

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. TIWARI AMBIKA PRASAD
EC NO.	109750
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	KUDWAR
BIRTHDATE	11-12-1995
PROPOSED DATE OF HEALTH CHECKUP	08-01-2023
BOOKING REFERENCE NO.	22M109750100035642E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-01-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-1330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



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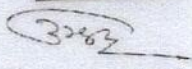
Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61336
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)

 **बैंक ऑफ़ बड़ौदा**
Bank of Baroda

नाम- अम्बिका प्रसाद तिवारी
Name - AMBIKA PRASAD TIWARI

कर्मचारी कूट क्र- 109750
E.C.No. - 109750


जारीकर्ता प्राधिकारी
Issuing Authority



धारक के हस्ताक्षर
Signature of Holder




Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-1330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

MR AMRKE PRASAD TWARDI

08.01.2023 10:09:54
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND, SUPER MARKET
SULTANPUR

ACROW CE

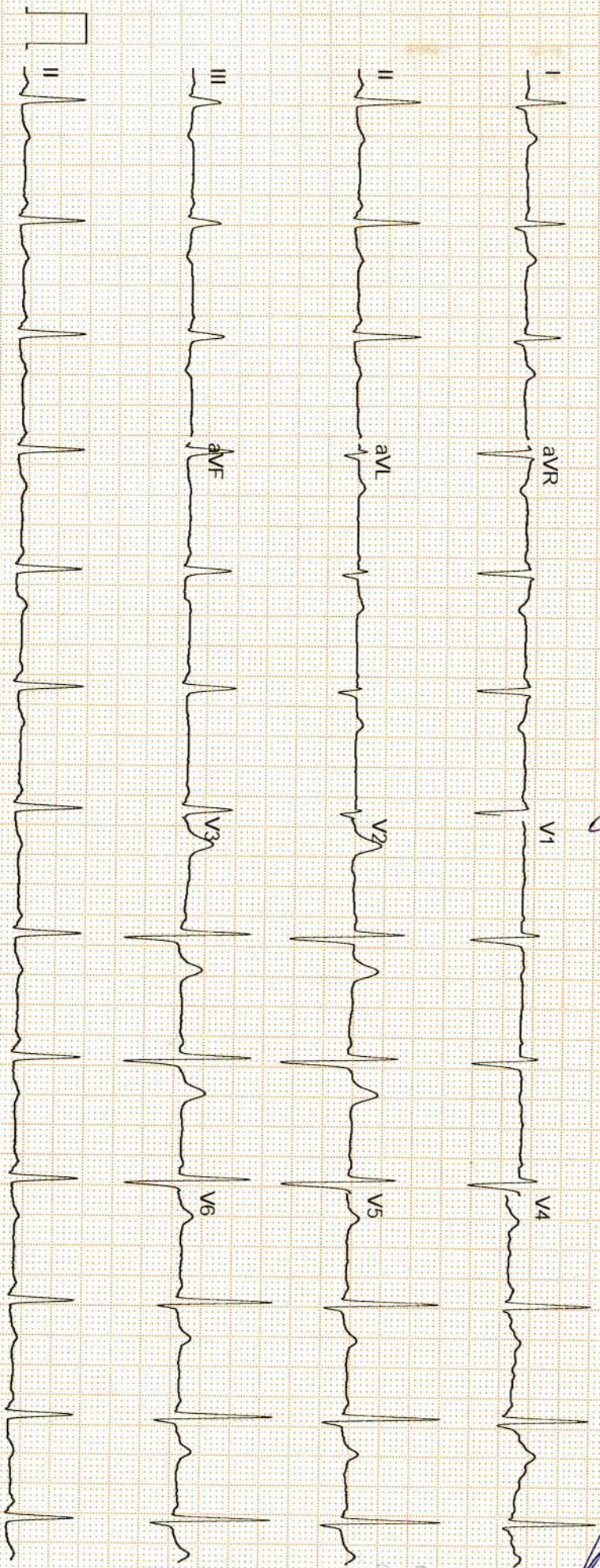
Location: Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

76 bpm
--- / --- mmHg

QRS : 90 ms
QT / QTcBaz : 366 / 411 ms
PR : 114 ms
P : 88 ms
RR / PP : 790 / 789 ms
P / QRS / T : 48 / 60 / 22 degrees

Normal sinus rhythm
Normal ECG

Technician: DR. J.P. SINGH
Referring Ph:
Attending Ph:



[Handwritten signature]

[Handwritten signature]

Dr. Pawan Kumar Singh
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GE MAC2000 1:1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3_25_R1 1/1

Unconfirmed



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 13,762
 Patient Name : Mr. AMBIKA PRASHAAD
 Age (Y-M-D) : 0 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.-: 08-Jan-23 12:
 Receiving Date : 08-Jan-23 12:
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

- LIVER** : Liver is normal in size and echogenicity .
 No focal or diffuse mass lesion seen.No IHBD dilatation seen.
- GALL BLADDER** : Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
- PV/CBD** : Portal vein and CBD are normal in their course and calibre.
- PANCREAS** : Pancreas is normal in size, contour & echotexture.
- SPLEEN.** : Spleen is normal in size mm and echogenicity.
 No focal or diffuse mass lesion seen.
- KIDNEYS** : Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
- URETER** : B/L ureters are normally visualized.
- U.BLADDER** : Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
- PROSTATE** : Prostate is normal in size,shape & echo-texture.
 No mass lesion is seen .
- POST VOID** : Not done.
- IMPRESSION** : **HYPO ECHOIC SMALL MASS LESION SIZE 9 X 10 MM IN LT.ILIAC FOSSA REGION ? LYPOMA)**

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 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg. No. 29176
 Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई. सी. जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 13,764
 Patient Name : Mr. AMBIKA PRASHAAD
 Age (Y-M-D) : 0 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.-: 08-Jan-2023
 Receiving Date : 08-Jan-2023
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

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An ISO 9001:2015 Certified Center
 Super Market, Sultanpur -228 001 (U.P.)
 Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 042809
 Name : Mr. AMBIKA PRASAD TIWARI
 Age/Gender : 27Y/M
 Date/Time : 09-01-2023/19:05
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-004366 Serum Creatinine	Serum Creatinine 0.8 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004366 Post Prandial Blood Glucose	Post Prandial Blood Glucose 90.0 mg/dL	90 - 140 mg/dL
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004366 Blood Urea Nitrogen (BUN)	Blood Urea Nitrogen (BUN) 12.1 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004366 Uric Acid	Uric Acid 5.2 mg/dL	
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004366 Total Cholesterol	Lipid Profile 155.4 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	121.0 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL


 Rakesh Sharma
 Lab Technician

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Patient ID : 042809
 Name : Mr. AMBIKA PRASAD TIWARI
 Age/Gender : 27Y/M
 Date/Time : 09-01-2023/19:05
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HDL	54.7 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	84.5 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high. 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.8	(Less than 5.0)
LDL/HDL	1.5	UPTO 3.5
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004366		
Gamma Glutamyl transferase (GGT)		
GGT	22.4 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004369		
HbA1C		
Glycosylated Haemoglobin	4.7 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004366		
PSA Total		
PSA TOTAL	0.84 ng/mL	<4.00 ng/mL
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		

Rakesh Sharma
Lab Technician

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2 of 8 ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology

Sample Collection from Home & Online Delivery of Reports ABP IMT Echocardiography Ultrasound

REF# 2733

Printed by Rakesh Sharma / 2023-01-10 / 13:49:14



Patient ID : 042809
 Name : Mr. AMBIKA PRASAD TIWARI
 Age/Gender : 27Y/M
 Date/Time : 09-01-2023/19:05
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

LRN-004366

Fasting Blood Sugar

Fasting blood sugar

82.0 mg/dL

70-110 mg/dl

Sample Collection Time 09 Jan 2023 / 19:16
 Result Approval Time 10 Jan 2023 / 13:48

LRN-004368

Bilirubin Total

Liver Function Test (LFT)

0.32 mg/dL

10.0 - 14.0 mg/dL

3-5 Days (Premature)

4.0 - 8.0 mg/dL

3-5 Days (Full Term)

0.0 - 1.0 mg/dL (Adult)

Bilirubin Direct

0.10 mg/dL

0.0 - 0.2 mg/dL

Bilirubin Indirect

0.22 mg/dL

0.0 - 0.8 mg/dL

SGOT

32.0 U/L

upto 40 U/L (Males)

upto 32 U/L (Females)

SGPT

28.7 U/L

upto 41 U/L (Males)

upto 33 U/L (Females)

