



ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

**BLOOD COUNTS, EDTA WHOLE BLOOD** 

METHOD: SPECTROPHOTOMETRY

NEW DELHI 110030 **DELHI INDIA** 8800465156

**HEMOGLOBIN** 



P S Srijan Tech Park Building, DN-52, Unit No.2, Ground Floor, Sector V, Salt Lake,

KOLKATA, 700091 WEST BENGAL, INDIA Tel: 9111591115,

CIN - U74899PB1995PLC045956 Email: customercare.saltlake@srl.in

High 13.0 - 17.0

**PATIENT NAME: DEBANGSHU SAMAJDAR** PATIENT ID: DEBAM13107931

ACCESSION NO: 0031VI015678 AGE: 42 Years SEX: Male ABHA NO:

DRAWN: 19-09-2022 10:09 RECEIVED: 19-09-2022 10:18 20-09-2022 15:06 REPORTED:

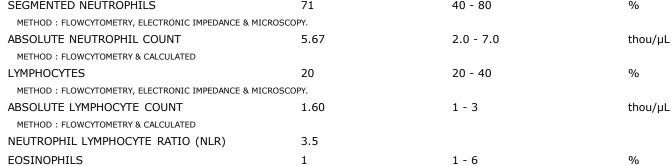
17.5

**REFERRING DOCTOR: SELF** CLIENT PATIENT ID:

**Test Report Status** Results Biological Reference Interval Units <u>Final</u>

# **MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE**

RED BLOOD CELL COUNT	5.93	<b>High</b> 4.5 - 5.5	mil/μL
METHOD: ELECTRICAL IMPEDANCE			
WHITE BLOOD CELL COUNT	7.98	4.0 - 10.0	thou/µL
METHOD: ELECTRICAL IMPEDANCE			
PLATELET COUNT	170	150 - 410	thou/μL
METHOD: ELECTRONIC IMPEDENCE & MICROSCOPY			
RBC AND PLATELET INDICES			
HEMATOCRIT	53.4	<b>High</b> 40 - 50	%
METHOD: CALCULATED			
MEAN CORPUSCULAR VOL	89.9	83 - 101	fL
METHOD: ELECTRICAL IMPEDANCE			
MEAN CORPUSCULAR HGB.	29.5	27.0 - 32.0	pg
METHOD : CALCULATED			
MEAN CORPUSCULAR HEMOGLOBIN	32.8	31.5 - 34.5	g/dL
CONCENTRATION  METHOD: CALCULATED			
MENTZER INDEX	15.2		
RED CELL DISTRIBUTION WIDTH	14.3	<b>High</b> 11.6 - 14.0	%
METHOD : ELECTRICAL IMPEDANCE		2	
MEAN PLATELET VOLUME	9.3	6.8 - 10.9	fL
METHOD: CALCULATED			
WBC DIFFERENTIAL COUNT - NLR			
SEGMENTED NEUTROPHILS	71	40 - 80	%







g/dL





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ABSOLUTE EOSINOPHIL COUNT	0.08	0.02 - 0.50	thou/µL
METHOD: FLOWCYTOMETRY & CALCULATED			
MONOCYTES	8	2 - 10	%
METHOD: FLOWCYTOMETRY, ELECTRONIC IMPER	DANCE & MICROSCOPY.		
ABSOLUTE MONOCYTE COUNT	0.64	0.20 - 1.00	thou/µL
METHOD: FLOWCYTOMETRY & CALCULATED			
BASOPHILS	0	0 - 2	%
METHOD: FLOWCYTOMETRY, ELECTRONIC IMPER	DANCE & MICROSCOPY.		
ABSOLUTE BASOPHIL COUNT	0	<b>Low</b> 0.02 - 0.10	thou/µL
METHOD: FLOWCYTOMETRY & CALCULATED			

MORPHOLOGY

RBC NORMOCYTIC NORMOCHROMIC

METHOD: MICROSCOPIC EXAMINATION

WBC NORMAL MORPHOLOGY

METHOD: MICROSCOPIC EXAMINATION

PLATELETS ADEQUATE

METHOD: MICROSCOPIC EXAMINATION

Comments

NOTE- HB VALUE HAS BEEN RECHEKED, PLEASE CORRELATE CLINICALLY

**ERYTHRO SEDIMENTATION RATE, BLOOD** 

SEDIMENTATION RATE (ESR) 17 High 0 - 14 mm at 1 hr

METHOD: AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)"

**GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD** 

GLYCOSYLATED HEMOGLOBIN (HBA1C) 12.3 High Non-diabetic: < 5.7 %

Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0

METHOD : HPLC

MEAN PLASMA GLUCOSE **306.3** High < 116.0 mg/dL









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# SRL LIMITED - KOLKATA REF. LAB Bio-Rad Variant II Turbo CDM 5.4 S/N: 13466

# PATIENT REP V2TURBO\_A1c

Patient Data

Sample ID: Patient ID: Name:

Physician:

3106477550 0031VI015678

DEBANGSHUSAMAJDAR

Sex: DOB: Analysis Data

Analysis Performed: Injection Number: Run Number: Rack ID:

Tube Number: Report Generated: Operator ID:

316

19/09/2022 13:52:14

4309

19/09/2022 14:07:14

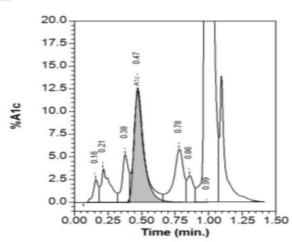
Comments:

	Peak Name	NGSP %	Area %	Time (min)	Area
Г	A1a		1.2	0.157	33556
$\vdash$	A1b		3.0	0.212	86125
$\vdash$	LA1c		3.2	0.377	93699
	A1c	12.3*		0.469	307822
$\vdash$	P3		5.2	0.778	148650
$\vdash$	P4		1.7	0.855	48601
$\vdash$	Ao		75.1	0.986	2165101

<sup>\*</sup>Values outside of expected ranges

2.883.554 Total Area:

## HbA1c (NGSP) = 12.3\* %













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### Comments

FOR HbA1C

NOTE: INCREASED LEVELS OF GLYCOSYLATED HEMOGLOBIN MAY NEED CLINICAL CORRELATION . HIGH GLYCOSYLATED HEMOGLOBIN LEVELS MAY BE OBSERVED IN CONDITIONS SUCH AS UNCONTROLLED DIABETES, POOR COMPLIANCE WITH ANTIDIABETIC THERAPY, CHRONIC RENAL FAILURE, HYPERTRIGLYCERIDEMIA, IRON DEFICIENCY ANAEMIA, SALICYLATE THERAPY, HAEMOGLOBINOPATHIES LIKE THALASSAEMIA MAY ALSO SHOW HIGH GLYCOSYLATED HEMOGLOBIN LEVELS.

# **GLUCOSE, FASTING, PLASMA**

GLUCOSE, FASTING, PLASMA	249	High	74 - 100	mg/dL
METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH)				
GLUCOSE, POST-PRANDIAL, PLASMA				
GLUCOSE, POST-PRANDIAL, PLASMA	315	High	140 Normal 140 - 199 Pre-diabetic > or = 200 Diabetic	mg/dL
METHOD: ENZYMATIC (HEXOKINASE/G-6-PDH)				
CORONARY RISK PROFILE, SERUM				
CHOLESTEROL	117		< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
METHOD: ENZYMATIC ASSAY				
TRIGLYCERIDES	86		< 150 Normal 150 - 199 Borderline High 200 - 499 High >/=500 Very High	mg/dL
METHOD: GLYCEROL PHOSPHATE OXIDASE			, ,	
HDL CHOLESTEROL	36	Low	Low : < 40 High : > / = 60	mg/dL
METHOD: ACCELERATOR SELECTIVE DETERGENT METHODOLOGY				
CHOLESTEROL LDL	64			mg/dL
NON HDL CHOLESTEROL	81		Desirable: Less than 130 Above Desirable: 130-159 Borderline High: 160-189 High: 190 -219 Very High: >or = 220	mg/dL
METHOD : CALCULATED				
CHOL/HDL RATIO	3.3			
LDL/HDL RATIO	1.8			
VERY LOW DENSITY LIPOPROTEIN	17.2			mg/dL
LIVER FUNCTION PROFILE, SERUM				
BILIRUBIN, TOTAL	1.06		0.2 - 1.2	mg/dL



