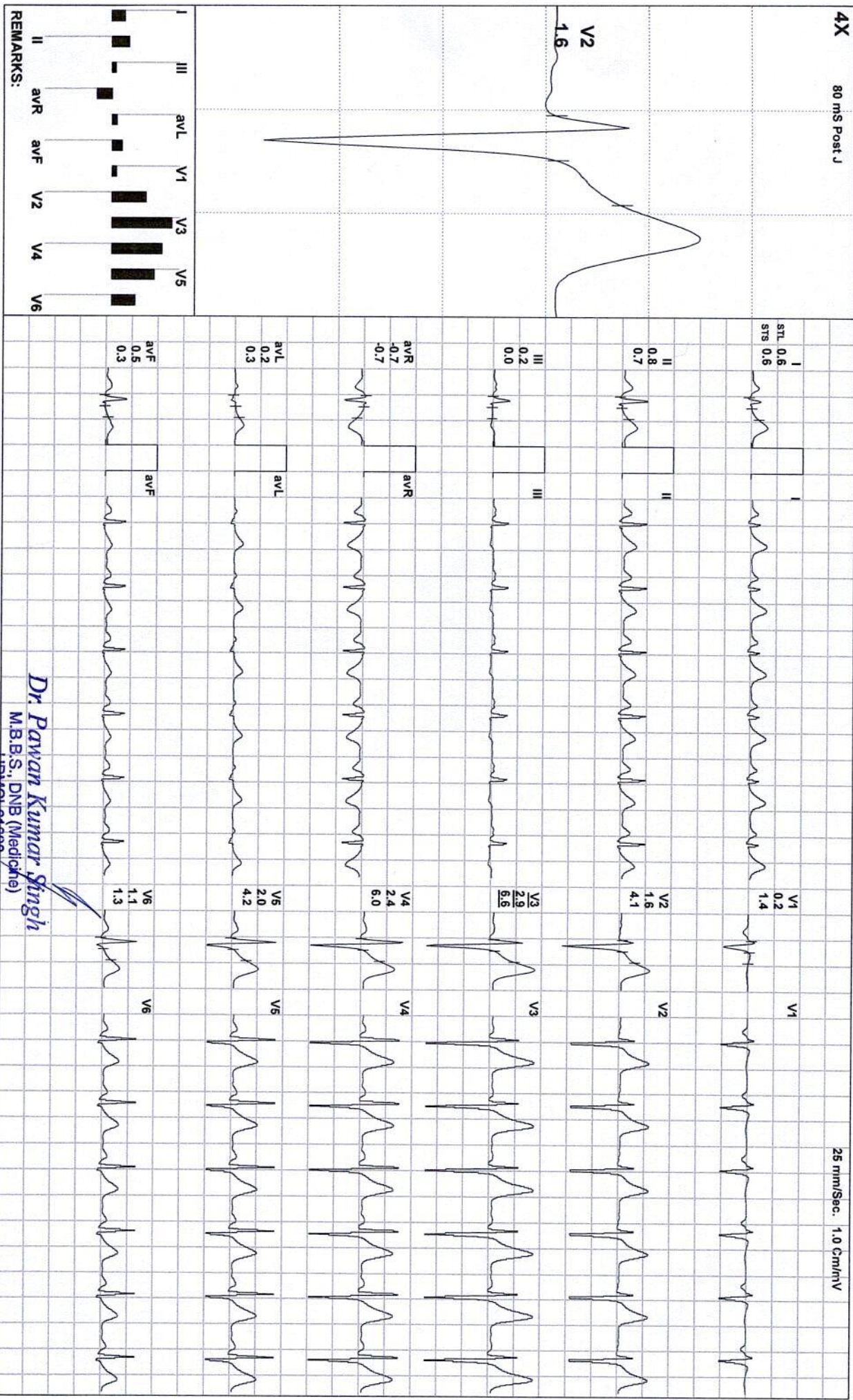
LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 108

Date: 25 / 03 / 2023 09:57:11 AM METS: 1.0/ 108 bpm 59% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HzLF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)
IPMCH-61350