Alkaline Phosphatase

86.3 U/L

UPTO 125 U/L

Total Protein

6.84 g/dL

6.0 - 8.0 g/dL

Albumin

4.35 g/dL

3.5 - 5.2 g/dL

Globulin

2.49 g/dL

1.5 - 3.0 g/dL

A/G

2.7

1 - 2

Sample Collection Time 09 Jan 2023 / 19:16
 Result Approval Time 10 Jan 2023 / 13:48

Rakesh

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh
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Dr. Shivangi
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Facilities Available

- ECG • PFT • Endoscopy • Hematology • Biochemistry • Microbiology • FNAC • Histopathology
 • Sample Collection from Home & Online Delivery of Reports • ABP • IMT • Echocardiography • Ultrasound

REF# 2733

Printed by Rakesh Sharma / 2023-01-10 / 13:49:14

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CLINIC & DIAGNOSTICS

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Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



An ISO 9001:2015 Certified Center

Patient ID : 042809
Name : Mr. AMBIKA PRASAD TIWARI
Age/Gender : 27Y/M
Date/Time : 09-01-2023/19:05
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-004364

HAEMATOLOGY

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

10 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Sample Collection Time 09 Jan 2023 / 19:16

Result Approval Time 10 Jan 2023 / 13:48

LRN-004365

Blood grouping and Rh typing

Blood Group

O

RH Typing

POSITIVE (+)

Sample Collection Time 09 Jan 2023 / 19:16

Result Approval Time 10 Jan 2023 / 13:48

LRN-004363

Complete Blood Count

Haemoglobin

15.7 g/dL

13-18g/dL(>15yr Adult Male)

12-15g/dL(>15yrAdult Female)

WBC Count

6220

4000-11,000/cumm

Differential Count

Neutrophils

49 %

40-75 %

Lymphocytes

41 %

20-45 %

Eosinophils

04 %

01-08 %

Monocytes

06 %

02-10 %

Basophils

00 %

00-01 %

RBC Count

4.82 million/cumm

4.5-6.0 million/cumm (Male)

4.0-5.5 million/cumm (Female)

PCV

45.8 %

40-54 % (>15yr Adult Male)

34-48 % (>15yr Adult Female)

MCV

95.1 fl

75-95 fl

MCH

32.5 pg

26-32 pg

MCHC

34.2 %

30-35%

Platelet Count

270000 cells/cumm

150000 - 400000 cells/cumm

Mean Platelet Volume(MPV)

10.1 fL

7.5-11.5 fL

RDW-CV

12.9 %

11-16 %

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)

UPMCI-61330

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Patient ID : 042809
Name : Mr. AMBIKA PRASAD TIWARI
Age/Gender : 27Y/M
Date/Time : 09-01-2023/19:05
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

RDW-SD

45.7 %

35-56 %

Sample Collection Time 09 Jan 2023 / 19:16

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Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

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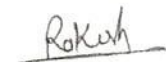
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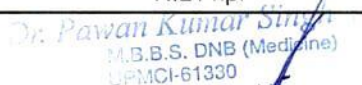
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Patient ID : 042809
Name : Mr. AMBIKA PRASAD TIWARI
Age/Gender : 27Y/M
Date/Time : 09-01-2023/19:05
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Clinical Pathology		
URINE - ROUTINE/MICROSCOPY		
LRN-004370		
PHYSICAL EXAMINATION		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
CHEMICAL EXAMINATION		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.030	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
MICROSCOPIC EXAMINATION		
Epithelial Cells	2-3/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	1-2/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Sample Collection Time 09 Jan 2023 / 19:16 Result Approval Time 10 Jan 2023 / 13:48		
LRN-004367		
Stool - complete		
Physical Examination		
Colour	YELLOW	
Consistency	SEMESOLID	
Mucus	ABSENT	
Blood	NEGATIVE	
Chemical Examination		
Occult Blood	NEGATIVE	
Reaction	6.0	
Microscopic Examination		
RBCs	NIL / hpf	


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Lab Technician


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Patient ID : 042809
Name : Mr. AMBIKA PRASAD TIWARI
Age/Gender : 27Y/M
Date/Time : 09-01-2023/19:05
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Pus Cells	1-2/HIH POWER FIELD / hpf	
Ova	NIL	
Cyst	NIL	
Others	NIL	
Bacteria	ABSENT	

Sample Collection Time 09 Jan 2023 / 19:16

Result Approval Time 10 Jan 2023 / 13:48



Rakesh Sharma
Lab Technician


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Age/Gender : 27Y/M
Date/Time : 09-01-2023/19:05
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-004371

CHEMILUMINESCENCE IMMUNOASSAY

Thyroid Function Test (T3, T4, TSH)

T3	1.32 ng/mL	0.69-2.15
T4	87.5 ng/mL	52-127
TSH	3.36 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

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----- End of Report -----

Rakesh

Rakesh Sharma
Lab Technician

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MBBS, DNB (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory investigations are dependent on multiple variables. These results should not be reproduced in part

Facilities Available

8 of 8

REF# 2733

Printed by Rakesh Sharma /2023-01-10 / 13:49:15

ECG

PFT

Endoscopy

Hematology

Biochemistry

Microbiology

FNAC

Histopathology

Sample Collection from Home & Online Delivery of Reports • ABP • IMI • Echocardiography • Ultrasound

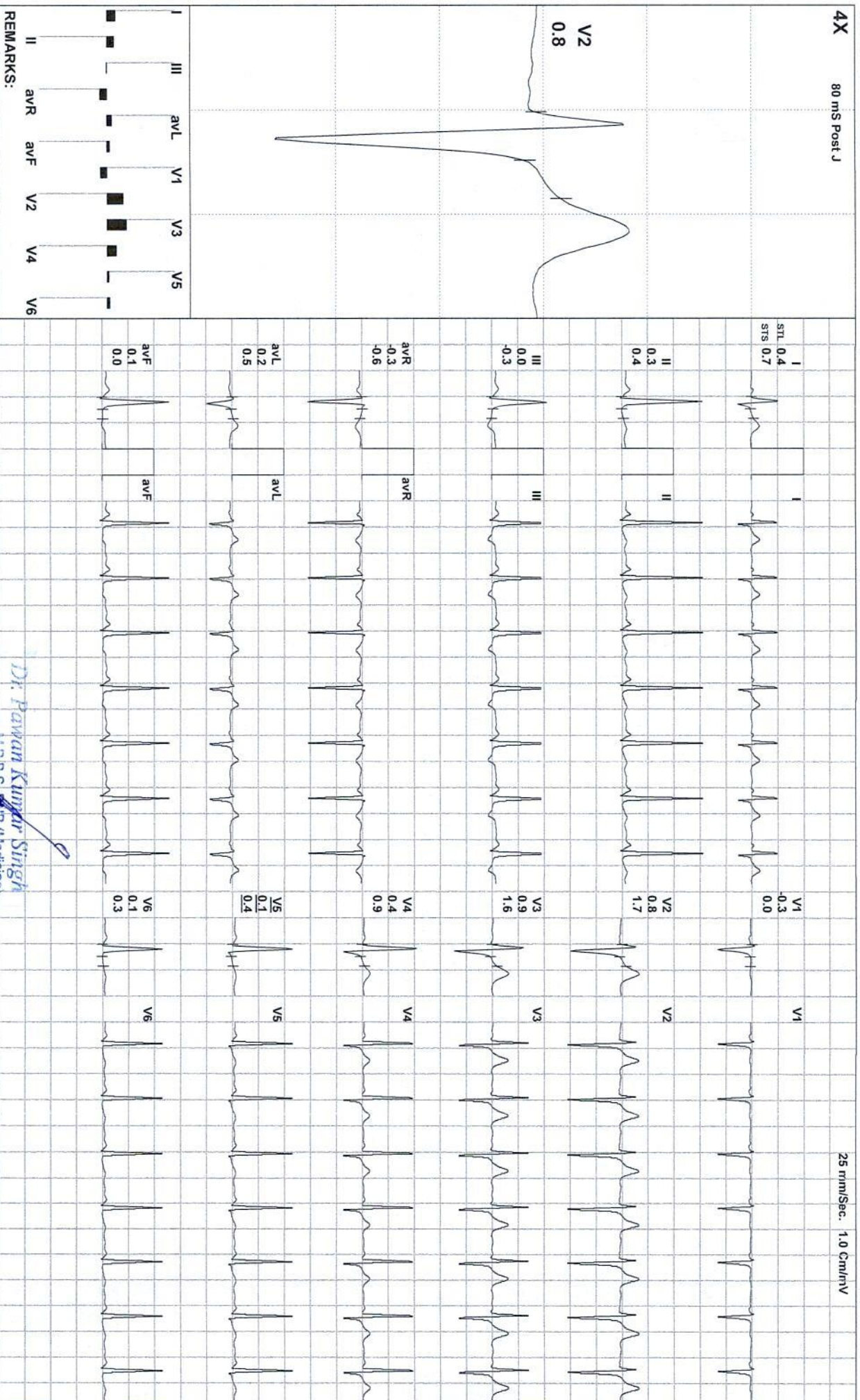


Date: 08 / 01 / 2023 10:43:47 AM

METS: 1.0 / 125 bpm 65% of THR

BP: 125/80 mmHg Combined Medians/ B/C On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