Page 4 Of 15 Scan to View Report







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METHOD: DIAZONIUM SALT	0.46	0.0.05	/ dl
BILIRUBIN, DIRECT	0.46	0.0 - 0.5	mg/dL
METHOD : DIAZO REACTION	0.60	0.1 - 1.0	ma/dl
BILIRUBIN, INDIRECT  METHOD : CALCULATED	0.00	0.1 - 1.0	mg/dL
TOTAL PROTEIN	7.6	6.0 - 8.30	g/dL
METHOD : BIURET	7.0	0.0 0.30	9/ 42
ALBUMIN	4.2	3.5 - 5.2	g/dL
METHOD : COLORIMETRIC (BROMCRESOL GREEN)			3, -
GLOBULIN	3.4	2.0 - 3.5	g/dL
ALBUMIN/GLOBULIN RATIO	1.2	1 - 2.1	RATIO
METHOD : CALCULATED PARAMETER			
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	25	5 - 34	U/L
METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	35	0 - 55	U/L
METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)			
ALKALINE PHOSPHATASE	112	40 - 150	U/L
METHOD: PARA-NITROPHENYL PHOSPHATE			
GAMMA GLUTAMYL TRANSFERASE (GGT)	17	11 - 59	U/L
METHOD: L-GAMMA-GLUTAMYL-4-NITROANALIDE/GLYCYLGLY			
LACTATE DEHYDROGENASE	158	125 - 220	U/L
METHOD : IFCC LACTATE TO PYRUVATE			
SERUM BLOOD UREA NITROGEN			
BLOOD UREA NITROGEN	15	8.9 - 20.6	mg/dL
METHOD : UREASE METHOD			
CREATININE, SERUM			
CREATININE	1.16	0.72 - 1.25	mg/dL
METHOD: KINETIC ALKALINE PICRATE			
BUN/CREAT RATIO			
BUN/CREAT RATIO	12.93	5.0 - 15.0	
URIC ACID, SERUM			
URIC ACID	5.3	3.5 - 7.2	mg/dL
METHOD: URICASE			
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.6	6.0 - 8.3	g/dL
METHOD : BIURET			









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ALDUMEN CEDUM				
ALBUMIN, SERUM	4.2		25 52	a /dl
ALBUMIN	4.2		3.5 - 5.2	g/dL
METHOD : COLORIMETRIC (BROMCRESOL GR GLOBULIN	EEN)			
	2.4		20 25	7.11
GLOBULIN	3.4		2.0 - 3.5	g/dL
METHOD : CALCULATED PARAMETER	1114			
ELECTROLYTES (NA/K/CL), SER		_		
SODIUM	135	Low	136 - 145	mmol/L
METHOD: ION SELECTIVE ELECTRODE TECH			25 54	1.0
POTASSIUM	3.80		3.5 - 5.1	mmol/L
METHOD: ION SELECTIVE ELECTRODE TECH			00 107	1.0
CHLORIDE	99		98 - 107	mmol/L
METHOD: ION SELECTIVE ELECTRODE TECH				
PHYSICAL EXAMINATION, URIN				
COLOR	PALE YELLOW			
APPEARANCE	CLEAR			
SPECIFIC GRAVITY	1.015		1.003 - 1.035	
METHOD : DIPSTICK	_			
CHEMICAL EXAMINATION, URIN				
PH	6.0		4.7 - 7.5	
PROTEIN	NOT DETECTED		NOT DETECTED	
METHOD : DIPSTICK				
GLUCOSE	DETECTED (++)		NOT DETECTED	
METHOD : DIPSTICK				
KETONES	NOT DETECTED		NOT DETECTED	
METHOD : DIPSTICK				
BLOOD	NOT DETECTED		NOT DETECTED	
METHOD : DIPSTICK				
BILIRUBIN	NOT DETECTED		NOT DETECTED	
METHOD: DIPSTICK				
UROBILINOGEN	NORMAL		NORMAL	
METHOD : DIPSTICK	NOT DETECTED		NOT DETECTED	
NITRITE	NOT DETECTED		NOT DETECTED	
METHOD : DIPSTICK	P. T. C. T. C.		NOT DETECTED	
LEUKOCYTE ESTERASE	DETECTED (+)		NOT DETECTED	

MICROSCOPIC EXAMINATION, URINE









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PUS CELL (WBC'S)	5-7	0-5	/HPF
EPITHELIAL CELLS	2-3	0-5	/HPF
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	

#### Comments

URINALYSIS: MICROSCOPIC EXAMINATION IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

NOTE: URINE GLUCOSE RECHECKED AND CONFIRMED BY BENEDICT""S TEST.

