

Name : Mrs. Mami Pradhan

Age: 47 Y

Sex: F

UHID:CKOR.0000181797



OP Number:CKOROPV389150

Bill No :CKOR-OCR-79134

Date : 25.11.2023 08:33

Address : koramangala

 Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN
 INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	
1	URINE GLUCOSE(FASTING)	
2	GAMMA GLUTAMYL TRANSFERASE (GGT)	
3	HbA1c, GLYCATED HEMOGLOBIN	
4	2 D ECHO	
5	LIVER FUNCTION TEST (LFT)	
6	X-RAY CHEST PA	
7	GLUCOSE, FASTING	
8	HEMOGRAM + PERIPHERAL SMEAR	
9	ENT CONSULTATION <i>Dr. Vijayan</i>	
10	FITNESS BY GENERAL PHYSICIAN	
11	GYNAECOLOGY CONSULTATION	
12	DIET CONSULTATION <i>Vinodhini</i>	
13	COMPLETE URINE EXAMINATION	
14	URINE GLUCOSE(POST PRANDIAL)	
15	PERIPHERAL SMEAR	
16	ECG	
17	BLOOD GROUP ABO AND RH FACTOR	
18	LIPID PROFILE	
19	BODY MASS INDEX (BMI)	
20	LBC PAP TEST- PAPSURE	
21	OPHTHAL BY GENERAL PHYSICIAN	
22	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
23	ULTRASOUND - WHOLE ABDOMEN	
24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	
25	DENTAL CONSULTATION	
26	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	

 HT - 159 cm
 WT - 65.2 kg

seen

→ Vit D

u/f

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Mrs. Mami.....on 27/11/2023... After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit • Fit with restrictions/recommendations 	<input checked="" type="checkbox"/>
<p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <ol style="list-style-type: none"> 1. ----- 2. <u>Prediabetic HbA1c = 6%.</u> 3. ----- <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p style="text-align: center;">Review after -----</p> <p><u>Advice: Carbohydrate control diet.</u></p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after ----- recommended • Unfit 	

Dr. [Signature]
 Medical Officer
 The Apollo Clinic (Location)

This certificate is not meant for medico - legal purposes.

NAME: Mrs MAMI PRADHAN

AGE: 47Y

SEX: FEMALE

DATE: 27/11/2023

ECHOCARDIOGRAPHY REPORT

MEASUREMENT

AO -26(20 – 35)mm	LIVD d – 38(36-52)mm	IVS - 11 (06 - 11)mm
LA 27(19- 40)mm	LVID s - 27 (23- 39)mm	PWD – 09(06- 11)mm
EF - 60% (>50%)	RVID-22	

VALVES

Mitral Valve : Normal
Aortic Valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal

DOPPLER DATA

Mitral : E < A , MILD MR
Aortic : Normal
Tricuspid : Normal
Pulmonary : Normal

WALL MOTION ABNORMALITIES : No RWMA

Pericardium : Normal

FINAL DIAGNOSIS

**NORMAL CHAMBERS AND VALVES , MILD MR
NORMAL BIVENTRICULAR FUNCTION
NO RWMA AT REST, LV EF -60%
GRADE I DIASTOLIC DYSFUNCTION**


**DR. MOHAN MURALI
CONSULTANT
CARDIOLOGIST**

Date : 27/11/23
 MRNO :
 Name : Mrs. Mami
 Age/Gender: 43yo

VK

Department : OBSTETRICS & GYNAECOLOGY
 Consultant : DR JYOTHI RAJESH
 KMC NO-42823
 Qualification : DGO(DNB)
 Consultation Timings: 9.30pm to 12.00pm
 PHONE NO: 9972044580

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies
 History

Clinical Diagnosis & Management Plan

No gynae complaint
 sm. mnc-regular mnt- 18/11
 OBVI. P.4 10-19yo F12D
 Past Hx- nos
 Family Hx- father - DM
 O/E. P/A soft
 P/S- Cx
 Uppm @ CBC Ectas
 Plu- H-bulky

Follow up date:

Doctor Signature

Name: Ms Mami Pradhan
Age: 47

Date: 25/11/23

Height: 159 cm	Weight: 65.2	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies

Clinical Diagnosis & Management Plan

History

Include good fibre rich vegetables such as green leafy vegetables, gourds, other vegetables and fruits such as pomegranate, apple, mango, few slices of papaya, pineapple, muskmelon etc regularly in your diet
Continue with your physical activity
Include atleast 2-3 litres of fluid during the day.