REMARKS:

Dr. Parwan Kumar Singh
M.D.B.S. (Medicine)
UPMCI-330

Director & Consultant Physician
JPK Clinic & Diagnostics
In-Unit of JPK Hospital & Trauma Center Pvt. Ltd

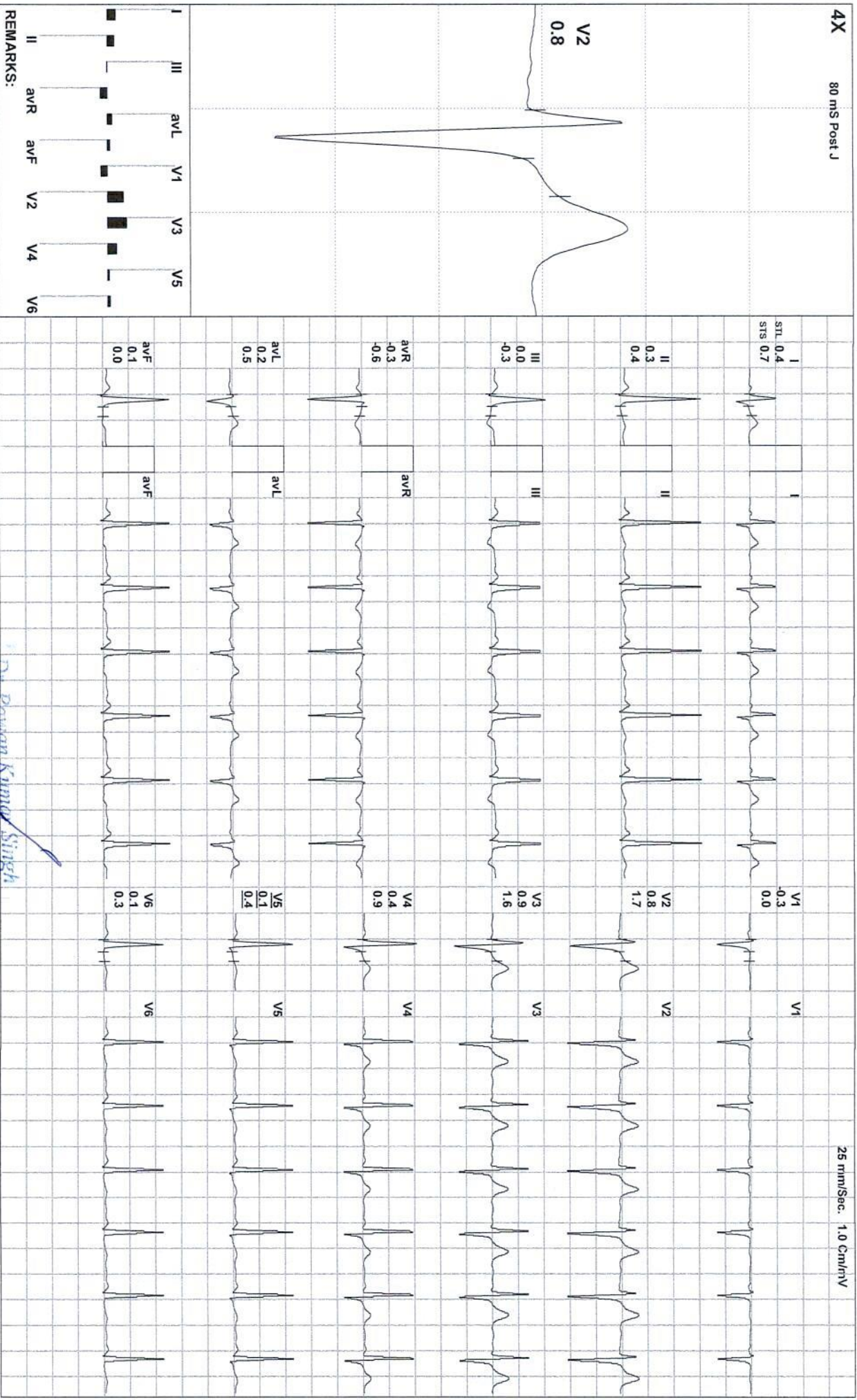
(ADX_GEM217220330)(R)Allengers



AMBIKA PRASAD TIWARI / 27 Yrs / M / 171 Cms / 75 Kg / HR : 120

Date: 08 / 01 / 2023 10:43:47 AM METS: 1.0/ 120 bpm 62% of THR BP: 125/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

ExTime: 00:00 0.0 mph, 0.0%



Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)

IPMCI-61530

Director & Consultant Physician

JPK Clinic & Diagnostics

A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

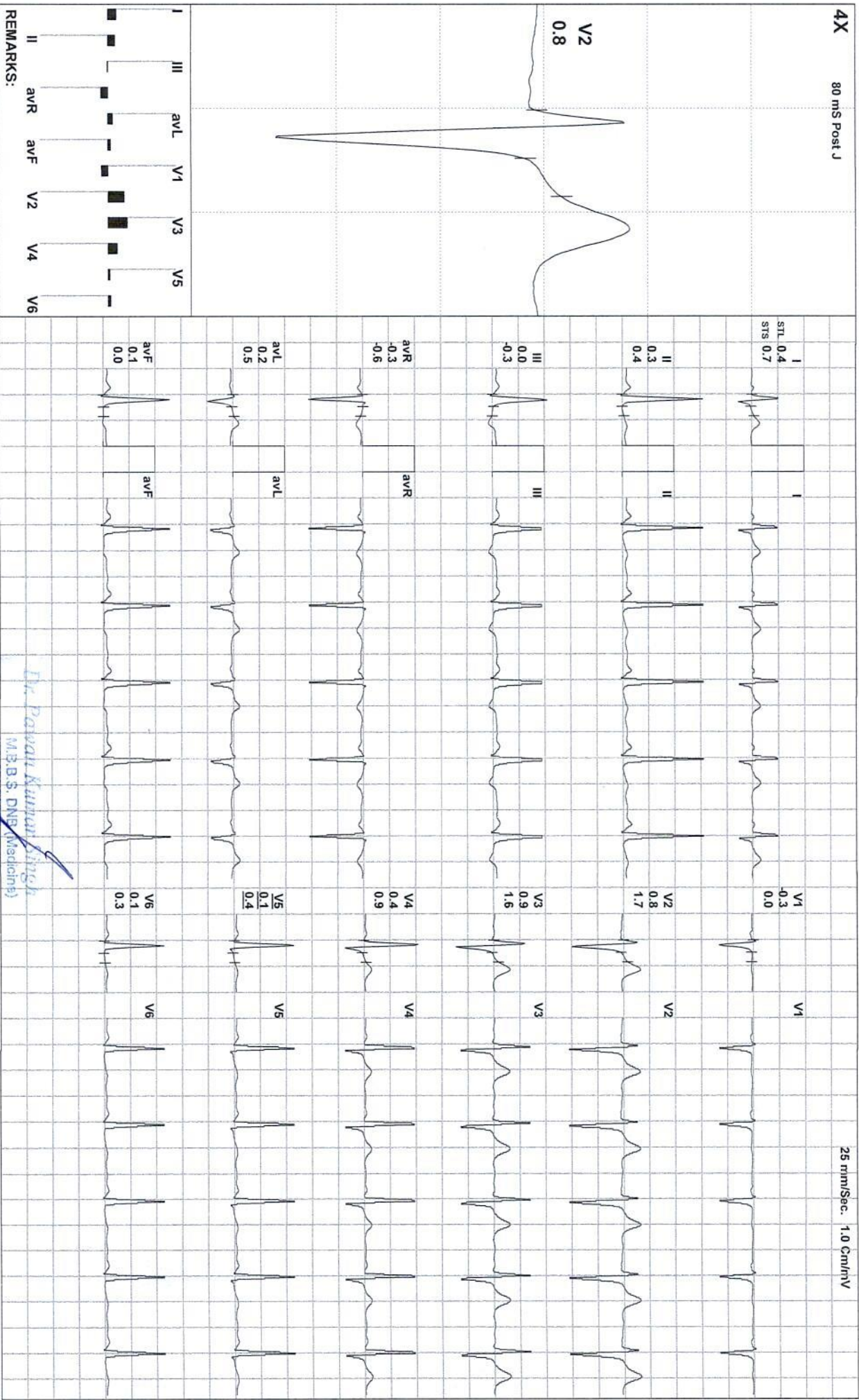
(ADX_GEM217220330)(R)Allengers



AMBIKA PRASAD TIWARI / 27 YRS / M / 171 Cms / 75 Kg / HR : 102

Date: 08 / 01 / 2023 10:43:47 AM METS: 1.0/ 102 bpm 53% of THR BP: 125/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