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers



LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 132

Date: 25 / 03 / 2023 09:57:11 AM

METS: 4.7 / 132 bpm 72% of THR

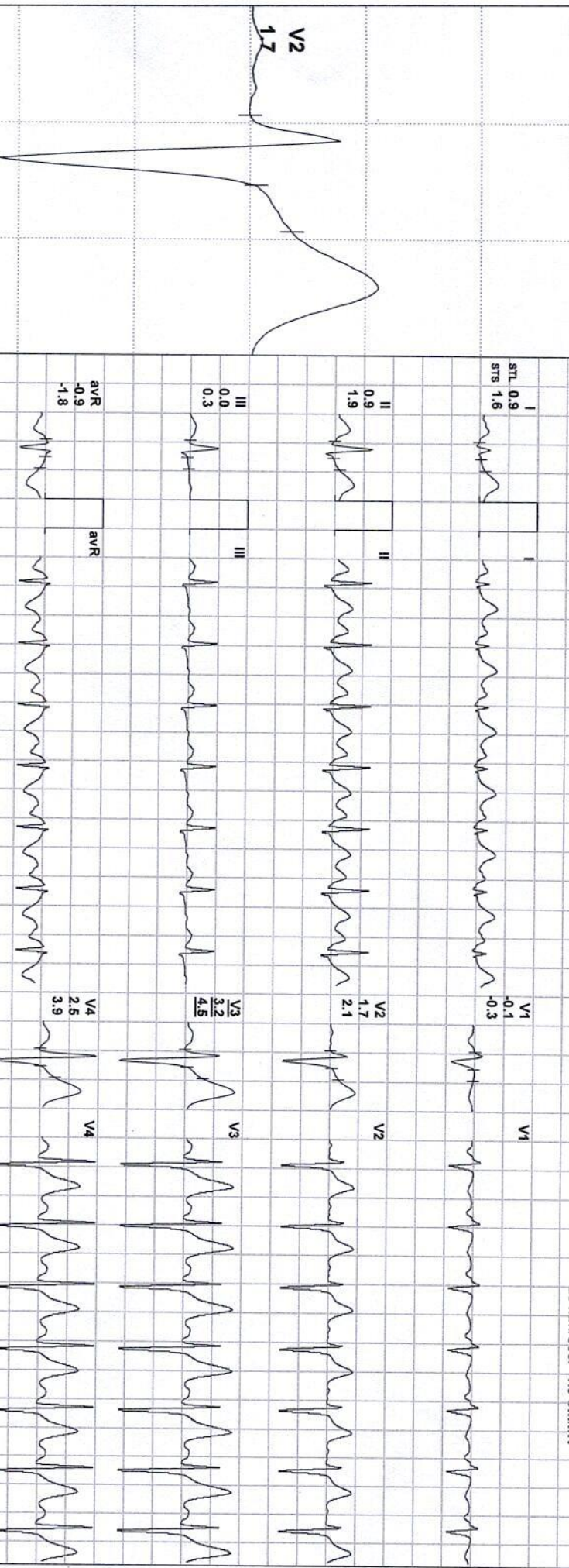
BP: 132/82 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



Lead	STL	STS
I	0.9	1.6
II	0.9	1.9
III	0.0	0.3
aVR	-0.9	-1.8
aVL	0.5	0.8
aVF	0.4	1.1
V1	-0.1	-0.3
V2	1.7	2.1
V3	3.2	4.5
V4	2.5	3.9
V5	1.7	2.9
V6	1.3	1.8

REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61399

Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)/Allergers



LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 155

Date: 25 / 03 / 2023 09:57:11 AM

METS: 7.1/155 bpm 84% of THR

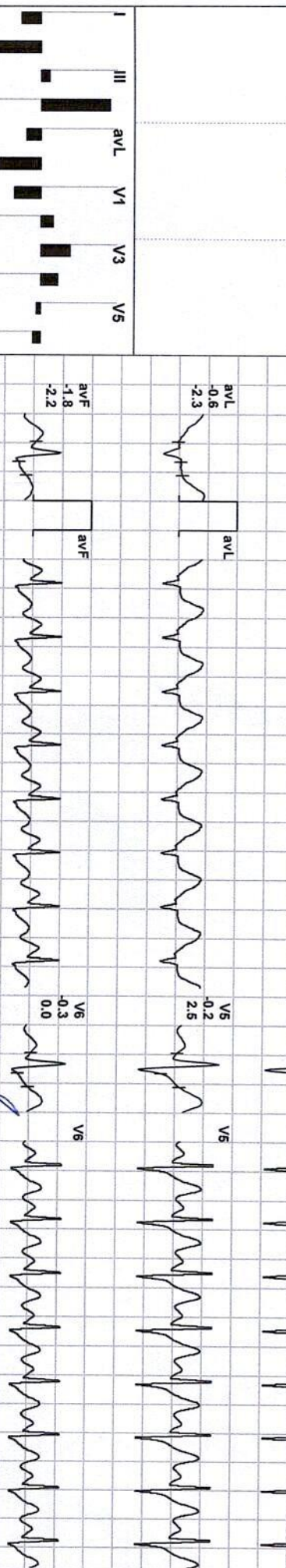
