

Name : Mr. DEEPAN R (33 /M)

Date : 25/02/2023

Address : 139, BHARATHI NAGAR, THADIKOMBU,, DINDIGUL, DINDIGUL, TAMIL NADU, INDIA

Examined by: Dr .SENTHIL MUTHU

UHID : KRR1.0000133075

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : KRRMHC23089



CHIEF COMPLAINTS

For general health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer, Impaired Glycemia



DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2020



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

General symptoms

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Ethnicity - Indian Asian

Diet - Mixed Diet

Alcohol - consumes alcohol

Smoking - No

Chews tobacco - No

Physical activity - Moderate



Family history

Father - alive

Aged - 58

Mother - alive

Aged - 57

Sisters - 2

Family history - not known

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Coronary artery disease - none
Cancer - None

Dental consultation done by - Dr.VIGNESH A
Dental findings - Consultant's notes attached
Dental findings - DC 38,47,48
Advice: Arc
RS 46
Advice: Extraction

PHYSICAL EXAMINATION



General

Height - 177
Weight - 5
BMI - 1.6
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 52
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

Cardiac consultation

Cardiac consultation done by - DR.KESAVAN KRR
Cardiac findings - Consultant's notes attached
Cardiac findings - Nil Cardiac

Ophthalmology consultation

Ophthalmology consultation done by - Dr.SENTHIL KUMAR V P
Ophthalmology findings - Consultant's notes attached
Ophthalmology findings - BOTH EYES ANTERIOR SEGMENT NORMAL
FUNDUS – NAD

Dental consultation

Printed By : Madhumathi T

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ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

Rh (D) Type: POSITIVE

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT)	37	U/L	●	Adult Male : < 45
Albumin - Serum	4.8	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2
Globulin - Serum: (Calculated)	2.3	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	77	U/L	●	Adult(Male): < 129
AST (SGOT)	27	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	1.9 *	mg/dL	●	Adult : Upto 1.0

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
Pus Cells	1-2 /h.p.f			
Epithelial Cells	1-2 /h.p.f			

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	170	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	16.4	gm%	●	13.0-18.0
Packed cell volume(Calculated)	44	%	●	40-54
WBC Count	6.9	10 ⁹ /m ³	●	4-11
Neutrophils	60	%	●	40-80
Lymphocytes	28	%	●	20-40
Eosinophils	04	%	●	01-06
Monocytes	07	%	●	2-10
Basophils	01	%	●	0-1
RBC Count	5.2	Million/ul	●	4.2-6.5
Platelet Count	163	10 ⁹ /m ³	●	150-450

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.9	mg/dL	●	Male: 0.9 - 1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	29	U/L	●	Male: < 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	81	mg/dL	●	Adult: 74 - 100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	80	mg/dL	●	< 140

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group	O			

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	4.1	%	●	Normal < 5.7% Increased risk for Diabetes 5.7 - 6.4% --maleDiabetes > = 6.5%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL Cholesterol	38 *	mg/dL	●	Low: <40 High: >=60
LDL Cholesterol (Direct LDL)	108	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.1	g/dL	●	>2 Year: 6.0 - 8.0

THYROID PACKAGE II

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	120	ng/dL	●	60-180
TOTAL T4: THYROXINE - SERUM	6.6	µg/dL	●	3.5 - 12.5

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	111	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 4.5 ● < 4.5

THYROID PACKAGE II

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	1.65	µIU/mL	●	0.35 - 5.50

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	5.7	mg/dL	●	Adult Male: 3.5 - 7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.7 *	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	1.2 *	mg/dL	●	0.0-1.0

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	09	mg/dL	●	Adult : 6 - 20

ECG

HEART RATE - 83 bpm

NORMAL SINUS RHYTHM

NORMAL ECG.

TREAD MILL STRESS TEST

Cardiac Stress Analysis is NEGATIVE for Inducible Myocardial Ischemia at 10.1 METS.

ULTRASOUND SCREENING WHOLE ABDOMEN

● Within Normal Range ● Borderline High/Low ● Out of Range

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NO SIGNIFICANT ABNORMALITY IS DETECTED IN
THE SOLID ORGANS OF ABDOMEN

For clinical correlation

Disclaimer: Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

X-RAY CHEST PA

NO SIGNIFICANT ABNORMALITY IS DETECTED.

For clinical correlation.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

URINE GLUCOSE(POST PRANDIAL)

SUGAR - URINE

 Within Normal Range  Borderline High/Low  Out of Range

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Executive Summary

 Overweight


 Dyslipidemia

Wellness Prescription

Advice On Diet :-

 LOW FAT / LOW CALORIE / LOW CARBOHYDRATE / HIGH FIBER / SALT RESTRICTED DIET

Advice On Physical Activity :-

 REGULAR MORNING WALK FOR ½ HOUR

Printed By : Madhumathi T

Dr.SENTHIL MUTHU
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.