THYROID PANEL, SERUM

Т3	100.0	35 - 193	ng/dL	
METHOD: TWO-STEP CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY				
T4	9.59	4.87 - 11.71	μg/dL	
METHOD: TWO-STEP CHEMILUMINESCENT MICROPARTICLE IMMUNO	DASSAY			
TSH 3RD GENERATION	2.638	0.350 - 4.940	μIU/mL	

 ${\tt METHOD: TWO-STEP\ CHEMILUMINESCENT\ MICROPARTICLE\ IMMUNOASSAY}$ 

\* ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE A

METHOD : GEL CARD METHOD

RH TYPE POSITIVE

 ${\tt METHOD}: {\tt GEL} \; {\tt CARD} \; {\tt METHOD}$ 

XRAY-CHEST

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO Echo done- Concentric LVH

**ECG** 

ECG Possible lateral wall ischaemia in ecg

**MEDICAL HISTORY** 

RELEVANT PRESENT HISTORY Hypertension, Diabetes, Raised cholesterol on medication

RELEVANT PAST HISTORY NOT SIGNIFICANT RELEVANT PERSONAL HISTORY Smoker-8/day

RELEVANT FAMILY HISTORY Father - Diabetes, Mother - Hypertension









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OCCUPATIONAL HISTORY	NOT SIGNIFICANT	
HISTORY OF MEDICATIONS	NOT SIGNIFICANT	
ANTHROPOMETRIC DATA & BMI		
HEIGHT IN METERS	1.66	mts
WEIGHT IN KGS.	97	Kgs
ВМІ	35	BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight

18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

## **GENERAL EXAMINATION**

MENTAL / EMOTIONAL STATE **NORMAL** PHYSICAL ATTITUDE **NORMAL** GENERAL APPEARANCE / NUTRITIONAL STATUS **OBESE BUILT / SKELETAL FRAMEWORK AVERAGE** FACIAL APPEARANCE **NORMAL** SKIN **NORMAL** UPPER LIMB NORMAL LOWER LIMB **NORMAL NECK** NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL TEMPERATURE NORMAL

PULSE 78/min- REGULAR, ALL PERIPHERAL PULSES WELL FELT

RESPIRATORY RATE NORMAL

**CARDIOVASCULAR SYSTEM** 

BP 120/80 mm Hg mm/Hg

PERICARDIUM NORMAL
APEX BEAT NORMAL
HEART SOUNDS NORMAL
MURMURS ABSENT

**RESPIRATORY SYSTEM** 

SIZE AND SHAPE OF CHEST NORMAL MOVEMENTS OF CHEST SYMMETRICAL









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**BREATH SOUNDS INTENSITY NORMAL** 

**BREATH SOUNDS QUALITY** VESICULAR (NORMAL)

ADDED SOUNDS **ABSENT** 

**PER ABDOMEN** 

**APPEARANCE NORMAL VENOUS PROMINENCE ABSENT** 

**LIVER** NOT PALPABLE **SPLEEN** NOT PALPABLE

**HERNIA ABSENT** 

**CENTRAL NERVOUS SYSTEM** 

HIGHER FUNCTIONS **NORMAL** CRANIAL NERVES **NORMAL** CEREBELLAR FUNCTIONS **NORMAL** SENSORY SYSTEM **NORMAL** MOTOR SYSTEM **NORMAL** RFFI FXFS NORMAL

**MUSCULOSKELETAL SYSTEM** 

SPINE NORMAL **JOINTS** NORMAL

**BASIC EYE EXAMINATION** 

CONJUNCTIVA **NORMAL EYELIDS NORMAL** EYE MOVEMENTS **NORMAL CORNEA NORMAL** DISTANT VISION RIGHT EYE WITH GLASSES 6/6 DISTANT VISION LEFT EYE WITH GLASSES 6/15 NEAR VISION RIGHT EYE WITH GLASSES N10 NEAR VISION LEFT EYE WITH GLASSES N10

**BASIC ENT EXAMINATION** 

EXTERNAL EAR CANAL **NORMAL** TYMPANIC MEMBRANE NORMAL

NOSE NO ABNORMALITY DETECTED

**NORMAL** 



COLOUR VISION







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SINUSES CLEAR

THROAT NO ABNORMALITY DETECTED

TONSILS NOT ENLARGED

**BASIC DENTAL EXAMINATION** 

RELEVANT NON PATHOLOGY DIAGNOSTICS

TEETH NORMAL GUMS HEALTHY

**SUMMARY** 

RELEVANT HISTORY Hypertension, Diabetes, Raised cholesterol on medication

RELEVANT GP EXAMINATION FINDINGS Obese (97 kg)