ExTime: 00:00 0.0 mph, 0.0%



Dr. Pawan Kumar Singh
M.B.B.S, DNB (Medicine)
UPMCI-61350

Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers



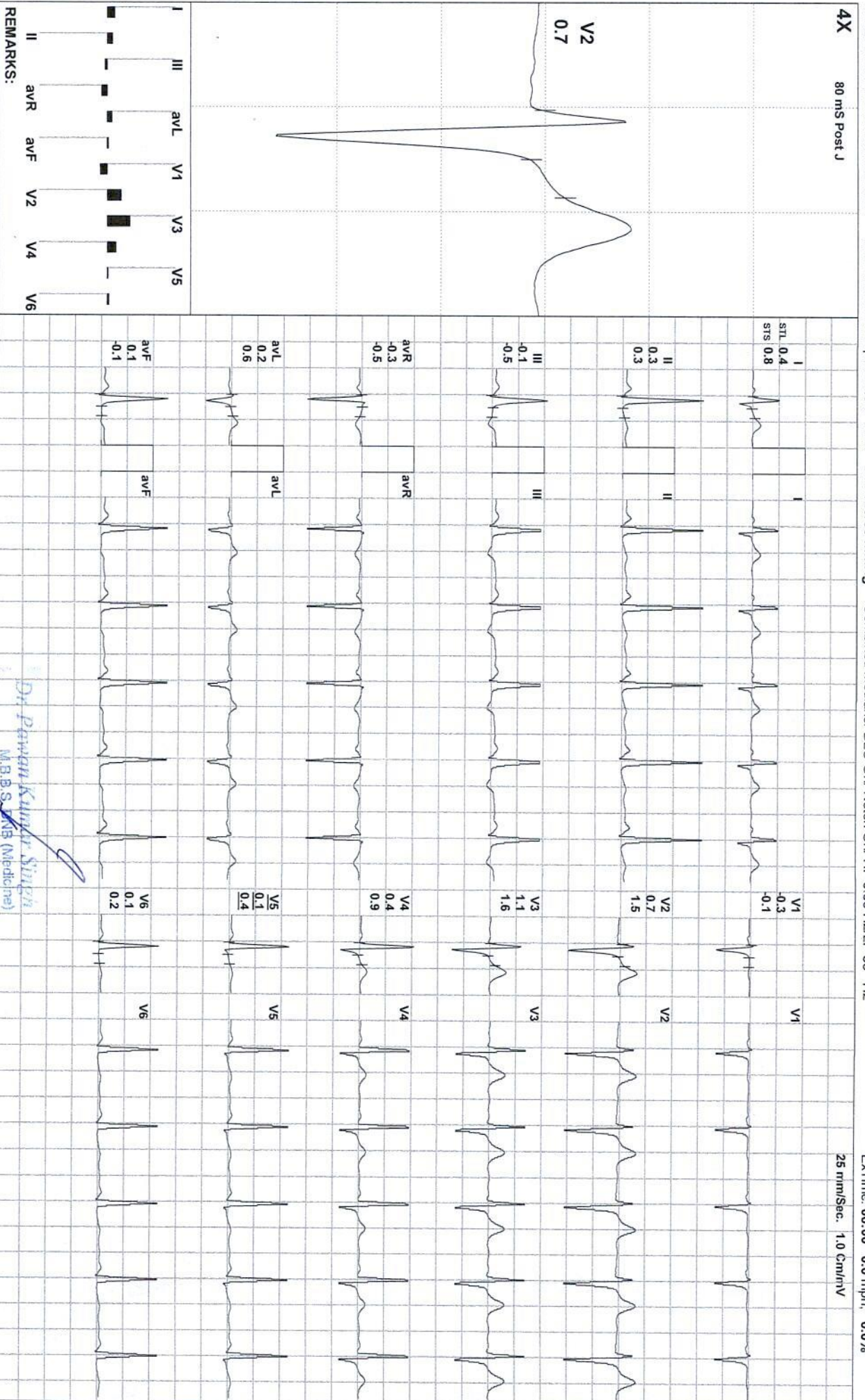
AMBIKA PRASAD TIWARI / 27 Yrs / M / 171 Cms / 75 Kg / HR : 102

Date: 08 / 01 / 2023 10:43:47 AM METS: 1.0/ 102 bpm 53% of THR BP: 129/80 mmHg Combined Medians/ BLC On/ Noch On/ HF 0.05 Hz/LF 35 Hz

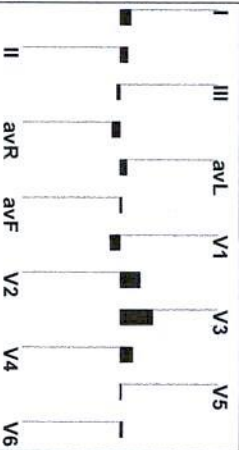
ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/rV



REMARKS:



Dr. Pawan Kumar Singh
M.B.B.S., M.B. (Medicine)
UPMCI/1330

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

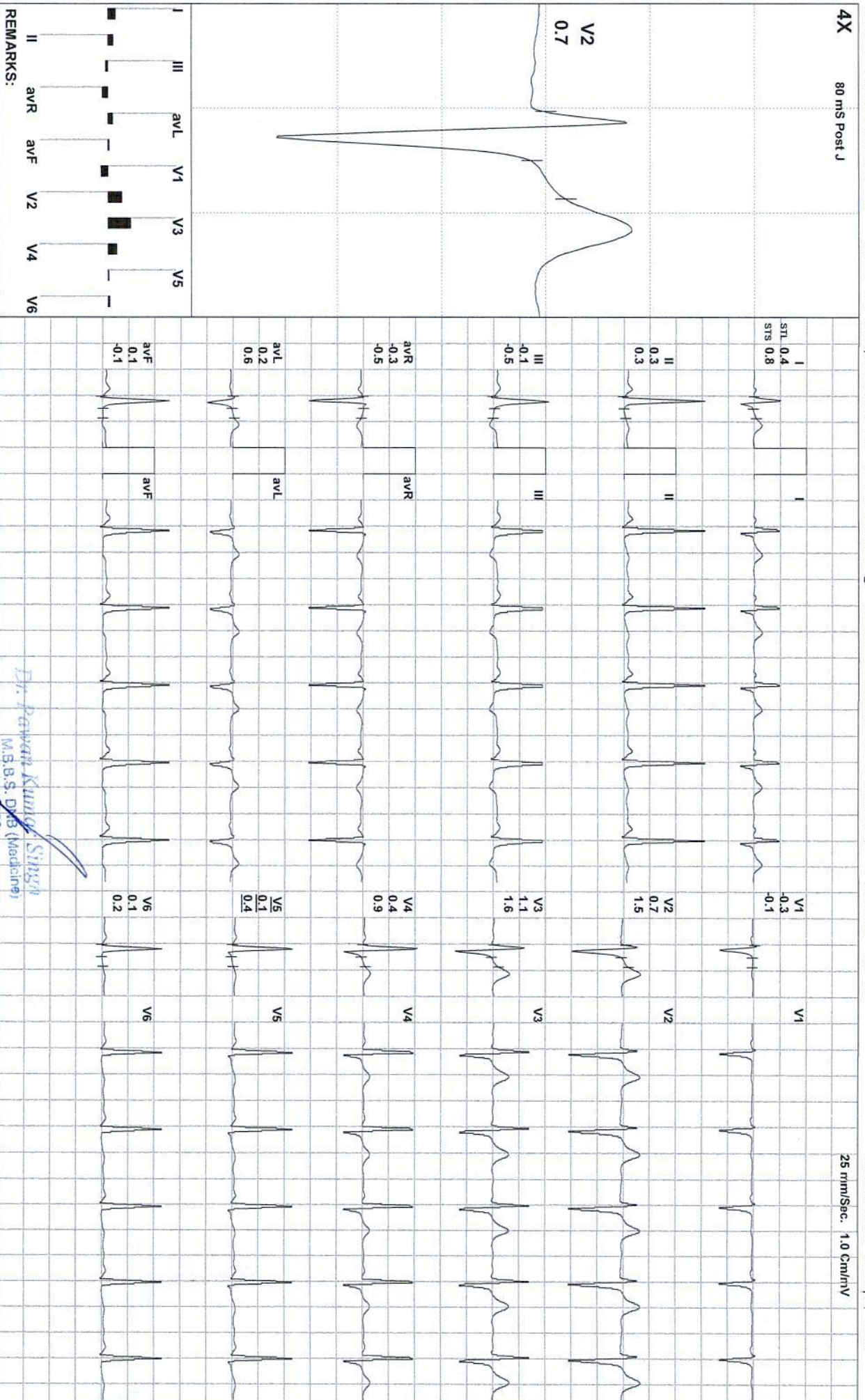
(ADX_GEM217220330)(R)/Allengers

Date: 08 / 01 / 2023 10:43:47 AM

METS: 1.0/ 102 bpm 53% of THR

BP: 125/80 mmHg Combined Medians/ B/C On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