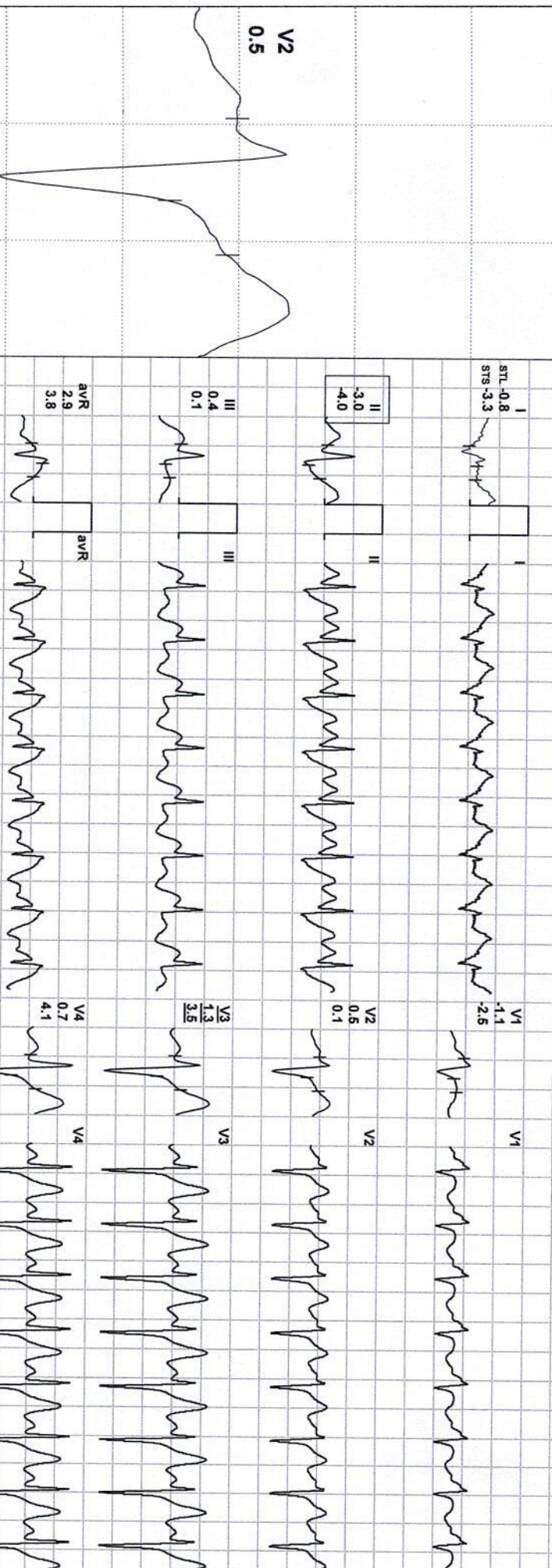
BP: 134/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)/Allengers



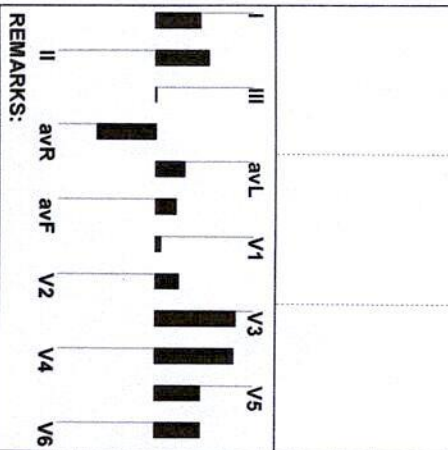
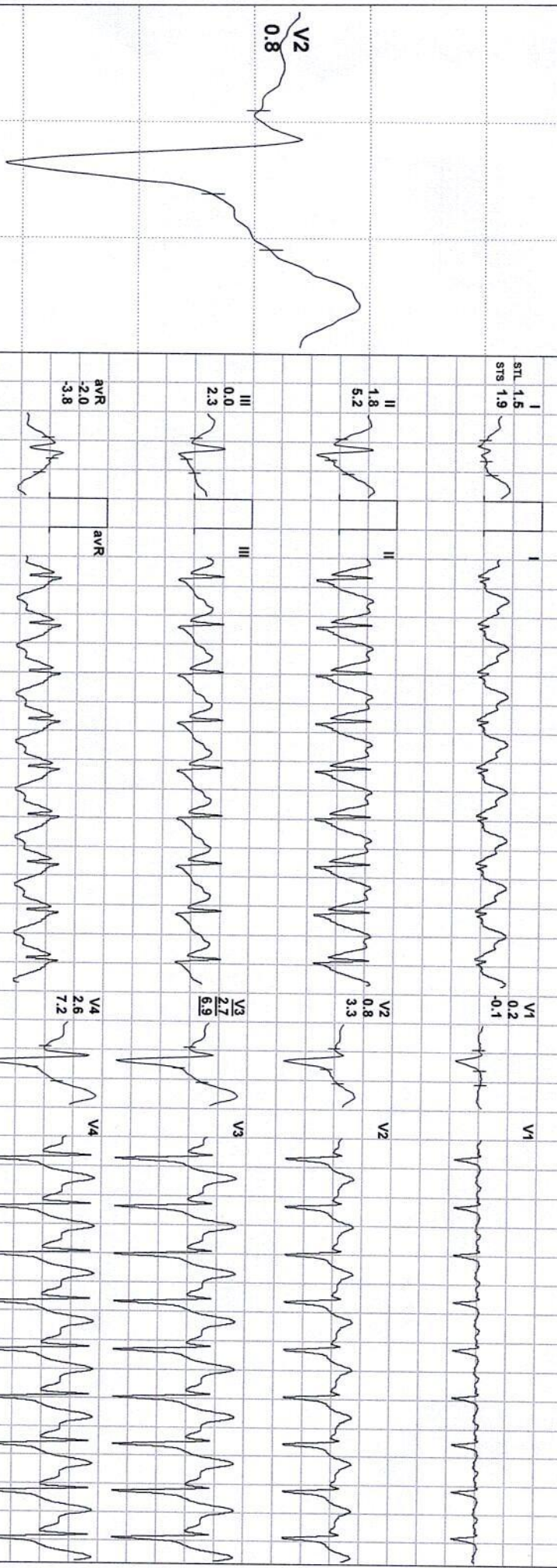
LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 173