RELEVANT LAB INVESTIGATIONS Raised HbA1c (12.3), FBS (249), PPBS (315),

low sodium (135), glucose ++ in urine,
Pus cells and Leukocyte esterase in urine
Hepatomegaly with grade I fatty liver in usg

Concentric LVH in echo

Possible lateral wall ischaemia in ecq

REMARKS / RECOMMENDATIONS

On examination and investigations the candidate is found to be obese, hypertensive, diabetic and has raised HbA1c (12.3),

FBS (249), PPBS (315), low sodium (135), glucose ++ in urine,

Pus cells and Leukocyte esterase in urine Hepatomegaly with grade I fatty liver in usg

Concentric LVH in echo

Possible lateral wall ischaemia in ecg

Should follow the given advice:

- 1. Salt restricted diabetic diet
- 2. Reduce body weight
- 3. Estimated body weight should be: 66 kg
- 4. Regular physical exercise and walking
- 5. Avoid fat and oily diet
- 6. Urine for C/S
- 7. Follow up with physician and Opthalmologist.

## Comments

MEDICAL EXAMINATION REVIEWED BY:

DR. DEBIKA ROY, MBBS REG NO: 51651 (WBMC) CONSULTANT PHYSICIAN WELLNESS CLINIC SALT LAKE REF LAB, KOLKATA







**CLIENT'S NAME AND ADDRESS:** ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )

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CIN - U74899PB1995PLC045956 Email: customercare.saltlake@srl.in

PATIENT ID: **PATIENT NAME: DEBANGSHU SAMAJDAR** DEBAM13107931

AGE: 42 Years SEX: Male ABHA NO: ACCESSION NO: 0031VI015678

DRAWN: 19-09-2022 10:09 RECEIVED: 19-09-2022 10:18 REPORTED: 20-09-2022 15:06

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

**Test Report Status** Results Biological Reference Interval Units Final

#### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT - NLR-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOODErythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as polkilocytosis, spherocytosis or sickle cells.

- Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
   Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
   The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOODGlycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of

testing such as glycated serum protein (fructosamine) should be considered.
"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of

diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

## References

- 1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.
- 2. Forsham PH. Diabetes Mellitus:A rational plan for management. Postgrad Med 1982, 71,139-154.
- 3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, FASTING, PLASMA-

ADA 2021 guidelines for adults, after 8 hrs fasting is as follows: Pre-diabetics: 100 - 125 mg/dL Diabetic: > or = 126 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

LIVER FUNCTION PROFILE, SERUM-

LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of







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hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of Is also found in other cissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source or normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
- Renal Failure

Post Renal
• Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease
- STADH.

CREATININE, SERUM-

Higher than normal level may be due to: · Blockage in the urinary tract

- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
  Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia GravisMuscular dystrophy
- URIC ACID, SERUM-

Causes of Increased levels

Dietary

- High Protein Intake.
- Prolonged Fasting,
- Rapid weight loss

Gout

Lesch nyhan syndrome. Type 2 DM.

Metabolic syndrome.

Causes of decreased levels

- Low Zinc Intake
- OCP's
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids
- · Limit animal proteins · High Fibre foods
- Vit C Intake
- Antioxidant rich foods

TOTAL PROTEIN, SERUM

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HTV and hepatitis B or C. Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.







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#### ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

ELECTROLYTES (NA/K/CL), SERUMSodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous

exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Most common cause is bacterial urinary tract infection.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection. pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food

can affect the pH of urine. Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and

proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia THYROID PANEL, SERUM-

Triiodothyronine T3 , is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3 (µg/dL) (µIU/mL) (ng/dL) Pregnancy 6.6 - 12.4 6.6 - 15.5 0.1 - 2.5 0.2 - 3.0 81 - 190 100 - 260 First Trimester 2nd Trimester 6.6 - 15.5 0.3 - 3.0 100 - 260 3rd Trimester

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

T3 T4 (μg/dL) 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9 (ng/dL) New Born: 75 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

- 1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
- Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
   Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.





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The test is performed by both forward as well as reverse grouping methods. 

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## **MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE**

# **ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN**

Hepatomegaly with grade I fatty liver.

\*\*End Of Report\*\*

Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '\*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

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