Dr. Pawan Kumar Singh
M.S.B.S. DNB (Medicine)

LIPMCH-330

Director & Consultant, Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

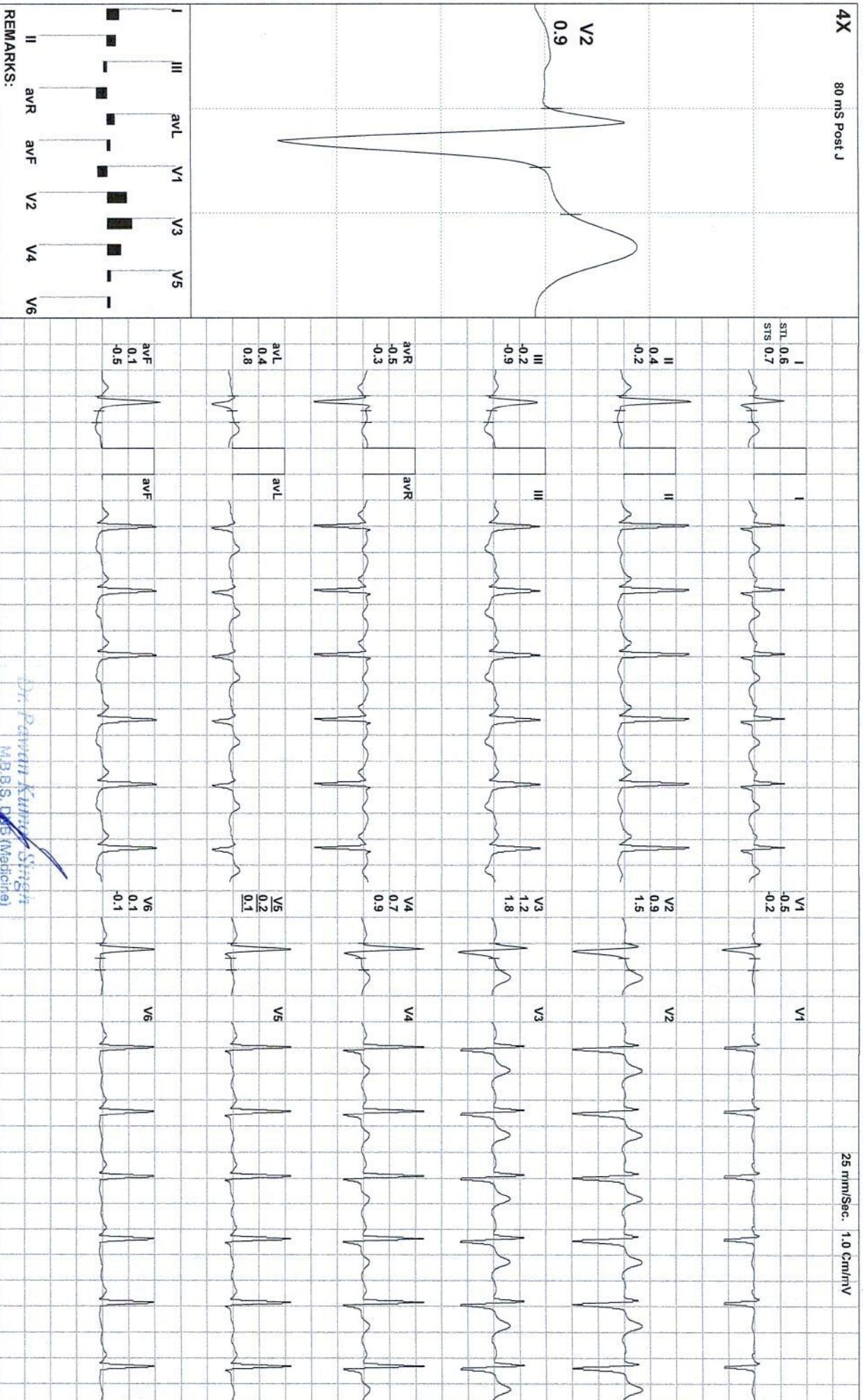
(ADX_GEM217220330)(R)Allergers



AMBIKA PRASAD TIWARI / 27 Yrs / M / 171 Cms / 75 Kg / HR : 118

Date: 08 / 01 / 2023 10:43:47 AM METS: 4.71 / 118 bpm 61% of THR BP: 125/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExtTime: 03:00 1.7 mph, 10.0%



REMARKS:

Dr. Parvati Kumar Singh
MB.B.S. D.S. (Medicine)
UPMCI-67330

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospital & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)/Allengers



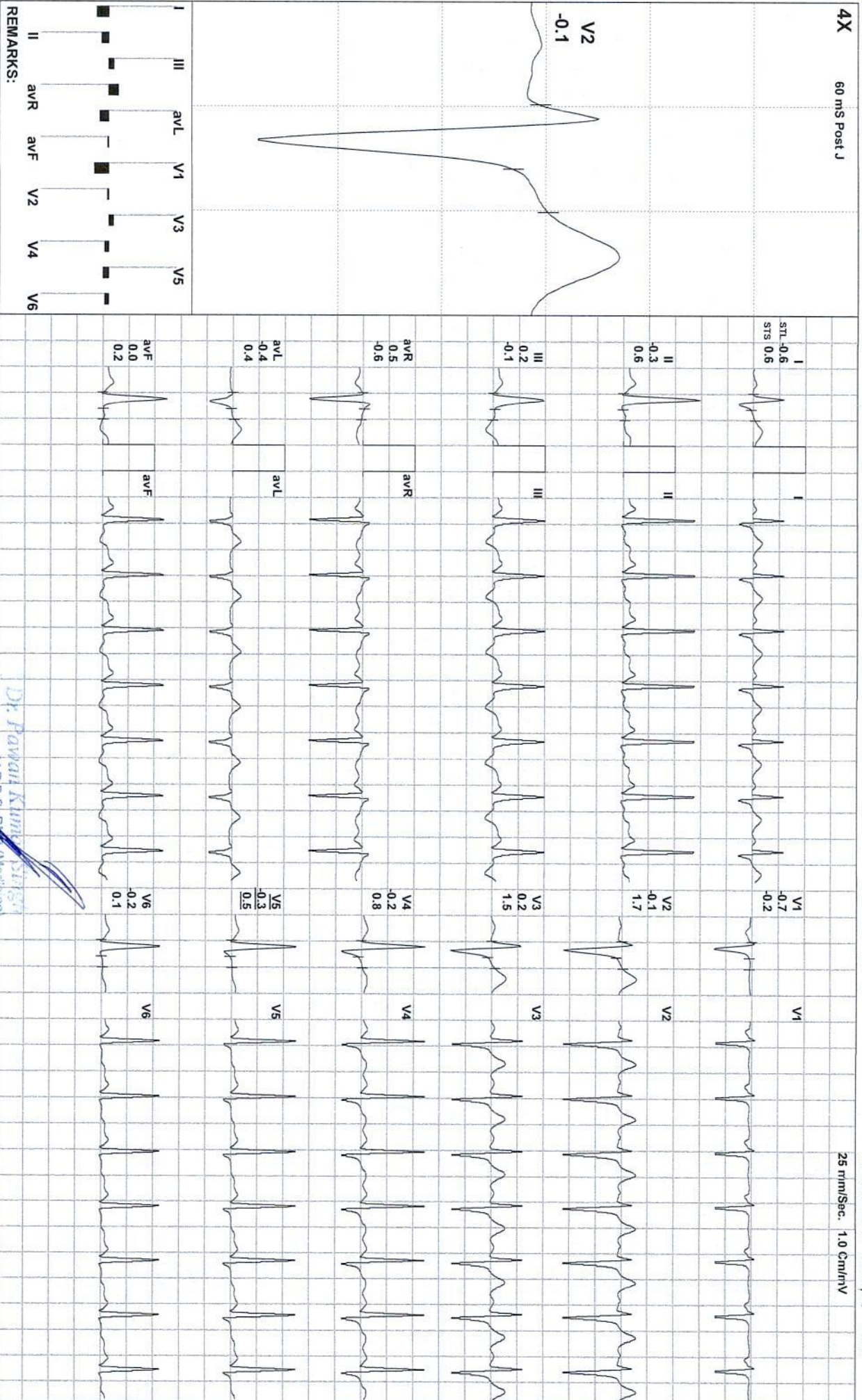
AMBIKA PRASAD TIWARI / 27 Yrs / M / 171 Cms / 75 Kg / HR : 136