Follow up date:

Vinodhini
Doctor Signature

Patient Name : Mrs MAMI

Patient ID : 181797

Age :47 Year(s)

Sex : Female

Referring Doctor : H/C

Date : 25.11 .2023

ULTRASOUND ABDOMEN AND PELVIS

Liver is normal in size and shows normal echo pattern. No biliary dilatation .No focal lesion

Portal vein is normal in size, course and caliber. CBD is not dilated.

Gall bladder is normal without evidence of calculi, wall thickening or pericholecystic fluid

Pancreas to the extent visualized, appears normal in size, contour and echogenicity

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesion.

Right kidney is normal in size, position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Left kidney is normal in size, position, shape and echopattern.corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Urinary Bladder is well distended. wall thickness is normal. No internal echoes.

Uterus: is normal in size and ther is a 0.9cm anterior intramural fibroid. Endometrial echoes are normal

Endometrium: measures ~ 6 mm.

Both ovaries are normal in size and echopattern.

Both adnexa: Normal, no mass seen.

There is no ascites.

IMPRESSION:

- **SMALL FIBROID UTERUS**


DR VINOD JOSEPH DNB,DMRD
RADIOLOGIST

DR. MAHABALESHWAR.M
MBBS.(MYS), MD(AIIMS DELHI)FICS
D.O (JIPMER)
REG.NO:KMC:9748

DATE: 28/11/23
OP NO:

THE APOLLO MEDICAL CENTER KORAMANGALA

NAME: Mami Pradhan
AGE : 47
GENDER: F

OPHTHALMIC REPORT

RIGHT EYE

LEFT EYE

GENERAL APPEARANCE

VISION - DISTANCE

WITHOUT GLASS

6/9

6/9

WITH GLASS

GLASS POWER

NEAR

WITHOUT GLASS

N6

N6

WITH GLASS

GLASS POWER

COLOUR

normal

ANTERIOR SEGMENT:-

ww

best glasses

FUNDUS

I.O.P: DIGITAL

(Handwritten Signature)

DOCTOR SIGNATURE



DR VIJAYA LAKSHMI M
M.B.B.S, D.L.O, D.N.B(ENT)
Phone No.9972044580,080-25633823/24/23



Apollo Medical
Centre
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HEALTH CHECK- ENT

25/11/23

NAME: *Mami Pradher*

AGE: *42yr*

EAR:

RE:

LE:

EXTERNAL EAR

MIDDLE EAR

INNER EAR (FN)

Normal

HEARING ASSESSMENT:

RE:

LE:

RHINNE

WEBER

ABC

Normal

NOSE

THROAT

AIRWAY

ORAL CAVITY

SEPTUM

OROPHARYNX

TURBINATES

PHARYNX

OTHERS

LARYNX

Normal

Normal

NECK

NECK NODES

OTHER

Normal

AUDIOMETRY

IMPRESSION

Normal

[Signature]
SIGNATURE

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC046089) Regd. Office: #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor; Ameerpet, Hyderabad, Telangana -

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronics City | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) Mysore (Kallidasa Road)

Online appointments: www.apolloclinic.com

Patient Name	: Mrs. Mami Pradhan	Age	: 47 Y/F
UHID	: CKOR.0000181797	OP Visit No	: CKOROPV389150
Reported By:	: Dr. TOBY ABRAHAM THOMAS	Conducted Date	: 26-11-2023 10:43
Referred By	: SELF		

ECG REPORT

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is 86beats per minutes.
3. No pathological Q wave or S-T,T changes seen.
4. Normal P,Q,R,S,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement seen.

Impression:

NORMAL RESTING ECG.

Dr. TOBY ABRAHAM THOMAS
CONSULTANT

NOTE:KINDLY TAKE A PHOTOCOPY OF THE GRAPH
FOR FUTURE REFERENCE IF NEEDED.

-----END OF THE REPORT--

Patient Name	: Mrs. Mami Pradhan	Age	: 47 Y F
UHID	: CKOR.0000181797	OP Visit No	: CKOROPV389150
Reported on	: 25-11-2023 15:51	Printed on	: 25-11-2023 16:50
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lungs fields appear normal.

Both hila are normal.

Both costophrenic and cardiophrenic angles are normal.

The cardiac and mediastinal shadows appear normal.

Bones and soft tissues appear normal.

IMPRESSION : NORMAL STUDY.


for **DR VINOD JOSEPH DNB,DMRD**
RADIOLOGIST

Printed on:25-11-2023 15:51

---End of the Report---