Date: 25 / 03 / 2023 09:57:11 AM METS: 10.2 173 bpm 94% of THR BP: 138/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mv



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)

UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

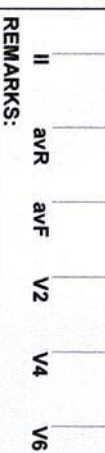
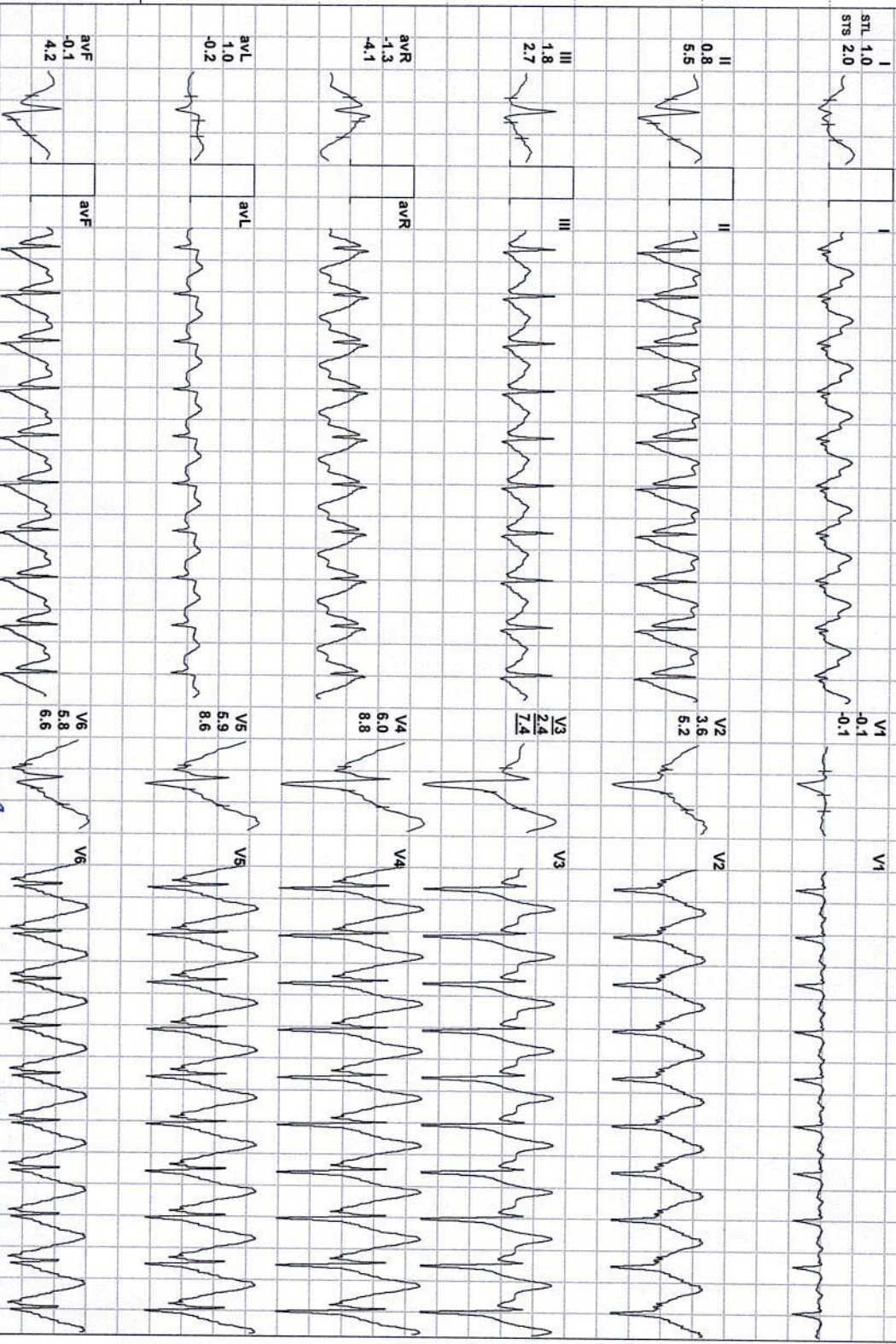
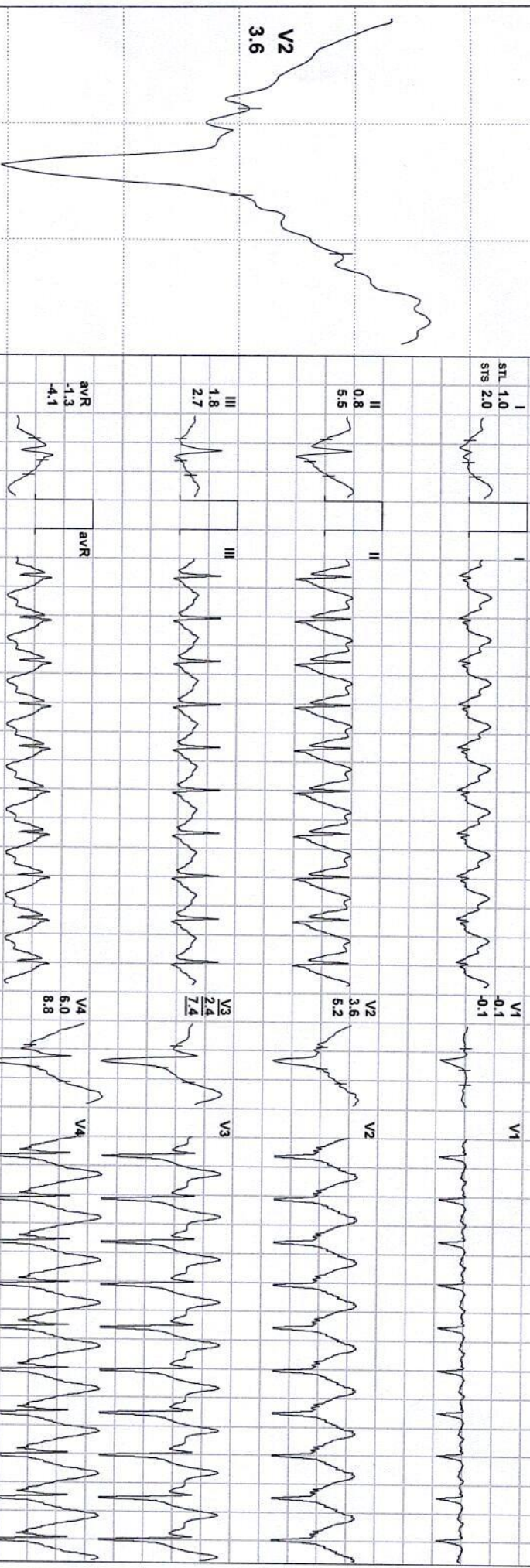
LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 179