Date: 08 / 01 / 2023 10:43:47 AM METS: 7.1 / 136 bpm 70% of THR BP: 128/82 mmHg Combined Medians/ B/C On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 M.S.B.S. D.O. (Medicine)
 UPMCI-14330

Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers



Date: 08 / 01 / 2023 10:43:47 AM

METS: 10.2 / 175 bpm 91% of THR

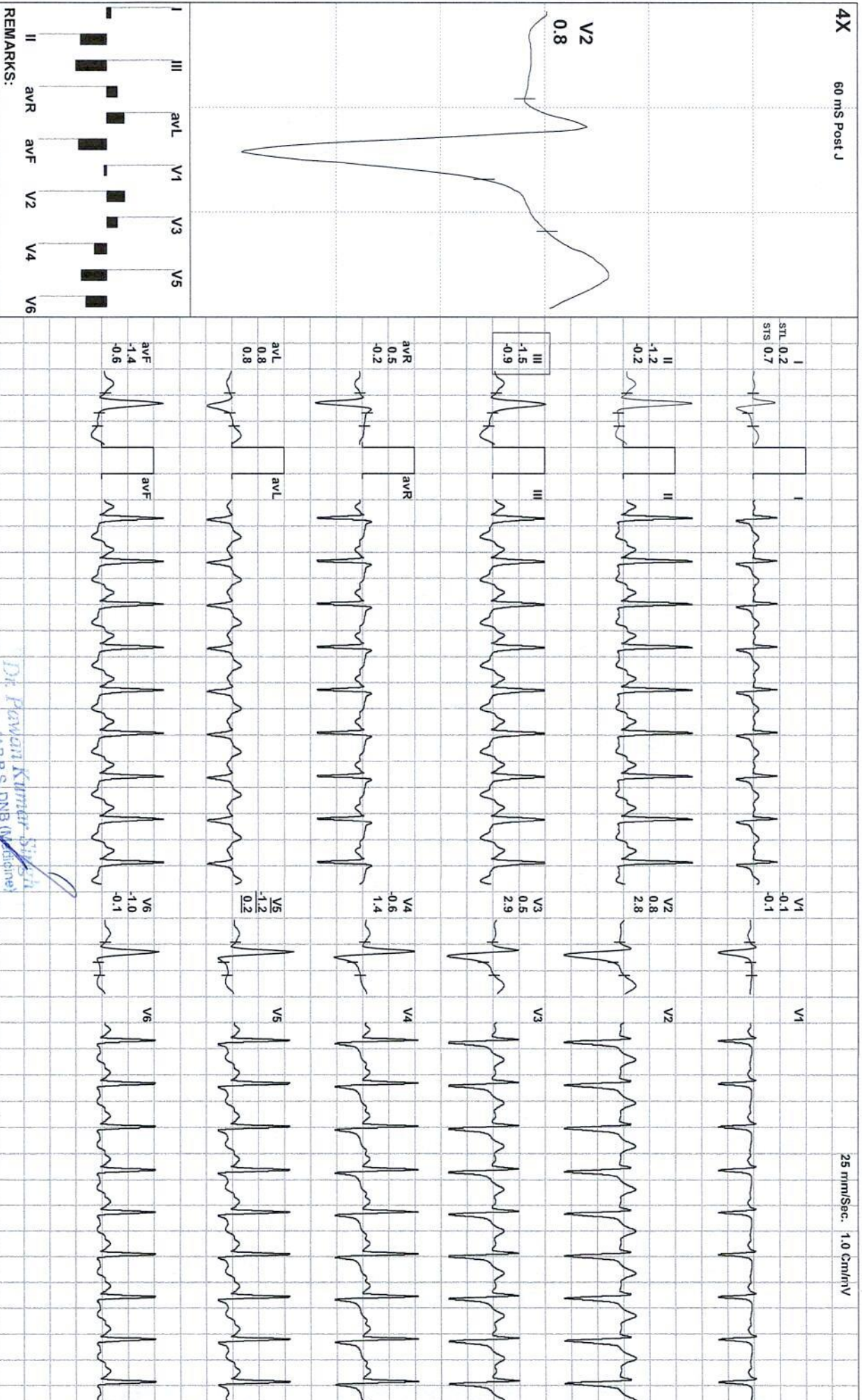
BP: 130/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.D., B.S. DNB (Medicine)

JPK Hospital & Trauma Center Pvt. Ltd.
JPK Clinic & Diagnostics

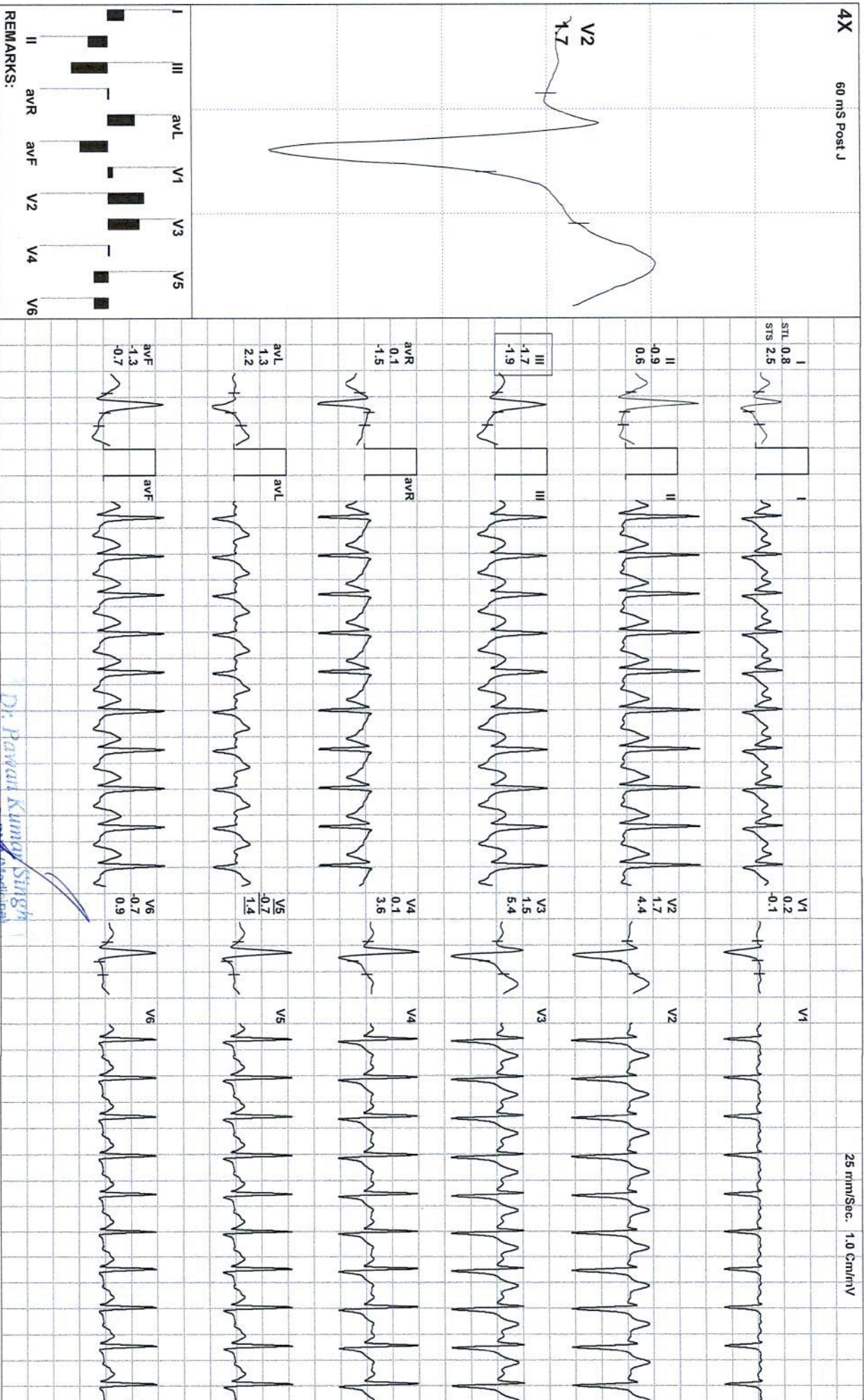
(ADX_GEM217220330)(R)Allengers



AMBIKA PRASAD TIWARI / 27 Yrs / M / 171 Cms / 75 Kg / HR : 182

Date: 08 / 01 / 2023 10:43:47 AM METS: 13.5 / 182 bpm 94% of THR BP: 134/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExtTime: 12:00 4.2 mph 16.0%



Dr. Pawan Kumar Singh
M.B.B.S. D.M. (Medicine)
UPMCH-2230

Director & Consultant Physician
JPK Clinic & Diagnostics
JPK Hospital & Trauma Centre Pvt. Ltd

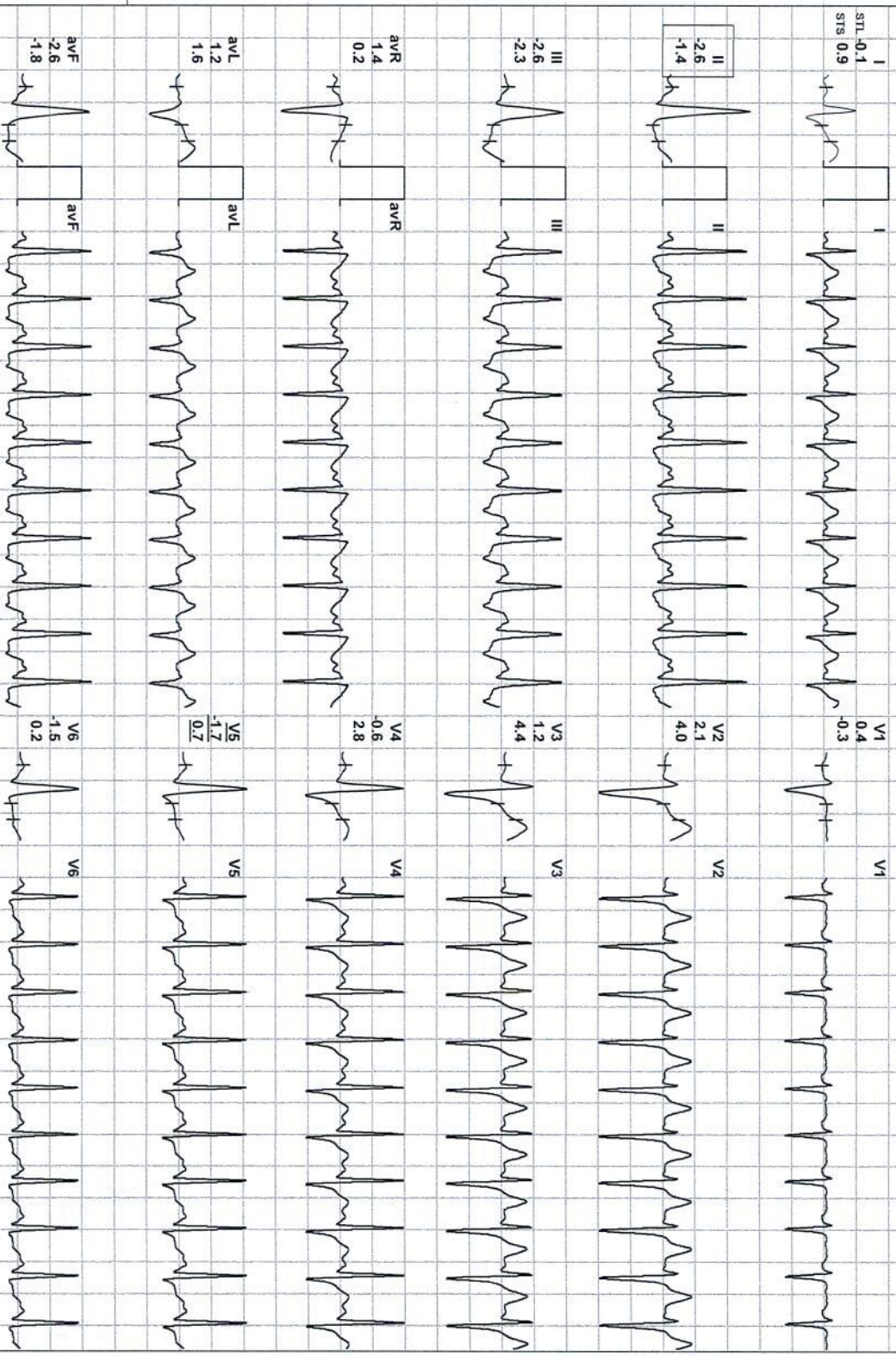
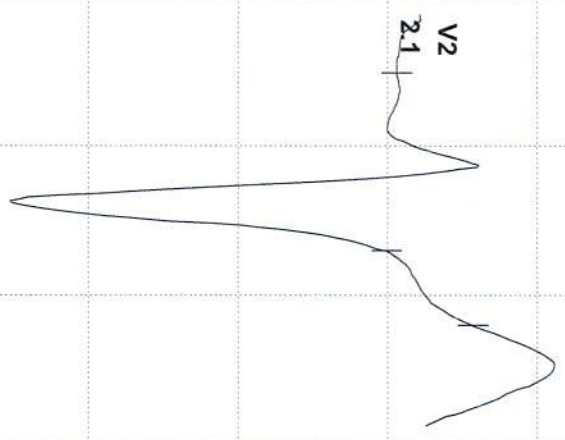
(ADX_GEM217220330)(R)Allengers

Date: 08 / 01 / 2023 10:43:47 AM METS: 13.5 / 183 bpm 95% of THR BP: 134/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

EXTime: 12:06 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S, DNB, Medical

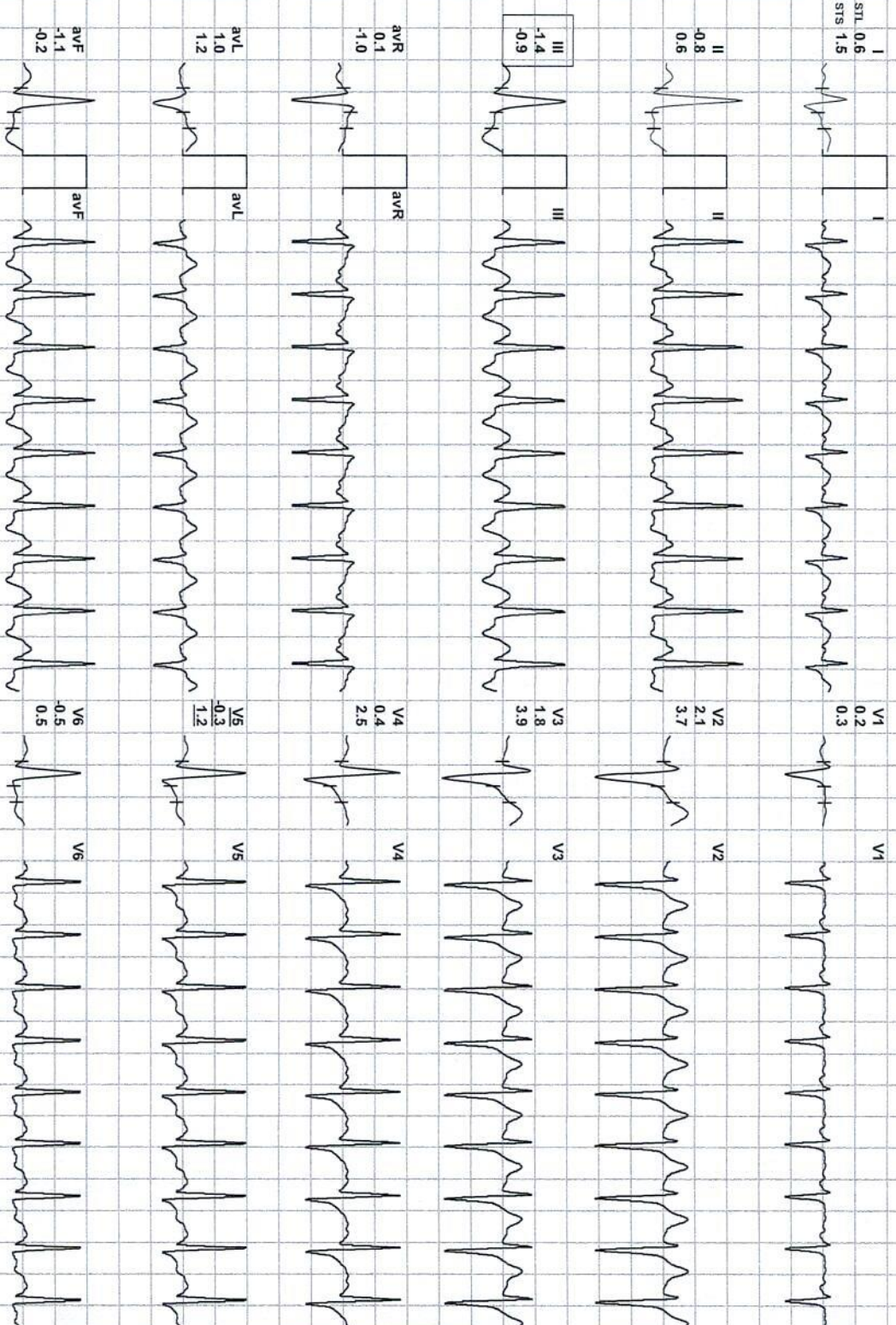
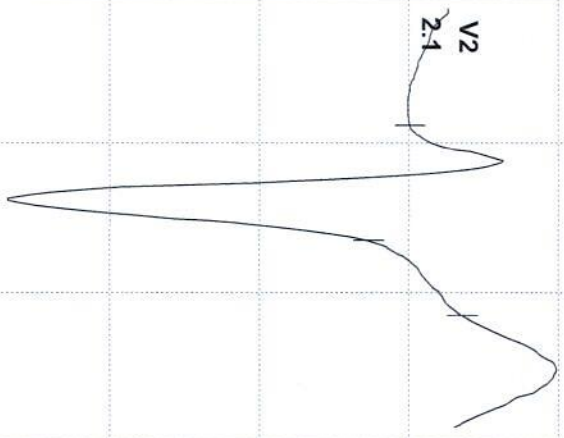
UPMCI-6130
Director & Consultant Physician
JPK Clinic & Diagnostics
A Wing of JPK Hospital & Trauma Centre, Patna, India