Date: 25 / 03 / 2023 09:57:11 AM METS: 10.9/ 179 bpm 97% of THR BP: 138/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:36 4.2 mph, 16.0%

4X 60 ms Post J

25 mm/Sec. 1.0 cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61330

Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)/Allengers



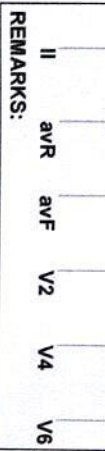
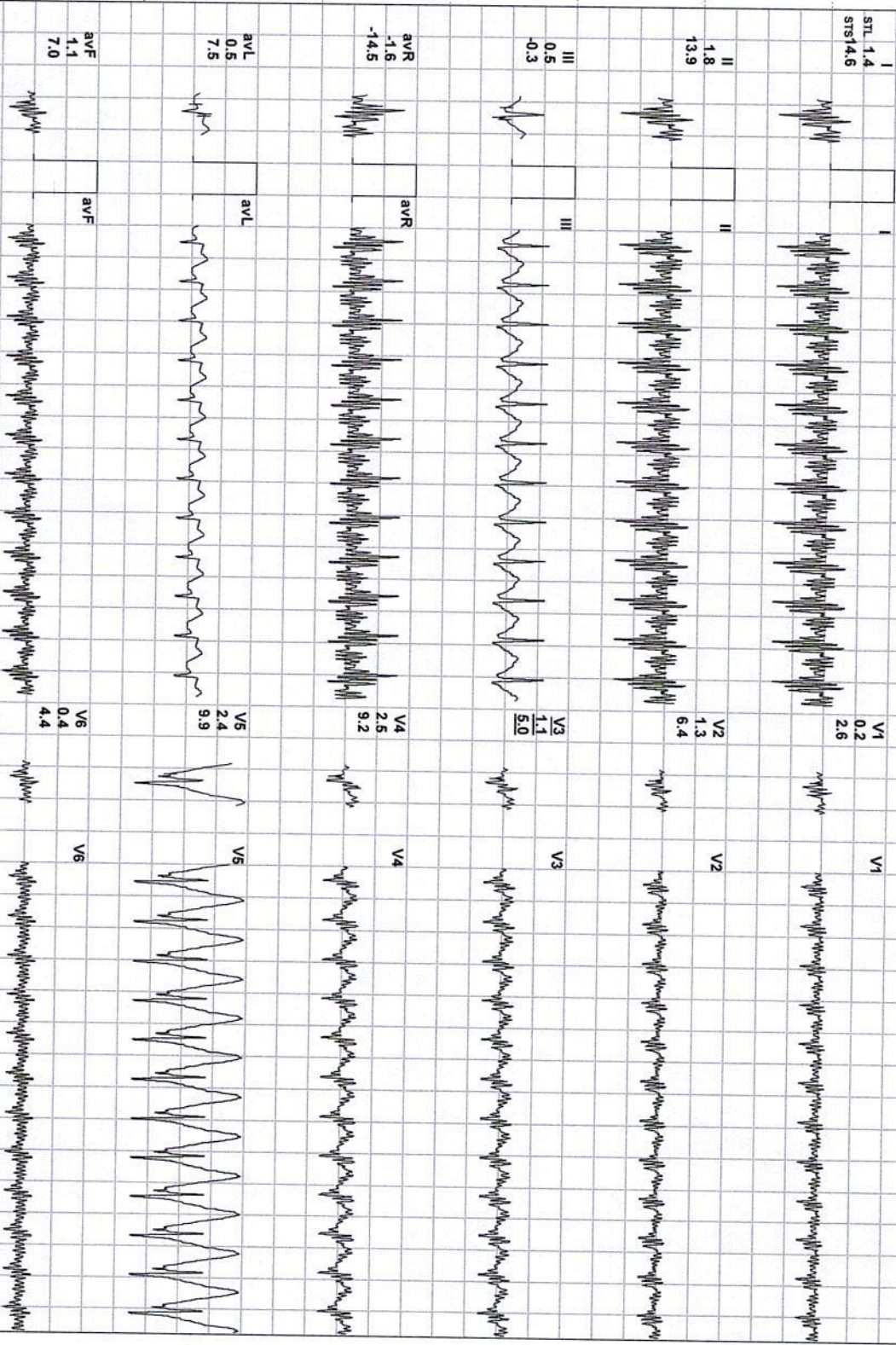
LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg / HR : 219

Date: 25 / 03 / 2023 09:57:11 AM METS: 7.3/ 219 bpm 119% of THR BP: 138/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

EXTime: 09:36 1.1 mph, 0.0%

4X 10 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 JPKACI.61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 A Unit of JPK Hospitals & Trauma Centre Pvt Ltd)