(ADX_GEM217220330)(R)Allengers



Date: 08 / 01 / 2023 10:43:47 AM METS: 10.5/ 168 bpm 87% of THR BP: 134/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz ExtTime: 12:05 1.1 mph, 0.0%

4X 60 ms Post J 25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 MB, BS, DNB (Medicine)
 UPMCI-6130

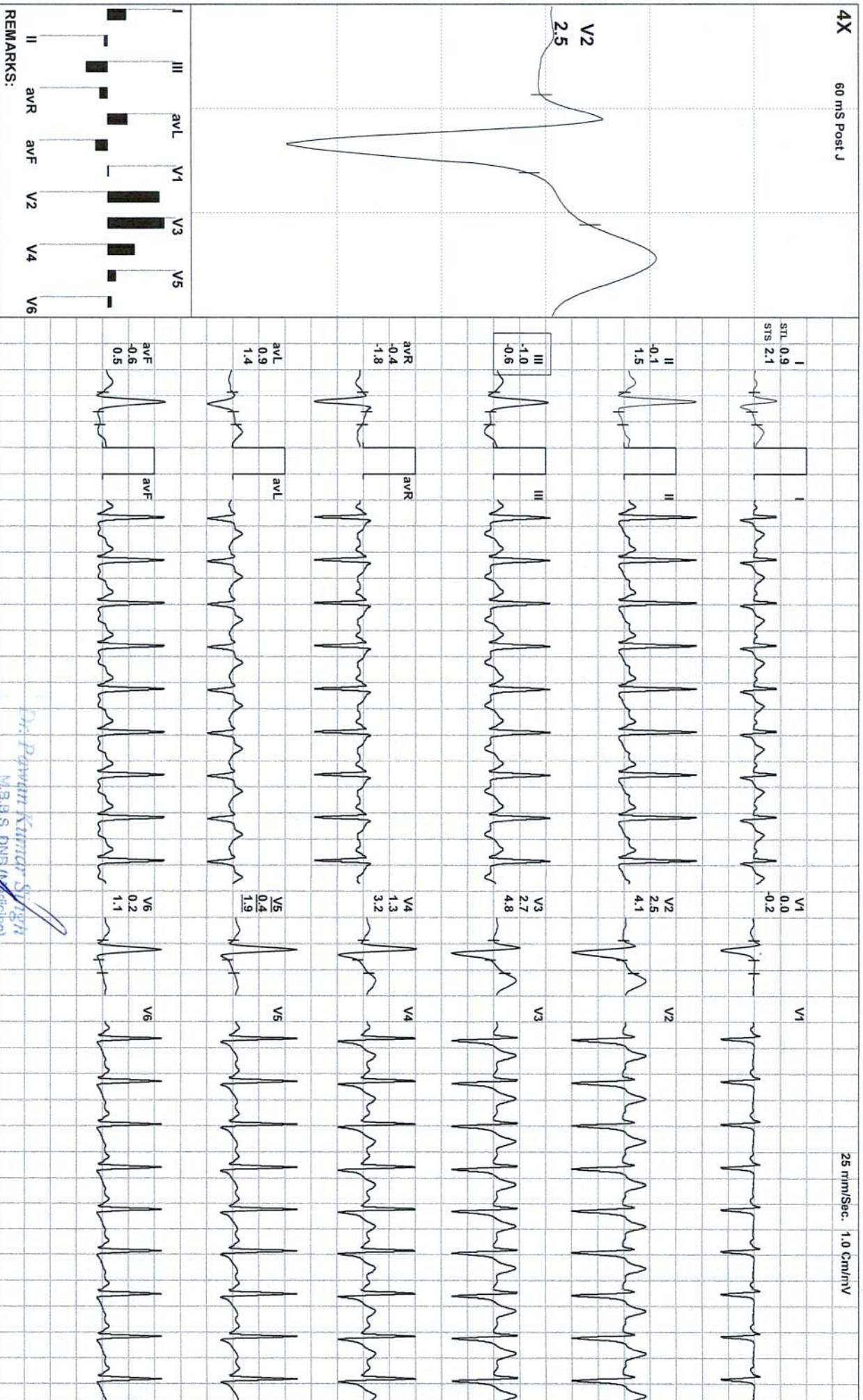
Director & Consultant Physician
 JPK Clinic & Diagnostics
 A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers



Date: 08 / 01 / 2023 10:43:47 AM METS: 8.3/ 164 bpm 85% of THR BP: 136/92 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 12:05 1.1 mph, 0.0%



25 mm/Sec. 1.0 Cm/mV

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Cardiology)

UPMCI-61330
Senior & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

AMBIKA PRASAD TIWARI / 27 Yrs / M / 171 Cms / 75 Kg
Date: 08 / 01 / 2023 10:43:47 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:08	0:08	00.0	00.0	01.0	125	65 %	125/80	156	00	
Standing	00:14	0:06	00.0	00.0	01.0	120	62 %	125/80	150	00	
HV	00:18	0:04	00.0	00.0	01.0	102	53 %	125/80	127	00	
Warm Up	00:23	0:05	00.0	00.0	01.0	102	53 %	125/80	127	00	
ExStart	00:29	0:06	00.0	00.0	01.0	102	53 %	125/80	127	00	
BRUCE Stage 1	03:29	3:00	01.7	10.0	04.7	118	61 %	125/80	147	00	
BRUCE Stage 2	06:29	3:00	02.5	12.0	07.1	136	70 %	128/82	174	00	
BRUCE Stage 3	09:29	3:00	03.4	14.0	10.2	175	91 %	130/85	227	00	
BRUCE Stage 4	12:29	3:00	04.2	16.0	13.5	182	94 %	134/90	243	00	
PeakEx	12:34	0:05	01.1	00.0	13.5	183	95 %	134/90	245	00	
Recovery	13:04	0:30	01.1	00.0	10.5	168	87 %	134/90	225	00	
Recovery	13:25	0:52	01.1	00.0	08.3	164	85 %	136/92	223	00	

FINDINGS :

Exercise Time : 12:05
 Initial HR (ExStrt) : 102 bpm 53% of Target 193
 Initial BP (ExStrt) : 125/80 (mm/Hg)
 Max WorkLoad Attained : 13.5 Good response to induced stress
 Max ST Dep Lead & Avg ST Value: II & -2.6 mm in PeakEx
 Duke Treadmill Score : 10.7
 Test End Reasons : Test Complete
 VO2Max : 47.3 ml/Kg/min (Excellent)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 RISK FACTOR : NONE



Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 UPMCH-61920
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospital & Trauma Centre Pvt. Ltd)

Doctor : DR PAWAN KUMAR SINGH

ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE


Dr. Pawan Kumar Singh
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 UPMCI-61730
 Director & Consultant Physician
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 (A Unit of JPK Hospital & Trauma Centre, Pvt. Ltd.)



 GPS Map Camera



Sultanpur, Uttar Pradesh, India

736G+G53, Lal Diggı Rd, Civil Line,

Sultanpur, Uttar Pradesh 228001, India

Lat 26.26131°

Long 82.075425°

08/01/23 11:02 AM GMT +05:30