(ADX_GEM217220330)(R)/Allengers



LAL DUSHYANTA VIKRAM DEV SINGH / 36 YRS / M / 178 Cms / 86 Kg / HR : 251

Date: 25 / 03 / 2023 09:57:11 AM

METS: 4.3/ 251 bpm 136% of THR

BP: 140/90 mmHg

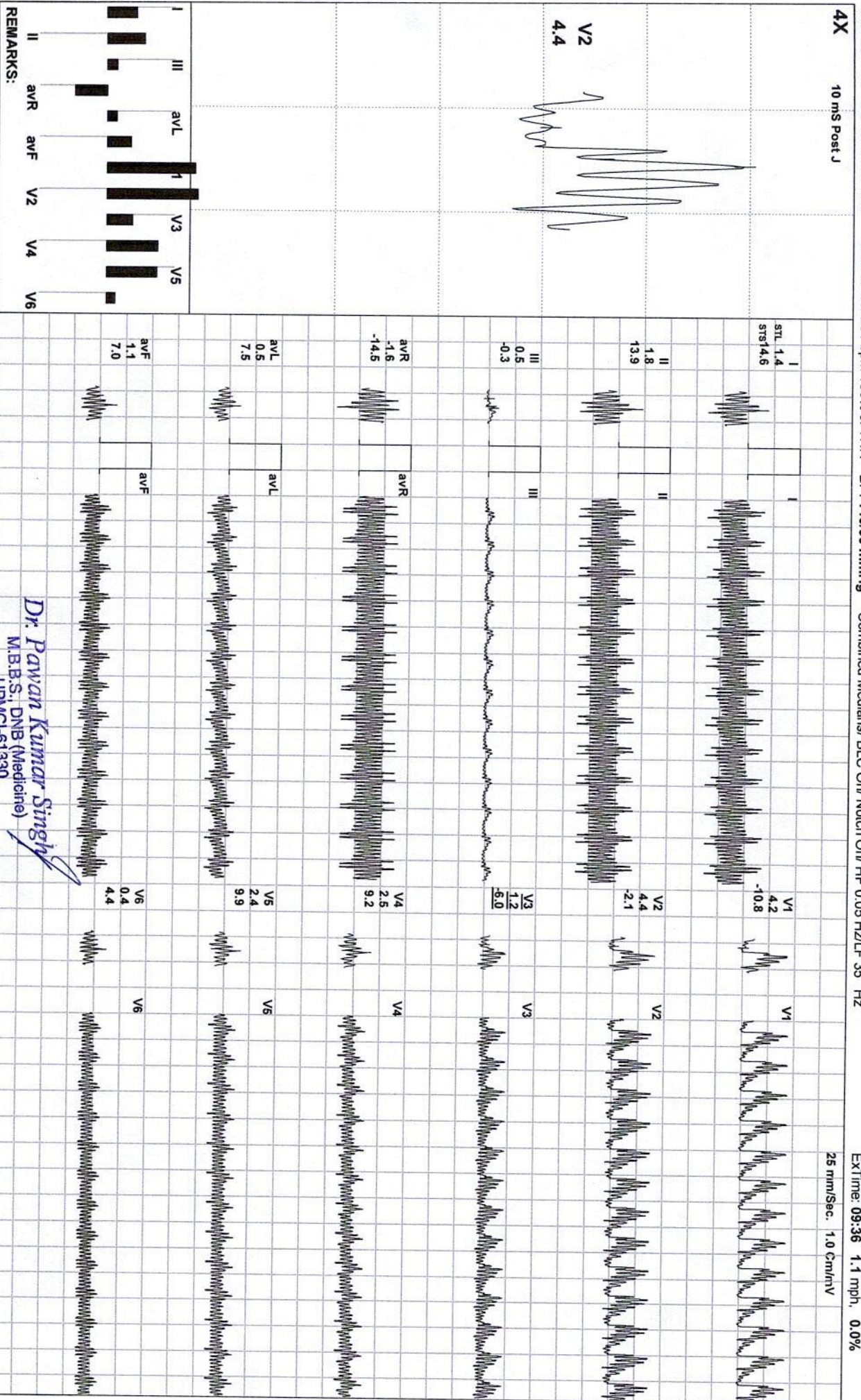
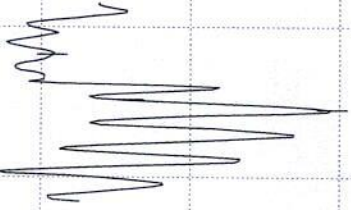
Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:36 1.1 mph, 0.0%

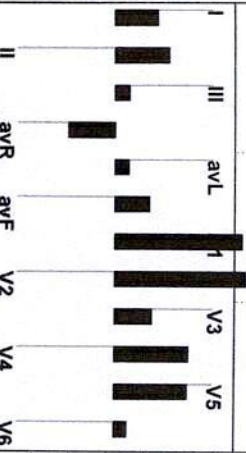
4X 10 mS Post J

25 mm/Sec. 1.0 Cm/mV

V2
4.4



REMARKS:



Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

IPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics

Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allergens



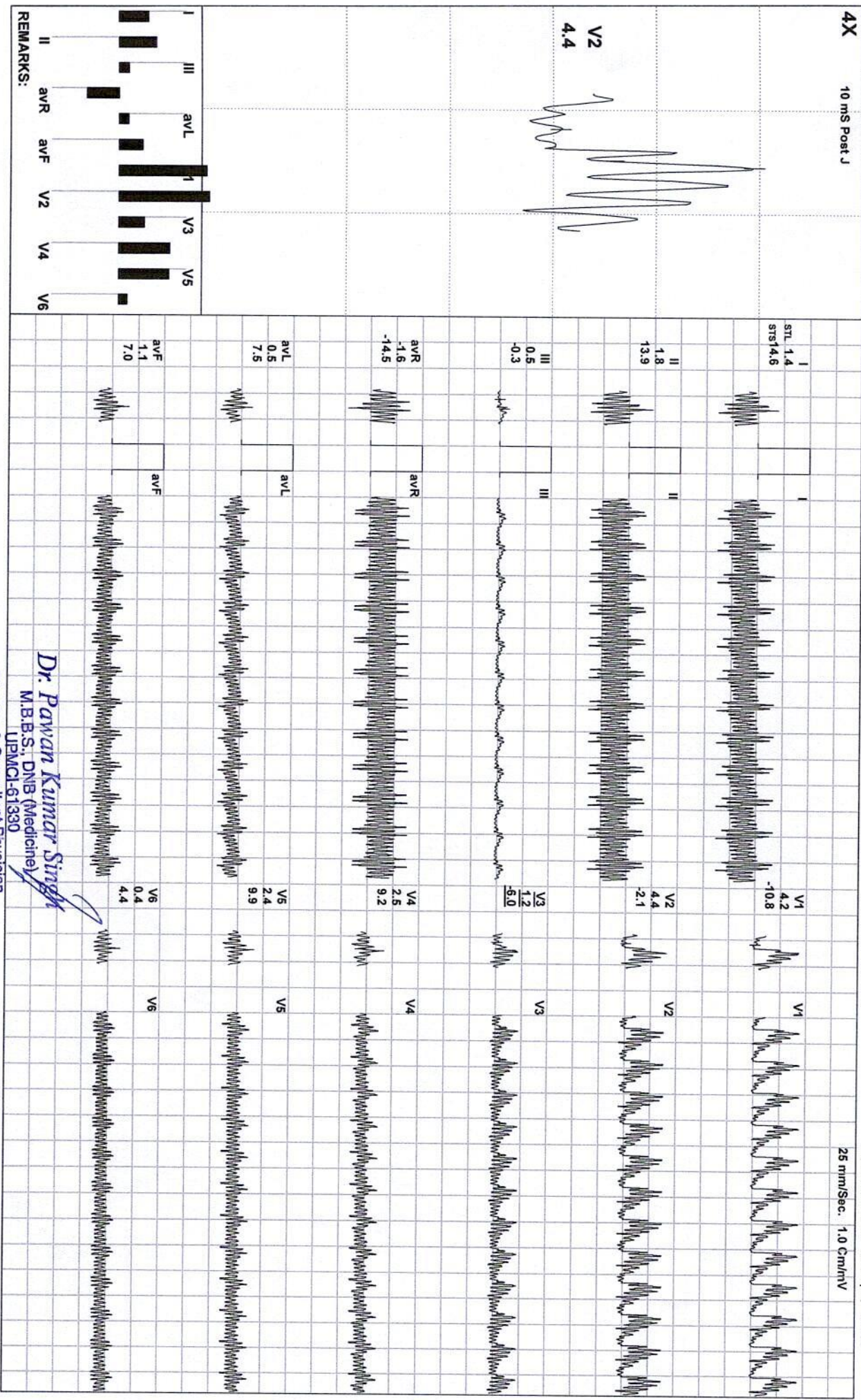
Date: 25 / 03 / 2023 09:57:11 AM METS: 2.5/ 231 bpm 126% of THR BP: 140/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz EXTime: 09:36 0.0 mph, 0.0%

4X 10 ms Post J

25 mm/Sec. 1.0 Cm/mV



V2
4.4



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
IPMCL-61330

Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)

(ADX_GEM217220330)(R)Allengers

LAL DUSHYANTA VIKRAM DEV SINGH / 36 Yrs / M / 178 Cms / 86 Kg
Date: 25 / 03 / 2023 09:57:11 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	116	63 %	130/80	150	00	
Standing	00:09	0:05	00.0	00.0	01.0	116	63 %	130/80	150	00	
HV	00:14	0:05	00.0	00.0	01.0	106	58 %	130/80	137	00	
Warm Up	00:20	0:06	00.0	00.0	01.0	106	58 %	130/80	137	00	
ExStart	00:35	0:15	00.0	00.0	01.0	108	59 %	130/80	140	00	
BRUCE Stage 1	03:35	3:00	01.7	10.0	04.7	132	72 %	132/82	174	00	
BRUCE Stage 2	06:35	3:00	02.5	12.0	07.1	155	84 %	134/85	207	00	
BRUCE Stage 3	09:35	3:00	03.4	14.0	10.2	173	94 %	138/86	238	00	
PeakEx	10:11	0:36	04.2	16.0	10.9	179	97 %	138/86	247	00	
Recovery	10:41	0:30	01.1	00.0	07.3	219	119 %	138/86	302	00	
Recovery	11:11	1:00	01.1	00.0	04.3	251	136 %	140/90	351	00	
Recovery	11:28	1:17	00.0	00.0	02.5	231	126 %	140/90	323	00	

FINDINGS :

Exercise Time : 09:36
Initial HR (ExStrt) : 108 bpm 59% of Target 184
Initial BP (ExStrt) : 130/80 (mm/Hg)
Max Workload Attained : 10.9 Good response to induced stress
Max ST Dep Lead & Avg ST Value : II & -3.0 mm in Stage 2
Duke Treadmill Score : 05.5
Test End Reasons : Test Complete

Max HR Attained 251 bpm 136% of Target 184
Max BP Attained 140/90 (mm/Hg)
VO2Max : 38.2 ml/Kg/min (Fair)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
RISK FACTOR : NONE

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Doctor : DR PAWAN KUMAR SINGH

ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
BRIEF HISTORY	:	NOT SIGNIFICANT
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE


Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)